

The Fulton County News.

VOLUME 19

McCONNELLSBURG, PA., NOVEMBER 8, 1917.

NUMBER 8

SELECTED VALUES IN FOOD ECONOMY

Talks on Health and Hygiene by Samuel G. Dixon, M. D., LL. D., Commissioner of Health.

In the United States there is always a waste of foodstuffs. This continues in time of war, but it changes in character. The food that is valuable in time of peace becomes worthless in time of war because labor to harvest it is scarce.

There are other foods which have little value in time of peace because of the cost of labor to harvest them by the ordinary methods, men preferring to devote their time to something more immediately productive. These take on a value in time of war because of their peculiar character and wide distribution and because they can be produced without the labor of

For example the grasses sown over vast areas of our country that grow sparsely and harvested by the simple process of being eaten by animals.

Imagine a poor family composed of mother and children, left without male support on account of the war and living in a suburban country district on the least and most poorly fertilized land, values in time of peace to give a cow or other animal a meal that could not be consumed as vegetable matter, quantities which are widespread in our country over mountains, valleys, plains, and volcanic formations that can only be traversed by some of our animals.

These animals will substitute the labor of man, travel in almost impossible places to harvest these little bits of grass until a day's work will enable them to produce the little domestic central quantity of milk, one of the most valuable foodstuffs for man for everyday uses.

When most other foods fail, the sort of waste land is treated with such indifference in time of peace that in time of war the thought of, but now our country should consider the suggestion and try to take advantage of it.

It has been brought out that the advantage of in all parts of the United States the vegetation grows throughout the year. It may even be extended into colder climates where the amount of labor by necessary to prepare food for summer to carry the catch through the winter.

Take the cow, which has been taken as an example, we will feed them the same character of food as the care of themselves undergo into large fowls, five or six pounds of their flesh represents a most valuable food, practically little or no human labor.

These animals can be added to others, such as ducks, sheep, etc. They too, the cow, can feed themselves on natural vegetation of such poor quality that is generally looked upon as waste.

Proposition were worked out and understood, the principle is adapted to a broad range of wool mean much to the health of our animals as well as add strength to the breed.

Intensive Training at "State."

Mac Morton, son of Judge Peter Morton, is one of two hundred students at State College who are now entering upon a course of intensive military training with a view to accepting army commissions after graduation. Mac has already had one year's military training in the State agricultural college of Maryland and one year at the Pennsylvania state school.

The college now has 1,439 men studying military science under the direction of regular army officers. Included in this number are the freshmen, sophomores, two-year agricultural students and the volunteers from the junior class.

Upper class men are given thorough training in the handling of different military units such as squad, company, battalion and regiment. They are taught the groundwork of tactics, construction of pontoon bridges, trench warfare, bombing, map reading, map making, marksmanship and the solution of military problems.

At the end of both the junior and senior years members of the training corps must spend a month in a Government cantonment. On proving their proficiency in the work they are admitted to the reserve officers' corps and are subject to call by the war department. They agree to accept commissions in the army after their graduation from college.

In return for this service during their college days the Government supplies the students with uniforms and equipment and pays them 30 cents a day during the college year. In case the war is still in progress when the corps is graduated the men will be sent probably to an established camp for further training before taking charge of troops.

Large Yields Of Rye And Oats.

The average production to an acre in both the rye and oats crop of the State was raised during the 1917 season, according to statistics gathered by the Pennsylvania Department of Agriculture. During the past season the harvest showed that the average production of rye was 17.3 bushels to an acre as compared with 16.9 bushels last year. The average production of oats reached 35.6 bushels to an acre as against 31 bushels last year. The oats average has only been exceeded once since 1906 and that was in 1915, when an average of 39 bushels to an acre was recorded. The ten year average is just 31 bushels to an acre.

