Women as Well as Men Are Made Miserable by Kidney Trouble.

Kidney trouble preys upon the mind. dis-courages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kid-

neys are out of order or diseased. Kidney trouble has become so prevalent that it is not uncommon for a child to be box afflicted with weak kir

neys. If i e child urfures then, if the
urine scalds the fiesh then the child
reaches an are the could be able to control the p Argo, it is yet afflicted with Led-wetting, copend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose.

Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of Swamp-Root is soon realized. It is sold

by druggists, in fiftycent and one dollar
sizes. You may have a
sample bottle by mail
free, also pamphlet telling all about it, including many of the
thousands of testimonial letters received
from sufferers cured. In writing Precised from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and ention this paper.

PENNSYLVANIA HAILROAD. Sunbury & Lewistown Division.

		n enect March 18, 19	300.		
WESTWARD.		. STATIONS, 1	EASTW	ASTWARD	
P M	AM	1	AM	P.M	
2 03	10 00		9 20	5 00	
2 13	10 10	Selinsgrove Junction	9 09	4.50	
2 19	10 15	Selinsgrove	9.04	4 45	
2 28	10 55	Pawling	8 53	4.35	
2 31	10 25	Kreamer	8 49	4 31	
234	10.28	Meiser	8 46	4 28	
240	10 34	Middleburg	8 40	4 22	
246	10.89	Benfer	8 34	4 16	
255	10 47	Beavertown	8 25	4.07	
3 00	10 82	Adamsburg	8 20	4 02	
3.07	19 58	Raubs Mills	8 13	3 35	
313	11 04	McClure	8 67	3 49	
3 22	11 13	Waguer	7 07	2 39	
3.25	11 16	Shindle	7.54	3 36	
3 30	11 21	Painterville	7 49	3 30	
336	11 27	Maitland	7.43	3 24	
245	11 35	Lewistown	7 35	5 15	
3 47	11 37	Lewistown (Main Street.	7 33	8 18	
3 50	11 40	Lewistown Junction.	7 10	8 10	

Frain leaves Sunbury 5 30 p m, arrives at Selinsgrove 5 45 p m Leaves Selinsgrove 6:00 p. m., arrives at Sunbury 6:15 p. m.

Frains leave Lewistown Junction : 4 52 a m, 10 13 a m. 110 p m, 130 p m 5 22 p m, 7 07 p m, 12 02 a m for Altoona, Pittsburg and the West. For Baltimore and Washington 805 a m 9 30, 102, 133, 4 33, 8 10 p m For Philadelphia and New York 6 58, 8 05, 9 30 a m, 1 02 1 33 4 38 and 1116 p m For Harrisburg 8 10 p m

Philadelphia & Erie R R Division NORTHERN CENTRAL RAILWAY WESTWARD,

Train leaves Sell sgrove Junction daily for 9 25 am, 12 58 p m, p m,--Sunday 9 25 a m,

Trains leave Sunbury daily except Sunday: 12:23 a m for Buff :lo, 1:21 a m for Brie and Can-

andalgua
5 10 a m for Belleionte Eric and Canandalgua
5 10 a m for Belleionte Eric and Canandalgua
9 12 a m for Lock Haven, Tyrone and the West.
12 48 for Buffato, 110 p m for Pelleionte Kane
Tyrone and Cavandalgua
5 45 p m for kenovo and Elmira
5 40 p m for Williamsport

unday 12.23 a m for Buffalo via Emporium. 21 a m for Erie, 5.10 a m for Erie and Canan-algua and for Lock Haven and say m for wa-

50 a m, 9 55 a m 2 00 and 5 48 p m tor Wilkes-

ire and Mazeiton
[9 a m, 10 10 a m, 2 05 p m, 5 45 p m fer Shamon and Mount Carmel
Sunday 9 55 a m for Wilkesbarre
BASTWARD.

assington 4 is p m 534 p m daily arriving at Philadelphia 20 p m New York 3 53 a m, Baltimore 9 45 p m 20 p m New 1018 50 p m. ashington 10 55 p m. 42 p m. Gally arriving at Philadelphia 55 a m. New York 713 a m. Baltimore 2 30 a m

