Thousands Tell It

Why dally along with backache and kidney or bladder troubles? Thousands tell you how to find relief. Here's a case to guide you. And it's only one of thousands. Forty thousand American people are publicly praising Doan's Kidney Pills. Surely it is worth the while of anyone who has a bad back, who feels tired, nervous and run-down, who endures distressing urinary disorders, to give Doan's Kidney Pills a trial.

A Virginia Case

Mrs. M. W. Rader, "Every Picture Tells a Story" 801 Tazewell Ave., S. E., Roanoke, Va., says: "My kidneys were in bad shape and my back was very weak and ached terribly. Sharp, knifelike pains darted through me. I was nervous, languid and had dizzy spells and headaches. Mornings, I was so stiff I could hardly get up. Doan's Kidney Pills were the first remedy that helped me and six boxes cured me. I haven't suffered since."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Air-cooling methods of the rapid-fire guns now in use have proved inadequate, and the soldiers seem to think that water-cooling is superior.

FOR ITCHING, BURNING SKINS

Bathe With Cuticura Soap and Apply the Ointment—Trial Free.

For eczemas, rashes, itchings, irritations, pimples, dandruff, sore hands, and baby humors, Cuticura Soap and Ointment are supremely effective. Besides they tend to prevent these distressing conditions, if used for everyday toilet and nursery preparations.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

One Best Bet.

"Pop!"

"Yes, my son."

"They get coal out of the earth, don't they?"

"Yes, my boy."

"And they get gold out of the earth, too, don't they, pop?"

"Sure thing."

"Well, from the present outlook it would appear that we've got to get the gold out first. What?"

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation Biliousness, Sour Stomach, Bad Breath—Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.—Adv.

WHAT THEY KNEW OF SPORTS

Humorous Ignorance Shown by Men in Their Effort to Boost Their Favorite Cities.

Of all the funny stories I recall at the present moment, I think I can work up the best laugh over the tale of the two Irishmen who were arguing about the relative merits of New York and Chicago. You know, there is a type of person who, when he knows nothing about a thing, and finds you don't know either, will start in and explain it to you. These two were both of that kind. Said one:

"Why, in New York we have grass growing right on the roof, just the same as down on the ground. You can have your front yard on top of your house."

"That's nothin'," declared the other. "In Chicago we play golf on the roofs."

"Golf. You mean that game where you knock a ball back and forth across a net?"

"Yes, that's it."

"You dommed idjut, that's not golf! You're talkin' about croquet."

"Yes, said the other one. "I know you couldn't mean golf. How would they get the horses up on the roof for a golf game?"—Chattanooga Times.

A man may be the architect of his own fortune, but he can't induce the sun to shine in every room.

Most men mistake a little applause for an encore.

Instead of Worrying

about the high cost of living, just buy a package of

Grape-Nuts

—still sold at the same fair price.

Enjoy a morning dish of this delicious food, and smile over the fact that you've had a good breakfast and

Saved Money

Isn't that a fair start for any day?

Attractions of Christian Work

By REV. HOWARD W. POPE
Moody Bible Institute, Chicago

TEXT—Pray ye therefore the Lord of the harvest, that he will send forth laborers into his harvest.—Matthew 9:38.

Many complaints are heard in these days about the scarcity of Christian workers. We are told that the streams are dwindling just as the time when the banks should overflow. Doubtless there are many reasons for this, but one principal reason, I am sure, is the fact that so little is said about the attractions of Christian work.

We are constantly informed that ministers as a class are overworked and underpaid, and that they cross the "deadline" at fifty, but seldom do we hear the other side presented. There is another side, and if those who enjoy their work would occasionally set forth its attractions, surely there would be more young men to say: "Lord, here am I, send me!"

Among the minor attractions the following may be mentioned:

1. It is a life of contact with men and books. It compels one to read, think and study human nature. A Christian worker may indulge in a wider range of reading than most men. If he has any hobby, such as botany, geology, or electricity, he can pursue it to his heart's content. No knowledge comes amiss to him. Nature and the supernatural are so related that one illustrates and explains the other. For a lawyer or doctor such studies would be a digression, but a Christian worker may explore the heavens, the earth, or the bottom of the sea, and come back better fitted for the special work to which God has called him.

