

# A Woman's Burden.

This is a story of a woman addressed to women. It is a plain statement of facts too strong in themselves to require embellishment, too true to be doubted, too instructive to be passed over by any woman who appreciates the value of good health.

The woman of to-day are not as strong as their grandmothers. They are bearing a burden in almost all grown heavier day by day; that is saying their vitality, clouding their happiness, weighing them down with the wear of life.

It was then I heard of Dr. Williams' Pink Pills for Pale People. I heard that they had cured cases like mine and I tried them.

They cured me! They brought sunshine to my life and filled my cup with happiness.

The headache is gone; the twitching is gone; the nervousness is gone; the trembling has ceased, and I have gained twenty-six pounds.

Health and strength is mine and I am thankful to Dr. Williams' Pink Pills for Pale People for the blessing.

Dr. Williams' Pink Pills have proved a boon to womankind. Acting directly on the blood and nerves, they restore the requisite vitality to all parts of the body, creating functional regularity and perfect harmony throughout the nervous system.

The pallor of the cheeks is changed to the delicate blush of health; the eyes brighten; the muscles grow elastic, ambition is created and good health returns.

Dr. Williams' Pink Pills are sold by all druggists, who universally consider them the most important remedial agent they have to dispense.

"Embarrassed, shuffling, timid, the best food and medicine all failed. Then I resorted to an operation. That, too, failed and they said another one was necessary. After the second I was worse than ever and the world was darker than before."

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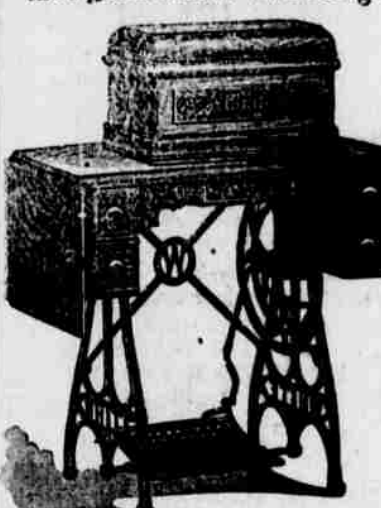
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Successor to the late William H. Snyder.

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Phoenix,	Hartford, Conn.	5,588,058.07
Continental,	New York,	6,754,908.72
German American,	New York,	6,240,098.83
LIFE—Mutual Life Ins. Co.	New York,	\$204,638,983.66

ACCIDENT—Employers' Liability Assurance Corporation, \$3,750,000.00  
Accident Ins. Co. Subscribed Capital  
Fire, Life and Accident risks accepted at the lowest possible rate, justified by a strict regard to mutual safety. All just claims promptly and satisfactorily adjusted. Information in relation to all classes of Insurance promptly furnished.  
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### SOMETHIN' IS LACKIN'.

Let me introduce a gentleman you may have met too many times. He's a swellin' on a fertile farm, 'n' keeps a horse and cow. He always dogs a cat or two, 'n' fights cocks—but say, he will swear by all th' stars, that farmin' doesn't pay!

He has never no good plantin' land—th' best ever seen. What th' woods is wavin' 'er th' soil in tranquillous serenity? It's by diligence he manages 'r raise his winter's hay.

But he swears with great vehemence, that farmin' doesn't pay.

Oh, th' daisies grow luxuriant whar 'taters oughter be. He plants 'em all around each shade 'n' apple tree, so he spends his time in fishin' (for 't drive his carter away).

'N' eust'n' all creation 'cause his farmin' doesn't pay.

'N' d' cracks betwix th' shingles on his roof lets in the rain. 'N' d' cardboard as a piece up in replace each broken pane.

'N' d' window up his house, because it ain't no use, no way, 't expend a cent in fixin' up whar farmin' doesn't pay.

Oh, th' troubles an' th' trials of old "Farmer Sykes" is great; An' it would not th' world a-weepin', of th' hull I should relate.

'N' d' I know he's perseverin', fr' I've seen 'em sit an' fish 'r a day, 'n' never ketch enough 't fill a sarcer dish.

'N' d' th' laws up this creation isn't whar they oughter be, 'N' thar's somethin' sadly lackin' in this country, great 'n' free.

When a perseverin' tiller up th' soil's obliged 't say, That with all his perseverance, he has never made it pay!

