omachs on Stilts.

he man who puts on stilts does not increase his actual stature by the breadth of the stilts. He feels taller while he's on the stilts, and when he's off them he feels shorter than he ever felt. Stimulants are the stilts of the stomach. They make a man feel better for the time being, but he feels a great deal worse for them afterward.

The need of the man whose stomach is "weak" is not stimulation but strength. Dr. Pierce's Golden Medical Discovery perfectly answers that need. It cures the diseases of the digestive and nutritive system which make the stomach "weak." It enables the digestion and assimilation of food, so that the body receives the nutrition on which depends its strength.

"I took two bottles of Dr. Pierce's Golden Medical Discovery for stomach trouble," writes Clarence Carnes, Esq., Taylorstown, Loudoun Co., Va. "It did me so much good that I didn't take any more. I can eat most anything now. I am so well pleased it I hardly know how to thank you for your information. I tried a whole lot of things re I wrote to you. A gentleman told me of medicine, and how it cured his wife. ught I would try a bottle of it. Am now that I did, for I do not know what I should done had it not been for Dr. Pierce's Golden ical Discovery."

he sole motive for substitution is to mit the dealer to make the little more it paid by the sale of less meritorious dicines. He gains; You lose. Therefore accept no substitute for "Golden dical Discovery."

he sluggish liver is made active by use of Dr. Pierce's Pleasant Pellets.

PENNSYLVANIA RAILROAD.

Lewistown Division.
In effect May 25, 1902.

WARD.	STATIONS.	EASTWARD	
A M		A M	P M
10 00	Sunbury	9 20	4 50
10 10	Selinsgrove Junction	9 09	4 40
10 15	Selinsgrove	9 04	4 35
10 23	Pawling	8 53	4 27
10 27	Kreamer	8 49	4 23
10 30	Meiser	8 47	4 20
10 36	Middleburg	8 40	4 13
10 42	enfer	8 34	4 07
10 51	town	8 25	3 57
10 56	ings	8 20	3 52
11 03	ills	8 13	3 44
11 09	Mechanic	8 07	3 38
11 17	Wagner	7 57	3 28
11 21	Shindle	7 54	3 24
11 26	Painterville	7 49	3 20
11 32	Maitland	7 43	3 13
11 40	Lewistown	7 35	3 05
11 42	Lewistown (Main Street.	7 33	3 03
11 45	Lewistown Junction.	7 30	3 00

in leaves Sunbury 5 30 p m, arrives at Selinsgrove 5 45 p m
ves Selinsgrove 6:00 p. m., arrives at Sunbury 6:15 p. m.
ins leave Lewistown Junction:
m, 10 14 a m. 1 10 p m, 130p m 4 37p m, 7 07p
42 p m, 12 36 a m for Altoona, Pittsburg and West.
Baltimore and Washington 8 05 a m 9 30, 33, 4 33, 8 10 p m For Philadelphia and New 6 58, 8 05, 9 30 a m, 1 02 1 33 4 38 and 11 16 p Harrisburg 8 10 p m

Philadelphia & Erie R R Division.
AND
NORTHERN CENTRAL RAILWAY
WESTWARD,

ain leaves Selinsgrove Junction daily for bury and West.
a m, 12 58 p m, 4 52 p m.—Sunday 9 25 a m, p m.
ns leave Sunbury daily except Sunday:
a m for Buffalo, 1 24 a m for Erie and Canandaigua
m for Bellefonte Erie and Canandaigua
m for Lock Haven, Tyrone and the West.
p m for Buffalo, 1 13 p m for Bellefonte Tyrone and Canandaigua
m for Renovo and Elmira
p m for Williamsport
ay 12 27 a m for Buffalo via Emporium, m for Erie, 5 10 a m for Erie and Canandaigua 8 54 p m for Wil
m for Lock Haven and port
m, 9 55 a m 2 00 and 5 25 p m for Wilkes- and Hazelton
m, 10 10 a m, 2 05 p m, 5 35 p m for Shamokin and Mount Carmel
nday 9 55 a m for Wilkesbarre

EASTWARD.

