

"Florida and Metropolitan Limited"
BY THE SEABOARD AIR LINE RAILWAY
 "Florida and West India Short Line"
 TO THE
 Winter Resorts of the South.
 The only Line Operating Daily Trains to Florida.

Effective Jan. 14th, the Seaboard Air Line Railway, the only line operating daily limited trains to Florida, will put on its magnificent new train, "Florida and Metropolitan Limited," solid from New York via Philadelphia, Baltimore, Washington to Richmond, Raleigh, Columbia, Savannah, Jacksonville and St. Augustine. Connections at Jacksonville for Tampa and all Florida points, and at St. Augustine for the East Coast. This train also carries Drawing Room Sleepers, Car New York to Atlanta, Leaves Boston 12:00 a. m., New York 12:55 p. m., from 23rd Street Station, Pennsylvania Railroad, Philadelphia 3:22 p. m., Baltimore 5:45 p. m., Washington 6:55 p. m., arriving at Southern Pines, N. C., 8:56 a. m., Columbia, S. C., 10:00 a. m., Savannah, Ga., 12:22 a. m., Jacksonville 3:20 p. m., St. Augustine 5:00 p. m., Tampa 6:30 a. m., Charlotte 9:51 a. m., Atlanta 4:31 p. m. Connections are made both at Miami on the East Coast and Port Tampa on the West Coast for Key West and Havana. The "Florida and Metropolitan Limited" is luxuriously equipped in every respect, with Pullman Drawing Room, Comfort Car with Drawing Rooms and State Rooms, Observation Car, three Day Coaches and unequalled Pullman Dining Car service.

For further information, call on our representative of the Seaboard Air Line Railway at 206 Washington Street, Boston, Mass., 1206 and 371 Broadway, New York, 30 South Third Street, Philadelphia, 297 East German Street, Baltimore, 1434 New York Ave., Washington, or to R. E. L. Burch, General Passenger Agent, Portsmouth, Va. —17-33

Cured of His Conceit.
 Writes—Briefly used to boast that he never saw a wife he couldn't break. Fy-fay—And doesn't he now? —Town Topics.

Charley Had Had Experience.
 Amy—A man should always wait for a lady to sit down before seating himself.
 Charley—Unless there is only one chair in the room.—Stray Stories.

Expansive and Exclusive.
 "What is this social struggle we hear so much about?"
 "It is partly getting in yourself and partly keeping other people out." —Chicago Record.

Dark Side of Life.
 Mrs. Crimmonbeak—Why is it, John, that the poets always burn the midnight oil?
 Mr. Crimmonbeak—Oh, I suppose they are ashamed to be seen writing such stuff in the daytime.—Yonkers Statesman.

Triumphs of Civilization.
 Mrs. Crimmonbeak—In their native state the Indian men wear lots of feathers, while the women do not.
 Mrs. Crimmonbeak—After they are civilized the women wear the feathers and the men do not.—Yonkers Statesman.

The Revised Version.
 Whatever proverbs may declare,
 We haven't any cash to spare,
 And he is our best friend indeed
 Who never is a friend in need.
 —Chicago Record.

BIRTHDAY CHOICE.



Swell Boy—I'm going to have my choice between a bicycle and a gun.
Common Boy—Bully gee, ain't that great? Mr mudder's goin' to let me choose 'twixt 'em 'vaxinated and havin' a tooth drowed.—Detroit Free Press.

So It Is.
 This is quite paradoxical,
 But it goes, if you please;
 'Tis a cold day for plumbers
 When the pipes don't freeze.
 —Chicago Daily News.

Shoving Him Off.
 George—'I'm afraid Ethel doesn't love me any more.
 Jack—What makes you think so?
 George—Last night she introduced me to her chaperon.—N. Y. Weekly.

The Only Kind.
 Lucy—When I marry, it will be a brave hero who fears nothing.
 May—Yes, dear; I am sure you will never wed any other kind of a man.—N. Y. World.

The New Feminine Walk.
 "Isn't Marie graceful?"
 "Very. When she walks she looks as if she would fall over on her nose."
 —Chicago Record.

From the Country.
 "Gosh!" said Uncle Hayseed, "I've heard of purty tough hens, but them bricklayers I heard of in the city must beat 'em all!"—Harlem Life.

Not to Blame.
 "Babbert is an awfully poor judge of whisky, isn't he?"
 "Yes, he inherits it. He comes from a long line of druggists."—Life.

SCHOOL AND UNIVERSITY

President David Stewart, of Lehigh University, says that he believes that the education of the future of this country will be given at the universities than at any other place.

Rev. F. W. Hinitt, Ph. D., has been selected for the position of president of Parsons college. He has served Presbyterian churches in Warrensburg, Mo., and Ottumwa, Ia., and is regarded as one of the rising divines of his denomination. He graduated from Yorkville theological seminary in 1892.

