

#### IN THE SPRING

be the great test of a life and death ale on the Western front. In the day walks of life, it is the spring that brings ill health. One of the reasons why the run-down man imself in a bad state of health in or April, is because he has spent inde himself in a bace state of the has spent darch or April, is because he has spent early all his hours for the past four or we months penned up within the walls of house, factory or office. It is the reaction for our diminished resistance—that it, lack of out-door life, coupled with erhaps over-cating, lack of good exercise, insufficient sieep, and constipation, n other words, we keep feeding the urnoce with food but do not take out he "clinkers," and our fire does not burn rightly. Always keep the liver active.

There is nothing better for health than aking an occasional mild laxative, peraps once a week; such a one as you an get at any drug store, made up of day-apple, julap, aloes, (sugar-coated, iny, easily taken), which has stood the est of fifty years of approval—namely, or Pierce's Pleasant Pellets. But for he "Spring Fever," the general run-down condition, the lack of ambition, the blues," one should take a course of reatment every spring; such a standard blues," one should take a course of reatment every spring; such a standard onic as Dr. Pierce's Golden Medical Disposery, now to be had in tablet form in atvect vials. Watch the people go lodding along the street. There's no pring no vitality. A vitalizing tonic such a this vegetable extract of Dr. Pierce's tyes you the power to force yourself into cition. The brain responds to the new lood in circulation, and thus you're ready o make a right against stagnation which loids you in bondage. Try it now! Don't calt! Today is the day to begin. Gain a tile 'pep," and laugh and live. Yim and itality are the natural out-pouring of a entity body. It does not spring up in a light. Try this spring tonic, and you gain he courage that comes with good health. E ST M AI M M M M W W

#### Don't Use Any Other Than Cuticura Soap To Clear Your Skin CO ME HE ME ME ME HE ME

# Your Silk Scraps

make beautiful decorations for Bags, Lamp-shades, Pillows, Baskets, Hats, Tablecovers, when used with our machine made cotton moulds with stems, for making Grapes, Apples etc. Assortment of moulds with numerous de-signs, large finished sample and instructions \$1. YE LITTLE SHOPPE, Oak Park, Illinois

Lady Agents Wanted to sell our Hair Brushes.
Out when washed. Hagerstown Brash Co., Hagerstown, Hd.

Write Quick for best mail order proposition ever effered satisfaction guaranteed. Send stamp for particulars. The Dyorak Nursery, Finshing, N. Y.

CATCHY New Marching Song-Yankee
Decidle Dixle, 10c; 3 for 25c.
Address Lilla Clark, 2500 Franklin Ave., St. Louis, Mo.

HELP WANTED to sell \$1.00 Menthol Inhalers.
Address Comes Supply House, Box \$13, Jewett City, Com.

end for Free Samples-Cold Cream, Corn Cure, not Esso, Mentholine, Pile Cure. Laboratories, crnell Company, Inc. Lt., Great Barrington, Mass.

W. N. U., BALTIMORE, NO. 13-1918.

COUNT UP ONE FOR PATRICK

Inwelcome Guest at Feast at Least Had Satisfaction of Getting a Good "Shot" Home.

Pat always had the latest news of he surrounding country and was consequently a welcome daily visitor at the parochial house. On one occasion when his reverence was giving a dinner to some friends he requested Pat not to call, but the latter, on account of the refreshments usually afforded him, turned up along with the visitors. His reverence passed the word to his friends, and Pat was left sitting unnoticed in a corner of the room during the meal. It was only when the dinner had been nearly finished that his reverence addressed the unwelcome

"Any news today, Pat?" he asked. "Naw," sulked Pat, "except Dan Foey's sow has thirteen pigs an' she has only twelve teats.'

"Thirteen pigs and only twelve tents," exclaimed his reverence. "How

will the odd pig get on, then?" "Dunno," snarled Pat; "s'pose it'll have to take a back sent an' watch the others gorgin' themselves, same as I'm doin'."

Chivalry of the Seas. Naval history is full of instances of the sallorman's chivalric humanity. When the captured Chesapeake was taken to Halifax, her Captain Lawrence ("don't give up the ship") was buried with military honors from those against whom he had fought, Park Benjamin writes in the New York Independent. A British officer who was one of his pallbearers later commanded the Boxer in her fight with our Enterprise. Mortally wounded, he sent his sword to the dying American captain, who died with it in his hands, And then all the people of Portland, Me., reverently received both bodies and buried them with equal honors,

How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years, Price 75c. Testimonials free.

