Oregon, Ill.—"I took Lydia E. Pink-am's Vegetable Compound for an or-ganic trouble which

pulled me down un-til I could not put my foot to the floor and could scarcely do my work, and as I live on a small farm and raise six hundred chicken every year t made it very hard or me. "I saw the Com-

pound advertised in our paper, and tried it. It has restored

by health so I can do all my work and I m so grateful that I am recommending it to my friends."— Mrs. D. M. Alters, R. R. 4, Oregon, Ill.
Onlywomen who have suffered the tormes of such troubles and have dragged along from day to day can realize the relief which this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, brought to Mrs. Alters. Compound, brought to Mrs. Alters. Compound, brought to Mrs. Afters.
Women everywhere in Mrs. Afters condition should profit by her recommendation, and if there are any commendations write Lydia E. Pinkham's Medicine Co., Lynn, Mass., for advice. The result of their 40 years experience

Costly Capitulation. "War is mighty expensive business." "Yes, the presents I have to make ny wife after we quarrel almost bankupt me."-Boston Transcript.

s at your service.

GIRLS! USE LEMONS FOR SUNBURN, TAN

Try it! Make this lemon lotion to whiten your tanned or freckled skin.

Squeeze the juice of two lemons ina a bottle containing three ounces of brehard White, shake well, and you are a quarter pint of the best freckle, mburn and tan lotion, and complexm whitener, at very, very small cost. Your grocer has the lemons and any mg store or toilet counter will supply hree ounces of Orchard White for a few cents. Massage this sweetly framant lotion into the face, neck, arms nd hands and see how quickly the reckles, sunburn, windburn and tan disppear and how clear, soft and thite the skin becomes. Yes! It is hermlass -Adv.

GLORIOUS FEELING

fement in the Life of an Aviator That Makes Up for Much He Has Endured.

When you have been on patrol a ing way behind the enemy lines, shootas up towns and camps and railway mins like a pack of aerial cowboys; then, on your way home, you have derately disobeyed orders and loafed long way behind the other members f your group in order to watch the petty sunset; and as a punishment or this esthetic indulgence have been wertaken by darkness and compelled to land in strange country, only to lave your machine immediately surbunded by German soldiers; then, having taken the desperate resolve that they shall not have possession of pur old battle-scarred avion as well is of your person, when you are about to touch a match to it, if the light gistens on a long French bayonet and 100 learn that the German soldiers have been prisoners since the battle of the Somme, and have just finished their day's work at harvesting beets to be used in making sugar for French pollus-ah, isn't it a grand and gloflows feeling?

To which I would reply, "Mais oui, a vieux! Mals oui!"-James N. Hill, in July Atlantic.

Extreme Test. "Smooth, eh?"

"Smooth! I've known him to talk 4 traffic cop out of a pinch,"

A church bell has an empty head and a long tongue, yet it is discreet mough not to speak until it is tolled.



POSTUM!

-you hear it more and more when one is asked what he'll have for his morning drink.

Delightful aroma and taste, and freedom from the dis-comforts that go with coffee.

Nourishing healthful, economical.

No WASTE at all an important item these days. Give INSTANT POSTUM

atrial.

(Conducted by the National Woman's Christian Temperance Union.)

THE WINE WAY TO DEGENERA.

TION. "Anybody who has ever traveled abroad and has gone into the winemaking countries will realize that there is no drunkenness there." This statement was made by Julius Kahn, representative in congress from Callfornia, at the hearing in the senate committee on the prohibition amendment to the agricultural bill.

And United States Senator James D. Phelan, from the same state, said that "in wine-making countries there is conspicuous sobriety." Hear what Vance Thompson, author and journalist and experienced traveler, says in reply to the claim that there is no drunkenness in southern Europe:

"He who makes that statement speaks out of deep ignorance. He has never dwelt in the villages of Provence, or wandered over the wide roads of Italy. You do not, I admit, see so wild and manifest a drunkenness as in the harsh, northern, spiritdrinking lands; but the southern drinker, making up in quantity what was wanting in the alcoholic strength of his beverage, reaches the same stage of physical impairment, begets the same polsoned offspring, dies in the same kind of alcoholic dissolution -to use the technical phrase. His moral corruption, as his physical degeneration, is slower in its progress; but statistics must be piled hospitalhigh to show it reaches the same end.