25a m, New York 713 a m. Baltimore 2 30 a m lashington 4 55 a m. Tra'ns also leave Sunbury: 2 45 a m daily arriving at Philadeldhia 6 52 a m altimore 7 20 a m. Washington 8 30 a m. New ork 9 33 a m. Weekdays, 10 38 a m. Sundays, 3 10 a m. da'ly arriving at Philadelphia 7 22 m. New York 9 33 a m. 10 38 Sundays Balti-cie 7 29 a m. Washington 8 30 a m. Baltimore L'0 D m. Washington 1 16 p. m. m. Washington 1 15 p m. p m, week days arriving at Philadelphia m, New York 9 30 p m, Bastimore 6 00 p m

shington 7 15 p m p in dally, arriving at Philadelphia 7 32 p m w York 10 23 p m, Baltimore 7 30 p m, Washrains also leave Sunbury at 950 a m and 525 1831 p m, for Harrisburg, Philadelphia and

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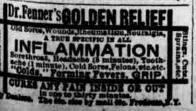
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FINDING THE LOST LAMB.

Pathetic Story of a Wayward Daughter That Touched the Heart of Eugene Field.

Shortly before the death of Eugene Field a friend from one of the southern states told him a pathetic story of a girl who had wandered away from her home in the country. She had grown weary of the drudgery and dreariness of her life on the farm, and her vanity and pride having been touched by unfortunate compliments to her beauty she had run away from the farm and taken refuge in a large city, with the usual results of that dangerous step, says Youth's Companion.

Her old father, who in his rough way had been devoted to her, mourned for the girl he had lost; but in his simplicity it never occurred to him to try to find her, for the world beyond the limits of his township was vast and forbidding. But word came to him one day that somebody had seen his daughter in the city, a hundred miles away, and with only that to guide him he went in search of her.

Once in the city, he shrank from the noise and confusion of the crowds. He waited until night, and then when the streets were comparatively deserted he roamed up and down from one street to another, giving the peculiar ery he had always used when looking for a lost lamb-a cry the girl herself had heard and given many times in her better days. A policeman stopped the old man and warned him that he was disturbing the peace, whereupon the father told his story, and added: "She will come to me if she hears

that cry." The officer was moved by the old man's simplicity and earnestness, and offered to accompany him in his search. So on they went, up and down the thoroughfares, and into the most aban doned sections of the city, the farmer giving the plaintive ery and the officer leading the way that seemed the most promising of success.

And success did come. The girl heard the cry, recognized it, and intuitively felt that it was for her. She rushed into the street and straight to her father's arms. She confessed the weariness and misery of her lot, and begged that he would take her back to the farm, where she might begin a new and better life. Together they left the city the next day.

The story deeply touched Mr. Field. He often spoke of it and declared his be remedied by simple means, if one intention of making some literary use has patience. The face should be of it. But he never quite made up his bathed every night in reasonably hot, mind whether he should treat it in not merely warm, water. It is betprose or in verse, sometimes favoring | ter to use a Turkish towel for the purthe one form and sometimes the other; and before he had settled the matter death cut him off, so the story of the old farmer and his lost lamb awaits another poet.

Is Punishment Beneficial?

This question was asked of a large number of persons: What punishments or rewards have you ever had that did you good or harm? The majority claimed to be benefited by punishment. The boys thought the effects of a good plain talk were salutary, and none had complaint to make against a good "dressing down." wears evening dress cut decollete. Many were grateful for having had a punishment in due season. There is time in many a boy's life when he thinks he is lord of everything, and it would seem that a good whipping is often the best way to cure this de-Prains leave Selinsgrove Junction 100 a m, daily arriving at Philidelphia 200 a m, daily arriving at Philidelphia 200 most children, but there are certain natures on whom it is wasted, because they simply abuse it. Conscience does not seem to be very pow- Reaching out for the things of our dreamerful in children before the age of nine. Preaching or advice unsought for does not seem to do much good, while suggestion does. As to the influence of companions, it was greatest between the ages of ten and fifteen. This influence is next to that of home.-Everybody's Magazine.

Now Don't Ask Us That Again. Miss Wunder-Why do they have that deep crease in the new panama hats you men are wearing?

Mr. Knowsit-Why, that represents the Panama canal.—Baltimore Ameri-

WOMEN THE WORLD OVER.

