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Colds,
Grippe,
 Whooping Cough, Asthma,
 Bronchitis and Incipient
 Consumption, is

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The GERMAN REMEDY
 Cures throat and lung diseases.
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Our brush should be used daily in place of the ordinary hair comb, hair washes, or hair grower. If you do not find, after a month's trial, that

Dr. Scott's
 ELECTRIC
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It is Guaranteed to Cure Nervous Headache in five minutes! Bilious Headache in five minutes! Neuralgia in five minutes! Dandruff and diseases of the scalp! Prevents falling hair and baldness! Flakes the hair long and glossy!

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Cut this out and return with \$1.00 (money or order or currency) and we will order the following "Family Combination" sent to you:

NEW YORK WEEKLY THIRTY-ONE YEAR THE GENTLEMAN YEAR NATIONAL ILLUSTRATED MAGAZINE 1 YR. AMERICAN INDUSTRY ADVOCATE 1 YR. HAPPY HOURS WEEKLY MAGAZINE 1 YR. VERMONT FARM JOURNAL 1 YR.

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 AND ALL AFFECTIONS OF THE THROAT AND LUNGS.
 Best Cough Syrup. Tastes Good. Use in Time. Sold by druggists.

BEARS ALL ANXIETY.

The Young Woman Who Helps Hostesses to Be Happy While They Are Entertaining.

How to be happy though the hostess of a large dinner party is what a young woman, at the rate of from three to five dollars an evening, is showing a number of wealthy women. This young woman, in looking around for a means of bread-winning, decided to become a professional bearer of dinner party anxieties. What she does is to manage dinners or wedding breakfasts or large luncheons, and, though she neither cooks nor waits on table, she fulfills a most important mission.

She stands before the hostess in all worry. A half hour before the meal is served she appears in the dining-room and sees to it that the butler has got the table set, and that the wines are rising or falling to precisely the right temperature. Then she dons her big apron, and as guests file into the dining-room she takes her stand by the pantry's dumb-waiter to see that every dish comes up exactly on time, piping hot when it ought to be hot, chilled to the marrow when the chill is necessary, and, furthermore, she tastes it to see that its flavor is exactly what it ought to be. Having a quick wit, resourceful mind and a knowledge of French cookery, she takes care that no dish passes to the table that is not above reproach. Where she stands in the pantry there is heard none of the crash and grind of dinner party machinery; no long waits between courses elapse.

Now, this may seem a sinecure, but grateful hostesses look upon her work as exalted modern philanthropy, for even if the butler is a new man, the cook a possible traitor to her trust and the caterer apt to play tricks with ices and sorbets, so long as the dinner manager is at the pantry helm nothing can go wrong. With all the ease of an unfettered soul the hostess can give her whole mind to her guests. If she is a hostess new at the business she can send for the manager beforehand and have her dinner all planned for her, every detail considered, even to the color of the flowers and the pattern on the tablecloth, and the very latest surprise in an epicurean delicacy worked up for the envious delectation of her guests. But this is an extra.—N. Y. Sun.

HOME GYMNASTICS.

Some Simple Exercises That Bring Grace and Are Certain to Improve One's Carriage.

No woman in ordinarily good physical health should exercise for strength. But every gymnastic instructor of the best modern school will agree that if a woman exercises for grace about the best results will be attained.

In the new school of physical development no apparatus or implements whatever are required, but the utmost use is made of free gymnastics. The setting-up drill of the West Point cadets and of the militia organizations is a good basis for such a drill, and the most important of these exercises is the old familiar one of stooping to touch the floor without bending the knees. This



IMPROVING HER CARRIAGE.

exercise is invaluable for straightening the neck and developing the muscles of the neck and shoulders and reducing the size of the waist and abdomen.

But a great many other exercises involving the stretching of the muscles can be used in connection with these to advantage, as they are less violent.

For instance, standing firmly with the toes well turned out, put the feet quite near together, with both arms extended nearly at right angles with the body, reach as far as possible, first to the right and then to the left, as if endeavoring to reach a wall at some distance from the body.

Vary this motion by twisting the body upon the waist, so that the right arm is reaching as far to the left as possible, and in turn the left arm reaching to the right.

Vary again by standing facing a wall and touching it with the tips of the fingers of both hands. After each touch move away about half an inch farther, until it is with the utmost difficulty that you can touch the wall at all. Then repeat several times in succession.

All these movements are invaluable for improving the carriage of the body and reducing the size of the waist. All should be taken very slowly and in connection with deep, slow, even breathing.—Chicago Daily News.

The Cyclenne's Skirt.

According to the Wheel (London) the police of St. Petersburg affect to regard the skirt of the cyclenne as a menace both to the safety of the wearer and the public in general, and have laid down a law that no lady cyclist shall ride through the streets of the Russian capital unless clad in the bifurcated garment.

To Remove Fly Specks.

To remove fly specks from gilt frames moisten them with the white of an egg; let it remain about 15 minutes and then wipe off with a silk cloth.

FRUITS GOOD AND BAD.

International S. S. Lesson for Dec. 17, 1890—Text, Malachi 3:18 to 4:1—Memory Vs. 16-18.

[Specially Arranged from Peloubet's Notes.]
GOLDEN TEXT.—Whatever a man soweth, that shall he also reap.—Gal. 6:7.
COMPARE Malachi 3: 1-4, also Matthew 23: 7-12.
TIME.—B. C. 433-427, probably. (See last lesson.)
PLACE.—Jerusalem and vicinity.
EXPLANATORY.