"It was in my heroscope to watch for 20 years the growth of the alcohol babit in France. I saw the nation art of letter writing." weary of the too feeble intoxicant of wine and take to strong drink. During those years the drinking of absinthe alone rose from an annual consumption of 1,000,000 gallons to over 5,000,-000 gallons. The Freach race, with dangerous deterioration, turned from the slow poison of wine to the flercer and more active of alcohol poisons-to the wilder alcohol of amers and absinthes.

"With what fine spiritual energy, born of battle-peril, France drew herself back from the abyss of racial degeneration, you shall see, but assuredly she was going even as the wineboy is making for whisky drunkenness -toward the alcoholic deterioration which is national deterioration, which is national death.

"Let there be no doubt about it; the wine way to drunkenness is a way like any other."

FRENCH ANTI-ALCOHOL POSTER. The following poster has been used in some of the barracks of the French army in promoting an educational campaign against the use of alcohol:

One who uses alcohol Octs ulcer of the stomach. Gets phthisis. Gets delirium tremens.

Gets a ward in an insane asylum. Gets to prison. Gets disgraced.

Loses time. Loses money. Loses intelligence, Loses will-power.

Loses self-respect.

TAMPERING WITH THE PERSON-AL LIBERTY OF OUR FOREIGN-

BORN CITIZENS. We tamper with their personal lib-Take a man out of his home, make him change the style of his clothing, assign hours for his meals, drill him, on shipboard, send him to the firing line, and there make him fight and possibly die, and you are tampering with his personal liberty considerably.

ALCOHOL A DEADLY POISON.

Coroner Bauer of Cincinnati the other day returned a verdict to the efof that city, "came to his death from alcoholic poison aecidentally administered." The examination in the case brought out the fact that John's brother Charles, eleven years old, gave him several spoonfuls of whisky to cure his cough. The child died an hour after he was admitted to the general hospital.

EVEN ANTI-PROHIBITIONISTS!

"No. I don't believe in prohibition," said a leading capitalist and manufacturer in a great state which went dry at the last election. "But there was nothing to do but to destroy the saloon and the liquor business. It had grown so strong that no laws could be enforced against it. Its political powers were becoming so great and it was so bold and contemptuous that for the sake of life and liberty it had to be wiped out."

RESULTS OF PROHIBITION IN

DETROIT. S. S. Kresge of Detroit, Mich., told the senate committee on agriculture that there was not a single arrest for was followed by John Back, who redrunkenness or accident, or theft in Detroit, a city of 800,000, on one day cret of success. From his lips a savafter prohibition went into effect. Arrests for drunkenness during the of Christ's agony in the garden. It month of May in Detroit went down from 1,692 in 1917 to 307 in 1918. Mon- flowing eyes and irresistible pathos to day absences at the Ford plant were 2,620 on the last wet Monday, 1,628 on the first Monday, and 1,500 on the second dry Monday.

THE MOVIES GAIN BY PROHIBI.

In cities and towns free from the temptation of the saloon, father brings home his money and says to mother. who doesn't take in washing any more: "Let's all go to the movies and have a good time." And they go to see "Hit the Trail Holliday," and appland gleefully the antiliquor Sundaylsms of the ope-time drink mixer. It is easy to see why the film producers like prohibition.

Christ's Method of Reform

By REV. L. W. GOSNELL Assistant Dean, Moody Bible Institute, Chicago

TEXT-I beseech thee for my son One-

The epistle of Philemon was written under most interesting circumstances.

