

INTERESTING PARAGRAPHS

Hon. S. W. Kirk went to Oakland, Md., Monday on a business trip.

Mr. A. M. Lake, Needmore, R. R. 2, spent a day or two this week in this community on business.

Philip Rotz and family, accompanied by Misses Arbia and Olive Rotz, motored to Chambersburg last Saturday.

George A. Harris, of Baltimore, spent the time from Friday until Sunday afternoon in McConnellsburg.

Our old friend Nathan H. Mellett of Pleasant Rige called at the News office a few minutes while in town Monday.

Mr. and Mrs. Geo. W. Kriebbaum, of Lemasters, motored to McConnellsburg Monday to attend the funeral of Aaron M. Richards.

The News is a day late going to press this week and it's all the fault of Kaiser Bill and the Adams Express Company, so it is!

Don't forget the change in date of Mrs. Lydia Martin's sale from Thursday March 21st to Wednesday, March 13th.

Miss Netha Nesbit went to Hagerstown on Monday of this week to take a course in millinery. She expects to be gone twelve weeks.

Mr. and Mrs. I. W. Garland, Needmore, R. R. 2, took advantage of the fine weather last Saturday and went to McConnellsburg to do a little shopping.

Mr. and Mrs. Robert Gordon, near Carlisle, spent a few days during the past week among their relatives and friends in the lower end of Ayr township.

Mrs. Harry Hamil who had been visiting the family of her son Robert on the farm east of town returned to her home in Chambersburg yesterday morning.

Rev. and Mrs. J. Leidy Yearick, of Boswell, Pa., spent a few days in town this week. Mr. Yearick was called here to attend the funeral of his former parishioner, A. M. Richards.

Ralph E. McKee, son of S. E. McKee of Amaranth, went to Chambersburg and enlisted in the Aviation Corps, and left Harrisburg Feb. 21, 1918 for Camp Hancock, Ga., via Columbus, O.

Mr. and Mrs. Wm. P. Nelson and little son David Alexander, of Newville, Pa., came to the Cove a few days ago and are now at the home of Will's parents, Mr. and Mrs. D. A. Nelson.

The ladies in the neighborhood of Clear Ridge will be pleased to know that Mrs. Louie Winegardner has a lot of nice, new, fashionable hats for ladies and children, that she will sell at right prices.

Mr. E. C. Peck, of Oklahoma City, who is spending a few weeks in this county, was up in the northern part of Belfast township last week looking up the pupils that went to school to him at Mud Hollow and Sipes Hill away back in the seventies. He found some of them who were glad to see their old teacher. He took dinner on Wednesday at Rev. Will Truax's.

Don't Forget It

Do not fail to attend the play-let "Aunt Jerusha's Album," and "How the Story Grew," given by classes 8 and 9 of St. Paul's Lutheran Sunday School in the Auditorium, Friday evening, March 15th. Admission, 15 cents. Play begins at 7:30. Proceeds for benefit of the parsonage fund.

A Grippe Epidemic

Every winter Health Boards warn against this weakening disease which often strikes those who are least prepared to resist it. You should strengthen yourself against grippe by taking



which is the cream of cod liver oil, refined, purified and so skillfully prepared that it enriches the blood streams, creates reserve strength and fortifies the lungs and throat.

Don't delay—it may mean much. Use SCOTT'S Refuse Substitutes

Rev. W. V. Grove and W. S. Warthin made a trip to Lewis-town last week, going Thursday and returning Friday. Rev. Grove was officiating at the funeral of one of his former parishioners.

Rev. Dr. Hendricks of Chambersburg will preach in the Reformed church in McConnellsburg next Sunday morning at 10:45. No services in the evening. It is important that there should be a full attendance.

Charlie, Harvey and William Richards, of Lewisburg, O., came to McConnellsburg last Saturday afternoon and remained until Monday evening, attending the funeral of their brother Aaron M., Monday afternoon.

Mrs. S. B. Woollet, whose illness has been mentioned in the NEWS, is still a very sick woman. She has not been able to turn herself in bed for eight weeks. Her nurse reports, however, that there are hopeful signs for improvement.

The Italian war loan of five billions has been completely subscribed, according to an announcement of Finance minister Nitti received today. The minister praised the generous subscriptions from all classes of the Italian population.

