

WHY MEN GROW WEAK.

Dr. Greene's Nervura Makes Men Healthy, Strong, Vigorous, Powerful.

'Tis indeed the pace which kills. It is not work which injures, it is over-work, worry, confinement, over-taxing the strength, strain upon nerve and body, dissipation or spring debility, which breaks down the health, weakens the nerves, exhausts the body. You become weak, nervous, restless, or fretful; have dizziness, bad-feeling head and unsteady and trembling nerves, strange sensations, a feeling of anxiety, gloom, and discouragement; you are sleepless, and wake tired and unrefreshed; appetite and digestion fail, and you have kidney and liver complaint, constipation, rheumatism—and finally nervous prostration, heart failure, paralysis, insanity—death.



Now, what is the remedy? Obviously something which will rebuild the shattered nerves, restore tone and vitality to the blood, brain, and nerves, and strengthen and invigorate all the organs of the body. There is nothing else known which will so completely and perfectly do this as Dr. Greene's Nervura blood and nerve remedy, that grandest of medicines, which is restoring the health of the people, recognized at the present day as the master remedy of the world.

The well-known druggist, Charles W. Eggleston, Esq., 329 Park Ave., Worcester, Mass., says:

"Some time ago I was taken with nervous prostration. I suffered terribly with my nerves and could get no sleep at all. I became feebly exhausted, my stomach was in a horrible condition from dyspepsia, and I could eat hardly anything."

"I used several medicines but without benefit. Being in the drug business myself, and having had I determined to try it. After taking only one-half bottle I began to feel much better. I slept soundly all night, and my appetite was splendid. After taking three bottles, I ate three square meals a day and had not the slightest distress. My nerves were perfectly strong and I felt like a new man, being completely cured of all my troubles. Out of the respect I bear the manufacturers of Dr. Greene's Nervura blood and nerve remedy, and my desire to have the sick and suffering made well and strong, I heartily recommend it to people who are sick, and especially to people who are the same as I was, nervous and inclined toward dyspepsia and indigestion, and suffering from not being able to sleep well at night."

Especially do men grow weak in spring from the change of season, and every one needs a spring medicine and should take this best of spring remedies, Dr. Greene's Nervura blood and nerve remedy. It is not a patent medicine, but the prescription of a famous physician, and is therefore exactly adapted to cure. It has standing behind it the most famous and successful specialists in curing nervous, chronic, or lingering diseases, Dr. Greene, 101 Fifth Avenue, New York City, and an added value and assurance of cure is given to this wonderful remedy because the Doctor can be consulted, without charge, about your case, personally or by writing to him.

CARE OF CORN FODDER.

Much Depends on the Way It Is Ficked, Otherwise Ice and Snow Will Injure It.

More corn fodder will be fed this winter than ever before. For this reason it will be necessary for the farmer to rick up his fodder in a way to keep well and still be easily handled. The use of the shredder, if proper storage room is available, will greatly simplify matters; but there will be many farmers who will feed fodder extensively without shredding and who will therefore welcome any hint as to the best and handiest methods. The following has several points to recommend it:

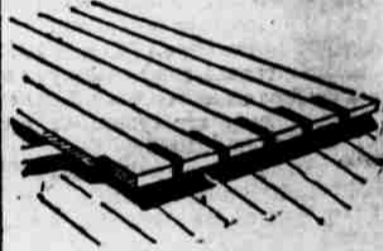
Set a row of posts about eight feet apart and as many as the amount of fodder will require, in a place out of the way and still as near to the place where the fodder is to be fed as may be. From one of the posts to the other, spike or wire poles or two by four scantlings. These should be about five feet from the ground. The tops of the stalks are to lie or lean against this with the butts standing on the ground. Both sides can be built up simultaneously, building one section at a time. By having the butts stood about a foot from the perpendicular on each side, a good-sized space will be left the whole length of the rick. This will give perfect ventilation to the pile and the dog and cats about the premises will take advantage of this and see that the mice and rats do not trouble the fodder. The rick can be built up as the fodder is hauled in from the field.

Put up in this way the stalks will shed the rain perfectly. Only the outside stalks will be exposed and the butts on the ground are the parts that are never eaten. In feeding, the rick can be opened at one end and only as much as is needed be taken down, leaving nose exposed by so doing. There is no loss in this way, and the fodder is always dry and free from ice and snow.—Ohio Farmer.

CURVED METAL DRAIN.

A Little Convenience, the Usefulness of Which is Too Apparent to Require Comment.

The cut shows a shallow, curved metal drain that can be placed behind a row of horse stalls, and the liquid manure led away to a convenient manure heap. This shallow drain can be washed out with a pail of water at any time. A narrow, removable board can be fitted at the rear end of the



platform so that no solid matter can fall into the drain. Do not make the openings between the ends of the planks large enough to let any solid matter through.—Farm Journal.

TIMELY STOCK NOTES.

It is a good plan to have heifers drop their first calf at about two years old.

Good corn allage is highly relished by stock, and is an economical food for fattening steers.

