# SOUTHERN PROGRESS.

A monthly, sixteen-page journal containing in each number some twenty narratives of the South, chiefly descriptive, and pictorial. The paper is undoubtedly the best illustrated journal in the world, and the only publication which presents glimpses of Southern life and Southern people. It is a favorite souvenir with those who have visited the South; and it serves a good purpose, in lieu of a visit, to those who have never been there.

The regular price of Southern Progress is fifty cents a year, but to introduce the paper we will send it three months for ten cents.

> FRANK A. HEYWOOD, Editor and Publisher, Philadelphia.

### SPECIAL NOTICES.

Small advertisements of every description, ant, sale or itent, Lost or Found, or ther no-es inserted under this head for one-half cent word for one insertion and one-fourth cent a ord each subsequent insertion. Nothing in-ries for less than ten cents.

No-To-Bac for Fifty Cents. Charanteed tobacco habit cure, makes weak len strong, blood nore 50c #1 All draggets.

Educate Your Bowels With Cascarets. Candy Cathartic, cure constipation forever, c. 25c. If C. C. C. fall, druggists refund money.

### A Note from the Editor.

The editor of a leading state paper writes if you had seen my wife last June and weretceer to-day you would not believe she was as some woman. Then she was broken down y nervous debility and suffered terribly from y nervous debility and suffered terribly from oustipation and sick headache. Bacen's Celzy king for the Nerves made her a well women a on one month. W. H. Herman, Trox diller Middleswarth & Ulsh. McClure. H. A. beight, Altne will give you a free sample texture of this great herbal remed. Large possesse and 50c.

DMINISTRATOR'S NOTICE, Le :-A DMINISTRATOR'S NOTICE. Le; Aters of Administration in the state of Mrs. Sarah Benfer late of Centre tv product county, Pa., dee'd, kaving been granted to undersigned, all persons knowing the never indebted to said estate are requested to the indebted to said estate are requested to be undersigned. Will present them duly authenticated to undersigned.

WILLIAM BENFER

DUINISTRATOR'S NOTICE LOCsints of Geo. Kern, late of Middleburgh, Sayder esunts, Pa., dee'd, having been granted to the undersigned, all persons knowing themselves indeffed to said estate are requested to make immediate payment, while those having aims will present them duly authenticated to be undersigned.

D. A. KERN



# HUMPHREYS'

1 Cures Fever. Infants' Diseases. No. Diarrhea. No. Neuralgia.

Headache. No.

No. 10 Dyspepsia. No. 14 Cures Skin Diseases.

No. 18 Rheumatism.

No. 20 Whooping Cough No. 27 Kidney Diseases.

No. 30 Urinary Diseases \*\* No. 77 Colds and Grip.

Sold by druggists, or sent prepaid upon receipt of price. 25 cents each. Humphreys' Medicine Co. 111 William St., New York.



Next to a life in the open air, perhaps ven more than that, the question of lood is of the utmost importance in the prevention of tuberculosis, as well as in the treatment of the disease. One of the ways in which an open-air life is curative, indeed, is that it increases the

appetite. People with consumption almost in-variably cat too little, even less than shoes in health, whereas they should eat vastly more than the well. Nature seems to be aware of this, for usually a tuberculous patient can assimilate a much larger quantity of food than a healthy person.

The food should be taken in fairly large quantities and at frequent intervals. Not more than three, or at most four, hours should pass without the eating of something, if it is only a milk bisouit, a sandwich, or a banana. A pitcher containing two glassfuls of milk should stand on a table near the bed, so that a glass may be taken in the night if the patient wakes, and again before dressing in the morning.

As much milk as possible should also be taken at intervals throughout the day. This is, of course, if the patient is able to drink milk; most people are, even when they think they are not, yet there are some to whom this excellent food is repulsive, or who really cannot digest it. Such will have to substitute broths, jellies and the like for the milk. Often ice-cream can be taken when milk .tomnes

The food taken at meal-time should be of the most nourishing character, mest, eggs, fish, peas and beans, varied with salads dressed with oil, but no pristry. The tes and coffee should be c'aiefly cream, the bread and butter s hould be chiefly butter, and the salad dressing should be chiefly oil. Every particle of fat taken and digested is so much pure gain, and even when codliver oil is being used as a medicine, as much butter and cream as possible should be taken as well.