—Western Rural.

### SIZE OF SUGAR BEETS.

The Small Kinds Are Richest in Saccharine Matter and the Most Profitable for the Grower.

At a discussion upon sugar beets recently among the members of a Wisconsin farmers' institute Prof. W. A. Henry, dean of the Wisconsin agricultural college, said, concerning the size of beets: "The best sugar beets weigh about two pounds each. Do not try to grow great, large beets, thinking they are the best. Years ago when I was looking up the beet sugar question in California I had a conversation with some of the officials of the Southern Pacific Railroad company in their office in San Francisco. I was urging upon them the importance of beet sugar production in California. Col. Crocker, the leader, showed much indifference, saying that he had lost \$50,000 in trying to promote this very enterprise. I told him that that was not necessarily a reason why beet sugar production could not yet be profitable. Later on in our conversation, when talking about California's wonderful productions, he said that in his experiments he had grown beets that weighed 20 or 30 pounds each. As soon as he told me this I replied: "There, Col. Crocker, is one of the reasons your factory failed. You thought large beets were good beets, when in truth they are poor beets, and helped wreck your factory. You should have tried to produce small beets, but many to the acre; and such, if grown properly, would have been rich in sugar, and these would have brought you success instead of failure."

### FENCE-WIRE WINDER.

With This Tool One Man Can Do Lots of Work Without Tearing His Hands or Clothes.

Last fall I made the device for winding up fence wire, shown in the accompanying illustration. It is a troublesome job to move a wire fence, but with this tool one man can wind up



### FOR WINDING FENCE WIRE.

barb wire smoothly and quickly, and without tearing his clothes or hands. The wheels for the front end are some old pulleys picked up at an implement warehouse. None are placed on the rear end, so that the sled will drag a little harder to increase the tension. Fasten the end of the wire to an empty spool, and place the spool on a crowbar, run through holes in the standards. Stand behind, between the runners, and turn the spool, which will wind up the wire and draw the sled along.—Sebastian Meyer, Jr., in Farm and Fireside.

### Locate the Underdrains.

Wherever an underdrain has been laid, either a map of the ground should be drawn, or such other memorandum as will enable the owner of the land to always know where it may be found. There is nothing more provoking to the buyer of a farm than its inability to decide just where the old drains are located and what size conduit they have. Of course the drain, if in working order, will show within two or three rods where the stone or masonry may be found. But to reach it then requires much needless digging, which could all have been avoided if the man who laid the drain had been careful to make a record of its location.

### The Foundation of Farming.

Good plowing lies very close to the foundation of successful farming, being the foundation stone upon which nearly all thorough and successful soil culture must rest. It is an operation which should never be performed carelessly, for, while it often is expensive to plow the ground thoroughly, it is even more so to permit of the work being done in a hurried and superficial manner.—Agricultural Experiment.

### Our Clubbing List.

In order to give all a chance to get our papers cheap we have made arrangements with a number of papers to combine them with the Post at special rates. The regular rate per year for the Post is \$1.50 but during our special offer we will accept \$1.00 per year in advance. Then if any want other papers that we name below we give them the advantage of special rates. The first column names the publisher's price, the second the amount which added to \$1.00 will pay for the "Post" and the publication named. The list is as follows.

	Pub. Price.	Com. Price.
N. Y. Weekly Tribune,	\$1.00	\$ .25
Phila. " Press,	1.00	.50
Washington Weekly Post,	1.00	.40
N. Y. Thrice-weekly World,	1.00	.25
American Gardening (M.),	1.00	.75
Phila. Inquirer (daily),	3.00	1.50
Farm News (M.),	.50	.10
Womankind (M.),	.50	.10
American Agriculturist,	1.00	.75
Practical Farmer,	1.00	.75
Magazines,		
Scribner's,	3.00	2.50
Ladies' Home Ideal	1.00	.45
The Arena,	2.50	2.00
McCall's Fashion Mag.,	1.00	.30
Cosmopolitan,	1.00	.30
Leslie's Weekly,	4.00	3.00
Review of Reviews,	2.50	2.00
Century,	4.00	3.50

You can make a variety of combinations from the above, for instance the Post and N. Y. Tribune for \$1.25; the Post and the Phila. Press for \$1.50; the Post, the N. Y. Tribune, Womankind and Farm News and other papers for only \$1.45 cash in advance and so on combinations can be made to suit purchasers' tastes. Address all orders to the Post or hand them to our agents.