Its recipient, a gentleman living in Colosse, was master of a slave named Onesimus, Profitable.

which means But the slave in question had been far from profitable. Indeed it seems he had stolen money and run off to Rome, the haunt of thieves and criminals of all sorts. Here he came into contact with Paul, who

was imprisoned, and was led to faith in Christ. He endeared himself to the apostle by ministering to him in his bonds, a service for which his training as a slave peculiarly fitted him. Yet the time came when Paul felt he should send him back to his owner, the Christian Philemon. But he places in his hands the letter with which all the world has become familiar, in order to insure him a kindly reception as a Christian brother, in spite of his past defections. Erasmus said of this letter, "Cicero never wrote with greater eloquence," and Renan declared that It is "a small but true masterpiece of the

We will not deal at this time with the marvelous tact exhibited by Paul in appealing to Philemon on behalf of Onesimus, but confine ourselves to the terms used by the apostle in speaking of the slave whom he is sending home,

It will help us to appreciate these terms if we remind ourselves that, in Paul's day slaves were looked on as "things" rather than men. Wealthy men sometimes owned as many as 10,-000 or 20,000, and a couple of hundred in a family was common. In the time of Augustus 400 slaves were put to death because their master had been murdered, presumably by one of them.

How remarkable, then, the expression Paul uses, "My son Onesimus whom I have begotten in my bonds." He calls the thief his son! Again he refers to him as "my very heart" (v. 12 R. V.) and says, "If thou count m? therefore a partner, receive him as myself" (v. 17). Anything which could make a Pharisee talk so about a slave is certainly worthy of consideration and the wonder of it is increased as we recall that Paul was a Roman citi-

Again, as if punning on Onesimus' name, he says that he was in time past "to thee unprofitable, but now profitable to thee and to me." What was this power that had taken Onesimus out of the refuse heap of society and made him useful to all to whom he was related? Voltaire said, "Philosophy does not concern itself with common minds. We have never undertaken to enlighten cobblers and maidservants. We leave that to apostles."

Turning Point for John B. Gough.

Well, fortunately, the apostles knew a power, even the gospel which is unto salvation to every one who believes. We wonder what Voltaire could have erty when we draft them for the army. done for Onesimus, or to come to modern times, for John B. Gough? Gough once lay in the gutter, drunk, with the noonday sun pouring down on his face. work him, control his habits, put him A good woman passed by and in compassion threw her handkerchief over his bloated face to protect it. When he awoke he found the dainty handkerchief and was greatly moved. Said he, "I am deep enough down, God knows, but some one has thought me worth pitying, and if I am worth pitying, I am worth saving." It was the lect that John Lewis, three years old, turning point in his life, and that he became "profitable" needs no demon-

Finally Paul bids Philemon receive this man, "not now as a servant, but above a servant, a brother beloved, specially to me, but how much more unto thee, both in the flesh and in the Lord." As one has put it, "In the flesh Philemon had the brother for his slave; in the Lord Philemon had the slave for his brother." We need not urge that a gospel which made master and slave brethren sounded the death knell of slavery.

First Christianize-Then Civilize. We hear much today of social reform, but forget sometimes that "the soul of improvement is the improvement of the soul." Would that we might learn from the story of Onesimus this truth, which all the Christian centuries illustrate. The history of missions in Greenland is a typical one. Hans Egede went out first and labored first civilize, then Christianize. But he finally gave up his task as hopeless. He versed the process and found the seage named Kajarnak heard the story melted his heart and he went out with tell his countrymen the story of the Cross. He does most for social reform who plants most deeply the Spirit of Christ.

It is a masterpiece of the devil to make us believe that children cannot understand religion. Would Christ have made a child the standard of faith if he had known that it was not capable of understanding his words? It is far easier for children to love and trust than for grown-up persons, and so we should set Christ before them as the supreme object of their choice.

A child of God can see more on his knees than a philosopher on his tip-

IMPROVED UNIFORM INTERNATIONAL

LESSON

(By Rev. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.) (Copyright, 1915, by Western Newspaper Union.)

LESSON FOR SEPTEMBER 22

FRUITS OF THE CHRISTIAN LIFE.

