faults than it is to overlook them.

Misery loves company-and it never need have a lonely feeling.

No man is modest enough to believe himself any worse than others,

Anger manages everything badly,

## To Live Long!

A recipe given by a famous phy- the relief Dr. Pierce's Favorite Presician for long life was: "Keep the kidneys in good order! Try to elimipate through the skin and intestines the poisons that otherwise clog the kid-Avoid eating meat as much as ble; avoid too much salt, alcohol, Drink plenty of water."

For those past middle life, for those easily recognized symptoms of inflammation, as backache, scalding "water," or if uric gold in the blood has caused rheumatism, "rusty" joints, stiffness, cases I began its get Anuric at the drug store. This is use, and was happily surprised to rewas discovered by Dr. Pierce of In- encouraged me to continue until the valids' Hotel, Buffalo, N. Y. If your inflammation and congestion fully subdruggist does not keep it send 10 cents sided. Anyone can realize what it to Dr. Pierce for trial package and you would mean to one depressed and dis-will know that it is many times couraged to regain health, besides a more potent than lithia and that it dissolves uric acid as hot water does danger of an operation."—MRS. DE-sugar.

LOSS HEDGLON, Ningara St.—Adv.

His Many Duties.

When young Farmer Giles left the happy homestead and plowed fields to Visitors Mistaken in Thinking Metchjoin the army there was not a prouder man in the land. The first time he was doing a sentry-go the officer of the guard came by and called upon him to give up his orders. "Orders!" shouted Giles, "Give up

my orders?"

Yes, certainly. What are you here for?" demanded the officer, sharply, "Oh, I'm here to walk up and down, stand at attention, wink at the girls, look after Sergeant Murphy's bit of garden and see that nobody pinches his spades; also to see you nin't about when they fetch the beer for the guard-room prisoners, and should you come on the scene to-"

But the officer had completely collapsed.-Pittsburg Chronicle Telegram.

Mrs. Josinh Cowles, the new president of the National Federation of Women's Clubs, was talking in New York about dress.

"Women, once they get Interested in our movement," she said, "dress more sensibly. They give less thought to butter. dress. I may claim, in fact"-Mrs. Cowles smiles-"I may claim in fact," she ended, "that these women start making their own clothes and stop picking their friends' clothes to pieces,"-Exchange.

Proof of Her Economy.

"Is your wife economical?" "Very. Look at the clothes that she

# A Growing Custom!

The custom of placing Grape-Nuts on the table at all meals is growing in American homes.

Both children and grown-ups help themselves to this delicious food as often as they like. It contains the entire nutriment of wheat and barley, digests quickly, and is wonderfully energizing.

Every table should have its daily ration of

# Grape-Nuts

"There's a Reason"

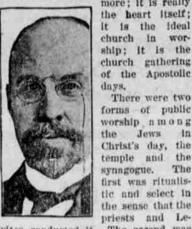
## Attending Prayer Meeting

By REV. JAMES M. GRAY, D.D. Dean of Moody Bible Institute,

TEXT-Not forsaking the assembling

The weekly prayer meeting has been

called the pulse of the church, but it is



days. There were two forms of public the Jews in Christ's day, the temple and the The synngogue. first was ritualistic and select in the sense that the priests and Le-

more: it is really

vites conducted it. The second was simple and democratic in the sense that all the people took part in it. was located in Jerusalem, but there was a synagogue in every town where as many as ten male Jews resided. Its order of service consisted merely in the reading of a portion of the law and the prophets, the chanting of a psalm and an extempore prayer. Then the meeting was thrown open, as we now sny, and the people (the men at least) were at liberty to take part.

The Christian church is built, not on the model of the temple but the synagogue, as we see from Paul's first Epistle to the Carinthians where, at chapter 14, he is correcting certain disorders that had crept into the assembly because of the liberty thus granted to the people.

A Popular Gathering.

Our text applies to such a gathering as this. That is to say, the writer has in mind not a formal service, such as is represented at a Sabbath gathering in one of our present churches, but a popular gathering of the people where the meeting is thrown open for all to exercise their spiritual gifts. It is just such a gathering as a prayer meeting always ought to be.