Lancaster county carried off the high acreage totals in rye production with an average of 25.5 bushels, with Center county second with 51.2 bushels. Delaware county was third with 51 bushels, and Lebanon county fourth with 20.6 bushels. Other high ranking counties were: Chester, 20.3 bushels; Bucks, 20 bushels; Cameron, 20 bushels; Philadelphia, 20 bushels, and Potter, 20 bushels.

In carrying off the oats production average Delaware county set a high mark of 46.7 bushels to an acre with Lancaster county second with 42.6 bushels. Other high ranking counties were: Washington, 42.4 bushels; Center, 42 bushels; Lawrence, 41.5 bushels; Lebanon, 40.6 bushels; Bucks, 40 bushels, and Snyder, 40 bushels.

Eminhizer--Newman.

By the Rev. J. S. Fulton, D. D., Superintendent of Allegheny Conference, at the United Brethren parsonage at Huntingdon, Pa., Rev. Jared Silas Eminhizer and Miss Naomi B. Newman were married on Saturday, November 4, 1917. Rev. Eminhizer is the popular pastor of the Hustontown charge U. B. Church and he and his bride will be at home in the parsonage at Hustontown.

For the Boys at Camp Lee.

Have you a son or a brother at Camp Lee? If so, you will be interested in reading the following letter which will show you what the good people in Richmond are doing for the safety and comfort of the boys and what they will do for you if you wish to visit the Camp.

DEAR EDITOR:—We consider the following information of vital importance to the relatives of the men in Camp Lee. You can help us in our work by publishing this letter with Editorial Comment.

Under the direction of the War Dept. Commission on Training Camp Activities of which Raymond B. Fosdick is chairman, a Richmond Commission on Training Camp Activities has been formed.

The particular task of this organization is to safeguard and direct the interests of the soldiers during their leisure hours, and also to so interest the people of cities adjacent to the camps in the personal welfare of the soldiers that grave dangers usually associated with camp life may be minimized or possibly eliminated.

We wish to call the attention of your readers to the following services this office can render the people 'at home' as well as the soldiers.

1. We have on file a large list of conveniently located boarding houses, which, making moderate charges, are able to take care of the relatives of men in Camp Lee. Richmond is only 22 miles from Petersburg with convenient train and trolley service. These homes are available for the soldiers when they wish to spend the night in Richmond.

2. A large number of men and women have volunteered to visit the men of the camp when they are sick in the camp hospitals. When a boy in the camp is sick this office should be notified and we shall be glad to have him visited and his parents kept informed as to his condition.

3. When requested, efforts will be made to have the boys temporarily adopted by homes in this city or in Petersburg. This work is supported by the voluntary contributions of those interested in the welfare of the soldiers and no charge is made for the services we are able to render. Letters requiring an answer should contain a stamped envelope properly addressed.

Parents and relatives of the men in Camp Lee are cordially requested to make use of our facilities for rendering the above services.

Yours truly,
G. H. WINFREY, Sect.,
607 E. Grace St.,
Richmond, Va.

Corn Husking Party.

The neighbors and other friends of Harry Gaster, near New Grenada, realizing that Harry, on account of a stroke some time ago would not be able to get his corn husked, and realizing that it is more blessed to give than to receive gathered at his home on last Saturday morning to husk his corn and put it in the crib for him. Those who were present were Daniel Black, Geo. Bolinger, Wilda Bolinger, Fred Bolinger, Arthur Bolinger, Willie Bolinger, Harry Bolinger, Roy Witter, Charley Newman, William Berkstresser, Bruce Shore, Henry Rowe, Harry Alloway, Malcolm Alloway, David Gladfelter, Daniel Gladfelter, Mr. and Mrs. George Gress, Rev. E. J. Croft and wife, Mrs. Catherine Tice and Mrs. R. L. Alloway. There would have been many more present had they known of it. It is needless to say that Mr. and Mrs. Gaster appreciated this kindness and help in so great a time of need. Every one enjoyed the day very much, Harry's many friends will be glad to know he is improving slowly. He is now able to go around on crutches.

For the Sake of the Boys

Going to the Trenches.

