James H. Wallace could have paid \$3,000 for the information contained in the following lines, and been a gainter by the purchase. His experience, which cost dearly, given freely to others.

ion contained in the follines had been in the pomession of H. Wallace, of Detroit, Mich., he have saved more than \$3,000 and enjoyee an instead of to d live years of health

Lost Years

of Youth.

lace is an expert accountant and oit. He lives with his home at 240 Sixth Street. was marked by misfortu having inherited scrofula tune from his

man, Me. Wallace seeme Sull a young man, to have a long life of he told his story, to have a long life of health and usefulness before him. He tells about the remarkable incident d to his complete restoration as follows "The first physician soon said I had a multitutional blood disorder, and by con-ant treatment and diet it might be cured I purifiers and spring med ade the crupton man a fearful looking

on my limbs discharged

"I tried everything ; took medical baths ; ent to Medicine Lake, Washington ; spent igten ; spent medical serer \$3,000 for medic me and m all wasted money, time and energy. Ay recovery seems like a miracle to Its beginnin romance.

"One day in the fall I read a newspaper ticle about a cure effected by Dr. Wil-

liams' Pink Pills for Pale People. It inter-ested me, but I quickly forgot it. "That afternoon while moving some books I broke an ulcer on my leg and nearly fainted. "The pain made me sick. I stopped work and dropped into a chair. "Then I again saw that newspaper arti-cle. The paper was lying on the floor, the article exposed as though lorcing me to take warring.

"I read it through again carefully and decided to give the pills a fair trial. The cure described in the paper was like my

own case. "I sent for a box of the pills at once and took some that after

took some that afternoon. "From that day I began to mend. "When one box was linksed my friends remarked upon my improved looks. "Eight boxes cured me completely— there was not a sore left on my body." Mr. Wallace made affidavit to the truth of his story before Robert E. Hull, Je., a Notary Public. Thousands of similar cases illustrate the

Notary Public. Thousands of similar cases illustrate the unequalled power of Dr. Williams' Pink Pills for Pale People over diseases of the blood and nerves. No blood disease has been discovered that can withstand the action of their powerful vegetable ingre-dients, which harmlessly expel the impuri-ties that cause disease. All druggists sell Dr. Williams' Pink Pills for Pale People 1 one box 50 cents air boxes. \$2.50. box 50 cents, six boxes, \$2.50.

ficate, when work is paid for calling for 100 votes in the contest. Who secure the largest number of votes in the contest explained below. Get your friends to subscribe for the Scholarship Coupon. POST and secure a Free This Coupon entitles Scholarship.

rangement whereby we are enabled POST'S contest for 4Scholarshipsat to offer each of four young persons Eastman Business College, Pougha free scholarship in the celebrated keepsie, N.Y., worth \$110. Eastman Business College, Poughkeepsie, New York, the New York Business Institute, 125th Street, New York City, or the National Correspondence Schools through which they give instruction by mail. These instituions are known in every section of the world. Their graduates get other papers cheap we have are thoroughly equipped for business made arrangements with a number pursuits, and are numbered by tens of papers to combine them with the of thousands. They are found in Post at special rates. The regular every city and in almost every rate per year for the Post is \$1.50 county and village in the United but during our special offer we will States. The courses of study given accept \$1.00 per year in advance. are short, inexpensive, practical and Then if any want other papers that useful and afford a better training we name below we give them the

WHO WILL WIN?

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East**man Business** College

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TO THE FOUR PERSONS

other school.

The following statement by Mr. "Post" and the publication named. Clement C. Gaines, President of the The list is as follows, College, explains what the different

scholarships are and what their N. Y. Weekly Tribune, 4% \$1.60 value is as prizes. \$37-First Prize-\$37. A \$35 Schelarship-Books, \$2. Good for a term of twelve weeks Farm News (M). personal instruction (at the College) in the ACADEMIC, BUSINESS, SHORT-HAND, TYPE-WRIT-ING, TELEGRAPH and PEN-MANSHIP departments, and \$2 for The Arena. complete Short-hand books. If the McCall's Fashion Mag., student prefer, Instruction by Mail Lestle's weekly, in Book-keeping and Short-hand of Review of Reviews the same value will be given.

\$32-Second Prize-\$32.

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newal for a year accompanied by \$1,00 in cash one hundred votes

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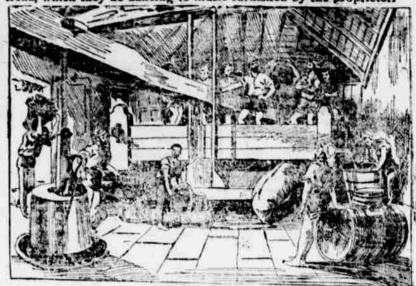
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stance the Post and N. Y. Tribune Good for a complete course in for \$1.25; the Post and the Phila. Short-hand (with books \$2) including Press for \$1.50; the Post, the N. Principles, with practical work in Y. Tribune, Womankind and Farm Correspondence and Reporting, in-struction exclusively by mail; or \$1.45 cash in advance and so on the papers for only the sume combinations can be made to suit 198:personal instruction of the same combinations can be made to suit

Scene in Portugal at the Rio Porto Vineyards.

CARBYING THE PORT GRAPES TO THE WINERY, ON THE HEADS OF MEN AND WOMEN, NEAR THE VALLE DE MENETIZ WHER: THEY ARE DUMPED IN THE MASHING VATS TO BE TRODDEN FOR PORT WINE.

