

A Joy Table. Mother made a "joy table" for her children by sawing off the legs of a kitchen table more than half-way up. so that the little ones could reach it Round the table, after it had been painted green, was nailed a green ledge of wood-to keep in the sandquite four inches deep, and table and lodge alike were lined with zinc. Clean white sand was now distributed even ly over the table, and the children hugely enjoyed a game of "being at the seaside," bringing their spades and pails and making billocks and water ways on it. On other days the children pretended that the table was a village or a garden, and planted it with green things and flowers and set a church and farmyard buildings and animals

HOW TO TREAT DANDRUFF

about. The table was a success.

Itching Scalp and Falling Hair With Cuticura, Trial Free.

On retiring touch spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. A clean, healthy scalp means good hair and freedom, in most cases, from dandruff, itching. burning, crustings and scalings.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere .- Adv.

A Bad Example. Miss Jane Addams, during a tea

at Hull House, said: "I disapprove of the new fashions because they encourage vanity.

"I know a little girl whose mother has gone in for all the new fashions sheath skirt, slit skirt, short skirt and what not.

That little girl's teacher said to her reproachfully one day: 'But, my dear, don't you want to

grow up so that everybody will look up to you?'

'No. ma'am,' said the youngster decidedly, 'I want to grow up so that everybody will look round at me." "

Bible Only Noncontraband. During the Civil war the demand for the Scriptures increased and multidied and Bibles printed at the Bible

house, New York, were the only merchandise which, during more than three years of civil strife, the Union army permitted to go through its lines to the people of the Confederacy, and the only merchandise which the Confederate states were willing to receive from the people of the North In 1866 the receipts of the society were \$642. 625.25, and the total number of Bibles and portions printed was 1,150,528, a number which was not exceeded until 20 years later.-Christian Herald.

Took the Gold Cure. The Spinster-It is said that love is a disease. Do you believe it?

The Bachelor-Well, I have no reason to doubt it. A friend of mine once took the gold cure for it. The Spinster-You don't say!

The Bache'or-Fact. He married a girl worth half a million in her own

At the Opera. Her (after the performance)-What did you think of the great tenor?

Him-I think less of him than I do of the "tenner" I had to give up for

A Sensible Thing To Do

When the drug, caffeinethe active principle in coffee shows in headache, nervousness, insomnia, biliousness, jumpy heart, and so on, the sensible thing to do is to guit the coffee.

It's easy, having at hand the delicious pure food-drink

Instant Postum

It is made from wheat roasted with a bit of wholesome molasses and is free from any harmful substance.

Thousands who prefer to protect their health, use Postum with comfort and delight.

Made in the cup-instantly with hot water. Convenient, nourishing, satisfying.

"There's a Reason" for **POSTUM**

THE TONGUE

By REV. L. W. GOSNELL Superintendent of Men. Moody Bible Institute of Chicago

TEXT-If any man offend not in word. the same is a perfect man, and able also to bridle the whole body.—James 8:2.

Speech is a distinguishing gift of man. Said a witty German: "I will



so." The world would be a strange place if we could not talk, yet what a world it is because we can talk! The difficulty of controlling speech is pointed out in our text, and those who have been striving

longest for perfection appreciate most fully this difficulty. It will be worth while to follow the discussion of the tongue which is found in the succeeding

verses of the third chapter of James. First of all, James speaks of the power of this "little member which boasteth great things" (vv. 3, 4), Like the bit in the horse's mouth which enables us to turn the whole body, or the tiny rudder of the ship, which directs its course through the stormy deep, so the tongue is a great power in the guidance of life. We marvel when we see the multitude swayed by the speech of the preacher or the voice of the singer. We need only to mention Magna Charta, the Declaration of Independence, the Emancipation proclamation or Luther's Theses. to be impressed with the power of even written words.

