

Libby's

Such Flavory Sliced Beef!

THE tenderness of Libby's Sliced Dried Beef, will delight you—but you will find the greatest difference in the flavor!

Have Libby's Sliced Beef with creamed sauce today. See how much more tender, more delicate it is than any other you have ever tried.

Libby, McNeill & Libby, Chicago



Athletics in the Navy.

All forms of athletics are encouraged in the navy. All of the larger ships and all stations have complete athletic equipment, as well as a regularly appointed athletic officer and instructor. The navy is a service of high ideals and requires the highest standard of physical fitness. To define the social status of the navy man today is unnecessary. A man in navy uniform is welcome everywhere. The navy's blue shirt is a badge of courage and distinction.—Boston Globe.

Summer Diarrhoea

Can be controlled more quickly with GROVE'S BERRY BOWEL MEDICINE and it is absolutely harmless. Just as effective for Adults as for Children.

Sunshine and Clouds.

Only true friends stand by you when you are under a cloud. Insects surround you when the sun shines.

That Mailed Fist.

A mailed fist swinging against a wall of bayonets is not an imposing spectacle.

Reason to Be Proud.

A boy deemed worthy to wear a uniform has a right to do a little strutting.

A Torpid Liver Condition

prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. They act gently and safely. Adv.

Easy for Some.

Hokus—How did he acquire his reputation for such great wisdom? Pokus—That's easy. There ain't a subject under the sun about which he can't remain silent and look wise.—Judge.

He Probably Meant Raze.

Jones (suddenly become patriotic in planning to plant things)—I say, old man, how do you raise a garden? Jones' Right Kick—First you get some seeds and plant them, then you buy a hen, and—

The Right Kick—Then you leave it to the hen. She'll raise it.—Cartoons Magazine.

Why Swift & Company Has Grown

The fact that a business organization has grown steadily for forty years proves that it has kept continually meeting a vital business demand.

It must have kept "fit" or it could not have stood the strain of ever-shifting conditions.

Swift & Company has been trained in the school of experience.

Every day of its forty years of service has solved some new problem of value to its customers.

Every year has proved its ability to learn by experience, and to use this knowledge for the benefit of those with whom it deals.

Swift & Company, U. S. A.

WOOL

All farmers having it for sale should write us at once for prices. Obtain more money for your wool by selling direct to LEWIS BAER & CO., Inc. (Wool Dealers) BALTIMORE, MD.

Alfalfa in New Zealand.

The raising of lucerne or alfalfa in New Zealand is receiving much attention of late, and the different varieties are being tested, with the result that there was cut during 1917 three crops of Turkestan lucerne with a total of 61.5 long tons per acre of the green lucerne, weighing shortly after cutting 11½ tons of Peruvian per acre, 12½ tons of Poitou, 11½ tons of Russian, 12 tons of Spanish, 121.3 tons of Hungarian, 14 tons of Patagonian, and 14½ tons of Marlborough lucerne. It is estimated that the Patagonian and Marlborough lucerne, when converted into hay, would give an approximate yield of 3½ tons each, which at \$19.46 per ton gives a total value of \$68.13 per acre.

When Your Eyes Need Care

Try Murine Eye Remedy. No stinging—Just Eye Comfort. 50 cents a bottle of mail. Write for Free Eye Book. MURINE EYE REMEDY CO., CHICAGO

A Prayer for Each Day

By REV. B. B. SUTCLIFFE
Extension Department, Moody Bible Institute, Chicago

TEXT—Teach me thy way, O Lord.—Ps. 27:33.

The text is a prayer which every Christian would do well to use daily. There are three reasons why this prayer should be constantly offered.



I. The Need of Instruction.
We are by nature incapable of knowing the way of the Lord. Naturally we are in ignorance concerning spiritual things. God must reveal his way to us in answer to such a prayer as this. But prayer presupposes a spirit of meekness. If meekness be absent we will pray in vain, for it is unto the meek he shows his way. Moses was called the meekest man, hence it is said, "He made known his ways unto Moses." If we would know his way we will in meekness pray, "Teach me thy way, O Lord."

Our proneness to wander is another reason for using this prayer daily. We are naturally inclined to choose our own way because it seems right, forgetting "there is a way which seemeth right unto a man, but the end thereof is the way of death." There may not be much difference between our way and his at first, but however slight at the beginning the end will be the difference between life and death. Like a clock losing a second or two each day, so the error of our own way will be hardly noticeable at the start. It must daily be corrected. The daily prayer for instruction will guard the believer from his ignorance and proneness to wander.

