

Is Work Too Hard? Many kinds of work wear out the kidneys, and kidney trouble makes any kind of work hard. It brings morning lameness, backache, headache, nervousness, rheumatism and urinary troubles. If your work is anything but ordinary, it strains the back, or exerts you to extreme heat or cold or damp, it's well to keep the kidneys active. Doan's Kidney Pills are reliable and safe. Thousands recommend them.

A Virginia Case C. L. Cook, 2nd East St., Covington, Va., writes: "A bad case of nephritis left my kidneys very weak. The first symptom was backache that kept growing worse and then the kidney regions began to ache. I was unable to walk and my limbs were nearly twice their normal size and weight. I kept getting worse until I gave up hope of recovery. Finally, I used Doan's Kidney Pills and during the past seven years, I have had no further trouble."

Stops Neuralgia and Pains Why suffer from excruciating neuralgia pains when an application of Yager's Liniment will give quick relief? This liniment is good too, for rheumatism, sciatica, headache, pain in chest, wrists, sprains, cuts and lacerations. The large 25-cent bottle of Yager's Liniment contains four times as much as the usual bottle of liniment, and at that price. At all druggists.

Cardul Wins Suit. After a trial in the United States District Court of Chicago, before Judge Carpenter and a federal jury, the jury found the American Medical Association guilty of libeling Cardul, the woman's tonic, which they had denounced as a "postrum."

Then She Called Him a Brute. "Oh, Jack, I expect I shall be awfully stupid now," said the young wife, when she returned from the dentist's. "How's that?" asked her husband, in surprise.

Band Saw's Freak. When a band saw in a St. Louis plant broke the other day, the accident was marked by peculiar features. As the saw was cutting through a large log it came across a spike that was imbedded in the wood, and as the band was traveling at immense speed when it snapped, the end of it broke off and passed through the log as if shot from a cannon.

The Evening's Embellishments. "Why don't you join our literary club?" "I don't play cards, or dance the modern dances."

Sunny Dispositions and good digestion go hand in hand, and one of the biggest aids to good digestion is a regular dish of Grape-Nuts.

This wonderfully delicious wheat and barley food is so processed that it yields its nourishing goodness to the system in about one hour—a record for ease of digestion. Take it all 'round. Grape-Nuts contributes beautifully to sturdiness of body and a radiant, happy personality. Every table should have its daily ration of Grape-Nuts. "There's a Reason"

A Way Out

By VICTOR RADCLIFFE

"You understand what's expected of you, Grimes?" "Perfectly, Mr. Walworth." "You are to keep my daughter and this Mr. Adrian Bolton in sight constantly for the next two hours. Don't be obtrusive, but don't for a moment allow them out of your sight. Poor soul," sighed Geoffrey Walworth, "it's hard. I was young myself once, but the madam will have her own way."

"As I understand it," observed Grimes, "they are to have the freedom of the grounds, but, if they try to leave, stop them?" "Precisely." "I'll do my duty, sir." "Poor souls!" Mr. Walworth had said, and the words well applied to two tender souls going through a bitter ordeal.

Adrian Bolton, just struggling up from the ranks into a promising legal practice, loved Irene Walworth as he loved his own life. Irene returned his affection. Adrian had received a devastating check to his plans and hopes when he told Mr. and Mrs. Walworth of his desire to marry their daughter. The father had hemmed and hawed, for Irene was the idol of his heart. Mrs. Walworth, compelling and drastic, soon definitely settled the matter, however.

"Incredible and impossible!" she said in her aggressive and domineering way. "Irene has been promised to the son of my dearest friend, Mrs. Herbert Grey, for the last two years."

"But I do not love Mrs. Grey, mamma!" cried the distracted Irene, "and never will!" "You will obey your parents in this matter or forget all future claim upon us, Sir," added Mrs. Walworth upon a "postrum."

"I hope the two young men don't collide and have a duel, or anything of that kind," observed Mr. Walworth. Wilfred Grey had been ordained in a church career only recently. He was a mild, sensible man, and not likely to lose his temper nor his dignity over a departing rival. Grimes missed something amid his snoring insensibility that might have surprised him.

For this estimable Mr. Grey approached the lovers with a smiling face. He shook hands with Irene, who shrank from him, and very heartily with Adrian, who seemed glad and eager to meet him.

"Why?" murmured Irene, in a puzzled way, "do you know one another?" "Oh, yes; we met last week," explained Grey, a peculiar smile on his face. "Perhaps, Mr. Bolton," he proceeded, "we had better enlighten Miss Walworth."

What had happened without the knowledge of Irene was this: Mr. Grey had affianced Adrian by visiting him a few days previous to announce that, feeling that he stood in the way of the happiness of two devoted lovers, he wished to make a suggestion.

And now he had come to carry it out. Grimes, half-awaking, caught the low hum of three voices engaged in conversation in the little summer house. There were quite forceful intonations, which marked decidedly brotherly advice given by Grey. There were fluttering, hesitating accents, proceeding from the sweet lips of Irene. There was the earnest pleading voice of Adrian.

