Drinking of Water

(BY V. M. PIERCE, M. D.)

The general conclusions of the latest Medical Scientists proves that drinking plenty of pure water both between seals and with one's meals is beneficial to health. It has now been prov-en by means of the X-rays and actual tests upon many healthy young men that the drinking of large amounts of water with meals is often beneficial. Therefore if you want to keep healthy drink plenty of pure water (not ice water), both with your meals and between meals. If you ever suffer from mend it."-MRS, JOHNSON ANDERbackache, lumbago, rheumatism, or any SON, School St. of the symptoms of kidney troublesuch as deep colored urine, sediment uid or tablet form, from any druggist, in urine, getting out of bed at night frequently and other troublesome effects, for large trial package.

take a little Anuric before meals. Dr. Pierce's Plensant Pellets are at almost any drug store.

MOTHERS, ATTENTION! Clarksburg, W. Va.—"I heard of Dr. Pierce's remedies and used them



'Golden Medical Discovery' made comfortable and built me up. I was greatly benefited and I am glad to recom-

Get the "Prescription" today, in liq-

These Apuric Tablets can be obtained purely vegetable with no calomel.—

Who Douglas \$3.00 \$2.50 & \$2.00

An English lord was visiting friends

"And now you are satisfied," he in-

"N-no," the little miss replied truth-

Outclassed His Owner.

As a matter of fact, the man was

extremely proud of the dog because it

was a bit of an oddity in appearance,

besides being intelligent and high-born,

Twain, however, studiously avoided

Somebody asked him why he acted

"Because," replied Twain, "I was

afraid the owner might be sensitive

Knows Her Own Wants.

"Mother, may I have some more

"No, dear, you have had one piece,

"Now, mother, you think you know

Two-thirds of the so-called society

as if he didn't see the dog.

\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 AND WHAT

Hammerless Shotguns

Model 1912

Extra Light Weight

Made In 12, 16 and 20 Gauges

There's no need of carrying a heavy

gun. Winchester Model 1912 shot-

guns are made entirely of nickel steel,

and hence are the lightest and strongest

guns on the market. Be sure to see

one before buying. Sold by all dealers.

THE REPEATER PAR EXCELLENCE

remark:

English lord?"

"really and truly."

on, "and-and-"

terrupted, laughing.

owned a dachshund.

looking at It.

about having it."

ple?" said Lucy.

and that is enough."

400" are ciphers.

hand before asking for it.

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferic: shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashic Centres of America. They are made in a well-equipped factory at Brockton, Mass, by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas'

name and the retail price stamped on the bottom.

TOO KEEN ON THEIR SPORT

Anglers Would Have Done Better to

Have Read the Other Side of the

Notice Board.

of their art, and they settled them-

selves for a day's fishing, undeterred

by a notice board. The board, which

had been painted by an amateur, read

"Notiss-These grounds is privet,

and yer carn't fish 'ere. These fish

sin't the kind to be tempted by

Here space ran out, and the injunc-

tion was left uncompleted. For two

hours the anglers sat by the stream,

tempting the trout, not with worms,

but with the very latest and most ex-

But nothing happened. Then sud-

dealy appeared the owner of the

grounds and the author of the notice

'Hi, you two! 'Ave yer rend that

"Well, yes, we did. But-er-we

thought you wouldn't mind, and we

couldn't find your house, or we would

"Oh, it don't matter! I on'y thought,

seein' yer afishin' there, that you

'adn't rend both sides of the board. If

you 'ave, of course, go on amusing

A hasty glance at the other side of

the board showed that it continued the

exhortation begun on the front, as

"-ain't no fish."-London Answers.

Eugene was not quite four, but his

"When are you going to the movie

"I am going on my Mrthday," he

returned promptly and decidedly, "but

I s'pose they'll keep putting that off."

Movable Birthday.

inclining him to pessimism.

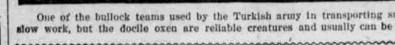
thow?" has was asked.

-Christian Herald.

wurms, and there-"

pensive balt."

yourselves!"