Plenty of water should be drunkfour or five glasses a day at least, unless a great abundance of milk is used—in order to promote the assimilation of the large amount of food consumed, and also to wash away the necessarily increased quantity of waste products .-Youth's Companion.

### FREAKS OF FASHION.

Various Items of Dress Which Will Be Popular the Coming Season.

All thin, light materials this summer will be ornamented with incrustations of lace. Linen laces are inserted in all

Tortoise-shell combs, set with diamonds, are the proper ornament for the hair, if one can afford them.

The most luxurious parasols have hand-painted medallions of white silk set in white lace.

Gray gowns look very pretty with just a touch of positive color at the and wrist, given, perhaps, by a folded collar and cravat, and then again by a waistband of mirror velvet in vivid emerald green, bright violet or deep orange. All these combinations of color will be very much worn with gray.

Second empire capes are gaining hind and slope gradually up to the neck in front, so that they just fail to meet over the chest, where people most need to be protected, and are neither pretty nor wise. They have been gaining hold in Paris all the winter.

The wallflower and the nasturtium are to have all their own way in the coming colors of the season, so we shall be reveling in tawny browns, reds and other wonderful colorings which are not unbecoming to brunettes, and, moreover, the most fashionable new is difficult to realize how exquisite is er the matter for a few moments, he the perfume till you have smelled it. It is soft, fragrant and lasting.

Cashmere will certainly hold its own among the new materials and several fresh varieties have been prepared, not so thick and beavy, of course, as the "Muscovite" cashmeres of the winter season, but still of sufficient substance to set out smartly when cut on the cross in those deep flounces which are so eminently characteristic of the skirts of the immediate future. cashmere with corded back seems likely to be a very favorite fabric and has been prepared in every conceivable shade of should be broken every morning, and color suitable for the coming springtime.-Chicago Evening News.

Raised Rusks.

Take a pint of new milk, one and a half cups of sugar, two-thirds of a cup of butter and two eggs. Cream the butter and stir the beaten eggs into the milk; add sifted flour until it is thick, as for bread sponge. Dissolve a yeast cake (fresh) in a little warm water and stir in. Put in a warm place and let it rise over night, like bread. In the morning ent prices. It will probably pay to feed add flour (warmed) to make firm dough; let rise, then mold and drop in the greased tins or muffin rings. Let rise for the third time, and when light as a honeycomb, bake a delicate brown. Dissolve a teaspoonful of sugar in a little sweet milk and brush over the tops when done.-Detroft Free Press.

Pig Molds.

Wash and chop up one-half pound of best dried figs and place them in a sauce pan with a piece of lemon rind, an ounce of sugar and half a pint of claret. Boll these slowly till the figs are cooked through; then remove the lemon peel and stir in a quarter of an ounce of leaf gelatine, previously dissolved in half a fill of cold water. When completely mixed, pour the whole into a border mold, with an opening in the center. This having set, turn out and fill in the center aperture with a gill of cream stiffly whipped with a teaspoonful of vanilla easence and one dessertspoon of ewdered augnr.-Boston Globe.



TRAINING THE COLT.

How to Break a Young Autual to Take the Bit.

Last spring I had occasion to notice a queer freak of animal disposition. While breaking a three-year-old colt I began to flatter myself of the complete success, when all at once he became obstinate in taking the bit. This notion grew upon him in such a way that in a short time it was almost impossible to bridle him. Although of uncommonly gentle and docile disposition, and willing to be taught anything required of



BREAKING A COLT TO TAKE A BIT. him, he would raise his head and close his teeth whenever he saw anybody approach him with the bridle. After trying all sorts of manipulations without avail, I happened at one of these unpleasant undertakings to put my hand in the corner of his mouth, laying the ends of my-fingers on his tongue. This induced him to open his mouth, and improving this opportunity, I slipped the bit into his mouth. After that, whenever the colt had to be bridled, I preceeded as the illustration explains.

