

dance and epilepsy that Dr. Miles' Restorative Nervine has cured, would sione give this great remedy wide reputation. Mrs. Walter A. Steward, 773 Broadway, Kingston, N. Y., says March 3, 1896: "In 1893, while on a visit to friends our little girl was taken with spasms. We hastened home to our family physician. He did all he could



several physicians but the spasms continued. her tongue became partially paralyzed and the doctors said she would never talk again. Night and day we watched the poor tittle sufferer and tried every remedy we

saw advertised for such cases but got no relief. We began giving Dr. Miles' Nervine, and after taking four bottles she was running about as well and happy as ever.

Dr. Miles' Remedies are sold by all druggists under a positive guarantee, first bottle benefits or money refunded. Book on Heart and Nerves sent free to all applicants. DR. MILES MEDICAL CO., Elkhart Ind.

PENNSYLVANIA HAILAJAU. Burbury & Lewistown Division In effect Nov 28, 1897.

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Train leaves Sunbury 5 25 p m, arrives at Schnsgrove 5 45 p m trains leave Lewistown Junction

* 58 a m, 10 18 a m, 12.87 p m, 527 p m, 7.07 11 58 p m Alreona, Pittsburg and the West. For Baltimore and Washington 9 35 a m 102 33, 4 15, 102 p m For Philadelphia and New York 833 9 55 a m, 102 133 4 43 and 1116 p m For Barrisburg 7 09 a m and 8 26 p m

Philadelphia & Erie R R Division NORTHERN CENTRAL RAILWAY

Trains leave Sunbury daily except Sunday;
121 a m for Eric and Canandaigua
133 a m for Bellefonte Eric and Canandaigua
145 a m for Lock Haven, Tyrone and the West,
140 p m for Hellefonte Kane & Canandaigua
5340 m for Renovo and Elmira 925 pm for Leck Haven Sunday 5:3 a m for Eric and Carandolgua 945 a m for Leck Haven and 925 pm for Wil

5.26 a. m. for Cotawiesa and Hazelton 7 m a m. 10 20 a m., 2 e5 p m. 5 43 p m for Shamo-tin and Mount Carnel Sunday 9 35 a m for Wilkesbar e

Trains leave Selinggrove Junction
10:00 a in, week days arriving at Phil delphia
10:00 m. New York 3:33 p.m. Haltimore 5:11 p.m.
Washington 4:19 p.m.
5:34 p.m. starty arriving at Philadelphia
10:20 p.m. New York 3:53 a in, Baltimore 9:15 p.m.
8:41 p.m. week days arriving at Philadelphia
4:30 a in New York 7:53 a in.
Trains also love Supports

130a in New York 7.03 a m

Tra'ns also leave Sunbury:
1 30 a m daily arriving at Philadeldhia 6.52 a m
taitimore 6.20 a m Washington 7.40 a m New
York 9.30 a m Weekdays, 10.38 a m Sundays,
1.33 p m, week days arriving at Philadelphi
6.23 p m, New York 9.20 p m, Haltimore 6.00 p m
Washington 7.15 p m
Trains also leave Sunbury at 9.50 a m and 5.27
and 8.30 p m, for Harrisburg, Philadelphia and
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famirie, and carthquake. Ac-ti. English and German. Con-rant one from actual photo-brok like it. Folia at aight.

- MENNON:"E PUBLISHING CO.

ABOUT ELOPEMENTS.

A Wise Mother Discusses the Subject in an interesting Way.

A mother whose daughters are all happily married, referring to the sub-ject of elopementa and marriage unsanctioned by the bride's parents, recently said; "I think the trouble in such a matter is largely owing to the mistaken treatment which the daughters receive from the members of their family circle. Their brothers, if brothers they possess, are not apt to make much of them, and the father and mother are so taken up with the cares of existence that they unwittingly fall into the error of appearing indifferent to the budding beauty of their daughters. Every woman's heart longs for Compliments and endearing words are as sunshine to a growing plant, and if there is a lack of these at home is it any wonder that when a young man comes along and tells a young girl that she is the sweetest thing on earth, she feels she has been unappreciated for years, and imagines that to dwell forever with an individual who adores her, who recognizes her charm, will be the acme of human happiness? "I made up my mind when my girls