Fifteen of the Nation's Chief Executives Were Partial to

Game on Three Continents-Wilson Takes to Quail-Lincoln's One Experience.

tends to do a little hunting this fall Virginia. In hunting in Virginia he is following in the footsteps of a number of his predecessors, writes Alex-

velt.

that of the 15 hunting presidents, the following indulged in fishing also: Washington, Tyler, Pierce, Lincoln, Garfield, Arthur, Cleveland and Roose-

Two of them wrote books devoted to nunting: Cleveland, who left a book devoted to fishing and hunting, which he called by the modest title "Fishing and Shooting Sketches," and Roosevelt, who has written any number of books, for one of which he received a dollar a word for every word in it. Incidentally it might be rein Scotland. One evening while atmarked that it was not a losing ventending a dinner given in his honor he ture for the publisher.

met the little daughter of his host, who, though too well-bred to stare, foxes, deer, turkeys and ducks; Jeffereyed him, covertly as the occasion son, foxes, deer, turkey, 'possums and cab when he saw a child in the disfound a perfect stream for the exercise presented itself, finally venturing a coons; Jackson, deer and turkey; Ty- tance on the track. ler, Taylor and Arthur, deer; Pierce, "And you are really and truly an coons; Buchanan, quail; Lincoln, turkey (on one occasion only); Hayes, out along the footboard to the pilot, "Yes," he answered pleasantly, turkey; Garfield, ducks and quail; grasped a rod and leaned down. Cleveland, quall, duck, rabbits and "I have often thought I would like shore birds; Harrison, quall and to see an English lord," she went

Roosevelt Greatest Hunter.

The greatest of all hunting presidents is Colonel Roosevelt, who has hunted on three continents and has fully, "I'm not satisfied, I'm a good killed almost every species of big deal disappointed."-Country Gentlegame. He has one rifle, now a retired veteran, which he regards as not heavy enough for steady use on heavy game, "but it is so handy and accu-Vice President Marshall says that for subtle humor he believes the funniest story he knows is the one about Mark Twain meeting the man who dozen years.

in 1785 he killed a buck weighing 148

Jackson's shooting at one period of his life came from necessity, the household needing meat for the table. Deer, wild turkeys and smaller game were

hunting, and Taylor delighted in roaming through forests and over prairies for days and nights seeking game.

never went without his rifle. In addi-Ordinarily a young man takes a girl's tion to having wonderful powers of endurance. Buchanan was an expert shot and made it a point to kill all small game through the head.

Lincoln as a Hunter.

BOYS TO FIGHT WAR SOON!

Bermany Using Some Seventeen Years

Old-Haig, British Commander,

Wants Young Men.

between mere boys. The pace is said

the German army.

London. - The war department said, the fighting value of the human

threatens soon to become a struggle unit shows a rapid and stendy decline.

to be entirely too fast for the older must be of the age which excels in the

men long to endure. It is declared more strenuous athletic games-the

here that next year the entente allies football player type. The older men

ago.

The good soldier of today, it seems,

Gen. Sir Douglas Haig, commanding | behind the army"-the men back of the British expeditionary forces, is the line, in the supply and transport said to have objected to the sending divisions where the strain is not so out of men of middle age. He wants great. These older men are too sus young men of from eighteen to twen- ceptible to trench diseases to be of ty-five. After the latter year, it is great use on the firing line.

England already is registering boys born in 1899 preparatory to calling them up when they attain their eightcenth year.

"A few days before the completion this eighth year, in the absence of this eighth year. of his eighth year, in the absence of his father, a flock of wild turkeys ap-CRUSH GERMANY shot through a crack and killed one

Pro-Ally Swiss Writer Makes excellent shot with the rifle. Garfield Study of Conditions in Empire.

fishermen of the presidents, was so de FOOD SITUATION LESS ACUTE voted to hunting that Emperor Willam presented him with a benutiful gun. While president he hunted in the

Far Better Off Than Allies From Eco-Cleveland was devoted to duck nomical and Industrial Standpoint shooting. From the moment that ducks -Situation in Theaters of War were reported flying south Cleveland Also Favorable. tions, and he could sit in a sink box

Berne,-The editor of the Ticino Gaette, a Swiss paper which has supported the cause of the allies since the eginning of the war, recently went to Germany to study the military and economic conditions there. On his return he writes:

"The French and English claims that the favorable reports about the Gera printer, was dend to all intents and man harvest were colored to deceive the world are unfounded. I have conpurposes the other evening. The memso reported to an undertaker and the ful throughout the empire.

"The wheat harvested will last at least a year and the quantity of barley chanan, Abraham Lincoln, Rutherford and asked the relatives if they wanted and outs on hand is larger than after the harvest of the first year of the war. The potato crop seems to be below the When the coroner and the undertaker, carrying a dead basket between average, but there is an abundance of them, opened the gate leading into the sugar beets and fodder of all kinds for yard, they met Daugherty, hale and the cattle.

