

Stop That Cold At Once CASCARA QUININE

Temperance Notes

(Conducted by the National Woman's Christian Temperance Union.)

HOW ALCOHOL AFFECTS BRAIN.

Alcohol is a poison to all parts of the body, but the part which alcohol can damage most quickly and to the greatest extent is the delicate and sensitive brain.

Now, of course, we don't mean to say that when a person takes a drink of anything containing alcohol he at once is reduced to a brute animal;

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Patriotic Environment. Jewish entered the whale. "Every day is both meatless, wheatless and lightless," he pointed out.

Lots of men would rather swindle a fellow man out of a nickel than earn a dollar by honest labor.

For a disordered liver, take Garfield Tea, the Herb Laxative. All druggists. Adv.

Never waste your time arguing religion with a man whose wife takes in washing.

Wise is the prophet who does not allow his predictions to go on record.



Backache Yager's Liniment is excellent for any kind of pain or congestion. It quickly relieves backache and rheumatic pains.

YAGER'S LINIMENT RELIEVES PAIN GILBERT BROS. & CO. BALTIMORE, MD.

Carter's Little Liver Pills

For Constipation Carter's Little Liver Pills will set you right over night. Purely Vegetable Small Pill, Small Dose, Small Price

Carter's Iron Pills Will restore color to the faces of those who lack iron in the blood, as most pale-faced people do.

WHY NOT UTILIZE YOUR SPARE TIME And Sell Our Fertilizers in Your Locality

THE HUBBARD FERTILIZER COMPANY 802-3-4-5-6 Keyser Building Baltimore, Maryland BRANCH: SEASPORT, ME.

BRONCHIAL TROUBLES Soothe the irritation and you relieve the distress. Do both quickly and effectively—by promptly using a dependable remedy—

PISO'S

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.)

LESSON FOR FEBRUARY 10

JESUS CHOOSES THE TWELVE.

LESSON TEXT—Mark 3:7-35. GOLDEN TEXT—And he ordained twelve, that they should be with him, and that he might send them forth to preach.—Mark 3:11.

ADDITIONAL MATERIAL FOR TEACHERS—Matt. 10:1-4; Luke 9:10-17; John 17:12-19; Matt. 13:12-14; 16:24-25; John 17:20-21; 17:23.

INTERMEDIATE TOPIC—The twelve and what we know about them. SENIOR AND ADULT TOPIC—What it means to be a disciple of Jesus.

No man can alone accomplish any great task. Every great leader has been blessed by one or more equally great helpers.

The entry of the United States into the war has strengthened the bonds between that country and Canada.

Farmers have been investing considerable sums in cattle; the high prices secured for wool and mutton have opened the eyes of Western farmers to the possibilities of sheep, and such was the demand for breeding animals last fall that it was impossible to meet it adequately.

Those who are contemplating coming to Western Canada cannot do better than come early in the spring when they can put in a crop and harvest it in the fall.

Well, Why Not? "Pa, why do we pray for daily bread?" "Why?" "Why don't we pray for potatoes?"

Says Pile Remedy Worth \$100.00 a Box. Columbus Man Knows What He Is Talking About.

Try Socks, Then. "Why don't you give him the mitten?" "It isn't cold hands he has; it's cold feet."

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of J. C. FLETCHER.

Grave Situation. "So Marie is engaged?" "Yes, to an undertaker." "An undertaker? She must be dead in love."

The Big Problem. Probably one of our knottiest war problems is to find out how to make a woman believe she looks patriotic in last year's clothes.

Only One "BROMO QUININE" To get the genuine, call for full name, BAXTER'S BROMO QUININE. Look for signature of W. W. GIBBS. Cures a Cold in One Day.

Appropriate Results. "Did the actor get a hand on his scene?" "No; he made such a fist of it."

Sweetest natures are those possessing the faculty of finding contentment. The shoes of the near future will be of canvas and composition.

After the Movie Murine is for Tired Eyes. Red Eyes—Sore Eyes—Itching Eyes—Bleeding Eyes—Stinging Eyes—Smarting Eyes—All Eye Troubles—Murine is a Favorite Remedy for all Eye Troubles.

WESTERN CANADA'S CEREAL CROP

One of the Best Ever Harvested.

The cereal crop of Western Canada for 1917 was the most valuable one ever harvested; it returns from all classes of live stock have been equally satisfactory.

As was the case in 1915 and 1916, many farmers were able to pay for their land outright with the proceeds of their first year's crop.

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CALENDAR IN HEAD

Good Method Now That So Few Are Being Printed.

Little Mental Arithmetic Required by System Which is Explained Here—Little Rhyme to Be Committed to Memory.

Calendars for 1918 are going to be scarce, partly on account of the paper shortage and partly because advertisers are cutting down expenses.

Here is a simple calendar arranged by a memory expert. It consists of twelve words arranged as a rhyme.

Time Flies Fast, Men Think Say, Men Think, Alas! Time's Pooled Away.

The initials of these words give us the day of the week upon which the first of the months will fall in 1918.

It is obvious that if one knows upon what day of the week the first day of any month will fall, one has only to add seven days to discover the dates of all similar days of the week in that month.

Let us suppose your birthday is March 23. As March is the third month the word is at the end of the first line, and the initial 'F' shows that the 1st of March will be a Friday.

Suppose it is Christmas day you are looking forward to. December is the last of the twelve months and the initial of the last word in our little rhyme is A, which stands for Sunday.

On a crowded interurban car the day after Christmas there was a jostling, pushing, complaining bunch in the aisle.