But James goes on to speak of the mischief which may be wrought by the tongue (vv 5, 6). It is like a little fire kindling a great forest. A venomous tongue hurts not only others, but oneself; James says: "It defileth the whole body," and we may be certain that so long as an evil thought injures the spirit, we cannot escape from our evil words,

Hedges About the Tongue. An old writer says: "We may nes the cunring and curious work of nature which hath barred and hedged nothing in so strongly as the tongue. with two rows of teeth and therewith two lips; besides, she hath placed it far from the heart, that it should not utter that which the heart conceived."

James goes on to speak of the untamableness of the tongue (vv. 7, 8). Every kind of beasts and birds, of creeping things and things in the sea, has been tamed by man, but the tongue can no man tame, although God can do even this thing.

Even after regeneration, wrong habits of speech will assert their sway. How easily the oath springs to the lips of the aforetime blasphemer! Finally, James speaks of the inconsistency of the tongue (vv. 9-12). Therewith we bless God and yet curse men, made in his image; as one has put it, such abusive railing against men is like spitting on the statue of the emperor whom we profess to honor. Even nature rebukes us for such inconsistency, for no fountain sends forth both sweet water and bit-

Aesop, the writer of fables, was i slave. He was once ordered by his master to procure the best things in the market for dinner, and served course after course of tongues. He argued: "Is there anything better than a tongue? Is not the tongue the bond of civil society, the organ of truth and reason and the organ of our praise and the adoration of the gods?" The slave's master directed that the next day he should buy the worst things he could find, and again he brought tongues. This time he reasoned: "The tongue is surely the worst thing in the world. It is the instrument of all strife and contention, the inventor of lawsuits, and the source of divisions and wars; it is the organ of error, of lies, of calumny and blasphemies."

Skimming the Milk. This inconsistency of the tongue appears in the lives of those who even do many deeds of kindness. This was quaintly set forth by an old lady who said to her grandchildren: "If you're going to give me a pan of milk, don't skim it first." They found she meant that when a favor was done for her, she disliked to have it spolled by an ungracious word. "Another errand? I never go downtown without half a dozen commissions. The boy gets the book and really doesn't mind, but he has skimmed the milk. "These gloves ripped again! It seems they always need mending when I am in a hurry." She really wants to keep the gloves neat, but she skims the milk.

What a solemn word James speaks in the first chapter of his epistle (v. 26): "If any man among you seemeth to be religious and bridleth not his tongue, but deceiveth his own heart. this man's religion is vain." How glad we should be that we have our Helper, One of whom it is said that "he opened not his mouth," when it was a time for silence, but of whom it is said also that the people "won dered at the gracious words which proceeded out of his mouth."

Watchfulness Enjoined on All. The children of God, if they rightly take their fatuer's mind, are always disburdened of perplexing carefulness, but never exempted from dillirent watchfulness .- Archbishop Leigh-

Compassion for Sinner. We should not judge a sinner, but rather lament his sins and have compassion on him; since, whilst the grace of God exists, he can always turn to the Lord and repent-Savo-

INTERNATIONAL SUNDAY SCHOOL

(By E. O. SELIERS, Acting Director of the Sunday School Course in the Moody Rible Institute of Chicago.) (Copyright by Western Newspaper Union.)

LESSON FOR JUNE 25

REVIEW, SECOND QUARTEM. READING LESSON-Philippians 1:1-11

GOLDEN TEXT - Finally, brechren whatscever things are honorable, whatso

are lovely, whatsonver things are of good report: if there be any virtue, and if there be any praise, think on these things -Phil 4:8, The lessons for the past three months extend over a period of per-