F. J. Cheney & Co., Toledo, Ohio.

Forced to Falsehood.

"I like a truthful man." "And yet," commented Miss Cayenne, you wouldn't have any esteem for a dentist who owned up at the outset that he was going to hurt you terri-

To Run the Law. "Can the law make a man support his wife?" "Yes, even if she is insup-

portable.' The only perfect woman is your

Error is its own refutation.

**发展的表现实现** Net Contents 15 Fluid Drachm 900 DROPS **Mothers Know That Genuine Castoria** ALGOHOL-3 PER GENT Always AVegetable Preparation for As similating the Food by Regulating the Stomachs and Bowels of Bears the INFANTS CHILDREN Signature Thereby Promoting Digestion Cheerfulness and Rest Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC Recipe of Old Dr. SAMUEL PITATER Pumpkin Seed Alx Senns Rochelle Sails A helpful Remedy for Constipation and Diarrhoea and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy. FacSimile Signature of Catt. Heteter! Thirty Years THE GENTAUR GONPANY. NEW YORK. At 6 months old 35 Doses - 35 Cents

## Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops

Work in Joint Effort the Soil of the United States and Canada CO-OPERATIVE FARMING IN MAN POWER NECESSARY

TO WIN THE BATTLE FOR LIBERTY The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist Western Canada has an enormous acreage to be seeded, but man power

is short, and an appeal to the United States allies is for more men for seeding operation

Canada's Wheat Production Last Year was 225,000,000 Bushels; the

Demand From Canada Alone for 1918 is 400,000,000 Bushels To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interests.

Exact Copy of Wrapper.

Western Canada's help will be required not later than April 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to: U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR

# The Open Door

By REV. W. W. KETCHUM Director of Practical Work Course, Moody Bible Institute, Chicago

TEXT-I am the door; by me if any man enter in, he shall be saved, and shall go in and out, and find pasture.-Jnc. 10:3.

Christ in this text speaks of himself as the door. This is a homely meta-

phor. It lacks the beauty of those Testament symbols in which

Christ is presented to us as the rose of Sharon, the lily of the valley, and the bright and morning star. It is, however, more forceful, for we know very little of the rose of Sharon, something of the lily of the

valley, and less of

morning stars;

but we do know considerable about doors. Christ in this text represents himself as the open door. The words with which he paints this into the picture are, "if any

man enter in," "go in," and "go out." Now there must be some very plain and fundamental lessons Christ would teach us by this homely and commonplace portrayal of himself. One of these is the simple one that the Lord Jesus Christ is the open door into salvation. "How elemental," you say; yes, but how essential it is that we know this, for many mistake other doors for the door. They think salvation is either through the church, or baptism, or good works, or something else, when the truth is salvation is through Christ. How plain and direct are the Scriptures concerning this, as for example, Romans 6:23, "the gift of God is eternal life through Jesus Christ eur Lord," or Acts 4:12, "Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved." And then the words of Christ in our text, "I am the door; by (through) me if any man enter in he shall be saved."

Next to knowing that Jesus Christ is the only open door into salvation is the need of knowing that he is the open door for all. He himself makes this clear when he says "by me if any man enter in he shall be saved." "Any man" includes every man, and excludes no man. Jesus Christ, the open door into salvation, swings wide open for every one to enter in. This also is clearly taught in the Scriptures, Our Lord himself bids all men to come to him and the nil-inclusive word of the Gospel is "whosoever." In this connection it is usually coupled with another important word that we do well to ponder, and that is the word "will;" "whosoever will," we read, "may come;" and again "whosoever will, let him take of Jesus is nothing less than paganism or the water of life freely." So we see Idolatry. Lesson 5 shows us Jesus as that while Jesus Christ is the open Lord of the Sabbath. Lesson 6 as the the civilized world for more than half that door depends upon the wills of those for whom the door swings wide open. Jesus never coerces anyone into entering through him, the open door, into salvation; he invites, entreats and constrains all to enter, but never compels anyone to enter. This puts the question of entering the open door squarely before each person. Christ is the open door for all into salvation. but whether one enters or not is a

the world in him. In other plain words, that we may be saved, or not. as we choose. If we enter through Christ, the open door, we shall be saved; if we choose not to enter, we shall be lost. It is not enough, you see, to know that Christ is the only open door into salvation and the open door for all. If he is to be our Savior. he must, as the open door, be made use of, otherwise how can be avail us? We should also note that Christ is the open door into service for those who have entered. Of such he says they "shall go in and out and find pas-

is found not only in the study of the Bible, and other means of grace, but as well, we see from our text, in Chris-Christ does not intend that those who are saved shall rest in ease; rather he means that they shall serve and in service find strength. Of himself he said "my meat is to do the will of him that sent me." This word was in response to his disciples who returning from Sychar whither they had gone to buy meat, prayed him, saying, "master eat." To this he had replied, "I have ment to eat that ye know not of." They thought someone must have brought him something to eat. But it was not

tian service.

