

# A STRONG, VIGOROUS MAN

## Is Liable to Break Down—Pe-ru-na is Sure to Restore.



Hon. Frank Dunn, Alderman Twenty-Fourth District, writes from 232 East Fifty-Eighth Street, New York City: The Peruna Medicine Co., Columbus, O.

Gentlemen: "There is no remedy for a broken-down system that I know of which will so effectually restore health as Peruna."

"Whenever I am overworked or suffer from the consequences of a cold a few doses of Peruna builds me up again more quickly than anything I ever tried. I find it especially valuable for catarrh. Three bottles cured me three years ago of catarrh of the stomach and I have never had the least symptoms of it since."

Very truly,  
FRANK DUNN, Alderman 24th Dist., N. Y. City.

**A** TONIC is a medicine that gives tone to some part of the system. There are different kinds of tonics, but the tonic most needed in this country, where catarrh is so prevalent, is a tonic that operates on the mucous membranes.

Peruna is a tonic to the mucous membranes of the whole body. It gives tone to the capillary circulation which constitutes these delicate membranes.

Peruna is a specific in its operation upon the mucous membrane. It is a tonic that strikes at the root of all catarrhal affections. It gives tone to the minute blood vessels and the terminal nerve fibres. Catarrh cannot exist long where Peruna is used intelligently. Peruna seeks out catarrh in all the hidden parts of the body.

Paul Landrum writing from Atlanta, Ga., says:

"In January last I began the use of your Peruna and Manalu for what was termed organic heart trouble. At that time I could scarcely walk to my place of business without stopping to rest and on arrival felt completely exhausted. Had severe pains in my heart and general dizziness. After using the first bottle of Peruna I began to improve and today I feel that I am a sound man and I work fourteen hours a day without any bad feeling."—Paul Landrum.

A. M. Ikard, an employee of the C. B. & Q. R. R., West Burlington, Ia., writes: "I had catarrh of the stomach and small intestines for a number of years. I went to a number of doctors and got no relief. Finally one of my doctors sent me to Chicago and I met the same fate. They said they could do nothing for me, that I had cancer of the stomach and there was no cure. I almost thought the same, for my breath was something awful. I could hardly stand it, it was so offensive. I could not eat anything without great misery, and I gradually grew worse."

"Finally I got one of your books, and concluded I would try Peruna, and thank God, I found a relief and a cure for that dreadful disease. I took five bottles of Peruna and two of Manalu, and I now feel like a new man. There is nothing better than Peruna, and I keep a bottle in my house all the time."—A. M. Ikard.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

### SELINGROVE.

The weather the last few weeks has been very fine favoring the farmers for getting in their corn.

Newton Stally of Indiana is on a visit East, called here by the death of his sister, Mrs. John Fry.

Rev. S. E. Bateman visited his parents last week.

Allen Bowersox of New York spent Friday last in town. Mr. B was a former resident here.

Mrs. C. D. Russell and children are visiting her parents, John B. Fockler and wife.

A. W. Potter and wife took a trip to the Cumberland valley last week.

Roscoe North is a visitor in Philadelphia.

Will Phillips attended the Davis wedding last week.

E. P. Rohback inspected the Post at Port Trevorton Saturday evening.

Carrl Bolig has recovered from his sickness sufficiently to return home.

Mrs. J. A. Lumbard attended the funeral of the wife of her brother George in York state.

Miss Seales of Massachusetts is being entertained by her sister, the milliner.

A game of foot ball was played by the Lewisburg High School team and Susq. Reserves on Saturday the score being 42-0 in favor of the reserves.

In the game between the regular team and the Phila. professionals was 34-0 in favor of Phila.

Mrs. Rev. J. E. Honeycutt of Chambersburg spent several days with Mrs. Amelia Wagenseller.

Mrs. Kate Wagenseller has gone Carlisle to visit her daughters.

Mrs. Pine is being entertained by Mrs. Forrester.

Mrs. Smith and Mr. and Mrs. Bowes of New York are visiting their parents, Dr. N. and Mrs. Kantner.

Work on the new Ladies' Dormitory building is being pushed forward.

W. A. Dreher made a business trip to Sunbury Monday.

Mrs. B. F. Gregory is visiting her son Forest at Williamsport.

Mrs. Major Robach is visiting her sister in Milton.

## The U. S. Government Tests Show the Absolute Superiority of Royal Baking Powder.

### GLOBE MILLS

Born Thursday to J. A. Smith and wife a son.