II. The Need of Personal Instruction.
It is said God makes no two things exactly alike. So each Christian has his or her own peculiarities. Each one has peculiar problems and difficulties which confront no one else. Many things are common to all believers, but each has some things which are peculiar. It is this peculiarity of problem or difficulty which causes the need of personal instruction. Only the Lord knows all the circumstances and only the Lord knows all the way. Others may know much; they cannot know all. Hence the advice of others, however well intended, and however wise the giver, can never take the place of the advice the Lord gives. And the instruction of others, however good and godly the giver, can never take the place of the instruction of the Lord. The church of God is made up of units and each unit has its own peculiar part to perform. Without the personal instruction of the Lord some Christians may be found doing another's work while his own lies neglected. As the body is one and yet has many members and each member its own office, so is the Church. Two questions must be asked by each Christian—"Am I in the Lord's way?" and "Am I in the Lord's way for me?"

III. The Need of Divine Personal Instruction.
This need arises because of the Christian's threefold enemy ever lurking beside the path and ever ready to lure astray. The world will present many alternatives for the Lord's way and bring them to the believer's attention so craftily that unless fortified by this daily prayer the feet will unconsciously stray away from the right path even where the desire not to stray may be found. Only the Lord can discern all the twists and turns of the world. It is not merely the evil world but that religiously seeming godly world which holds the danger for the Christian. It will be satisfied if it can induce the believer to do good if the good is done in a wrong way. Because a thing is good it does not necessarily follow that it is good for each Christian to do. Only the Lord knows what is good for each one, and he must be looked to for the needed instruction. The flesh also is ever on the alert to lead astray. The Lord alone can divide between the soul and spirit or between what the Christian is by nature and grace. Hence the Lord alone can be relied upon for instruction. And lastly, the Devil assumes the appearance of an angel of light, and he can so work on the conscience as to make one think that one should do evil. Paul says, "I verily thought I ought to do" certain things, but later he confesses he was at that time "a blasphemer and injurious."—1 Tim. 1:13. The Lord alone can see and guard against the Devil's wiles and devices, hence the Lord alone can give proper instruction.

In view of our natural ignorance and proneness to wander, in view of our peculiar problems and difficulties, and in view of the world, the flesh and the Devil, our safety lies in this daily prayer, "Teach me thy way, O Lord."

A Sunset.

The sun sets on some retired meadow, where no house is visible, with all the glory and splendor that it lavishes on cities, and perchance, as it has never set before—where there is but a solitary marsh hawk to have his wings glided by it, or only a musquaw looks out from his cabin, and there is some little black-veined brook in the midst of the marsh, just beginning to meander, winding slowly round a decaying stump. We walked in so pure and bright a light, gliding the withered grass and leaves, so softly and serenely bright, I thought I had never bathed in such a golden flood. . . . So we saunter toward the Holy Land, till one day the sun shall shine more brightly than ever he has done, shall perchance shine into our minds and hearts, and light up our whole lives with a great a-awakening light.—Thoreau.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)
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LESSON FOR JUNE 30

REVIEW: JESUS CHRIST OUR REDEEMER AND LORD.

GOLDEN TEXT—For God so loved the world, that he gave his only begotten Son that whosoever believeth in him should not perish, but have everlasting life.—John 3:16.

Thou art the Christ, the Son of the Living God.—Matthew 16:16.
I am not ashamed of the Gospel of Christ, for it is the power of God unto salvation to everyone that believeth.—Romans 1:16.

The method of review must largely be determined by the individual teacher. For junior and intermediate classes a good way will be by the use of a good map of Palestine, to trace the journeys of Jesus from his birth to his ascension, giving emphasis to some of his vital teachings, deeds of mercy and power, atoning death, triumphant resurrection and glorious coming again. Indeed, this method, with some modifications, can be used to good advantage with all grades. A good way for senior and adult classes will be to recall the principal facts of each lesson of the quarter, and state their central and vital teaching as they bear upon the golden text. In such case, each lesson should be assigned one week previous. The following may be suggestive of the latter method:

Lesson I.—As Jesus was passing through the coasts of Tyre and Sidon, he was besought by a Syrophenician woman to heal her daughter, who was grievously possessed with a demon. After apparent indifference, in order to lead her into an intelligent faith, he healed her daughter. As he further journeyed through Decapolis, a deaf and dumb man besought him for healing. In spite of the fact that he was so soon to be offered up, and other interests that were upon him, he healed this man. In both cases he showed not only his sympathy, but his mighty power over demons and physical diseases.