haps fifteen years, from A. D. 37 or 40 to A. D. 52 or 55. It is the history of an ever expanding church and the ever widening influence of the work which Jesus began and continued to do after his resurrection, through the Holy Spirit. No adequate or proper review can be conducted without the aid of a map. If none is available. take a large sheet of manila paper and let some of the scholars make an outline map showing the strategic centers, Jerusalem, Damascus, Antioch and as far west as Philippi, also the country involved, the ccast line of the "Great Sea," etc. It is a good idea not to locate the chief cities, but have pupils attach to the map smail, round, red and white stickers on which might be printed the name of each city. Then other pupils might trace on the map the course of Paul's journeys. If all of this work is done in the presence of the entire school it will aid greatly in holding attention as well as placing before the scholars a visible delineation of the lands involved in this portion of sacred history. The most outstanding incidents which have been studied during the past quarter, such as the conversion of Saul, the healing of Aeneas, the raising of Dorcas, Peter's visit to Cornellus, etc., could also be located geographically by means of thumb tacks with tags attached. A most interesting review would be to organize in the school a number of travel clubs. Let each club come prepared to give a "travelogue," or travel talk, describing some of the chief events, such as the Damascus journey, a journey to Joppa, to Cyprus, to Iconium, from Antioch to Jerusalem, etc. Let the pupils write out their accounts and as each is written have some scholar indicate on the map the places involved, and others hang up in plain sight of the entire school a piece of cardboard bearing a single sentence indicative of the leading lesson of the event described. This latter will mean to use a sentence or parts of sentences as: "We are men of like passions as you." The element of contest could be employed by having all the pupils in a given de-

course help materially in such a contest by direct suggestion and by encouraging the pupils to undertake the task before them. For the adult and older 'teen age classes it might be well to assign to different scholars a number of great problems which have been treated in the lessons of the quarter, and let each come to the class prepared to read a brief essay or to discuss the subject assigned, relating it of course to the work of the review. (Lesson I.) "How the Holy Spirit converts men today." (Lesson V) "How can the church be aroused to the great work of missions," (Lesson VIII) "The Perils of Popularity." (Lesson XI) "The conditions of salvation" and so on. Another interesting plan would be to have different members of the class prepare at home a brief synopsis of the chief characters of the quarter's lessons: Peter. Dorcas, Cornelius, Rhoda, John, Mark, Barnabas, Silas, Timothy, Luke, Lydia, the Philippian jailor. Of course Paul will have to be considered from many different viewpoints: I aul, the persecutor: Paul, the missionary, the or ganizer, the writer, the great Christian hero. Either assign such subjects or allow the pupils to select The entire book of the Acts is found in miniature in ch. 1:8 and on the map above referred to it might be of interest to draw a series of concentric rings marking each advance. Or on a plain sheet of paper, ignoring the map, draw the rings, the center to represent Jerusalem, the rest Judea or Palestine, the next Syria, the next Asla Minor, and the last one Greece for that is as far as we have gone during the past quarter. Each of the circles can be filled with brief statements or interesting information. It the circles be placed side by side they can be divided into four quarters in one quarter place the names of the chief persons involved, in the second the principal events, in the third the

partment bring such sentences relat-

ing to the lessons on cards, and let

that scholar who can bring the great-

places and in the remaining circle of the dates. Such a use o. charts is valuable in that it appeals to the eye, is a real test of knowledge and helps to systematize our information for future

The facts of the quarter are about as follows: Lesson I. The Risen Christ by his

overwhelming glory conquers his bitter enemy, Saul. Lesson II. Men are healed and the dead raised by the power of the Risen Christ.

Lesson III. Peter, the Jew, is pre pared and Cornellus, the Gentile, is called to a momentous conference. Lesson IV. Jew and Gentile alike receive the gospel and are sealed by

the Holy Spirit. Lesson V. The Risen Christ by his angel delivers his servant. Peter. Lesson VI. The Holy Spirit calls Barnabas and Saul to a world mintstry.

Gemperance

ducted by the National Woman's Christian Temperance Union.)

PROHIBITION FOR KEEPS.

Below are given some of the reasons why Russia will never repeal its prohibitory laws, based on statements made by Ernest Gordon, who has recently visited the country:

In the insanity hospital in connection with the northern Russian army there has been only one case of alcoholic insanity in a year. Such hospitals during the Russo-Japanese war were filled with alcoholic insane,

In one town money grew so plentiful that the villagers clubbed togeher and bought a movie. Charging a small admission fee they grew so embarrassed with the riches that they purchased a brand new fire engine, "the village pride."

The Pirogoff society, the leading medical association of Russia, has heartily indorsed prohibition, declaring that "a whole mass of facts allow us to believe that prohibition has decreased sickness (especially venereal and mental), lessened fires, suicides, crime, accidents and increased material and industrial prosperity.'

