

BILIOUS, HEADACHY, SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep. Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Cascarets immediately cleanse the stomach, remove the sour, indigested food, and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

Customer—I'd like to see a good second-hand automobile. Dealer—So would I.

Whenever You Need a General Tonic Take Groves' The Old Standard Groves' Tasteless child Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletchier. In Use for Over 30 Years. Children Cry for Fletchier's Castoria

Grammatically Sure. Can this actor make a situation tense? "Certainly, if he's in the mood."

As we grow more sensible, we refuse drug calummies and take instead Nature's herb cure, Garfield Tea. Adv.

SAINT OF CANDY MAKERS Macarius, Egyptian Man of Fame, Properly Entitled to Such Honor as That Name Entails.

Probably few of the confectioners and candy makers who cater to the public's "sweet tooth" are aware that they have a patron saint all their own, but such is the case. He is St. Macarius.

A Logical Conclusion. "Did you really call this gentleman an old fool last night?" said the judge severely.

Disciple of Jefferson. She—Why have you never married? He—I am opposed to entangling alliances.—Boston Evening Transcript.

Canned fruits are needed in Cuba.

You Can Snap Your Fingers at the ill effects of caffeine when you change from coffee to POSTUM There's a Reason

GERMANY MOVES TO PREVENT WAR

Washington Government Refuses to Take Up Offer. MAY BE ONLY PLAY FOR TIME

No Discussion With Germany So Long As Submarines Continue Their Unrestricted Destruction Of Life and Property.

Washington.—Germany has taken steps to open a discussion with the United States of means for preventing war between them.

In seeking an exchange of views on the subject, however, it is not understood that the Berlin government has postponed any modification of its ruthless submarine campaign, and officials here feel they cannot enter upon such a discussion while vessels continue to be destroyed in violation of international law.

The new move is understood to be predicated upon a willingness on Germany's part to discuss especially the safeguarding of American ships and American lives on the seas, and backed by a renewed expression of the desire of the German government to prevent the diplomatic breach from leading to actual hostilities.

Just how American interests are to be safeguarded if the German war zone proclamation is to stand, however, and if any specific means of preserving peace between the two nations is included in the communication has not been revealed.

Because of the delicacy of the situation, in fact, all officials refuse to discuss it in detail or even to indicate through what channels the communication was addressed to the American government.

What may be the ulterior motive back of the step also is a matter of speculation. In some quarters there is evident a feeling that it merely is a play for time, designed to postpone any further action by the United States until the starvation blockade against England either has succeeded or failed.

Elsewhere there are suggestions that there may be behind it a sincere desire to make sacrifices to preserve peace between the United States and Germany may come as a response to the appeals understood to have been sent abroad by pacifists in this country.

In any event there is no evidence that President Wilson is contemplating any other course than vigorous preparation of the nation for the eventuality which he warned against in his address to Congress if American rights are violated.

OLD TREATY URGED. Swiss Minister Gets Request From Berlin For Affirmation.

Washington.—The Swiss Minister, Dr. Paul Ritter, in charge of Germany's diplomatic interests in the United States, was requested by the Berlin Foreign Office to ask the State Department for an affirmation of the Prussian-American treaty of 1828.

The German government made a similar request of former Ambassador Gerard, which he referred to the formal diplomatic channels.

The treaty provides that in the event of war between Germany and the United States citizens of each country in the other shall have nine months to close up their affairs and depart in safety. It also gives guarantees for property.

BRITISH GAIN ADMITTED. Berlin Says They Won Small Successes North Of The Ancre.

Berlin (via wireless to Sayville).—Heavy fighting is under way in the Ancre Valley. The Overseas News Agency says there have been severe artillery and infantry engagements for several days and that the British have attained small successes north of the Ancre at the cost of heavy losses.

TO TRAIN WOMEN CHAUFFEURS. Massachusetts Will Open School In Boston.

Boston.—Plans for the instruction of women as automobile drivers in order that their services may be utilized by the State if need requires, were announced by the Massachusetts branch for women of the Special Aid Society for American Preparedness. Classes in automobile driving and repairing will open here Monday.

