WHO'S GOT THE MONEY

In Four Staples Alone the Farmers of Western Canada Produced 408 Million Dollars in 1915.

The Calgary (Alberta) printers have use organ, called "The Magnet," and in its columns a few weeks ago appeared an article entitled "Who's Got money?" It was cleverly written. and but for its length, the writer would ave been pleased to have copied the ticle in its entirety. The purpose for which this article is published, hower, that of letting the readers of the sper know of the great progress that being made in agriculture in Westm Canada, will be served by copying portion of the article. Many of the ders of this paper doubtless have riends in one of the three provinces-Manitoba Saskatchewan or Alberta, and they will be interested in feeling that their friends are enjoying a ortion of the wealth that has come Western Canada farmers as a reult of careful tilling of a soil prodiin everything that goes to make good grain, cattle, horses, hogs and

Reproducing from the article;

The government does not produce money. It can stamp "One Dollar" on slip of white paper, and we accept t at a dollar's worth, but neither the paper nor the printing are worth a What gives It value is the romise of the people of Canada which tands behind the printed slip, and our with in that promise.

Now do you know who's got the soney?

Let us put it into figures. The farmrs of Alberta, Saskatchewan and Manitoba last year raised 342,948,000 ushels of wheat. If we take for an average 85 cents a bushel in Manitoba, a cents in Saskatchewan, and 79 cents a Alberta the season's wheat crop was worth \$280,629,000. Add to this an out crop of 334,840,000 bushels, sorth \$95,457,000; a barley crop of 35,-254,200 bushels, worth \$15,871,000, and dax crop of 10,559,000 bushels worth \$15,843,000, and you find that on these our staples alone the farmers of Westem Canada produced a wealth of 407.809,000,

Please note that this wealth is in noney. It is not in real estate at infinted values, industrial stocks that are half water and the rest air, fictitious goodwills or unsaleable merchandise. t is in hard cash, or-which is better bard wheat.

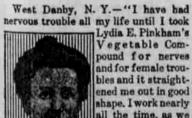
These figures are only for the staple rain productions. They do not inlude the millions of dollars represented by the live stock and dairying industries, or the additional millions included in the root, fruit, and garden crops, The creameries of Saskatchewan, for instance produced more buttermilk and ice cream last year than their total production amounted to six years go. The milk, butter, and cheese production of Alberta for 1915 was valued at over eleven million dollars. The potato crop of the three provinces was worth five millions and a half. Corn and alfalfa-comparatively new crops, charged with tremendous possibilities amounted to over a round million. Even honey - you didn't know we raised honey (the bee kind) in this country, did you? Manitoba produced 105,000 pounds in 1915, and there isn't a bee in the province that doesn't swear he's a better honey-sorter than anything in California or Washington.

That's where the money is; in the cans of our honest friend the farmer, who was too slow to get into the cities when the rest of us saw short-cuts to wealth; who hadn't Imagination enough to think a man can make money without earning it, and who was too dull to know that hard work is foolish. Well, he has the laugh now. Likewise the money, -Advertisement.

He has no force with men who has he faith in himself.

WOMAN HAD **NERVOUS TROUBLE**

Lydia E. Pinkham's Vegetable Compound Helped Her.



all the time, as we live on a farm and I have four girls. I do all my sewing and other work with their help, so it

shows that I stand it real well. I took the Compound when my ten year old ighter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recom it."-Mrs. DEWITT SINCEBAUGH, West Danby, N. Y.

Sleeplessness, nervousness, irritabil-ity, backache, headaches, dragging sensations, all point to female dera

mations, all point to female derange-ments which may be overcome by Lydis E. Pinkham's Vegetable Compound. This famous remedy, the medicinal ingredients of which are derived from native received. native roots and herbs, has for forty Years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testi-mony to the wonderful virtue of Lydie E. Pinkham's Vegetable Compound.

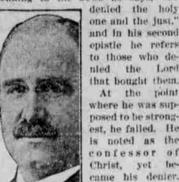


PETER'S DENIAL

By REV. L. W. GOSNELL Superintendent of Men, Moody Bible Institute of Chicago

TEXT-And the Lord turned, and look-ed upon Peter. And Peter remembered the word of the Lord, how he had said anto him: Before the cock crow, thou shalt deny me thrice. And Peter went

out, and wept bitterly.-Luke 2:61, 62 Peter never forgot his denial Speaking to the Jews he says, "Ye



one and the just. and in his second epistle he refers to those who de nied the Lord that bought them. At the point

where he was supposed to be strongest, he falled. He is noted as the confessor of Christ, yet became his denier. He was the brave man who undertook to defend Christ in the gar-

den, yet he cowered before the servants in the high priest's palace. He was not in danger of being killed if he had confessed Christ, but denied him to save himself from being taunted. And all this occurred on the same night in which he had received the bread and wine from the hands of his master, and had submitted to having his feet washed by him! We are only kept from chiding him because we are reminded of our own failures and our denials of Christ.