were babes that they should never have to look for admiration away from home. It was the rule in our household to give them every pleasure within our power, to tell them when they looked well, and to be as complimentary and gracious as though they were the young ladies of a neighbor's household. And so they were not upset by the first chance words of admiration from a stranger, and having been always given to understand that what could be afforded was theirs, they were not prompted to run off to better their condition. Runaway matches are seldom made in Heaven, but are brought about, as I said in the beginning, through a natural longing for affection that has been wanting in places where it should be expected to come from first."-Chicago Daily News.

NOVEL WINDOW DRAPERY.

Simple in Construction, But Handsome in Appearance.

A charming effect at a window with a curtain that is at once a graceful drape and mellows the tone of the room by filtering the light beautifully, is the economical contrivance of a New York artist. Miss Alice Donbery, who took the gold medal for tapestry at the world's fair.

A white lace curtain of least expensive make, but a good and bold flora! design, had become the worst for wear in the laundress' hands, and what to do with it was a problem. It was mounted on old gold yellow cheese cloth at four cents a yard, tacked on a quilting frame, and the outlines were evenly but sketchily run in with old gold yellow crewel stitches. It was then "whipped" at the edge, finished with brass rings. run on a mahl-stick and passed through two polettes, which served as window brackets.

To make the light more graceful to the eye, the lower part of the window was lined with white tissue paper pasted on without a crease, which when dry gives a faint gray light so needful to the artist who at that angle must guard against a glare. The curtain was, however, one of a pair for a tiny drawing-room. The effect was rich. and only on place examination venled its simplicity of method.-Chieago Times-Herald.

Average Beight of Women.

The average height of women in England is five feet six inches. The average beight of American women, according to William Blaikie, the expert on physical culture, is five feet four inches. The two inches in favor of the English women are doubtless due to many generations of outdoor life and sports.

SMALL GIRL'S APROR.

The small girl's apron is receiving atseveral varieties from which to choose One of thece is the little Fife apron, the pattern for which is taken from the spron worn by the oldest daughter of the duchess of Fife.

This little girl, Lady Alexandra Duff, wears this season a series of pretty house aprons all made of Scotch gingham in pretty stripes of various colors.



APRON FOR SCHOOLGIRL

The pattern for the apron is a simple one and the diagram for it was sent lady who visits the Fife house.

The skirt is plain and is the same length front and back. Around the edge of the bib is a broad ruffle ending in a point at the waist. When the apron is laundered the waist is separated from placed on bearings mortised into beams the skirt and washed separately. By making two waists to each skirt one mortised through near one end of log skirt will often outlast two waists, both in the laundry and in the wear and tear of the apron.

Fruit Fairs at Churches.

A fruit fair was the form of a recent church entertainment. Oranges, limes, apples, bananas, grape fruit and hothouse peaches and pears were attractively arranged in various styles. There was a table of fancy work at which no piece was offered which did not in some way associate itself with fruit. Until one attempts to make out the list it is difficult to realize how long it can be made. There are all sorts of menu cards, prettily decorated with fruits, and innumerable doilies and centers whose limitations to fruit designs did not prevent a wide variety. There were fruit plates and fruit baskets, pin cushions in fruit shapes, and pretty water colors, with bunches of fruit, altogether a considerable array. At the table where refreshments were served the ices were in fruit forms. The idea was at least povel, which seems to be the most desirable thing nowadays .-Chicago Tribune.

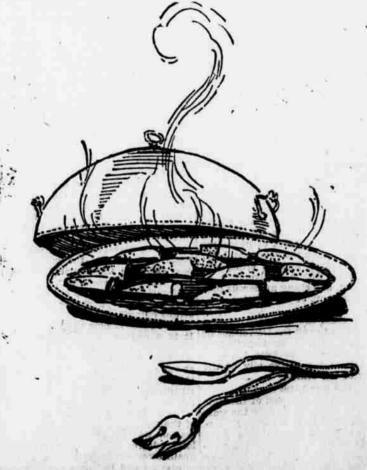
A Motor Cradle for Baby.

