RS. KIESO SICK SEVEN MONTHS

tored to Health by Lydia E. nkham's Vegetable Compound.

urora, Ill.—"For seven long months ffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my housework, I was giving up hope of ever being well, when my sister asked me to Lydia E. Pinkham's Vegetable Com- d. I took six bottles and today I healthy woman able to do my own ework. I wish every suffering an would try Lydia E. Pinkham's etable Compound, and find out for selves how good it is."—Mrs. CARL IESO, 596 North Ave., Aurora, Ill.

e great number of unsolicited tes- nials on file at the Pinkham Lab- ory, many of which are from time time published by permission, are of the value of Lydia E. Pink- 's Vegetable Compound, in the tment of female ills.

ery ailing woman in the United es is cordially invited to write to Lydia E. Pinkham Medicine Co. fidential), Lynn, Mass., for special ice. It is free, will bring you health may save your life.

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een 18 and 25 years of age to learn building. No previous experience neces- . GOOD PAY and QUICK ADVANCE- T while learning. GOOD BOARD and GING reasonable, close to work. Apply erson to Chester Shipbuilding Co., Chester, Pa.

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to $15 per set for old false teeth. Doesn't if broken. Send by parcel post and receive by return mail. Bank reference. Mayer's Specialty, 2007 S. Fifth St., Philadelphia, Pa.

ake Millionaires Your name and address on a postal will bring you full tion about richest copper mines in the and how you can make money. Write today—thlehem Copper Company, Steins, N. Mex.

ple sometimes put on airs when is about all they have to put on.

ada's 1916 trade with Britain ted to $821,680,408.

tipation generally indicates disordered ch, liver and bowels. Wright's Indian ble Pills restore regularity without . Adv.

you don't like a book you can t up. This shows the advantage ing books.

woman has a perfect right to in a milliner's window and wish d a wealthy husband.

A Domestic Cataclysm.

(reading the news)—My dear, there's another break in China. —I can't help it, John. Even g it out of her wages won't stop

ver You Need a General Tonic Take Grove's

Old Standard Grove's Tasteless onic is equally valuable as a Gen- nic because it contains the well tonic properties of QUININE and It acts on the Liver, Drives out , Enriches the Blood and Builds Whole System. 50 cents.

Independence Day.

always celebrate the Fourth of ith a picnic?"

. The only way we can show dependence on Independence to leave the home and be inde- t of the cook."

Joke on Mother.

ning home one afternoon, little 's mother found him apparent- reat pain. Careful questioning to disclose the cause of the uffering. Previous experience mother that Richard probably need of that oil so unpopular hildren, and she proceeded to ter a generous portion despite ing resistance of Richard. A nutes later the boy appeared, tly in great glee.

got a joke on mother—I've got on mother," he cried.

ers of the family were curious, e.

er thought I was sick and oil, but I got the toothache," imed between laughs.

rd's earlier reticence was due of the dentist's chair.—In- lis News.

How It Started.

is that man who just spoke to

't know."

he spoke as though he knew

ps he does. I may have met ewhere, but I don't recall his

s queer. Men don't usually other men unless they know Perhaps he's someone you're to let me know you know."

you the man is a stranger to may be a minister of the gos- ll I know."

isn't very likely. The few you've ever met you could easily enough. It's more 's a gambler or a barkeeper."

Scott, woman!"

here's no use losing your tem- just a poor fool of a woman, posed to know anything or sense at all, but just the thoroughly convinced you're mething from me."

DRAFT EXEMPTION RULES GIVEN OUT

Regulations Show What One Must Be and Do to Escape Service.

MUST MAKE CLAIMS IN PERSON

Seven Days Are Allowed in Which to Present Claims—Industrial Needs and Dependents Chief Basis on which Draft May Be Avoided.

Washington.—The war department has made public the regulations which must be followed by all registered men. Step by step they are as follows:

1. LOCAL BOARDS—In every county in the United States and for every city of over 30,000 there are one or more local exemption boards. Each of such boards is in charge of the registration cards of persons registered in the area, over which the board has jurisdiction, and has jurisdiction of all claims for exemption, except those based on industrial grounds. FIND OUT WHAT BOARD HAS YOUR CARD AND WHERE THE OFFICE OF THAT BOARD IS.

