Heat as a remedy and also as a preventive for this dreaded disease is entirely reliable. This is not a mere theory, for it has been for many years thoroughly demonstrated. There are various methods of applying it, but the higher the temperature the better, says L. P. Haskell, in Hinsdale (Mich.) Beacon. If access could be had to the Turkish bath, that would be preferable, as its high temperature of dry heat is far more potent as a remedial agent than moist. The next best method is the use of the ordinary bath cabinet. Next in order is the old-fashioned "corn sweat." Take a half bushel of corn in the ear, bring to a boil, and cover the patient with a sheet, pile the corn all over from feet to the neck, then cover with blankets and quilts. Have a good fire in the room. After a half hour or more, wipe off with tepid water, dry and place in bed. Renew this daily. A now noted physician in Chicago, upon his graduation from the medical college about 20 years ago, went into the office of a country physician, and during the first winter scarlet fever was very prevalent. He had under his immediate care 20 or more scarlet fever patients, whom he treated by this method, his attention having been called to it by an old physician a year previous. Their recovery was rapid and without any of the unfortunate sequels of this disease affecting the eyes, ears, etc. This physician related the facts soon after.

Heat for Scarlet Fever.

Some attention was recently directed in an American medical journal to the professional fees paid to physicians in the states, and the curious fact was pointed out that a fee of $500 was quite exceptionally netted. In the land where millionaires abound, as well as men of large wealth, this certainly seems a surprising thing. A surgeon not long ago operated successfully for appendicitis in San Francisco and his millionaire patient voluntarily handed him a draft for $30,000. This fee must eclipse any record we have in this country, says an English paper. If anything, however, there are signs everywhere that "operation stock" is a falling market. That is to say, the fees for operations are not what they used to be. Many causes, no doubt, are contributing to this doleful state of affairs, but perhaps the most active of all is the increasing number of those in whose hands the public find that their surgical needs can be placed.

A foreign exchange says that Prof. Kollicker, of the Naples aquarium, recently went down into the Mediterranean in an iron cage lit up by electricity. With the aid of a powerful receiver and a specially constructed phonograph he registered the expressions of surprise with which the fish welcomed his appearance. He notes that the sound made by one fish differs greatly from that of another, and has summed up the results of his experiment in the conviction that the sounds by fishes will yet be recognized as a language. Persons who are accused of talking like fish may yet find that the simile is not so far fetched after all.

A current report says that the trustees of an Indiana church have barred the doors of the church building against the minister who has been holding revival services with remarkable accompaniments. It is said that, in the midst of his exhortations, the minister would leap over the pulpit to the floor, and then with a hop, skip and jump, go down the aisle like a whirlwind and back again, jumping over benches, chairs and even members of the congregation. When he reached the pulpit he would take up his discourse where he had left off.

A New York expert says that a country girl is better than her city-bred sister as a saleswoman. He gives as his reasons for this that the country girl is not so likely to have her head full of social amusements; that she is, as a rule, more attentive to her business and that she studies the wants of her customers more than the city maiden. Many business men are of the same opinion.

Scientists tell us that worry injures beyond repair certain cells of the brain, and the brain being the nutritive center of the body the other organs become gradually injured, and when some disease of these organs, or a combination of them arises, death finally ensues. Then let the "Don't Worry" clubs multiply in the land!

A Philadelphian notes that a layer of snow over the country saves thousands of dollars to the people by the saving in gas. Snow is so powerful a reflector that one can see to read at least a half-hour longer on account of it, and thus about 15 cents' worth of gas is saved each evening.

To move an immense building, containing the executive offices of the United States government in Cleveland, O., and weighing over 60,000,000 pounds, without so much as cracking the plaster, is the gigantic task which confronts the Cleveland government authorities.

We buy each year 1,000,000 sentimental valentines, at an average cost of ten cents each, and 20,000,000 comic valentines, costing one cent each. This in turn means an outlay of $300,000.

RULES FOR MARRIED MEN.

A Young Woman Wants to Know Why Doesn't Somebody Give Them a Few Hints.

I do wish some one would write a few rules for men, said a young married woman recently to the Baltimore News writer. I'm awfully tired of reading in magazines and newspapers that I must meet my husband when he comes home from his office "pleasantly and cheerfully." That the house must be like a new pin. I must be prettily gowned, the dinner must be daintily cooked and served and that he mustn't be worried with a recital of the troubles of the day, no matter if delirium supervenes for me.