Bishop Charles R. Hale, of Cairo, Ill., is said to be one of the most learned men in the Episcopal church. When an undergraduate at the University of Pennsylvania he was associated with Henry Morton, now president of the Stevens Institute of Technology, in translating and publishing the inscriptions on the Rosetta stone.

By act of the continental congress, passed in 1785, one-thirty-sixth part of all the public lands belonging to the United States were set apart perpetually as an endowment for the public schools of the country. Under this and succeeding acts 71,000,000 acres have been granted during the century for the support of public schools and 1,165,000 acres to universities and colleges.

St. Peter's Protestant Episcopal church, Pittsburgh, will be torn down and rebuilt in another location. The present location of the church is too near the business section of the city and suffered a loss in membership in consequence. A new location has been acquired and the congregation will resume its worship in the rebuilt temple as soon as the contractors can complete their work.

John Summerfield Berry, who died a few days ago in Baltimore, was for many years a lay delegate from the Baltimore conference to the general conference of the Methodist Episcopal church, and he had served as treasurer of the board of stewards of the Baltimore conference. He was also president of the board of managers of the Home for the Aged of the Methodist Episcopal church and was interested in many charities.

Reuben C. H. Thompson, a Harvard student, who comes from Albany, Ore., is making a record for economy in his endeavors to obtain an education. Thrown upon his own resources, he has been acting as waiter in the students' dining hall and he has lived for a year on a diet which averages 15 cents for three meals a day. He has grown stout on this diet, has earned a scholarship by his attention to his books and promises to rank as one of the highest in the graduating class next June.

MARRIED MEN LONG LIVED.

Statistics Show They Have a Longer Tenure on Earth Than Bachelors.

Do married men live longer than single men? Fortunately something substantial is available as a reply, says the Insurance and Finance Chronicle. Thirty years ago the British government appointed a royal commission on the law of marriage. Statistics were not then so fully compiled as at the present day, but the commission succeeded in bringing out of what they possessed some astounding conclusions regarding the influence of marriage on the death rate. Dr. Stark, the registrar general for Scotland, discovered that the death rate of married men and widowers was a great deal lower than that of unmarried men, and that, although the death rate of the married and unmarried differed to some extent in various countries, the relative proportions generally approximated to the rates found in Scotland. The under-noted figures exhibit the yearly mortality per 1,000 and have been confirmed by a wider than Dr. Stark's range of statistical inquiry:

Ages.	Husbands and widowers.	Unmarried.
25-30	6.76	12.31
30-35	8.23	14.94
35-40	8.85	15.94
40-45	11.67	18.32
45-50	14.07	18.32
50-55	17.04	21.18
55-60	19.54	25.34
60-65	23.14	28.54
65-70	25.93	41.54
70-75	32.93	60.21
75-80	51.56	102.71
80-85	117.76	167.94
85-90	172.40	272.40

That is to say that out of 100,000 husbands and widowers from 40 to 45 years of age 1,047 die each year, as compared with 1,835 unmarried who die out of a similar number. The difference is greater at the earlier ages. Dr. Stark's comment on the result of his inquiries is that "bachelorhood is more destructive to life than the most unwholesome trades or than residence in an unwholesome house or district where there has never been the most distant attempt at sanitary improvements of any kind." This conclusion may be too sweeping. In the first place, the difference between married men and men who are fitted for marriage—who together represent the insurable class—is not recognizable. It must also be said that the ranks of married men are filled from among the healthier and stronger portion of the community. Men engaged in unhealthy trades, men living drunken or irregular lives or those who are in depressed circumstances in relation to health or means are likely to remain single. There is, therefore, a material difference in the death rate apart from the question of marriage. The figures in the tables must be read with these modifications.

A Rapper.
 Cassidy—Shure me woife hez bought a new wrapper!
 Casey—I thought she'd bushit that old shrove-lifter th' way she belted ye wid it.—Ligger.

SUNDAY SCHOOL

By the Rev. W. H. ...

... the high priest ...

... the high priest ...

... the high priest ...

... the high priest ...

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... the high priest ...

Trembling Nerves

Are hungry nerves—nerves that are starved until they have no vitality left. They have lost all power to regain their natural strength and steadiness. You who are restless, nervous, fidgety, depressed in spirits, worried, worn-out and sleepless, should feed your nerves. Build them up and give them new life and strength before they fail you entirely. Now is the time to do it, and the best food you can use is

"My daughter was so nervous that she trembled all the time, and at night she was so restless that she slept but little, frequently twitching and jerking while asleep. She had been growing worse for some time when we began giving her Dr. Miles' Nervine. The first night she rested well, and five bottles made her nerves as strong and steady as they ever were."
 MRS. G. M. GRIGGS, Grafton, Cal.

Dr. Miles' Nervine.

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 MIDDLEBURGH, PA.
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The New-York Tribune

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