

WOMAN SICK TWO YEARS

Could Do No Work. Now Strong as a Man.

Chicago, Ill.—“For about two years I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness was entirely disappeared and I never had better health. I weigh 100 pounds and am as strong as a man. My money is well spent which pur-
 Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be had with perfect confidence by women suffering from displacements, inflammation, ulceration, irregularities, per-
 It is the standard remedy for female ills.

Never Boasts.
 One of our able senators was argu-
 The senator remarked during the argu-
 Then, in a more reflect-
 mood, he added, “No wonder you
 about it.”

There Was a Reason.
 Two men thrown together at a horse
 were discussing their adventures
 in the equine tribe.
 “I horse ran away with me once
 I wasn't out for two months,” re-
 plied the man with the plug hat.
 “That's nothing,” replied the man
 in the bowler. “I ran away with a
 once and I wasn't out for two
 months.”

What Make It Is?
 A party of Frankfurt folk spent a
 Sunday (during their pastor's
 vacation) on Sugar creek. One
 of the party, who reluctantly admits
 to be a fisherman, soon land-
 ed a fine bass. “The crowd gathered
 round to admire the fish, when an
 old miss excitedly asked,
 “What makes it?” Needless to say
 the other drives a car, and is not
 a fisherman.—Indianapolis.

**Whose Indian Vegetable Pills contain
 all the vegetable ingredients, which act
 as a tonic and purgative by stimu-
 lating and not by irritation. Adv.**

CUTICURA HEALS ECZEMA

Rashes That Itch and Burn—Treat
 Free to Anyone Anywhere.
 The treatment of skin and scalp
 itching is made freely with Cuticura
 and hot water, dry and apply
 Cuticura Ointment. If there is a nat-
 ural tendency to rashes, pimples, etc.,
 prevent their recurrence by making
 your daily toilet preparation.
 One sample each by mail with Book,
 Cuticura postcard, Cuticura, Dept. L,
 Sold everywhere.—Adv.

A Pacifist.
 Three years old Reginald was al-
 ways a celebrated coward. Particu-
 larly he was afraid of all four-footed
 things. There was talk in the family
 of adopting a dog.
 “Would you like to have a dog, my
 son?” said the proud parent.
 “Yes, Reginald.”
 “What kind?”
 “Any kind,” Reginald returned
 from his side. Evidently he had
 been turning over in his mind the propo-
 sition recently submitted.
 “I'd like to have a dog,” said he, “if
 it had one with its mouth shut.”

Ethel's Note.
 A woman on the north side who
 herself on her social position
 always insists on having perfect
 table in every way for any occasion,
 called on recently to give a recep-
 tion very short notice to a distin-
 guished club woman who was passing
 through the city, says the Indianapolis
 News. All three of her house ser-
 vants were gone that day and only the
 dog was at home.
 “Ethel,” she requested her little five-
 year old daughter, “you go to the door
 and tell the guests in while I finish
 up.”
 “Ethel,” the child objected, “but final-
 ly the woman went on with her prepara-
 tions, which was interrupted several
 times by bad luck, the cook, and ev-
 ening else. A woman accustomed
 to being rather helpless when it
 came to dressing without one. But
 when the guests came in and take
 seats in the reception room and she
 found all was well. At last she
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POWERFUL GERMAN ALLY.
 Germany's most powerful ally is the
 drink traffic. It destroys more food-
 stuffs than the submarines sink.

Love's Demands.
 “Love requires no such proofs
 as expressions of love. Love demands
 little else than the power to feel and
 require love.”—Richter.

Uncle Eben.
 “Some men try to make derse's
 disagreeable,” said Uncle Eben; “an'
 some don't have to try.”

Great Fire Loss.
 The loss of the New York
 office building in New York

Post Toasties
 helping to save
 white bread by eating
 more
 Post Toasties
 WHAT ARE
 YOU
 DOING?
 Bobby

Temperance Notes

(Conducted by the National Woman's Christian Temperance Union.)

CATHOLICS AND PROHIBITION.
 The liquor publicity bureaus are making much of the fact that Cardinal Gibbons is opposed to prohibition. They would have the public forget the many stalwart champions of the anti-liquor cause in the Roman Catholic church. They would like to blot from its memory the words of Archbishop Ireland: “Were God to place in my hand a wand with which to dispel the evil of intemperance, I would strike the door of every saloon, every distillery, every brewery, until the accursed traffic should be wiped from the face of the earth.” They would erase from the remembrance of the communicants of that church the scathing indictment of Archbishop John J. Kenne: “If I could cause the earth to open and swallow up every saloon in the world, I would feel that I was conferring upon humanity a blessing. The saloon is bad for the home, the church and the country. It has no redeeming feature.” They would have good Catholics forget the advice of Cardinal Manning: “The drink traffic is a public, permanent and ubiquitous agency of degradation. The drink trade is our shame, scandal and sin, and unless brought under by the will of the people, it will be our downfall. Do you know how you can help to break up this unholy alliance between government and the greatest fraud of the age? Vote against it.”—The Union Signal.

