

# NO REST, NO SLEEP.

## How Energy and Ambition are Killed.

VITALITY AND HEALTH DESTROYED  
by WAKEFUL NIGHTS.

Strong and Steady Nerves a  
Necessity.

TO NEGLECT THEM MEANS CER-  
TAIN RUIN.

Dr. Green's Nervura Gives Strength  
and Vigor.

How many thousands to-day suffer from sleeplessness caused by nervous weakness. It is one of the incidents of American life, and you who read these lines are no doubt one of the great throng. After the day is done and when its cares ought to cease, you wish that they might fold their tents like the Arabs and as silently steal away. When night has drawn her sable curtains and all nature seems in repose, your weary eyelids long for that tired nature's sweet restorer, balmy sleep. What would you not give for the rest you had in the olden times. But it is denied you. The long hours are full of weakness and weariness, and the coming day brings only headache and heartache, impaired strength and exhausted nerves as you drag through its duties.

There is no burden so painful, and no loss so wasting. It wrecks the body and impairs the mind. It is the fearful harbinger of insanity. It has filled our asylums with its victims. You know this and gloomily dread the future. Weak, nervous, and discouraged, the least excitement prostrates you, and you are always worrying over anticipated trouble. Nothing goes right, and you often feel like despairing. You do not feel equal to the burden you once bore so easily.

Take heed while it is time. You are in a whirlwind of destruction. You are in the very Niagara of our nervous modern life. Do not delay. Safety is right at hand, if you will but accept it. That loss of appetite, gas in the stomach, torpid liver, constipation, nervousness, headache, etc., are but the first symptoms of the danger to come. It can be avoided, but only by acting at once.

Thousands have stood where you now stand confronted by the same frightful consequences, and have been cured and restored to health and happiness by that wonderful restorer of nerve energy and physical strength, Dr. Green's Nervura blood and nerve remedy. It is purely vegetable and entirely harmless.

Mrs. L. L. Gumprecht, who resides at 198 Blue Hill Ave., Boston, Mass., says:

"After having had an attack of the grippe I was feeling very weak and completely run down. I could not eat, sleep or work. I was so weak in the limbs I could not walk or work. I was very miserable, and I thought I should die. I lost all interest in everything. I had great distress from the little food I could eat.

"After taking three bottles of Dr. Green's Nervura blood and nerve remedy I was entirely cured of all these complaints. I feel like a different woman."

This grand restorative for the nerves, Dr. Green's Nervura, does not contain a particle of anything injurious, and can be given to restless and sleepless infants, nervous children or the most delicate invalid with absolute assurance of beneficial results. Dr. Green, of 35 W. 14th St., New York City, the most successful physician in curing nervous and chronic diseases, discovered it, and he can be consulted free of charge, personally or by letter.

Acknowledgment.

Lebanon, Pa., Aug. 29, '05.  
C. E. CONDON, Esq.:-

Dear Sir: We enclose herewith check for \$5.00 in payment of crayon you made for mother. We are very much pleased with the work and mother expects getting up a club of a dozen or more, and if successful, you may expect a nice order this fall. Yours truly,  
W. A. RAUCH for Barbara Rauch.  
10-3-31.

Excellent Eight Day Clocks will be sold for the next few days for \$3 each. Regular price \$5. Watches, Clocks, and Jewelry reduced in the same proportion.

H. H. LEITZEL.

### BEAVERTOWN.

S. A. Wetzel, Wm. H. Coleman and Sammel Bickel represented the Reformed congregation of this place at the joint Consistory meeting at Adamsburgh on Saturday. Will Dixon of Elmira, N. Y. recently visited his mother-in-law, Mrs. Kate Weidman. Mrs. Chas. Miller and daughter Ferry of Millersburg and Mrs. Geo. Miller and children of New Berlin spent Sunday at Thos. Kohler's. Mrs. Alfred Specht and Mrs. Cleon of Middleburgh visited the former's son, Charles, at this place on Sunday. Jacob Klose and family of Millinburg enjoyed the hospitality of Philip Herberster and wife a few days last week. J. P. Shirk and family recently paid a visit to friends at Middlecreek. Daniel Shawver and Elias Furhman attended the funeral of a child of Isaac Shawver's at Milroy last Wednesday. Last Thursday evening a pleasant party was held at the residence of Dr. W. M. Baker, in honor of his son Myrel. A. W. Engle is making improvements at his saw mill by erecting another building and adding new machinery. Our boys played a game of ball at Paxtonville on Saturday and won the game by 11 to 5. Max, a young son of Wm. H. Bingman, is down with Bilious fever. A number of wells at this place have run dry. The Beavertown Mutual Fire Insurance Co., held a business meeting in S. A. Wetzel's office on Saturday. CISA.

