

Summer Luncheons in a jiffy. Libby's Sliced Dried Beef. Libby, McNeill & Libby, Chicago.

A Joy Table. Mother made a "joy table" for her children by sawing off the legs of a kitchen table more than half-way up.

HOW TO TREAT DANDRUFF. Itching Scalp and Falling Hair With Cuticura. Trial Free.

On retiring touch spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water.

A Bad Example. Miss Jane Addams, during a tea at Hull House, said: "I disapprove of the new fashions because they encourage vanity."

Bible Only Noncontraband. During the Civil war the demand for the Scriptures increased and multiplied.

Spoken the Gold Cure. The Spinster—it is said that love is a disease. Do you believe it?

At the Opera. Her (after the performance)—What did you think of the great tenor? Him—I think less of him than I do of the "tenner" I had to give up for our seats.

A Sensible Thing To Do. When the drug, caffeine—the active principle in coffee—shows in headache, nervousness, insomnia, biliousness, jumpy heart, and so on, the sensible thing to do is to quit the coffee.

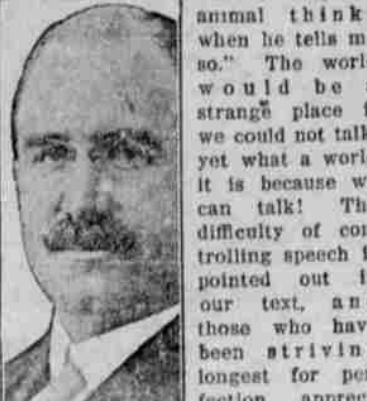
Instant Postum. It is made from wheat roasted with a bit of wholesome molasses and is free from any harmful substance.

There's a Reason for POSTUM. We should not judge a sinner, but rather lament his sin and have compassion on him; since, whilst the grace of God exists, he can always turn to the Lord and repent—Save-narcia.

THE TONGUE

By REV. L. W. GOSNELL, Superintendent of Men, Moody Bible Institute of Chicago

TEXT—If any man offend not in word, the same is a perfect man, and able also to bridle the whole body.—James 3:2.



Speech is a distinguishing gift of man. Said a witty German: "I will believe that an animal thinks when he tells me so."

But James goes on to speak of the mischief which may be wrought by the tongue (vv. 5, 6). It is like a little fire kindling a great forest.

Hedges About the Tongue. An old writer says: "We may see the curving and curious work of nature which hath barred and hedged nothing in so strongly as the tongue."

Finally, James speaks of the inconsistency of the tongue (vv. 9-12). Therewith we bless God and yet curse men, made in his image; and one has put it, such abusive railing against men is like spitting on the status of the emperor whom we profess to honor.

Skimming the Milk. This inconsistency of the tongue appears in the lives of those who even do many deeds of kindness. This was quaintly set forth by an old lady who said to her grandchildren: "If you're going to give me a pan of milk, don't skim it first."

What a solemn word James speaks in the first chapter of his epistle (v. 23): "If any man among you seemeth to be religious and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain."

Watchfulness Enjoined on All. The children of God, if they rightly take their father's mind, are always disburdened of perplexing carefulness, but never exempted from diligent watchfulness.—Archbishop Leighton.

Compassion for Sinner. We should not judge a sinner, but rather lament his sin and have compassion on him; since, whilst the grace of God exists, he can always turn to the Lord and repent—Save-narcia.

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of the Sunday School Course in the Moody Bible Institute of Chicago.

LESSON FOR JUNE 25. REVIEW, SECOND QUARTER.

READING LESSON—Philippians 1:1-11:43-5.

GOLDEN TEXT—Finally, brethren, whatsoever things are honorable, whatsoever things are lovely, whatsoever things are of good report: if there be any virtue, and if there be any praise, think on these things.—Phil. 4:8.

The lessons for the past three months extend over a period of perhaps fifteen years, from A. D. 37 or 40 to A. D. 52 or 55. It is the history of an ever expanding church and the ever widening influence of the work which Jesus began and continued to do after his resurrection, through the Holy Spirit.

Referring to the popular belief that the metropolitan centers are citadels of corruption upon which no impression can be made, the Union Signal says that this "big city bugaboo" is now losing its terrors.

EXPECT BETTER TIMES. "There have been many dire predictions regarding the disaster that is to follow the departure of the saloon in wet territory in this state, but generally speaking no delusions are held along this line by the more prominent business men of Idaho."

A FINANCIAL BENEFIT. West Virginia saved \$67,500 last Christmas time through a decrease in murders. Mr. Sim Ison, secretary of the Charleston Business Men's association, cites statistics showing that for 33 years there has been an average of 17 murders in the state during the Christmas holidays, all of them traceable either directly or indirectly to whiskey and its evil influences.

DESTRUCTIVE IMPLEMENTS. Some manufacturer of booze tools for the home is turning out cocktail shakers made in "exact facsimile" of the shrapnel shell cases Europe uses. These trig implements of destruction are shown in one of New York's Fifth Avenue shop windows as an attractive "novelty" for shoppers.