2. The variety of the work is also an attraction. Preaching, prayer meeting and visiting the sick are but a small part of it. He is expected to agitate temperance, to be enthusiastic on missions and to aid Christian endeavor. In fact, every good cause looks to him for support. To be sure, with so many calls upon him, he has little time for profound study, but out of it all he gains experience and versatility and becomes a good, all-around man. He learns what his forte is, and if he is wise he devotes himself mainly to that, leaving to others the work for which he is not fitted. Of all callings ours is the least monotonous. It is a life of constant activity and continual change.

3. One of the chief attractions of Christian work to me is the opportunity which it affords for religious growth. What I am spiritually I owe to my profession. Indeed, knowing my disposition, I am convinced that had I chosen any other calling I should by this time have had a good bank account and a soul as small as a mustard seed. A soul-winner must be a good man or fail. His own or others' necessities drive him constantly to the throne of grace and compel him to live in closet fellowship with God.

4. It is no more than fair to admit that there are some discouragements as well as attractions. Inadequate compensation is one of them. The Christian worker is expected to have the instincts of a millionaire, the generosity of a prince, to dress as well as the best, and to do it all on a small income. And, strange as it may seem, most of them manage to do it.

A lady once said to a friend of mine: "I would as soon take a ticket to the poorhouse as marry a theological student." But some of the best and brightest girls do not think so, as almost every parsonage can testify. Parish breezes will sometimes spring up and threaten to wreck one's usefulness, but if one will keep his temper and restrain his tongue, the storm will usually blow over and leave him stronger than ever in the affections of his people.

5. The supreme attraction of Christian work, however, is the opportunity which it affords for usefulness, and usefulness of the highest kind. The merchant, the manufacturer and the farmer are all useful men. They supply the wants of the body; but our business is to transform the body into a temple of the Holy Ghost. The surgeon sets broken bones; but we heal broken hearts. The lawyer administers justice, but the Christian worker proclaims mercy. The one examines titles of real estate, while the other secures titles to mansions in the skies. The lawyer settles disputes, but it is a higher privilege to show men the blessedness of living without disputes. It is a great achievement to become a railroad king and control the commerce of nations, but is it not a greater achievement to awaken in even a single soul a sense of kinship and priesthood in Jesus Christ? Oh, the blessed hours when one points a penitent soul to the Lamb of God and tenderly turns his trembling feet into the paths of peace! There is no joy this side of heaven like that. Yet it is yours, young man, if you covet it, for the whole earth is crying out for just this kind of work.

A million a month are dying in China without a knowledge of Jesus Christ. The entire continent of Africa is still clothed in darkness, for we have only touched the hem of her garment with the days of Gospel light. The agonizing appeals of our home-missionary superintendents are enough to thrill a heart of stone. Surely the wants and woes of humanity are in themselves an attraction. And if anything more were needed, is it not found in the final words of our blessed Master: "All power is given unto me in heaven and earth. Go ye therefore unto all the world and preach the gospel to every creature."

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course in the Moody Bible Institute of Chicago.)
(Copyright, 1917, Western Newspaper Union.)

LESSON FOR JANUARY 14

JOHN THE BAPTIST AND JESUS.

LESSON TEXT—John 1:19-34.

GOLDEN TEXT—Behold, the lamb of God that taketh away the sin of the world.—John 1:29.

John began his public ministry in the summer of A. D. 26 and the baptism of Jesus probably took place in January, A. D. 27. The delegation from Jerusalem to interview John must have appeared along toward the latter part of February.

I. John the Witness (vv. 15-18). John's ministry created great excitement. The people were in expectancy. All classes were reasoning as to who this strange but marvelously forceful man might be. Some thought perhaps he was the Christ (Luke 3:15). To settle this question a committee was sent to Jerusalem to investigate. Malachi, the prophet, has suggested the coming of Elijah (Mal. 4:5) before the Messiah should come, and another prophecy indicated that the prophet should be like unto Moses (Deut. 18:16-18). John freely confesses to this delegation that he is not the Christ nor Elijah nor the prophet predicted by Moses. How foolish and silly are those modern ones who profess to be the messenger of the covenant or some other fanciful title, indicating the return of the witness which is to precede the coming of Christ. John exercises humility in the way he states his real position though he does apply to himself the prophecy of Isaiah (Isa. 40:3-5) which sets forth what his mission was to be. A voice can be heard but not seen. With our bodily eyes we never see a spirit. No man ever saw the soul of his nearest friend. We do see God, however, in his works, in his marvelous deliverances and his guidance of the world and his answers to prayer. We can also see him in the only begotten Son who has made him to be seen. Whoever sees Jesus as he was and is has seen God. Truly blessed are the "pure in heart for they shall see God."

