

WOMEN'S SCHOOL APRON.
 The apron is the garment that protects the Little Maid's Pretty Dress.
 Women's furnishing stores are showing designs in little girls' lawn aprons that are quite out of the ordinary. More material is employed in their construction than in those of former years, and less lace trimming is used.
 Six yards of lawn are required for an apron for a child of seven or eight. Tucking for the yoke can be



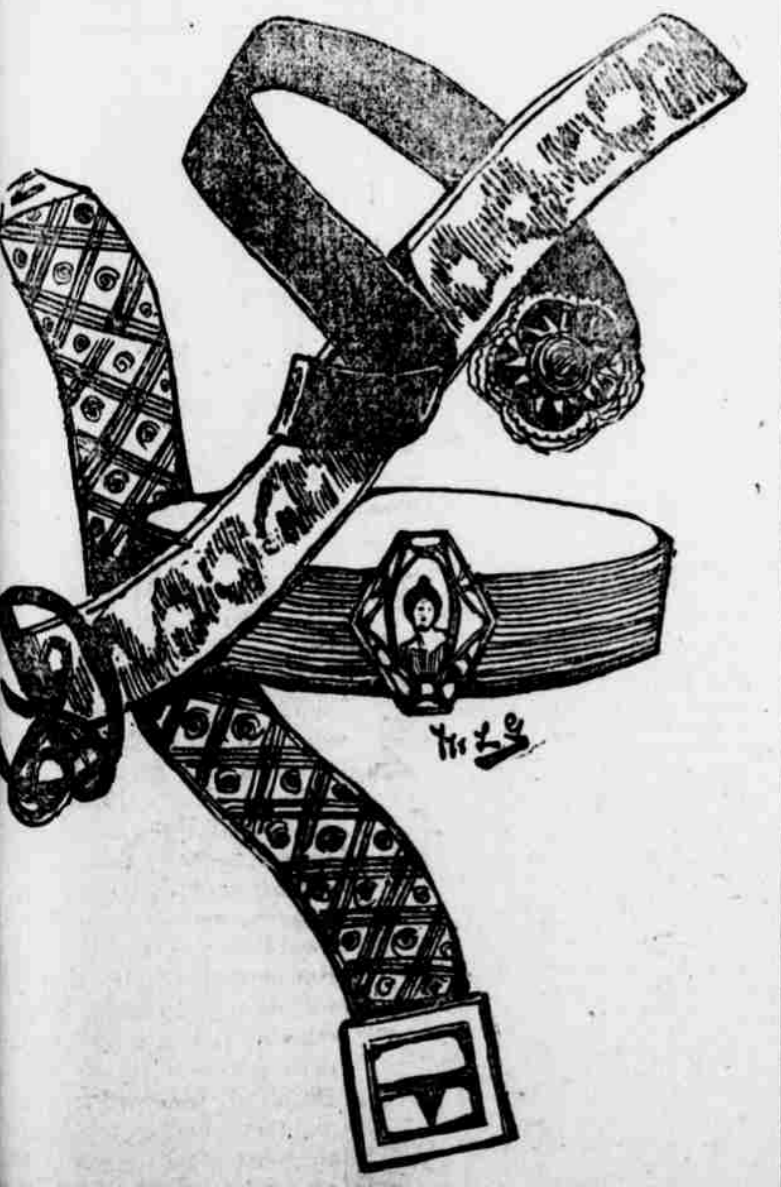
THE NEW EMPIRE APRON.
 Made at home or purchased for a small amount, it either case a half yard of material is sufficient for the front and back and side widths of the apron. The front board is made very full and when gathered upon the yoke it folds not unlike those noticed in the effects.
 Aprons are made of the apron material upon the shoulders with bows of ribbon. The sash is also trimmed only with two or three inches of tucks above the hem. The skirt of the apron has also groups of tucks and the foot.

Washing Fine Handkerchiefs.
 New laundresses wash fine embroidered handkerchiefs properly. Too often they are put into pieces in the wringer or are put into holes on the washboard. A dainty bit of cambric that is care more for show than for use may be ruined by the owner in her own home. All dust should be wiped from the large window pane, and the handkerchief, when it is still wet, should be pressed over the glass, all corners pressed out, and the corners flattened. When the handkerchief is dry it will be crisp and new in appearance.