Queen Victoria has received from the king of Italy a well-executed cast of the inscribed column which was discovered last winter in the Forum at Rome, and which excited great interest among antiquaries in all parts

The queen of Siam has a remarkable thimble, which was given to her by her husband. It is made of gold, in the form of a lotus bud, and is thickly studded with diamonds, which are arranged to form her name and the date of her marriage. The form of the gift was particularly appropriate,

since the lotus is the royal flower. Miss Mabel Cook of New York, is a "book surgeon." That is she makes her living by repairing the worn-out books in the Astor library. She fitted hers of for the position by taking . course in book binding, for she says it is impossible to repair books satisfactorily without an intimate knowledge of their mechanical construc-

The first lady in the sultan's dominion is his mother. She has her own palace and retinue, and if she has the ability she may exercise considerable influence in affairs of state. The fact that the mother is so regarded by the Mohammedan, accounts for the longing with which the woman of this race awaits the coming of a son. She have founded a league similar to that is sure of independence and honor as which Lysistrata instituted at Athens long as her son lives. The wife is for half a day. The association has subject to the mother of her hus the object of restricting the luxury band. When the father dies the of the women of Crete. Its members mother becomes the head of her old- are forbidden to wear jewels or rich est son's household, unless he can as raiment.—Brussels Beige Independtord to give her a house of her own.

IN THE DOMESTIC REALM.

Some Small Items of Information for Every Day Reference.

Mice object to camphor gum, and it

among as many different friends as possible for an autographic sentiment. Then arrange them in rotation, block and gum them, paste to a piece of eardboard, which may be hand-painted, and then punch to hang on the

Toy dogs are favorite playthings with little children. The nondescript curs that amused the little people of the last generation would not find favor in the eyes of the more sophisticated youngsters of the present day. Woolly dogs are now made to represent accurately the different kinds of dogs. Spaniels, white and black poodles, pugs, fox terriers and badger dogs are mounted on casters so as to be easily trundled after their masters and mistresses. Sometimes they have fine coats of broad ribbon and blankets ornamented with bells.

To preserve berries whole, buy the fruit when not too ripe, pick over immediately, wash if absolutely necessary and put in glass jars, filling each one about two-thirds full. Put in the preserving kettle a pound of sugar and one cupful of water for every two pounds of fruit and let it come slowly to a boil. Pour this syrup into the jars over the berries, filling them to the brim; then set the jars in a pot of cold water on the stove and let the water boil and the fruit become scalding hot. Now take them out and seal perfeetly tight. If this process is followed thoroughly the fruit will keep for several years.

The enlarged pores of the skin can pose and rub softly with an upward motion from the chin. Soap of the purest quality, preferably an almond or olive oil soap, should be employed. Afterward a little cold cream may be applied. In the morning the face should be well bathed with cold water to restore firmness to the muscles. This treatment, faithfully given, has never been known to fail to cure enlargement of the pores in about six months. The same method will remove the roughness of the upper arm that sometimes troubles one who

The Beautifut Things

Life's beautiful things ar So free to the humblest one. That even to count them for thought's delight.

Ah, surely, we'd never be done! But only because of their plenty.

Because they are ours when we will,

We value them lightly as common and cheap.

And our souls are unsatisfied still!

with vision so stubbern and blind, That the rapture which calls to us day by Is too near for our seeking to find; Oh, the loss of it all, and the pity, And the yearning and hunger and pain,

we live in a world full of beautiful things. The beauty of which we disdain!

-Ripley D. Saunders, in St. Louis Re-

Where Praise Is Due.

There are girls who call me friend When I've lots of cash to spend. There are girls with whom such times !

like to joke; Who are sweet as sweet can be When Dame Fortune smiles on me But there's only one who loves me when

I'm broke. There are girls who treat me nice,

E'en when giving them advice, Though my money may their petulancy cloak: For they snub me very pat

When my pocketbook is flat-And there's only one who loves me when I'm broke

So I quaff this cup to her To whom never doth occur The thought my watch and chain may be in soak:

But who still is fond and true When I'm penitent and "blue"-The little girl who loves me when I'm

-Roy Farrell Greene, in Detroit Free

See the announcement of the Hayner Distilling Co.. Davton, Ohio, which appears elsewhere in this issue, explaining their plan of supplying the consumer with four full quarts of Hayner's Seven-1 ear-Old Rye for \$2.20, express prepaid.

Carried It Too Far.