II. John the Baptizer (vv. 19-29). As John had denied that he was the Christ or Elijah, the priests and Levites made bold to question his authority at a later time (Matt. 21-23), and still later the authority of the apostles and the priests (Acts 5:28). John answers them with another display of his humility. His baptism in water was nothing to the baptism of the coming one (See Matt. 3:11; Acts 1:5). Though Christ was in their midst, they were blind and did not recognize him. (See vv. 10, 11; ch. 8:19; 16:3). John's baptism of repentance denotes a baptism which a penitent submitted to that he might receive the pledge and assurance that his sins were forgiven. Baptism meant the cleansing of the people from past sins that they might be fitted for entrance into the kingdom. Baptism is not conversion. It is a witnessing and a symbol of a spiritual truth that we are dead unto sin, and have risen to newness of life (Rom. 6:3-5). Like John, our voice must be not only that of humility but it must be really a voice with a message from God, one that sounds an unmistakable note, one that can be heard wherever we go, one that will make men happier, stronger, braver, more like God, to prepare the way for Christ in the hearts of men.

III. The Witness of the Spirit (vv. 28-34). The writer is very explicit, stating the exact time that these things occurred, for he was an eye witness. John first testifies that Jesus was the Lamb of God, referring of course to the sacrificial lamb, the atoning sacrifice of the Old Testament (Gen. 22:7-8; Ex. 12:3; Isa. 53:7). As the Lamb of God, Jesus would take away the sins of the world; thus the thought is primarily that of atonement, a substitution of another and the deliverance from the guilt of sin. The next day after John's witness to the delegation from Jerusalem, he saw Jesus coming unto him, and said to the assembled people, "Behold the Lamb of God." This refers not so much to his character, that of innocence, meekness and patience, as to his office, his completed work of atonement by the sacrificial death wherein he takes away the sins of the world. On the ground of the propitiation for sin which Jesus wrought (I John 2:2; Matt. 20:28; II Cor. 5:21; Gal. 3:13) sin is removed from the sinner as far as the East is from the West. God dealt in mercy with men before Christ's time because of the lamb which was slain from the foundation of the world (Rev. 13:8). Here John says that at first he did not recognize Jesus as the Messiah, but he does bear record that he saw the spirit descending at his baptism, and it abode upon him. Luke adds that the heavens were opened, and the spirit descended in the form of a dove. There is no difficulty in John's statement, "I knew him not." He lived in Judea; Jesus lived in Galilee, and it is doubtful if they had ever met. What John probably means is that he did not know him as the coming Messiah, but he that commissioned John in the wilderness to be the forerunner of the Messiah had given John a sign whereby he should know him, the Son of God. John had waited patiently until this sign was given. He did not speak until he had the certificate of God. He knew that one was to be made manifest; therefore he came baptizing with water, preparing the way (Matt. 3:2-6). As soon as he did see, John gave his testimony, "and this is the lamb that was to take away the sin of the world;" literally to bear away and remove the guilt and punishment of sin.

The work of Christ is for the whole world till all its sin is removed.

He provides redemption enough for every man. He pardons our past sins so they are remembered no more against us forever.

Taken With Severe Pains in the Back

My age is 63; trade, that of machinist, makes it necessary for a man to keep himself in the best condition. While I have been exceedingly careful of my health, I was taken some time ago with severe pains in my back; throughout the day my limbs had a feeling as though they were asleep; at night I was obliged to get up several times. My condition became so alarming that I tried several remedies, but did not seem to get much relief until my attention was called to Swamp-Root. After a short treatment of Swamp-Root, I was able to secure a good night's rest and the pain in my back disappeared. For the past three months I have no return of my old ailments. If you so desire you are at liberty to publish this.

Yours very truly,
PHILIP W. HESS,
321 East 23rd St.,
June 14, 1916. Baltimore, Md.

Subscribed and sworn to this 19th of June, 1916.
HOWARD A. SWEETEN,
Notary Public.

Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

This Is Uncanny.

Are figures clairvoyants? This looks like it.

Put down the number of your living brothers.

Multiply by two. Add three. Multiply the result by five.

Now add the number of your living sisters. Multiply the total by ten.

Add the number of your dead brothers and sisters. Subtract 150 from the total.

The right hand figure will be the number of deaths, the middle figure the number of living sisters and the left-hand figure the number of living brothers.—Philadelphia Bulletin.

