## Does Your Baking Powder Contain Alum？

## Prof．Geo．F．Barker，M．D．，University of

 Penn．：＂All the constituents of alum remain （from alum baking powders）in the bread，and the alum itself is reproduced to all intents and purposes when the bread is dissolved by the gatric juice in the process of digestion．I r gard the use of alum as highly injurious． Dr．Alonzo Clark：＂A substance（alum） Which can derange the stomach should not be rated in baking powder．Prof．W．G．Tucker，New York State Chemist：＂I believe it（alum）to be decidedly injurious when used as a constituent of food

Prof．S．W．Johnson，Yale College：＂I rd their（alum and soluble alumina salts） oduction into baking powders as most dan－ ous to health．＇

In view of such testimony as this， every care must be exercised by the housewife to exclude the over and over condemned cheap，alum baking powders from the food．




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