(1). He enjoins such an assem bling of ourselves together as a duty to be obeyed. We ought not to forsake it, just as in other places God tells us not to commit murder, not to steal, not to be guilty of adultery, not to bear false witness, so here we are not to forsake the assembling of ourselves together. In other words it is a command that Christians cannot es-

(2). It is a privilege to be enjoyed, for the context tells us that thus by prayer we have "boldness to enter into the holiest by the blood of Jesus," and that we have "an High Priest over the house of God." This being the case, what blessings are we being denied if we thus forsake the assembling of our-

selves together! Some of these blessings are of a very practical every-day sort. The Continent tells of a business house in Chleago which asked a country correspondent to recommend a man for a responsible position. The reply was, "A young man passes my house every Wednesday evening on his way to prayer meeting at precisely a quarter of eight. I like the looks of that. Shall I inquire further about him?" The result was a position at a salary larger than the young man ever dreamed of receiving. The editor added what is entirely true, that the prayer meeting habit is a good asset. The prayer meeting young man is likely to have the right basis of character. There are hypocrites there, but that is

nn evidence of the genuine. (3). It represents a need to be supplied, for the context says, "Let us hold fast the profession of our falth without wavering and let us consider one another to provoke unto love and to good works." The relation of our Christian experience in the prayer meeting and the exhortation and appeal that accompany it, express our consideration for one another as brethren in Christ, and the result is stimulating unto love and to good works. It is thus that we are able to hold fast the profession of our faith.

Finally, if we may add what is said by Paul in that fourteenth of first Corinthians, the prayer meeting is also an opportunity for service. He speaks of an unconverted person coming in to the assembly, and hearing the testimonles and being convinced of sin and falling down and worshiping God.

There was a man, the father of a family that attended my church at one time, who resisted all my appeals to win him to the Savior, and his wife told me he had resisted similar appeals from her former pastors. By and by on his death bed he accepted Christ and witnessed a good confession before his family and friends.

One day I asked him what was the cause of his conversion, and found that he attributed it to no sermon he had ever heard, but to the testimony of an elderly woman in a prayer meeting in the country town where he lived more than 40 years before.

He resided with an aunt who compelled him to go because she would not leave him alone in the house during her absence. He hated to go, but he had to go, and there he heard the testimony of this woman from which he had never been able to get away. Now that he was facing eternity it had moved him to receive and confess

Let me urge you to stand by your church prayer meeting, and to do your part to make it of vital value,

The man who can see no good beyond this life has failed to find the highest good in this life.

Every effort to development is a conscions effort to develop God's resources in you.

By E. O. SELLERS, Acting Director of Sunday School Course, Moody Bible In-stitute, Chicago.) (Copyright, 1916, Western Newspaper Union.)

LESSON FOR NOVEMBER 12 WORLD'S TEMPERANCE SUNDAY.

LESSON TEXT-Romans 14:13-15:3. GOLDEN TEXT-It is not good to eat lesh, nor to drink wine, nor to do anything whereby thy brother stumbleth.

The early Christian church had two cutstanding problems, the question of the Sabbath days (two of them) and the question of eating meat offered to worship nmong idols. This lesson suggests the solution of the latter. Our modern problem of intoxicating liquors is very much the same as this ancient one of the early Gentile Christians.

I. "Let us not therefore judge one another" (vv. 13-15). There are certain acts which are universally conceded to be right and within the Christian law of liberty. There are also other ncts which are as plainly prohibited. There are a large number of acts which There was only one temple and that lie in the region between these two, and men ought to be careful how they condemn one another for these latter things. Where good and true men differ, their acts, on the matter of the Sabbath (See Col. 2:16), or on temperance, must be determined as being unto the Lord, sincerely, conscientiously. It is not for us to judge (v. 13), literally, to pronounce Judgment. They have a right to their opinion and to their liberty of thought and action, but (vv. 14, 22, 23) as for Paul or the Christian, he must have a clear conscience. He must have faith, and be assured that he is right; otherwise he is condemned by God and by his own conscience, and is not a sincere Christian disciple. The word "therefore" in verse 13 points back to verse 12, which ought to be carefully pondered. As we have each to render our accounts to God, we should stop judging one another. Food is a very proper thing, and laws are also proper, yet love is the ruling principle of the Christian life.