Pulp roots or mangels, carrots, sugar beets and the like should form a part of each day's winter feed.

Weed out the poor cows, sheep and fowls. They are a source of loss continually, and good for nothing when spring comes.

A ration of three parts of corn ensilage, by weight, with one part of oats straw, is adapted to maintain health in the animal.

The temperature of the stable has much to do with the fattening of the beef animal or the quantity of milk from a milch cow.

If the heifer is to freshen in the spring, feed her well in the early winter. Add four quarts of bean daily to the coarse fodder.

As the heifer nears the time of dropping the calf give her a little corn meal in addition to above and a little linseed meal to keep digestion free.

At an experiment station in Canada it was shown that an average two-year-old steer would eat its weight in different materials in about two weeks.

Don't keep the cows in milk the year around. They should have a month's vacation at least, and if you can arrange to have that month in August, do so. It's fly time then.—N. Y. Tribune.

Hints on Wintering Ewes. I do not think it advisable to keep the ewes too much confined. I always permit mine to run on the pasture during the day time, when the weather is suitable, and when they can get at the grass. At the same time I feed them some corn fodder. At night also, if the weather is mild, I leave the doors of the barn open, so they can go out and in at will. As to feed, I always give them all the clover hay they will eat up clean. For 100 head of sheep the grain feed consists of two bushels of oats and corn, mixed in the proportion of one-third corn and two-thirds oats.—John H. Hean, in Farmer's Review.

Good Money in Mutton. Farmers who at one time abandoned sheep are again bringing them on the farms. They are also learning that there is more money in mutton than in wool.

Flatters Both. —Jack—What is the secret of your popularity with the ladies? —Tom—I always mistake the society queens for debutantes and the debutantes for society queens.—Life.

Psyche and Yehs. A beautiful lady named Psyche is loved by a fellow named Yehs. One thing about Yehs The lady can't lynch Is his board, which is dreadfully specked.—Chicago Tribune.

A MILD CASE. Wife (anxiously)—Is my husband very ill, doctor? Dr. Stickum—Oh, no! Only about \$100 worth.—Cincinnati Commercial Tribune.



True Politeness. Mrs. Wederly—Why don't you talk more when we are together? Wederly—I don't like to interrupt you, my dear.—Chicago Daily News.

How About Your Heart. Feel your pulse a few minutes. Is it regular? Are you short of breath, after slight exertion as going up stairs, sweeping, walking, etc? Do you have pain in left breast, side or between shoulder blades, choking sensations, fainting or smothering spells, inability to lie on left side? If you have any of these symptoms you certainly have a weak heart, and should immediately take

Dr. Miles' Heart Cure. Mr. F. H. Oaks of Jamestown, N. Y., whose genial face appears above, says: "Essence use of tobacco seriously affected my heart. I suffered severe pains about the heart, and in the left shoulder and side; while the palpitation would awaken me from my sleep. I began taking Dr. Miles' Heart Cure and soon found permanent relief."

Sold by all Druggists. Dr. Miles Medical Co., Elkhart, Ind.



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What, sir; you take me for one who can be bribed? You insult my sense of honor—but in case I really were such a man, how much would you give me?—Tit-Bits.

A Stable Qualification. Edith—Louise says the man she marries must have stable qualities. Ethel—What does she mean by stable qualities? Edith—I guess she means a man who will propose and stick to it!—Puck.

Appeal for Mercy. Judge—Have you anything to say why sentence should not be passed on you? Bigamist—Just think of my families, judge.—Smart Set.

When you wake up with a bad taste in your mouth you may know that you need a dose of Chamberlain's Stomach & Liver Tablets. They will cleanse your stomach, improve your appetite and make you feel like a new man. They are easy to take, being sugar coated, and pleasant in effect. For sale by the Middleburgh Drug Store.

His Usefulness. "Cholly doesn't seem to be of much use in the world." "Oh, I don't know; he makes a nice cigarette holder."—Philadelphia Bulletin.

Candy Catapult. Edith—Louise says the man she marries must have stable qualities. Ethel—What does she mean by stable qualities? Edith—I guess she means a man who will propose and stick to it!—Puck.

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CASTORIA

for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. It cures Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought Bears the Signature of

Wm. D. Hooper, Proprietor, Lowell, Mass. In Use For Over 30 Years.

New-York Tribune Farmer

For sixty years the NEW-YORK WEEKLY TRIBUNE has national weekly newspaper, read almost entirely by farmers has enjoyed the confidence and support of the American people to a degree never attained by any similar publication.

THE New-York Tribune Farmer is made absolutely for farmers and their families. The first issue was issued November 7th, 1901.

Every department of agricultural industry is covered by contributors who are leaders in their respective lines, and the BUNE FARMER will be in every sense a high class, up to date, entertaining agricultural paper, profusely illustrated with pictures of live stock, model farm buildings and houses, agricultural machinery, etc.

Regular price, \$1.00 per year, but you can buy it for its favorite home weekly newspaper, The Middleburg Post for \$1.20. Send your subscription and money to the Middleburg Post.