Lesson II.—As his earthly career was approaching its end, Jesus began to take account of his ministry. He wanted the disciples to have definite and personal knowledge as to his person. He knew that the opinions of others would not suffice them in the hours of darkness which were immediately before them. In order to be efficient witnesses they must know that Jesus is the Christ, not merely some great teacher or prophet.

Lesson III.—Jesus was transfigured before Peter, James and John, to show them his triumph over death in his glorious kingdom. This occurred at a time when the disciples were sorely tried. Jesus' rebuke "apparently estranged them. He was transfigured "before them," showing that the chief object of the transfiguration was to prepare the disciples for the ordeal before them. An inspired commentary upon this translation is found in II Peter 1:16-19.

Lesson IV.—As Jesus was endeavoring to show his disciples how he must be crucified, they were disputing as to who should be the greatest in the kingdom. Jesus taught them that the humble, self-denying service is the sign of true greatness. This is a lesson which needs to be learned by most of us today, as despite our best efforts we note insidious self-seeking making itself known.

Lesson V.—A certain rich man inquired of the Lord as to what he must do in order to inherit eternal life. This young man was of an amiable disposition and earnest and sincere, but he had wrong notions as to salvation. Jesus showed him that his supreme need was not doing something to be saved, but to be willing to surrender all things for him. In teaching him this lesson, he made it clear to the young man that he loved money more than the Lord. He, like many today in the hour when decision must be made between this world and Jesus Christ, turns away sorrowful.

Lesson VI.—While the Lord was consciously facing the cross, the disciples were concerned about positions of pre-eminence. Jesus taught them that those who would follow him must not seek for greatness or position, but to render lowly service. In this Christ is the grand example. In due time he will exalt those who in lowliness of heart serve him.

Lesson VII.—Jesus drove out the money changers from the temple, and declared that the house of God should be a house of prayer instead of a house of merchandise. This lesson needs to be learned by many churches today. Those who use the church, or the holy religion for which it stands, for financial or social or political interests are polluting the Lord's house, and all such should be driven out.

Lesson VIII.—The scribes sought to entrap Jesus by asking pious questions. To the question as to what was the greatest commandment, he replied that it was love to God with all one's heart, soul, mind and strength. Since this is the first and great commandment, to violate this commandment is to be guilty of the greatest sin. Those who do not love God, then, with their entire being, though they may be honest, generous and gracious, are great sinners.

Lesson IX.—While Jesus sat at meat, a certain woman anointed him with precious ointment in anticipation of his burial. The Lord was pleased with this act, for it was out of a heart of fervent love that she lavished upon him her best.

Lesson X.—In connection with the last Passover, at which Judas betrayed Jesus, the symbols which represent the body and blood of Jesus were introduced. In the emblems of the communion we appropriate the very life and blessings of Christ.

Lesson XI.—Jesus died between two malefactors to make atonement for the world's sin. He gave his life a ransom for many. While on the cross they mockingly said he saved others himself he could not save.

MEXICAN MATCH A CURIOSITY

is Made of Short Piece of Cotton String, With Head at Each End.

The Mexican friction match, from our point of view, is a curiosity. For one thing, it is not made of wood, but of a short piece of cotton string. Secondly, it has two heads.

There is an undeniable advantage about a match with two heads. If one falls to light there is another in reserve. But the Mexican matches, to do them justice, rarely go out. One can strike them successfully in a fair breeze.

This is because the cotton string is coated with wax. In Mexico there are factories in which such matches are turned out by ingenious machines, but millions of them are made by hand in laborious fashion, the strings being tipped with phosphorus composition by girls and boys whose wages are a few cents a day.

One match in Mexico is really two matches. Thus, when the native starts a fire or lights a cigarette with a fresh one, he tucks the string back into his pocket for use next time.

WOMEN SUFFERERS MAY NEED SWAMP-ROOT

Thousands upon thousands of women have kidney and bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

First Fiction Known.

The oldest work of fiction extant is thought to be the "Tale of Two Brothers," written 3,200 years ago by the Theban scribe Ennana, librarian of the palace of King Meneptha, the supposed Pharaoh of the Exodus. The tale, it appears, was written for the entertainment of the crown prince, who subsequently reigned as Seti II. His name appears in two places in the manuscript, probably the only surviving autograph signature of an Egyptian king. This piece of antique fiction, written on nineteen sheets of papyrus in a bold hieratic hand, was purchased in Italy by Mme. d'Orbigny, who sold it in 1857 to the authorities of the British museum, where it is now known as the D'Orbigny papyrus.

