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"THE SHOE THAT HOLDS ITS SHAPE"

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Money by Wearing W. L. Douglas
For sale by over 9000 shoe dealers.
Best Known Shoes in the World.



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Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and protected against high prices for inferior shoes. The same are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the money for them.

W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smartest leaders in the Fashion Centres of America, made in a well-equipped factory at Brockton, Mass., best paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest intention to make the best shoes for the price that money can buy.

W. L. Douglas shoe dealer for W. L. Douglas shoes. If he can't give you the kind you want, take no other shoe for interesting booklet explaining how to get the highest standard of quality for the price, mail, postage free.

W. L. Douglas \$3.00 \$2.50 & \$2.00
President W. L. Douglas Shoe Co.,
185 Spark St., Brockton, Mass.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course of Moody Bible Institute.)
(Copyright, 1917, Western Newspaper Union.)

LESSON FOR MARCH 11
JESUS THE BREAD OF LIFE.

LESSON TEXT—John 6:24-37.
GOLDEN TEXT—Jesus said unto them, I am the bread of life.—John 6:35.

Following the feeding of the five thousand, Jesus saw the design of the multitude (v. 15), and separated himself unto prayer. Following that communion, the disciples went over the sea toward the City of Capernaum (v. 17), but in his supernatural power he followed them, walking upon the water (v. 19). Midway he entered their ship, and immediately they reached the land toward which they had been striving (v. 21; Mk. 6:48-49). The next day (John 6:22) the people who at this period were following him in such great multitudes, took steps to reach him. Finding that he was not at their side of the lake, they took boats and came to Capernaum, "seeking for Jesus" (v. 24). We read that the common people heard him gladly. These people wanted the comradeship of Jesus, and the longest bread line in the world today is that of hungry-hearted men. The question is, are we willing to give them the loaves of comfort?

I. Bread Which Perisheth (vv. 23-24). "If you think you will always get the loaves and fishes simply because you have followed the Lord, you have handed yourself a goldbrick."—Dr. Griffin Bull. Most of us will go further for victuals than we will for a vision. When the people found Jesus (v. 25) they rather reprimanded him for leaving them, when the fact of the matter was that he was not beholden to them in any sense whatsoever. It looks very well for these people to be "seeking Jesus," but they were seeking the wrong thing (v. 26). It was not really Jesus himself they wanted, but the loaves and the fishes. It was not the "sign" as indicating his divine character that drew them, but simply the wonder as indicated by the fact that they expected a constant supply of bread, nor did they see in that bread the sign but only the bread.

Salvation is the free gift of God apart from works. Nevertheless he commands the exercise of will. "This is the work of God that ye believe on him whom he hath sent" (v. 29). This is not inconsistent with I Cor. 12:3, I. c., "No man can say that Jesus is the Lord but by the Holy Ghost." Like the two blades of a pair of shears, the executive act of my will in believing on Jesus is met by the regenerating energy of God's spirit making me a son of his.

The Jews demanded a sign as a condition of believing on him, when he himself, was the greatest of all signs (v. 30). They sought to enforce their demands by reference to Moses and the manna, but Jesus showed them that the manna was a type of "the (true) bread of God." The characteristics of this bread are: (1) It comes down from heaven; (2) It giveth life unto the world. Jesus' hearers did not understand what he meant, and exclaimed: "Evermore give us this bread." Jesus was trying to impress upon his hearers the same diligence in heavenly matters as in the pursuit of earthly meals.

III. The Everlasting Bread (vv. 35-37). Misunderstanding his teaching (v. 34) Jesus said unto them plainly: "I am the bread of life," meaning that he is the true bread of God. He is not only the giver of the bread of life, but he, himself, is the Bread of Life. As bread will satisfy the needs of the physical body, giving strength, vitality and energy, so he will supply the needs of the soul. He will satisfy the deep hunger and longing which is the evidence of need, and he will also satisfy the thirst which is the more intense desire—the spiritual craving of the soul. Jesus ministers to the never-failing strength of all who come to him, and who believe on him. Coming to him is seeking help and blessing from him. Believing on him is the absolute abandonment of self to him. This multitude had actually seen the living bread (v. 30), yet they believed not because they were so occupied with the material and unreal things of this world.