LESSON TEXTS-Matthew 25:14-30; 5:1-GOLDEN TEXT-All things are yours; ... and ye are Christ's; and Christ is God's.—I Corinthians 3:21-23. DEVOTIONAL READING-Galatians 6:

16-25.
ADDITIONAL MATERIAL FOR
TEACHERS—Psalms 17:15: Isaiah 51:11:
Acts 16:25; Romans 2:10; 5:1-2. I. The Parable of the Talents. This parable, like that of the Ten

Virgins, is associated with the second coming of Christ. In both instances there is evident an unpreparedness on the part of the people. In the first case there is fallure of the inward life; in the second, there is failure to use the gifts which have been entrusted to them. The first was failure to watch; the second was failure to work. By talents is meant, the gifts which God has entrusted to his servants. It may be natural endowments, special enduements of the Spirit, or it may be the gospel of Jesus Christ. With refer-

once to these talents note: Their distribution (vv. 14, 15). (1) A sovereign one. The servants belong to the Lord as well as the money. (2) An intelligent one, The distribution was made on the basis of the ability of each servant. The reason one man received one talent was because the Lord knew that he would be incapable of using two or five. (3) A purposeful one. The talents were given to be traded with. They were not given for the servant's own use, but stock-in-trade for the enrichment of the master.

2. Employment of the talents (vv.

In this employment all the servants recognized that the talents did not belong to them. The two-talented man and the five-talented man put their talents to use, which resulted in a large increase. It is always true that the right use of talents increases them, The one-talented man hid his in the earth. The unmistakable sign of the one-talented man is that he is hiding his talent. The two-talented and fivetalented men are always busy,

3. The accounting for the talents

(vv. 19-30). (1) Its certainty. There is a day coming when the Lord's servants shall give an account to him for the use they have made of their talents. (2) The time of. This is at the coming of the Lord. Those who are using their talents will rejoice when the Lord comes that they may present unto him their talents with increase. But the one talented man will have fear and dread against that day. (3) The judgments announced. To the faithful there was reward. This reward consisted of praise: "Well done;" promotion: "rulet over many things" and entrance "upon the Joy of the Lord." For the faithless one there was awful punishment which consisted of reproach-"slothful;" being stripped and cast into outer dark-

II. Characteristics of the Subjects of the Kingdom (Matt. 5:1-12).

These beatitudes are connected with each other with the strictest order of logical sequence. They set forth the characteristics of those who are subjects of the kingdom. They fall into three groups: four in the first, three in the second, and two in the third.

1. Poverty of spirit (v. 3). To be poor in spirit does not mean to be without money, but to come to the end of self, to be in a state of absotute spiritual beggary, having no power to alter his condition or make himself better.

2. A profound grief because of this spiritual bankruptcy (v. 4). The mourning here is not because of external cares, but a keen consciousness of guilt before a holy God. .

3. A humble submission to God's will and obedience to his commands withitual insolvency.

4. An intense longing to conform to the laws of the kingdom (v. 6). Hav-

the blood of Christ, and is maintained by living in fellowship with him. Those who have pure hearts can see God ev-

erywhere. 7. Peacemakers (v. 9). Those who have been reconciled to God by Christ not only live in peace, but diffuse peace. S. Suffering for Christ's sake (v. 10). The world hated Christ and crucified faithfully on the theory that we should him. Those who live for him shall suffer persecution (II Timothy 3:12). 9. Suffer reproach (v. 11). It means

> case we shall glory in it because it brings great reward in heaven. Always Do Your Best. What God may hereafter require of ou, you must not give yourself the least trouble about. Everything he gives you to do, you must do as well as you can, and that is the best pos-

sible preparation for what he may

give you to do next. If people would

do what they have to do they would

always find themselves ready for what

suffering under false charges. In such

comes next.-C. M. McDonald. Education From the Bible. Rend your hible, making it the first morning business of your life, to understand some portion of it clearly, and your daily business to obey it in all that you understand. To my early knowledge of the Bible I owe the best part of my taste in literature, and he most precious and on the whole, the one essential part of my educa-



The Branch House Man

This is one of the Swift & Company Branch House Men.

They are all pretty much alike in the way they feel toward their work-and that is what this ad is about.