To Wash Stone Steps.
 These are in good condition they require cleaning with hot water afterward to be heartened. This can be removed by pouring very hot soda and water on the spots, and covering them with a paste made of fuller's earth and boiling water. It must be left on all night.

LATEST DESIGNS IN BELT BUCKLES.

The new styles displayed in belt clasps are more varied than ever, and they show the less expensive for their variety, for many of them are inlaid with ornaments which adorn the band of ribbon or velvet encircling the waist.



A black enameled buckle intended to represent a black snake had eyes of gemstones.
 Another clasp of deeply chased dull gold was set with a tiny miniature of a figure.
 A very brilliant plaid belt of emerald green, magenta and mouse color had a plain sterling silver buckle.
 The most expensive of the lot was a rose-shaped clasp of tinted ivory thickly with rhinestones and topazes.
 The same buckle answers for many belts, being changed to suit the fancy of the wearer.

TO AVOID COUGHING.

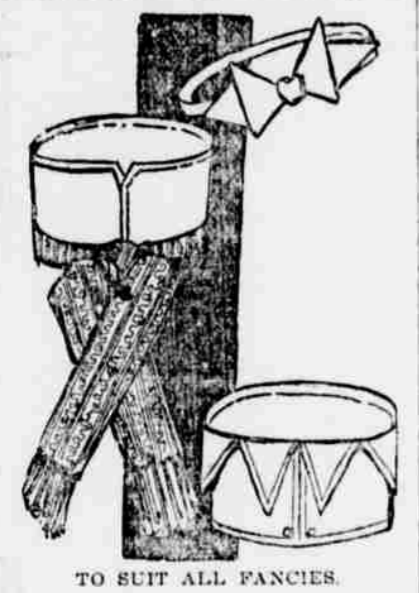
Draw a Deep, Long Breath and Hold It Until It Soothes Every Air Cell.

A physician who is connected with an institution in which there are many children, says: "There is nothing more irritable to a cough than coughing. For some time I had been so fully assured of this that I determined for one minute at least to lessen the number of coughs heard in a certain ward in a hospital of the institution. By the promise of rewards and punishments I succeeded in inducing them simply to hold their breath when tempted to cough, and in a little while I was myself surprised to see how some of the children entirely recovered from the disease. Constant coughing is precisely like scratching a wound on the outside of the body; so long as it is done, the wound will not heal. Let a person when tempted to cough draw a long breath and hold it until it warms and soothes every air cell, and some benefit will soon be received from this process. The nitrogen which is thus confined acts as an anodyne to the mucous membrane, allaying the desire to cough, and giving the throat and lungs a chance to heal."—Scientific American.

NOVELTIES IN TIES.

Variety Now Displayed Is So Large That the Most Fastidious Woman Should Be Satisfied.

This season brings forth novelties in ties for the tailor made woman to satisfy the most fastidious. There are so many designs and all are so stylish that it is confusing to make a selection. There is a dainty little bow of black or colored satin which comes ready tied



TO SUIT ALL FANCIES.

and which is usually adopted by women whose one thought is simplicity. For the "mannish" young woman, however, there is displayed upon the counters puff ties of the most brilliant plaids, stripes and figures. Then there are the points of linen sewed upon their tiny band and hemstitched by hand, for elderly ladies and those who are wearing black. And these are only a few of the many designs displayed upon the counters for the approbation of shoppers.

Origin of Honeymoon.

An early Anglo-Saxon custom, strictly followed by newly married couples, was that of drinking diluted honey for 30 days after marriage. From the custom comes the word honeymoon, or honeymoon.

A Misunderstanding.

"How soon will father be home?" asked the boy who had a large book on his knee.

"Very soon," answered Mrs. Cumrax. "Do you wish to ask him something?"
 "Yes, I want to ask him if he ever saw what this man calls an ornithobrychus. It has a body like an otter, web feet and a face like a duck's."
 "Freddie! I am sorry it should be necessary to assure you that your father never drinks."—Washington Star.

The Difference.