Today we find men so taken up with the material and unreal that they neither appreciate nor believe upon the true bread which has been sent down from God out of heaven. Not all will come to him (John 5:24), but anyone can prove that he belongs to the elect of God and the company of the Father by coming to Jesus (v. 37). If any man does come, he will be received. These words of Jesus are very positive. "I will in no wise cast him out." This throws the burden of responsibility upon the individual to know whether or not he is one who belongs to the elect, whether or not he has sinned away the day of grace, whether or not God will receive him and accept him in Jesus, the Beloved, whether or not he has committed the unpardonable sin. Millions upon millions who have come to Jesus have found absolutely sure word to be true, "I will not cast you out." He has never cast out a single one who came to him. Verse 38 shows us the complete abandonment of Jesus to the will of the Father. Then he tells us what the will of the Father is (v. 39), that "of all that which he hath given me I should lose nothing but should raise it up at the last day." Thus those who prove him can never be lost (John 10:28-29; Col. 3:3-4; I Pet. 4:3; Jude 1; Tim. 1:12). It is the will of God that everyone that beholdeth the Son and believeth on him should have everlasting life. Such is the Father's will, and Jesus adds: "I will raise him up at the last day" (v. 39).

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now. No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

Faint Praise.
"Has he many bad habits?"
"He must have. All that I ever hear of him is that he's a good provider."
—Detroit Free Press.

For a disordered liver, take Garfield Tea, the Herb Laxative. All druggists. —Adv.

Satisfied.
"Does Brown owe you any money?"
"Not any more than I'm willing to pay for the privilege of not being bothered by him."

Indigestion produces disagreeable and sometimes alarming symptoms. Wright's Indian Vegetable Pills stimulate the digestive processes to function naturally. Adv.

Explanation.
"James, what's the meaning of this they call the Pan-American policy?"
"Just like a woman's stupidity to ask such a question. Americans are getting panned all right, ain't they?"

The Ointment That Does Not Affect The Head
Because of its tonic and laxative effect, Leucine Ointment can be taken by anyone without causing dizziness or headache. It is the only "Hemo-Quinine." H. W. GROVER'S signature on each box. See.

Not Far to Go.
"Do you suppose this whole country will be mobilized in case of war?"
"Why not? It is already automobilized."

A Mother's Burden

A mother who suffers kidney trouble, finds it hard to keep up her daily work. Lameness, backache, sharp pains when stooping and "blue," nervous or dizzy spells, make home life dreary. Active kidneys bring back vigor, health and a pleasure in family duties. If the kidneys are weak try a box of Doan's Kidney Pills.

A Virginia Case

Mrs. L. C. Nalla, 549 S. Patrick St., Alexandria, Va. says: "My back was so weak and sore, I could hardly get around. After I stooped it was almost impossible for me to straighten. I couldn't rest after I went to bed. My back ached so badly in the morning, it was all I could do to dress myself. My kidneys didn't do their work right and my head ached. A box of Doan's Kidney Pills did me so much good that I kept on using them. My back soon stopped aching and my kidneys haven't troubled me since."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

STOCK LICK IT—STOCK LIKE IT

For Horses, Cattle, Sheep and Hogs. Contains Copious for Worms, Sulphur for the Blood, Saltpeper for the Kidneys, Nux Vomica, Tonic, and Purifying Dairy Salt. Used by Veterinarians 12 years. No Dosing. Drop Brick in feed-box. Ask your dealer for Blackman's or write

BLACKMAN STOCK REMEDY COMPANY
CHATTANOOGA, TENNESSEE

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headache, and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Protect Your Family From Winter Colds with Hale's Honey

Of Horehound and Tar
It stops coughs before they become serious. Contains no opium nor anything injurious. Sold by all druggists.

"ROUGH ON RATS" Kills Rats, Mice, and Squirrels. Dies outdoors. Use and See.

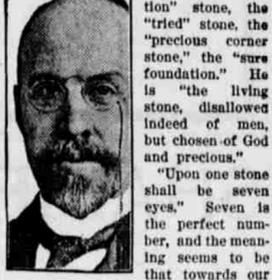
APPENDICITIS

It has been threatened or have GALLSTONES, HEMORRHOIDS, GAS or pains in the RIGHT SIDE write for valuable book or medicine FREE.

The Engraved Stone

By REV. JAMES M. GRAY, D. D.
Dean of Moody Bible Institute, Chicago

TEXT—Upon one stone shall be seven eyes; behold I will engrave the graving thereof, saith the Lord of hosts; and I will remove the iniquity of that land in one day.—Zechariah 3:3.



The mysterious stone here referred to symbolizes our Lord and Savior, Jesus Christ. He is the "foundation" stone, the "tried" stone, the "precious corner stone," the "sure foundation." He is "the living stone, disallowed indeed of men, but chosen of God and precious."