The Sin of Profanity.

Added to the sin of denial was that of profaulty, for we are told that he began to curse and to swear, saying be knew not the man. The sin of profanity clings to a man, and the tendency sometimes appears even after conversion. Many have failed at this point, although delivered from other An old writer has pointed out the folly of it in these words: "The devil tempts men through their ambition, their cupidity, or their appetite, until he comes to the profane swearer, whom he clutches without any reward." There is a melancholy comfort in the fact that Peter seemed to feel they would not suspect him of being a disciple if they should bear him use profane language; the world expects things of Christians.

Several elements enter into the story of Peter's denial. First of all, we notice his self-confidence. "If all shall be offended in thee, I will never be offended." His failure doubtless revealed to him his weakness, and was used of God in bringing him to a better mind. By such testings we learn our own helplessness and are driven to the strong one for strength. in his epistle. Peter emphasizes the value of meekness and godly fear.

"No Business With the Flunkies."

Another secret of Peter's failure is found in the society he kept. He had not satisfy the longings of the human followed his Lord afar off, and when heart," and God through the foolishhe came into the palace, sat down with the high priest's servants. As an old Scotch woman said, "he had no business with the flunkies." It is difficult to maintain a Christian profession even when we must be among the ungodly, but there is great danger when we choose them for our companions. Safety is found in an early and frank avowal of our relation to Christ, and showing our colors will save us from many temptations.

Again, the element of surprise has to be reckoned with. Peter would have been brave in the garden in open conflict with Christ's enemies, but he did not expect to be assalled as he sat by the fire that night. Earnest Christians learn to dread temptations which approach with the stealth of a serpent. The writer recalls the occasion when he first saw a "sensitive plant," and remembers his surprise when its leaves withered at the approach of his hand. If we are to escape better than Peter did, our souls must be so tender that the very approach of temptation will cause them to shrink in

drend and hide themselves in Christ. Yet this man was restored even after such a fallure. There were four

steps in his restoration. Steps Back to Christ.

First, there was the look of Christ. After the crowing of the cock, we are told the Lord turned and looked upon Peter. What a look of wounded love that must have been! Yet we should not forget that the same sad, piercing gaze is turned upon us when we grieve Christ.

Secondly, the Lord sent a special nessage to Peter on the morning of the resurrection (Mark 16:7).

Thirdly, he had a private interview with this apostle on the day be arose (Luke 24:34; I Cor. 15:5).

Finally, when he appeared to the seven on the shore of the Sea of Galllee, he reinstated Peter most fully. The story is told in John 21, and is worthy of careful perusal. Three times the Lord asked him if he loved him, and the apostle had thrice dealed, so he was allowed to confess him three times. Poor Peter might have thought he would never again be intrusted with responsibility, but three times the Lord bade him feed his flock. As a climax, this man who had said he would follow Christ to death, but had failed so shamefully, was told he would, after all, have the privilege of dying for his Lord. What comfort here for the backslider! With what the human soul. (7) From the cross, new meaning may we sing, "He re-

It is a comfort, when we are worn with many cares, that we need not tell over separately each sorrow, each anxiety, to the merciful ear that in ever open to us. We need only kneel and lay the whole burden at his feet who has said, "I will give you rest." The worst bitterness passes fway. freth strength comes, we W. N. U., BALTIMORE, NO. 31-1916 strengthened and comforted.

storeth my soul."

INTERNATIONAL SUNDAY SCHOOL

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1816, Western Newspaper Union.)

LESSON FOR JULY 30

"THE WORD OF THE CROSS."

LESSON TEXT-I Cor. 1:1; 2:5. Print GOLDEN TEXT-Par be it from me giory, save in the cross of our Lord Jesus Christ.—Gal. 6:14.