Col. Frogeeter (of Paris, France)—When the lie is passed in my country each man sends for his best friend to act as second. Is that the formula in Kentucky?
 Col. Bludgud (of Paris, Ky.)—Well, hardly, sah. When the lie is passed in Kentucky the survivor sends for his best friend to go bail for him, sah.—Puck.

Unfathomable Mystery.

"Nothing so hard, but search will find it out."
 The poet writes—untrue, beyond a doubt; When she the truth would hide, no bard nor sage Can learn the figures of a woman's age.—Chicago Record.

There Are Many Others.

"I saw an item in a paper, the other day, to the effect that Mark Twain frequently goes without eating for a whole day."
 "Well, what of it? That's a common habit with people who produce literature for a living."—Cleveland Leader.

A Free Show.

Tommy—Gain't to the show ter-night, Johnny?
 Johnny—Naw. We're gain't to have a free show at our house to-night. Pa's going to put down a carpet.—Harlem Life.

A Mean Thing.

"Do you call this angel-cake, Katharine?"
 "Yes; isn't it good?"
 "Of course, dear; but I didn't know there were any iron-jawed angels."—Detroit Free Press.

Had Seen One.

"Did you ever see a horse race that you could say was absolutely honest?"
 "I think I did, wunst," said Rubber-neck Bill. "The fellow that was ahead had stolen the horse."—Indianapolis Journal.

Reprimandings.

Mrs. Weddeash—You know I made you what you are.
 Weddeash—That's right, woman; gloat over your work!—Cincinnati Enquirer.

Getting Even.

Doctor—You're a long time paying my account, sir.
 Hardup—Well, you were a long time curing me.—Tit-Bits.

Looking Backward.

"What are the most striking things you saw while you were in Europe?"
 "The people who were always striking me for tips."—Chicago Daily News.

Its Drawback.

"These lucky bits, on Christmas day, whose bank accounts' extensive, we'd be less perceptive were the day itself not so expensive."
 —L. A. W. Bulletin.

Carefully Considered.

"What," inquired the psychological student, "do you regard as the chief end of man?"
 "Well," answered Mr. Blykins, "it depends on what you want the man for. If you want him to do brain work it's his heart, and if you want him to run errands it's his feet."—Washington Star.

Premontory Symptoms.

Gertie—Papa, will our new mamma go mad after awhile?
 Father—What a question! Why do you think such a thing?
 Gertie—Well, I heard her tell the cook yesterday that she got badly bitten when she married you!—Tit-Bits.

Far Worse.

Sniggleton—I'm in trouble. My landlady told me I'd have to settle up or leave.
 Giggleton—Why, you're in luck, old fellow. I'm in a worse fix than that. My landlady told me I'd have to settle up before I could leave.—Harlem Life.

Lesser Evil.

Billy—I understand you've bought a dog to keep burglars away.
 Freddy—Yes.
 Billy—You are not troubled any more at night, then, I suppose?
 Freddy—Only by the dog.—Boston Traveler.

Surely.

Johnnie—Pa, where does a man get a theory?
 Pa—In his head, my son.
 Johnnie—Well, doesn't it hurt his head when a theory is exploded?—N. Y. World.

Help for the Unemployed.

Miss Million—I have thought of a lovely way to help the poor striking tailors.
 Mrs. Billion—What is it, dear?
 Miss Million—I am going to make all my own gowns.—Town Topics.

A Model Lover.

Ethel—Are you sure that all his thoughts are of you?
 Edith—Oh, yes! Why, he has just lost his position on account of inattention to business!—Puck.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damages they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, O., by F. J. Cheney & Co. Testimonials free. Sold by druggists, price 75 cents per bottle. Hall's Family Pills are the best.

The Kidney Complexion.

The pale, sallow, sunken-cheeked, distressed looking people you so often meet are afflicted with "Kidney Trouble."

Their kidneys are turning to a purplish color. So is the complexion. They may also have indigestion, or suffer from sleeplessness, rheumatism, neuralgia, brain trouble, nervous exhaustion and sometimes the heart acts badly.