I. Good Men in a Bad World.—Vs. 13-18. We saw in our last lesson how disappointed the Jews were that they had not received all that had been promised, that the reality fell so far short of their expectations and their ideals. The prophet showed them that they could find the reason for this not in God, but in their own character and actions. A change in these would quickly bring the realization of their hopes. Now we have the same complaint more definitely expressed.

V. 13. "Your words have been stout." That is hard, presumptuous, impudent. (See Jude 15.) "What have we spoken so much?" Omit so much.

V. 14. The prophet replies: "Ye have said it is vain to serve God." Note their bargaining spirit here and in "what profit is it that we have kept His ordinance?" The services God required for His temple and worship. "Walked mournfully." With outward signs of sorrow and repentance for their sins, in sackcloth and ashes, and frequent national fasts. (See Zech. 7:3, 5; 8:19.)

V. 15. "We call the proud happy." The word "we" is emphatic, and suggests a reference on the part of the speakers to V. 12. "They that work wickedness are set up." Rather "built up," prosperous, successful. "They that tempt," etc.: Rather, yea, they tempt God, and are delivered, as R. V. The persons are the same as in the preceding clause, "they that work wickedness."

V. 16. "They that feared the Lord:" With reverential awe that led Him to trust and obey him. "Spake often:" ("often" is not in the Hebrew) "one to another." Thus encouraging and strengthening one another. "The Lord hearkened, and heard:" Compare Matt. 18:19, 20. "A book of remembrance was written:" "An expression after the manner of men, intimating that their pious perfections and performances are kept in remembrance as punctually and particularly as if written in a book."—Henry. "That thought upon His name:" Which expresses His character, His power, His glory.

V. 17. "And they shall be Mine," etc. Rather, and they shall be to Me, said Jehovah of Hosts, in the day that I am preparing a peculiar treasure; compare the expression "a peculiar people" in Tit. 2:14, and in Pet. 2:9. See also Ex. 19:5; Deut. 7:6; Psa. 135:4.—Cook. "I will spare them:" Keep them from harm. "As a man spareth his own son that serveth him:" That is an obedient and dutiful son.

V. 18. "Then shall we return and discern:" Look again, and then ye shall see a broad distinction, nay, more, a real contrast, between the destiny of the righteous and the destiny of the wicked.

II. The Contrasts of the Judgment Day.—Vs. 1-3. First, the Wicked. V. 1. "For" connects this verse with a previous one. "The day cometh that shall burn as an oven;" or furnace.

II. The Righteous. V. 2. "Shall the Sun of righteousness arise:" Righteousness has here the not uncommon sense of deliverance, salvation, blessedness.—Cowles. "With healing:" Healing from trouble and from sin, and all the miseries with which they are surrounded. "In His wings:" His swift rays flying from the sun to us. This doubtless refers to the Messiah. V. 3. "And ye shall tread down the wicked:" Righteousness shall be victorious over evil. "In the day that I shall do this:" At the time when Messiah shall come and shall have perfected His reign.

III. There Shall Be Preparation for this Judgment.—Vs. 4-6.

First. By the law of God which is ever with them to warn and to make righteous. V. 4. "Remember:" so as to obey, "the law of Moses:" The Ten Commandments, and all the other laws, which were the constitution and laws of the Jews, (even) the statutes and judgments.

Second. By forerunners, like Elijah, who warned the wicked in season to escape, and prepared the way for the coming of the kingdom of righteousness. V. 5. "Behold, I will send you Elijah the prophet:" Viz., one who should be a second Elijah. Matt. 11:14 and Mark 9:11, 12. "Before the coming of the great and dreadful day of the Lord:" In the original, this is taken verbatim from Joel 2:31. It must refer to "the day that shall burn as an oven." (Malachi 4:1). V. 6. "And He shall turn the hearts of the fathers to the children:" He shall turn the hearts of the fathers, the Israelites, to the Gentiles, the children, apostate, prodigal, outcast, but still children. Or translate "to," with, and the meaning is that the office of the Baptist should be to turn the hearts of young and old alike. It is deeply suggestive that the last utterance from Heaven 400 years before Messiah was the awful word "curse." Messiah's first word on the Mount was "blessed" (Matt. 5:3). The law speaks wrath; the Gospel, blessing.—J. F. and B.

Fig and Thistle.

Friendship is its own reward. Divine discontent alone leads to perfect content.

Pain and pleasure are vibrations of the same chord.

A man's power with men often depends on his persistency with God.

There is much difference between a man of sorrows and a sorrowful man.

He who looks up may miss the glitter of earth, but he will catch the glory of Heaven.

Death is the launching of the ship from its stocks of clay to its own element, the sea of eternity.—Sam's Horn.

WATCHES AND JEWELRY



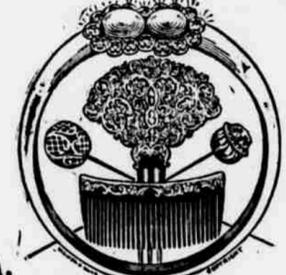
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though it could not obscure his genius, was a source of much sorrow to him. If he had gone to a skilled optician like we have, in time, his failing vision would have been detected and the proper glasses fitted to them to maintain and strengthen the sight. Proper care of the eyes is a duty that, if neglected, will recoil on you with the irreparable loss of your sight. Go to VanNatta and he will save you many days of sorrow.

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All persons purchasing goods at my store, according to the following scale, I will refund money for return ticket: Middleburg, \$20; Paxtonville, \$18; Beavertown, \$15; Adamsburg, \$14; McOlure, \$10. Now, this is a golden opportunity and should be taken advantage of. We do this in order to give one and all an opportunity to see the mammoth stock of Watches, Clocks, Diamonds and silverware we have in stock for Xmas. THIS OFFER GOOD TO JAN. 1, 1900.

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