

FULTON COUNTY NEWS.
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U. S. HEALTH SERVICE ISSUES WARNING

Increase in All Respiratory Diseases After the Influenza Epidemic Probable.

Influenza Expected to Lurk for Months. How to Guard Against Pneumonia. Common Colds Highly Catching—Importance of Suitable Clothing—Could Save 100,000 Lives.

Washington, D. C.—With the subsidence of the epidemic of influenza the attention of health officers is directed to pneumonia, bronchitis and other diseases of the respiratory system which regularly cause a large number of deaths, especially during the winter season.

Common Colds Highly Catching. "It is encouraging to observe that people are beginning to learn that ordinary coughs and colds are highly catching and are spread from person to person by means of droplets of germ laden mucus."

Suitable Clothing Important. "Still another factor in the production of colds, pneumonia and other respiratory diseases is carelessness or ignorance of the people regarding suitable clothing during the seasons when the weather suddenly changes, sitting in warm rooms too heavily dressed or, what is even more common, especially among women, dressing so lightly that windows are kept closed in order to be comfortably warm."

Could Save 100,000 Lives. "I believe we could easily save one hundred thousand lives annually in the United States if all the people would adopt the system of fresh air living followed, for example, in tuberculosis sanatoria."

Drop Infection Explained in Pictures. "The Bureau of Public Health, Treasury Department, has just issued a striking poster drawn by Berryman, the well-known Washington cartoonist."

USE THE PUBLIC HANDKERCHIEF AND DO YOUR OWN PROTECTIVE PART. COPS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Work for Better Times. To what signifies wishing and hoping for better times? We may make these times better, if we bestir ourselves.—Franklin.

Spasmodic Sermon. Men are known by the company they keep and companies are known by the men they keep.

Optimistic Thought. It is a sure indication of good sense to be diffident of it.

ADVICE TO "FLU" CONVALESCENTS

SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Often Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

- Beware tuberculosis after influenza. No need to worry if you take precautions in time. Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air.

Washington, D. C. (Special).—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newsholme, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

One Million Consumptives in the United States. "Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States."

What to Do. In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician."

Danger Signs. The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."

A Sweet Job. "And now, since you have come out and asked us, Clara," said the indolent and youthful editor, "we may as well confess that our idea of a strenuous job is taming wild honey."

Misconstrued Silence. "He who says nothing is never misquoted," remarks a philosopher. No, but sometimes his wife accuses him of sitting there thinking things.—Boston Transcript.

Indian Superstition. A student of Indian customs relates that among the Seneca tribes was one remarkable for its beauty. When a maiden died the Indians imprisoned a young bird until it first began to try its powers of song, and then loading it with messages and caresses they loosed its bonds over her grave in the belief that it would not fold its wings nor close its eyes until it had flown to the spirit land and delivered its burden of affection.

Accuracy Better Than Speed. People who go in for speed records are not as wise as they think they are, for speed without accuracy is of no avail. True, time is at a premium in every line these days and we should not under any circumstances waste a minute unnecessarily. But if we aren't sure about any phase of our work we must take sufficient time to go into it and not rely on chance to help us where we can possibly help ourselves.

Monument to Genius. Amid the ruins of the capitol at Rome, on October 15, 1794, Edward Gibbon formed the resolve to write "The Decline and Fall of the Roman Empire," and on the night of June 27, 1787, nearly twenty-three years later, in the summerhouse of his garden, the last word was written, but in those laborious years Gibbon had built an enduring monument to his own genius.

Explanation of Snow Line. The snow line is the estimated altitude, in all countries, where snow would be formed. Even at the equator, at an altitude of from 11,000 to 12,000 feet above the level of the sea, snow is found upon the mountain tops, and lies there perpetually.

Sardine Oil. A new industry has lately been established on the west coast of southern India for the manufacture from the sardine of fish oil and guano, according to report. Previously sardines in many thousands of tons had been dried whole on the beach for manure, but by this wasteful process all the oil was lost.

Korean Women. In Korea women occupy a place in society which has no parallel elsewhere in the Orient. They are both better and worse off than in China or India or Japan—better off because there are more fields open to them, worse because they are overworked, often ill-treated, and until recently were actually enslaved.

Pretty Compliment. Willie had as a neighbor a larger boy named Robert, of whom he was fond. He would watch for Robert's return from school, as he knew he would play with him and amuse him. One day he was asked why he liked Robert so well and he said, "Robert is just like a papa to me."

Defense of Automobile. Out at the old country church the mule and buggy has been knocked higher than a kite by the automobile because automobiles don't break loose like the mule did, nor do they gnaw the shade trees in the churchyard.—Commerce News.

What of the H. C. of L.? You cannot play with dollars unless you are an idiot. No dollars can put into your mind any thought worth while that was not there before, and good thoughts are the real wealth.—Washington Times.

Beyond Power of Law. To stop a woman's tongue is beyond the power of the law. A man asked a Belfast magistrate for a summons the other day to stop his wife's tongue, as she talked too much. He was told that the law could offer him no relief.

The Difference. "Of course, it seems funny," said the facetious observer's wife. "But the evening gown is for the woman who stays up most all night, and the night-gown is for the one who goes to bed about nine o'clock."

It is possible for a fellow to kick up a lot of dust on the highway of life without making very good time.

We have yet to read of a female spy who is not also a beautiful society woman.

FAIR FOOD PRICES. For Fulton County for the Current Week, Approved by Food Administrator John R. Jackson.

Table with 3 columns: Articles, Retailers Pay, Consumer Pay. Includes items like Bacon, Beans, Butter, Cheese, Corn Meal, etc.