According to recent estimates by the Department of Agriculture, there are in Fulton County one automobile to every five families. The farmers of the County own 313. Farm trucks are rapidly gaining favor, and many are now in use in this county.

Roy Palmer, was more or less injured by being thrown from his Ford car which played a peculiar prank, when Mr. Palmer endeavored to make a turn at the West End bridge, while on his way home near Needmore. The car was considerably damaged.—Hancock, News.

In digging up the street a few days ago to repair the frozen main of the McConnellsburg Water Company, Henry Comerer unearthed a copper cent coined during the reign of King George III of England and bearing the date 1776. The coin is in a good state of preservation.

Secretary McAdoo announces that the next issue of Treasury certificates in anticipation of the third Liberty Loan, as well as the subsequent issues, would bear an interest rate of 4 1/2 per cent. The announcement is taken to indicate that the next Liberty Loan likely in April also will bear that rate.

Mr. and Mrs. H. W. Karper of Chambersburg, accompanied by Miss Anna Buckley who had been visiting the Karpers, and by Miss Rose Fisher, motored to McConnellsburg last Sunday, dropped Miss Rose out at the Woollet home, went on to Fort Littleton with Miss Buckley, where they remained until Monday, when they returned, took dinner at Woollets, and took Rose back to Chambersburg.

W. T. Runyan, the well known "Eye Man" is now in the Inspection Service of the Government at the plant of the Remington Arms Company at Eddystone, Pa. Thousands of men are employed at that place, and many more are wanted. Thousands of rifles are turned out daily. Besides the manufacture of rifles, there are plants manufacturing other war munitions, making the place a veritable hive of industry. Any one wishing to communicate with Mr. Runyan should address him at 722 Seville Ave., Eddystone, Pa.

A Bit of Financial History.

The credit of the United States was so high and unquestionable that in 1900, two years after the Spanish war, 2 per cent bonds were offered at par and oversubscribed. This is a financial performance no other nation has ever equalled.

United States 4 per cent bonds in '888 sold as high as 150 and in 1901 brought 189 1/2 on the stock market.

The United States has never defaulted on any of its bonds. Not one of its bondholders has ever lost a cent of principal or interest except those who voluntarily have taken losses by selling their bonds in a period of temporary price depression. One hundred cents of the dollar, principal and interest, has the United States always paid.

Rank the \$250,000,000,000 to \$300,000,000,000 of our national resources stands the rugged home of America. Liberty Loan Bonds are the safest security in the world.

EAT POTATOES AT ALL YOUR MEALS

They Save Wheat, They're Cheap and the Great Crop Will be Lost if Not Eaten Now.

This remarkable article about potatoes, what they contain as nourishment and how to use them, was contributed by Miriam Moses, one of the foremost students of food value in the United States. Howard Heinz, Chairman of the Food Supply Department of the State Committee of Public Safety, indorses the opinion of Miss Moses and recommends her recipes to the housewives of the State.

WILL YOU JOIN THE FOOD ARMY AND SAVE YOUR BIT?

By Miriam Moses.

What can the people of this country do to utilize potatoes and in so doing conserve foods which are vitally needed by our government for our armies and our war associates?

A statement of the many millions of bushels of potatoes which we have on hand ready for use, would not interest many, and certainly would not rouse them to action, for men and women alike, shun statistics as they would a plague.

How then are we to make an appeal that will reach the people and cause such concentrated action that it will be materially felt in this matter of the conservation of food? The first attack should be made, having as its objective, the saving of wheat. This might be done by making a practice of not serving bread—or at any rate, bread containing wheat flour—at the same meal at which potatoes are served. Since serving potatoes at dinner is a custom practiced in virtually every home in the United States, one can readily see how many hundreds of pounds of flour could be saved daily. Will you join the Food Army and save your bit of wheat?

A further utilization of potatoes will also help in the conservation of meat. One clever method is to prepare the potatoes in such a manner that they become a substitute for meat. Combined with cheese, and dishes to complete a balanced diet, such a meal will prove not only attractive and appetizing, but nourishing as well.

Contrary to popular belief, conservation of meals can be made even more appetizing and attractive than the meals whose menus lack individuality, which makes them most uninteresting.