The campaign for funds for the Young Men's Christian Association War Work is on. No worthy cause ever made an appeal for support. Non-sectarian, non-political, but having as its only object the highest welfare of our young men who must go to the fighting line, it is justified in making its appeal for funds to everyone, irrespective of church or political party.

The fund to be raised is for use of the Y. M. C. A. in the United States, and on the battle fronts in Belgium, France, Italy, Serbia, Roumania and Russia. At the present time considering the inability of Russia to do her part in the war and the victory of Germany over the Italian armies, it looks as if the United States must bear a very heavy part of the fighting if the Allies are to win the war. It also looks as if the fight may be longer than many have thought it would be.

From the time the American soldier goes to the training camp until mustered out of service, the Y. M. C. A. will be with him. It will go right up to the trenches with him. It will provide for his comfort in every way, giving him wholesome recreation when off duty, a place to write his letters, see to mailing them, see that he gets his mail from home, that he has plenty of good reading and a place to read, go with him into the trenches and when relieved for an hour giving him hot chocolate, cheer and encouragement. It is the tie between him and home, and takes the place of home as far as that is possible. Its ministrations keep the soldier in heart and courage.

To give is an act of patriotism. It helps to sustain the soldier while he sustains the burden of the conflict. It is a chance for everyone to do his bit. The plan is to canvass the country on some day or days during the week from the 11th to the 18th of this month. The work in each district has been committed to one person named as Captain, who will select as many canvassers as he deems sufficient to cover the district on any day of the week named. They will canvass the district asking everybody. They should be received courteously and kindly. It is a work of love. They get no compensation. Neither does anyone connected with the canvass. Let everyone contribute. Fulton County's share is one dollar for each family in the county. Surely this is not a large amount to give a work of such transcendent importance.

District Captains in Fulton County for Y. M. C. A. War Work: Ayr, J. H. Kendall; Belfast, Floyd Hart; Bethel, Frank Rank; Brush Creek, F. P. Plesinger; Dublin, F. C. Bare; Lick Creek, Chas. W. Mellott; McConnellsburg, Harry M. Johnston Taylor, E. H. Kirk; Thompson, A. B. Gordon; Tod, John Kelso; Union, S. G. Lashley; Wells Wm. H. Baumgardner.

Lewis Butts.

Lewis Butts died at the Dickson home in this place at four o'clock last Sunday morning aged about 62 years. His funeral took place Tuesday afternoon and his remains were placed in the Dickson family lot in the Presbyterian graveyard. At the time of the death of Lewis's grandmother the late Hon. Mark Dickson took Lewis, then a lad of eight or nine years of age, into the Dickson home where he remained during the rest of his life. For some time Lewis had been in declining health, and his death was not unexpected.

Mrs. John Irwin and her sister Miss Flora Rexroth, of town spent the time from last Saturday until the first part of the week with relatives in Hagers-town, Md.

Letter of Appreciation.

In McConnellsburg and the Cove there has existed for several years a band of philanthropic ladies forming a branch of the Needlework Guild of America, whose mission it is to make garments for the poor and needy. Last June it was decided that the results of the year's work should be boxed and sent through the War Relief Department to sufferers in France. The following letter written from the city of Lyons on the 14th of September, and received by Miss Bess Patterson a few days ago, shows to what extent the gift was appreciated:

"MY DEAR MISS PATTERSON: Several months ago—about the end of June—the War Relief Department of the Needlework Guild announced a wonderful gift from McConnellsburg, which after a very long delay has reached us, and it contains shirts, pajamas, baby garments, sheets, handkerchiefs, etc. The box came with bale No. 22 from the New York Branch, and we are just delighted at the thought of the joy and comfort we will be able to give. How often do we wish that our friends so far away could see how their gifts are appreciated in our city. America has, indeed, been considered our very best friend. We all join in sending cordial greetings and most grateful thanks. We have more and more refugees in our city. Mrs. Guidy will be here next week for a few days and see about our work. We are so happy to have her with us again.