2. DISTRICT BOARDS—In every federal judicial district there are one or more district boards, having appellate jurisdiction over a number of local boards and having original jurisdiction of claims for exemption on industrial grounds. IF YOU INTEND TO MAKE A CLAIM ON INDUSTRIAL GROUNDS, INCLUDING AGRICULTURE, LEARN WHAT DISTRICT BOARD TO APPLY TO.

Meaning of Numbers.

3. RED INK SERIAL NUMBERS—Every board has numbered the cards in its jurisdiction with red ink in a series running from 1 to the number representing the total number of cards in its jurisdiction. Lists showing the names of persons in the jurisdiction of each board and the red ink number of each are open to inspection at the office of each board. INSPECT THE LIST AND INFORM YOURSELF OF YOUR RED INK SERIAL NUMBER.

4. ORDER OF LIABILITY—These red ink numbers are to be drawn by lot to determine the order in which registered persons are to be called by the various local boards. As soon as the drawing is complete lists showing the order in which these red ink numbers are drawn will be published in the press, and will be posted at the office of each local board. GO TO YOUR LOCAL BOARD AND FIND OUT THE ORDER IN WHICH YOU STAND FOR CALL.

5. As soon as quotas are assigned to each state and each board, each board will call upon persons whose cards are in its jurisdiction instructing them to present themselves for examination. This call will be posted at the office of the local board and the papers will be requested to print it. A notice will also be mailed to you, but the posting of the list at the office of the board will be deemed sufficient notice to charge you with the duty of presenting yourself. The law therefore makes it your duty to inform yourself when you are called.

6. Physical examination—you must report for physical examination on the day named in your call.

If you are found physically disqualified the board will give you a certificate which will explain to you what your further duties are.

If you are found physically qualified and file a claim for exemption within seven days after your call you will be given ten days after filing your claim of exemption to file proof in support of your claim of exemption. See (VII) below.

Watch for Your Name.

If you are found physically qualified and file no claim for exemption, or if you do not appear for physical examination, your name will be posted to the district board as one who was called for military service and was not exempted or discharged. On the eighth day after call, or within two days thereafter, copies of the list of persons so posted to the district boards will be given to the press with a request for publication, will be posted in a place at the office of the local board accessible to the public view, and notice will be mailed to you at the address on your registration card.

THEREFORE WATCH THE NOTICES POSTED IN THE OFFICE OF THE BOARD ABOUT TEN DAYS AFTER THE DAY YOU WERE CALLED AND MAKE ARRANGEMENTS FOR THE PROMPT RECEIPT OF MAIL.

7. EXEMPTION OR DISCHARGE.—No claim or discharge on account of the industry in which you are engaged can be decided by a local board. (See Par. XV., below.)

WHETHER YOU FILE A CLAIM OF EXEMPTION OR NOT, YOU MUST PRESENT YOURSELF FOR PHYSICAL EXAMINATION ON THE DAY NAMED IN THE NOTICE.

From the day notice that you are called is mailed and posted you have seven days in which you may file a claim of exemption or discharge. The form for filing this claim is simple. If you wish to file such a claim—

Go to the board and get Form 110 for exemption or Form 121 for discharge. If the board has not the printed forms ask to consult the form pamphlet and copy the form shown there.

Fill out the proper form and file it with the board.

Do this within seven days of the posting and mailing of notice to you to present yourself.

The following are the only grounds for exemption:

That you are an officer, legislative, executive or judicial of the United States, a state or territory, or the District of Columbia.

That you are a regular or duly ordained minister of religion.

That you were on May 18, 1917, a student preparing for the ministry in any recognized theological or divinity school.

That you are in the military or naval service of the United States.

That you are a subject of Germany, whether you have taken out papers or not.

That you are a resident alien who has not taken out first papers.

In addition to claims for exemption claims for discharge may be made on any of the following grounds, which are the only grounds for discharge by a local board:

That you are a county or municipal officer.

That you are a custom-house clerk.

That you are employed by the United States in the transmission of mails.

