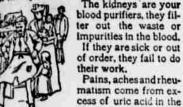
Over-Work Weakens Your Kidneys.

ahealthy Kidneys Make Impure Blood.

All the blood in your body passes through kidneys once every three minutes.



their work. Pains, aches and rheumatism come from excess of uric acid in the blood, due to neglected

If they are sick or out

of order, they fail to do

Kidney trouble causes quick or unsteady t beats, and makes one feel as though ey had heart trouble, because the heart is ever-working in pumping thick, kidneyeisoned blood through veins and arteries. It used to be considered that only urinary bles were to be traced to the kidneys, now modern science proves that nearly constitutional diseases have their begining in kidney trouble.

If you are sick you can make no mistake first doctoring your kidneys. The mild d the extraordinary effect of Dr. Kilmer's wamp-Root, the great kidney remedy is on realized. It stands the highest for its enderful cures of the most distressing cases

md is sold on its merits wall druggists in fifty-ent and one-dollar siz-s. You may have a mple bottle by mail Home of Swamp-Root. ree, also pamphlet telling you how to find at if you have kidney or bladder trouble. ntion this paper when writing Dr. Kilmer Co., Binghamton, N. Y. *

DTWARD	n effect May 28, 19 stations.	EASTW	ALD
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Address,

am, 10 13 a.m., 110 o.m., 130 p.m. 5 42 p.m., 7 57 apm, for Altoonn, Pittsburg and the West, tr Estimore and Wastington 9 33 a.m. 1 52 (33, 810 p.m. For Philadelphia and New 8 688 9 33 a.m., 1 62 1 33 4 33 and 1116 p.m. For Manuel Documents iru > 10 p 19

Philadelphia & Erie R R Division. NORTHERN CENTRAL RAILWAY

WESTWARD. in I aves Soliosgrove Junction datly to n, 12 58 p m, 5 30 p m.--Sanday 9 25 a m,

tre Sunbury daily except Sunday: by B -ff do, Erie and Canandaigun or Bellefonte Erie and Canandaigun or Look Hayan Strong and the We or Bellefonte Erie and Canatonic at for Bolt Ray and Friedrich and Canat calculates the Tyrohe and Canat calculate Friedrich Bolt Elmira a for Williamsport

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955 a m 2 00 and 5 48 p m for Wlikesand Hazelton m 10 10 a m, 2 05 p m, 5 45 p m for Shamo-

ay 9.55 a m for Wilkesbarre

FEMININE FRILLS.

New Ideas in Dress Introduced with Costumes of the Season.

Some of the hats to be seen in the Name. shops do not look like anything else so much as the tops to baby carriages. They are low, lace-covered, with a wide. Benter, Moses, hanging frill of lace over the edge. Almost everything in the way of a hat is large, says the New York Times. The little white embroidered handkerchief stocks are pretty and serviceable, and a girl can make for herself any number of them. They have the handkerchief effect, but they can be made of Hamburg of a suitable design-simple little straight pieces to | Miller, Charles Jr., go around the neck and fasten at the back. More of the Hamburg can be sewed together into a square, bunched together into a bow and sewed in place with a few stitches. It is easily laun-Smith. Jacob, dered at home, and it is no trobule to rip the bow to pieces and put it in

shape again. For the women with short necks who Urich, Reuben, Photographer, wear no stocks there are soft, straight pieces of silk, caught together once at the back, with a little shirring again on each side, and brought around the neck of the gown and fastened with a little clasp, pin, or bow, the ends hang- Atti ing half way to the waist, and finished Ast. in one of the many popular ways, with Arts lace or fringe or hemstitching. There are innumerable ways of dressing the Ben neck. There can only be an individual 1695 style when one is adopted and made Bick her own by some one woman. The bell sleeve, which is seen so fre-Gart quently, is pretty and comfortable with Gatt