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of Sunday School Course of Moody Bible Institute. (Copyright, 1917, Western Newspaper Union.)

LESSON FOR FEBRUARY 18 JESUS HEALS NOBLEMAN'S SON.

LESSON TEXT—John 4:45-54. GOLDEN TEXT—As thou hast believed, so be it done unto thee.—Matt. 8:13.

This event occurred a few days after that of last Sunday's lesson. It was Jesus' second miracle in Cana. John the Baptist is still preaching, and Jesus is closing the first year of his ministry and beginning his work in Galilee. Teachers should bring a vivid picture of Galilee to their classes, as that was one of the important fields to which our Master devoted much of his time.

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The Sufficiency of Grace

By REV. HOWARD W. POPE, Moody Bible Institute, Chicago

TEXT—Instead of the thorn shall come up the fir tree, and instead of the brier shall come up the myrtle tree.—Isa. 55:13.

In this verse we have a striking lesson on the substitutions of grace. It would be a good deal to dig up the thorn, and cut down the briers, but God does far more. He substitutes for the thorn and the brier the fir tree and the myrtle.

Occasionally a student comes to our office after a stay of a few days, and informs us that he is about to leave the school. When we inquire for the reason, he answers that he does not like the teaching. When pressed for an explanation, he says, "Well, you do not teach the doctrine of eradication."

"And what do you mean by that?" "I mean that God removes the roots of sin from our nature, so that one will not sin, and your school does not teach that doctrine, does it?"

"No, but we teach something far better." "What do you mean? I did not know that there was anything better than the eradication of sin."

"Oh yes, the substitution of grace is far superior. Instead of digging out the roots of sin, God plants in our nature the germs of grace, which over-run, and in time run out the seeds of evil. Instead of the thorn shall come up the fir tree, and instead of the brier shall come up the myrtle."

Luther Burbank takes the prairie cactus, whose sharp thorns are the terror of man and beast, and converts it into a nourishing food, on which the cattle fatten and flourish. What was once a thing to be dreaded is now a means of support.

The apple tree which once bore nothing but sour and bitter fruit, small in size, and rough in appearance, by the simple process of grafting can be made to produce apples which are large, sweet and luscious. It is the same old tree, but a new principle has been introduced, and that new nature dominates and determines the whole output of the tree. I once saw a lemon tree in California which had been grafted until it was bearing 22 different kinds of luscious fruit.

What Burbank and others are doing in the realm of nature, God is continually doing in the realm of grace. He does not destroy the tree which bears bitter fruit, but he grafts into it the grace that is in Christ Jesus, and soon that tree is rich and beautiful with all the fruits of the Spirit.

"Thou art Simon," said Jesus, the first time he met him, and Simon in his circle of friends was a synonym for fickleness, and instability. But knowing what grace could do for that big-hearted fisherman, Jesus added, "Thou shalt be called Cephas," which means "a rock," and is a symbol of firmness. Peter finally reached the point where he could truthfully say that he was kept by the power of God through faith unto salvation.

James and John were so hot tempered and violent that they were nicknamed "Boanerges"—sons of thunder, but grace led one of them to die as a martyr, and the other to be called the apostle of love. What God has done for others, he will do for us. If there are thorns of selfishness and briers of envy or malice in our character, we must not be satisfied with their extermination, but ask God to give us the very opposite of these, the love which suffereth long and is kind, which envieth not and is not puffed up.

Where the thorns of criticism and faultfinding grow, there let us claim a tall and stately growth of generous praise, and hearty appreciation. Let us never be satisfied with overcoming the petty faults and follies of our character, but ask God also to adorn our lives with all the graces and virtues that are in Christ Jesus, instead of the briers, the beautiful myrtle, the graceful smilax, and the sweet-scented arbutus.

It may be that there are some thorns in our own environment, as well as in our character; some things which are hard to bear, and painful to endure. God can change these thorns into roses, these painful conditions into a source of gratitude and praise. Paul had a thorn in his flesh, and so perhaps have you—a disagreeable employer, or an uncongenial roommate. Paul found God's grace sufficient to change that painful thorn into his greatest blessing, and so may you and I.