### CENTREVILLE.

Jack Frost has made his appearance. John Weidensaul of Milltown, a traveling salesman, was in town on business last week. W. N. Heinbach of Beavertown paid our town a business visit Wednesday. John Mohn and wife visited in Laurelton last week. Wm. Hunt, the gentlemanly salesman in Samsel and Napp's store, accompanied by two of our fair ladies, took a drive to Middleburgh one moonlight evening, last week. Albert Moyer of Bloomsburg, was registered for a day at the Centreville hotel last week. H. H. Grimm, Esq., of Middleburgh was here on business on Friday. Nathan Schambach and wife of Port Trevorton, were in town with relatives last week. C. A. Walter, who is teaching at Vicksburg came to town on a bicycle on Saturday. Communion services were held in the Evangelical church on Sunday forenoon. John Gerhart and wife of Adamsburgh and Miss Gertie Dreese of the same place, were in town with friends on Sunday. M. L. Miller, the enterprising marble dealer of Selingsgrove, put up a handsome monument over the grave of P. J. Rowe. Undertaker F. B. Bolig and wife, Mrs. W. A. Napp, Serenus Bowersox and wife are attending the fair at Bloomsburg this week. The cold snap caused our people to look up their stoves. OCCASIONAL.

### CHESTNUT RIDGE.

While I am writing this it is drizzling, something we were in great need as many wells and springs are dry and fall seeding is impeded. Last week I. B. Romig's clerk and manager of the store at Kratzerville formerly owned by H. S. Beaver was in the East buying merchandise, etc. Charles Spangler's sawmill, west of Kratzerville, is in full operation and while Noah Kline was hauling lumber from the same to Winfield, on coming home was surprised by a new teamster Dr. Harman had brought to stay. Among the callers and visitors at the home of P. R. Lenig last Sunday were Daniel Mull of Winfield, John Gross and John Martin of Northumberland, Jesse Hummel and Maggie Kline of Kratzerville and Carrie Kunkle of Chestnut Ridge. P. R. Lenig and part of the family visited H. S. Bowersox over Sunday of Verdilla and while there learned that the barn of George and Elias Shotzberger with hay, grain, two hogs, pig stable, and other things burned to ashes. Andrew Laudenslager is on the sick list. Levi Hendricks is giving his new house the second coat of paint. Puck.

STOVES! STOVES!—If you need any thing in the line of Stoves you can save from 2 to 6 dollars by coming to us to buy. We have a full line of the very latest improved Stoves, Ranges and Heaters in stock, also Spouting, Roofing and Stove repairs at the lowest prices. Come and see our stock before buying elsewhere. Shop close to the railroad station.

SHANNON & MATTER,  
Swineford, Pa.

For  
Throat  
And Lung  
Troubles, Take

# AYER'S

Cherry Pectoral

Received  
Highest Awards  
At World's Fair.

When in Doubt, ask for Ayer's Pills.



Rub your poor, tired feet  
with  
**Salva-ces**

It takes all the aching  
out of sore or tender feet,  
instantly. Strained or  
over-worked muscles,  
chafings, or any soreness  
or stiffness—they're all  
relieved in the same quick  
way.

It's the best remedy for  
**Sprains, Piles,  
Rheumatism, Catarrh,  
Neuralgia, Sore Throat,  
Burns, Bolls,  
Bruises, Skin Diseases.**

Two sizes, 25 and 50 cents.  
At druggists, or by mail.

THE BRADFORD CO., 774 CANAL ST., N. Y.

# CLIMAX BAKING POWDER

PUREST  
AND BEST

LESS THAN HALF THE  
PRICE OF OTHER BRANDS  
+ POUNDS 20¢ +  
HALVES 10¢ + QUARTERS 5¢  
SOLD IN CANS ONLY.



COME TO SEE THE

# NEW STOCK

---OF---

Fall and Winter Clothing,

OVERCOATS,

# Boots and Shoes.

PRICES AT THE BOTTOM.

H. OPPENHEIMER,

Selingsgrove.

CLOSING OUT  
**SALE**

—OF OUR—

## Furniture Department.

Our Entire Stock of Furni-  
ture and Bedding will be  
closed out in the following  
months at

Prices Never Heard of Before.  
Chamber Suits, 8 Pieces, marked  
down from \$10.00 to \$25.00.

Parlor Suits marked down from  
\$10 to \$25.

Sideboards marked down from \$6  
to \$15.

Couches marked down from \$5 to  
\$10.

Lounges marked down from \$2 to \$8.  
Fine Upholstered Rockers marked  
down from \$3 to \$8.

Bedsteads marked down from \$2  
to \$6.

Cane and Wood Seated Chairs  
marked down from \$1 to \$6.