the neglige gown. The undersleeve, Gen worn with a light gown for morning | Gray wear, with a turned-back embroidered | Gos or lace cuff to the bell-shaped sleeve, Hetis particularly pretty. Undersleeves HIR suggest in some way the house gown. Hatt A charming mourning gown is made Han Her of crape, with peau de soie. The skirt Had is simply made of the crape in long. Kre soft lines and fitting snugly over the KIII hips. The bodice is more elaborate. The hodice proper is of the crape, gath Lepi cred with a little pouch at the waist Men line, which is low in front. There is Mos a pointed yoke effect of embroidered Men peau de sole, which also covers the top Port of the sleeves. The scrolled edge of Pats the yoke opens, vest fashion, in front. Row and inside of the edges is a little inner | Reh vest effect, made with folds of white R an lisse. The peau de sole forms a yoke | sch in the back, at the lower edge of which Sim is a fringed scarf of crepe de chine, Shat which passes around the shoulders, outlining the deep point in front, and the two ends fasten with a knot in the Snye center, from where hang long fringed shra ends some distance below the waist. Wer The collar is a plain stock, the lower Wal half of the crape and the upper of the Was Wei white lisse. The scarf is caught here and there to give it a draped effect. Woo Nasturtiums as flowers are not fre-

quastly star in millinery, but they areto be seen occasionally. There are many women who are devoted to their deep, rich colors, and they are kept in the mifliners' supplies on purpose for them. The nasturtium is not an inexpensive flower, and it does not wear over well, for it is apt to curl in the dampness, but it has its devotees, notwithstanding. It is one of the most natural of artificial flowers. Wall flow-

Jury List.

List of Grand Jurors drawn for the Court of Oyer and Terminer and General Jail delivery and Court of Quarter Sessions of the Peace of Snyder county held at Dec. Term, commencing Monday, Dec. 10, 1900.

GRAND JURORS. Occupation. Residence. Artogast, Harvey, Farmer, Jackon Amatada, Sweila. Adams Spring Bowersox, Phares, Carpenter, Centre Blecker, Philip, Coachmaker, Selinsgrove Fiss, George, Gentleman, Montoe Fetteroif, John A., Farmer, Adams Flanders, Sylvester, Usion Hackenburg, Harrison, * Centre Kessler, Jostah, Engineer, Selinsgrove Kearns, John, Coachmaker, Beaver Long, samuel E., Carpenter, Mitterling, Abraham, Farmer, West Perry Musser, James G., Laborer, Middlecreek Rice, John, Farmer. Chaj man Reichenbach, Thomas, ' Swartzlander, Emanuel, Farmer, Washington Shrader, Frederick. Laborer, Sellingrove

Peni

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Penn Stuck, Philip, Farmer, Perry Schroyer, Loyd, Teacher, Sellisgrove Spangler, Win , Laborer, Union Penn PETIT JURORS.

List of Petty Jurors drawn for the Court of binnos Piens, court of Quarter Sessions of the bases Court of Over and Terminer and General all belvery of Suyder County, Pa., heid as belvery of Suyder County, Da. Dec

Term, comm	encing bee, 10, 1	900.
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and, Isaac, F	armer,	West Beav
and, John,	Beav	
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wray, William, Farmer, Franklin IN COMBINATION WITH THE POST. We give below some clubbing

combinations with the Post. The rates quoted are very low.

The Farm Journal, monthly, for almost five years and the Middleburg Post one year, paid in advance, \$1.00

SCROFULA The Blighting Disease of In many respects Scrofula and Consumption are alike ; they develop from the same gen-

eral causes, both are hereditary and dependent upon an impure and im-

povished blood supply. In consumption the disease fastens itself upon povisited blood supply. In consumption the disease fastens itself upon the lungs; in Scrofula the glands of the neck and throat swell and supparate, causing ugly running sores; the cycs are inflamed and weak; there is an almost continual discharge from the ears, the limbs swell, bones ache, and white swelling is frequently a result, causing the diseased bones to work out through the skin, producing indescribable pain and suffering. Cutting away a sore or diseased gland does no good; the blood is poisoned. The old scrofulous taint which has probably come down through several generations has polluted every drop of blood.