A motor cradle is the latest domestic A motor cradle is the latest domestic on a spike driven into beam and holds invention. It is said to be a great adaloft the dog while lowering the box. vance on the hand-rocked article, and One end of dog is anchored to cross can be worked with either electricity or petroleum. The motion can be accelerated or slackened by simply turning a screw, and one great advantage is that the bereesn does not cease swinging though the baby may be left in the room alone. There are, of course, doctors who say that a baby should not be rocked at all; but few mothers are of the same opinion, and with the majority the motor cradle will no doubt become

ENTREE OF FRIED BANANAS.

How to Prepare Them in a Way That Will Please the Most Fastidious Appetite.

The red bananas, or plantains, are best for frying, as they are firmer. They are seldom brought north, as they are not so delicate as the yellow ones. So, if you cannot obtain the red, select bananas that are very hard and firm, possibly too much so to be used raw. Peel the bananas and cut them in pieces



about an inch and a half long. stance that is not too salty.

When a light brown, put them in a covered collander to drain.

Make a sauce of balf a cup of boiling water, half a cup of claret, thick cornetered and sweeten to taste. Serve very hot. Fried banana is a grin New Orleans, whose it originated with the creoks cooks, who serve them

STORING VEHICLES.

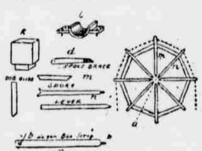
to Construct a Windlass of an Improved Patters.

In the making of plans for a windiass to elevate box from wagons or sleighs, the first requisite is a building of proper dimensions and construction to make it practicable. Fig. 1 portrays one 24 by 20 feet, and allows for corn crib full length on one side. It requires three sills and two plates, three cross beams, nine posts eight feet long and double doors at each end seven feet wide; comfortable space is left to pass between two wagons side by side. A post set in the ground at center or where doors meet should be about eight or ten inches high, with groove at both sides to receive the end of board placed directly under the edge of door, which



serves to keep out chickens or vermin. A groove also across the top of said post receives the door lock. A rope fastened to upper door frame and also to beam will keep the door from swinging too far back, so as not to damage hinges: over from England by an American foot of doors should be eight or ten inches from the ground in case of

Now procure a straight stick or log (a) eight inches in diameter, to reach from first across middle beam, and as at k and braced. Eight spokes (f) (a) and braced form the wheel (h). Spokes are notched at one end to receive chain (g), to make revolve. Notches are made near the bearing into which a dog (d) falls and serves to lock it and hold the box at any desired



THE PARTS IN DETAIL.

height. Holes are bored through windlass directly above ends of box through which runs a rope (b b) and falls down and is made forked; one end goes through a strip (cc) one by four inches, which is dovetailed at opposite end over which a loop end of forked rope passes. When strip is placed underneath the wagon box a tilting lever (c) hangs down with holes through it, which is placed beam and passes through a slot in a strip one by three inches, which serves to guide it to place. Two pieces, one by five inches, are nailed securely to cross beam with large holes through them and placed directly under ends of spoke and serve to guide chain to place. In Fig. 1, h shows floor space overhead to store vehicles; i is space through which they are elevated. The best style of chain is such as is used on endless chain pumps. This also serves as a lrandy device to elevate a beef when one has occasion to butcher. The windlass should be on opposite side from crib,-R. Logan, in Farm and Home.

FACTS FOR FARMERS.

Good fences will preserve friendships

and save lawsuits. Stump pullers are too cheap to permit

negligence in pulling out the stumps. There should be a forge, anvil and tools to go with them on every farm. If there is much tile drainage to do.

out the system. If we would only make it a rule that nothing, not even the most insignificant thing on the farm, should go to waste.

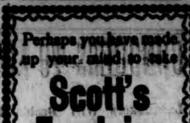
it will pay to hire an engineer to lay

we should be that much richer. We know of nothing that gives more satisfaction than good walks about the premises, and they can be made cheaply with cinders or boards, or even packed

sand is better than nothing. Coal ashes, we would say to an inquirer, often do soil good, not so much from their fertilizing as from their mechanical effects. Soils sometimes become disorganized and need mechanical reconstruction, which coal ashes sometimes can do.