Hall Rockers marked down from  
\$4 to \$10.

Ladies' Parlor Desks marked down  
from \$3 to \$10.

Parlor Tables marked down from  
\$1 to \$5.

Looking Glasses, Easels, Pictures  
and Picture Frames, Statuary, Has-  
socks, Rattan, Cane Seat and Back  
and Wood Seat Rockers, Extension  
Tables, Cupboards, Umbrella Stands,  
Tea Tables, Commodes, Chiffoniers,  
Bureaus, Doughtrays, Wardrobes,  
Stands, Mattresses, Bed Springs,  
&c. Our stock of Carpets, Rugs,  
Art Squares, Matting and Cocoa  
Door Mats is the largest of any  
house in the county, and all price  
on these goods are marked down in  
plain figures, and will be sold at a  
big reduction during the Closing  
Out Furniture Sale. I am deter-  
mined to close out the Furniture  
Department of my business, and  
terms on the above goods are prices  
named will be cash or note with ap-  
proved security.

W. H. FEE,

Lewistown, Pa.

P. S.—All goods packed and de-  
livered in good order F. O. B.

### PERSONS TO TRAVEL.

WANTED.—Several faithful  
gentlemen and ladies to travel for  
established house.

SALARY \$780.00 AND EXPENSES.

Position permanent if suited; also  
increase. State reference and en-  
close self-addressed stamped envel-  
ope. THE NATIONAL,  
316-317-318 Omaha Bldg., CHICAGO.

**BAYARD'S**  
Pink  
Dyspepsia Tablets.

A SURE CURE FOR  
DYSPEPSIA AND INDIGESTION.  
will immediately strengthen the stom-  
ach and restore appetite. For sale by  
Druggists or sent promptly by mail on receipt  
of 50c. a box.  
BAYARD DRUG CO., Baltimore, Md.  
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The Best Goods for the Least Money.

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Only the Oldest, Largest and  
Strongest CASH Companies.

No Assessments No Premium Note

Sound solid and True Indemnity. Representing every class of  
Insurance—either Life, Fire, Accident, or Tornado.

SEE OUR COMPANIES!

NAME	LOCATION	ASSETS
Aetna	Hartford	\$10,656,139
Home	New York	9,370,640
Fire Association	Philadelphia	5,067,851
Fidelity and Casualty	New York	1,587,067
Equitable Life Ins. Soc. New York	New York	136,198,518

All business entrusted to our Agency shall always receive the  
utmost care and attention. Entire satisfaction guaranteed. We  
solicit a share of your patronage.

H. HARVEY SCHOOCH, Selingsgrove, Pa.  
Liberal Adjustments. Prompt Payments.

## THREE DON'TS.

DON'T wait to buy your boots and  
shoes for Winter wear until you  
must pay advanced prices. We  
are selling ours at the

### OLD PRICES.

DON'T forget that we are  
Sacrificing all Summer Goods

DON'T miss the reduced prices of  
all Dress Goods, Clothing, etc., for  
30 days only.

HOCH & OLDT, New Berlin, Pa.

# RIGHT THIS WAY!

I have in stock a full and com-  
plete line of

## Furniture of all Kinds

at all times you can see the latest styles of

## Parlor and Bed-Room Suites

## SIDE-BOARDS, SOFAS, MATTRESSES

CHAIRS, SPRINGS, ETC.

In short everything usually found in a first class Furni-  
ture Store. I make a specialty of repairing, upholster-  
ing and painting furniture.

## UNDERTAKING In All Its Branches,

made a specialty at lowest prices. No charges for Embalming.  
You will save money by calling on me before purchasing elsewhere.

JACOB HAUPT,

KEELEYS' BUILDING, Market St., Selingsgrove, Pa.

# DID YOU SEE THIS?

## NEW GOODS. LOW PRICES. GUARANTEED

SATISFACTION IN GOODS, FITS, WORKMANSHIP  
AND PRICES.

I ask but a TRIAL Respectfully,  
H. L. PHILLIPS,

MERCHANT TAILOR.

Selingsgrove, Pa.

## YOU CAN'T LIVE WITHOUT LIVER!

HOW'S YOUR LIVER?  
ARE YOUR KIDNEYS ALL RIGHT?

DOES YOUR BACK ACHE? DOES YOUR SLEEP REST YOU?  
ARE YOU WEAK AND THIN? ARE YOU DULL AND BILIOUS?

## Try Dr. J. H. McLEAN'S LIVER AND KIDNEY BALM.

All who use it say it is *The Peerless Remedy* for curing all ailments  
OF THE LIVER, KIDNEYS AND BLADDER, FEMALE TROUBLES,  
RHEUMATISM AND BRIGHT'S DISEASE.

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