Trains leave Selinsgrove Junction
a m, daily arriving at Philadelphia m New York 5 53 p m Baltimore 3 11 p m ington 4 10 p m
p m daily arriving at Philadelphia p m New York 3 53 a m, Baltimore 9 45 p m ington 10 55 p m.
p m, daily arriving at Philadelphia m, New York 7 13 a m, Baltimore 2 30 a m ington 4 05 a m
Trains also leave Sunbury:
a m daily arriving at Philadelphia 6 52 a m more 7 30 a m Washington 8 30 a m New 9 33 a m Weekdays, 10 58 a m Sundays,
a m daily arriving at Philadelphia 7 22 New York 9 33 a m, 10 38 Sundays Baltimore 7 20 a m, Washington 8 30 a m, Baltimore p m, Washington 1 15 p m.
m week days arriving at Philadelphia a m, New York 2 13 p m, Baltimore 12 10 p Washington 1 15 p m
p m. week days arriving at Philadelphia m, New York 9 30 p m, Baltimore 6 00 p m ington 7 15 p m
m daily, arriving at Philadelphia 7 32 p m York 10 23 p m, Baltimore 7 30 p m, Washington 8 35 p m
ins also leave Sunbury at 9 50 a m and 20 31 p m, for Harrisburg, Philadelphia and more

J. R. WOOD, Gen'l Pass Agent
HUTCHINSON Gen'l Manager.

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r sale in Middleburgh, Pa., by DDLEBURGH DRUG CO.

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THE SUNDAY SCHOOL.

Lesson in the International Series for November 2, 1902—Cities of Refuge.

THE LESSON TEXT.

(Joshua 20:1-9.)

1. The Lord also spake unto Joshua, saying:
2. Speak to the children of Israel, saying: Appoint out for you cities of refuge, whereof I spake unto you by the hand of Moses.
3. That the slayer that killeth any person unawares and unwittingly may flee thither: and they shall be your refuge from the avenger of blood.
4. And when he that doth flee unto one of those cities shall stand at the entering of the gates of the city, and shall declare his cause in the ears of the elders of that city, they shall take him into the city unto them, and give him a place, that he may dwell among them.
5. And if the avenger of blood pursue after him, then they shall not deliver the slayer up into his hand; because he smote his neighbor unwittingly, and hated him not beforetime.
6. And he shall dwell in that city, until he stand before the congregation for judgment, and until the death of the high priest that shall be in those days: then shall the slayer return, and come unto his own city, and unto his own house, unto the city from whence he fled.
7. And they appointed Kedesh in Galilee in Mount Naphtali, and Shechem, in Mount Ephraim, and Kirjatharba, which is Hebron, in the mountain of Judah.
8. And on the other side Jordan by Jericho eastward, they assigned Bezer in the wilderness upon the plain out of the tribe of Reuben, and Ramoth in Gilead out of the tribe of Gad, and Golan in Bashan out of the tribe of Manasseh.
9. These were the cities appointed for all the children of Israel, and for the stranger that sojourneth among them, that whosoever killeth any person at unawares might flee thither, and not die by the hand of the avenger of blood, until he stood before the congregation.

GOLDEN TEXT.—God is our refuge and strength, a very present help in trouble.—Ps. 46:1.

OUTLINE OF SCRIPTURAL SECTION.
The tribal allotments.....Josh. xv-xix.
The cities of refuge.....Josh. xx.
TIME.—B. C. 1444.
PLACE.—Gilgal and Shiloh.

NOTES AND COMMENTS.

The Need of Refuge.—In all barbarous and semicivilized peoples it has been regarded as the highest duty of the next of kin to avenge the blood of one who has been slain. The duty was not merely vengeance in its lowest form, but justice or equalization. No discrimination was made, however, between the murderer by intent and the slayer by accident. So deep-seated was the sense of obligation in this matter that a law prohibiting all private taking of life in return for one slain would have been imperative. Without expressly prohibiting it, the establishment of cities of refuge tended to do away with it.

The Tribal Allotments.—For the territory assigned to each tribe, see map. The distribution was made by lot, and the high priest officiated. Reuben, Gad and the half tribe of Manasseh had already received their inheritance on the east side of the Jordan, and, as no land was given to the Levites, there were only 9½ tribes to be provided for.

The Cities of Refuge.—The establishing of certain cities of refuge is interesting in connection with the sixth commandment, showing that not simply was the act to be considered, but the spirit prompting it. The custom of "blood-revenge," which has been almost world wide at certain stages of civilization, rests on the principle of the sacredness of human life (Gen. 9:5, 6), and, in the absence of an efficient government, the duty of individuals to protect it. It resembles an authorized Lynch law. When a man had been killed among the Hebrews, it was the duty of his next of kin, called his "goel," to avenge his blood by slaying the one who had killed him. This was his duty even when the killing was accidental; but cities of refuge were set apart in different parts of the country, to which any manslayer might flee and be safe from the vengeance of the goel till he had had a fair trial before the elders of the city and congregation. There had to be at least two witnesses to prove intentional murder (Num. 35:30; Deut. 19:15). If the fugitive was convicted of wilful murder, he was handed over to the goel, whose right and duty it was to kill him. If the elders decided that the relative's death was the result of an accident, the goel was not allowed to touch him. The manslayer was, however, to remain in the city of refuge till the death of the high priest, when he might go free in safety. But if the goel found him outside of the city of refuge before the death of the high priest, he might legally take his revenge.

