

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Hutchins. In Use For Over Thirty Years CASTORIA

ALCOHOL-3 PER CENT. Vegetable Preparation for Assuaging the Food by Regulating the Stomachs and Bowels of INFANTS CHILDREN. Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON. (By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1918, Western Newspaper Union.) LESSON FOR MARCH 17. JESUS SENDING FORTH THE TWELVE.

Temperance Notes. (Conducted by the National Woman's Christian Temperance Union.) WHAT UNION LABOR IN DRY STATES THINKS OF PROHIBITION. WASHINGTON—To the great body of our working men the law has been a distinct blessing.

Proof that Some Women do Avoid Operations. Mrs. Etta Dorion, of Ogdensburg, Wis., says: "I suffered from female troubles which caused piercing pains like a knife through my back and side. I finally lost all my strength so I had to go to bed. The doctor advised an operation but I would not listen to it. I thought of what I had read about Lydia E. Pinkham's Vegetable Compound and tried it. The first bottle brought great relief and six bottles have entirely cured me. All women who have female trouble of any kind should try Lydia E. Pinkham's Vegetable Compound."

Spring Run of Distemper MAY BE WHOLLY AVOIDED BY USING "SPOHN'S" A small outlay of money brings very great results. It is a sure cure and a preventive if you use it as per directions. Simple, safe and sure. The 31 size is twice the quantity and an ounce more than the 56c size. Get your horses in best condition for late spring and summer. All druggists, harness dealers or manufacturers. SPOHN MEDICAL CO., Manufacturers, Goshen, Ind.

CONSTIPATION IS HUMANITY'S GREATEST FOE. It is always a terror to old people and a menace at some time or another to every human being, young or old. It is the forerunner of more ills and suffering than almost any of NATURE'S DANGER SIGNALS and should never be allowed to go unheeded. At the very first indication of constipation get DR. TUTT'S LIVER PILLS which for 72 years has been successfully used for this most prevalent of all disorders. For sale by druggists and dealers everywhere.

Dr. Tutt's Liver Pills. Had He Picked Out His General? Ben Haggood Burt, who writes popular songs, was haranguing a group of his fellow members of a theatrical club in New York city upon the subject of patriotism in the present national crisis. It was his contention that every man should do his bit—in the fighting line, if possible.

GENERAL PERSHING MEETS KING ALBERT. General Pershing, commander in chief of the American forces in France, being greeted on his arrival on the Belgian front by King Albert of Belgium. This is the first photograph to arrive in this country showing the meeting. General Pershing paid a visit to the Belgian front and inspected the forces which are holding that part of the line in Flanders.

Heated Air in Medicine. Heated air is reported by Dr. C. G. Cumston to be of considerable importance in war medical and surgical practice. At temperatures of 100 degrees to 300 degrees Fahrenheit it causes pain, produces an increased blood flow to the wound and greatly aids healing. At such high temperatures as 700 degrees to 1,400 degrees the air jet is pronounced the ideal sterilizer. At a pressure of 7 to 15 pounds the heated air may be used for massage by simply directing it upon the wound and in some cases useful results are obtained by alternating with a hot air and a cold-air douche.

II. The Mission of the Twelve. (vv. 6a-16). From the parallel account we find why Jesus sent forth these disciples (Matt. 9:36)—because the people were scattered as sheep without a shepherd. In the tenth chapter of Matthew we find the names of those whom he sent out (vv. 2-5), the fifth verse of which designates that only Jews were included in this mission. We need to remember that these disciples were sent out before his crucifixion. Their pilgrim character is shown in Mark 6:9, and the solemn manner of their dealing with those who reject them is indicated in verse eleven. They were being sent forth as sheep in the midst of wolves. They were to be delivered up to the council and hailed before the rulers of the synagogues, but with them was to go an enabling power (Matt. 10:20). Meeting persecution was to be a part of their program. They anticipate the persecution with which Christ is identified, for he exhorts them (Matt. 10:28-31), to be of courage and to fear not, for are they not "of more value than the sparrows?" Their going forth was to bring divisions (Matt. 10:34), but also a reward to those who received them aright—a righteous man's reward. (Matt. 10:40-42.) Notice their obedience (Mark 6:12-13), and their achievements as the visible evidence of the power they had received.

