

ONLY ONE CURE FOR SCROFULA.

S. S. S. is the Only Remedy Equal to this Obstinate Disease.

There are dozens of remedies recommended for Scrofula, some of them no doubt being able to afford temporary relief, but S. S. S. is absolutely the only remedy which completely cures it. Scrofula is one of the most obstinate, deep-seated blood diseases, and is beyond the reach of the many so-called purifiers and tonics because something more than a mere tonic is required. S. S. S. is equal to any blood trouble, and never fails to cure Scrofula, because it goes down to the seat of the disease, thus permanently eliminating every trace of the taint.

The serious consequences to which Scrofula surely leads should impress upon those afflicted with it the vital importance of wasting no time upon treatment which can not possibly effect a cure. In many cases where the wrong treatment has been relied upon, complicated glandular swellings have resulted, for which the doctors insist that a dangerous surgical operation is necessary.



Mr. H. E. Thompson, of Milledgeville, Ga., writes: "A bad case of Scrofula broke out on the glands of my neck, which had to be treated and caused me much suffering. I was treated for a long while, but the physicians were unable to cure me, and my condition was as bad as when I began their treatment. Many blood remedies were used, but without effect. Some one recommended S. S. S., and I began to improve as soon as I had taken a few bottles. Continuing the remedy, I was soon cured permanently, and have never had a sign of the disease to return." Swift's Specific—

S. S. S. FOR THE BLOOD

—is the only remedy which can promptly reach and cure obstinate, deep-seated blood diseases. By relying upon it, and not experimenting with the various so-called tonics, etc., all sufferers from blood troubles can be promptly cured, instead of enduring years of suffering which gradually but surely undermines the constitution. S. S. S. is guaranteed purely vegetable, and never fails to cure Scrofula, Eczema, Cancer, Rheumatism, Contagious Blood Poison, Boils, Tetter, Pimples, Sores, Ulcers, etc. Inset upon S. S. S.; nothing can take its place. Books on blood and skin diseases will be mailed free to any address by the Swift Specific Company, Atlanta, Georgia.

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The National Disease.

The breakdown in American life comes from worry, and worry has almost come to be a national disease, very truly observes the Memphis Commercial Appeal. If an American has no money he worries himself into a state of mind, and when he gets any money he worries himself to death for fear he will lose it. He worries at his work because he is afraid he will not accomplish what he is given to do. He worries about his meals; they are not on time, or they may disagree with him, or they may be costing him too much. If he pays for a thing in advance he is afraid it will not come up to the specifications, and if he gets it on credit he is afraid that he will not be able to pay for it when the bill comes in. He is afraid to leave his money in the house lest it be stolen. He is afraid to carry it with him lest somebody should borrow it from him. He is afraid to put it in bank lest the bank should fail. And so he worries about it. He worries about his business, whether it is going smoothly or not. He worries about his family, about the education of his children and the progress they are making. He worries about the nation, about congress, about the two great political parties, about the national conventions, about the gubernatorial elections, about the tariff and financial questions, about the initiative and referendum, about the abstract right of secession, about the resolutions of '98, about the decadence of politics, about civil service reform, about the future of his party, about sanitation, the water and gas questions, the paving of streets, the street car system, the class of plays at the theaters, the nomination for mayor and the election of school visitor in the 'tenth civil district. He either sleeps too much or he sleeps too little. He has an idea that life is a conspiracy, and that he must preserve eternal vigilance or the conspirators will get him. He lives so much on his nerves that he gets angry on slight provocation, and thus wastes more tissue. The true secret of health and life and success is cheerfulness. The man who does his appointed task without being fussy will live a good deal longer. "Don't worry" and "don't be afraid" are two very good rules to observe. The American people must learn these rules by heart and put them into practice if they wish to live long and prosper.

In a recent symposium on how to get rich the millionaires interviewed give a diversity of opinions. One says "the best way to become wealthy is not to talk too much during business hours," a plea for reticence in deciding on plans. Another suggestion is "make yourself agreeable to your obnoxious customer." A third advises five things: "Push, squareness, clear-headedness, economy and rigid adherence to the rule of not overworking." Mrs. Betty Green gives it as a lesson of her experience that "for a woman to be successful one of the most important things she must do is to learn to mind her own business." These rules may not produce the desired result, but their sponsors think they would have failed without them.

In a paper on longevity printed in the Lancet, Dr. Ahnslee Hollis comes to the conclusions: (1) That the primary factor in a long life consists in an inherited durability; the vital machinery is wound up to go for a given period, and but for accidents or in spite of them it will go till the time appointed. (2) That an important part of the primary inheritance is good digestive and nutritive power. (3) That temperance is necessary in the use of the nutritive functions both in eating and in drinking, and in regard to all kinds of food and drink. (4) That an energetic temperament and active habits conduce to longevity.

In investigating epidemics of typhoid fever it is found that sewer gas, as well as impure water, is a cause of the disease. Looking to the drains is the important part. It is neglected or imperfect drainage that contaminates water. Outbreaks of typhoid have been repeatedly traced to houses known to be filled with sewer gas.

