WITH A LAME BACK?

Kidney Trouble Makes You Miscrable.

Almost everybody who reads the newspapers is sure to know of the wonderful cures made by Dr. Kilmer's Swamp-Root. and bladder remedy.

the great kidney, liver It is the great mediteenth century: discovered after years of scientific research by Dr. Kilmer, the emi-

wonderfully successful in promptly curing lame back, kidney, blidder, uric acid troubles and Bright's Disease, which is the worst

Dr. Kilmer's Swamp-Root is not recommended for everything but if you have kid-ney, liver or bladder trouble it will be found just the remedy you need. It has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief and has proved so successful in every case that a special arrangement has been made by which all readers of this paper who have not already tried it, may have a sample bottle sent free by mail, also a book telling more about Swamp-Root and how to find out if you have kidney or bladder trouble. When writing mention reading this generous offer in this paper and send your address to Dr. Kilmer & Co., Bing-hamten, N. Y. The regular fifty cent and Home of Swamp-Roo dollar sizes are sold by all good druggists.

PENNSYLVANIA HAILROAD. Lewistown Division.

	111	enect ataren 10, 11	,00.		
WESTWARD.		STATIONS, EA		ANTWAR	
e M	AM		AM	-	
2 15	10 00	Sunbury	9 20	4	
2 25	16 10	Selinsgrove Junction.	9 09	4	
2 30	10 15	Selinsgrove	9 04	4	
238	10 22	Pawling	8 53	4	
2 43	10 25	Kreamer	8 49	7	
246	10 28	Meiser	8 47	i	
2.53	10 34	Middleburg	8 40		
2 59	10 39	Benfer	8 34	4	
3.09	10 47	Beavertown	8 25	3	
3 13	10 52	Adamsburg	5 20	3	
3 22	19 58	Raubs Mills	8 13	12	
8 27	11 04	Metlure	8.07	3	
3 37	11 13	Waguer	7 57	ä	
3 41	11 16	Shindle	7.54	ä	
3 46	11 21	Painterville	7.49	3	
3.52	11 27	Maitland	7 43		
4 00	11 35	Lewistown	7 85	8 3	
102		ewistown (Main Street.		9	
	11 40	Lewistown Junction.	7 33	3	
4 05	11 40	Dewistown Junetion.	7 30	3	
Section 1				-	

Train leaves Sunbury 5 30 p m, arrives at Selinsgrove 5 45 p m Leaves Selinsgrove 6:00 p. m., arrives at Sunbury 6:15 p. m.

Frains leave Lewistown Junction : 4 40 a m, 10 14 a m, 1 10 o m, 130p m 4 37p m, 7 07p m, 8 42 p m, 12 02 a m for Altoona, Pittsburg and the West

the West For Baltimore and Washington S05 a in 930, 102, 133, 433, 8 10 p m For Philadelphia and New York 658, 805, 930 a m, 102133 433 and 1116 p in For Harrisburg 8 10 p ::

Philadelphia & Érie R R Division NORTHERN CENTRAL RAILWAY WESTWARD,

Train leaves Selli agrove Junction daily too sunbury and West. 9 25 am, 12 58 p m, 4 52 p m.-- Sun lay 9 25 a m.

Trains leave Sunbury daily except Sunday: 12 23 a m for Buff slo, 1 21 a m for Brie and Can-

andaigus
4 10 a m for Bellefonte Erie and Canandaigus
9 42 a m for Lock Haven, Tyrone and the West.
19 45 for Buffalo, 1 10 p m for Bellefonte Kane
Tyrone and Canandaigus
5 10 p m for kenovo and Elmira
9 45 p m for Williamsport

Sunday 12 23 a m for Buffalo via Emporium, 1 21 a m for Erie, 5 10 a m for Erie and Canandaigus 8 53 p m for 101 Haven and Hamsport

Inyton 8 35 p m
Trains also leave Sunbury at 950 a m and 5 20 and 8 31 p m, for Harrisburg, Philadelphia and Baltimore

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CHICHESTER'S ENGLISH



CHICHESTER CHEMICAL CO.

If you want PURE WHISKEY direct from the distillery, write The Hayner Distilling Co., Dayton, Ohio, who ar supplying four full quarts of Hayner's Seven-Year-Old Rye for \$3.20, express prepaid.