The rugged hills with projecting rocks of brown stone and shale containing a large quantity of iron, make it impossible to use wagons here hence the grapes have to be carried to the treading vat or larger as they are called, and some are large enough for twenty persons to tread, which they do dancing to music furnished by the proprietor.



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ALFRED SPEER,

the Pioneer wine grower of New Jersey whose Port Grape wine and Burgandy rivals the world, imported the Port Grape vines many years ago, and planted vineyards in the Passaic Valley N. J. The soil in Passaic county, New Jersey, is identical to that of de'Menetiz.

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are situated in the Passaic valley below the mountain range and the grapes are carted to the winery in the town of Passaic where they are mashed between rollers made of rubber, which do not break the seeds, and made into wine.

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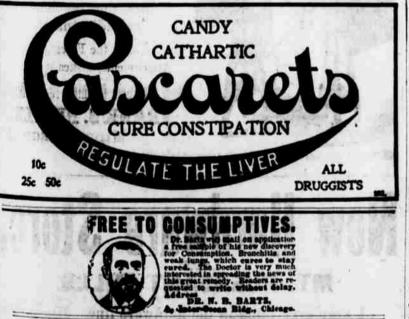
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and the four young persons who 7, 1878; May 15, 1879; Feb. 17, make the most telling efforts and Mar. 10, 1881; Apr. 23, 1883; appeal to their friends for help will March 27, June 12, and October win them. The POST wants to add 1,000 subscribers to its list May 6, Oct. 28, Dec. 23, 1886; within the next 4 months, To ac- Dec. 29, 1887. complish this end it offers the scholarships to the four ladies or of the above issues will confer a gentlemen who secure the greatest

number of votes in our

EASTMAN COLLEGE CONTEST

which is started to-day and will for August, 1898. Every ballot cut from this paper counts one vote. Certificates for votes acquired by new subscriptions and renewals with cash in advance will be issued with ballot annexed, which must be filled out and forwarded to be counted No votes except those written on the printed ballots cut from the columns of this paper or those allow-ed for subscription, renewals, job-work and advertising will be count-ed. Extra copies of the POST may be obtained at 3 cents per copy.

I was seriously afflicted with a cough for several years, and last fall had a more severe cough than ever

before. I have used many remedies without recieving much relief, and being recommended to try a bottle of Chamberlain's Cough Remedy, by a friend, who, knowing me to be a very much and the second bottle has absolutely cured me. I have not had as good health for twenty years. Respectfully, MRS. MARY A. BKARD, Claremore, Ark. Soid by all Drug-gists

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July 8, Sept. 16, 1869; Oct. 6, 13, 1870; Jan. 26, 1871; Apr. 17, These prizes are easily obtained 1873; Nov. 4, Dec. 23, 1875; Mar.

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Bad management keeps more close with the last issue of the POST for August, 1898. Every ballot ful one must look ahead and plan

value (limited to ten weeks) in any department of the College, with our Simplified Short-hand Instructor \$2. \$25—THIRD PRIZE—\$25. A \$25 SCHOLARSHIP.

To Yellowstone Park and the Trans-Mississi To Yenowstone Park and the Trans-Mississi pi Exposition on a speci 1 train of Pullur sleeping, compartment, observation, and dinit cars, allowing eight days in "Wonderland" in two days at Omaha, September 1, Rate, \$2 from New York, Philadelphia, Baltimore, an Washington; \$230 from Pittsburg.

To Niagara Falls, excursion tickets good to return within ten days will be sold on July 21. August 4 and 18, September 1, 15, and 29 at r. te of \$10 from Philadelphia, Baltimore, and Wash-ington. These tickets include transportation only and will permit of stop over within limit at Buffalo, Rochester, and Watkins on the re-turn trip. turn trip.

Two ten day tours to Gettysburg, Luray Cav erns, Natural Bridge, Virginia Hot Springs Richmond, aud Washington, september 28 and October 19. Rate, 455 from New York, 863 from Philadelphia. Proportionate rates from other points points.

For itineraries and further information, apply to ticket agents, or address Geo, W. Boyd, As-sistant General Passenger Agent, Philadelphia, 6-16-21,

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7, 1878; May 15, 1879; Feb. 17, Mar. 10, 1881; Apr. 23, 1883; March 27, June 12, and October 30, 1884; Sept. 17, 1885; Jan. 28, May 6, Oct. 28, Dec. 23, 1886; Dec. 29, 1887.
Any of our readers having copies of the above issues will confer a favor by letting us know. Such copies in good condition will comFor the National Educational Association Convention to be held at Washington. D. C. July 7 to 12, the Pennsylvania Railroad Company will washington and return at rate of single fare for the round trip pus \$2.00 membership fee. These tickets will be sold on, and good going. July 4 to 7, and good 10 return leaving Washington and prevaing Washington at the offices of the above issues will confer a favor by letting us know. Such copies in good condition will com-

Impossible.

"How did Fakem, the hypnotist, ge along on his last trip?" "First-rate, until he tried the impossi-

ble. He hypnotized a tramp one day and tried to make him saw wood .-

His Years.

Mrs. Flint (skeptically)-H'm! What kind of a job do you want? Seldum Fedd (with surprising can-dor)—Any kind of a job dat I can't git,

And Now They're Engaged. He-See the ring around the moon? She-Yes. (After a moment of silence.) George, can you tell me what is the difference between the moon and my finger?-Brooklyn Life.



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