These precepts are all right theoretically and under ordinary circumstances are practical. Every woman follows them instinctively who wishes to retain her husband's admiration, but why aren't there a few laws of this sort laid down for men to follow?

Why isn't there some one to tell them to look cheerful when they come in, and to forbear to grumble if dinner is a trifle late for any good reason, to be a little sympathetic and affectionate, and remember that theirs are not the only troubles in the house.

According to the ordinary writer, a woman's whole married life should be spent in practicing expedients to keep her husband's love from growing cold, while he apparently may pursue any course he pleases, civil or uncivil, tyrannical or gentlemanly, and be sure of retaining hers.

This may not be the masculine idea of the case at all; the sterner sex may not really expect to get the whole globe and give nothing in return, but it is not the writer's fault if they don't. I sedulously keep all such articles away from John, for he's a very good husband, and I'm afraid such literature would put ideas into his head and spoil him.

Now, poor, unenlightened soul he has an idea that my side of the partnership has its own worries, and he tries to help me straighten them out, but who knows how he would change if he ever discovered that he is really made of china and has to be handled with care to keep from being broken?

FOR COLD-DAY SHOE BUYERS.

A Tip on the Effects of Zero Weather on People's Pedal Extremities.

A burly man, with a red mustache, was seated in a shoe store in the shopping district, and was having a good deal of trouble apparently in finding something in footgear that exactly suited him, says the New Orleans Times-Democrat. "This feels first rate," he said at length, "except that it pinches a trifle across the instep." "In that case I would take a wider last," suggested the clerk, "especially on such a day as this." "Why, what the dickens has the day to do with my shoes?" asked the customer in surprise. "A great deal," replied the clerk, promptly. "It is cold to-day—unusually cold for New Orleans—and in such weather anybody's feet shrink from a quarter to half a size. Consequently, they—" "Oh! come now!" interrupted the burly man, "You're having fun with me!"

"Not at all," said the clerk, earnestly. "I assure you it is exactly as I say, and for that reason we have to be very careful on days when the temperature is low or we would have a lot of purchases returned. You have been wearing a rather thin shoe and your feet are at this moment more than a quarter size below the normal. If you buy anything with a tight instep now it will be intolerable to-morrow."

The man with the red mustache looked thoughtful and took a wider last.

WHAT ONE WOMAN THINKS.

The Feminine Philosopher Makes a Few Sage and Saucy Remarks.

Nowadays a music roll is just as apt to contain a sausage as a sonata, says the Philadelphia Times.

With the rudder of truth gone and the compass of faith lost, love soon comes to shipwreck.

Some women's idea of their rights is, all that they now have together with those enjoyed by men.

A man realizes the value of his wife when she goes away on a visit leaving him to mind the children.

It is a wise woman who knows her own business, and it is a wiser one who thoroughly attends to it.

To refuse a man in order to have the fun of hearing him propose again is dangerous; he may propose again to some other girl.

It is not always wise to ask a child for his opinions in public; they are generally uncompromisingly and sometimes uncomfortably frank.

The young woman who was prevented from going to a dance because she dropped a hot curling iron down her back probably at the time of the accident danced enough for one evening.

An Ocean of Liquid Air.

Sir John Murray, in a recent address, drew a vivid picture of the time, in the remote future, when temperatures as low as those which Prof. Dewar produces in his experiments at the Royal institution will prevail all over the earth. The atmosphere and the oceans will then have disappeared within the rocky crust of the globe, their elements having entered into new combinations. In other words, to use Sir John Murray's expression, "the waters of the ocean will have become solid rock." But over their surface will roll the waves of a new and most wonderful sea, "an ocean of liquid air about 40 feet in depth." At that time, of course, life as we know it will have vanished from the earth.

Common Sense Talk With Women

If a person is ill and needs a medicine is it not wise to get one that has stood the test of time and has hundreds of thousands of cures to its credit?

A great many women who are ill try everything they hear of in the way of medicine, and this experimenting with unknown drugs is a constant menace to their already impaired health.

This seems to us very unwise, for there are remedies which are no experiments and have been known years and years to be doing only good.

Take for instance Lydia E. Pinkham's Vegetable Compound; for thirty years its record has been one unbroken chain of success. No medicine for female ills the world has ever known has such a record for cures.

It seems so strange that some people will take medicines about which they really know nothing, some of which might be, and are, really harmful; while on the other hand it is easily proved that over one million women have been restored to health by Lydia E. Pinkham's Vegetable Compound.