III. Malignant Hate. (vv. 14-20). Mark gives us the most complete account of the death of John the Baptist. It is not a lesson that we need to emphasize to the scholars of the younger grades, but it has a deep significance to those of the more advanced departments of the Sunday school; and if we are going to get the scope of the whole Epistle of Mark, it must be comprehended. Herod thought he had triumphed, but he was defeated. This it is with the sinner always—he overshoots the mark, Germany's hatred of England stands in the way of its complete domination of Europe, and it was Germany's pride which caused it to make those military blunders which prevented it from capturing Paris. So it is with Satan and the sinner; just when the victory seems to be complete God intervenes. "They that be for us are more than they that be against us." The countering power of God offsets the hatred so that we are made "more than conquerors through him that loved us."

CIVILIANS, ATTENTION! "We can't beat Germany until we have beaten beer," says Clarence Irene Wilson. "It is deadly mockery to ask our boys to die for us until we are willing to go dry for them. "The law which prohibits the sale of liquor to any man in uniform is a good one; but today armies are not fighting armies—nations are fighting nations. Why put all the sacrifice on the soldier and the sailor? Let us now have a law which will prohibit the sale of liquor to any man in civilian clothes. The man who is selected to go must spill his blood for victory; let the man who is selected to stay at least spill his beer for the soldier."

What Follows Sorrow. The most puzzling question which comes to Christian people at a time of great sorrow is, Why? There is little use in telling us that we ought not to ask it. It is true we may not be able to find a full answer; yet there is more answer than we find, for most of us look for it in the wrong place. We look back to find what precedes our experience to learn the reason which God had in letting us have it. The best reason for God's greatest deeds, so far as we know them, lie after the deeds themselves. Most of us will find the best answer to our question by looking forward. It is not so much what has preceded the sorrow as what shall follow it; not what the sorrow follows but what shall follow the sorrow.

In the Name of the Lord. With the multitude, we acclaim our king. We sing: "Blessed is he that cometh in the name of the Lord." But in the solitude of our retreat we ask him to cleanse the temple of our heart, to cast out all that offends his holy eyes, that we may be ready to receive him when the Lord whom we seek shall suddenly come to his temple.

NEW USES FOR SALOON BUILDINGS IN WASHINGTON, D. C. The board of temperance of the Methodist Episcopal church sent out men from its research department to make a careful survey of the former saloon properties in the territory bounded by Pennsylvania avenue south, U street north, North Capitol street east, and Seventeenth street west, all in the northwest section of the city. Of the 150 saloons, barrooms, hotels, breweries and former wholesale liquor houses, it was found that 89 were occupied by some legitimate industry. Twenty-seven were being used as cafes, oyster houses, restaurants or lunch rooms; a number were devoted to soft drinks. Nine were supplying the public with groceries. Other places were being used as warehouses, shoe stores, furniture stores, business offices, automobile supply houses, barber shops and places of amusement. Only 38 of these 150 properties were for rent. Quite a number were being remodeled for occupancy.

DRY SEATTLE ECLIPSES WET SAN FRANCISCO. "I do not believe that I ever held much respect for the prohibition movement until my visit to Seattle, where I have had actual contact with a situation I believe attributable to the absence of saloons," says Mr. Love, state harbor commissioner of California. "The reason I say this is that I found every dock in Seattle active, none of the foremen complaining of the inability to get men to work. It is very different in San Francisco, where they have to hustle up help from the various saloons, and if the men have any money left you cannot drag them away from the bars. I also note that most of Seattle's longshoremen appear prosperous, and so are their families. I readily see where Seattle's waterborne commerce is eclipsing San Francisco's. It has wonderful docking facilities, and cargoes are handled expeditiously, and that is what counts. My hat is off to Seattle."

Economy. "You must be crazy, Isabel. I've asked you repeatedly to be economical, and yet you go and order the most expensive fur coat in the shop." "Well, I don't mind being economical; but I do object to looking economical."—Life.

BOSCHEE'S GERMAN SYRUP will quiet your cough, soothe the inflammation of a sore throat and lungs, stop irritation in the bronchial tubes, insuring a good night's rest, free from coughing and with easy expectoration in the morning. Made and sold in America for fifty-two years. A wonderful prescription, assisting Nature in building up your general health and throwing off the disease. Especially useful in lung trouble, asthma, croup, bronchitis, etc. For sale in all civilized countries.—Adv.