The cause is weak, unhealthy kidneys. Usually the sufferer from kidney disease does not find out what the trouble is until it is almost too late, because the first symptoms are so like mild sickness that they do not think they need medicine or a doctor until they find themselves sick in bed. Dr. Kilmer's Swamp Root will build up and strengthen their weak and diseased kidneys, purify their diseased, kidney poisoned blood, clear their complexion and soon they will enjoy better health.

You can get the regular sizes at the drug store, at fifty cents or one dollar or you may first prove for yourself the wonderful virtues of this great discovery, Swamp Root, by sending your address to Dr. Kilmer & Co., Binghamton, N. Y. for a sample bottle and a book that tells all about it, both sent to you absolutely free by mail. When writing kindly mention that you read this liberal offer in THE POST.

SPECIAL NOTICES

Small advertisements of every description, Want, Sale or Rent, Lost or Found, or their notices inserted in this Post for one-half cent a word for one insertion, and one-fourth cent a word each subsequent insertion. Nothing inserted for less than ten cents.

A Cure for Nervous Headaches.

For eight years I suffered from constipation and severe headache, the headache usually lasting three days at a time. Headache powders relieved me temporarily, but left me bad an effect. Since I began taking Colery King I have greatly improved in health, seldom or never have headache, have gained in flesh, and feel decidedly well.—Mrs. E. S. Haren, Temple, N. H. Colery King for the Nervous, Liver and Kidneys is sold in 50c. and \$2.00 packages by W. H. Herman, Troyville, Middleburgh & Utsi, McClure; H. A. Eorlight, Alton.

Comrades, Attention.

I served from '62 to '64, and was wounded May 10, 1864, in the Battle of the Wilderness. I would like to have my comrades know what Colery King has done for me. In 1890 my old complaint, chronic diarrhoea, came back. The doctors could not stop it, but Colery King has cured me, and I am once more enjoying life.—FRANK BEEBLER, Oswego, Mich. (Ch. E. Bell, N. Y. N. Y.). Colery King for the Nervous, Liver and Kidneys is sold in 50c. and \$2.00 packages by W. H. Herman, Troyville, Middleburgh & Utsi, McClure; H. A. Eorlight, Alton.

PATENTS OBTAINED.

Consult or communicate with the Editor of this paper, who will give all needed information.

ADMINISTRATOR'S NOTICE.

Letters of Administration in the estate of Amos Gilbert, of Franklin Township, Snyder county, Pa., dec'd, having been granted to the undersigned, all persons knowing themselves indebted to said estate are requested to make immediate payment, while those having claims will present them duly authenticated to the undersigned. DAVID H. GIBB, Adm'r. Jacob Gilbert, Adm'r.

A. R. Pottieger, VETERINARY SURGEON.

SELINGROVE, PA.
 All professional business entrusted to my care will receive prompt and careful attention.

JAS. G. CROUSE,

MIDDLEBURGH, PA.
 ATTORNEY AT LAW.
 All business entrusted to his care will receive prompt attention.

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Send for our handsome views of public buildings, stations and scenes of Washington City. Write for our many pictures. It will be sent to you free of charge. Write to-day. Do you think of something to patent? Protect your ideas! They may bring you wealth. Before applying for patent see our Patent Office. Director's Assistant. Spencer, Kelly, Coff & Co., Patent Attorneys, Washington, D. C.

WANTED—SEVERAL FIRST-WORTHY

persons in this state to manage our business in their own respective counties. It is mainly office work confined at home. Salary straight \$500 a year and expenses—definite, bonafide, no more, no less salary. Monthly \$55. References enclosed. A self-addressed stamped envelope, Herbert E. Hess, Pres., Dept. M, Chicago. 9-15-91.

New War Songs and Music.

Two of the most popular pieces of music arranged for piano and organ have just been issued by the Popular Music Co., Indianapolis, Ind. "Bring Our Heroes Home," dedicated to the Heroes of the U. S. Battleship Maine is one of the finest national songs ever written. The music is stirring and the words ring with patriotism. "Dewey's Battle of Manila March Two-Step" is a fine instrumental piece and will live forever as a souvenir of the greatest naval event in the world's history. Either one of these pieces and Popular Music Roll containing 18 pages full sheet music sent or receipt of 25 cents. Address POPULAR MUSIC CO., Indianapolis, Ind.

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