Hold the bridle with the right hand up to its proper place for bridling; let the left hand enter his mouth, while the bit rests on the back of the hand near the wrist, and as soon as his mouth opens, draw the bit gently into his mouth by slipping the head-stall over

A few such operations, not more than four or five, broke my colt completely; he would not only take the bit willingly, but he would come toward you with his mouth wide open ready to be bridled .-G. C. Greiner, in Farm and Fireside,

## WATER FOR CATTLE.

No Doubt That It Pays to Heat It in Cold Weather.

Some farmers will scarcely believe it, get it is nevertheless a fact, that stock as more apt to suffer for water in winter than in summer, says the Livestock Champion. When the weather is warn it is not difficult to remember that stock need water, and if one happens to forget they will remind him by gathering about the troughs and calling. But when the weather is very cold the farm shelter of the sheds and stacks, and as they drink so little of the icy-cold water usually supplied, one is misled into thinking they are not thirsty.

"The idea that stock does not need much water in winter," said an experienced stock-raiser, "is a mistake that cuts down the profits at an astonishing rate. Give an animal only about half enough water, and that cold as ice, and it neither fattens or grows at a profitable rate. We throw food away when we give it to stock that is half scent of the moment is wallflower. It famished for water. If one will considwill see why stock living on dry feed need water and lots of it. And I have found that water fresh from the well is warm enough for stock in winter. If for any reason it is impossible or difficult-to supply them with fresh water, then I would use a large tank and put in a tank heater."

It bears repeating that there is nothing which will hinder the growth and fattening of stock like the lack of plenty of warm water, and it lies in the power of every breeder to supply his stock with this necessity. The ice when the fresh water runs in from the well it can be easily taken off. Of course it is a great deal of trouble and a mighty cold job, but it pays big in the long run.

Wheat is now higher than it has been for several years, and too dear to feed to grown animals of any kind. Yet we think a small amount fed daily to young and growing pigs will pay even at preswheat to all pigs, in part to replace the corn ration that is nearly always injurious. Wheat contains more nearly the elements of growth than any other grain except peas or beans, and only sheep can be induced to gat whole beans. Wheat bran and wheat middlings cost nearly as much as wheat, and are not so good for feeding purposes if given in moderation.

Directions for Curing Pork.

Bub the hams and shoulders well with salt, then pack in barrel, putting a little salt and Orleans molasses between each layer of meat. For a hog that will dress 250 pounds use one quart of the molasses. Then make a brine strong enough to carry an egg and pour on, being careful not to wash off the molasses. Leave ment in brine six weeks, then take out and soak in fresh water for 12 hours, hang up, and as soon as it has thoroughly dripped off smoke and put away.—G. P. Miller, in National StockLandlady Is the oyeler as

learder-I never find fault, madan The salt, pepper, water and butter seem fully up to the standard, but I think you will find that the cook neglected to se the oysters.—Detroit Free Press.

"They say that ghosts appear in the windows of that old haunted house every night."

"Boo! I must say I don't fancy that kind of window shades."-Philadelphia

Too Previous. Grace's eyes are full of tears, She's caught cold, I fear; She donned her new biking garb Too early in the year.

ABSOLUTELY NOTHING,



tles my dowry on me in my own right? He-Well, my dear girl, it's ernothing to me if he does!-London

Serves as an Alarm. Hassick-A baby is a good thing to have in the house.

Walker-Yes, if you want to prevent oversleeping yourself.—Boston Tran-

Brief Peace of Mind. "Clara, I love to be with you." "Why, Edith?"

"When I'm with you I know you are not gossiping about me."-Chicago

Hend and Heart.

"A woman at 20," remarked the observer of men and things, "will take a man's tears as indicating a soft heart; at 30, as indicating a soft head."-Detroit Journal.

Indigestion Was Well. Dawkins-How's your indigestion.

old man? Phillips-It's doing nicely, thank you; but I don't feel very well myself. -Harper's Bazar.