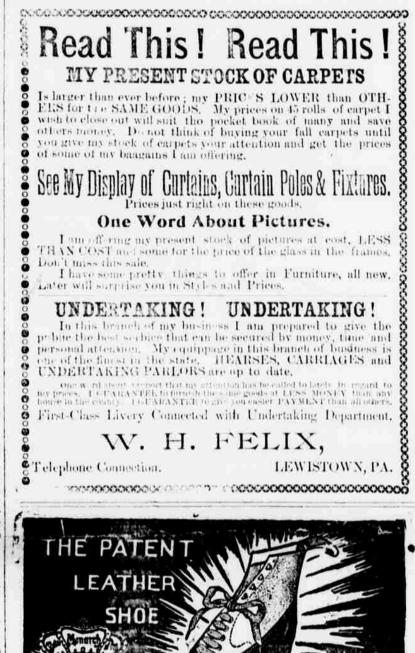
Scrofula requires vigorous, persistent treatment. The blood must be brought back to a healthy condition before the terrible disease can be stopped in its work of destruction. Mercury, potash and other poisonous minerals usually given in such cases do more harm than good; they rain the digestion and leave the section.

S. S. S. is the only medicine that can reach deep-seated blood troubles like Scrofula. It goes down to the very roots of the disease and forces every vestige of poison out of the blood. S. S. S. is the only purely vegetable blood parifier known. The roots and herbs from which it is made contain wonderful blood properties, which no poison, however powerful, can Penn.

SAVE THE CHILDREN. your child has inherited any blood taint, don't wait for it to develop, but begin at once the use of S. S. S. It is a fine tonic and the bilder is a precise of the set of the se

children. children. When my daughter was an infant she had a severe case of Scrofula, for which she was under the con-stant care of physicians for more than two years. She was wrise at the end of that time, however, and we almost desparted of her life. A few bothese of Swift's specific cured her completely, as it seemed to go direct to the cause of the trouble. I do not believe it has an equal for stubionic cases of blood disenses which are beyond the power of other so-called blood remedies. S. L BROGES, Monticello, Ga. Our medical department is in charge of experienced physicians who have made Scrofula and other blood diseases a life study. Write them about your case, or any one you are interested in, Your letter will receive prompt and careful attention. We make no otherse what over for this.

no charge whatever for this.



Address, THE SWIFT SPECIFIC COMPANY, ATLANTA. GA. The Latest Malady.

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"My little sister" got or new doll <u>"stisserequor</u> no*w* encoupe fo**w** "My mudder's got er new doll wot spendes woder der press if en not?" -N. Y. Journal.

They Killed Illim.

Unwept inchemissed and mannage, Upon the bold he died. Poor universal the way right, against The home beam to decide. "Unitadelphic Press.

Und the Deadwood on Illm. "It is true, ma'am, that I owe you for four weeks' board, so-called." "You do, Mr. Harris, and you will do some planking down, so-called, before you get any more of it."--Chicago Tribune.

An Ensy Job.

"What is Smith doing now?" "He is traveling with a circus," "Pretty hard work, isn't it?" "No; he has nothing to do except to stick his head into the lion's mouth twice a day."-Tit-Bits.

EASTWARD.

Trains leave Selinsgrove Junction a m, d a 11 y arriving at Phil-delphia a New York 5.52 p m Baltimore 5 11 p m

Yew York York of Sunbury: Trains also leave Sunbury: Idaily arriving at Philadeldhia 6.52 a m. wf33 a m. Washi giton 7.45 a m. New Sam. Weekdays, 10.35 a m. Sundays, m. week days arriving at Philadelphia a. New York 2.33 p. m. Baltimete 11.55 subsecta 1.00 p. 10. competa ar were ee. RIS EX-US FOR S. oye.1 can ar special Sington i 00 p m. s. week days arriving at Philade'phia New York 930 p m. Baitimore 6 00 p m ton 7 15 p.m. discloave Sunbury at 950 a.m. and 5 25 m. for Harrisburg, Philadelphia and BE SEE