There is a general feeling throughout Russia that it is "owing to the temperance movement," that the bad effects of the war are not felt.

One peasant writes of the results of prohibition as "wonderfully good. Joy everywhere! Quite habitual drunkards are well dressed now and have repaired their houses,"

SETTING THE PACE. Referring to the popular belief that the metropolitan centers are citadels of corruption upon which no impression can be made, the Union Signal says that this "big city bugaboo" is now losing its terrors. It points to New York's board of health, to Chicago's Sunday closing, to Philadelphia's stand against the use of alcoholic drinks by its city employees, and remarks that the public will look expectantly to Boston, St. Louis and Baltimore for some spectacular movement which will excel the reforms of the other three. "Meanwhile," it says, "In the great cities of the Pacific coast, Scattle and Portland, and in the municipalities of the middle West, Denver and Des Moines, prohibition is not only demonstrating its success as a panacea for civic ills, but has reached a stage of popularity where the men who wrote and orated against It a few months ago, are now eloquently insisting that from time immemorial they have been its ardent and self-sacrificing advocates."

EXPECT BETTER TIMES. "There have been many dire predictions regarding the disaster that is to follow the departure of the saloon in wet territory in this state, but generally speaking no delusions are held along this line by the more prominent business men of Idaho," says the Botse News. "While they look for a tempoest number of sentences be declared rary depression prior to the readjustthe winner. The teacher must of ment, they expect afterwards impetus In business conditions and even better times than before the saloon became extinct. The fact that much of Idaho has been dry for years and business conditions in the dry territory have even been better in some instances than in the wet territory, leads many business men to believe that the saloon is not so paramount a factor and that with a readjustment the lost rev-

enue from it will not be missed." A FINANCIAL BENEFIT. West Virginia saved \$67,500 last Christmas time through a decrease in murders. Mr. Sim Irion, secretary of the Charleston Business Men's association, cites statistics showing that for 33 years there has been an average of 17 murders in the state during the Christmas holidays, all of them traceable either directly or indirectly to whisky and its evil influences. This Christmas there were only two murders as a result of drinking. The average murder trial in West Virginia, it is stated, costs \$4,500. Seventeen murder trials therefore cost the state \$76,500. Two cost about \$9,000, a saving of approximately \$67,500.

DESTRUCTIVE IMPLEMENTS. Some manufacturer of booze tools for the home is turning out cocktail shakers made in "exact facsimile" of the shrapnel shell cases Europe uses. These trig implements of destruction are shown in one of New York's Fifth avenue shop windows as an attractive "novelty" for shoppers. The people who thought of adapting shell cases to booze have grasped a profound symbolism. The cocktail is about as deadly an explosive as the shrapnel, only its time fuse is rather long. We hardly expected the liquor folks to advertise this resemblance.-Collier's

DOWN GLASSES!

The London Spectator says: "We must fight the Germans with both hands and not with one hand grasping a glass of beer or spirits." And the New York Independent properly asks: "If a man needs two hands to fight with successfully, how can he get along effectively with fewer to work with? If a nation at war cannot spare a hand to hold the liquor glass, how can a people at peace?" And then it sensibly says: "Someone should move to amend the 'Down Glasses' program by striking out the word temporary."

SHIFTS RESPONSIBILITY.

"We had to do it (discontinue liquor advertising). We consider our selves as being in partnership with every business which we advertise, and the liquor partnership is one for which we do not care to carry any further responsibility,"-New York Tribune.

SALOON HELPERS.

"Next to the drinker the say-nothing man or woman and the do-nothing man or woman is the most valuable helper the saloons have."

JUSTICE TO THEM

MIDDLE-AGED MEN NEED FEAR in friendly rivalry. It was known that NO LONGER FOR THEIR JOBS.

Noted Physician Says Big Business Has Learned Value of Mature Judgment and Plodding Stead-Iness in Workers,

American industry can no longer dispense with the middle-aged workers nor even with those verging on old age, writes the noted physician, Dr. 1. Madison Taylor. Middle age and even old age need no longer dread the junk heap on which big business previously proposed to scrap all but the most energetic of the population.