That you are an artificer or workman employed in an armory, arsenal or navy yard of the United States.

That you are employed in the service of the United States (under certain conditions). See paragraph (c) of section 20, Regulations.

That you are a licensed pilot regularly employed in the pursuit of your vocation.

That you are a mariner actually employed in the sea service of any citizen or merchant within the United States.

That you are a married man with a wife or child dependent on you for support.

That you have aged or infirm parents dependent upon your labor for support.

That you have a widowed mother dependent on your labor for support.

That you are the father of a motherless child under sixteen dependent upon your labor for support.

That you are a brother of an orphan child or children under sixteen dependent on your labor for support.

That you are a member of any well-recognized religious sect or organization organized and existent May 17, 1917, and whose then existing creed or principles forbade its members to participate in war in any form and whose religious convictions are against war or participation therein in accordance with the creed or principles of said religious organization.

These are the only grounds for exemption or discharge by a local board.

Another person can file a claim in your behalf, but must use different forms in filing the claim.

8. Proof of claims—Your claim of exemption or discharge must be filed within seven days of the day on which notice to you that you are called was posted and mailed. But after you have filed your claim for exemption or discharge you have ten days within which to file proof.

The method of proving claims is very simple, but it is rather exact. If you follow the rules given below you will have done what is required of you:

(a) Go to the local board and consult the regulations to find out the form number of the affidavits that you must submit for your particular claim.

(b) Ask the board for the blank affidavits that are necessary in presenting your proof; if the board has not the forms, ask to consult the pamphlet of forms.

(c) Have the affidavits properly accomplished and return them to the board within the time limit assigned you—ten days from the filing of your claim.

Remember:

(a) You must submit your proof in the prescribed form and the board has no authority to exempt or discharge you unless you submit all the affidavits required by regulations.

(b) There will be no argument before the board and no proof other than the prescribed affidavits, unless the board calls for other proof, which it will do in only a limited number of cases.

9. WHEN CLAIMS ARE DECIDED—Every claim for discharge or exemption will be decided by the local board within three days after your affidavits have been filed.

10. CERTIFICATES OF EXEMPTION OR DISCHARGE—If your claim is allowed, a certificate of exemption or discharge will be issued to you.

Remember:

(a) This certificate may be recalled at any time.

(b) If it is temporary or conditional it becomes of no effect when the time or the condition named is fulfilled.

(c) You have been drawn for military service and when the condition that has postponed your posting to the colors ceases you may be recalled at any time.

(d) Remember that your case may still be appealed to the district board by the government, and on this appeal your certificate may be withdrawn at once. When so withdrawn you stand precisely as though you had been selected for military service by the local board.

11. ADVERSE DECISIONS ON CLAIM—If your claim is disallowed by the local board your name will be certified and sent by the local board to the district board as one who has been called for military service and not exempted or discharged. Within two days thereafter, if practicable, a list of those so certified to the district board will be given to the press with a request for publication, will be posted in the offices of the local board accessible to the public view, and notice will be mailed to the address on the registration card.

Therefore, if you have filed a claim for exemption and proof in support thereof watch the notices in the office of the local board, beginning about five days after you have filed your proof, to see what disposition was made of your case and make arrangements for the prompt receipt of mail.

Carrying Up Appeals.

12. HOW TO CLAIM APPEALS TO DISTRICT BOARDS—Claims of appeal may be made by a person within ten days after the day when notice has been posted and mailed that such person's name has been certified to the district board as one who has been called for service and not exempted or discharged.

Therefore if you desire to appeal—

(a) Go to the local board and get or copy form 153 or 154 for filing your claim of appeal.

(b) Get or copy also form 151 or 152 for notifying the district board of appeal.

(c) File your claim of appeal (153 or 154) with the local board.

(d) Send your notice of appeal (form 151 or 152) to the district board.

(e) Do this within ten days from the day when notice that your name was certified to the district board was posted and mailed.

Remember:

(a) You can only appeal the final order of the board exempting or discharging or refusing to exempt or discharge you. You cannot appeal other orders or actions of the local board.

13. PROVING YOUR APPEAL—You have five days after the district board receives your notice that you have filed a claim of appeal in which to file evidence additional to that filed by you in the local board, but all such evidence must consist of affidavits.