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine.

All this should, and does, produce a spirit of confidence in the hearts of women which is difficult to dislodge, and when they are asked to take something else they say, "No, we want Lydia E. Pinkham's Vegetable Compound, which has been tried, and never found wanting, whose reliability is established far beyond the experimental stage."

We have thousands of letters like the following addressed to Mrs. Pinkham, showing that

Monthly Suffering is Always Cured by Lydia E. Pinkham's Vegetable Compound, also Backache and Bearing-down Pains.

"I suffered untold agony every month and could get no relief until I tried your medicine; your letter of advice and a few bottles of Lydia E. Pinkham's Vegetable Compound have made me the happiest woman alive. I shall bless you as long as I live."—Miss Joie Saul, Dover, Mich.

"Four years ago I had almost given up hope of ever being well again. I was afflicted with those dreadful headache spells which would sometimes last three or four days. Also had backache, bearing-down pains, leucorrhœa, dizziness, and terrible pains at monthly periods, confining me to my bed. After reading so many testimonials for your medicine, I concluded to try it. I began to pick up after taking the first bottle, and have continued to gain rapidly, and now feel like a different woman. I can recommend Lydia E. Pinkham's Vegetable Compound in highest terms to all sick women."—Miss Rosa Helden, 126 W. Cleveland Ave., Canton, O.

Two Letters Which Prove That Lydia E. Pinkham's Vegetable Compound Will Remove Tumor and Cure Other Weakness.

"Two years ago I was a great sufferer from womb trouble and profuse flowing each month, and tumors would form in the womb. I had four tumors in two years. I went through treatment with doctors, but they did me no good, and I thought I would have to resort to morphine.

"The doctor said that all that could help me was to have an operation and have the womb removed, but I had heard of Mrs. Pinkham's medicine and decided to try it, and wrote for her advice, and after taking her Vegetable Compound the tumors were expelled and I began to get stronger right along, and am as well as ever before. Can truly say that I would never had gotten well had it not been for Lydia E. Pinkham's Compound."—Mary A. Stahl, Watsontown, Pa.

"After following the directions given in your kind letter for the treatment of leucorrhœa, I can say that I have been entirely cured by the use of Lydia E. Pinkham's remedies, and will gladly recommend them to my friends."—A. B. Davids, Binghamton, N. Y.

Another Case of Womb, Kidney and Bladder Trouble Cured by Lydia E. Pinkham's Vegetable Compound.

"Dear Friend—Two years ago I had child-bed fever and womb trouble in its worst form. For eight months after birth of babe I was not able to sit up. Doctors treated me, but with no help. I had bearing-down pains, burning in stomach, kidney and bladder trouble and my back was so stiff and sore, the right ovary was badly affected and everything I ate distressed me, and there was a bad discharge.

"I was confined to my bed when I wrote to you for advice and followed your directions faithfully, taking Lydia E. Pinkham's Vegetable Compound, Liver Pills and using the Wash, and am now able to do the most of my housework. I believe I should have died if it had not been for your Compound. I hope this letter may be the result of benefiting some other suffering woman. I recommend your Compound to every one."—Mrs. Mary Vaughn, Trimble, Pulaski Co., Ky.

Her Point of View.

"Darling," exclaimed the happy husband, after the minister had pronounced them one, "I am not worthy of your love."

"Of course you're not," she replied, "but at my age a girl can't afford to let even an opportunity like this go by."—Chicago Journal.

Domestic Economy.

Husband—My dear, I thought we were going to practice economy for a time.

Wife—So we are, dear. I went down and countermanded the order you gave your tailor for a suit, and bought a bonnet that cost only half the amount.—Tit-Bits.

Alack! Alas!

As they skated they looked at the stars—
There were a million or more;
Their heels flew up—and they observed
A few they'd not seen before.
—Chicago Daily News.

THE SYMPTOMS ARE SIMILAR.

"Aren't you going to have a game with us, Nip?"

"I feel too bad to play with you, Elsie. I don't know whether it's love or that last hunk of puddin'!"—Ally Sloper.

The Safety of Indolence.

I will be idle all the day,
E'en though to work my yearning wakes,
For then I truthfully may say
That I am making no mistakes.
—Washington Star.

Probably.

"It must have taken a lot of nerve for him to laugh and joke while the doctors were taking his leg off at the knee. Didn't he seem excited?"

"Well, I thought he talked in a rather disjointed manner."—Chicago Tribune.