Little more than a year has elapsed since American business pariance began to forget its phrase, "an old man of forty." Little more than a year may elapse before it shall have adopted the phrase, "the young man of Times are changing, and men fifty." with them. Every indication of current indus-

trial, economic and commercial condi- the modesty line changes with the tions evidences the imminent necessity on the part of 100,000,000 composing the population of the continental United States, of increasing enormously their productive capacity and, necessarily, their individual efficiency, The lesson is one that has been inculcated, in various forms of admonition, throughout the past year by students of the European war and of the economic conflict which must follow its conclusion.

Little more than ten years have gone since, throughout the range of "big business," the flat went forth that this is the day of the young men. In many instances employees of undoubted loyalty and complete proficiency were dismissed or denied advancement solely on the score of an age limit which, too frequently, was set at a ludicrously low appraisement.

Even 40 years of live and fruitful activity were supposed to be sufficient to incapacitate a man for the initiative demanded by our "more modern" business methods. Grievous wrong was done large numbers of mature intelligences whose sobriety of judgment more than compensated for the inappreciable abatement of their dynamic energy.

The present insistent demand for workers of all classes has, to a noteworthy extent, swept aside the erroneous verdict of the "big business" of the past decade. The conditions of the immediate future make certain the utilization in some form or other of all of the mental and physical resources of our people, if their industries are to survive in the approaching struggle between European and American industries.

Yet it remains, in the pitiless light of that brief tradition-existing long enough to establish a precedent still respected-for men past the first flush of their early vigor to realize the conditions under which, if at all, they are to come into their own and are to hold it henceforward.

If, in our industries, we are to meet successfully the bitter competition impending, not only must our executives utilize all the labor energy and skill at their disposal, but the men of middle age must do th

most to keep themselves at their best. How shall they do it? As a practical physician, I should advise the average middle-aged man, for his first salvation, to resolve not to squander effort. He must concentrate; he must refrain from assuming useless burdens, however tempting they may be. He must limit his expenditure of energy to the work which he has in hand and limit his appetites to the gratification of those only which shall conserve his working powers,

Middle age, wisely conserved, need not dread comparison with youth's strength weakened by youth's lavish-

ness. Go into German workshops-into any industrial organization in Germany-and you will have visual demonstration of the fact that the men most treasured are the men of middle age and, frequently, old age. These men usually evidence a plodding steadiness which implies less initiative than is to be found in Americans of corresponding years. But the lauded and envied German efficiency has proved their very steadiness, their indefatigableness, their assured expertness to be qualities more than compensating for the "ginger" of mere

Heads Up!

"An expert automobile driver of my acquaintance," says Frederick Upham Adams in American Magazine, "has coined an injunction which might well be adopted by all drivers pending the adoption of the reforms outlined. Most of those who risk their lives crossing sireets between intersections do so with their heads down, their halfclosed eyes fixed on their feet. After successfully dodging such trespassers. or stopping in time to save them from injury, my friend good-naturedly sings 'Heads up, friend!'

"Few take offense at this cheerful admonition, and, as a rule, they lift their heads, square their shoulders, and briskly take an alert way across the street and out of danger."

Knowledge Is Power. It is true that knowledge is power. but how to use this power is another question, and means the learning of another lesson. The Persians have this significant and clever saying: "It takes ten pounds of common sense to carry one pound of learning." As common sense is not so very common after all, it will mean a diligent use of the means to gather ten pounds to carry the one pound of learning, but it can be done. How much better to do it, than to lose the power of knowledge, or waste the learning so hard

Safety First. He was on trial for bigamy. "What," queried the judge, "ever in-

duced you to marry 14 wives?" "Superstition, your h-mor," replied the prisoner. "Thirteen, you know, is considered an unlucky number."

When Greek Meets Greek. Two business men famous for their FRECKLES acumen and keenness in the marts

ly with a cry of delight.

"Oh, here it is!" he said.

"You're a liar!" said his companion

morosely. "I've been standing on it

for ten minutes."-Harper's Weekly.