END STOMACH TROUBLE, GASES OR DYSPEPSIA

"Pape's Diapepsin" makes Sick, Sour, Gassy Stomachs surely feel fine in five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach-headache, you can get blessed relief in five minutes. Put an end to stomach trouble forever by getting a large fifty-cent case of Pape's Diapepsin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder. It's the quickest, surest stomach doctor in the world. It's wonderful.—Adv.

Johnnie on the Spot.

The young teacher had been having a trying time with her nature-study class because Johnnie had discovered he knew more than shedid about birds and frogs, and had assumed a derisive attitude in consequence. She appealed to the man principal, who replied:

"Next time you have the class let me know. I think I can settle Johnnie."

He was duly called in, and all went well at first. With confidence the principal said at the conclusion of the lesson: "Now, you may each ask me one question."

Johnnie had been silent up to this time. When it came to his turn he rose and asked:

"Has a duck eyebrows?"—Louisville Courier-Journal.

A torpid liver condition prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. They act gently and surely. Adv.

Jack's Substitute.

Jack attained his fifth birthday last summer and in the fall attended school for the first time, wearing kilt skirts. Some of the larger pupils plagued him about wearing dresses, and it was not long before his pleadings for a real boy's suit were granted. He was very proud indeed when he went to school a few days later arrayed in his knickerbockers. One of the girls wrote him a note saying he looked like a little man. That night he was telling his mother about it.

"Mother," said he, "Frances Wright wrote me a note telling me I looked like a little man, and I wrote her one and told her she looked like a daisy, only I couldn't spell daisy, so I spelled cat."

TAKES OFF DANDRUFF, HAIR STOPS FALLING

Save your Hair! Get a 25 cent bottle of Danderine right now—Also stops itching scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any drug store. You surely can have beautiful hair and lots of it if you will just try a little Danderine. Save your hair! Try it!—Adv.

The longest river in Japan is the Tone, its main course being about 200 miles long.

When a couple is matched but not mated it's a sort of friction match.

The Quinine That Does Not Affect The Head
Because of its tonic and laxative effect, Laxative Bromo Quinine can be taken by anyone without causing nervousness or ringing in the head. There is only one "Bromo Quinine." E. W. GROVE'S signature is on each box. 25c.

"Know thyself," but don't overdo things by being too exclusive.

Dr. Peery's "Dead Shot" is not a "lozenge" or "syrup," but a real old-fashioned dose of medicine which cleans out Worms or Tapeworm with a single dose. Adv.

But if a man is inclined to be foolish a silk hat won't save him.

Temperance Notes

(Conducted by the National Woman's Christian Temperance Union.)

JOSH BILLINGS ON BEER.

"I never drank but three glasses of beer in my life, and that made my head untwist ez tho it wuz hung on the end of a string. I wuz told it wuz owing to my bile being out of plum. I guess it wuz, for I never biled over wuss than I did when I got home that nite. My wife wuz afraid I wuz going to die, an' I was afraid I shouldn't, fer it seemed ez everything I had ever eaten wuz coming to the surfus. I believe if my wife had not pulled off my boots just ez she did they would have cum up, too.

"Oh, how sick I wuz! Fourteen years ago, and I can taste it now!

"Some people say beer is not intoxicating. But if I wuzn't drunk that nite I had sum of the most natural symptoms a man ever had and kept sober.

"It wuz about eighty rods from where I drank the beer to mi house. I wuz just two hours on the road, and had a hole busted through each of my pantaloon neez, and I didn't hev any hat, and tried to open the door by the bell-pull, and hiccouped, and saw everything in the room trying to get around on the back side of me. I sot down a leetle too soon and missed the chair about twelve inches. My wife said I wuz az drunk ez a beast, and ez I said, I began to spit up things freely.

"If beer is not intoxicating it used me almighty mean. If ever I drink any more it will be with my hands tied behind me and my mouth pried open."

SOME FACTS ABOUT BEER.

A pint of beer contains eight-tenths of an ounce of alcohol, equivalent nearly to a tablespoonful of whisky.

While cold beer tastes cool and pleasant to a hot man, it does not cool him off.

It heats him up.

The alcohol and solids are burned into heat.

The effect of alcohol is to send an excess of blood to the skin.

Whenever a large amount of blood goes to the skin it causes a feeling of warmth.

When a man drinks beer he causes himself to feel hot.

He also actually increases his body heat.