Reception of Decisions.

14. DECISIONS ON APPEAL—The decision on your appeal must be made within five days of the closing of proof, and you will be notified by mail of the action of the board on your appeal.

15. CLAIMS FOR DISCHARGE ON INDUSTRIAL GROUNDS—Only the district board can receive claims for discharge on the ground that they are engaged in industry, including agriculture, found to be necessary to the maintenance of the military establishment, the effective operation of the military forces, or the maintenance of national interest during the emergency.

If you desire to file such a claim:

(a) Get a copy at the local or district board of form 161 or 161a.

(b) Fill the form out properly.

(c) File it with the district board within five days after the mailing and posting of notice that your name has been certified from the local board to the district board. See section 44, regulations.

16. PROOF IN SUPPORT OF INDUSTRIAL CLAIM—Only affidavits can be used in filing proof before the industrial board of a claim for exemption on industrial grounds. All such affidavits must be filed within five days after the filing of the claim.

17. DECISIONS ON INDUSTRIAL CLAIM—Within five days after the closing of proof in any industrial claim the district board must decide the claim.

If the decision of the district board is in favor of the claim the board will issue a certificate of discharge. If the decision is against the claim the district boards will so notify you.

18. APPEALS TO THE PRESIDENT—Only decisions of district boards on industrial claims for discharge can be appealed.

If you desire to appeal the decision of the district boards to the president, you may do so within seven days of the date of mailing to you of the decision of the district board. To perfect your appeal:

(a) Get or copy from the district or local board Form 163.

(b) Fill out the form and file it with the district board.

(c) Do this within seven days after the mailing of notice to you of the decision of the district board in your case.

19. HOW YOU WILL BE NOTIFIED—As soon as your case is finally disposed of, the adjutant general of your state will notify you by mail that you have been selected for military service.

Your local boards will post a list of all persons selected for military service in a place at the office of the local boards accessible to public view.

Notice that you have been selected for military service will not necessarily order you into service.

The notice to report for military service will come when the government is ready to receive you.

Building Records Broken.

All records for quick building work are said to have been broken in running up the new training cantonment at the Presidio, near San Francisco. San Francisco lumber firms got together and delivered two and a half million feet of lumber in three days. Over 600 carpenters and helpers built 210 buildings in 18 days. When top speed was reached midway on the job a new building was finished every 30 minutes. The buildings are permanent, modern, sanitary and adequate.

Disposing of Willis.

Willis—I see that the flag must be brought in at sundown and kept in until morning.

Mrs. Willis—Yes; and during those times I'm going to be patriotic to see that you follow the flag.—Town Topics.

Lucky Bear.

"This is the time of year you envy a polar bear."

"Yes. He can wear white clothes constantly without running up a laundry bill."

HERE AND THERE

The hermit and olive-backed thrushes have spotted breasts, are larger than an English sparrow, with rather long bills. The former is distinctly rufous on the back.

Five years ago the pupils in the Kwangju Girls' Industrial school, Korea, never had seen a crochet needle, yet they have acquired such proficiency in crocheting that they have earned about $400 for the self-help department of the school.

A new fire escape resembles a gigantic tape measure, as it consists of a steel ribbon that unrolls from within a circular casing as a person descends seated in a sling at its end.

For aviators a Frenchman has invented an apparatus that shows the speed of an airplane, the wind velocity, the angle at which a flier is facing it, and whether he is rising or falling.

In the sepulchers at Thebes, Egypt, butchers are represented as sharpening their knives on a round bar of metal attached to their aprons, which from its blue color is supposed to be iron.

Proverbial Wisdom.

All countries have sayings dealing with marriage, mostly taking rather a cynical view. The Italians seem to take a fatalistic attitude, for they say, "In buying horses and in taking a wife, shut your eyes and commend yourself to God." A wholesome piece of advice is contained in the Hindu saying, "Women are wise offhand and fools on reflection—so take your wife's first advice and not her second." The Irish saying is very comforting, "A man's best fortune is his wife."

The Girl Patriot.

Jessie—May is the most patriotic girl I know.