We ought to have our liberty curtailed rather than have our souls lost. If we magnify our liberty to the sacrifice of our brother's soul we "walk no longer In love," The demands of Christian love are more to the true followers of Christ than the permissions of Christian liberty. The privilege of eating and drinking while it injures others, however harmless to yourself, is not to be tolerated.

The word "stumbleth" here used (v. 21) implies a movable trap or snare, literally any impediment placed in the way so as to cause another to fall. We must never forget that even a weak brother is "a brother for whom Christ

II. "Let not your good be evil spoken of" (vv. 16-23). The kingdom of God is not ment and drink, but it is a life of righteousness, peace and joy in the Holy Ghost. Our liberty is to be so used that it shall not be evil spoken of. The real proof that we are in the kingdom of God and that the kingdom of God is in us is not found in our scrupulousness or lack of it, in our eating and drinking, but in the manifestations of righteousness in our lives, and of having peace in our hearts (15:13). This peace must be manifested toward our fellow men (v. 19; Ch. 15:18) and being filled with "joy in the Holy Ghost." The object of our pursuit is to be the things which make for peace, the things whereby we may fill one another up, not the exploitation of some pet hobby, for the kingdom of

God does not consist of riding hobbles. In this matter of temperance reform we all recognize that alcohol has many uses besides that for drinking purposes, and that there are various opinions about drinking certain forms of it, and various ways of advancing the temperance cause, all of which are honestly held by many good men, but Christian patriotism demands that every true-hearted man or woman, everyone who is loyal to his country, to humanity and to his God, should take Paul's position, (1) That he will not be a stumbling block in the way of the weak and of the young. (2) That he will not do anything to destroy his brother for whom Christ died. (3) That he will deny himself anything for their sake. (4) That his attitude will be that of love and not of selfishness, This places temperance on a high moral plane, but the world is also beginning to recognize that the temperance question is also an economic one. The recent developments in Europe, since the war began, are tremendously significant. As someone has said, "Russia's recent advance upon the eastern front is really an advance of an army led by 'General Abstinence,' and not by any particular military general. It is not merely a question as to whether a thing is wrong in liself or whether you will hurt yourself by it, but the real question is, "Will anyone be injured, made to stumble, by doing what I am doing?" This will settle the moderatedrink question, the tobacco question, the dance question, card-playing question, theater-going question, and a thousand and one other questions.

It is well to have faith, but it is also well to have the love that does not injure others by the exercise of that faith. The question is, "Are you perfectly sure this thing is right?" III. "We then that are strong" (15: 1-3). This section is in reality a continuntion of Chapter 14. Paul is continuing his thought that we are not to please ourselves, but rather to live such lives as will edify or build up our neighbor. Our strength is not given to us that we may glory or lord it over our weaker brethren, but rather

that we may serve them. To please my neighbor does not mean do," but rather to live such a life that my action will be for the good and edineution of my brother, thereby pleasing God (Gal. 1:10)



ADVERTISE YOUR CITY.

ment of a commission for the advertising of Chicago as a commercial and educational center, the Union Signal suggests to that city and to cities generally that there are other methods less expensive which produce greater results. "Have you noticed the free publicity given to Seattle, Portland, Des Moines and Denver?" it says. "The public is interested in these cities now as never before and is watching these 'experiments in decency and morality' with far greater eagerness than it ever evinced when they were only ordinary money-accumulat ing centers.

"If Kansas were to blot off of her statute books her prohibitory law she would lose a fine bit of advertising. The attacks of the liquor interests must net that plucky, prosperous, progressive state thousands of dollars every year. Not only do the liquorites publish whole pages of fabricated fairy tales concerning the defunct Sunflower state, but they run their printing presses overtime putting on the market booklets devoted entirely to

men come from across the ocean to study the state which is 'failing' at such a rate that it burns its last mortgage bond and finds itself out of debt; that it discovers it has the highest per capita wealth of any state and a tax rate lower than that of any other State