"Upon one stone shall be seven eyes." Seven is the perfect number, and the meaning seems to be that towards our Lord Jesus Christ all eyes shall be turned. In him centers the interest of the whole universe. The eye of God is upon him, resting in joy and satisfaction. The eyes of the angels are upon him. They carried his birth; they ministered to him in his life; they testified to his resurrection, and when he comes again into the world they will be his worshippers. The eye of Satan is upon him, though the "prince of this world," as he is called, has nothing in him. The eyes of men are upon him. Since the earliest promise of the Redeemer in the garden of Eden, believing humanity has ever turned towards him as its only hope. The single design of the Gospel and of the ordinances of the House of God is to fix the eyes of all men upon this Living Stone, for "He that seeth the Son and believeth on him hath everlasting life."

To engrave is to embellish and beautify, and while the Son of God was ever infinite and perfect, yet from the human side it was possible for him to grow in favor with God and man. He himself called the hour of his passion that in which he was to be glorified. "Although his vision was more marred than any man, yet now is he the chiefest among ten thousand, the one altogether lovely."

The engraving was by the hand of God himself. No bungler held the chisel; no dummy directed the blows. "Though he had done no violence, neither was any deceit found in his mouth, yet it pleased the Lord to bruise him." And he did this not because he had delight in the sufferings of innocence, but because it would result in the eternal redemption of his chosen people and demonstrate the meeting of justice and mercy in the person of his Son.

"And I will remove the iniquity of that land in one day." The reference seems to be to the future restoration of Israel when her load of national guilt shall be taken away, and once more she shall enjoy peace and prosperity in her own land. But the application may be made more general and at the same time more personal. In other words, on the day when Jesus Christ exclaimed upon the cross, "It is finished!" a complete atonement was made for the sins of all men, and the way opened for their pardon and acceptance with God. Ah! what a day that was! "Day of all days the best," Good Friday in a sense in which it will take us the ages of eternity to explore.

And there is a still closer sense in which this removal of iniquity in one day may be applied. It is the day when any sinner receives Jesus Christ as his personal Savior and confesses him as his Lord. Such a day was that to the 3,000 souls at Pentecost.

Preacher and the Miner.
I once read of a preacher who went down into a coal mine during the noon hour to speak to the miners about Christ. After telling them the sweet and simple story, the time came for them to return to work and he must ascend the shaft and go out into the world again.

Meeting the foreman he asked him what he thought of God's way of salvation. "Oh," replied the man, "it's too cheap. I cannot believe in such a religion as that."

Without an immediate answer to the remark, the preacher asked: "How do you get out of this place?" "Simply by getting into the cage," was the reply. "And does it take long to get to the top?" "Oh, no; only a few seconds." "Well, that is very easy and simple; but do you not need to help raise yourself?" "Of course not," replied the miner, "as I have said, you have only to get into the cage." "But how about the people who sunk the shaft, and perfected all this arrangement? Was there much labor or expense about it?" "Indeed, yes; that was a very laborious work. The shaft is 1,800 feet deep, and it was sunk at a great cost to the proprietors, but without it we would not be able to get to the surface."

"Just so," replied the preacher, "and when God's Word tells you that whosoever believeth on the Son of God hath everlasting life, you at once say 'Too cheap! too cheap!'—forgetting that God's work to bring you and others out of the pit of destruction and death was accomplished at a vast cost—even the sacrifice of his Son!"

Let me apply this illustration to my theme, and if some think that this removal of their iniquity in one day is "too cheap," let them remember the engraving upon the stone, and reflect that he whom it represents was "wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him, and with his stripes we are healed."



A Little Stick of WRIGLEY'S Makes the Whole World Kin!

No climate affects it for the package protects it.

WRIGLEY'S goes to all parts of the world—in all seasons, to all classes.

Fresh, clean, wholesome and delicious always.

It aids appetite and digestion, quenches thirst, keeps the teeth clean and breath sweet.



Three Fine Flavors

WRIGLEY'S SPEARMINT
WRIGLEY'S JUICY FRUIT
WRIGLEY'S DOUBLEMINT

"After every meal"

Farm Hands Wanted

Western Canada Farmers require 50,000 American farm labourers at once. Urgent demand sent out for farm help by the Government of Canada.

Good Wages Steady Employment
Low Railway Fares
Pleasant Surroundings Comfortable Homes
No Compulsory Military Service

Farm hands from the United States are absolutely guaranteed against conscription. This advertisement is to secure farm help to replace Canadian farmers who have enlisted for the war.