Christ by his resurrection has even robbed death of its sting and converted it into a gateway to heaven. Yes, grace is sufficient for all things.

Grace, fathomless as the sea, Grace flowing from Calvary, Grace enough for eternity—Grace enough for me.

Never Abandon Hope. How often, do we seem, in our private fortunes, to be brought to a loose end? Some source of supply has been suddenly slammed in our face. The well-defined track we have followed has all at once disappeared; we are faced with the wilderness, wherein we must strike a road of our own. . . . Assuredly no man, whether he be great or small, should be afraid of his loose ends. They are life's great possibilities; they call upon what is in us. The gift that yawns in front reveals your leaping power. The seeming ruin may be the beginning of your better fortunes. The world is full of hopes for the man who has hope for himself.

Temperance Notes

(Conducted by the National Woman's Christian Temperance Union.)

LOCAL OPTION. Mr. J. P. Newell of Portland, Ore., has illustrated the local option policy by a comparison with the levee system of the Mississippi. He says:

"When the country was first settled the planters looked upon the floods as a necessary evil. Then one here and there began to build levees around his plantation. This proved highly profitable and the practice spread. Piece by piece was reclaimed and the lowlands made habitable. But as the number of levees increased it was noticed that the difficulty of maintaining them increased also. The floods, restricted in area, grew in height. The expense of protection became so great that many could not afford it, and became discouraged. It was found necessary to abandon the local systems and join in large districts comprising all the territory lying naturally together. By this plan a few large levees kept up by all the people of the district are sufficient to afford protection even from extraordinary floods and the difficulty and expense of maintenance are greatly reduced."

"The local option system has worked well for a time, but it has proved insufficient. As the reclaimed district increases in extent, the pressure against the dikes becomes more severe. The liquor power, as its territory is reduced in area, becomes more determined in its efforts to regain the lost ground, for its leaders realize that their dominion everywhere is threatened by successful revolt anywhere. Our safety lies in going forward. If we stop we shall lose all we have gained."

AMERICA'S FIRST DUTY. The greatest need in America today is the formation of a new national mind, the construction of a new national conscience and a reformation that will bring about a new nation—a nation with a firmer purpose, a clearer vision and a complete understanding of the words patriotism and Americanism.

To bring this condition about, the first problem to be solved is the liquor problem, and the liquor problem's only solution is wiping it entirely and unequivocally off the map. To accomplish the coming of the "New America," every saloon beneath the stars and stripes must be closed.

The great political parties have failed to respond to this call, for they do not want the responsibility, and the time has come for the American people to disregard political parties and rise up in a great army and with all their strength solve the question themselves.

America's danger is not from without; it is from within. Whatever crisis the United States is facing or will face is coming, or will come, from internal causes. It is the American people who have their own problem to settle, their own future to decide. And the first step in this settlement and decision is the elimination of the saloon.—Ex-Governor Patterson of Tennessee.

ALCOHOL AND MEDICINE. A smashing of ancient idols has occurred in our ideas of the value of alcohol as a medicine. Seventy-five, yes, 50 years ago it was one of the most widely-used remedies, not only in household but also in professional medicine. We gave it to reduce fever and to brace up depression, to improve the appetite and to lessen overeating in sedentary occupations, to stimulate the heart and to lower arterial tension, to break up a cold and to overcome shock. It was believed to ward off infection, to make blood, and to support the strength in septic fevers.

Now we know that it is not a stimulant or tonic, but a depressant; that though in small doses it increases the flow of gastric juice at the beginning of a meal, it checks the process of actual digestion of the food later, so that one influence just balances the other, and in small doses its net effect upon appetite and digestion is just precisely nothing at all, while in large doses it is ruinous.