Jacob Benner visited his sister at Richfield over Sunday.

B. W. Yoder and lady friend were seen on our streets Sunday.

Mrs. W. L. Schroyer accompanied Thomas Deitrich and family to Lewisburg.

Mrs. B. F. Walter went to Sunbury to spend a week with her brothers.

Amos Gemberling and wife of Salem were seen on our streets Sunday.

Frank Bolig, wife and daughter of Selingsrove visited relatives at this place last week.

Effie Bolig and two lady friends of Selingsrove spent Sunday with her aunt Susanna Erdly.

Jefferson Hummel of Milton was doing business at this place Monday.

The teachers' meeting held at the school at this place Friday was well attended.

While hunting Friday Lawrence accidentally shot his hand. Dr. Herman was called dressed the wound and at present is doing nicely.

Mrs. Bickhart of Middleburg visited her father George Roush Saturday.

Amos Yarger and wife visited at Kreamer Sunday.

Born to G. C. Benfer and wife a daughter.

Mrs. E. Bollinger of Kreamer was seen on our streets Saturday.

Samuel Hummel of Beavertown was doing business at this place Saturday.

Miss Carrie Clark of Sunbury is spending a few days with her parents at this place.

Communion services will be held on Sunday the 17th at Zieher's church conducted by Rev. H. G. Schnable.

### Luck in Thirteen.

By sending 13 miles Wm. Shirey, of Walton Furnace, Vt., got a box of Bucklen's Arnica Salve, that wholly cured a horrible Fever Sore on his leg. Nothing else could. Positively cures Bruises, Felons, Ulcers, Eruptions, Boils, Burns, Corns and Piles. Only 25c. Guaranteed by the Midleburg Drug Store, Graybill, Garman & Co., Richfield, Pa., and Dr. J. W. Sampsell, Pennsereek, Pa.

### TROXELVILLE.

Our farmers are finishing up with their corn.

Our Supervisors are out doing their last work for this season by opening the gutters.

On Sunday evening the St. Luke's S. S. will hold their annual Luther Day Services.

Miss Annie Mattern who was supposed to have a touch of diphtheria is out again and had only a common sore throat.

A. W. Gill was to Beavertown and Adamsburg last Saturday.

The other day when 'Squire Getz was met by one of his neighbors, who asked the 'squire what had happened that he had cut his hand off. The neighbor taking this to be a fact by the appear ance of the hand being wrapped up in a sheet. The 'Squire had nerve enough to say "It is only a boil."

On Tuesday after a number of our citizens have voted, they will go to the Seven mountains hunting whatever they can find. They expect to stay a few weeks. I hope their trip may not be in vain.

Some of our boys who ought to be in school are out after cotton tails. This I think is a mistake. It certainly cannot pay and their parents should see to it and send them to school. It is the boys and girls who attend school regularly and study diligently that will occupy the highest positions while the rabbit hunters will have to tug and toil for their living.

### They are easy.—

If your liver feels good, you feel good. McNAM'S STOMACH AND LIVER PILLS tones the stomach, regulates the liver, makes life worth living. Best Pill, 25c gets them. Try them. WEST SIDE PHARMACY CO., 10-24 101. Batavia, Ill.

### DUNDORE.

There is nothing like good common sense in the affairs of life.

Our potato farmers are on the road to Klondyke.

Issac King and wife of New Berlin spent last Sunday with their old friends N. T. Dundore and wife.

Lizzie Barnard of Girardville is staying with Maria W. Dundore.

Minnie E. Eyer and her daughter Sara of Selingsrove called to see Lizzie Barnard and spent the day with her sister.

Our farmers are busy husking corn.

David Witmer and grand-daughter, Edith, of Salem spent Sunday with our merchant and family and called on George Campbell, who is convalescent.

George Kratzer built a corn crib for John S. Slater.

H. H. Reichenbach and George Campbell and John P. Wise are on the sick list.

H. K. Scholl, the horse doctor, is busy at present.

C. T. Dundore of San Diego is enjoying our mill Autumn.

Rev. Scarle preached last sabbath three edifying sermons.

N. T. Dundore is selling coal oil at 10c.

Our Supervisors have much unfinished work on hand.

J. H. Wise made a business trip to the county seat.

Jacob Kerstetter took a load of potatoes and corn to Selingsrove.