Then there was a lull and then solemn, vibrating tones, and Grimes sat up startled, and wondered if he were dreaming, for he had made a fearful discovery! Neglectful of his pledged guardianship, he rushed for the house. He fairly danced on both feet as he confronted the startled Mr. and Mrs. Walworth.

"They're married!" he fairly yelled. "They—who-what—" gasped paternal families. "Married?" echoed Mrs. Walworth in a shrill shriek.

"Yes'm. That man—he was to cut in—the minister, Grey, I saw 'em. I heard him. 'Man and his wife' were his very words."

"A plot—we are tricked!" screamed Mrs. Walworth, and her bulky form described an ungraceful dash across the garden, her husband following, half-guessing that a climax was culminating. Half-way to the summer house they were confronted, calm and smiling, by Grey. He paraded in advance of two happy creatures, hand in hand, confident of manner and beaming of face.

VOGUES AND VANITIES



New Style in Matched Sets.

It is wonderful how big a part is played by cleverness of designing in the making of attractive clothes. Probably the women who get the most satisfaction out of their personal belongings are those who have comparatively small incomes to spend on themselves. They must exercise their wits, and they become observant; they learn to achieve style. This is more than some very rich women seem able to do.

Proper of this, there are very elegant and inexpensive matched sets, of two or three pieces, among the smart accessories which the woman of small means uses to great advantage. Hats and neck pieces, or sets that include a muff, made to match, possess what the merchandising world calls "class." These sets a clever woman will have no trouble in making for herself. They are usually combinations of velvet and fur, or velvet and silk for dressy wear, or other materials for sports wear.



Seen at the Ribbon Section.

Already ribbon departments in the big city shops have begun to add new luxuries, in the way of dress accessories, to their displays. Which means that the first signs of Christmas have arrived, for there is no part of the store which feels its influence more than the ribbon section.

Bags and cushions appropriate to themselves just now are the major part of the new showings. They are gorgeous affairs made of rich ribbons that are broadened with gold and silver threads and in the warm deep colors of today. But bags are a long story in themselves, and there are so many of them their recital might be continued and continued, but never concluded.

Wright's Indian Vegetable Pills have stood the test of time. Treat them yours-if now. Send for sample to 272 Pearl street, N. Y.—Adv.

Saskatchewan, Canada, offers an inviting market for American clothing, groceries and machinery.

When the Home Team Lost. "Charley, dear," said young Mrs. Torlins, "do you believe in going according to the will of the majority?" "Of course. Everybody does."

Aeroplanes for Explorers. Aeroplanes are to be included in the equipment of an exploring expedition that is setting out from Buenos Aires to study a little-known region which includes Mar Chiquita, a lake having an area of some 1,000 square miles, located about 350 miles northwest of Buenos Aires.

MOTHER'S JOY SALVE for Colds, Croup, Pneumonia and Asthma; GOOSE GREASE LINIMENT for Neuralgia, Rheumatism and Sprains. For sale by all Druggists. GOOSE GREASE COMPANY, MFR'S., Greensboro, N. C.—Adv.

And Have Men at Their Mercy. Mrs. Gabb—I understand that the number of lady barbers is rapidly increasing. Her Husband—Shouldn't wonder! It's a business in which women can talk while they work.—Boston Evening Transcript.

Good Reason. "Oh! Why did I ever marry you?" "Because I didn't know any better." —Life.

Dr. Perry's "DEAD SHOT" is an effective medicine for Worms or Tapeworm in adults or children. One dose is sufficient and no supplemental purg. necessary.—Adv.

No Place for Jokes. "I see the word 'joke' is to be left out of the marriage ritual." "Yes, the church people evidently thought the ritual was no place for a joke."—Houston Post.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of J. C. Fletcher. In Use Over 30 Years. Children Cry for Fletcher's Castoria.

WIFE TOO ILL TO WORK

Indianapolis, Indiana.—"My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, weighed but 109 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 133 pounds. I do all the housework and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave today but for it. I would tell all women suffering as I was to try your valuable remedy."

There is hardly a neighborhood in this country, wherein some woman has not found health by using this good old-fashioned root and herb remedy. If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

"ROUGH ON RATS" Kills Rats, Mice, Skunks, etc. See ad on page 2.

W. L. DOUGLAS "THE SHOE THAT HOLDS ITS SHAPE" Save Money by Wearing W. L. Douglas shoes. For sale by over 3000 shoe dealers. The Best Known Shoes in the World.

Dr. Perry's "DEAD SHOT" is an effective medicine for Worms or Tapeworm in adults or children. One dose is sufficient and no supplemental purg. necessary.—Adv.

ELMER BAKER A GOOD TONIC. And Drives Malaria Out of the System. "You 'Elmer' Baker? you're the man! I have given to numerous people in my parish who were suffering with malaria and fever. I recommend it to those who are suffering and in need of a good tonic."

HOW TO REMOVE DANDRUFF Itching and Irritation of the Scalp With Cuticura. Trial Free.

Dr. KILMER'S SWAMP-ROOT. Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes kidney trouble is permitted to continue serious results may be expected.

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT. A Trial Will Convince Anyone. Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.