1. R. W(1010, Gen'l Pass Agent ETCHINSON (Jen'l Manager,

MINISTRATRIX NOTICE. Lets of Administration in the es-beodore Erdisy, late of Franklin two, Co. Pa., dect., having been grant-se understaned, all persons knowing "sindebued to said east a per requested immediate payment, while those having out them duly authenticated to

> U.LA ERDLEY, Administration, 5 All'y, Paxotny fle, Pa. gp, Pa., Oct. 1, 1990.

OR'S NOTICE --Notice is hereby that letters testamentary upon the Thomas Wise, late of Centre. Snyder County, Pa, deceased, have d'in due form of haw to the under-whom all indebted to said estate also immediate payment and those instagainst it should present them entimated for settlement. SMUEL IL STHOUB, Excentor, 4, Pa., Oct. 11, 1900.

haracter, to vivania, fot wholsesair nesty, more erence, any dressed and hird Floot, 9-13-161 TRIX'S NOTICE .- Notice is hereby a that letters testamentary upon the es-samel Branner, late of Centre Two, Camity, Pa., deceased, have been issued arm of law to the undersigned, to whom bled to said estate should make imme-rment and those having claims against d presenthem doly authenticated for ut. ELIAS BRUNNER, Executor. Book, Pa., Oct. 11, 1900. Descri7

he family TOR'S NOTICE .- Notice is hereby able S NOTICE.—Notice is hereby that letters testamentary upon the es-sumuel Arbogast, dec'd, of Perry twp , and the state should make imme-ment and those having claims against present them duly authenticated for at. GEO. F. BRORIUS, Executor, and Mills, Pa. Oct. 11, 1909. it to-day. o baking ocl. Fla-perry and



STAR CHEMICAL CO. Square, PHILA., PA.

ers are more easily found and come in the same rich colors, but they are not so attractive.

New York 3:53 p.m. Baltimore 3:17 p.m. United and the provided at the provide

How Mrs. Pinkham

HELPED MRS. GOODEN.

[LETTER TO MRS. FINENAM NO. 12,743]

"I am very grateful to you for your

kindness and the interest you have

taken in me, and truly believe your

medicines and advice are worth more

to a woman than all the doctors in the

world. For years I had female troubles

and did nothing for them. Of course

I became no better and finally broke

down entirely. My troubles began

with inflammation and hemorrhages

cided to let doctors and their medicine alone and try your remedies. Before the first bottle was gone I felt the effects of it. Three bottles of Lydia E.

Pinkham's Vegetable Compound and a

package of her Sanative Wash did me

more good than all the doctors' treat-

"The first remark that greets me

now is 'How much better you look!' and

you may be sure I never hesitate to tell the cause of my health."-Mus. E. J.

A Question of Cordiality.

Mamma-I was surprised, May, at

your lack of cordiality in greeting

Daughter-And I, mamma, was sur-

prised at the effusive way in which you said good-by .--- Philadelphia Rec-

Just to Keep Him Down. Mrs. Witherby-Good gracious! how

did you come to get so many new

gowns? Why, you don't need them, do

Mrs. Von Blumer-Oh, no. But I ac-

cidentally discovered that my husband

was out of debt .- Town Topics.

ments and medicine.

GOODEN, ACKLEY, IA.

Mrs. Longstay.

ord.

you?

and inflammation of ovaries.

them.

The Farm Journal is one of the best agricultural papers published. It con-tains from 32 to 10 pages each month and treats of every subject of interest to the farmer, laborer and working man. The New York Tri-Weekly Tri-

oune and the Middleburg Post, one year, paid in advance, only \$1.75.

The Tri-Weckly is published Monday, Wednesday and Triday, reaches a large proportion of subscriters on date of issue, and each edition is a thoroughly up-to-date daily family newspaper for busy people.