Difficulties in the Way. "I believe in an aristocracy of intel-

"Oh! I don't know! There would be the same old scrap as to who would belong to it."-Puck.

Spared. 'Are you superstitious about opals?" "Not at all; I gave a girl an opal ring

once, and just before our marriage she threw me over."-Chicago Record. A Different Kind of Notes.

She-I can't play-I've forgotten my He-Yow're lucky-my creditors

won't let me forget mine.—Up to Date. A new proposed army wrinkle is to attach to each regiment a noncom-

batant to be known as recorder, whose duty shall be to write each day a record of regimental events and personal changes. The idea comes from a state historian who knows the difficulty experienced in later years in writing the history of 1,000 men. According to the state auditor of

North Carolina more money was paid to the employes of the state senate at its last session than was paid to the senators themselves. One of the state papers says that even the latter were over-

For some time Cuban families have been sending money, silverware, paintings and heirlooms to American cities for safety. They think it well at present to look outside of Cubs for a "stable government."

## How's This?

We offer One Hundred Dollars Reward for ny case of catarrh that cannot be cured by

Hall's Catarth Cure,
F. J. CHENEY & CO., Toledo. O.
We, the undersigned, have known F. J.
Cheney for the past 15 years, and believe him
perfectly honorable in all business transactions
and financially able to carry out any obligations
made by them,
West Theav, Wholesale Druggists, Toledo. O.
WALDING, KINKAN & MARVIN, Wholesale Druggists, Toledo, O.
Hall's Catarth Cure is taken intertally, acting
directly upon the blood and mucous surfaces of

directly upon the blood and mucous surfaces of the system. Testimonials sent free, Price 75c. per bottle. Sold by all Druggists. Hall's Family Pills are the best.



PRENCH REMEDY produces the above results in 30 days. It set, coverfully and quickly. Cures when all others fail Young men will regain their lost manhood, and old Young men will regain their lost manhood, and old men will recover their youthink vigor by using REVIVO. It quickly and surely restores Mercousness Lost Vitality, Impotency, Nightly Emissions, Lost Fower, Falling Memory, Wastine Diseases, and all effects of self-shuse or excess and indiscretion, which units he for study, business or marriage. It wilds that the new of disease, but it a great nerve tonic and blood builder, bringing back the pink glow to pale chooses and restoring the first of youth. It wards off Inantity and Consumption. Insist on having REVIVO, no other, it can be carried in west pockets. By mail. Sh.OD per package, or als for Schod, with a positive written guarantee to care or refund the memory. Organis free. Address WYAL MEDICINE CO., 271 Waters Ave., CHICAGO, ILL.

For sale at Midd' urgh, by W. H. SPANGLEP.

stract mass; but the time is coming says a Washington correspondent, when hostesses will have to employ detect ives as waiting maids and butlers. No wonder Washington leaders are scared and seek protection from social hordes if this latest story of pilfering is true. One of the best known women in the diplomatic circle once said that she took good care to remove all small valuables from her rooms whenever she opened her house for receptions, for anything portable or concessable might be carried off! At that time her inference was deemed most ungenerous, and guests at her house declared they would boycott any woman who made such sweeping charges of dishonesty; but timer have changed, and many of the lesser sins no longer surprise these virtuous defenders of society. They have had experience themselves. One would surmise from recent reports that women were natural-born thieves and yielded to temptation more quickly than the other sex; yet, even with Lady Tatton Sykes accused of forgeries by a half-crazy husband and kleptomaniacs flourishing in the politest of society in mind, this should not be believed. Only when you catch a stray lady visitor peering into your bureau drawers may faith be shaken.

After long delay the jury in an Illinois case to whom the judge had given a charge written by himself as to the mode of computing the recovery, if any, came in and reported in favor of the plaintiff, but without having made the computation. The court, somewhat impatiently, informed them that they must again retire and compute the amount as he had instructed them. But the foreman arose and said: "Well, judge, the trouble was none of us could read your writing. We all took a try at it and could not make out a word of it, so we had to do the best we could without any lastructions. The judge said hereafter he would have all instructions typewritten.