Spilled Children. Here we are in a warm, comfortable car, fairly flying over the road, and grumbling all the way.

Greeks in Turkish Territory. Professor Andrade of the University of Athens, who is a specialist on the extent of Greek citizenship beyond the Greek frontiers—in Macedonia and the other Balkans, in Turkey, Syria and Asia Minor—pointed out the great predominance of the Greeks in the regions to be evacuated by the Turks if they are to leave Europe.

The Vale of Llangollen. No traveler in quest of those "certain jolly humours" that Stevenson talks about would ever pass by Llangollen, declares a writer.

Many people in this section have suffered from rheumatism and kidney trouble and have found that Anuric is the most successful remedy to overcome these painful and dangerous ailments.

Dr. Pierce's Anuric Tablets, and was so impressed with it, thought they would possibly be beneficial in my case, and knowing the high reputation of all Dr. Pierce's remedies I immediately sent for a trial package of the Anuric Tablets and began taking them as soon as received, and in a very short time was relieved of the trouble.

Canada made me Prosperous. —that's what thousands of farmers say, who have gone from the U. S. to settle on homesteads or buy land in Western Canada.

You Can Get a Homestead of 160 Acres Free or other lands at very low prices. Where you can buy good farm land at \$15 to \$30 per acre that will raise 20 to 45 bushels of \$2 wheat to the acre—it's easy to become prosperous.

J. P. JAFFRAY, Cor. Walnut & Broad Sts., Philadelphia, Pa. Canadian Government Agent

GREEN'S AUGUST FLOWER

has been a household remedy all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders.

A girl president lives in Cleveland, O. She is president of a bank, and is only seventeen years old. The bank has 850 depositors and a capital of \$155,58.

Not So Much Work. Mr. Bangor—William, have you broken another glass? William—Yes, sir; but I was very fortunate this time. It only broke in two pieces.

"Cold in the Head" Is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood, and render them less liable to colds.

Power of Money. Money may be misused. The power it represents may be abused, says a noted writer, just as the power of the press or any other physical or social force may be abused.

Where Cane Are Popular. There is probably no country in the world where the use of walking sticks is so general as in the United Kingdom.

Had Similar Failing. Mistress—It's only fair to warn you, Bridget, that my husband swears a little sometimes. Bridget—That's all right, mum. So do I.—Life.

An Easy End. Mr. Perkins—As for me, I want to die rich. I never yet heard of a rich fellow being hung or electrocuted.

SELF DEFENSE Defeat Backache and Kidney Trouble With Anuric

Names and Addresses for sale. A list of 200 Lincoln North and South Automobile owners in 12 States. Price \$150.00. Cash, Colfax, N.Y., Ind.

Maryland Folks Testify Brunswick, Md.—"Several months ago I was taken with a severe pain in the small of my back. I saw an advertisement in some newspaper of Dr. Pierce's Anuric Tablets, and was so impressed with it, thought they would possibly be beneficial in my case, and knowing the high reputation of all Dr. Pierce's remedies I immediately sent for a trial package of the Anuric Tablets and began taking them as soon as received, and in a very short time was relieved of the trouble.

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Back Given Out?

Housework is too hard for a woman who is half sick, nervous and always tired. But it keeps piling up, and gives weak kidneys no time to recover.

A Virginia Case Mrs. P. T. Timmer, "Very Picture Tells Story" Mrs. P. T. Timmer, 3 S. Rowland St., Richmond, Va., says: "I suffered for months with frequent spells of fainting in my hands and feet and limbs and was almost helpless for a long time. I don't know how I ever stood the knife-like pains that shot through my body. After I had used Doan's Kidney Pills I was cured entirely and I have enjoyed better health since then. When I ever had before."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

PATENTS Watson E. Coleman, Washington, D. C. Books, Magazines, etc. References. Best results.

Wisconsin's Fine Potato Crop. Wisconsin furnished 38,400,000 bushels of the entire potato crop of the United States, which amounted to 440,000,000 bushels in all. This is about 84% per cent.

Conted tongue, vertigo and constipation are relieved by Garfield Tea, Adv. Expensive Hostelry. "I like to stop at this hotel." "Why?" "The proprietor makes me feel as if I owned the place."

Piles Cured in 6 to 14 Days. Druggists refer to this PATENT failure to cure itching, burning, bleeding, or protruding piles. First application gives relief. 50c.

Economizing Time. "What will you have for dinner?" asked the affable waiter. "Go ahead and bring what you are serving today," replied the hungry man. "Don't make me guess."

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation. Adv.

Hard on Henry. "I'm afraid Henry is going to be disappointed with army life," remarked Mr. Cobble. "Why so?" "Henry was always dead set against manual labor, and I understand all them trenches in Europe was dug by soldiers."

The English government has improved the quality of the ale brewed in that country.

Stoppage of the bowels. More cattle die of paralysis of the bowels and being neglected than from any other cause. Dr. David Roberts' Catarrh Remedy for the bowels is a sure cure for all cases of constipation, flatulence, and other ailments of the bowels. It is a purely vegetable preparation and is entirely safe. It is sold in bottles of 25c and 50c. Write for a free trial package. Dr. David Roberts' Catarrh Remedy for the Bowels, 100 Grand Avenue, Westchester, N. Y.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN. Relieve Feverishness, Constipation, Colds and correct disorders of the stomach and bowels. Used by Mothers for 75 years. All Druggists. Sample mailed FREE. Address: TRADE MARK, dress A. S. OLMSTED, Le Roy, N. Y.

Soldiers Soothe Skin Troubles with Cuticura Soap 25c. Ointment 25c & 50c

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