IF YOU OR ANY PRIEND

chronic, write for my FREE BOOK on Rheuma-tism-Its Cause and Care.

ever written, it's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass. Adv.

Modesty Line Changes.

Mrs. Thomas A. Edison is of the

present day styles of feminine dress

modesty." Perhaps so, but these dress

critics seem to ignore the fact that

Information.

"It's one of those things the drug

flends use to squirt the dope into their

arms with. Why don't you look in the

Take the Ache Out of Foot-Ache.

Eathe your feet in hot water, using

Johnson's Foot Soap, Composed of

Borax, Iodine and Bran. At druggists

or sent postpaid for 25c by Thos. Gill

Soap Co., 711 Kent Ave., Brooklyn, N.Y.

Art Objects Sold.

Haymakers," dating from late in the

seventeenth century, brought \$1,400 at

an art sale at the Anderson galleries,

New York. It went to M. Kernochan.

Other important sales were a large

wine jar of the Sung dynasty in China.

about 960 A. D., sold for \$175; a Chi-

nese painting from the Ming dynasty,

sold to M. Kernochan for \$160; a land

scape painting from the Ming dynasty.

to the same buyer for \$150, and an-

other landscape scene from the Ming

Rather a Stimulus.

"Half the office force are in love

"Does it interfere with their work?"

"Oh, no. They're all speeding up,

Appropriate Illumination.

ball team have at their dinner-shad-

Reproof.

"Does your boy Josh have any ideas

"I should say so," replied Farmer

Cornstossel. "He says I'm all wrong.

I'm spollin' the makin' of a fine set of

rolf links, jes' fur the sake of a little

Sober second thoughts never come

to some men until they find them-

"I can safely say that Hancock Sul-

phur Compound is the best remedy I

have ever used in my family for sores.

One of my little boys, 8 years old.

had a solid sore all over face. We

tried different kinds of medicine, but

none seemed to do any good. Our

Hancock Liquid Sulphur Co., Balti-

more, Md. Write for Booklet -- Adv.

Had to Hunt for It.

Flatbush-Did you ever lose much

Rensonhurst-Oh, yes; we lived out

clone. I spent six days looking for

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for

infants and children, and see that it

Children Cry for Fletcher's Castoria

Where He Fell Down.

Meeker-Just one year ago today I

Meeker-Yes; and right there and

led the woman I married to the altar.

Bears the Cast Hillithing

In Use for Over 30 Years.

Bleeker-You did, eh?

then my leadership ended,

BEST REMEDY FOR SORES,

'No; they had rushlights."

"What kind of lights did the foot-

dynasty to W. Hotchkiss for \$130.

with my pretty stenographer."

trying to win promotion."

about running a farm?"

corn an' hay an' such."

selves in jail.

were well,"

my house.

time house hunting?

ed candles?"

A rare Flemish tapestry entitled "The

"Pa, what is a hypothesis?"

fashions."

dictionary?"

Adv.

of trade were wont to meet on the golf links every Saturday afternoon in friendly rivalry. It was known that they did not discard professional ethics in playing the game, and they watched one another very closely for infractions of the rules. A ball was driven out of bounds and the driver after searching for it earnestly, finally gave up, and, slipping a new ball in his trousers, he cautiously let it drop out by his foot and nicked it up quickly with a cry of delight.

Now Is the Time to Get Rid of These Ugly spota.

There's no longer the slightest need of feeding sahamed of your freekles, as the strength double strength is guaranteed to remove these hemely spota.

Simply get an ounce of othine—double strength and professional ethics of it night and morning and you freekles have begun to disappear, while the lighter of it night and morning and you fitted the strength desired the skin and gain a besutful clear complexion.

Be sure to sak for the double strength outling, as this is sold under guaranteed of money back if it falls to remove freekles.

Censored.

"Our candidate," said the campaign orator, "stands squarely on his record. His life is an open book.'

"How do you know he hasn't torn out some of the pages?" queried a voice from the rear of the hall

Gay Deceivers.