"And because prohibition is making Denver, Portland, Des Moines and Seattle better cities than ever before, the public is talking about them, writing about them, advertising them. They are being used to 'point a moral and adorn a tale' as communities in which crime has decreased and bank deposits increased; in which vice districts have disappeared and legitimate business has prospered. To be sure the criminal element has sent out its warning against them as territory to be avoided, and the white slavers are advertising them as of no use for their vicious purposes, but the patrons of educational Institutions are commending them as safe places to send their boys and girls; the owners of large industrial establishments are considering them as locations for their plants where 'safety first' for employees will prevail and home-makers are finding in hese cities an ideal place to rear fami-

"If you want a real, permanent, satisfactory boom for your city, try the method of Senttle, Denver, Des Moines, Portland and other saloonless centers.'

### BOOSTERS AND BREWERIES,

While the national Democratic boost the home town. The St. Louis Times issued a special convention supplement in which the industries of that city were advertised. Under the heading, "Facts About St. Louis Worth Knowing," 50 of the most prominent facts were mentioned. Detwo cities in the country most conspicuous for its beer industry, not one word was said about the breweries. Under the heading, "The Exits alphabetical place. Among exports this product could not be ignored, but the commercial bodies of St. Louis, judging by their display elsewhere, to beer as one of their chief prod-

## WHISKY DOES NOT WARM.

Sir Lauder Brunton, in his "Lectures on the Action of Medicines," gives a striking example of the danger of taking alcoholic drinks to "keep warm." A party of engineers were surveying in the Sierra Nevada. They camped at a great height above sea level, where the air was very cold, and they were miserable. Some of them drank a little whisky and felt less uncomfortable. Some of them drank a lot of whisky and went to bed feeling very jolly and comfortable indeed. In the morning men who had not taken any whisky got up all right; those who had taken a little whisky got up feeling very unhappy; the men who had taken a lot of whisky did not get up at all; they were simply frozen to death. "They had warmed," adds the professor, "the surface of their bodies at the expense of their internal organs."

The so-called moderate drinker, who consumes his bottle of wine as a matter of course each day with his dinner-and who doubtless would declare that he is never under the influence of liquor-is in reality never actually sober from one week's end to another. -Professor Aschaffenburg, Heidelberg University, Germany.

## INCREASED DEPOSITS.

"The total amount of deposits in the banks of Little Rock on June 23, 1915 was \$11,626,676.21, and the deposits or June 30, 1916, were \$15,294,458.31, says W. E. Lenon, assistant manage Little Rock Clearing House associa tion. "These were the dates of the call made by the state bank commis sioner, and the figures are taken from the reports of the banks made in ac cordance with that call."

since January 1, 1916.

The liquor interests-slang for booze magnates-appear worried about the prohibition wave. 'Six states will vote on prohibition in November and the 1. i. are sending out reams of arguments, in favor of booze. Which is a mistake we believe. The appeal of booze is emotional and sentimental, that "when in Rome do as the Romans not intellectual; and the worst thing -for themselves-the distillers can do is to ask people to give serious thought to the booze question .- F. P. A., in the Conning Tower, New York Tribune.

## KNEW WHAT HE WOULD DO

Pretty Schoolteacher Evidently Had Inspired Affection in Heart of Boy Pupil.

A charming schoolteacher whose smile brings happiness to everyone and who, moreover, has that greatest blessing, a sense of humor, tells this on herself.

She teaches what is known by some as a "kubnormal" school (which very often is more normal than "sub") and the other morning several of her pupils were gathered ground her reading a very interesting (?) story, such as is printed in school readers, and one sentence ran, "The little Jap-anese girl greeted them warmly, etc."

"What is meant by 'greet?" asked the teacher, who by the way was showing off her pupils and the method of teaching them to an interested young man who had been brought in by the principal to watch her labors. There was a great deal of brow-

ouckering and the word "greet" failed to register on any brain. Finally she said. "If I were to come into the room where you were, what would you do?"