A few recipes are given here to further the use of potatoes. Any recipe calling for white flour can still be used, substituting one-fourth to one-half potato flour for the wheat flour. Try this suggestion with your favorite cake recipe, and be surprised and pleased at the splendid results.

- Potato Bread.**
- 1 1/4 cups mashed potato.
 - 1 1/2 teaspoons salt.
 - 1/4 yeast cake, softened in.
 - 2 tablespoons lukewarm water.
 - 2 1/4 cups flour.

When the mashed potatoes are lukewarm, add the salt and the softened yeast, and about one-fourth cup of flour. Mix well, cover and let rise until very light.

To the well-risen sponge, add the remaining flour and knead thoroughly. The dough should be very stiff, as it softens considerably in rising. Cover and let rise until double in bulk. Shape into a loaf, cover, and let rise again until it has increased 2 1/2 times in bulk, then bake.

In measuring the potato, it should be packed solidly in the cup. More or less than the amount of flour given may be needed.

Mashed sweet potato, cooked cereal, or squash may be used instead of white potato in the above recipe. In using any substitute which has a marked flavor it is better to try the bread first with less than the amount given for potato, and more liquid. Rolls made of squash are very good.

- Scalloped Potatoes With Cheese.**
- Cold diced potatoes.
 - 3 tablespoons butter substitute.
 - 3 tablespoons flour or
 - 1 1/2 tablespoons cornstarch.
 - 1 teaspoon salt.
 - 1-8 teaspoon pepper.
 - 1 cup milk.
 - 1 cup water.
 - 1 cup grated cheese.
 - 2 cups bread crumbs.

Fill a pudding dish with the potatoes. Melt the fat; add the flour or cornstarch, salt and pepper, and stir until well blended; add the hot liquids and cook, stirring constantly until thick; then add the cheese. Pour over the potatoes, cover with the crumbs and bake in a moderate oven until the crumbs are brown.

- Potato Nut Loaf.**
- 2 eggs.
 - 1-3 cup milk.
 - 2 tablespoons cooking oil.
 - 1 teaspoon salt.
 - 1/4 teaspoon pepper.
 - Paprika.
 - 1 cup mashed potato.
 - 1/2 cup ground peanuts.

Beat the eggs, add the other ingredients in the order given, and mix thoroughly. Place the mixture in ramekins or baking dishes, set them in a pan of hot water, and bake in a moderate oven until the mixture is firm.

Card of Thanks.

Mrs. Mary Wink and sons wish in this manner to express their thanks to the kind friends and neighbors for sympathy and help during the illness and death of Mrs. Wink's son E. V. Wink at Needmore, which occurred recently.

Season 1918 Spring 1918

LEITER BROTHERS

OPENING DAYS

- DRESSES - COATS - SUITS - WAISTS -

"WOOLTEX" COATS

The mannish Military models shown this season seem to stand at attention all the time. With patch pockets, all-round belts, military straightness and rookie collars, there's many a soldier would strive to capture such models.

But then there are others who perceptibly scorn all military advances. They seek the slim, slender silhouette from the tight narrow shoulder line, fitted waist and ripple pleplum to the hem, and on the way down, there may be an overskirt, draped effect or tunic, but which does not interfere with the straight line appearance.



"WOOLTEX" SUITS

Long Shawl Collars and narrow tailored lapels vie with one another for wide recognition. These defy any attempt at military control.

Buttons are used lavishly with clever effects, while simple but effective; spots of color are given by beautiful over-collars of silk and cotton.

Vests and vestee effects in jaunty little suits promise wide popularity.

Many of these youthful suits are shown with irregular bottoms, coming to long points in front and with ripple effects in the back.

We have seen the New York fashion openings; we know now what the new styles are; all the stores have shown their best; we know which has the loveliest things, most to our taste; Spring will be here soon and Easter just around the corner.

So, all you have to do now is to go to any of our Departments, get beautiful new styles, and then Good-bye to the old Winter ones we are so weary of—Good-bye to heavy somber old clothes and old thoughts of being "snowed in" and HURRAH for the new and the bright and delightful; you'll be all lovely again!

"Warner's" Corsets

LEITER BROTHERS

"Redfern" Corsets

CHAMBERSBURG - HAGERSTOWN.

ENID.

Mr. and Mrs. David Knepper of Taylor township, spent last Saturday with the latter's brothers and sisters in Wells Valley.