GREAT GAINS TO LABOR.
 Conditions in Shreveport, La., a dry city, are thus described by Mr. Thomas J. Greer, president of the Louisiana Federation of Labor:
 “Since the influence of the liquor traffic has been removed from union politics we have made tremendous gains in Shreveport since the town went dry in 1908. Membership in labor unions has increased from 1,800 to 3,700, and home-owners among union men have increased 40 per cent. The carpenters' union has increased its membership from 65 to 375.
 When Shreveport was wet the painters' union had 35 members, working ten hours a day for \$2.75. Today the painters' union has 145 members, eight hours a day and 55 cents an hour, or a scale of \$4.40 per day. Barbers have shortened their hours of labor, raised wages continuously and have a 100 per cent organization. A brewery under the wet regime employed six non-union brewery workers; today an ice factory at the same location employs 40 union ice workers.”

FEW SITTING IDLY BY.
 Of all the reasons that may be urged against the use of alcoholic drinks (especially during the war) the two that must appeal to physicians with irresistible force, are (1) the action of alcohol in lessening all forms of efficiency, physical, intellectual and moral, and (2) the intimate connection always found between drinking, prostitution and the spread of venereal diseases. The evidence against alcohol on these accounts is so overwhelming, so well-established and so generally known that it does not seem necessary to go into details. Only the other day an experiment was mentioned in the Journal which showed that 50 grams of brandy caused a depreciation in the marksmanship of expert shots of 30 per cent in slow firing and 50 per cent in slow firing. What sense is there in training men to become efficient and then sit idly by and let the hard-won efficiency be taken away by alcohol?—Journal of the American Medical Society.

WHO IS RESPONSIBLE?
 I have observed that every bandit crew that goes forth to murder starts from a saloon; that every panderer has his rendezvous in a grog-shop; that every den of thieves makes its victims drunk before it robs them; that every house of prostitution has its bar or is in partnership with booze; that every gambling den either is in a saloon or sustains a close relationship with one; that the pickpocket “trust” is housed in a saloon; that the “pay-off joint” for the crook and the crooked policeman is in a saloon; that the professional bondsmen and character witnesses for thieves and holdup men are saloonkeepers or bartenders.—Judge Gemmill of Chicago.

PROHIBITION IN MEXICO.
 The Mexican states of Chihuahua and Sonora both recently became dry. By a decree said to have been given directly by President Carranza as a war measure, prohibition became effective throughout Chihuahua July 8. Gen. Elias Calles of Sonora, known as the father of prohibition in that state, is enforcing a law against selling liquor in every community and mining camp in the state.

RUSSIA STILL ON WAGON.
 Prof. Frank A. Ray of Ohio State university, who just returned from Russia, where he went as a mining expert, says in a newspaper interview that vodka is as completely banished as czarism, the liquor press to the contrary notwithstanding. The revolution has not changed the prohibition decree.

Small Breaks in Lace.
 Where there are only a few threads broken in Irish or Swiss lace they can easily be repaired with a needle and thread the same size as that used in the manufacture of the lace. Place a tiny knot at the end of the thread on the needle and draw this through the place where the broken thread joins the body of the lace. Having done this, draw a succession of loop knots over the floating thread very tightly close to the base. Now follow with the thread had taken, and do the same with the other loose end, knotting it securely close to the body lace. Cut away the loose ends and the break is no longer perceptible.

Famous Cherokee Halfbreed.
 Sequoyah, inventor of the Cherokee alphabet, was one of the great men of the Indian race. He was a halfbreed whose English name was George Guess. His father was a white man and his mother a full-blood Indian woman.