Tessie—Why?

Jessie—She won't plant anything in her garden but Soja beans and sweet flag.—Town Topics.

On the Stump.

Missouri inventor's stump puller is featured by a curved fulcrum that enables all stumps not large enough to require blasting or burning to be removed by hand.—New York Telegram.

Divine Guidance

By REV. JAMES M. GRAY, D.D.
Dean of Moody Bible Institute, Chicago

TEXT—He leadeth me in the paths of righteousness for his name's sake.—Psalm 23:23.

Every word in this sentence is weighty. 1. Think of that personal pronoun "he."

"He" leadeth me. It contains a denial of both atheism and materialism, since it asserts the existence of a personal God who is distinct from and independent of the created universe. It denies deism, too, declaring not only for a personal, self-existent God, but for one who is the controlling presence in the universe.

2. He "leadeth" me. "To lead" means to guide or to conduct as by the hand; and it is blessed that God allows us to think of him as occupying such an attitude towards us. "I have called thee in righteousness," said he, "and will hold thine hand, and will keep thee." "To lead" means "to go before," as when a shepherd leads his sheep to pasture. And by his incarnation in the person of Jesus Christ, God has actually gone before us in the flesh in suffering and glory, "leaving us an example that we should follow his steps."

"To lead" means to persuade, as when one is driven by necessity to do a certain thing. And here again we see the analogy to spiritual truth. "It was good for me to be afflicted," says the psalmist, "before I was afflicted I went astray, but now have I kept thy law."

"To lead" means to draw, to allure, as when one's desires and affections are stirred in a given direction, and he then willingly and ardently pursues it. As it is written, "The goodness of God leadeth thee to repentance," and again, "We love him because he first loved us." It is thus that he leadeth us.

A Personal Interest.

3. He leadeth "me." We have dwelt upon the importance of the first pronoun, but the second is like unto it. Indeed, without the second the first would lose much of its value. It is one thing to know that a personal God is interested in us, but even better to know that he is interested in us personally. David says, of all beings in the universe, he leadeth me, and his own history must have convinced him of this beyond a doubt. But he said it no more confidently than we can say it if we are the Lord's. Shunned by the world, we may be; ready to cover ourselves with dust and ashes at the sight of our own shortcomings, but still there is one to whom we are as dear as his own life's blood, and whose arms are clasped around us as though there were not another being in the world.

4. He leadeth me in the paths of righteousness. "Righteousness" is the qualifying word of the sentence so far as its application to man is concerned. Who are those that he leads? They who are in the paths of righteousness. The unrighteous therefore he does not lead. But the "righteous" from the Gospel point of view are not the externally moral people merely, but those who have submitted themselves unto the righteousness of God, the righteousness which is by faith. They are found in the paths of righteousness, because they are found in Christ. But being found, they are now led therein. This leading is equivalent to their growth in grace, their development in Christ. Hence the significance of that preposition "in." He leadeth me in the paths of righteousness. Not "into" them but "in" them. He leads us into them in the first place, since without his regenerating grace we would never have been found in them.

Leading While in the Way.

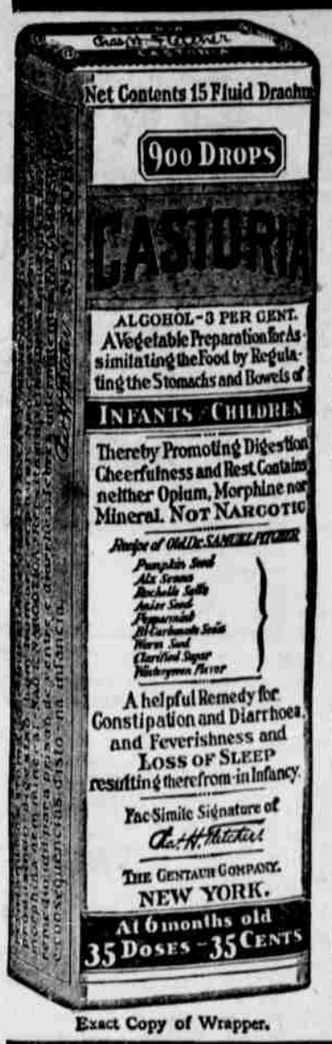
But it is a different thing to be led "in" them after we have been led "into" them. The paths of righteousness would themselves become paths of error to us, if God were to withdraw his personal leadership. He must not only make us Christians, but he must keep us Christians, if we are to remain so. And the importance of this continued leadership is emphasized by the word "paths." Not one, but many. Sometimes they are paths of bodily affliction, of peril, bereavement, poverty, strong temptation, mental darkness, desertion, opposition, doubt, but in all these paths he leadeth me. By his word, by his providence, by his spirit, and by the example of his own life in the flesh!