It is computed that Joseph Leiter's 15,600,000 bushels of wheat occupy 18,-000,000 cubic feet of space, which is more than three times as much as is taken up by the Chicago Masonic temple. It is enough to fill 22,500 freight cars and the total weight of the grain is 900,000,000 pounds. It would make bread enough to last 500,000 people for six months. Mr. Leiter bears the burden of his enormous possession with great calmness-neither worrying over the means of disposing of it nor troubling his mind about those hungry people in Cuba, Italy and Russia.

It is repored that a football player of Depauw university attended a spiritunlistic scance at Greencastle, Ind., a few nights ago. When the "spirit" appeared he tackled it hard, and the language of the "phantom" is said to have been unfit for publication. The seance broke up right there, and the alleged mediums who were conducting it were landed in jail. The next morning an unfeeling magistrate assessed them \$16.30 apiece and they lost no time in getting out of town. A good way to deal with any kind of a sham is to tackle

Woman is frequently accused of not knowing her own mind, and man is usually the accuser. He is fond of asscrting that she is as shifting and changeable as a piece of temperate zone weather. And yet a case is reported from New Hampshire in which a man had his wife arrested and lodged in jail on a charge of infidelity and then succeeded in getting himself arrested for trying to smuggle candy and love letters to her when the jailers were not looking.

If one form of idiocy in particular is calculated to offend the delicate sensibilities it is the "deary," "darling," "lovey," "angel," "ducky," "sweet heart," "honey," "mopsey," "jewel" habit practiced by some men and their wives in the presence of guests. In most cases this kind of "taffy" is a scarce article in the homes of those who dispense it so freely in public.

There is a woman in Delaware 43 years old, who was married when she was 19, and has given birth to 19 children. The amount of walking her husband has done in the not too quiet watches of the night would probably qualify him to enter a six-days' go-asyou-please pedestrian contest.

A letter received in Georgia was adiressed in this unique fashion: "To My Son William-if he's keepin' good company. If he ain't, please return, as there's two dollars in it." The postal authorities decided that the address was sufficient and omitted the moral investigation.

A Georgia man who went to Alaska to dig gold writes home from Dawson City: "You may expect me in Georgia as soon as my clothes thaw enough for me to get my hands in my pockets and reach the money to pay for my ticket."

Some men have a queer sort of pride. There is a fellow in jail in Kalamasoo, Mich., for example, who has eight wives. all of whom are living, and who claims with swelling chest to be the champion

ent parts of the city came to the tem Bunday morning, bringing spices p preservation of the body of Jesus

it empty, hastened away to tell Petri Jesus is not in the sepulcher, thinking some one had stolen the body. In the meantime the other wors, rived at the tomb, and, seeing the rolled away, they entered and away, shining angels. The angels declared Jesus had riven from the dead. The First Appearance of Jesus, we Magdalene had told Peter, and return the sensicher, when Jesus appearance

the sepulcher, when Jesus appeared is

as she stood weeping near it in the mi (John 20:11-18).

The Second Appearance. 2. "And are went to tell His disciples:" They sent turning to Jerusalem by some other me than those by which Mary Magdalene. Peter, and John had gone. "Behold le met them, saying, All hall:" "Right the usual form of salutation. "Held by the feet:" Clasped His feet, in remarked their Lord, and to express a gladness. "And wershiped Him:" in religious worship or adoration.

10. "Go tell my brethren that they magdilee:" According to His promise be He died, that He would meet them to (Matt. 26:22).

Confirmation by Enemies. 11. "In they were going:" While they were on this errand. "Some of the watch:" in guard set by Pilate at the request of chief priests to watch the sepulcher, the dietalous hould steal His best.

chief priests to watch the sepulcher, the disciples should steal His body, say He was risen (Matt. 27:33-60. "She unto the chief priests." Under which charge they were. "All the things they were done:" They told the simple true. the best possible excuse for their

negligence.