Paul's letter to the church at Corinth was written from the city of Ephesus some four of five years after Paul had left Corinth. We have seen some of the difficulties which surrounded this church. It was a small body of believers in a great city of four hundred thousand. It was surrounded by all kinds of liscentiousness and excess so that to maintain a Christian moral ideal was difficult in the extreme. That is why this first epistle has so much to do with church government and such questions as the marriege relation, the conduct of public assemblies, spiritual gifts, the resurrection from the dead, different factions, the love feasts of the rich and the poor, eating meat offered to idols, law suits conducted before the heathen, the Lord's supper and church dicipline are discussed. Paul did not himself write the letter. Sosthenes acted as his amanuensis. In this letter is the wonderful and immortal love chapter (Ch. 13), and the magnificent resurrection chapter (Ch. 15), Paul recognizes many of the good things that have been done by the Corinthian church (See Ch. vv. 1-9), but goes on to entreat the church against any party spirit and factions (vv. 10-7). His argument for church unity is superb.

The only unity desirable or possible is that which Christ prayed for (John 17:21). This is not a unity of opinion or of organization, but a unity of purpose and power, the working together of belivers in harmony to attain the great purposes of Christianity. It is a unity of freedom and not of compul-The Power and Wisdom of God.

(vv. 18-25). To a sin-blinded mind the preaching of the cross is foolishness. Even some professed Christians reject the doctrine of substitution which is found everywhere in the Bible. (Isa. 53:6; Gal. 3:13; I Cor. 5:21). If the doctrine of the cross is foolishness to anyone it is to "them that perish." The Jews require a sign (v. 22) but the cross puts them to shame (v. 27). God is made unto us wisdom, not the wisdom of men but the wisdom of the Spirit. It is such preaching as this that is "the power of God." It has proven itself the power of God in our lives. It will "destroy the wisdom of the wise" and "bring to nothing the understanding of the prudent" (Isa. 29:14 cf. Jer. 8:9). God is constantly making foolish the power and wisdom of this world. Philosophic research after the unknowable "tries to make a God of its own pattern but does ness of the thing preached is pleased to "save them which believe." The performing of a miracle (Math. 12:38), and the Greeks seeking after wisdom or philosophical reasoning, is no match for the Christ crucified whom Paul preached. The wisdom of man in comparison with the wisdom of God is worthless: the foolishness of God is wiser than that of man, and the weakness of God is stronger than that of man. God does a good deal of playing upon imperfect instruments.

He doubtless often longs to produce better music through these human instruments, but hard as it is to keep them near to concert pitch, yet he is patient and, "unto them which are called, both Jews and Greeks, Christ the power of God and the wisdom of God," is producing the anthem of glory to the honor of his name.

II. The Preaching and Power of Paul (vv. 26 to Ch. 2:2). Taking the Bible as a whole, we see in it God's plan and purpose with regard to the goal of mankind. The problem was by what means this purpose could be performed. The whole of the Oid Testament is a story of God working to this end. Then at the best time in all history came Jesus, the son of God, into the world, and, by his death on the cross and his resurrection, we are all bound together in one, summed up in the cross as the power and the wisdom of God for salvation. The symbol of the cross is a common sight, yet the great truth which it symbolizes is often obscured by scholars, and fails to be lived by disciples. God chooses those whom the world rejects, "the foolish," and whom the world rejects as "the weak." These are the ones that were called even in Paul's day, The purpose of this call is to confound (or to put to shame) the wisdom of men. The most powerful motive in existence is the motive of the cross. (1) The cross is the highest proof and the strongest expression of the love of God for man. (2) the cross was the agent whereby atonement was made for sin. (3) The cross shows us the terrible evils of sin and the demand of such a sacrifice as God's son in order to save us from it. (4) It shows us that God wants us to come to him and to be saved, and that there is joy in heaven over every repentant sinner. (5) It shows the supreme value of right and duty in that Christ went to the cross at the terrible cost of his life. (6) It shows the value of through the resurrection and the everliving Saviour, God has given us the fullness of the Spirit to inspire and

transform. We are nothing in ourselves, and God has made Christ unto us "wisdom and righteousness," that is, God's righteousness is provided for us in Christ (I Cor. 5:21; Rom. 5:1; Phil. 3:9 R. V.): also sanctification and redemption, that is, we are separated from the world unto God and in him we are redeemed from sin and its con-

FOLLY OF NATIONS.