What Can We Do?
 Through the newspapers we learn that the Navy league is asking for sewing kits for the marines now in training for service in France. The league calls for 6,500 of these sewing kits and they are inexpensive and easy to make; so here is an answer to the question at the beginning of this article.
 The marines call a sewing kit a “hussiff,” which is the marines' way of saying “housewife.” And before we get through making sewing kits we are likely to find “hussiff” has been added to the English language and to have to look in the dictionary for its derivation.
 The “hussiff” is made of cotton khaki and sewed with red thread. It is 13 inches long and 7 1/4 inches wide and has five pockets 3 1/2 inches deep by 2 1/2 inches wide. A top flap folds over the pockets. A red tape, sewed on the back of the center pocket, ties the kit when it is rolled up.
 The kit is fitted with the following articles: A pair of blunt-pointed scissors four inches long, No. 1 needles, a thimble, an assortment of safety pins, cards wound with heavy khaki, black and white thread and two safety pins strung with khaki buttons.
 The Red Cross is issuing calls for ration heaters. They are made of newspapers folded and pasted into tight rolls of a certain size, then cut and boiled in paraffin. They serve to heat the food and drink of the soldiers and should be placed in the comfort bags made for the men in service. Many thousands of them will be needed and they are so simple that children can make them.
 Directions for making these heaters can be obtained from Miss Cook at the Chicago chapter headquarters of the Red Cross.

It Is a Velvet Season

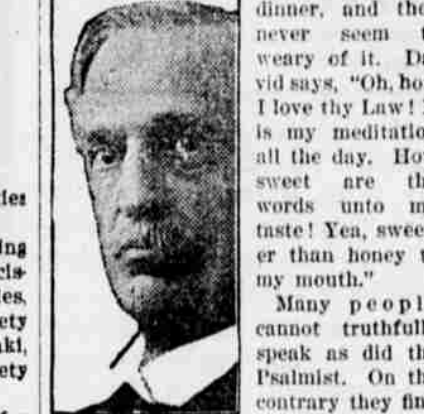


IS SUBSTITUTE FOR LINEN
 Handpainted Oilcloth Utilized to Make Attractive Runners and Luncheon Sets.
 There is a saying that in these days of war prices, only the millionaire's wife can afford to use real linen in her dining room. A great many women are substituting handpainted oilcloth for the accustomed lace and linen luncheon sets, says the Philadelphia North American.
 Stunning sets in black enameled oilcloth for the out-of-door English breakfast or porch luncheon are decorated with bunches of brilliantly colored fruit. A large center dolly is used, with four each of the medium and small sizes. An ordinary enameled kitchen pie plate painted black and decorated with the same design makes a unique bread or sandwich plate, and a paper mache bowl stained black and decorated with the fruit motif on the outside, filled with luscious grapes and oranges, is the most stunning kind of a centerpiece.
 The square luncheon set is rather new, developed in tan oilcloth stenciled with field flowers in brilliant blues and reds and yellows.
 Delft blue with sprays of small pink flowers or pale green with black and white will make very pleasing combinations.
 The reason why the Bible has a personal interest for each of us is that it is God's mouthpiece and medium of communication with the people of all ages. For instance, when God saw men forsaking him to pursue their own evils, he cried out through his prophet, “Let the wicked forsake his way, and let the righteous man his thoughts, and let him return unto the Lord, and he will have mercy upon him.” That message was not limited to the people of Israel's time only, but it represents God's feeling toward the wicked and unrighteous in all ages. Again, when Christ said, “Come unto me and ye that labor and are heavy laden and ye shall find rest unto your souls,” that invitation was not restricted to those who heard it from the Savior's lips, but applies as truly to you and me. With God all time is one eternal now. “He is the same yesterday, today and forever.” As we read the Bible, then, let us listen for God's voice in it, and prayerfully search for his message for us.

How to Enjoy the Bible

By REV. HOWARD W. POPE
 Moody Bible Institute,
 Chicago

TEXT—Oh, how I love Thy law.—Ps 119:97.
 Some people enjoy the Bible greatly. They open it as eagerly as a hungry man sits down to dinner, and they never seem to weary of it. David says, “Oh, how I love thy Law! It is my meditation all the day. How sweet are thy words unto my taste! Yea, sweeter than honey to my mouth.”



Many people cannot truthfully speak as did the Psalmist. On the contrary they find the Bible a very uninteresting book, and though they read it occasionally, it is not because they enjoy it, but rather from a sense of duty. It is possible for anyone to really enjoy the Bible so that they will prefer this book above all others! Surely it is, and any one who will accept the following suggestions will soon find the Bible has become the most precious of all books.
 In order to enjoy the Bible one needs to be born again. The various books of the Bible were written by godly men, and for the use of godly people. While its stories are always interesting to children, and its sublime sentiments and literary beauty appeal to all classes, still the book as a whole does not interest ungodly people, partly because it is a constant rebuke to them, and partly because it is addressed chiefly to those who love God. A person who has not been born again does not enjoy spiritual things, because he has not a spiritual nature. As soon as he accepts Christ, however, he becomes a partaker of the divine nature, and at once the Bible becomes a necessity to him. It answers his questions and satisfies the cravings of his new spiritual nature.