12. "Gave large money unto the sold The report the soldiers made was so a gerous to their own lives, that no an sum could induce them to criminate the selves; but the entire results of all the forts to destroy Jesus seemed to des 13. "Say ye, His disciples came by he and stole Him away while we slept." I absurdity and stupidity of this states

ciples had no motive for stealing the ba They did not expect a resurrection. I did not know its importance. What of they have done with the body to escape

The Other Appearances of Jesus.—Va 17. The Third Appearance was to Sin Peter (Luke 24:34) Sunday morning. The Fourth Appearance took place this same Sunday, in the afternoon, to disciples walking from Jerusalen Emmaus (Luke 24:13-32). The Fifth Appearance, Luke 24:35-4.

the evening of this first Sunday, in an up room in Jerusalem where ten apostiss other disciples were assembled.

The Sixth Appearance (John 20:26-29) on Sunday evening, one week later, to apostles and others in the upper room

time, The Seventh Appearance (John III was several days later by the Sea of 6 lee to seven apostles while they were ing with no success.

The Eighth Appearance was early in

to the eleven on a mountain in Gallie. ferred to in vs. 16, 17. 16. "Then:" R. V., but. In spite of false rumor. "The eleven disciples:" Juhaving perished by suicide. "Went at having perished by suicide. "Went as into Galilee:" as commanded by the an (Matt. 28:7), and by Jesus Himself be

His death (26:32) and after His resurrer (28:10). "Into a mountain:" R. V., mountain, the designated place.

17. "And when they saw Him:" He peared to them after they were assemble. "They worshiped Hfm:" Fell prostrate His feet in reverence and awe. "But si doubted:" The doubts of the early char

could be overcome only by the most vincible proofs. \*
The Ninth Appearance was near the se time, in Galilee, to over 500 at once (1 The Tenth Appearance was to Ja

probably in Jerusalem (1 Cor. 15:7).

The Eleventh Appearance was on the of May, in the city and on the Mount Olives near Bothamy, to the apostics, at time of His ascension. time of His ascension.

His Last Message.—Vs. 18-20. 18.

power is given unto me:" The English

His Last Message.—Vs. 18-20. 18. "power is given unto me:" The English guage contains no adequate equivalent the word rendered power. It embraces ideas of both power and authority-per coupled with right.—Abbott. "In Heave All the powers and authority that is from Heaven. "And in (on) earth:" Emmovement, every design of man, moveredly force, is under His control.

The First Work. 19. "Go ye therefor Because this power is with you. Set fitness of His commission: "As I have power, Go. I have dominion everywing of everywhere."—Bishop Simpson. "It teach:" R. V., make disciples of. The here is a different word from the teach the name verse. "All nations:" all class its claim is upon all. "Baptizing the Causing them to make a public profess." In the name: "Rather into the memoring. (I) Unto, denoting object, purpose, so that henceforth the one is called by it; and (I) into, denoting of maning. (I) Unto, denoting object, purpose, so that henceforth the one is called by it; and (I) into, denoting of munion with, participation in all that mame includes. "Of:" the one name "the Father... Son, and ... He Ghost:" There is a reference to the different parts which the Father, the Son, the Holy Spirit take in the work of all tion, and to the unity of the Godhead fountain of all blessing.

Second Work. 19. "Teaching the Conversion is only the beginning of Christian life and the Christian work observer!" Not merely to do Christ's commandments, but to keep watch over the as a guard over his prisoner, and this cludes attentive study of the instruction of Christ. "All things whatsoever is commanded you." The doctrines and neither of Christ, nothing less and neither communication of the world: Literal way:" Note, it is I am, not I will "Unto the and of the world: Literal way:" Note, it is I am, not I will "Unto the and of the world: Literal way:" Note, it is I am, not I will "Unto the and of the world: Literal way:" Note, it is I am, not I will way:" Note, it is I am, not I will way:" Note, it is I am, not I will way: "Note, it is I

Ham's Horn Blasts. God finds it hard to do much for

azy man. Most people feed the body too m and the mind too little.

The sins we pet in our lives, we apt to pelt in those of others. There is no going to any kind a When every whirker becomes a

r, the devil will soon be on the rus-The trouble in the Lord's army day is all the soldiers want to be

It is worth more to the world in man to live right, than to die here