"When I caught that quartette of girls smoking cigarettes, they were so ashamed that they all blushed furiopinion that some of the accepted ously."

"Pshaw! only a case of four have passed "beyond the bounds of flushing."

A Marvel. "Senator Blinks has a wonderful memory, hasn't he?"

"He has indeed. He never forgets a face before election and never remembers a promise afterward."

Willie's Conundrum, "Pa, why is an ice wagon like a

fish? "Don't know, my son, why?" "Because it has scales on it."

Terribly Hard. "We'll have hard luck in this place." "Why so?"

"Nothing but soft drinks."

How Mrs. Kelly Suffered and How She was Cured.

Burlington, Wis .- "I was very irregular, and had pains in my side and back, but after taking Lydia E. Pinkham's



Vegetable Compound Tablets and using two bottles of the Sanative Wash I am fully convinced that I am entirely cured of these troubles, and feel better all over. I know your remedies have

done me worlds of good and I hope every suffering woman will give them a trial."—Mrs. ANNA KELLY, 710 Chestnut Street, Burlington, Wis.

The many convincing testimonials constantly published in the newspapers ought to be proof enough to women who suffer from those distressing ills peculiar to their sex that Lydia E. Pinkham's Vegetable Compound is the medicine they need.

This good old root and herb remedy hes proved unequalled for these dreadful ills; it contains what is needed to restore woman's health and strength.

If there is any peculiarity in your case requiring special ad-A VIRGINIAN WRITES vice, write the Lydia E. Pinkham Medicine Co. (confidential). Lynn, Mass., for free advice. Mrs. C. A. Butler, Salem, Va., writes:

> Malaria or Piles, Sick Headache, Costro Bowels, Dumb Ague, Sour Stomach, and Belching: If your food does not assimilate and you have no appetite, IF YOU HAVE

son, 19 years old, had a sore on his leg for 3 months and nothing did him will remedy these troubles, Price, 25 cents. any good. We used Hancock Sulphur Compound on both and it did its work WHO IS women as well as men are made misers ble by kidney and bladder trouble. Thousands recommend Dr. Root the great kidney remedy. At druggists in fitty-cent and dollar sizes. You may receive a sample size bottle by Parcel Post, shee pamphlet teiling about it. Address Dr. Klimer & Co. Binghamton, N. Y., and enclose ten cents, also mention this paper. quickly and in not over a week both Hancock Liquid Sulphur Compound and Ointment are sold by all dealers.

Take AGAR-AGAR West at one time, and we had a cy- For Chronic Constipation No drugs. Send 50c for box to A. M. HAMMAR

> 750 Reservoir St. Baltimore, Md. Kill All Flies! They Spread Placed anywhere, Delay Fly Killer attracts and kills all flies. Nost, clean, ornamental, convenient, and cheap.

January Communication of the C HAROLD SOMERS, 150 DeKath Ave., Brooklyn, R. Y.

Snow-White Cotton Felt Mattress-auctral toot manufacturing; guaranteed vaving 5s to 112 Thirty days' said. Georgia Ratirest Factory, 45rey, 62 W. N. U., BALTIMORE, NO. 26-1918.



Good Markets-High Prices Prizes Awarded to Western Canada for Wheat, Oats, Barley, Alfalfa and Grasses

The winnings of Western Canada at the Soil Products Exposition at Denver were easily made. The list comprised Wheat, Oats, Barley and Grasses, the most important being the prizes for Wheat and Oats and sweep stake on Alfalfa. No less important than the splendid quality of Western

Canada's wheat and other grains, is the excellence of the cattle fed and fattened on the grasses of that country. A recent shipment of cattle to Chicago topped the market in that city for quality and price. Western Canada produced in 1915 one-third as much wheat

as all of the United States, or over 360,000,000 bushels.

Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the pro-ducer. In Western Canada you will find good markets, splendid schools, excep-tional social conditions, perfect climate

and other great attractions. There is no war tax on land and no conscription. Send for illustrated pamphlet and ask for reduced callway rates, information as to best locations,

J. P. JAFFRAY, Cor. Walnut and Broad Sts., Philadelphia, Pa.