A splendid opportunity for the young man to investigate Western Canada's agricultural offerings, and to do so at but little expense.

Only Those Accustomed to Farming Need Apply
For particulars as to railway rates and districts requiring labour, or any other information regarding Western Canada apply to

J. P. JAFFRAY, Cor. Walnut and Broad Sts., Philadelphia, Pa.
Canadian Government Agent

FRECKLES

New Is the Time to Get Rid of These Ugly Spots.
There's no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots. Simply get an ounce of ointment—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength ointment, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

If every man could have his own way, how quickly others would get out of it.

YOU MAY TRY CUTICURA FREE
That's the Rule—Free Samples to Anyone Anywhere.

We have so much confidence in the wonderful soothing and healing properties of Cuticura Ointment for all skin troubles supplemented by hot baths with Cuticura Soap that we are ready to send samples on request. They are ideal for the toilet.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. I, Boston. Sold everywhere.—Adv.

The price of caraway seeds in this country has increased since 1914 from 5 cents to 65 cents a pound.

Diet, Exercise or Death!

An eminent medical authority writes that most of our city folks die of a thickening of the arteries or of kidney disease. The kidneys become clogged and do not filter the poisons from the blood, and one trouble follows another, high blood pressure damages the heart, arteries and kidneys. Usually its danger signs are backache, pain here or there, swollen feet or ankles, rheumatic twinges or spots appearing before the eyes.

"The very best remedy is this: Eat meat but once a day, or not at all. Plenty of outdoor exercise, and drink pure water frequently. Before meals take a little Anuric, the great uric acid neutralizer that is easily obtained at the drug store. When you have dizziness, pain in back, try this wonderful remedy in ureic acid, which Dr. Pierce of Buffalo, N. Y., discovered and named Anuric. Anuric, more potent than lithia, dissolves uric acid as hot water does sugar."

Instantaneous!
Ired to death," declared Mrs. ...
the other evening.
the matter?" asked her hus-

having the baby's portrait
they have a way of taking them
ously now you know."
ng were you at it?"
hours and a half."

important to Mothers
carefully every bottle of
A, that famous old remedy
and children, and see that it
of *Chas. H. Fletcher*
Over 30 Years.
Cry for Fletcher's Castoria

Merely a Truce.
me good to see Democrats
blicans burying their differ-
this national crisis," said the
citizen.

ool yourself," grumbled the
"They are not burying
ferences so deep they won't
dig them up again in short

ational use of Roman Eye Balsam
non retreating will prevent and re-
ry, watery eyes, and eye strain.

makes a mistake when he
and on an old shrub.

WHAT IS X-FOS

IS AN IMPROVED CASCARA
ESTIVE LAXATIVE
ARTIC AND LIVER TONIC

is not a secret or Patent Medi-
composed of the following old-
roots and herbs:

CASCARA BARK
BLUE FLAG ROOT
RUBARB ROOT
BLACK ROOT
RAY APPLE ROOT
LAX LEAVES
DO PEPIN

as the CASCARA is improved by
of these digestive ingredients
better than ordinary CASCARA,
this combination acts not only as
a laxative and cathartic but also
as liver tonic. Syrup laxa-
weak, but X-FOS combines
with palatable, aromatic taste
and does not disturb the stomach. One
prove X-FOS is invaluable for
indigestion or Torpid Liver.

Don't Neglect Kidneys

It is now conceded by physicians that
the kidneys should have more attention
as they control the other organs to a re-
markable degree and do a tremendous
amount of work in removing the poisons
and waste matter from the system by
filtering the blood.

The kidneys should receive some as-
sistance when needed. We take less ex-
ercise, drink less water and often eat
more rich, heavy food, thereby forcing
the kidneys to do more work than nature
intended. Evidence of kidney trouble,
such as lame back, annoying bladder
troubles, smarting or burning, brick
dust or sediment, sallow complexion,
rheumatism, maybe weak or irregular
heart action, warns you that your kid-
neys require help immediately to avoid
more serious trouble.

An ideal herbal compound that has had
most remarkable success as a kidney and
bladder remedy is Dr. Kilmer's Swamp-
Root. There is nothing else like it. It
is Dr. Kilmer's prescription used in pri-
vate practice and it is sure to benefit you.
Get a bottle from your druggist.

However, if you wish first to test this
great preparation send ten cents to Dr.
Kilmer & Co., Binghamton, N. Y., for a
sample bottle. When writing be sure and
mention this paper. Adv.