It was the office of the goel, in general, to stand up for the rights of the family. In addition to his duty as avenger of blood, he was (1) to buy back and hold in the family the patrimony of his kinsman, when poverty had compelled him to sell it. (2) It was his place to redeem or buy back the person of a kinsman who had sold himself into slavery. For another use of the word, see Job 19:25: "I know that my Redeemer (goel) liveth."

PRACTICAL SUGGESTIONS.

Christ has provided a refuge for the sinner—not for the innocent.

The refuge provided by Christ is easily accessible. He is nigh to all who call upon Him.

Jesus is the sinner's only refuge. There is no other name under Heaven given whereby we must be saved.

The gates of the cities of refuge were always open. The door of mercy is never shut to the sinner.

Grapes from Canaan.

Humility is one of the gates of Heaven.

The brightest lives shine out of darkest troubles.

The price of sin is always greater than its profit.

You cannot cover up a wrong at home by a gift abroad.

Imitation fruits always cost more than the real ones.

God made men like Himself that they might make earth more like Heaven.

Every page of the Old Testament has a star of promise for the world's night of sin.—Ram's Horn.

The Twofold Peril.

"Don't you know that you drink too much ice water?" said the physician.

"The fear has occurred to me."

"The habit is likely to ruin your health."

"I wasn't thinking of that. My ice bill merely suggests the possibility of its wrecking my bank account."—Washington Star.

His Only Chance.

"Don't talk to me about the aristocracy of mind!" exclaimed the purse-proud man. "Why, the man with money can buy all the intellect he wants in books or pictures or anything else. Why, right in my business I am buying brains every day."

"Yes," was the quiet reply, "that's the only way some people can get them."—Brooklyn Eagle.

While She Performs.

"I'm always at a disadvantage out in company," she sighed.

"Why?" somebody asked with surprise.

"You see, I play and sing."

"I should think that would give you a distinct advantage."

"No; I never get a chance to hear any of the gossip."—Chicago Record-Herald.

Plenty of Exercise.

Dr. Newstyle—Have you followed my advice and left your sedentary occupation for something a little more active?

Mr. Ailing—Well, not exactly. It doesn't seem necessary just at present.

Dr. Newstyle—Ah! is it possible?

Mr. Ailing—Yes; we have a baby at our house now.—Tit-Bits.

The Magistrate Was Married.

Magistrate—You are charged, sir, with burning down your house to get the insurance.

Prisoner—It wasn't to get the insurance, your honor. I did it to get rid of house-cleaning.

Magistrate (with emotion)—The prisoner is discharged.—N. Y. Weekly.

Too Much for Him.

"Yes, poor fellow, he had to give her up."

"Why?"

"She made her father promise to give her an automobile as a wedding present, and poor George, with his income of $20,000 a year, knew he wouldn't be able to pay half the damages."—Chicago Record-Herald.

No Mosquitoes.

Jinks—Ho! ho! ho! Nice time you must have in the country! Carrying home about a cartload of mosquito netting, I see.

Winks—Oh, we have no mosquitoes in Jerseyville, hardly a one. This is to—er keep out butterflies and humming birds.—N. Y. Weekly.

Merely Misplaced.

"Captain," said the cabin boy, "is a thing lost when you know where it is?"

"No, you fool," answered the captain, who, being a wise man, abhorred frivolous questions.

"Well, sir, your silver teapot is at the bottom of the sea."

Exit cabin boy.—N. Y. Times.

An Infant's Woes.

"I wonder," began the man with the investigating mania, "what makes babies cry?"

"Probably," butted in the practical fellow, "contemplation of some of the things they're in danger of being like when they grow up."—Baltimore News.

We Remember.

Though memory often spurns our debts
Of hate it never smothers
Some kindly debts, for who forgets
His kindnesses to others?
—Philadelphia Press.

SHE WANTED PARTICULARS.

Miss Antique—I had him at my feet once.

Miss Frostique—Chiropodist or shoemaker?—Detroit Free Press.

Too Good to Be Normal.

"I know a man that never spoke a cross word in his life," said Unkle Ike. "I don't know exactly whether it was 'cause of his beautiful natur' or becose he was born deaf an' dumb."—Chicago Tribune.

Has It Come to This?

Harold—Will you get my building blocks, mamma?

Boston Mamma—Which do you wish, Harold, your Greek or Sanscrit blocks?—Detroit Free Press.

Too Old a Story.