Sign of the New Heart.
 One of the first and surest signs of a new heart is a revival for the Bible. This is what the Apostle Peter refers to when he says, “As newborn babes desire ye the sincere milk of the word that ye may grow thereby.” A book on lodge matters can hardly be expected to interest one who does not belong to that particular order, neither is a railway guide very attractive to one who does not desire to travel. Let a man join the lodge, however, and at once he is interested to learn all he can about the order. So if he is planning a trip to Europe he finds great pleasure in reading Baedeker's Guide, because it describes the countries where he is going. For the same reason the Bible is interesting to a Christian, because it is a series of letters addressed to him personally by his Heavenly Father, describing the country where he is going, and giving full directions as to how to reach it.
 Another condition requisite for enjoying the Bible is that we recognize the real object of life, which is to become acquainted with God. “And this is life eternal that they should know thee, the only true God, and Jesus Christ whom thou hast seen” (John 17:3). If the real object of one's life is to know God, the Bible at once becomes the book of all books, because it reveals God's character and purpose as no other book does. David's opinion of it is expressed in the words, “Thy Word is a lamp unto my feet and a light unto my path,” and God's estimate of it is given in his injunction to Joshua, “This book of the law shall not depart out of thy mouth, but thou shalt meditate therein day and night.”

Revelation is progressive and necessarily slow. It has taken God many centuries to reveal to the race what is contained in the Bible, because sin has so blinded our vision that we are slow to apprehend spiritual truth. Furthermore, the Bible has to be revealed to each human being separately, as if there were no other person in existence. Since the Bible is the principal means by which God reveals his character and purpose, it is evident that our acquaintance with him, which began at our conversion, will progress just in proportion to our study and practice of the word of God.

Know Your Bible.
 If we neglect the Bible, we shall never know God intimately, and we shall always be weak and inefficient Christians. If, however, we search the Scriptures diligently, we shall find it a most fascinating study, and as our acquaintance with God increases we will grow in grace and spiritual power. “The people that do know their God shall be strong, and still do exploits.” (Dan. 11:32.)
 The reason why the Bible has a personal interest for each of us is that it is God's mouthpiece and medium of communication with the people of all ages. For instance, when God saw men forsaking him to pursue their own evils, he cried out through his prophet, “Let the wicked forsake his way, and let the righteous man his thoughts, and let him return unto the Lord, and he will have mercy upon him.” That message was not limited to the people of Israel's time only, but it represents God's feeling toward the wicked and unrighteous in all ages. Again, when Christ said, “Come unto me and ye that labor and are heavy laden and ye shall find rest unto your souls,” that invitation was not restricted to those who heard it from the Savior's lips, but applies as truly to you and me. With God all time is one eternal now. “He is the same yesterday, today and forever.” As we read the Bible, then, let us listen for God's voice in it, and prayerfully search for his message for us.

Two of a Kind.
 Among the anecdotes of old-time English actors is one of the proprietor of a London theater, who was also an actor of comic parts. On one occasion he gave a member of his company, also a comedian, the customary two weeks' notice to quit.
 “Why am I dismissed?” the indignant comedian queried.
 “Well, you see, Jonesey, you are a bad actor.”
 “So are you,” was the quick retort.
 “Ah!” the manager rejoined, “that's what it is, Jonesey. The public won't stand two of a kind—our kind—so one of us has to go, and I'm sure that that one isn't me.”

Wonderful!
 “How are your nephew and his bride getting along by this time?”
 “Finer than frog hair!” triumphantly replied the Missourian. “They've been married mighty high three weeks now, and, by crapes, they are still speaking!”—Judge.

The winds at Curacao are so steady that three wireless stations depend upon windmills for power.

What is Castoria

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.
 The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of **Chas. H. Fletcher**, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and “Just-as-Good” are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment. Genuine Castoria always bears the signature of **Chas. H. Fletcher**.

THIS DRUGGIST KNOWS BEST KIDNEY MEDICINE

Sixteen years ago I began to sell Dr. Kilmor's Swamp-Root and today I believe it is one of the best medicines on the market; and my patrons are very much pleased with the results obtained from its use and speak very favorably regarding it. Swamp-Root has been very successful in the treatment of kidney, liver and bladder troubles according to the reports received and I have no hesitancy in recommending it for I have great faith in its merit.
 Very truly yours,
OWL DRUG STORE,
 By R. F. Boies,
 Scellala, Missouri.
 Oct. 3, 1916.