Low Temperature.

Teacher—What happens when a man's temperature goes down as far as it can go?

Smart Scholar—He has cold feet, ma'am.—Boston Christian Register.

THE BEST OF ALL.

For over fifty years Mrs. Winslow's Soothing Syrup has been used by mothers for their children while teething. Are you disturbed at night and broken of your rest by a sick child suffering and crying with pain of cutting teeth? If so send at once and get a bottle of "Mrs. Winslow's Soothing Syrup" for Children Teething. Its value is incalculable. It will relieve the poor little sufferer immediately. Depend upon it mothers, there is no mistake about it. It cures diarrhœa, regulates the Stomach and Bowels, cures Wind Colic, softens the Gums, reduces Inflammation, and gives tone and energy to the whole system. "Mrs. Winslow's Soothing Syrup" for children teething is pleasant to the taste and is the prescription of one of the oldest and best female physicians and nurses in the United States and is for sale by all druggists throughout the world. Price, twenty-five cents a bottle. Be sure and get "Mrs. Winslow's Soothing Syrup." 5-8-1y

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PENNSYLVANIA RAILROAD.
Sunbury & Lewistown Division.
In effect Nov. 19, 1899.

WESTWARD.		STATIONS.	EASTWARD	
P M	A M		A M	P M
2 03	9 57	Sunbury	9 20	5 30
2 13	10 07	Selinsgrove Junction	9 09	5 20
2 19	10 12	Selinsgrove	9 04	5 15
2 28	10 21	Pawling	8 53	5 05
2 31	10 54	Kreamer	8 49	5 01
2 34	10 27	Meiser	4 46	4 58
2 40	10 33	Middleburg	8 40	4 52
2 46	10 38	Benfer	8 34	4 46
2 55	10 46	Beavertown	8 25	4 37
3 00	10 51	Adamsburg	8 20	4 32
3 07	10 57	Raubs Mills	8 13	4 25
3 13	11 03	McClure	8 07	4 19
3 22	11 13	Wagner	7 57	4 09
3 25	11 16	Shindle	7 54	4 06
3 30	11 21	Painterville	7 49	4 00
3 36	11 27	Maitland	7 53	3 54
3 45	11 35	Lewistown	7 35	3 45
3 47	11 37	Lewistown (Main Street.)	7 33	3 43
3 50	11 40	Lewistown Junction.	7 30	3 40

Train leaves Sunbury 5 25 p m, arrives at Selinsgrove 5 45 p m

Trains leave Lewistown Junction:

4 52 a m, 10 13 a m, 1 10 p m, 130 p m 5 22 p m, 7 07 11 58 p m, for Altoona, Pittsburg and the West.

For Baltimore and Washington 6 58 a m 1 02 1 33 4 33, 8 16 p m For Philadelphia and New York 638 9 35 a m, 1 02 1 33 4 33 and 1116 p m For Harrisburg 8 10 p m

Philadelphia & Erie R R Division.
AND
NORTHERN CENTRAL RAILWAY

Trains leave Sunbury daily except Sunday:
1 21 a m for Erie and Canandaigua
5 10 a m for Bellefonte Erie and Canandaigua
9 42 a m for Lock Haven, Tyrone and the West.
1 10 p m for Bellefonte Kane Tyrone and Canandaigua
5 45 p m for Renovo and Elmira
9 25 p m for Williamsport
Sunday 5 10 a m for Erie and Canandaigua
9 46 a m for Lock Haven and 9 25 p m for Williamsport

6 55 a m, 9 55 a m 2 00 and 5 48 p m for Wilkesbarre and Hazelton
7 00 a m, 10 20 a m, 2 05 p m, 5 45 p m for Shamokin and Mount Carmel
Sunday 9 55 a m for Wilkesbarre

Trains leave Selinsgrove Junction
10 00 a m, week days arriving at Philadelphia 3 00 p m New York 5 53 p m Baltimore 3 11 p m Washington 4 10 p m
5 34 p m daily arriving at Philadelphia 3 20 p m New York 3 53 a m, Baltimore 9 45 p m Washington 10 55 p m.
8 42 p m, week days arriving at Philadelphia 6 30 a m, New York 7 13 a m, Baltimore 2 30 a m Washington 4 05 a m

Trains also leave Sunbury:
2 27 a m daily arriving at Philadelphia 6 52 a m Baltimore 6 35 a m Washington 7 45 a m New York 9 33 a m Weekdays, 10 38 a m Sundays,
7 50 a m week days arriving at Philadelphia 11 48 a m, New York 2 13 p m, Baltimore 11 55 a m, Washington 1 00 p m.
1 55 p m, week days arriving at Philadelphia 4 23 p m, New York 9 30 p m, Baltimore 6 00 p m Washington 7 15 p m
Trains also leave Sunbury at 9 50 a m and 5 25 and 8 31 p m, for Harrisburg, Philadelphia and Baltimore

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SOLE LEATHER Counters, Insoles, Outsoles and Heels.