H. F. Blessing is supplying the poor house with potatoes.

Joel Shafer, an inmate of the poor house; was in town.

This week's Post will be greatly demanded to get the result of the election which will be 7 for Judge McClure 3 for Leiser 1 for Crouse.

H. B. Reichenbach has returned home to spend the winter with his parents.

F. E. Bower of Lewisburg was seen on our streets.

Clayton Neitz who was accidentally shot while out hunting for ducks, was buried last Sabbath at the Witmer United Evangelical Cemetery, and he was a promising boy of eleven summers and an attentive scholar at Sunday School.

There are some fresh cows for sale among our farmers but there is a good demand for shoates.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought.

Bears the Signature of *Dr. J. C. Ayer*

"'Twas New to Ferdinand. Columbus rose. The fateful egg had just been broken, and the courtiers with wonderment the skill of one who seemed by his sheer nerve to conquer natural law."

"That is the way you do it?" said the king. "You take the egg, and whack it down, compactly!" Columbus smiled, and, bowing, made response: "That, royal highness, is the trick, exactly!" —Chicago Journal.

### Did You Know This?

Do you know that a neglected cough or cold leads to consumption? More people die from the effects of catching cold than from any other known cause. There is one remedy, and remember it only costs twenty-five cents, that has proven a safe, unfailing cure for coughs and colds. It is called Mexican Syrup. Your druggist has it or will get it for you. It heals and strengthens the breathing passages, when nothing else you take seems to do you good had better get a bottle to-day and read the testimonials on the wrapper.

### Have You Worms?

Are you growing thin and sickly? Has your skin a pale or swollen tinge? Do you not occasionally feel a hollow sensation in the pit of your stomach, or a queer distress in your bowels? Do you get easily vexed, nervous or fidgety? Probably you are nourishing some stomach worms, a lengthy tap worm, or else a thousand pin worms that are devastating your entire system. You can expel them by taking Mother's Worm Syrup. Nothing else is so effective.

### Better Health.

Better health always follows a use of Mexican Root Pills, simply because they cleanse the system of sickening and effete matter so thoroughly and completely. It is a sin to remain constipated when Mexican Root Pills only cost twenty-five cents a box.

### The Best Pain Cure

Is one that is absolutely safe and sure and that taken internally will cure cramps and colic, or applied externally will reduce swellings and subdue pain. Gooch's Quick Relief does this in a half-dozen minutes.

### Want to be Pretty?

Then purify your blood by taking Gooch's Sarsaparilla, the best of all blood medicines.

Five-Line Cures Piles. Money refunded if ever fails. ANTI-ACNE cures Chills and Fever.

### SCHNLE.

C. H. Woodruff is spending several days at the home of his mother.

Jacob G. Kessler returned Thursday to Benton Harbor, Michigan, having spent ten days at this place visiting his parents and friends.

Mrs. Carrie Erdley of Kantz was entertained by Mrs. F. C. Fisher, Sunday.

George Witmer Jr. was to Phila. Saturday playing as center for S. U. in the in the Susquehand University and Philadelphia Pros. foot ball game.

A party was given in honor of J. G. Kessler Wednesday evening at the home of his parents.

Misses Della Moyer and Mabel Kuster and H. A. Gemberling were to Freeburg Thursday as delegates to Freeburg S. S. Convention.

The Brouse property was sold Oct. 31, to John Kinney for \$1530.

### PAXTONVILLE.

Mrs. W. D. Gift accompanied by her brother, Allen Bowersox, were to Williamsport several days visiting Mrs. Gift's son, Rev. F. U. Gift.

Frederick Reigle and wife of Vicksburg, Union county were here visiting Mrs. Reigle's sister, Mrs. Mary Howell and Mrs. John Ernest.

Mary Romig of St. Clair spent several days here visiting some of his intimate friends.

B. F. Heimbach and wife of New Berlin were visitors in town Saturday.

Fred Specht is in Lewistown being sent there from this division as foreman of a gang of section men.

Miss Maude Gift spent Saturday in Middleburg.

J. L. Beers & Sons of Swales delivered a bell to this place, Saturday for Hassinger's school house.

Your scribe made a business trip to Sunbury, Saturday.

In the absence of Rev. Joshua Shambach, who was to preach here Sunday night, Prof. F. C. Bowersox delivered an able address.

### WEST BEAVER.

Judge Bucher's son of Lewisburg paid this end a visit last week looking up votes, for A. A. Leiser candidate for Judge. The supposition is his friends are not as numerous as rotten potatoes.