J. R. Foster, Wm. Keith and Arthur Foster—all of Altoona, attended the funeral of Thornton Foster on Wednesday.

Harry Foster who has been working for the Pennsylvania Railroad in Altoona, has moved his family to Woodvale and Harry will dig coal.

Messrs J. M. and J. E. Schenck, Edgar Keith and John Stunkard, Jr attended the Kendall sale in the Cove Monday.

A. C. Horton, of Everett is visiting his sisters Mrs. Ruth Edwards and Mrs. Mary Lock and a few days.

W. L. Cunningham expects to unload a carload of lime soon. It is being shipped from Mount Union to Robertsdale.

Coed Edwards is drilling in Co. 3, 313 Machine Gun Bat., Camp Lee.

From the shipment from the Red Cross Chapter on the 14th, the articles sent in by Wells Township auxiliary fell short when it reached the Chapter. Some one between New Grenada and McConnellsburg must have sold feet, as all the 27 pairs of socks started, did not reach McConnellsburg in the original package.

Mr. and Mrs. F. M. Sherman, the latter having been Mary Demick have gone from Auburn N. Y., to make their home with Mrs. Sherman's sister Rebecca, Mrs. George W. Cooper, in Oklahoma City.

A Million Insured.

At the close of Wednesday, February 13, over 1,000,000 soldiers and sailors and Army and Navy nurses had applied for Government insurance under the soldier and sailor insurance law.

The amount of insurance applied for is more than \$8,000,000,000. The maximum permitted to any person is \$10,000, and the average applied for is \$8,212.

There are many applications mailed from distant points which have not yet reached the Treasury Department. The above figures are only of applications that have been actually received and granted.

The amount of Government insurance in force is more than three times as much as the total ordinary life insurance in force with any life insurance Company in the world.

The splendid result which gives to more than a million of the soldiers and sailors of our country the benefits of this insurance, which Secretary McAdoo has justly described as the most just and humane provision ever made by any Government for its fighting men, is due to the quick appreciation by the beneficiaries of the value of the insurance and the invaluable aid patriotically given to the War Risk Insurance Bureau of the Treasury by the press of the country, the officers of the Army and Navy, and many of the individual soldiers and sailors, to which must be added the earnest and efficient work of officers and

SHIPPENSBURG STATE NORMAL SCHOOL
Spring Term of 13 Weeks Opens Monday, April 1st
FREE TUITION.

Free tuition to students 17 or more years of age who expect to teach; to others, \$1.50 per week. Boarding, furnished room with heat light and laundry included, \$4.50 per week.

Special courses open to young people who have completed or who will complete the public school course and to teachers who wish to secure better certificates. The normal school course is a very practical one, fitting for any type of work.

Now is the time to prepare for teaching; good salaries, permanent positions; not dependent upon duration of war or business conditions.

Summer term of six weeks opens July 1. For catalogue and full information address,

EZRA LEHMAN, Ph. D., Principal.

agents of the insurance companies, fraternal beneficiary associations, and many patriotic organizations.

The campaign, which has for its purpose the insurance of each and every person entitled to insurance under the law will be continued. The time within which insurance may be applied for has been extended by a general resolution of Congress, approved by the President, until April 12, 1918.

The automatic insurance, however, which automatically gave insurance to all entitled to receive it until February 12, although no application was made, has expired. Hereafter, only those who have applied for and received policies will receive insurance.

Western Maryland Railway.

In Effect January 6, 1918.

Subject to change without notice.

Trains leave Hancock as follows:

No. 5-112 p. m. (daily) for Cumberland, West Virginia points, and Pittsburgh, Chicago and the West.

No. 2-305 p. m. (daily) for Hagerstown, Waynesboro, Chambersburg, Gettysburg, Hanover, Baltimore, Washington, Philadelphia and New York.

G. F. STEWART, Gen'l Passenger Ag't

S. ENNES, General Manager.

Administrators' Notice.

Estate of Mrs. Martha Skiles, late of Belfast township, deceased.

Notice is hereby given that Letters of Administration upon the above estate have been granted to the undersigned. All persons having claims against said estate will present them properly authenticated for settlement, and those owing the same will please call and settle.

F. D. SKILES, M. L. SMITH, Administrators.