Very Sincerely Yours,
MARGUERITE S. CASTELLE.

Most Shocking Accident.

At the home of her father in Chambersburg last Saturday morning Miss Dorothy Cooke in a loose morning gown went to the cellar to put coal on the depleted furnace fire. A few minutes later she was found lying near the open furnace enveloped in the burning remnants of her clothing and unconscious. She was taken to the hospital, but did not regain consciousness and died a few hours later. It is believed that when she opened the furnace door, a gust of coal gas and flames shot from the door smothering her and igniting her clothing. She was a student in the Chambersburg High School until a few years ago she discontinued her course. This summer she returned from Atlantic City, having finished a course in child welfare work at the Children's Seaside hospital at that place. Just this week she returned from an extended visit to her sister, Mrs. Clay Herbst of St. Louis, Mo., formerly Miss Marguerite Cooke. Dorothy Cooke was a girl of extreme beauty, cultured and refined.

An accident of this kind might happen in connection with an ordinary coal stove, and women and girls cannot be too careful when stirring the fire.

Canada's War Cake.

Eggless—Butterless—Milkless. Two cups (preferably brown) sugar, 2 cups hot water, 2 tablespoons lard, 1 teaspoon of salt, 1 teaspoon cloves, 1 teaspoon cinnamon, 1 package Sulter's or Sultana raisins. Boil all these ingredients 5 minutes after they begin to bubble. When cold add 3 cups flour and 1 teaspoon soda dissolved in 1 teaspoon of hot water. Bake in 2 loaves, 45 minutes in a slow oven. This cake is better at the end of a week or even longer. It ripens as all fruit cake does.

Every farmer as well as every other business man should have blank notes on hand; for when he needs one, he needs it bad. The NEWS has just printed a new supply—the real thing. Price 25 cents a book. If sent by mail, two cents additional.

Fat Hens an Economic Waste.

It is the usual thing to find the old hens that constitute the average farmer's flock hog fat during the winter months and in consequence not laying.

So thoroughly is the Pennsylvania State Department of Agriculture convinced as to this that they are conducting a campaign of education at the present season strongly urging the farmers to feed their hens this winter for eggs and not for fat.

The old saying that a hen must be fat to lay should be moderated into a hen must be in good physical condition to lay. The farmers' flock are usually Barred Rocks, White Wyandottes or Rhode Island Reds and all old hens of these varieties have a breed predisposition to lay on fat in the fall and winter and loaf so far as egg production is concerned, during this period.

Right after the moult, at a season when it is abnormal for a hen to lay anyhow, is when this season of laying on too much fat begins and the thing to do is to first weed out and market all brookdown hens and all excessively short and loose or fluffy plumaged ones.

Then insist that the hens of the flock get no grain except such as they must put in several hours each day working for in straw, or corn stover litter. Then instead of whole corn the corn should be cracked and corn should not be more than one-third the grain ration. Then, too, go scant on wet mashes, if a dry mash is fed, the hoppers must not be open longer than one hour daily. Either, to be fed in late afternoon only. Then bulky food such as corn stover, cut clover, mangles and not forgetting at least ten per cent. of beef scrap.

On the other hand, many flocks of White Leghorn pullets fail to lay well in the winter because they do not get enough or eat enough. The Department's advice is to coax White Leghorn pullets to eat all that they possibly can. Do not stint good sound grain, wet mashes and beef scrap.

The test is to keep birds of all varieties busy, happy and in proper weight and physical condition to lay.

State Agricultural Notes.

Hundreds of acres of buckwheat which was injured by frost early in September remain uncut in Sullivan county.

The Bureau of Markets has marketed thousands of bushels of cider apples for growers in the apple belt.

Many farmers reported potatoes still in the ground on November 1 and lack of labor to dig them.

Much corn in some sections of the State will remain uncut owing to the wet weather and lack of farm help.

Secretary of Agriculture Chas. E. Patton is urging farmers to save double the usual amount of seed corn this year.