There was a second silence and puzzled looks and then (from a tall boy of sixteen) : "I'd hug you." The visitor, with his handkerchief

o his mouth, sped from the room, and

a block, while the tencher, with cheeks have it out with her. covered with blushes, carefully exdained "greet" as it was meant in the school render.-Columbus Dispatch. MOTHER'S JOY SALVE for Colds, Croup, Pneumonia and

Asthma; GOOSE GREASE LINIMENT Neuralgia, Rheumatism and Sprains. For sale by all Druggista. GOOSE GREASE COMPANY, MFR'S., Greensboro, N. C .- Adv.

George was an imp, his sister said.

and she thought her mother ought to raise her children better, which made mother laugh

"What has poor George done now?" asked mother. "Well, if you want to know," said Grace, aged sixteen, "he came into the parlor and asked Charlie to give him some money. The very idea of begging!" she exclaimed, as George himself came into the room.

"I did not ask him for money, George indigmently denied. "I said that Grace's beaus gave me a quarter every time they saw me, except one, and he was a tightwad."

Siles, Granulated Eyelida, Sore and Inflamed Eyes healed promptly by the use of ROMAN EYE BALSAM.—Adv.

Too Bad, indeed.

Mrs. Commuter had lain awake with headache till one o'clock. Then in he balance of the night she had responded to several calls for a drink, a toll, and all the other nocturnal infantile orders. At five in the morning, as the was just beginning to round out the first continuous hour of slumber, he little six-year-old girl called softly from her nearby crib; "Mother."

No answer. Again, a little louder

Mother said nothing. Again the hlld's voice, this time mezzo-forte: "Mother!"

"Well, what is It?"

"Mother, isn't it too had that one of Harry McCole's polliwogs died?"

Ahead of Him. "Do you ever ask your wife's advice

"No, sir; she doesn't about things?" wait to be asked."

It's unlucky for a man to rise at the

# Health for Sick Women

For Forty Years Lydia E. Pinkham's Vegetable Compound Has Been Woman's Most Reliable Medicine -Here is More Proof.

woman's special ills, and have a constant fear of breaking down, the three following letters ought to bring hope:-



North Crandon, Wis.—"When I was 16 years old I got married and at 18 years I gave birth to twins and it left me with very poor health. I could not walk across the floor without having to sit down to rest and it was hard for me to keep about and do my work. I went to a doctor and he told me I had a displacement and ulcers, and would have to have an operation. This frightened me so much that I did not know what to do. Having heard of Lydia E. Pinkham's Vegetable Compound I thought I would give it a trial and it made me as well as ever. I cannot say enough in favor of the Pinkham remedies."—Mrs. MAYME ASBACH, North Crandon, Wis.

## Testimony from Oklahoma.

Lawton, Okla.—"When I began to take Lydia E. Pinkham's Vegetable Compound I seemed to be good for nothing. I tired easily and had headaches much of the time and was irregular. I took it again before my little child was born and it did me a wonderful amount of good at that time. I never fail to recommend Lydia E. Pinkham's Vegetable Compound to alling women because it has done so much for me."—Mrs. A. L. McCasland, 509 Have St., Lawton, Okla.

From a Grateful Massachusetts Woman.

Roxbury, Mass.—"I was suffering from inflam-mation and was examined by a physician who found that my trouble was caused by a displacement. My symptoms were bearing down pains, backache, and sluggish liver. I tried several kinds of medicine; then I was asked to try Lydia E. Pinkham's Vegetable Compound. It has cured me and I am pleased to be in my usual good health by using it and highly recommend it."—Mrs. B. M. Osgood, I Haynes Park, Roxbury, Mass.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and bold in strict confidence.



Envy shoots at others, but hits itself. A wise girl knows enough not to pretend to know a lot more,

Loaded Up. "There's nothing in the man you pointed out to me." "Nothing in him! Well, when I left

him he was on his eighth highball." **NEWS OF NEW JERSEY** 

Dumont, N. J .- "I feel happy over scription has given me. My phy sician strongly urged an opera-One of afraid. Dr. Pierce's my hands, and reading what the Prescription' bad

in similar cases I began its inderful eliminator of uric acid and ceive results after a few doses; this

FAMOUS SCIENTIST AS CHEF nikoff Was Engaged in Labora-

tory Experiments. One day some distinguished visitors who had arrived in Paris and were be ing escorted about by a committee were taken to call upon the late Pro fessor Metchnikoff (the famous scientist who believed that the secret of long life lay in dlet) toward the hour of noon. The laboratory was all but empty, as most of the workers had departed for that sacred meal, the was there himself latent upon a vessel he was holding over a gas burner.