Riders, drivers and wheelmen are combining to secure a good road reaching across the continent, and it is suggested that each state selected for the route would be willing to construct its section. Long carriage outings would be encouraged, as well as transcontinental bicycle spins.

A pine log 81 feet long is quite an unusual sight to the people of East Pittston, Me., but such a one was taken from Whitefield to Harrison Hunt's landing recently. The log was about 2 1/2 feet in diameter at the largest end and was a beauty.

A snow shoveler in Chicopee, Mass., recently received seven cents for five days' work, the city taking occasion to deduct what was due it for poll taxes, with interest. It is said that about \$500 was collected by the city in this way.

In Illinois a decree was obtained because a long-suffering husband complained that "during the past year the defendant struck the plaintiff repeatedly with pokers, flatirons and other hard substances."

An insurance journal reports that marine underwriters paid \$12,000,000 in losses on the sea last year.

Scientific Farming.

James Wilson, secretary of agriculture in President McKinley's cabinet, has written for a New York paper about the "New Farmer." He says he is the result of a revolution in agricultural methods and has already arrived. Part of Mr. Wilson's article declares: "A new era is coming for the farmers of the United States, and those of New York and the Mississippi valley in particular. It will be the new-fashioned farmer who will bring it about. He is the Moses of modern agriculture. The farmer of the future must be a practical scientist. The man who does not understand the science of the soil has no business on the farm. If a boy wants to be a farmer it is just as necessary that he take a course in an agricultural college as it is to the boy who wants to be a lawyer, a doctor, a preacher, to have a university education. There is no lesson as good as an object lesson. The dairy farmer of the United States is going to be a great factor in the future. I will tell you why. Because we have learned the secret of Denmark's butter and cheese keeping so well in tropical climates. The farmers of New York state and those of the Mississippi valley make as good butter as is produced anywhere. Denmark makes good butter. We send our butter to China, and it cannot compete with the butter from Denmark. Why? Because it won't keep. There is a splendid market in the orient, but we are shut out of it practically because our butter will not stand exportation to that sort of climate. I sent a man to Denmark to find out about it. He learned that the Danish dairymen fed their cattle food that contained the same substances as the waste of our beet sugar factories—nitrogenous products. Now, then, all we have to do in this country to make butter just as good in the tropics as that of Denmark's is to raise the sugar beet and feed the waste of the factories to our cows. I sent a man to the steppes of Russia because I heard there was a grass there that months of winter could not kill. I got it, experimented with it here and found that what I heard was right. It will stand all sorts of winter weather, and yet be in a condition that as quick as moisture strikes it it will grow like a weed. That is not a particularly scientific fact, but it shows the beneficial results of investigation for the farmer in almost any direction. The new-fashioned farmer, the scientific farmer, must study the feeding of cattle. Not a pound of cotton seed was fed to the 400,000 cattle we raised last year, although the south raised 600,000 tons of it. That cotton seed was mostly wasted or made fertilizer."

Much comment has been made, and justly, upon the literary merit of the letters the Kansas volunteers write home. Many hundreds of these, says an exchange of that state, have been printed in local newspapers and we do not remember to have seen one that was not well worth printing and reading. The amount of natural, but picturesque writing, minute description showing acute observation, the power of separating the interesting from the commonplace in the natural features of the country and social characteristics of the people, the correct and facile use of language, are really remarkable in young men who for the most part have only had a primary education and have been employed since in occupations not specially calculated to develop literary expression.

The United States does not propose to annex Cuba, but some of its gallant soldiers are doing a good deal in that line on their own account. The Miami (Fla.) Republican thus sums up the love affairs of the Twenty-third Kansas: "Five of the Kansas City (Kan.) boys married Cuban wives and brought them home. They all have either a small lemon or orange grove, while one of the Pittsburgh (Kan.) boys captured a dusky maiden who has a 600-acre coffee plantation. Sixteen others married Cuban girls, but they drew blanks, and when the troops came home they left them to shuffle for themselves."

The Philadelphia Medical Journal vigorously denounces laws denying work to penitentiary prisoners. "To deprive men of their liberty," it says, "and then to keep them inured in enforced idleness from month to month and year to year is to jeopardize body, mind and soul, and is a thing that no civilized state has a right to do under any pretext whatever." In the Eastern penitentiary of Pennsylvania only ten per cent. of the prisoners are allowed to work.

A Denison (Tex.) man recently sold three blooded chickens for \$130, and the editor of the Denison Review threatens to quit the newspaper business and go to raising chickens. He adds: "If we were sure of a good market we would quit setting type and go to setting hens."

The state auditor of North Carolina says that the report from Columbus county does not show that any marriage licenses were issued there during 1898. The population of Columbus county in 1890 was 11,829 white and 6,027 black; total, 17,856.

In Indiana man played ghost to scare a crowd of youngsters, and his widow says she will be careful the next time not to marry a fool.

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