Many old soldiers now feel the effects of the hard service they endured during the war. Mr. Geo. S. Anderson, of Rossville, York county, Penna., who saw the hardest kind of service at the front, is now frequently troubled with rheumatism. "I had a severe attack lately," he says, "and procured a bottle of Chamberlain's Pain Balm. It did so much good that I would like to know what you would charge me for one dozen bottles." Mr. Anderson wanted it both for his own use and to supply it to his friend and neighbor, as every family should have a bottle of it in their home, not only for rheumatism, but lame back, sprains, swellings, cuts, bruises and burns, for which it is unequalled. For sale by all Druggists.

### OLD COPIES WANTED.

In order to complete our files we want the following named issues of the Post:

- July 8, Sept. 16, 1869; Oct. 6, 13, 1870; Jan. 26, 1871; Apr. 17, 1873; Nov. 4, Dec. 23, 1875; Mar. 7, 1878; May 15, 1879; Feb. 17, Mar. 10, 1881; Apr. 23, 1883; Mar. 27, June 12, Aug. 7 and Oct. 30, 1884; Sept. 17, 1885; Jan. 28, May 6, Oct. 28, Dec. 23, 1886; Dec. 20, 1887.

Any of our readers having copies of the above issues will confer a favor by letting us know. Such copies in good condition will command a fair price.

### Whooping Cough.

I had a little boy who was nearly dead from an attack of whooping cough. My neighbors recommended Chamberlain's Cough Remedy. I did not think that any medicine would help him, but after giving him a few doses of that remedy I noticed an improvement, and one bottle cured him entirely. It is the best cough medicine I ever had in the house.—J. L. Moore, South Burgettstown, Pa. For sale by all Druggists.

### FREE TO CONSUMPTIVES.

Dr. Bartle will mail on application a free sample of his new discovery for Consumption, Bronchitis and weak lungs, which cures so many cases. The doctor is very much interested in spreading the news of this great remedy. Readers are requested to write without delay. Address: **DR. W. B. BARTE,** A. Inter-Ocean Bldg., Chicago.

### A Miss-Understanding.

American Tourist—I understand, Marquis, that you fell in love with a distinguished American lady on account of her pretty foot.

Marquis—Dat is it. Dat is it. De pretty vay she foots de billa.—N. Y. Weekly.

The publication of stories about the prodigious achievements of women in the Klondike region ought to be stopped, says the Cincinnati Enquirer, for humanity's sake. That one about the woman who walked to the Yukon and carried a sewing machine on her back is an especially pernicious lie.

A physician in Mobile, Ala., is proud of the distinction of having had four patients under his charge whose aggregate ages amounted to 341 years. One is 75, another 86, another 88, and the fourth 80 years old.

## THE YENG

A Pleasure at Last.

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Used for our handsome views of public buildings, station and avenues of Washington City. This book cost us many dollars. It will be sent to you for free when all others fail. Can you think of something to return? Protect your ideas; they may bring you wealth. Before applying for patent, get our liberal advice and Inventor's Assistant. Patented in delay. **COPP & CO.,** Patent Attorneys, Washington, D. C.

### New Music—Liberal Offer.

To introduce our new monthly publication, AMERICAN POPULAR MUSIC, we make the following liberal offer: Send us the names of three or more performers on the piano or organ, and fifteen cents in money or postage, and we will mail you sixteen pages of the latest popular songs, two steps, etc., full sheet music arranged for piano or organ, and AMERICAN POPULAR MUSIC for three months.

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For sale at Middleburgh, by W. H. SPANGLER.

### Choice Fig Cake.

One cup of butter, two cups of sugar, one cup of milk, three cups of flour, one-half cup of cornstarch, four eggs, two teaspoons of cream of tartar, one teaspoon of soda, one pound of figs. Cut the figs in thin strips and sprinkle with flour, then place a layer of cake batter in the cake tin, next a layer of figs and so on, finishing with a layer of cake. This is an excellent cake. — Boston Globe.

—Think of it! A woman acting as engineer of a trolley car! Mrs. Mabel Briery, of Matamoras, Pa., has just been appointed substitute "motorman" on a trolley line in Middletown, N. Y.