French dejeuner, But Metchnikoff "It must be a very interesting experiment that keeps you engaged even at this hour," remarked one of the

"Look for yourself," said Metchni koff, and, continuing to stir with a glass tube, held up the dish so that a delicious fragrance rose to the noses of the visitors.

"That's what I'm working at," he

laughed, "banana in slices, fried in

It is excellent."-World's Dr. Pecry's "DEAD SHOT" is an effective medicine for Worms or Tapeworm in adults or children. One dose is sufficient and no

supplemental purge necessary .- Adv.

Not the Simple Life. Little Dorothy had acquired a fixed habit of eating Sunday dinner with her two old and beloved friends, the Browns, who lived just neross the street. Coming home she found her own family seated at their table enjoying a substantial but plain dinner. A slight wave of contempt crossed her

"Why, what did you have for din ner?" her mother asked. "Baked chicken, rice, hot biscults mashed potatoes, candied sweet pota toes, cranberries, plum jelly and other delinquencies," loftily asserted the lit tle maid.—The Christian Herald.

What He Would Do.

It was his first night on guard, and

of course, Mike Flaherty was on the watch against officers and such-like questioning him on his duties. As it happened, he was at a station guarding a magazine of powder that had arrived during the day. Suddenly the orderly officer more around and after the usual formalities, commence

to question Mike. Officer-What would you do if the angusine blew up? Mike-Go up with the report, sir.

A Long Wait. Policeman (giving evidence)-After eing ejected from the cinema, he wa discovered on the doorstep of the back entrance to the picture-palace.

Magistrate-Did he give any reason or his extraordinary behavior? Policeman-His speech was very in distinct, yer worship, but from who I could gather, 'e was waiting to se-Mary Pickford 'ome."-Passing Show.

Apropos of the proposed appoint

the 'failure' of prohibition in Kansas. "This publicity works so well that

convention was in St Louis an effort was made by the local newspapers to spite the fact that St. Louis is one of ports of St. Louis," beer appears in were ashamed to include a reference

## NEVER SOBER.

The state of Arkansas has been dry

MISTAKES OF MAGNATES.

Strong Drinks Irritate

Strong drinks like beer, whiskey, ten and coffee, irritate the kidneys and habitual use tends to weaken them. Daily backache, with headache, nervousness, dizzy spells and a rheumatic condition should be taken as a warning of sidney trouble. Cut out, or at least moderate the stimulant, and use Doan's Kid-ney Pills. They are fine for weak kidneys. Thousands recommend

A Virginia Case R. H. C i a r 7.
Brunswick A v e.
Emporia, Va., says:
"I was in a bad
way for months
with kidney trouble
and my back felt as
though it was broken. Mornings, I
was so stiff and sore
I could hardly get
up. My head ached,
my sight got poor
and my nerves were
in bad shape. I finally had to quit
work. The first two boxes of Doan's
Kidney Pills helped me and continued
use made me a strong and healthy
man."

Get Donn's at Auy Store, 50c a Box DOAN'S KIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

Suggesting a Change. Willie is six years old, and when his mother punished him recently his shouts of laughter could be heard he did not resent it, but decided to

> mother?" he said. "Yes, dear," said his mother, "It hurts me very much," "And you only do it to make me

good?"

"Yes, dear."

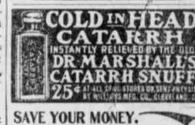
"It hurts you to whip me, doesn't it,

"Well, mother, forget it next time and it will make me gooder."

With the exception of the stage vil-

lain every man has some good points.





GILBERT BROS. & CO. Baltimore, Md.

One box of Tutt's Pills save many dollars indector's bills. A remedy for diseases of the liver sick headache, dyspepsis, constipation an biliousness, a million people endorse Tutt's Pills

"ROUGH on RATS" Ble outdoors, Mee, Maga

GALLSTONES

W. N. U., BALTIMORE, NO. 46-1916.

To women who are suffering from some form of