In an address at London university before the Child Study association on 'Serving the Future," Dr. C. W. Sideeby, an eminent English scientist, stated that he had it on the highest authority that the increase in infant mortality since the war began was almost entirely due to the fact that mothers had been drinking more alcohol-had, in fact, been using to kill the future the money given by the nation to save the future. "People do not realize," the doctor declared, "how much of the finest food is being destroyed to make polson. It is the maddest thing you can imagine! There are not enough ships to carry our commerce, yet many ships are being used to bring to these shores the material for making poison that our mothers may buy at the corner of the street."

To illustrate the national need of caring for children in their earliest years, Doctor Saleeby remarked that during the past 17 months the army had been rejecting immense numbers of "damaged" men, who were really damaged as long ago as 1890-95. Germany had been having the same difficulty, but in her case it was even more serious. That country, he said, was now paying for her characteristic militarist neglect of the mother and the child, for it was certain that a high rate of infant deaths meant a proportionately high rate of "damaged" or unfit men.

DRINK AND DIVORCE.

"The story of the divorce court reeks with whisky and brutality," says Jack Lait, who writes for Chicago Herald. He has lately been dropping into the courtroom of Judge Kersten, the busiest jurist in Christendom, and watching and listening." He has found that "the fist is the symbol of divorce and the bottle its inspiration." Liquor is responsible for more than ten out of twenty cases. "Those are the tales," he says, "that do not get display heads in news columns. They are not Important, they are not picturesque." Judge Kersten has spent 30 years "adjudicating criminal matters, from murder to spitting on the sidewalk-and of it all, the blackest, the sorriest, the saddest, are the divorce cases."

And the states, most of them, go on licensing the sale of the stuff which inspires the drunken fist-go on in money partnership with the drunkard maker!

WHO'LL GET THE MONEY? The manufacture of lumber is an Important industry in the state of state of Washington and the woodsmen used periodically to go into the towns and spend their wages in the saloons. Shortly before the prohibition law became operative a police captain inquired of one of these men what he would do with his money on his next visit. "I'll tell you what I am going to do," said the logger. "Next time I come to town I am going to buy a new suit of clothes, some boots, a new blankets mackinaw and some The captain says that this answer is typical of the answers of many other loggers who might be questioned.

CITIES ENFORCE DRY LAW.

"It used to be all very well," says the Spokane (Wash.) Chronicle, "to say that 'prohibition is good enough for the rubes, but it won't go in the cities.' Now things have swung around to such an extent that the larger municipalities are among the leaders in the dry movement. Seventy-one cities, ranging from 25,000 to 325,000 population are now listed as dry and with the dry law as well enforced as other laws. Seven wet states contain dry cities of more than 25,000 population. There are 19 dry states, and the 'Nation's Going Dry' all too soon to please the saloonatics.'

NONUNION WHISKY.

Ninety-four per cent of the whisky made in the United States is made by the whisky trust. Whisky is made by nonunion labor, paid only \$9.19 per week, according to United States bureau of census reports. The hours of labor range from 10 to 17 per day. Out of \$100 paid for whisky at manufacturer's price only \$2.08 goes back to the wage earners who made the

SALOONS AND TAXES. The report of one of Uncle Sam's departments completely smashes the contention of the wets that saloons lower taxes. The report shows that the general property tax collected in prohibition states is \$10.12 per capita, in near-prohibition states \$11.08, in states partially under license \$13.22 per capita, and in wholly license states

NOT DISCERNIBLE.

Walter E. Johnson, an American aviator expert, after spending six months in Russia, or near there, watching for submarines in the Black sea, told reporters that he could detect submarines 150 feet under water while he was 3,000 feet above it, but that he had not been able to see a drunken man in Russia anywhere.

GAINING POPULARITY.

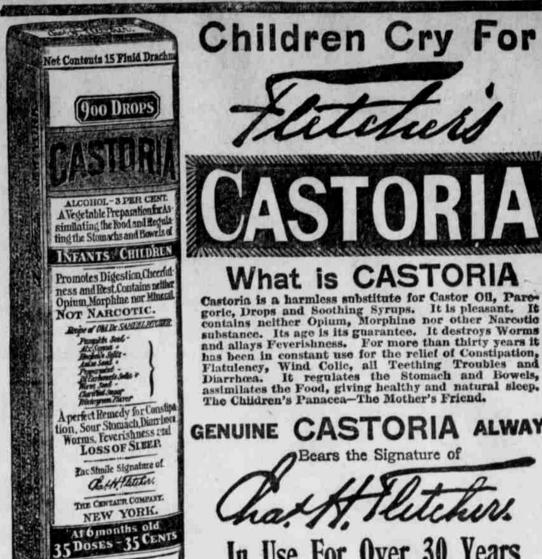
At the rate the country is going dry, the water wagon will soon be as popu lar as the automobile.- Exchange.