They know that most people couldn't get such good meat promptly and in good condition if it weren't for the branch houses of which they are in charge.

They know that the branch house is one of the most important links in the chain of preparing and distributing meat for a

They know that Swift & Company must have its branch houses run at the highest notch of usefulness; that even a Swift & Company branch house won't run itself, and that it is up to the branch house man to run it properly.

Any branch house man who doesn't see his work in this light is transferred to some other place with Swift & Company to which he is better adapted. They are picked men, these branch

house men. Every time you sit down to a steak or chop, or cut of roast, you can give a grateful thought to the whole crew of them.

And remember, in a general way, that everything that makes life smoother and more convenient for you, is the result of the thoughtfulness and effort of a lot of people of whom you have never heard.

Swift & Company, U.S. A.



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Grove's chill Tonic Tablets and
Grove's Tasteless chill Tonic
Ton can row get Grove's Tasteless chill Tonic in
Tablet form as well as in Syrup, the kind you have
always bought. The tablets are intended for those
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"JROVE'S chill TONIC TABLETS" contain exactly
the same medicinal properties and produce the
common tentiles of the produce the common tentiles as Grove's Tasteless chill Tonic which same results as Grove's Tasteless chill Tonic is put up in bottles. The price of cither is Go

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It has been found possible to use much of the wheat-milling machinery of the United States for milling corn In this way the output of cornmeal was almost doubled within five months. Instead of using eight million barrels you. of wheat flour each month, America can now depend upon corn products for all breadstuff demands.



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MAY BE WHOLLY AVOIDED BY USING 'SPOHN'S'' A small outlay of money brings very great results. It is a sure cure and a preventive if ou use it as per directions. Simple, safe and tous. The large also a twise the quantity and on some more than the small size. Get our horses in best condition for late fall and whiter. All drug-

IS A CRIME AGAINST NATURE

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Stop it or you never can keep well. If you wake with a had taste in the mouth, coated tongue, perhaps headache, your liver is torpid. A torpid liver deranges the whole system, produces dyspepsia, costiveness and piles. There is no better remedy for these disorders than DR. TUTT'S LIVER PILLS. Try them just once and be eternally convinced. For sale by all druggists.

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Don't imagine you are a vocalist simply because the neighbors fail to

Constitution generally indicates disordered stemach, liver and bowels. Weight's Indian Vegetable Pills restore regularity without griping. Adv. Some men are always looking for the

handle that will enable them to pump Success is the one crime that some folks refuse to forgive in their friends.

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For centuries GOLD MEDAL Haarlem have been a standard household remedy. Oil has been a standard household remedy. They are the pure, original imported Haarlem bidden, hiver, bladder and stomach trouble, and all diseases connected with the urinary organs. The kidneys and bladder are the most important organs of the kidneys and through the bladder, drivers of the contract of the kidneys and through the bladder, drivers of the contract of the contract of the kidneys and through the bladder, drivers of the contract of the co

Ing received the righteousness of Christ as a free gift, every desire of this soul is to be filled with righteousness.

7 Merciful (v. 7). At this stage the subjects of the kingdom take on the character of the King. Christ was merciful; his followers will be likewise.

6. Purity of heart (v. 8). This heart purity begins by having our hearts sprinkled from an evil conscience with the blood of Christ, and is maintained.

Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, headacke, pain in loins and lower abdomen, gall stones, gravel, difficulty when urinating, cloudy and bloody urine, rheuring, cloudy and bloody Weariness, sleeplessness, nervousness,

but asking the reason why (v. 5). This body. They are the filters, the purifiers of ing out the poisonous germs. New life your blood. If the poisons which enter fresh strength and health will come as you your system through the blood and stomportant organs of the standard and though the poisonous germs. New life, fresh strength and health will come as you continue the treatment. When completesch are not entirely thrown out by the ly restored to your usual vigor, continue kidneys and bladder, you are doomed. keep you in condition and prevent a re-turn of the disease.

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ten by a mad dogfish!

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harmiche. Just as efective for Adults as for

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