He increases his chances of sunstroke at least 100 per cent.—Dr. W. A. Evans, Chicago.

WHAT SCIENCE SAYS.

In appearance the beer-drinker may be the picture of health, but in reality he is most incapable of resisting disease. A slight injury, a severe cold, or a shock to the body or mind will commonly provoke acute disease, ending fatally. Compared with other inebriates who use different kinds of alcohol, he is more incurable and more generally diseased. It is our observation that beer-drinking in this country produces the very lowest kind of inebriety, closely allied to criminal insanity. The most dangerous classes of ruffians in our large cities are beer drinkers. Intellectually a stupor amounting almost to paralysis arrests the reason, changing all the higher faculties into a mere animalism, sensual, selfish, sluggish, varied only with paroxysms of anger, senseless and brutal.—Scientific American.

NO UNEMPLOYED IN COLORADO.

A reference to the "army of unemployed caused by prohibition" would subject one to ridicule in Colorado. Not for a score of years, says the Denver Times, has there been such a shortage of men in Colorado's many lines of industry. Every mining camp in the state is said to be short of help, and the same is true of the farming communities, and when the mines and farms send to the city for help they find the same situation. "Labor in Colorado seems to be very generally employed," says W. L. Mansfield, who is in charge of the free employment bureau conducted by the United States immigration service. "We are getting very few applications for jobs."

SEND HIM TO KANSAS.

Gov. E. L. Philipp of Wisconsin, in the course of an address before an audience in a Milwaukee church, was asked, "What would you do with a man who had been a drunkard for sixty years?" The governor's reply as quoted by the press was as follows: "There surely would be a course that would bring out the man in him after all. There is one man whom I have pardoned from prison whom I feared would go back to drinking so I sent him into the center of Kansas. He can't get liquor there and he is living a straight, clean life. I believe he is a credit to the community in which he lives."

MADE IN AMERICA.

Uncle Sam does not hesitate to interfere with the personal liberty of paupers, criminals and lunatics from other countries who want to come to this country to make it their home. He puts up the bars and refuses them admittance. Is it right then to license saloons to manufacture these paupers, criminals and lunatics here at home and out of our own people?

WHY LICENSE IT?

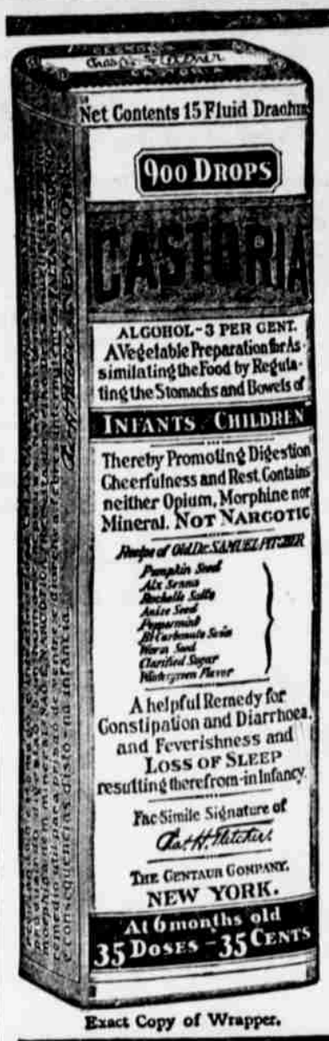
If alcoholism is a disease, why license a trade to propagate it?

DOGS FIND BEER.

Out in Iowa they have "beerhounds," a cross between deerhounds and bloodhounds, with which they trail bootleggers. These hounds have been trained to follow the scent of beer and whisky, and they are adept at finding hidden beer.

ARMY CUTS OUT DRINK.

"The army has cut out drinking, just as every business concern in the country has cut it out," said Col. John S. Hoover, in charge of United States recruiting in Texas.



Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher.* In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

How Gallieni Cut Infant Mortality.

When the recently deceased General Gallieni became governor general of Madagascar in the early nineties, he was appalled at the unsanitary conditions and the high death rate. Though a soldier and not a physician, he set about to remedy these conditions.

He obtained the happiest results in his campaign against infant mortality. He had native women trained as midwives and he established and popularized maternity hospitals. He regulated marriages and restricted divorce. He exempted the fathers of five children from taxation and he taxed bachelors instead.

These and many other works produced such a change that the French Academy of Medicine awarded him a gold medal, a most exceptional distinction for one who was not a doctor.

ACTRESS TELLS SECRET.