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References, First National Bank, Nearns Towns Represented :- Bellwood, Altoons, Holli daysburg, Hantingdon and Bellefonte 8-8-1yr



They Come from All Parts of Our Wonderful Country.

New Deposits of Precious Metals and Minerals Discovered in the Far West-The Wonders of San Nicolas.

[Special California Letter.] Iffis is, undoubtedly, the golden age of the scientist and ex-

plorer. Modern discovery has nent kidney and blad- made transportation and communica-der specialist, and is tion between distant points so inexpensive and easy of accomplishment, and new inventions rendered it possible for excavating and prospecting to be carried on so rapidly that work which formerly required years of labor can now be accomplished in a few months. Not many years have passed since the financial world was electrified by news of the discoveries of precious metals at Cripple Creek. That the wonderful fields in that vicinity are not likely to be soon exhausted is proven by the great gold strike just made here. It is believed that the miners have found the dome of a large crater from which immense wealth will be extracted. Sylvanite and rich quartz glitter in florine tale. The vein seems to rise from a chimney in which is a great lake of unknown depth. The decomposed matter is of a bluish color and sparkles with grains of precious metals. Thousands of tons are already in

Wonderful stories reach our ears of the great mineral wealth of the Philippines, and as soon as the government paves a legal way, it will be eagerly trodden by hurrying feet from all parts of the world.

A discovery of great interest to grologists as well as to seekers for sonianinstitution have secured quanti- your bowels regular by taking wealth has been announced from Arities of ornaments and utensits of hone. zona. What is said to be the finest shell and stone from Santa Cruz. On marble in the world has just been San Nicolas are most abundant evi- so easy to take and mild and gentle found near Comp Bowie by L. R. Le- dences of a people of large stature.

STORIES OF RICHES, | doomed to thus witness the end of the girl whom he loved. He finally tore himself loose and rushed to the brink of the precipice, over which Indians were holding the girl. As she f !! to the rocks, 1,000 feet below, he attacked the murderers and sent four of them to the same doom, then leosened a bowlder which rolled crashing among his pursuers and escaped down a trail, where he was soon afterwards found. wounded and dying, by some of the emigrants who had returned to ascertain the cause of their companions' long delay. The murble mountain forms a massive monument to the sufferers in the tragedy.

There is a mountain of marble near Colton, Cal., where stone for building is quarried. In an excavation at the top large quantities of concrete are manufactured. The Channel islands. off the Pacific coast, nearly opposite this point, present seenes of great interest to the anthropologist. Of these the best known, of course, is Santa Catalina, a resort of such prominence that everyone has more or less knowledge of its strange caves and grottoes, where the remains of an extinct race may be seen. Heretofore the other islands of this group have been, as a rule, neglected by what is now known as the civilized world. Toward one of these, San Nicolas, public interest is now especially turned, because the University of California is about to begin the most thorough exploration of it ever made. It lies 60 miles off the coast of Santa Barbara and Ventura countles. Strange presences seem to pervade all of these little islands. where peoples of other days and customs lived, worked and loved. On San | Eagle. Clemente are enormous mortars and pestles and indications that the ancient inhabitants were a giant race. San Miguel is chiefly interesting from its topography. Great pillars twist attended to, disorders of the stomach around winding caves and rugged can- arise billiousness, headache dys yons suggest attractions to the ex- pepsia and piles soon follow. If you placer. Scientists from the Smith- wish to avoid these ailments keep



"HELEN'S DOOM," WHERE BLACK MARBLE DEPOSIT WAS FOUND.