Send your name and address to the NEW-YORK TRIBUNE FARMER, New York City, and a free copy will be mailed to you.

Liberal Adjustments. Prompt Payment.

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No Assessments No Premium Not The Aetna Founded A. D., 1819 Assets 11,000,000 "Home " " " 1853 " " 9,83,000 "American " " " 1810 " " 2,40,000

The Standard Accident Insurance Co. The New York Life Insurance Co. The fidelity Mutual Life Association. Patronage Solicited.

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"New Rochester" WICKLESS SAMPLE, SAFE. COOKING under these circumstances is a pleasure. The Rochester Lamp Co. stake their reputation on the stove in question. The best evidence of the satisfaction enjoyed is testimonials galore and duplicate orders from all parts of the world.

Send for literature, both for the "New Rochester" Cook Stove and the "New Rochester" Lamp. You will never regret having introduced these goods into your household.

The Rocheser Lamp Co., 215 West 33rd St., New York.

THE BEST LAWN SWING MADE

AGENTS WANTED. Lawn Swings and Settees, Hammock Chairs, Camp Chairs and Stools, Ironing Tables, Wash Benches, Etc.

Agents easily make \$5 to \$10 PER DAY. Will furnish samples at reduced prices to those desiring agency. Exclusive territories given. Address, Clearfield Wooden-Ware Co., CLEARFIELD, PA.



ASTOLOGY

IS THE MOST ancient of the soothsaying devices. The "mystic adept" will show you, what to do when to do, how to get command of unseen forces. Send date, date, year and \$1.00. M. CLARK, 302 Pearl, Buffalo, N. Y.

WINDSOR HOUSE

W. H. BUTLER, Proprietor. 418 Market St., Harrisburg Pa., (Opposite P. R. R. Depot Entrance) Called for All Trains. Rooms, 25 and 50c. Good Meals, 25c. Good accommodations. \$4.00 to \$5.00 per week.

DON'T TOBACCO SPLY and SMOKE Your Lifeway!

You can be cured of any form of tobacco using daily, be made well, strong, magnetic, full of life and vigor by taking... M. CLARK, 302 Pearl, Buffalo, N. Y.

References, First National Bank, Towns Represented—Ballwood, Altoona, Sayre, Huntingdon and Bellefonte.

HAY IN THE STACK.

It Can Be Measured by Cubicwork, But Progressive Farmers Prefer the Use of Scales.

At seasons of the year when hay is being sold in the stack, there is more or less demand for rules of measurement. The small oil stove is placed yesterday in stacks.

of giving a seven-foot cubic feet for a ton of hay, which was in use years ago, in some localities, has not proven satisfactory to the buyers of hay, the universal claim being that the measurement does not hold out with scale weights.

It has more recently been suggested that a ton of dry hay should be variously estimated from 400 to 500 cubic feet, depending upon the solidity of the stack, the quality or kind of hay and its aptitude to pack closely.

The following rule is given for the measurement of hay in ricks or long stacks: Multiply the length in feet by the width in feet, and the result by one-half the height; divide the product by 300, and the result will be in tons.

To estimate the contents of a round stack, multiply the square of the distance around the stack (at the bulge) in yards by four times the height in yards, and point off two places from the right; this will be the number of cubic yards in the stack, which divided by 20 will equal the number of tons.

While these measurements may assist in approximately getting at the contents of a stack, there are so many factors besides bulk entering into the weight of hay in a stack that there is much more satisfaction when it can be weighed that we urge farmers in every case where possible to weigh the hay when selling or buying; in fact, use the scales in all commercial transactions on the farm. What would be thought of a merchant or manufacturer who "jumped" his goods when selling? Is not a farmer a merchant when selling the produce of his farm, as well as a manufacturer when converting the products of the farm into meat, milk or wool?

The scale is one factor in putting farmers on a commercial footing with other tradesmen. When once a pair of scales is put on the farm or a platform scale placed in the barn, keep it in order, for an incorrect scale is more unsatisfactory than none, for after weighing a thing you then have to "guess at it."

No matter how good a guesser or estimator a man may be, there is more satisfaction in knowing what a thing is worth when selling it at the market price.—Farmers' Voice.

Dr. Kander—My man, you are sad in need of change. Hardup—Yes; but I called you as a medical, not as a financial, expert.—Harlem Life.

Must Be Superior. He—A woman is never satisfied when she's out with other women unless she has fine clothes. She—Wrong! She wants finer clothes.—Philadelphia Press.

Worth Remembering. "Take heed unto this solemn truth." Thus spake the beggar nobody; "A bloomin' chunk was I in youth, Now I am old and caddy."—Chicago Letter Man.

A Bihulous Opinion. "It is appalling to contemplate the effects that this increase in the price of corn may lead to," said the panicky person. "It may lead to something like a famine."

"Worse than that," returned Col. Stillwell, solemnly; "worse than that. In my opinion the pangs of thirst are even more terrible than those of starvation."—Washington Star.

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