A well known actress gives the following recipe for gray hair: To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Going to Extremes.

Blondine—Gerty Giddigad certainly has the shopping habit developed to a science.

Brunetta—Likes it, you mean?

"I mean that she always insists on going where she can get the most for her money."

"That's natural, isn't it?"

"In most cases, yes, but there are exceptions."

"I'd like to know what they are?"

"Well, for instance, the other day I found her in the arcade trying to ascertain which machine would give her the most for her money when she weighed herself on the scales."—Youngstown Telegram.

Anoint the eyelids with Roman Eye Balsam upon retiring at night, and in the morning observe the refreshed and strengthened sensation in your eyes upon arising. Adv.

It is a good thing for some people that the necessities of life don't include brains.

Injured Pride.

After a recent Zeppelin raid, when the worst was over, a resident went out into the town to see what damage had been done. In the darkness he heard a group of women talking loudly, and judging them a clue not to be neglected he followed them along an entry into the back yard of a house. The debate never ceased, but he was unable to get the hang of it until one of the women—the most eloquent—appealed directly to him. "'Ere," she said, "do you call it fair? T' bomb drop in our yard, an' a baby's gone and took it away—never even give me a receipt for it. It's our bomb."—Manchester Guardian.

Improving Washington.

Nearly every president of the United States since the city of Washington was laid out has endeavored better and more beautiful than he found it. President Wilson is no exception. He is said to have ambitious plans for the improvement of the city, and it is believed these will be carried out during his second term. Development of the Great Falls electric power and the establishment of a new and magnificent public park are said to be included in Mr. Wilson's program.

Switzerland has 796,999 cows.

Marjorie—"What do you think John said, Daddy, when I told him that when we were married I wanted a city residence, a country place, six autos and a lot of servants?"
Daddy—"Well, what did the paragon say?"
Marjorie—"He said that if I would sleep more on my right side I wouldn't have such dreams."

Bad dreams are a good sign of poor digestion, when the hard worked stomach begins to complain the whole system suffers and we have constipation, offensive breath, dyspepsia and all sorts of similar disorders every one of which, if you did but know it, cries aloud for

Green's August Flower

Which for 51 years has contributed to the health and well being of countless thousands everywhere. 25c. and 75c

"ROUGH on RATS" Ends Rats, Mice, Bugs. Die outdoors. 15c and 25c.

A Great Discovery

(BY J. H. WATSON, M. D.)

Swollen hands, ankles, feet are due to a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or under the eyes in bag-like formations.

As a remedy for those easily recognized symptoms of inflammation caused by uric acid—as scalding urine, backache and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, lumbago, sciatica, gout, it is simply wonderful how quickly Anuric acts; the pains and stiffness rapidly disappear.

Take a glass of hot water before meals and Anuric to flush the kidneys.

Step into any drug store and ask for Anuric, many times more potent than lithia and eliminates uric acid as hot water melts sugar.

A WOMAN'S BURDENS

are lightened when she turns to the right medicine. If her existence is made gloomy by the chronic weaknesses, delicate derangements, and painful disorders that afflict her sex, she will find relief and emancipation from her troubles in Dr. Pierce's Favorite Prescription. If she's overworked, nervous, or "run-down," she finds new life and strength. It's a powerful, invigorating tonic and nervine which was discovered and used by an eminent physician for many years, in all cases of "female complaints" and weaknesses. For young girls just entering womanhood; for women at the critical "change of life;" in bearing-down sensations, periodical pains, ulceration, inflammation, and every kindred ailment, the "Favorite Prescription" is guaranteed to benefit or cure.

Dr. Pierce's Pellets cure biliousness.

Canada's Liberal Offer of Wheat Land to Settlers

is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is much higher but her fertile farm land just as cheap, and in the provinces of Manitoba, Saskatchewan and Alberta

160 Acre Homesteads Are Actually Free to Settlers and Other Land Sold at from $15 to $20 per Acre

The great demand for Canadian Wheat will keep up the price. Where a farmer can get near $2 for wheat and raise 20 to 45 bushels to the acre he is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming in Western Canada is fully as profitable an industry as grain raising.

The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, churches, markets convenient, climate excellent. Military service is not compulsory in Canada but there is an unusual demand for farm labor to replace the many young men who have volunteered for the war. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Can., or to

J. P. JAFFRAY,
Cor. Walnut & Broad Sts., Philadelphia, Pa.
Canadian Government Agent