DUBLIN MILLS. Lorraine Madden is all smiles. It's a Farmerette. Mr. and Mrs. David Knepper made a business trip to McConnellsburg recently, and called on Mr. Knepper's sister Mrs. Amanda Unger.

A number of our young people attended the farmer's institute at Hustontown. Mrs. Walter Horton of New York spent a couple days visiting her cousin Mrs. Wm. Knepper. Mrs. Horton is a post graduate nurse and has been spending much time nursing "flu" patients in New York.

Miss Ruth Hess, who had spent a few days at Petersburg, has returned to her home at this place. We are having plenty of rain at present.

There will be Sunday School 9:30 at Center next Sunday. Everybody come. Martin Grissinger is employed at the Mountain. The mill is now in charge of John Grissing.

Mr. and Mrs. Charlie Wilson and family are visiting at W. D. Royer's. Miss Beatrice Knepper spent Saturday night and Sunday with her uncle Howard Barnett.

Wanted, For Sale, For Rent, Lost, Found, Etc.

RATES—One cent per word for each insertion. No advertisement accepted for less than 15 cents. Cash must accompany order.

FOR Sale.—Span of horses, 5 to 6 years old. I have of J. H. Hebbner, one half mile west of Lashley post office. Uniontown, Pa. 11 21 4

MEN WANTED.—Machinists, Carpenters, Helpers, Mechanics, Helpers, Firemen, Trackmen, Stock Unloaders, Cook, Oven Men, and other help. Good wages and steady employment. Apply to COLONIAL IRON CO., Kiddlesburg, Pa. 8 23 17

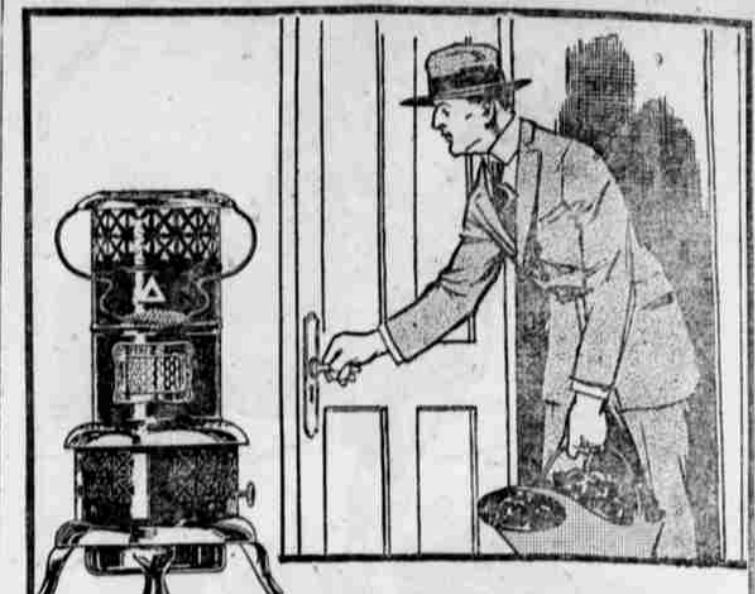
FOR SALE.—What is known as the S. E. Roher farm, Cherry Grove, 125 acres, 63 cleared, rest in timber, good 6 roomed house, bank barn, fine spring at door. Price and terms right. For further particulars inquire of the owner, E. J. GRAY, R. 1, Box 75F, Carey Springs, Pa.

PUBLIC SALE OF Real Estate.

By virtue of an order of the Orphans' Court of Fulton County, the undersigned administrator of Annie M. Hershey, deceased, will sell at public sale on the premises, in New Grenada, Fulton County, Pa., on

Saturday, Dec. 28, 1918, at 10 o'clock a. m., the following described real estate, to wit: consisting of a HOUSE AND LOT, adjoining lot of Mrs. F. G. Mills on the south, on the north by lot now or formerly of Jehu Cunningham, on the east by public street, containing about 6000 square feet of ground. The dwelling house is a two-story frame building, in good repair and the location is an attractive one in the center of the village of New Grenada, being but four miles from Robertsdale. The other improvements are a stable and other buildings.

TERMS—Twenty-five per cent when property is a balance at confirmation of sale by the court. 12-12-33 Administrator.



Advertisement for Rayo Lamps and Rayo Lanterns. Includes text: "Don't have to make so many trips now", "You should have a Perfection Oil Heater, too. No one is sure of getting a full supply of coal this year.", "The Atlantic Refining Company Everywhere in Pennsylvania and Delaware".



The Farmer Receives More Than Five Thousand Dollars a Minute From Swift & Company

This amount is paid to the farmer for live stock, by Swift & Company alone, during the trading hours of every business day. All this money is paid to the farmer through the open market in competition with large and small packers, shippers, speculators and dealers.

The farmer, feeder, or shipper receives every cent of this money (\$300,000 an hour, nearly \$2,000,000 a day, \$11,500,000 a week) in cash, on the spot, as soon as the stock he has just sold is weighed up.

Some of the money paid to the farmer during a single day comes back to the company in a month from sale of products; much does not come back for sixty or ninety days or more. But the next day Swift & Company, to meet the demands made by its customers, must pay out another \$2,000,000 or so, and at the present high price levels keeps over \$250,000,000 continuously tied up in goods on the way to market and in bills owed to the company.

Swift & Company, U. S. A.



NOTHING TO HIS CREDIT. THEN CHARGED IT. "I don't see why you find fault with him so much." "He's a blundering fool." "That may be, but he's a young man, and he's very ambitious." "Oh shucks. The kaiser was ambitious."