gier, of Phoenix, who brought to the | The islands are seldom visited and 6 45 a m. 9 55 a m 2 00 and 5 25 p m for Wilkes-barre and Hazelton 6 10 a m. 10 10 a m. 2 05 p m. 5 35 p m for Shamo-kin and Mount Carmel Sunday 9 55 a m for Wilkesbarre EASTWARD. eral occasions, but a few days since he came suddenly upon marble ledges of inestimable value right where soldiers of the regular army have camped for 20 years, totally unconscious of the Frains leave Selinsgrove Junction
10 00 a m, daily arriving at Philadelphia
317 pm New York 5:33 pm Baitimore 3:11 pm
Washington 4:18 pm
Washington 10:56 pm.
Washington 10:56 pm. 20 years, totally unconscious of the 425 m. New York 113 am. Baltimore 230 am Washington 405 am. Tra'ns also leave Sunbury:
252 am daily arriving at Philadeldhia 652 am Baltimore 720 am Washington 830 am New York 933 am Weekdays, 1038 am Sundays,
323 am da'ly arriving at Philadelphia 722 am, New York 933 am, 1038 Sundays Baltimore 1209 m, Washington 830 am Baltimore 1209 m, Washington 830 am Baltimore 1209 m, Washington 830 am Baltimore 1209 m, Washington 115 p m.
155 pm Week days arriving at Philadelphia 623 pm, New York 213 pm, Baltimore 630 pm Washington 115 pm
155 pm Week days arriving at Philadelphia 623 pm, New York 230 pm, Baltimore 630 pm Washington 7 15 pm
New York 1023 p m, Baltimore 7 30 pm, Washington 835 pm, Ratimore 630 pm New York 1023 pm, Baltimore 7 30 pm, Washington 835 pm, Ratimore 830 pm,



STONE FOREST, SAN NICOLAS.

the only countries where the stone had been found. This ledge is 300 feet wide. For miles stretches a vein of marbles of all colors and a marble mountain rises here, a great mass. Soon after gold was discovered in California the gorge was the scene of one of those terrible tragedies which people of the present day of luxurious travel find it hard to comprehend. David Easton started to accompany the family of his fiance, Helen Hight, a beautiful girl, 18 years old, in their long journey across country from Ohio to the coast. While passing through the Chirachuhua mountains, the party traveling with them got far in advance of the Hights, who stopped to repair a broken wheel. Suddenly a band of Apaches attacked the little company in the rear and all were at once killed or mortally wounded, except Helen and Easton, who were subjected to the most cruel tortures their tormentors could devise. Easton was finally fastened to a cactus bush in such a position that the sharp needles

knowledge of the world in 1881 the big loom in lonely desolation on the blue marble deposit in Gunnison county, ocean. Science has thus far been able Colorade. Mr. Legier has been starch- to tell us little of the origin and life ing Arizona for marble for 15 years. of these aboriginal settlers and how were than to put on their night dress, He has found it in small quantities in and why they disappeared so com- and they bowed gravely and gratefully almost inaccessible localities, on several occasions, but a few days since he deals with the islands skeletons by came suddenly upon marble ledges of hundreds have been strewn over San Nicolas. Peculiar stone utensils have been found among the skeletons, indieating a civilization which so far has not been comprehended.

In 1835, 16 members of a strange Indian race were known to live here, and Franciscan padres from the Santa Barbara mission made an atwere all lost, as the sloop was east on the rocks of Point Conception. Traditions existed among the fishermen of a lone woman at the island, and in the fifties a small expedition landed and found her in a costume of colored bird skins eating blubber from a seal, which she conveyed to her mouth with a bone knife. On seeing the men, she smiled, and falling on her knees, prayed to the sun. On arriving at Santa Barbara she prostrated herself in adoration before a man on horseback. Two weeks later she died from the effects of food by all. Address, to which she was not accustomed. This was a great disappointment to scientists, who hoped to learn from her lips the traditions of her race. The Island of San Nicolas is ten miles long and four wide at its widest point. It consists of a nearly level piateau at an elevation of 800 to 1,000 feet. Two-thirds of the surface is covered with drifting sand, the remainder affords excellent pasturage for thousands of sheep. Sheep shearers and shell gatherers are chiefest among its infrequent visitors. Coral Harbor is the only safe landing place and its entrance is but six or seven yards across. White pelicans in large numbers promenade its strip of beach. Circular depressions are the only marks of ancient dwellings of which none of the materials used in construction remain. Immense shell mounds and bones of fish, seals, whales, sea otters, foxes and birds show that the inhabitants were fond of animal food. The quantity of these proves that the population possessed

healthy appetites. Biologists say that the number of varieties of mollusks in San Nicholas are not exceeded in any region of the same area. From one of the elevations, the peaks of all the Channel islands, some 40 miles distant, are visible through the clear atmosphere. On one side of the island is a sparse, petrified stone forest.