The markets in the towns near you ought to be worked for all they are worth, especially for vegetables, fresh eggs. dairy products and fruit. We know a farmer who keeps one team and man peddling nearly all the time, and it pays him.-Western Plowman.

Concerning Sook Training. A certain amount of teaching in the different departments of the dairy and of agriculture is no doubt of great benefit to young farmers and dairymen, but it must be associated with good "common sense" if there are to be any valuable, practical results. Indeed, good "horse sense," with energy, is the largest element in the successful man-agement of a farm or dairy. Training at the agricultural schools is very valuable, but it cannot make successful workers without the thoughtful ener secto bilds, so give it direction. Farm



Then look for this picture on

the wrapper, a man with a big fish on his back. Do not let anyone talk to you of something "just &

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To introduce our new monthly pubication. AMERICAN POPULAR MUSIC, vemake the following liberal offer: send us the names of three or more performers on the piano or organ, nd fifteen cents in money or postge, and we will mail you sixteen pages of the latest popular songs, wo steps, etc., full sheet music aronged for piano or organ, and Am

Address Popular Music Co., Indianapolis, Ind.

Woman's Vanity. Maud-Why has Lillian given up wearing rational costume? Did George

object? Ethel-Oh, no; he said he approved of it, because it would prevent her attracting any other man's admiration. -Boston Traveler.

Isolated Case.

"I don't say all women are alike," remarked Mr. Meekton, with a sigh, "but Elizabeth hasn't changed much. Before we were married she was what they called a 'willowy' sort of girl. She is now a pronounced I-will-owy sort of a woman."-Chicago Tribune.

Realising on His Investment. "Well, Uncle Reuben, your daughter

Keturah has finished her education at last, has she?" "Yes, I reckon so. She says ither and nyther. Cost me \$1,900, but I guess

it's all right."-Chicago Tribune. A Hot Time. He raved about the "fire of love" With which her charms inspired him, But 'twas simply a frost to the holocaust felt when her father "fired" him.

UNPARDONABLE INJUSTICE.



Maude-Mrs. Judson is very much annoyed at the report of an interview which appeared in one of the papers

recently.

Marian-I suppose she didn't say half the things attributed to her? Mande-Half? She told the reporter enough to fill three columns, and he promised that every word of it would be published .- Harlem Life.

> The Returned Klondiker. "What! Back already?
> Weren't the diggin's good?"
> "Don't know. Dug fur home
> As quick as I could."
> —Chicago Tribune.

At a Political Meeting. Huzler-Too much noise at the other end of the hall, gentlemen! I cannot hear myself speaking. Aderer (in the chair)—Huzler hasn't a grain of gratitude in his whole com-position.—N. Y. Truth.

"Here's a valuable little book called Right Living," said the canvasser. The man at the desk waved him

Useless to Rim.

"I'll have no use for it until I get out of politics," he said.—Chicago Post.

A Chicago Society Event. Mrs. Wabash-Mrs. Lakeside is going to celebrate ber golden wedding next

Mrs. Manhattan-You don't say so! Mrs. Wabash-Yes; she will then have been married 50 times.—Town Topics.

What He Was About. phia North American.

Van Wither Don's you find keeping up a yacht expensive, Ven Miner?

Von Miner-Oh, no. I cook hept up

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Auditor's Notice

In the Estate of John
E. Lichtenwalter, late
of Course Township,
Snyder Co., Pa., dec'd. The undersigned auditor, app Orphan's Court of Snyder County, Per to distribute the funds in the hand Boilg and C. M. Showers, administration of the condent, to and among those entitione, will attend to the duties of the condense of the condens

ment at the office of Jacob Gills Berough of Middleburg, Spyder Cos sylvania, on Tuesday, the 3rd day of at 9 o'clock A. M., when and where interested are requested to present before the undersigned, or be forest barred from coming in upon said he E. E. PAWLIN