JOBS FOR BARTENDERS.

The grocer has an extra clerk. The furniture store is enlarged. A new shoe store is on the corner where the saloon was. The jeweler has advertised for an extra clerk. The dry goods business is rushing. Oh, yes! -the bartender is out of a job. What can he do! Get a job with the baker. Make buns, instead of bums .- J. H.

DOES NOT CONFISCATE.

Prohibition does not confiscate property; it merely forbids its misuse.



Flatulency, Wind Colic, all Teething Troubles and Diarrhea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend. GENUINE CASTORIA ALWAYS Bears the Signature of

What is CASTORIA

Castoria is a harmless substitute for Castor Off, Pare-

Castoria is a narmless substitute for Castor Cit, Paregoric, Drops and Soothing Syrups. It is pleasant. It
contains neither Opium, Morphine nor other Narcotic
substance. Its age is its guarantee. It destroys Worms
and allays Feverishness. For more than thirty years it
has been in constant use for the relief of Constipation.

In Use For Over 30 Years

The Kind You Have Always Bought

Exact Copy of Wrapper.

Bane Eternal. One of the bright young journalists of the city, who has a keen eye for the foibles, follies and sufferings of human nature, remarked confider fially the other day to this column "that the hardest thing in summer time which lovely woman knows is unobtrusively to keep the shine from off her nose,

WHY SUFFER SKIN TROUBLES

When a Postcard Will Bring Free Samples of Cuticura?

Which give quick relief for all itching, burning, disfiguring skin troubles. Bathe with the Cuticura Soap and hot water. Dry and apply Cuticura Ointment to the affected part. They stop itching instantly and point to speedy healment often when all else fails. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.-Adv.

Wanders of Science. A camera man working for the eduentional department of a film company net an old farmer coming out of a explained his presence on the place

"I have just been taking some movng pictures of life on your farm." "Did you catch any of my laborers in notion?" asked the old man curiously. Immultuous race. His fabulous story "Sure, I did!"

The farmer shook his head re flectively, and then said: "Science is a wonderful thing!"

Soap. Composed of Borax, Bran and the bow, something of the animal nafor 25c by Thos. Gill Scap Co., 711 ing and a short curb of power. Kent Ave., Brooklyn, N. Y. Adv.

Overrefinement.

William Dean Howells, the novelist, as talking about a poet. "His work is overrefined, overdeli-

ate, overnice," he said. "In short, his work reminds me of bride, at the end of the honeymoon;

" Darling, I'll have to leave you every morning hereafter to go to bust of the fruit shelves. ness; but, to make the parting less abrupt, I'll no longer take the 8:15 express, as I used to do-I'll take the 8:20 slow accommodation."

IF YOU OR ANY FRIEND

Suffer with Kheumatism or Neuritis, acute or chronic, write for my FHEE BOOK on Rheuma-tism—Its Cause and Cure. Most wonderful book ever written, it's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass.—Adv. Wished Him Well.

John G. Zepp of the circuit court, who is known to his friends as "Jack," tells one about a negro funeral oration which he overheard:

'The preacher, who was wearing the conventional silk high bat, white vest and Prince Albert coat, didn't believe in being stingy with his blessngs. He began by blessing the corpse. then he blessed the pallbearers, the nembers of the family of the 'dear departed brother,' the mourners, the neighbors, and everybody, in fact, he could think of, and ended with this exhoration:

"An' good Lord, be merciful and bless Mistah Miller, the undertaker, and may his business eval be prosperous,"-St. Louis Giobe Democrat.

Badly Wanted. Friends of Billy Sunday, the re-

tivalist, tell a story illustrative of his

epartee. Mr. Sunday was on the Trenton train one day when a man near him began to drink out of a bottle. Noisy at first, the man after three or four drinks became quite unbearable. The revivalist hunched at him an eloquent sermon on intemperance. At the sermon's end the drinker

ooked at Mr. Sunday steadily and "I'd like to give you a good punch

in the nose." "My friend," the revivalist answered, charity begins at home. Never give tway what you want yourself."-Washngton Star.

Proof Positive. Gyer-That grocer on the corner is regular sandbagger. Myer-How do you know? Gyer-I bought a 25-pound suck of

his sugar the other day.