Becomes Less Acute.

"As a result of the good harvest the number of hogs has increased several Daugherty had lain down on the bed millions since July and the fat and for a nap when another member of the household, seeing him, became fright- meat question steadily becomes less ened and, thinking him dead, notified acute. Eggs, like butter and all other fats, still remain scarce, but Bulgaria and Turkey are sending enormous quantities.

"The distribution of foodstuffs is or ganized perfectly and the missing articles, like ten and coffee, have been replaced by substitutes. Nobody complains of the high food prices, because all wages have increased correspond

La Crosse, Wis,—Coon Valley residents are talking of applying for a "German industry is in excellent con-Carnegie medal for Fireman Peter night. There is plenty of coal and iron actorn. He was in a freight engine nd the scarcity of nickel, rubber and other articles is not felt very much, because German science has found sub-It was down grade and the brakes

were slow to grip. Hensgen climbed "The fact that the largest part of the war expenses always flows back into the pockets of the people has created He grabbed the sleeping child with a favorable situation for Germany. The his free hand and lifted her from the empire is far better off than the allied track. The child was the little daughcountries, which have to get much of ter of Mr. and Mrs. Elmer Jacobson. She had wandered away in the afterfrom the neutral countries at an enornoon and lay down, tired, between the mous cost. The war has impoverished Europe, but Germany has suffered least in this respect and will never break down economically.

Favorable to Germans.

"In different theaters of war the situation also remains favorable to the Asthma; GOOSE GREASE LINIMENT Germans. Their lines in the east and west are unbroken, and in their campaign against Roumania they are successfully repeating the sledge-hammer tactics they used last year against Serbia. In Galicia they have stopped the costly Russian offensive completely and in Macedonia they and their Bulgarian allies hold the British, French, Serbian, Russian and Italian armies in

"The hope of the allies to wear Germany out through continuous attacks on all fronts cannot be realized unless they are willing to sacrifice millions of men. They are far more liable to become exhausted than the Germans, who are able to husband their reserves by her ears, keeping themselves on the defensive as long as they desire.

"Much as we may desire a victory for the allies we cannot close our eyes to the fact that the realization of this wish seems almost impossible.

"The war has become a useless senseless slaughter. It is the duty of the neutral nations to intervene and end the struggle by mediation, if heroic, self-sacrificing France is not to bleed to death."

Fifteen-Year-Olds Wed.

Norwich, N. Y .- Miss Ruth Whitmarsh and Stuart C. Mudge, both fifteen years old, have just been married

Finds Diamond Lost a Year. New York,-While cleaning the drain pipe of a wash basin Whitney

Holland's mines are now producing will be facing boys of seventeen in have their place, but generally speak-the German army. coal at a rate of about 2,000,000 tons

SWAMP-ROOT FOR

KIDNEY DISEASES

stands out pre-eminent as a remedy for diseases of the kidneys, liver and bladder. Dr. Kilmer's Swamp-Root stands the bighest for the reason that it has proven to be just the remedy needed in thousands upon thousands of even the most distress-ing cases. Swamp-Root, a physician's prescription for special diseases, makes friends quickly because its mild and immediate ef-fect is soon realized in most cases. It is a gentle, healing vegetable compound.

There is only one medicine that really

Start treatment at once. Sold at all drug stores in bottles of two sizes-fifty cents and one dollar.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper,-Adv.

Backache

Yager's Liniment is excel-

lent for any kind of pain or congestion. It quickly re-lieves backache and rheu-

matic pains, and is a splen-did remedy for Neuralgia, Sciatica, chest pains, sprains, strains, swellings and en-largements.

Keep a bottle in your home for emergencies — you never can tell when you will require something of the sort.

The 25 cent bottle of Yaper's imment contains four times as such as the usual bottle of lini-near sold for that price.

AT ALL DEALERS

GILBERT BROS. & CO.

Green's

August Flower

A blessing to those with week stom-achs, constitution, nervous in gestion and similar disorders. When the stom-ach and bowels are in working order

general good nealth preval. When not inworking order, use Green August Plower 25c, and 78c, at all Druggists.

CHRISTMAS

NEW YEARS

CARDS

ENGRAVED AND EMBOSSED THE PRETTIEST LINE MADE

16 assorted, with envelopes, \$1.00

36 assorted, with envelopes, \$2.00

DELIVERED FREE ANYWHERE

MONEY REFUNDED IF NOT SATISFIED

LURIE, 166 Broadway, New York.