Important to Mothers.

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Treatment of Prisoners.

There is still talk in some quarters of Wales of a German invasion. A thousand years ago, however, invasions were quite a common thing along the Welsh shores. The Vikings came and went pretty much as they pleased. They burnt and massacred in a way that would have delighted the Germans. On one occasion they burnt St. David's, and actually cooked and ate the bishop—which, no doubt, delighted the anti-church people of those days. On the other hand, when the Welsh caught a Viking they flayed him alive and nailed his skin to the church door. There was no softness with prisoners such as is exhibited today.

The Twirler's Luck.

"It's lucky for me I'm not in the box," said the great baseball pitcher, as he paraded up and down the room with his tooth-cutting son and heir. "Why," asked his wife, sleepily. "Because," he answered, "I don't seem to have any control of the ball!"

Police men at Ottawa, Can., have dissolved their union.

A man without hands can never feel well.

GOOD-BYE BACKACHE, KIDNEY AND BLADDER TROUBLES

For centuries all over the world GOLD MEDAL Haarlem Oil has afforded relief in thousands upon thousands of cases of lame back, lumbago, sciatica, rheumatism, gallstones, gravel, and all other affections of the kidneys, liver, stomach, bladder and allied organs. It acts quickly. It does the work. It cleanses your kidneys and purifies the blood. It makes a new man, a new woman, of you. It frequently wards off attacks of the dread and fatal diseases of the kidneys. It often completely cures the distressing diseases of the organs of the body allied with the bladder and kidneys. Bloody or cloudy urine, sediment, or "brickdust" indicate an unhealthy condition.

Do not delay a minute if your back aches or you are sore across the loins or have difficulty when urinating. Go to your druggist at once and get a

box of imported GOLD MEDAL Haarlem Oil Capsules. They are pleasant and easy to take. Each capsule contains about one dose of five drops. Take them just like you would any pill. Take a small swallow of water if you want to. They dissolve in the stomach, and the kidneys soak up the oil like a sponge does water. They thoroughly cleanse and wash out the bladder and kidneys and throw off the inflammation which is the cause of the trouble. They will quickly relieve those stiffened joints, that backache, rheumatism, lumbago, sciatica, gallstones, gravel, "brickdust," etc. They are an effective remedy for all diseases of the bladder, kidney, liver, stomach and allied organs. Your druggist will cheerfully refund your money if you are not satisfied after a few days' use. Accept only the pure, original GOLD MEDAL Haarlem Oil Capsules. None other genuine.—Adv.

Unnecessary Fears.

Of course the eloping couple's roller-skate of a car had no chance against the old man's high-powered roadster. He soon came up with them.

"Do not take her back," pleaded the young man with tears in his eyes.

"Take her back?" echoed the stern parent. "Why, I have come to bring her knitting outfit and chewing gum so she would never have an excuse to come back."

Do Not Read Casualty Lists.

An Englishwoman, writing in the Atlantic Monthly, says: "We do not read our casualty lists any more. Many of us dare not. When we meet, we do not even speak of those who have gone away. A very touching thing was told me by one of my neighbors. He was the last of 24 officers in one of the Gordon regiments. He said that the places were just filled up as soon as they were emptied and they never spoke of those who had fallen. That brings the reality of the thing to you."

FRECKLES

Now is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it at night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one course is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

The Exact Locality.

Magistrate—Officer, did you catch this man in flagrante delicto? Policeman—No, your honor; I caught him in the back alley.

Life is worth living a great deal better than most of us live it.

The Malaria Mosquito

A mosquito cannot communicate malaria unless it is infected with malaria. The bite of a malaria mosquito will transmit malarial parasites to the blood of a person and these malarial parasites which feed on the blood should be destroyed before they have time to increase in numbers. Malarial Fever is sometimes called Chills and Fever, Bilious Fever and Swamp Fever.

Grove's Tasteless chill Tonic

possesses the power to entirely neutralize the malarial poison. The Quinine in GROVE'S TASTELESS chill TONIC kills the germ and the Iron enriches the blood.

You can soon feel the Strengthening, Invigorating effect of GROVE'S TASTELESS chill TONIC. It is an exceptionally good general strengthening tonic for the Child, for the Mother and all the Family. Pleasant to take. Price 60c.

Perfectly Harmless. Contains No Nux-Vomica or other Poisonous Drugs.

Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDARD, 925 Napoleon St., Freemont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE LITTLE, Box 197, North Haven, Conn.

In Such Cases

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.