Northern tier counties show an increased acreage in wheat and this grain crop will be tried in some sections where it was never attempted before.

The apple crop for the State is about fifty per cent. of a normal yield, but the southern apple belt shows about seventy per cent. of a normal crop.

The average price of peaches in the State was ninety-two cents for half-bushel baskets. This price was made high by the lack of crops in the northern section, the average in the peach belt running about fifty-five cents.

Barnhart--Hartsack.

At the residence of the officiating minister, Rev. T. P. Garland at Needmore on Wednesday, October 31, 1917, Russell Barnhart, of Bethel township was united in marriage to Miss Hulda Hartsack, of Bedford County.

ABOUT PEOPLE YOU KNOW.

Snapshots at Their Comings and Goings Here for a Vacation, or Away for a Restful Outing.

Mr. and Mrs. Lloyd Mellott spent Monday in Chambersburg.

Mrs. B. W. Peck is visiting in the home of her niece, Mrs. W. H. Ayres in Portage, Pa. this week.

Mrs. Rose Dalbey, of Chambersburg, is spending a few days among friends in McConnellsburg.

Harry Snyder, of town spent the time from last Saturday until Monday visiting his sisters in Altoona.

Mr. and Mrs. W. J. Shaw and little sons Earl and Paul, of Laidig, were in town a few hours Monday.

Mr. and Mrs. Gilbert Cook and two children and Mrs. Andrew Bolinger—all of Taylor township motored to McConnellsburg last Friday.

Last Friday Philip Rotz in his Buick car, took Mr. Geo. Finnick, Sr., and the latter's wife to Chambersburg to make their home indefinitely with their son N. I. Finnick and wife.

Mr. Edward Fleming and son Dr. Paul Fleming and wife and daughter Miss Wanda and son Raymond—all of Hagerstown—were calling on friends in McConnellsburg last Sunday evening.

Wm. M. Kendall, one of the Cove's progressive farmers, has recently installed an electric light plant for the illumination of his house and barn. Farmers D. A. Washbaugh, Mrs. Cleonie Kendall and Houston Johnston have acetylene plants for the same purpose.

WEST DUBLIN.

Michael Detweiler, of Three Springs and Charles Cutchall of Waterfall were visitors at William Shaw's on Sunday afternoon.

Lee B. Johnson and wife, of Homestead and Lee's brother-in-law, Mr. Phillips also Dowling Johnson and his mother Mrs. Jennie Johnson, of McKees Rocks and Mrs. Rachel Brant of Parkersburg, W. Va., spent a week recently at the Johnson homestead.

Last week Jere, George and Jesse Heefner visited their mother Mrs. Lydia Heefner who is ill at Pleasantville, Bedford county.

Nevin Shaw and wife of Tyrone spent a few days last week at the home of Nevin's father Lewis Shaw near Hustontown.

George King who had been coke foreman at Minersville is now at Kearney in the same capacity.

D. Frank Tenley, of Sixmile Run passed this way on Saturday with a bunch of cattle to be sold at Hezekiah Summers' sale near McConnellsburg.

BETHEL BITS.

The educational meeting at Mayes Chapel last Friday evening was fine.

Miss Edith Divil, of Orchard Valley, Md., is visiting at Geo. I. Boore's.

Mr. and Mrs. Howard Crawford and two children, of Hyedman, Pa., spent last Sunday with Howard's grand parents, John D. Heudershot and wife.

Rev. A. W. May is holding the annual protracted meeting at Mayes Chapel this week.

Mr. and Mrs. James Lafferty, of Clearfield, Pa., are visiting Mrs. Lafferty's mother, Mrs. Deenen.

Raymond Boore, who was in Maryland husking corn for Ray Deenen, is now at home husking corn.

Benjamin Morris and family of Whips Cove spent Sunday at Walter Deenen's. Miss Opal Plessinger and Miss Emma Winters are attending the meeting as singer and organist respectively.