"Nothing that is produced in this country is ever quite good enough for Mrs. Willoughby," declared Miss Frocks. "Everything must be imported."

"That's true," added Miss Kittish. "She even carried her prejudice against domestic goods so far as to marry an imported husband."-Detroit Free Press.

Anti-Jewel League. The women of the island of Crete

WILLIAM M'KINLEY

Mice object to camphor gum, and it is a good plan to sprinkle it around their haunts.

Fresh tomatoes are anti-bilious, and thus not only wholesome for healthy people, but may be used with advantage in many cases of fever. Dio Lewis used to say that he expected to see the day when tomatoes would take their place in the pharmacopoeia among established remedies for fever. Fresh tomatoes, gathered from the vine before the sun is on them, are excellent for dyspeptics. They should be eaten without seasoning, or, at most, with a little salt, says the Boston Budget.

To construct a "friendship calendar," cut smooth paper slips for 365 pages, mark on them the days of the month and week and distribute them among as many different friends as possible for an autographic sentiment. GEN. CHARLES H. GRONVENOR.

A Prognostication. As I rode through the streets of Pe king one day last August, with ghastly forms of death on every side, 1 passed a Buddhist temple, over the door of which was a newly written inscription, on which the ink was not yet dry. Capt. Munthe, of the Chinese customs, who was with me, stopped to read it. "What a strange people they are," he said. "Who but a Chinaman would ever have thought, at such a time, of writing this? 'From ten thousand bitternesses wells the Eternal Peace.' "-Contemporary Review.

A Startling Surprise.

Very few could believe in looking at A. T. Loadley, healthy, rol ust blacksmith of Tilden, Ind., that for ten years he suffered such tortures from Rheumatism as few could en-dure and live. But a wonderful change followed his taking Electric Bitters. "Two bottles wholly cured me." he writes, "and I have not felt a twinge in over a year." They regulate the Kidneys, purify the bl. od and cure Pheumatism, Neuralgia, Nervousness, improve digestion and give per, ect health. Try them. Only ooc at the Middleblurg Drug Store Graybili, Garman & Co., Richfield, Pa., and Dr. J. W. Samp sell, Pennscreek, Pa.

A Giant Variable Star.

In the constellation Gemini is a well-known variable star, Zeta, of less than the third magnitude when brightest, which, according to an estimate recently set forth by Miss Agnes M. Clerke, may be ranked among the giants of starry space. The comparative insignificance of Zeta Geminorum among the visible stars appears to be due to its enormous distance. If removed equally far away, our sun would be only one thirtyseventh as bright as Zeta Geminorum when at its maximum brightness, and Miss Clerke computes the gravitative power of the star at 225 times that of the sun.-Observatory. and a little service of property

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(The Great German Scientist) improved Double Extract of Sarsa parilla and Celery Compound Red Clover, Beef and 12 Vegetables, Roots and Herbs, (no Minerals) contains DOUBLE the Curatives of any one dollar Medicine in the market and lasts TWIC" as long. The greatest Remedy of the Age, killing all GERMS, destroyed all MICRO-

BES and a sure and certain cure for KDNEY and LIVER disases, Rheumatism, Nervousness, Dyspepsia, Malaria, Constipation, Sick Headache and all complaints airs ing from impure blood. Regular price \$1.00 per bottle 16 oz , but in order to get it introduced in this section we will sell at 50 cents per bottle or 4 bottles for \$1.50 until further notice. Do not wait, order now if you are ailing.

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They are easy.-If your liver feels good, you feel good. McNair's STOMACH AND LIVER Best Pill. 25c gets them. Try them
West Side Pharmacy Co., Batavia, Ill.

ODD BITS OF INFORMATION.

It takes nearly four pounds' weight of grapes to make a bottle of wine. New Orleans has the only paper in the United States that publishes a Sun-

day evening edition. If you saved the ash of all the cigars. you smoked you would have consumed

1,600 before you had a pound of ash. Elks' teeth are scarce and valuable in the Indian territory; and it is said that some of the thrifty Indians are digging into the graves of their ancestors to

find the teeth buried with them. Herman Smith Turner, recently appointed a cadet from Maryland, has been admitted to the Annapolis acad-Pills tones the stomach, regulates, emy in spite of the fact that while he is over six feet tall he weighs but 95