POLITICIANS FORSAKE LIQUOR. Not many years ago it was a frequent comment, rarely contradicted, that the man who championed the prohibition cause was committing political suicide. Today, so great has been the change in the sentiment of voting public that a man in public life dares not admit an alliance with the brewery combine or the distillery trust, realizing full well that if he were to do so he would antagonize the decent element in his constituency and arouse suspicion even among those who have no strong moral convictions on the prohibition question.—The Union Signal.

DEFICIT IN PEORIA. The whisky manufacturing town of Peoria, Ill., is reported as showing a deficit in the treasury, a heavy tax rate, a large police court docket, many arrests, big business at the city prison, and an actual decrease in bank clearings. Quite a contrast with dry Rockford, in the same state.

CAUSE FOR WONDERMENT. We were just wondering how an intelligent citizen could vote to continue the liquor traffic and then look a little child in the face.

MORE MONEY FOR MEAT. Just before the November election the manager of a packing plant was in one of the states that voted dry and was asked his opinion on the proposed law. "Gentlemen," he said, "every dollar not spent for liquor is one more dollar that may be spent for meat."

MORE SHOES. A new Seattle shoe firm that opened several shoe stores in locations formerly occupied by the saloon, has for its motto, "Less booze means more shoes."

WHAT A JEWELRY FIRM DID

They Invested Some of Their Spare Money in Canadian Lands.

S. Joseph & Sons, of Des Moines, Iowa, are looked upon as being shrewd, careful business men. Having some spare money on hand, and looking for a suitable investment, they decided to purchase Canadian lands, and farm it.

With the assistance of the Canadian Government Agent, at Des Moines, Iowa, they made selection near Champlain, Alberta. They put 240 acres of land in wheat, and in writing to Mr. Hewitt, the Canadian Government Agent at Des Moines, one of the members of the firm says:

"I have much pleasure in advising you that on our farm five miles east of Champlain, in the Province of Alberta, Canada, this year (1916) we harvested and threshed 10,000 bushels of wheat from 240 acres, this being an average of 44 bushels and 10 pounds to the acre. A considerable portion of the wheat was No. 1 Northern, worth at Champlain approximately \$1.85 per bushel, making a total return of \$19,010, or an average of \$81.70 per acre gross yields. Needless to say, we are extremely well pleased with our lands."

It might not be uninteresting to read the report of C. A. Wright of Milo, Iowa, who bought 100 acres at Champlain, Alberta, for \$3,500 in December, 1915. He stubbled in the whole lot of it, and threshed 4,487 bushels Grade No. 2 Northern.

Mr. Wright, being a thorough business man, gives the cost of work, and the amount realized. These figures show that after paying for his land and cost of operation he had \$2,472.67 left. 4,487 bushels, worth \$1.55 at Champlain \$6,954.85 Threshing bill, 11c per bushel \$493.57 Seed at 95c 144.00 Drilling 100.00 Cutting 100.00 Twine 50.00 Shocking 40.00 Hauling to town, 3c. 134.01

Total cost \$1,182.18 Cost of land 3,300.00 \$4,482.18 \$4,482.18 Net profit after paying for farm and all cost of operation \$2,472.67 —Advertisement.

Not Served There. The applicant for cook, in a story told by the Ladies' Home Journal, was untidy and insolent in appearance. "Don't hire her," whispered Jones to his wife; "I don't like her looks." "But," remonstrated his wife, "just consider the reputation for cooking she bears." "That doesn't matter," said Jones testily; "we don't want any she-bears cooked; we don't like them."

FALLING HAIR MEANS DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now—Also Stops Itching Scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp. Adv.

Picked the Right Spot. "I see where a rich man has built a lake and flower garden on top of an apartment house." "That would be just the place for a truck garden." "Why?" "I don't see how the neighbor's chickens could ever get up there."

Whenever there is a tendency to constipation, sick headache or biliousness, take a cup of Garfield Tea. All druggists. Adv.

Unspooled. The lady who likes children was gushing over Helen, aged three. "How old are you, darling?" she asked. "I isn't old," said Helen, "I'm nearly new."