HALE'S

HONEY

of Horehound & Tar

Use Pike's Toothache Drope

Every Woman Wants

ANTISEPTIC POWDER

FOR PERSONAL HYGIENE

Dissolved in water for douches stops

pelvic catarrh, ulceration and inflam-mation. Recommended by Lydia E. Pinkham Med. Co, for ten years. A healing wonder for nasal catarrh,

All Druggists

Excellent for

Time Files

Too Great a Change. "How did you enjoy those two weeks

on your farm in the country?" "Not as well as I expected. I suffered from a lack of my accustomed

"Your accustomed exercise?" "Certainly; dodging delivery wagons, street cars, and automobiles, and jumpng over holes in the street,"

HEAL SKIN TROUBLES

That Itch, Burn and Disfigure by Using Cuticura. Trial Free.

The Scap to cleanse and purify, the Ointment to soothe and heal. Rashes, eczemas, pimples, dandruff and sore hands yield to treatment with Cuticura Soap and Ointment. Relief is immediate and healment, in most cases, complete, speedy and permanent.

Free sample each by mail with Book Address postcard, Cuticura, Dept. L. Boston. Sold everywhere .- Adv.

In Doubt. "You had a narrow escape from the

sharks this summer." "Yes," replied Mr. Meekton.

"Your wife must have been very grateful to the lifeguard who rescued

"I hope so. I saw her talking to him. But I'm not sure whether she was thanking him or scolding him for butting in."

ELIXIR BABER WORTH ITS WEIGHT IN GOLD IN THE PHILIPINES.

"I contracted malaria in 1880, and after a year's fruitless treatment by a prominent Washington physician, your Elixir Babek entirely cured me. On arriving here I came down with tropical malaria—the worst form—and sent home for Babek. Again it proved its value—It is worth its weight in gold here." Brasic O'Hagan, Troop E, Stau, S. Caralty, Balayan, Philippines.

Elixir Babek, 50 cents, all druggists or by Parcels Post, prepaid, from Kloczewski & Co-Washington, D. C.

Constant Peril.

"Do you fear for the future of your country?"

"Of course," replied Senator Sorghuin. "My country has always to face the chance of my landing in the minority or even being retired to private life."

Acid Stomach, Heartburn and Nauses quickly disappear with the use of Wright's Indian Vegetable Pills. Send for trial box to 372 Pearl St., New York. Adv.

Sound Advice.

"Now, looky yur, Coonrod!" said dition, Factories are working day and Mr. Gap Johnson of Rumpus Ridge, Ark., addressing one of his sons. There's a time to fight and a time not to fight, just the same as there's a time to sing and a time to dance, and don't want you to get 'em mixed, Don't be too proud to fight when it is time to fight, but don't be too dadburned anxious. 'Be sure you're right, then let 'er rip!' as the poet got off. But not only be sure you're right, but be certain you're sure, and then hop their food supplies and war materials to it like bagging wildcats. You can't unblack a feller's eyes or unbust his nose, after you've blacked 'em or busted it."-Kansas City Star.

MOTHER'S JOY SALVE

for Colds, Croup, Pneumonia and for Neuralgia, Rheumatism and Sprains. For sale by all Druggists, GOOSE GREASE COMPANY, MFR'S .. Greensbore, N. C .- Adv.

Hard to Explain. "Mother, how do they hang people?

asked Wallace. "I don't know, dear, and I should not tell you if I did know. Don't let your thoughts run on such awful things," "But, mother, the boys say that Sheriff Jackson does it, and he's a real nice man. I was going to ask him to

let me see him do it some day." "Oh, these terrible man-children, said mother, as she put her fingers in

All Settled.

"Papa," said the sweet girl affectionately, "you wouldn't like me to go away and leave you, would you?" "Indeed I would not, my dearest," said the wealthy father fondly.

"I'm so glad," sighed the girl. "Now I'll marry Mr. Poorchap. He's willing sore throat and sore eyes. Economical. Has extraordinary cleaning and permicical power. Sample Free. 50c all druggelin, or testand by mad. The Poston Tollet Company, Boston, Man. PARKER'S HAIR BALSAM

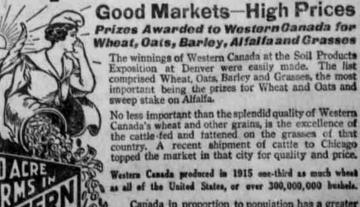
PATENTS Watson E. C.