the ment they knew not of. And so those who have entered into salvation through Christ, the open door, will find spiritual sustenance (pasturage), as they go out through Christ, the open door in service to their fellow men.

of material food he spoke; it was of

that spiritual sustenance which comes

to those who in service do the will of

God. He had been ministering to the

woman of Samaria, and had met her

spiritual need; this service was to him

Missionaries' Opportunity. Until recently the Bulgarian mind has not been convinced that the missionary's motive is altruistic. With no examples of altruism before him. the Bulgarian cannot readily conceive of people coming to his country and spending money and their lives unless they have some selfish motive. But the consecrated lives of the missionaries for more than half a century tound their reward in the Balkan wars, when such countless opportunities were offered for an expression of practical Christianity. The old handicap has now nearly disappeared.

IMPROVED UNIFORM INTERNATIONAL

# LESSON

Copyright, 1918, Western Newspaper Union.)

#### LESSON FOR MARCH 31

JESUS OUR EXAMPLE IN SERVICE.

GOLDEN TEXT-Let this mind be in which was also in Christ Jesus .-PRIMARY TOPIC-Jesus our example MEMORY VERSE-Follow me.-Matt.

EASTER LESSON. EASTER LESSON.

LESSON TEXT—I Cor. 15:50-58.
GOLDEN TEXT—Thanks be ur.to God
who givetil us the victory through our
Lord Jesus Christ.—I Cor. 15:55.

(Rend Phil. 2:1-11.)

A great many Sunday schools will probably omit the review lesson and devote the day to some special Easter exercises. This practice we cannot wholly condemn, but we would urge every school to devote some time to a consideration of the lesson text.

Review Sunday is drended by many superintendents, but it is a test of knowledge and skill in teaching, as well as the character of work done during the past three months.

Some codemn Bible-school teaching by comparing it disparagingly with that of the day school without taking into consideration the difference between paid and volunteer teachers, the Ifmited time devoted to study, discipline and other features. It is manifestly unfair to judge the Sunday school by the same pedagogical standards as are applied to our public schools. The Sunday school deals with spiritual realities and not alone with moral issues. It is a wonderful testimony to the blessing of God that with such meager equipment, training and time at our disposal, the results of the Sunday school are so wonderfully effective in the Christian development of our country. With religious education legislated out of our public-school system, almost entirely neglected in our homes, and not one family in five or six connected with the Christian church, this suggests a condition savoring of cultured paganism. This ought not to discourage the Sunday-school worker, but rather challenge him to greater concentration and more valiant + 'envor.

If a r dew is desired, summarize the lessons to allowing twelve classes or twelve persons to each bring in a brief

Lesson 1 gives us the testimony of John the Baptist concerning the one "mightier" than himself, "whose shoes he was not worthy to unloose." Lesson 2 shows the impeccability of Jesus, in that he was "tempted in all points like as we are, yet without sin." Lesson 3 reveals him as the holy one of God, with power over unclean spirits and other sicknesses. Lesson 4 shows us Jesus as Savier who has power on earth to forgive sins. If he be not the Son of God the worship of Son of God, not only in his healing power but in his authority over unclean spirits with power to delegate that authority to others. Lesson 7 shows Jesus as the great teacher who will bring forth abundant fruit and eternal life. Lesson 8 shows the marvelous germinal power of the divine seed. Lesson 9 shows Jesus as the Son of God, whom even the winds and the sea must obey. Lesson 10 shows us Jesus as the Son of God with power matter of his own will. This is why over death. Lesson 11 shows us Jesus Jesus said to men in his day to whom as not only having authority over unhe appealed: "Ye will not come unto clean spirits, but possessing power to me that we might have life." What a impart that authority to others, while solemnizing truth it is, that our salva-Lesson 12 shows us his compassion tion depends upon our willingness to upon the unshepherded multitude, and accept the offer of salvation fully purthe exercise of his divine creative chased by Christ and freely offered to power in feeding them.

Of course such a review will be rapid and perhaps incomplete, but it will show that Jesus meets every situation and that his grace is sufficient for all the conditions of life. It will also show that his words communicate vitality to society but that their effectiveness depends upon the response which is accorded to them.