EDWARD JULIAN. A Scotch Proverb. What may be done at any time will perated his flesh to the bone and be done at no time.

WILLIAM NCKIALLY.

GES. CHARLES H. GROSVENOE.

he late President's lifelong comrade in war . league in Congress and champion in House Representatives; was near the "resident's ewith other great men when his eyes were seed in death, followed his remains to Na-mal Capitol and to Canton. Millions of copies tional Capitol and to Carlon. Millions of copies will be soid. Sales spreading like fire in dry milble, men and women taking it to 20 orders daily. It is the afficial book Eulogies from Governo's Senators editorials from gire at casiles. Last and dying words of world's great men but none sogrand as NcKiniey's "17 IS 6019'S WAY." I on taking a photogravue of last photograph of President ever taken. You can easily and quickly clear \$2,00. The General requires that share of proceeds of sale of every book so dishall be donated to McKinley Monument Fund. Thus every subscriber to this book becomes a contributor to this land. Everybody will buy it, orders for the askingnounce will refore. Send 12 Peent stamps for elegant prospectus 100,000 copies will be sold in this vici, ity quick widenwake business man or woman of some means can make a fortune quick by getting sole control of a State Address.

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m. Washington, C. D.

Cause for Happiness.

Mildred (still blushing) - Am I the est girl you ever kissed, Gordon? Gordon-No, my love, but you are

Mildred-Am I, really? Oh, Gordon, it makes me so happy to think of that .- Town and Country.

Hard Luck. Tattered Thomas-Youse look sick,

Mouldy Murphy-Well, no wonder,

hain't had nothin' to cat all day but cold health food. - Brooklyn

No one can reasonably hope for good health unless his bowels move once each day. When this is not in effect. For sale by The Middleburg Drug Co.

English by Creoles,

The intelligent struggles of the Cuban trachers with English have furnished us with a good many pretty stories. One day not long ago the teachers were invited to some sort of an evening function at the Longfellow house on Brattle street. It happened that shortly before the hour for the assembly some ladies who were in front of that house were politely approached by a group of male Cuban teachers, who, with their hats in their hands, stood bowing. "If you please, dear madams," said their spokesman, we are invited at this house to-night. We wish to attend. We were been on an excursion to the distance, and have not the time to go to our house. So that we wear, as you see, our day dress. Perhaps you can tell us if it would be permitted us to go to the reception in our day dress? If it would not, then certainly shall we take the time to go to our home and put on our night dress." The ladies assured them that they would do much better to go as they

DR. HAYNE'S.

(The Great German Scientist) improved Double Extract of Sarsa parilla and Celery Compound Red Clover, Beef and 12 Vegetables, Roots and Herbs, (no Minerals) contains DOUBLE the Curatives of Santa Barbara mission made an attempt to rescue them. A sudden storm drove their sloop from the shore when all the Indians were on BES and a sure and certain cure for KDNEY and LIVER disases, Rheomatism, Nervousness, Dyspe psia, Malaria, Constipation, Sick Headache and all complaints alrs ing from impure blood. Regular price \$1.00 per bottle 16 oz., but in order to get it introduced in this section we will sell at 50 cents per bottle or 4 bottles for \$1.50 until furth er notice. Do not wait, order now if you are ailing.

The above medicine is used in EV-ERY HOSPITAL and by all the LEADING PHYSICIANS in the world to day, and highly endorsed;

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Isn't it Worth 25c. To Be Cured of Constipation

People who suffer from habitual constipation with all its attendant ills, clogged stomach and bowels, sluggish liver, hearthern, hadigestion, and thin and impure blood, are too apt to believe that the only remody is violent purgatives. The contrary is the case. Such catharties, even if they do move the bowels, are irritating and griping, leave the stomach inflamed and enfeebled and the constipated condition recurs with greater difficulty of cure and the sufferer constantly growing worse. There is a laxative that moves the bowels without pain or griping, cleanses the stomach, sharpens the appetite, stimulates the liver, strengthens the nerves, and purifies the blood, while its marvellous tonic properties tone up the entire system and keep it healthy.