BEWARE OF THE LOOSENED TONGUE. One danger from the use of liquor in this country at the present time—a danger not officially emphasized—is pointed out by Mrs. Mary Harris ARMOR. "The spy is abroad in the land, and everyone knows that drink loosens the tongue of men and destroys their judgment. Grave danger is there that over a dinner where champagne is served, even without the participant realizing it, state secrets of tremendous importance may be divulged."

Question for Nurse. Jane was enjoying her evening meal in the nursery, made up of milk, scrambled eggs, and a dish of stewed prunes. She was quiet for a while, and then asked her nurse this question: "Nora, if the moo cow has the milk and the chickens have the eggs, who has the prunes?"

KIDNEY TROUBLE NOT EASILY RECOGNIZED. Applicants for Insurance Often Rejected. An examining physician for one of the prominent life insurance companies, in an interview of the subject, made the astonishing statement that, one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success. We find that Swamp-Root is strictly an herbal compound and we would advise our readers who feel in need of such a remedy to give it a trial. It is on sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention "this paper."—Adv.

Completion of the Cycle. My niece, returning from kindergarten, found nobody at home. She then trotted to my sister-in-law's home and found no one at home there, and when finding no one at home at another friend's house she came home and said: "Mamma, we have a whentless, mentless, and heatless day, and now I have a homeless day."—Chicago Tribune.

Up to Date. "Come, my pet, let us travel into Stumbarland." "All right, daddy dear. Shall we take a sleeper?" "Gazfield Ten, taken regularly, will correct both liver and kidney disorders. Adv. Trying to cut your own hair is sheer nonsense.

RECIPE FOR GRAY HAIR. To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops. Work in Joint Effort the Soil of the United States and Canada. CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LIBERTY. The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply. Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist. Western Canada has an enormous acreage to be seeded, but man power is short, and an appeal to the United States allies is for more men for seeding operation. Canada's Wheat Production Last Year was 225,000,000 Bushels; the Demand From Canada Alone for 1918 is 400,000,000 Bushels. To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there. Apply to our Employment Service, and we will tell you where you can best serve the combined interests. Western Canada's help will be required not later than April 5th. Wages to competent help, \$50.00 a month and up, board and lodging. Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return. For particulars as to routes and places where employment may be had apply to: U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR.

No More Tobacco. Quit the habit. Anti-tobacco mouthwash that changes the taste of tobacco; eliminates \$1.00 per bottle. L. N. Woods, 104 M. Canfield, Detroit, Mich. Sweet Peas—Sponsor Giant, California Orange Poppy, Red Sunflowers, Giant Pansies, Wonderful Golds, World's Best, Front porch, Postoffice, Highland Seedsmen, 119 West Ave., Los Angeles, Calif. SPECIAL WAIST OFFER. To advertise, \$1.00 gets the prettiest blouse. Send for free catalog. Mrs. M. L. Lorraine, 115 So. Salina St., Syracuse, N. Y.

Catarrh Cannot Be Cured by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the blood on the mucous surfaces of the system. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions. Druggists sell. Testimonials free. F. J. Cheney & Co., Props., Toledo, O.

Gold Mine. For agents, selling Illuminal Gas Lighters, light immediately, for sample, Illuminal Corporation, 25 Murray St., N. Y. CATCHY New Marching Song—Yankee Joodle Dixie, 10c a for 25c. Address Lilla Clark, 3000 Franklin Ave., St. Louis, Mo. AGENTS Make money selling our guaranteed custom removers. Write for particulars. H. S. LAIRD, Box 1413, St. Petersburg, Fla. W. N. U., BALTIMORE, NO. 10-1918.

22 Million Families in the United States. IF EACH FAMILY saved one cup of wheat flour it would amount to 5,500,000 pounds, or more than 28,000 barrels. If this saving was made three times a week, it would amount to 858,000,000 pounds, or 4,377,000 barrels in a year. You can do your share in effecting this saving and really help to win the war by omitting white bread from one meal today and baking in its place muffins or corn bread made according to this recipe: Corn Meal Muffins. 1/2 cup corn meal, 1 1/2 cups flour, 1 1/2 teaspoons salt, 4 teaspoons Royal Baking Powder, 2 tablespoons sugar, No eggs, 1 cup milk, 2 tablespoons shortening. Sift dry ingredients together into bowl; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes. Same batter may be baked as corn bread in greased shallow pan. Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods mailed free—address ROYAL BAKING POWDER CO., DEPT. W, 135 William St., New York. FOOD WILL WIN THE WAR