If a test is required of the pupils, a set of questions covering the work of the quarter should be prepared and given to them a week in advance, from which a half dozen might be selected for written review during the ture." Sustenance for the Christian class hour. This is no theoretical plan. The writer knows of many Sunday schools where written reviews are being successfully conducted.

The Holy Land where Christ lived, suffered, died and rose again, has recently been captured from the control of the Ottoman empire, and current history indicates the probable early establishment of a Jewish state in this land of prophecy.

#### Fading Leaves.

"Have you never known," says one author, "known better than you like to confess, by the exquisite advancing loveliness of his moral features, as by a surer symptom than any physical indication, that one whom you loved so well was going to his end? Have you not seen those mellowed glows of tempered intellect and joy and Christlike sweetness, which showed by how slight a tenure the life was held, and how soon the scene would change, and all that made earth so pleasant was all going from your sight? 'We all do fade as a leaf;' but let our last be our best; and the truth of God be reflected and himself made glorious in the sanctity of our later years, in the peace, and love and grace of our dying."

The Irrepressible Conflict.

Whenever men sny and do right there will be trouble and war. Evil and falsehood will fight. Faith and righteousness will not need to wait, They will have the battle thrust on them at once. There will be no peace in our world until the enemies of peace are annihilated. They will be applhilated by the breath of Christ at his coming, and meanwhile we are to work as great a slaughter among them as we can .- R. E. Speer.

#### THE TRUTH ABOUT **ECZEMA AND PILES**

Thousands and thousands of people, says

Thousands and thousands of people, says Peterson, are learning every week that one 30 cent box of Peterson's Ointment will ibolish Eczema and banish piles, and the grateful letters I receive every day are worth more to me than money.

I had Eczema for many years on my acad and could not get anything to do it any good. I saw your ad and got one box and I owe you many thanks for the good it has done me. There isn't a blotch on my head now, and I couldn't help but thank Peterson, for the cure is great. Mrs. Mary Hill, 420 Third Ave., Pittsburgh, Pa.

I have had itching piles for 15 years and Peterson's is the only ointment that relieves me, besides the piles seem to have gone. A. B. Ruger, 1127 Washington Avenue, Racine, Wis.

Use Peterson's Ointment for old sores, salt rheum and all skin diseases. It banishes pimples and blackheads in less than 10 days and leaves the skin clean, clear and pleasant to look upon. Druggists guaran

"Tricks in All 'rades."

Every barnstorming company has as not the least important part of its equipment a pair of hollowed coconut shells, which, in the hands of the stage mechanic, sounds more like a horse than a horse itself. Now that most of our melodrama comes to us through the motion pictures, along comes an imitator of clattering hoofs to be attached to a stationary organ. It is operated from the keyboard by a lever or button. With the aid of a swell box, the sound can be made to swell or diminish.

The device consists of six cups, the upper three of which are secured to the bellows and the lower three of which are mounted on a solid base. To operate them, the organ player presses a key which causes the first cup to come down with a thud, followed in quick succession by the other two cups. There is no break in the action. The cups are made of maple. The inventor is Harold A. Valkenburg of Onkland, Cal.-Popular Science

#### Really Quick Work.

An Irishman, who was a bricklayer, and who was evicted, went to America to find work. When he was passing through New York he saw some bricklayers at work, and stood looking at them. While he was standing the foreman came over and said to him:

"Well, Pat, are you able to build houses as quick as this in Dublin? We start a house in the morning and the tenant is living in it in the evening." "Well, begorra!" said Pat, "that's nothing. In Dublin we start a house in the morning, and the landlord is evicting the tenant from it in the evening."

Those Technical Motor Terms. "Charley is simply wonderful," exlaimed young Mrs. Torkins. "I never dreamed that anyone could run a motorcar the way he can!"

"What has happened?" "We took a ride yesterday and went along beautifully in spite of the fact that he had forgotten some of the ma-

"Running without machinery?" "Yes. We had gone at least eleven miles before Charley discovered that his engine was missing."

# Swift & Company, U.S.A.

GREEN'S AUGUST FLOWER has been a household remedy all over a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart and many other symptoms. A few doses of August Flower will immediately relieve you. It is a gentle laxative. Ask your druggist Sold in all civilized countries.-Adv.

Very Plain. "What interest is your dog taking

in that cat chase?" "I should judge, sir, one purr scent,

Little fleas have smaller fleas to bite hem. Don't imagine you have all the trouble there is.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years. ago. They regulate liver and bowels. Ad.

Happiness has been described in so many ways that a number of people have doubts of its existence.