He—Are you fond of fiction, darling?"

"Yes, darling, but don't tell me I am the only girl you have ever loved."—Life.

Tit for Tat.

Summer Girl—Am I the first girl you ever kissed?

Summer Man—Am I the first man you ever asked?—Brooklyn Life.

Does He, or Doesn't He?

Winks—Do you like children?

Jinks—Well, I married a widow with six of 'em.—N. Y. Weekly.

Might Have Been Sure of It.

"Somehow," said the girl in blue, "I can't help wishing I had accepted him."

"Why, dear?" asked the girl in gray.

"Why, he swore that he'd never be happy again, and I'm afraid he is."

"Ah, yes," commented the girl in gray reflectively. "As matters are now you can't be sure that he isn't, but if you'd married him you could make sure of it."—Chicago Post.

Ear-Marks.

"Strange that the jury should give a verdict against him in his suit for damages."

"Oh! They had very strong evidence that he was a hypocrite."

"Why, no one testified to that effect."

"Perhaps not; but he wears flowing side-whiskers and a smooth lip and chin."—Catholic Standard and Times.

A Poor Object Lesson.

"My! My! My!" said the little girl's grandmother, "you mustn't make so much fuss when you have your hair combed. When I was a little girl I had my hear combed three or four times every day."

"Yes," said the child, pointing at the poor little gray knot on the back of the good old lady's head, "and see what you've got for it!"—Chicago Record-Herald.

Abundant Sympathy.

"Don't you sympathize with the people who are complaining of high prices?"

"I do," answered the monopolist. "It shall never be said that I was derelict in the matter of sympathy. I sympathize with the people you mention a great deal, and if things go as I expect them to in three or four months I'll sympathize with them twice as much."—Washington Star.

Cruelty.

They found the woman of Wyoming weeping on her doorstep.

"Last night," she said, "they broke in and tarred and feathered my husband."

"And this is why you weep?" they asked.

"Sure, sure! Didn't they take the only feather bed I had."—Town Topics.

Evidently Used Up.

Mrs. Meadowland (early morning)—I guess that city gentleman we took to board for the summer ain't much used to travelin' in the cars. He must a' been all fagged out when he got here yesterday, though he didn't say nothin' about it.

Farmer Meadowland—He looked cheery enough.

Mrs. Meadowland—Yes, but here it is 'most four o'clock, and breakfast all ready, and he hain't waked up yet.—N. Y. Weekly.

Are your
Kidneys Healthy?

Remember—the Kidneys are the most wonderful organs. Your very life depends upon them. Nine-tenths of all sickness is caused by diseased and neglected kidneys. If healthy they filter all the impurities out of the blood. Rheumatism, dyspepsia, constipation, liver disease, bladder troubles, biliousness, headache, blood disease and female weakness are all the result of diseased kidneys.

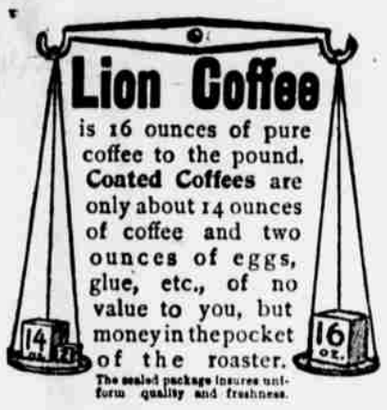
Do you know
Dr. Kennedy's Favorite Remedy

is the greatest specific known to medical science for the cure of these diseases or any form of kidney trouble? It has been used for nearly 40 years with unfailing success by physicians in hospitals and sanitariums. If you will send your address to Dr. David Kennedy Corporation, Rondout, N. Y., they will send a trial bottle—*absolutely free*—a trial bottle sale is so large to-day that it can be found at any drug store in the United States.

$1.00 bottle. Bottles for $5.

EXECUTOR'S NOTICE.—Notice is hereby given that letters testamentary upon the estate of Sophia Kluck late of Beaver township, Snyder County, Pa., deceased, have been issued in due form of law to the undersigned, to whom all indebted to said estate should make immediate payment and those having claims against it should present them duly authenticated for settlement.

ALFRED SPECHT, Executor.



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I have experienced a wonderful result in using Ripans Tabules I was seriously affected with indigestion and heartburn. A friend suggested trying Ripans, and I was surprised at the improvement. On making application a few years ago for policy of insurance I was refused on account of a weak heart, but the same company passed me recently, and I gave Ripans Tabules credit for the health I am enjoying. I can certainly recommend them to any one suffering with palpitation of the heart or indigestion.

The five-cent packet is enough for an ordinary occasion. The family bottle, Sixty cents, contains a supply for a year.