MILLIONS MADE annually out of old in Oklahor investment. Vield great returns. For parties

"ROUGH on RATS" Ends Rats, Mice, Buck

W. N. U., BALTIMORE, NO. 47-1916.

Bumper Grain Crops Good Markets-High Prices



Canada's wheat and other grains, is the excellence of the cattle fed and fattened on the grasses of that country. A recent shipment of cattle to Chicago topped the market in that city for quality and price. Western Canada produced in 1915 one-third as much wheat

all of the United States, or over 300,000,000 bushels.

Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the producer. In Western Canada you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There ional social conditions, perfect and other great attractions.

is no war tax on land and no conscription. Send for illustrated pumphlet and ask for reduced railway rates, information as to Lest locations, etc. Address Superintendent Immigration, Ottawa, Canada, or

J. P. JAFFRAY, Cor. Walnut and Broad Sis., Philadelphia, Pa.

Think of It-

People cut out tea or coffee before retiring when these beverages interfere with sleep. In the morning they drink freely of them, strangely overlooking the fact that at whatever time of day the cup is drunk the drug, caffeine, in tea and coffee is irritating to the nerves.

mother's habit of deferring pleasures all about my stomach, and you don't

he wanted to enjoy immediately was at all, for it wants another piece of

More and more people are turning to

Instant Postum

the drug-free, nourishing, comforting cereal drink.

"There's a Reason"



One of the bullock teams used by the Turkish army in transporting supplies. As may be imagined it is rather work, but the doclle oxen are reliable creatures and usually can be depended upon to get there in time.

proached the new log cabin, and Abra-

ham with a rifle gun, standing inside,

of them. He has never since pulled

liked to fish and invariably carried a

gun with him for ducks. He was also

Arthur, who was one of the best

was enger to get first word of coudl

Mount Pleasant Printer Woke Up in

Time to Dodge the Coroner

Mount Pleasant.-Harry Daugherty,

Exhausted from a long day's work,

FIREMAN SAVES THE BABY

Climbed Out on Pilot of Locomotive

and Lifted Infant From

Track.

and Undertaker.

hearty, going to work.

the authorities.

the trigger on any larger game." Hayes, like Buchanan, was also an

fond of quall shooting.

Yellowstone country.

WERE HUNTERS the Sport.

CLEVELAND LIKED

Colonel Roosevelt a Shooter of Big

New York .- President Wilson in or blind for hours waiting for a shot. and has taken out a hunting license in MAN JUST ASLEEP, NOT DEAD

ander Stoddart in the New York Sun. The hunting presidents of the United States number 15, one more than those who indulged in fishing.

The hunting presidents of the United States include the first and present bers of the household where he lived vinced myself that the crops are plent presidents, also Thomas Jefferson, Andrew Jackson, Thomas Tyler, Zachary coroner. The coroner immediately Taylor, Franklin Pierce, James Bu- notified the man's parents of his death Burchard Hayes, James Abram Gar- an investigation made. field, Chester Allan Arthur, Grover Cleveland, Benjamin Harrison, and last but not least, Theodore Roose-

It might not be amiss to point out

Washington was fond of hunting Hensgen of the La Crosse & South-

Wilson, quail.

ralls and went to sleep. rate, has such penetration and keeps In such good order" that it has been his chief hunting rifle for the last

Washington, who was the largest, tallest and strongest of the presidents, Lincoln not excepted, was an enthusiastic fox-hunter. He rode with the hounds everywhere, was always in atthe death, was fond of shooting wild turkey and ducks and on his last hunt

pounds. Jefferson liked the fox chase and without leaving his father's land he could shoot turkey, deer, foxes, 'possum, 'coons, quail, squirrel and rab-

bit. numerous in those days.

As a young man Tyler did much

Pierce liked to take long tramps and

shot It from his cabin home.

Field Marshal von Mackensen, com mander of the Teuton forces in Dobrudja, who has just routed the Lincoln's hunting was confined to Russo-Roumanian armies and now one day's sport. More accurately, a threatens to drive on Bucharest, the here after obtaining the consent of few minutes' fun. In fact, he did not capital of Roumania, is regarded as their parents. move far away from where he lived to one of Germany's foremost generals. get his first and last wild turkey. He Many of her military successes in the East are attributed to his sagacious Following is the curious autobiogra- campaigning. Mrs. von Mackensen phy written entirely in the third per- died in her ninetieth year. She took Van Wicklen, a plumber, found a \$200 son which Lincoln prepared for his great pride in the achievements of her diamond he lost from his ring a year Illustrious son.



VON MACKENSEN'S MOTHER