This Ladies' Dongola Kid Boot, Lace or Button, sole leather counter, inner, outer sole and heel, fancy top stay, Patent Leather Tip, Opera Toe, 2 to 8, D, E, or EE, sent postpaid on receipt of $1. Equals any $2 boot sold. Our makx. Money refunded if unsatisfactory. We guarantee fit, style, wear

FREE.—Our catalogue with illustrations of 150 bargains in shoes; also a Subscriber's Ticket which secures a Liberal Cash Bonus on your year's trading.

TESTIMONIALS Equals any $3.00 shoe; wife went barefoot rather than buy anything but the DEXTER $1.00 Shoe.

Dexter Shoe Co:
Dear Sirs—The shoes are proving satisfactory. This pair that I now have make five different styles of shoes that I have bought of you and they are all good. I showed our merchant a pair of $1.00 shoes that I had just received from you and he took his knife and cut into the heel and examined them thoroughly and pronounced them cheap at $3.00. You will find an order with this letter for two more pair of shoes.
Respectfully yours, MRS J. M. WILLIAMS, Willetz, Medacino Co., Cal.

P. S.—Use my name if you like.

Dexter Shoe Co.:
Gents—Please find enclosed, herewith, express money order. Please send the shoes out without delay. I am needing them. My wife is almost barefooted and I don't wish to buy shoes at any other house because I have used the Dexter and find them the best for the money.
Yours truly, PHILIP M. ECKALS, Newoka, Ill.

DEXTER SHOE CO., 200-202-204 Summer Street, Boston Mass.

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SEND·NO MONEY WITH YOUR ORDER, cut this ad. out and send to us and we will send you OUR HIGH GRADE DROP CABINET BURDICK SEWING MACHINE by freight, C. O. D. subject to examination. You can examine it at your nearest freight depot and if found perfectly satisfactory, exactly as represented, equal to machines others sell as high as $60.00, and THE GREATEST BARGAIN YOU EVER HEARD OF, pay your freight agent our Special Offer Price $15.50 and freight charges. Machine weighs 120 pounds and the freight will average 75 cents for each 500 miles. GIVE IT THREE MONTHS' TRIAL in your own home, and we will return your $15.50 any day you are not satisfied. We sell different makes and grades of Sewing Machines at $8.50, $10.00, $11.00, $12.00 and up, all fully described in our Free Sewing Machine Catalogue, but $15.50 for this DROP DESK CABINET BURDICK is the greatest value ever offered by any house.

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SOLID QUARTER SAWED OAK DROP DESK CABINET, piano polished. One illustration shows machine closed (head dropping from sight) to be used as a center table, stand or desk, the other open with full length table and head in place for sewing. 4 fancy drawers, latest 1899 skeleton frame, carved, paneled, embossed and decorated cabinet finish, finest nickel drawer pulls, rests on four casters, adjustable treadle, genuine Smyth iron stand. Finest large High Arm head, positive four motion feed, self threading vibrating shuttle, automatic bobbin winder, adjustable bearings, patent tension liberator, improved loose wheel, adjustable pressure foot, improved shuttle carrier, patent needle bar, patent dress guard, head is handsomely decorated and ornamented and beautifully nickel trimmed. **GUARANTEED** the lightest running, most durable and newest noiseless machine made. Every known attachment is furnished and our Free Instruction Book tells just how anyone can run it and do either plain or any kind of fancy work. A 20-Years' Binding Guarantee is sent with every machine.

IT COSTS YOU NOTHING to see and examine this machine, compare it with those your storekeeper sells at $40.00 to $60.00, and then if convinced that you are saving $25.00 to $35.00, pay your freight agent the $15.50. WE TO REFUND YOUR $15.50 if at any time within three months you say you are not satisfied. SEND TO-DAY. DON'T DELAY. (Sears, Roebuck & Co. are thoroughly reliable.—Editor.)

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