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## Middle Aged Women

 Are Here Told the Best Remedy for Their Troubles.





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## Royal Baking Powder

 saves eggs in bakingIn many recipes only half as many eggs are required, in some none at all, if an additional quantity of Royal Baking Powder is used, about a teaspoon, in place of each egg omitted.
Try the following recipes which also conserve white flour as urged by the government.

Cakes

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Send for our new booklet "55 Ways to Save Eggs", Mailed free on request.
Address Royal Baking Powder Co., Dept. W.; 135 William Street; New York