The New York Weekly Tribune and the Middleburg Post, one year, paid in advance, only \$1.25

The Weekly Tribune is published on Thursday, and gives all important news of nation and world, the most reliable market reports, unexcelled agricultural department, reliable general informa-tion and choice and entertaining mis-celany. It is the 'people's paper' for the entire United States, a national fam-ily paper for farmers and villagers.

The New York Tri-Weekly World and the Middleburg Post, one year,

paid in advance, only \$1.65. The Tri-Weekly World comes three times a week, is filled with the latest news of the country and is well, worth the price asked for it.

from the kidueys, then inflammation, The Practical Farmer, one year, congestion and falling of the womb and the Middleburg Post, one year, paid in advance, \$1.50. Both of "I underwent local treatment every the above papers and the Practical Frank S. Riegie, day for some time; then after nearly two months the doctor gave me permission to go back to work. I went back, tural Almanae for 1900, paid in

but in less than a week was comadvance, only \$1.65. pelled to give up and go to bed. On breaking down the second time. I de-

The Practical Farmer is one of the best form papers published, issued weekly, at \$1.00 year. The year book contains 100 pages in which there is a fund of in-formation that is useful to the farmer. The price of this book alone is 50 cents, and the Year Book for only \$1.55,



PFREINCOER FREIMABIDY produces the above results in 30 days. It sets powerfully and quickly. Cures when all others fail. Young men will recover their youthful vigor by using REFUVO. It quickly and surely restores Nervous-ness, Lost Vitality, Impotency, Nightly Emissions, Lost Fower, Failing Memorr, Wasting Diseases, and all effects of solf-abuse or excess and indiscretion, which units one for study, business or marriage. It not only cures by starting at the seas of disease, but is a great nerve tonic and blood builder, bring-ing back the pink glow to pale checks and re-storing the fire of youth. It wards of Insanity and Consumption. Insist on having REVIVO, no other, It can be carried in vest pocket. By mail 81.000 per packase, or ait for 85.00, with a posi-tive written gnarantee to cure or retund the moary. Circular free, Address Royal Medicine Co., Chicadoo, all. Loor scale in Middleburgh, Pa., by

For sale in Middleburgh, Pa., by MIDDLEBURGH DRUG CO



No matter how handsome the attire, the stylish appearance can be spoiled by a pair of shoes that are not in keeping with the clothing.

No shoe on earth, at whatever price, can equal a MONARCH PAT, the only patent leather shoe made that is guaranteed not to "break thro". Why pay \$5.00 for an inferior patent 16 other show when you can buy from almost any dealer a 1 dr of MONARCH PATS for much less? If your dealer doesn't keep them we will gladly send a sample pair, your size, prepaid, for \$3.75. Address 😥 🖓 MONARCH SHOE CO., ' 137 DUANE ST., NEW YORK.

TO DEALERS: MONARCH PATS are strictly high grade paten leather shoes-the only guaranteed patent leather shoes made.

They always please the wearer and will do you good. Write for particulars to-day.



The Curds Are Out.

She-But you know the advice given to people who contemplate matrixing -"Don't!"

The Lover-Yes; but the man who wrote that never saw you!-Puck.

Fletion 10 Off.

He- Well, for my part, 1 like a pleture that tells a story. She-Mrs. Witherby's portrait ought to suit you, then. It makes her positively handsome .- Tit-Bits.

A Trial.

He-Do you think you could learn to love me in titue?

She-Well, I don't know. You might come around to-marrow night .- Detroit Free Press.

Wasumeren, D. C

Genessee Pure Food Co., Leroy, N. Y.:

"Gentlemen:-Oar family realize so much from the use of GRAIN-O so much from the use of Grant to in-duce others to use it. If people are interested in their health and the welfare of their children they will use no other beveries. I have used use no other beverage. I have used them all, but GRAIN OI have found superior to any, for the reason that it is solid grain. Yours for health,

C. F. MyERS.

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