Letter to
 Dr. Kilmor & Co.,
 Binghamton, N. Y.
 Prove What Swamp-Root Will Do For You
 Send ten cents to Dr. Kilmor & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

Open-Air Exercise and Carter's Little Liver Pills
 are two splendid things
For Constipation
 If you can't get all the exercise you should have, its all the more important that you have the other tried-and-true remedy for a torpid liver and bowels which don't act freely and naturally.
 Take one pill every night; more only when you're sure its necessary.
 Genuine bears signature **Brewster**
CHALKY, COLORLESS COMPLEXIONS NEED CARTER'S IRON PILLS

Raise High Priced Wheat on Fertile Canadian Soil

Canada extends to you a hearty invitation to settle on her FREE Homestead lands of 160 acres each or secure some of the low priced lands in Manitoba, Saskatchewan and Alberta. This year wheat is higher but Canadian land just as cheap, so the opportunity is more attractive than ever. Canada wants you to help feed the world by tilling some of her fertile soil—land similar to that which during many years has averaged 20 to 45 bushels of wheat to the acre. Think of the money you can make with wheat around \$2 a bushel and land so easy to get. Wonderful yields also of Oats, Barley and Flax. Mixed farming in Western Canada is as profitable an industry as grain growing.
 The Government this year is asking farmers to put increased acreage into grain. There is a great demand for farm labor to replace the many young men who have volunteered for service. The climate is healthy and agreeable, railway facilities excellent, good schools and churches convenient. Write for literature as to reduced railway rates to Dept. of Immigration, Ottawa, Can., or to
J. P. JAFFRAY,
 Cor. Walnut & Broad Sts., Philadelphia, Pa.
 Canadian Government Agent

Had the Pharisee.
 One man who appeared for physical examination before a local exemption board recently was asked by the physician if he had ever been sick.
 “Yes,” said the man, “I've had the pharisee a couple of times.”
 Careful questioning finally brought out the fact that the man had had the pharisee.—Indianapolis News.

The Very Worst.
 Penelope—I suppose he broke your heart eventually?
 Perdita—Far worse!
 Penelope—You don't mean to say he broke the engagement?
 Perdita—No. He played poker with papa and broke him.

Gave Him Away.
 Mrs. Brandyball returned home one afternoon from quite an extended visit to her old home. Among the first questions put to her maid was:
 “Have you noticed that my husband missed me very much when I was away, Annie?”
 “Well,” said Annie, “I didn't notice it so much at first, but yesterday he seemed to be in despair.”

Why That Lame Back?
 Morning lameness, sharp twinges when bending, or an all-day backache: each is cause enough to suspect kidney trouble. Get after the cause. Help the kidneys. We Americans go it too hard. We overdo, overeat and neglect our sleep and exercise and so we are fast becoming a nation of kidney sufferers. 75% more deaths than in 1800 is the 1910 census story. Use Doan's Kidney Pills. Thousands recommend them.
A Pennsylvania Case
 D. R. Pringle, 913 Oak St., Indiana, Pa., says: “I suffered acutely from kidney trouble, across the back, the kidney secretions passed too frequently, especially at night and I felt miserable. Two boxes of Doan's Kidney Pills rid me of the backache and regulated the action of my kidneys. The cure has lasted and my kidneys are now in good shape.”
 Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
 FOSTER-MILBURN CO., BUFFALO, N. Y.

Whenever You Need a General Tonic
Take Grove's
 The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 60 cents.

Barber Shops for Birds.
 An Indianapolis mother tells the story of the four-year-old “pride of the household” who observed a wee bird lying on the sidewalk near their home. It was, of course, without feathers, being very young, and had evidently fallen from its nest among the boughs of the oak tree above.
 “Oh, mavourneen,” said the youngster, “I didn't know they had barber shops for little birds. Looky, this one has all been shaved.”—Indianapolis News.

MURINE Granulated Eyelids,
 Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes.
YOUR EYES No Smarting, Just Eye Comfort
 Murine Eye Remedy At Your Druggist's or by Mail, in Tube Size. Free Book of the Eye—Free. Ask Murine Eye Remedy Co., Chicago.

Every Woman Wants
Pastilene
 ANTISEPTIC POWDER
 FOR PERSONAL HYGIENE
 Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleaning and germicidal powers. Sample Free. Size all druggists, or postpaid by Mail, The Faxon Toilet Company, Boston, Mass.
LADIES! For two cent stamp we will send you a personal letter how easily you can get rid of your troubles. Write to us in plain language. MEXICAN CO., BOSTON, MASS.
 W. N. U., BALTIMORE, NO. 35-1917.