AGENTS—WE GIVE YOU A BUSINESS PATENTS Watson E. Coleman, Wassen inglon, D.C. Books free. High and finance it. \$12 to \$30 a day. Have nothing to sell you. Improved Stock Powder Co., Ditaburg, Pa.

Every man believes there is a re-

ward laid up in heaven for him, but be

DO YOU NEED A KIDNEY

Some Inducement.

mustn't forget that he were a gold

watch and chain and two diamond

Druggist's Hard Luck.

An amateur poultryman received s

is never in a burry to claim it.

BOTH MASTER AND SERVANT

Canoe a True Friend of Man, Only Calling for Expert Handling in Its Management.

The canoe is as old as time, and has never wandered very far from the Dr. Kilmer's Swamp-Root is not recess-mended for everything, but if you have kidney, liver or bladder trouble, it may be found just the remedy you need. Swamp-Root makes friends quickly be-cause its mild and immediate effect is soon realized in most cases. It is a gentle healing herbal compound—a physicino's prescription which has proved its greas curative value in thousands of the most distressing cases according to reliable testimony. primitive idea, says a writer in All Outoors. Alien-hearted, it takes its place in the busy water world of today, a sign of barbarian supremacy of line. Man has turned to it in his extreme need, and has found it in one form or another at the far North, on the equaor and in the southern seas, and it has given him, in return for proper management, the stanch-hearied commandeship asked of it at any imperiled moment. Rightly handled, the cance is perfectly safe. The light draft and the buoyant resultant upward rise to the buoyant resultant upward rise to the sens, and the perpetual demand of perfect poise make it a thing for the "You know Mrs. Terror, whose husfiner intelligence, and keep you alive and fell into the river the other day?" to the need of the moment. An old nterrogated Jones. and picturesque character who had ca-"Yes; a regular virage," said Smith. noed on many waters, said that he "Well, she has offered twenty house in one of the Middle states, and had fared well on all voyages until ounds reward for his body," rehis came bad "scented a rapid," and arked Jones. then no man could hold her. Brenking "And yet she hadn't a good word loose from all spirit of control, she o say for him when he was alive," was off after that falling water, even "Aye," nequiesced Jones; "bul you

holds a grain of truth. Each came you handle has its own temperament, and there must needs be a period of adjustment between you. First of all, show that you have no Nothing Relieves Tender, Aching Feet fear, for there is a heady willfulness like a hot foot bath with Johnson's Foot oftentimes in that beautiful curve of lodine. At Druggists or sent postpaid fure that needs a quick understand-

taking a daisy field cross lots in her

Used Many Deadly Weapons.

She went down into her cellar for a jar of pickled watermelon rind and what should she find colled up on the floor and ready to strike but a genuine garter snake of fearsome aspect and most threatening demeanor. She the young husband who said to his killed it with no other weapon than a mop, a how-handle, an old flat-iron, an empty crock and a board from one

Just Like Swine.

Little Lennel-Say, paw, what does | navy, it mean when a man takes the lion's

of insinuating that he is acting like Leisure is the few seconds' rest a

shipment of fancy perfume atomizers for the holiday trade.

After he had tried a few on him felends and had arranged the stock on the shelves he went home to say good night to his hens and to gather what eggs had been inid during the day. He reached into one nest and fex

fur, which turned out to be fur of a genuine willow pussy in the full flows and vigor of young pussyhood. He says he didn't mind his expens ence in the chicken coop half so much as he does the foolish comments of

business acquaintances who keep talking about "faunal atomizers."

No Complaints. Secretary Daniels was talking about the splendid morale of the American

"Take the matter of work," he said. The men work like Trojans, No Paw-It's a polite way people have where does such an endless round of work go on as in our navy.

"I asked a boy apprentice once # he had any complaints to make, "'No, sir,' the boy answered, look man gets at home while his wife is ing up from his work. 'No, sir; on hunting up something else for him complaints. Only it's like this, eirthey keep on making you keep on."

For Ten-

A package of New Post Toasties provides servings for ten people-a delicious breakfast dish-corn flakes with new form and new flavour.

New Post Toasties are known by tiny bubbles raised on each flake by the quick, intense heat of the new process of manufacture.

They bear the full, true flavour of prime, white Indian corn, not found in corn flakes of the past; and they are not "chaffy" in the package; and they don't mush down when milk or cream is added, like ordinary corn flakes.

Try some dry-a good way to test the flavour, but they are usually served with rich milk or cream-

New Post Toasties

Sold by Grocers everywhere.