Infections or inflammations of the Eyes, whether from external or internal causes, are promptly healed by the use of Roman Eye Bulsam at night upon retiring. Adv.

Would you have all men your brothers? Then be a brother to all men.

An honest man thinks that a pretty | take n flat." She-"Oh, no; I did that |

woman is also a noble work.

### (8)

To The

American People

There is no foundation for the alleged

violations of law attributed to our Com-

pany by agents of the Federal Trade

Commission and I want to say emphatic-

ally that Swift & Company is not a party to

any conspiracy to defraud the Govern-

ment. Nor has Swift & Company been

guilty of improperly storing foods or of

Conferences of packers, where prices

have been discussed, have been held at

the urgent request and in the presence

of representatives of either the Food

Administration or the Council of National

Defense. And yet the packers have been

accused of committing a felony by acting

We have done our best, with other

packers, large and small, to comply with

the directions of the United States Food

Administration in all particulars, including

the furnishing of food supplies for the U.S.

Army and Navy and the Allies, now be-

ing handled through the Food Adminis-

We will continue to do our utmost, un-

der Government direction, to increase our

production and assist the Food Adminis-

tration. We consider that the opportunity

to co-operate whole-heartedly and to our

fullest powers with this branch of the

Government is our plain and most press-

The Trade Commission Attorney has,

by false inference and misplaced empha-

sis, given to disconnected portions of the

correspondence taken from our private

files and read into the Record, a false and

sinister meaning with the plain purpose

of creating antagonistic public opinion.

United States are most urgently needed,

and I regret exceedingly that we should at

this time have to spend our efforts in

defending ourselves against unfounded,

unproved, and unfair assertions such as

L.F. Swift. President

are being daily made public.

The services of the packers of the

in collusion on Government bids!

making false entries or reports.

Portuguese Statesman May Not Have Been Flattered, but at Least He Won One Vote.

REWARD FOR TELLING TRUTH

ing duty.

Senhor Costa, the Portuguese prime minister, is excusing himself from makng a speech on the ground that he was no orator, told an amusing anecdote at luncheon party given in his honor during his recent visit to London. It appears that when he first put up for the Portuguese national council be prefaced his opening address to the electors by alluding frankly to his lack of oratorical gifts. After he had finished a man pushed forward, grasped his hand warmly, and said:

"Senhor. I've brea a lifelong oppopent of yours, but at the coming elec-

tion I shall vote for you." "Thank you," said Costa, much gratson for your change of views?"

"Because you are the first speaker the truth," was the reply. "You said thrift. when you began that you couldn't make much of a speech, and by heavens, Senhor, you can't."

Marital Amenities. He-"I want a home, and you must

when I married you."

What She Would Take.

At an Irish assize a deaf old lady, who had brought an action for damages against her neighbor, was being examined, when the judge suggested a compromise, and instructed counsel to ask what she would take to settle the matter.

"His lordship wants to know what on will take?" asked the learned counel, bawling as loud as he could in the old lady's enr.

"I thank his lordship kindly," answered the dame; "and if it's no inconvenience to him, I'll take a little whis-

Soldiers to Learn Cooking.

Mrs. William Jay, Mrs. Iselin, Mrs. Alfred Anson and Mrs. C. B. Mitchell of New York city announce that there is a great need for cooks for the navy and army and that a fund of \$60,000 is ified. "May I ask the particular reas necessary. The New York cooking school, of which these women are officers, nims to teach the men how to on either side that I have heard tell |cook with variety, cleanliness and

> The Better Way. "Ask the waiter what's good today." "You're living in the past. Ask him what's allowed."

All mistakes are stepping stones, some lead up and others lead down.

# 22 Million Families in the United States

4 CUPS OF WHEAT FLOUR TO THE POUND

If each family used 4 cups of flour less per week, the saving would be 22 million pounds or 112,244 barrels every week.

The greatest help housekeepers can give to win the war is to make this saving and it can be done by using this recipe in place of white flour bread.

Corn Meal Biscuits

cup scalded milk 1 cup corn meal 2 tablespoons shortening teaspoon salt cup white flour 4 teaspoons Royal Baking Powder

Save 1/4 cup of the measured flour for board. Pour milk over corn meal, add shortening and salt. When cold, rdd sifted flour and baking powder. Roll out lightly on floured board. Cut with biscuit cutter and bake in greased pan fifteen to twenty minutes.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods, mailed free-address ROYAL BAKING POWDER CO., Dept. W, 135 William Street, New York

FOOD WILL WIN THE WAR