AGER'S NIMENT

AGER'S NIMENT
BERT BROS. & CO.
BALTIMORE, MD.

Medically Superior Formula

Constitution
TAPS

True Remedy for the
Intestinal Organs
ble, Yet Effective—
from all Narcotics
Non-Habituating.

PS treats the Digestive
trouble and restores healthy
action. It is a powerful
—10 TAPS 10c—All Druggists

a tip—take a TAP

Not Alone.
"M' dear," said Mr. Jagsby to the
partner of his joys and sorrows, who
had finally succeeded in steering him
to bed, "morrer mornin' I'll splain.
I was in the office all th' time."

"You needn't bother to explain,"
answered Mrs. Jagsby. "If you were
really in the office, I can see from
your condition that you had a quart
of whisky to keep you company."

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Beautify Your Hair! Make It
Soft, Fluffy and Luxuriant—Try
the Moist Cloth.

Try as you will, after an application
of Danderine, you cannot find a single
trace of dandruff or falling hair and
your scalp will not itch, but what will
please you most, will be after a few
weeks' use, when you see new hair,
fine and downy at first—yes—but really
new hair—growing all over the scalp.

A little Danderine immediately dou-
bles the beauty of your hair. No differ-
ence how dull, faded, brittle and
scraggy, just moisten a cloth with
Danderine and carefully draw it
through your hair, taking one small
strand at a time. The effect is im-
mediate and amazing—your hair will
be light, fluffy and wavy, and have an
appearance of abundance; an incom-
parable luster, softness and luxuri-
ance, the beauty and shimmer of true
hair health.

Get a 25 cent bottle of Knowlton's
Danderine from any store and prove
that your hair is as pretty and soft
as any—that it has been neglected or
injured by careless treatment—that's
all. Adv.

Getting Monotonous.
"Hold on a minute. You'll never be
able to sell me anything by pounding
on my desk."

"I was merely trying to drive my
arguments home, sir."

"Well, just for the sake of variety,
and while I remove my inkwell from
the danger zone, make a few passes in
the air."—Birmingham Age-Herald.

Swamp-Root, Dr. Kilmer's Prescription, Overcomes Kidney Trouble

It is now conceded by physicians that
the kidneys should have more attention
as they control the other organs to a re-
markable degree and do a tremendous
amount of work in removing the poisons
and waste matter from the system by
filtering the blood.

The kidneys should receive some as-
sistance when needed. We take less ex-
ercise, drink less water and often eat
more rich, heavy food, thereby forcing
the kidneys to do more work than nature
intended. Evidence of kidney trouble,
such as lame back, annoying bladder
troubles, smarting or burning, brick
dust or sediment, sallow complexion,
rheumatism, maybe weak or irregular
heart action, warns you that your kid-
neys require help immediately to avoid
more serious trouble.

An ideal herbal compound that has had
most remarkable success as a kidney and
bladder remedy is Dr. Kilmer's Swamp-
Root. There is nothing else like it. It
is Dr. Kilmer's prescription used in pri-
vate practice and it is sure to benefit you.
Get a bottle from your druggist.

However, if you wish first to test this
great preparation send ten cents to Dr.
Kilmer & Co., Binghamton, N. Y., for a
sample bottle. When writing be sure and
mention this paper. Adv.

"'Twouldn't Help Him Any.

"I've noticed one thing while jour-
neying through this vale of tears."
"Pray enlighten me."
"You never heard a henpecked mar-
ried man excusing himself on the
ground that he is too proud to fight."

What Dr. R. D. Patterson, of Lib-
erty, N. C., says:
ABOUT MOTHER'S JOY SALVE.
My boy had pneumonia, his tempera-
ture was 104. Had tried other salves,
didn't have any effect. Used jar of
Mother's Joy Salve on throat and
chest, in one hour's time his tempera-
ture was normal.—Adv.

Two Kinds of Craft.
Boy—Pa, what kind of ships are
courtships?
Pa—Soft ships, my son.
Boy—And what kind of ships sail on
the sea of matrimony?
Pa—Hardships, my son.—London
Tit-Bits.

You never can know how superior to oth-
er preparations in promptness and effici-
ency is Dr. Peery's "Dead Shot" until you
have tried it once. A single dose cleans
out Worms or Tapeworm. Adv.

Worse.
"It was cruel fate when even his
hardresser cut Smith's acquaintance."
"It was worse than cruel—it was
barberous."

Coated tongue, vertigo and constipation
are relieved by Garfield Tea.—Adv.

Everybody wants something for
nothing, yet very few people are satisfied
with things they get that way.