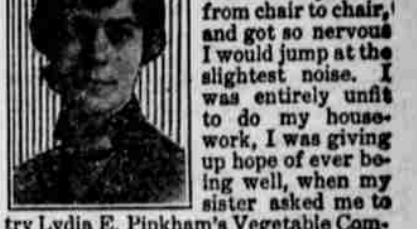
Backache

In spite of the best care one takes of oneself, any part of the human machine is liable to become out of order. The most important organs are the stomach, heart and kidneys. The kidneys are the scavengers and they work day and night in separating the poisons from the blood. Their signals of distress are easily recognized and include such symptoms as backache, depression, drowsiness, irritability, headaches, dizziness, rheumatic twinges, dropsy, gout.

The very best way to restore the kidneys to their normal state of health," says Dr. Pierce of Buffalo, N. Y., "is to drink plenty of pure water and obtain from your favorite pharmacy a small amount of Auric, which is dispensed by almost every druggist. Auric is inexpensive and should be taken before meals. You will find Auric more potent than lithin, dissolves uric acid as water does sugar."

MRS. KIESO SICK SEVEN MONTHS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

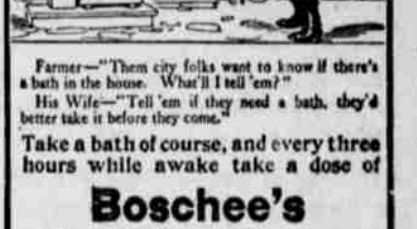


Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my household work, I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles, and today I am a healthy woman able to do my own household work. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for themselves how good it is."—Mrs. C. A. KIESO, 696 North Ave., Aurora, Ill.

The great number of unsolicited testimonials on file at the Pinkham Laboratory, many of which are from time to time published by permission, are proof of the value of Lydia E. Pinkham's Vegetable Compound, in the treatment of female ills.

Every ailing woman in the United States is cordially invited to write to the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for special advice. It is free, will bring you health and may save your life.

Lived in One Room 82 Years. Croydon, England, has lost by death a trader who, in an interesting way, carried on the trading traditions of the past. He was Robert Brain, who died at eighty-five years old in a room over the little old-fashioned shop in which he had lived for 82 years. Mr. Brain was reputed to be the largest individual ratepayer in the borough, paying the corporation about £800 a year.—London Chronicle.



Farmer—"Them city folks want to know if there's a bath in the house. What'll I tell 'em?" His Wife—"Tell 'em if they need a bath, they'd better take it before they come." Take a bath of course, and every three hours while awake take a dose of Boschee's German Syrup

It will quiet your cough, soothe the inflammation of a sore throat and lungs, stop the irritation in the bronchial tubes, insuring a good night's rest, free and easy expectoration in the morning. That old time-tested remedy which for more than half a century has brought relief and comfort to countless thousands all over the civilized world. 25c and 75c at druggists and dealers everywhere.

Rheumacide

Have you RHEUMATISM Lumbago or Gout? Take RHEUMACIDE to remove the cause and drive the poison from the system. "RHEUMACIDE" IS THE ONLY "PUTS RESTRICTION ON THE OUTRAGE" AT ALL DRUGGISTS. Jas. Baily & Son, Wholesale Distributors Baltimore, Md.

Stops Neuralgia Pains

Why suffer from excruciating neuralgia pains when an application of Yager's Liniment will give quick relief. This liniment is good, too, for rheumatism, sciatica, headache, pain in chest or ribs, sprains, cuts and bruises. The large 50 cent bottle of Yager's Liniment contains four times as much as the usual bottle of liniment sold at that price. At all dealers.

YAGER'S LINIMENT

Tutt's Pills

The dyspeptic, the debilitated, whether from excess of work of mind or body, drink or exposure to cold. MALARIAL REGIONS, will find Tutt's Pills the most general restorative ever offered the suffering invalid.

Sheet Music Bargain!! Song hits, successes and failures, in a volume, best illustrated catalog of music. P. R. 57081, 1181 Broadway, New York

METAL SOLDIERS Large set, ppd., only 50c. Complete in 12 parts. Includes 1200 illustrations. The Manufacturing Co., 66 West St., Rochester, N. Y.