Wm. Weiland of Millfin county paid a visit Sunday to his sick father, Michael Weiland, who is lying dangerously ill at this writing.

Mrs. Levi Treasurer of Millfin county spent Sunday with Mrs. W. Peter at Lowell.

Miss Will was a guest of Miss Jane Nerhood Sunday.

Some of our candidates are looking up their friends for next spring's campaign. Don't you think you are a little late?

Up-to-date Robert Goss has the largest hogs in the township as far as known. He expects 900 lbs. of meat out of two hogs.

Galen Goss and family of McClure spent Sunday with his father Rob Goss at Lowell.

Mrs. Johnny Wagner and daughter was a visitor Sunday at Mrs. L. A. Jankins, of Lowell.

Mrs. George Hanbrick and son of Lewistown, spent Sunday with her mother, Sophia Treasurer.

Robert Goss took off over 500 bushels of corn from 5 acres. That accounts for his big hogs.

Jacob Erb was not expected to live one night last week. He is subject to sinking spells.

### STATE OF OHIO, CITY OF TOLEDO, LUCAS COUNTY, ss.

FRANK J. CHENEY makes oath that he is a senior partner of the firm of F. J. Cheney & Co., doing business in the city of Toledo, county and state aforesaid, and that said firm will pay ONE HUNDRED DOLLARS for each and every case of catarrh that cannot be cured by the use of Hall's Catarrh Cure.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 16th day of December, A. D. 1886.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO. Toledo, Ohio. Sold by Druggists, 75c. Hall's Family Pills are the best.

### CENTREVILLE.

There will be a teachers' meeting held in Centreville Intermediate school room Friday evening Nov. 15. All lovers of the grand work are cordially invited.

The people on Tuesday were seen going to the voting precinct to elect the officials they thought best.

The Institute at Ware's school house was largely attended Friday evening. Dr. Gobbe was among the speakers.

Ira Keister is visiting Abraham Kuhns.

The hunting season has opened and every body seems to take the opportunity and the prey seems to become scarcer, not only in the six days of labor. Remember the ten commandments and keep them holy.

H. A. Hackenberg came home on Saturday from Montandon where he had been working at his trade.

When a reliable concern of 35 years' standing offers its product direct to the user under a positive guarantee, there is no good excuse for buying adulterated goods unattended by a guarantee of any kind. See the advertisement of the Hayner Distilling Co., which appears in this issue.

### MT. PLEASANT MILLS.

Farmers are about through husking corn.

Halloween was pretty well observed at this place.

Mrs. Frank Randals of Sunbury spent a few days at Jonathan Troup's.

Jonas Meiser of Montandon spent Sunday in town.

Augustus Mengel and wife of near Selingsrove spent Sunday in town.

George W. Wagenseller Editor of the Post was in town Saturday.

Some of our people attended the auction at Meiserville, Saturday evening.

S. I. Romig, who was working near Pottsville returned home last week one day.

Rev. H. M. Troutman and family moved to Piqua, Pa., where he has a charge.

A hunting party of Sunbury, spent several days in this locality hunting last week.

## Dark Hair

"I have used Ayer's Hair Vigor for a great many years, and although I am past eighty years of age, yet I have not a gray hair in my head." Geo. Yellott, Towson, Md.

We mean all that rich, dark color your hair used to have. If it's gray now, no matter; for Ayer's Hair Vigor always restores color to gray hair. Sometimes it makes the hair grow very heavy and long; and it stops falling of the hair, too.

50c a bottle. All druggists. If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

### UNION TOWNSHIP.

Francis and Harry Aucker were visiting their brother, Edwin, at Danville over Sunday.

Epoch Aucker and wife spent Sunday at Richfield.

Levi and Christ Stahl were visiting among friends at Shamokin a few days last week.

Mrs. E. S. Stahl was mingling among friends at Sunbury.

Mrs. Elmer Naugle entertained some lady friends from Sunbury last week.

Ben Rhanstine of Selingsrove is a frequent caller in our section of late.

Our farmers intend to finish sowing, and husking corn this month.

William Stahl, a civil war veteran, is numbered among the sick.

Sunday hunting is getting new in our section.

A party from Selingsrove were in our section after rabbits one day last week. After firing twenty shots at one rabbit and the last time they saw him, he signaled O. K. They left for home.

A number of horses are sick here.