For His Name's Sake.

5. He leadeth me in the paths of righteousness "for his Name's sake." It is wonderful how many and how great things God has done for us and promises to do for us in his Name's sake. This is a humbling truth, since it takes from us all thought of personal right or merit in the matter. But it is also an inspiring truth. For if God leads us in the paths of righteousness for his Name's sake, the honor of his Name is involved in his leading us to the very end, and up to the throne of glory.

"Hands Wanted."

That was the sign that stared at passers-by from a certain plate-glass window. That is the sign that might appear in the window of every house of every street of any town or city. "Hands Wanted"—helpful hands, tender hands, strong hands, capable hands, hands to lift and guide and cheer and comfort, hands to take care of their owners and make life easier for other people.—Selected.



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J. P. JAFFRAY,
Cor. Walnut & Broad Sts., Philadelphia, Pa.
Canadian Government Agent

Run to Earth.

Sherlock Holmes—Quick, Watson, quick! There's the missing millionaire!

Doctor Watson—His clothes—

Sherlock Holmes—Never mind his clothes, man! He began with eggs—and he's eating his third potato!—Judge.

Not by a Long Shot.

He—I want you to help spend my salary.

She—Am I not doing that?

He—No, no; I mean forever and ever.

She—It won't take me as long as that.

A Strategic Move.

"Why did they name the line of the German troops in France after Wagner music?"

"I suppose they did it to scare the enemy off; to make the French think they were going to sing it."

Contrary to Precedent.

"The speaker seems to be an unusually modest man."

"What makes you think so?"

"He makes all his promises in the first person plural and all his excuses in the first person singular."

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Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Market Day.

"Hub'by!"

"Yes, yes, yes?"

"Before we were married you used to send me flowers and sweets."

"I should be a brute to discontinue that custom. Tonight it will be cauliflowers and sweet potatoes."

If you suspect that your child has Worms, a single dose of Dr. Peery's "Dead Shot" will settle the question. Its action upon the Stomach and Bowels is beneficial in either case. No second dose or after purgative necessary. Adv.

The Slacker.

She—Are you going to enlist?

He—Well, I would if I thought I could not pass the examination.

Before marriage a man's display of affection is apt to be overdone; after marriage it is more likely to be rare.

Most tall stories are extraordinarily thin.

After the Movies Murine is for Tired Eyes. Red Eyes—Sore Eyes—Granulated Eyelids. Rests—Refreshes—Restores. Murine is a Favorite Treatment for Eyes that feel dry and smart. Give your Eyes as much of your loving care as your Teeth and with the same regularity. CARE FOR THEM. YOU CANNOT BUY NEW EYES! Sold at Drug and Optical Stores or by Mail. Ask Murine Eye Remedy Co., Chicago, for Free Book

Whitewash.

Mayor Hosey sat at a dinner in Fort Wayne beside a pretty girl.

"Oh, Mayor Hosey," she said. "I saw such a good film play last week—'The Man Who Failed.' You certainly must take it in."

Mayor Hosey frowned.

"Humph," he said. "They're always screening failures."

Kind to Father.

Little miss, three years old, very observing, called on her grandaunt the other day. "Come again," said grandaunt in farewell.

Father next morning said: "Good-by, Little Miss."

"Good-by. Come again," she replied in polite tones.

Anticipating It.

"Flubdub, I'd like to give you a little friendly advice."

"All right. Which of my habits is it you object to, old top?"

The Better Wish.

"I wish I could afford to wear fine clothes."

"I don't. I wish I could afford to wear any old thing."

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