Laxakola Does It

Its remarkable tonic properties reach every organ—the liver, kidneys and stomach, nerve, heart and brain-and removes the cause of your debilitated condition. This is the only way to secure an absolute and permanent

Laxakola is the only medicine for babies, is purely vegetable and its action is gentle, speedy and effective. For coated tongue, simple fevers, colds, chills and languid feeling it is the ideal medicine.

It tastes good. IV Children like it and ask for it.

Laxakola, the great tonic laxative, is not only the most efficient of family remedies, but the most ical, because it combines two medicines, viz lassative and tonic, and at one price. No oth remedy gives so much for the money. At druggivis, 25c, and 50c, or send for free sample to LAXAKOLA CO, 122 Nassau Street, N. Y., or 356 Dearborn Street, Chicago.

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When You Do Die, Die of Old Age.

a list of questions from the decision of the pronounced you means to a case, it will be of vital interest to you to communicate with us at on the case, it will be of vital interest to you to communicate with us at on the case. The case Recognition,

Bright's Disease and other Kidney Diseases, Rhenmatism, Consumption, Weaknesses of Women, Lost Manhood, Bladder Diseases, Piles, Constitution, Blood Disases, Catarh, Dyspepsia, Diabetes, Epilepsy, Heart Disease, Insomnia, Liver Disease, Nervous Debility, Sciatica, Asthma, Biliousness and General Debility, and all other diseases which result from improper living or ignorance or neglect of the laws of nature.

An interesting pamphlet of our treatment containing half-tone and tesmontals of persons we have cured, sent free to all.

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DEAFNESS OR HARD HEARING ARE NOW CURABLE

by our new invention. Only those born deaf are incurable,

HEAD NOISES GEASE IMMEDIATELY.
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BALTIMORE, MIL. March 20, 1001.

Gentlemen: - Being entirely cured of deafness, thanks to your treatment, I will now give you therefore to be used at your discretion. Gentlemen: - Being entirely cured of deatness, thamas to your treatment, I was now got you a full history of my case, to be used at your discretion.

About five years myo my right car began to sing, and this kept on getting worse, until I lost my hearing in this car outjetly.

I underwent a treatment for catarrh, for three months, without any any case, consider a number of physician, grasher others, the most connect car specialist of this city, who to if me that only an eject that could help me, and even that only transparately, that the local moses would then each his the beginning in the affected car would be not ferever.

I then saw your oldestinement accelerably in a New York piper, and ordered your treatment, after than used I only after days according to your death of the accessed, and to say, after the waste, my hearing in the diseased car has been entirely reaches. I thank you heartly and begin treatment.

Yet you'ver.

F. A. W. REMAN, 700 S. Threatment is a startly and the diseased of the control of the say of the control of the co

Our treatment does not interfers of a quarasuel o capation. Examination and YOU CAN CURE YOUR SELECTION HOME of Apparent

In this age of problems if is hard to discriminate, but there are two upon two Great Health while hall may of Nursey Stock Shell work, and

The first is, in regard to consumption. THE HAWK NURSERY CO., Some one has said that it has "killed 9-5-im. more people than all the wars and plagues and scourges of history put together." Dr. Biggs, the New York ages of 15 and 65 one dies of consumpcity constantly, and that the deaths last year numbered more than 9,000, 10-24 10; According to a New York newspaper. one specialist asserts that of this country's population 10,000,000 "must inevitably expect to die of consumption." The other problem is to get the small cities of the United States to awake to the importance of sanitation. Nearly all of them do nothing until threatened by an epidemic, and then the zeal is only temporary. To arouse these communities to the importance of constant watchfulness and of preventive measures will be to increase the average of life for the whole nation. We have been dazzled by the outburst of wealth in the new century, but these strivings for health are

worth all the dollars that have passed

Problems. they lead, says the Philadelphia Saturday Evening Post, and Extra inducements to the right persons. All size is guaranteed. Write now for terms and secure a good situation for the

They are easy expert, declares that of every four if your liver feels good, you feel New Yorkers who die between the good. McNAIR'S STOMACH AND LIVER Pills tones the stomach, regulates tion; that there are 20,000 cases in that city constantly, and that the deaths Batavia, Ill



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