DOWN GLASSES! The London Spectator says: "We must fight the Germans with both hands and not with one hand grasping a glass of beer or spirits." And the New York Independent properly asks: "If a man needs two hands to fight with successfully, how can he get along effectively with fewer to work with? If a nation at war cannot spare a hand to hold the liquor glass, how can a people at peace?"

SHIFTS RESPONSIBILITY. "We had to do it (discontinue liquor advertising). We consider ourselves as being in partnership with every business which we advertise, and the liquor partnership is one for which we do not care to carry any further responsibility."—New York Tribune.

SALOON HELPERS. "Next to the drinker the say-nothing man or woman and the do-nothing man or woman is the most valuable helper the saloons have."

Temperance Notes

(Conducted by the National Woman's Christian Temperance Union.)

PROHIBITION FOR KEEPS. Below are given some of the reasons why Russia will never repeal its prohibitory laws, based on statements made by Ernest Gordon, who has recently visited the country:

In the insanity hospital in connection with the northern Russian army there has been only one case of alcoholic insanity in a year. Such hospitals during the Russo-Japanese war were filled with alcoholic insane.

There is a general feeling throughout Russia that it is "owing to the temperance movement" that the bad effects of the war are not felt. One peasant writes of the results of prohibition as "wonderfully good everywhere! Quite habitual drunkards are well dressed now and have repaired their houses."

SETTING THE PACE. Referring to the popular belief that the metropolitan centers are citadels of corruption upon which no impression can be made, the Union Signal says that this "big city bugaboo" is now losing its terrors.

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JUSTICE TO THEM

MIDDLE-AGED MEN NEED FEAR NO LONGER FOR THEIR JOBS.

Noted Physician Says Big Business Has Learned Value of Mature Judgment and Plodding Steadiness in Workers.

American industry can no longer dispense with the middle-aged workers nor even with those verging on old age, writes the noted physician, Dr. I. Madison Taylor. Middle age and even old age need no longer dread the junk heap on which big business previously proposed to scrap all but the most energetic of the population.

Every indication of current industrial, economic and commercial conditions evidences the imminent necessity on the part of 100,000,000 composing the population of the continental United States, of increasing enormously their productive capacity and, necessarily, their individual efficiency.

Little more than ten years have gone since, throughout the range of "big business," the flat went forth that this is the day of the young men. In many instances employees of undoubted loyalty and complete proficiency were dismissed or denied advancement solely on the score of an age limit which, too frequently, was set at a ludicrously low appraisal.

Even 40 years of live and fruitful activity were supposed to be sufficient to incapacitate a man for the initiative demanded by our "modern" business methods. Grievous wrong was done large numbers of mature intelligences whose sobriety of judgment more than compensated for the inappreciable abatement of their dynamic energy.

Yet it remains, in the pitiless light of that brief tradition—existing long enough to establish a precedent still respected—for men past the first flush of their early vigor to realize the conditions under which, if at all, they are to come into their own and are to hold it henceforward.

How shall they do it? As a practical physician, I should advise the average middle-aged man, for his first salvation, to resolve not to squander effort. He must concentrate; he must refrain from assuming useless burdens, however tempting they may be. He must limit his expenditure of energy to the work which he has in hand and limit his appetites to the gratification of those only which shall conserve his working powers.

Go into German workshops—into any industrial organization in Germany—and you will have visual demonstration of the fact that the men most treasured are the men of middle age and, frequently, old age. These men usually evidence a plodding steadiness which implies less initiative than is to be found in Americans of corresponding years.

Heads Up! "An expert automobile driver of my acquaintance," says Frederick Upham Adams in American Magazine, "has coined an injunction which might well be adopted by all drivers pending the adoption of the reforms outlined. Most of those who risk their lives crossing streets between intersections do so with their heads down, their half-closed eyes fixed on their feet. After successfully dodging such trespassers, or stopping in time to save them from injury, my friend good-naturedly sings out: 'Heads up, friend!'"

Knowledge Is Power. It is true that knowledge is power, but how to use this power is another question, and means the learning of another lesson. The Persians have said this significant and clever saying: "It takes ten pounds of common sense to carry one pound of learning." As common sense is not so very common after all, it will mean a diligent use of the means to gather ten pounds to carry the one pound of learning, but it can be done. How much better to do it, than to lose the power of knowledge, or waste the learning so hard to gain.

Safety First. He was on trial for judgment. "What," queried the judge, "ever induced you to marry 14 wives?" "Superstition, your honor," replied the prisoner. "Thirteen, you know, is considered an unlucky number."

When Greek Meets Greek.

Two business men famous for their acumen and keenness in the marts of trade were wont to meet on the golf links every Saturday afternoon in friendly rivalry. It was known that they did not discard professional ethics in playing the game, and they watched one another very closely for infractions of the rules. A ball was driven out of bounds and the driver after searching for it earnestly, finally gave up, and slipping a new ball in his trousers, he cautiously let it drop out by his foot and kicked it up quickly with a cry of delight.

"Oh, here it is!" he said. "You're a liar!" said his companion morosely. "I've been standing on it for ten minutes."—Harper's Weekly.

IF YOU OR ANY FRIEND Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheumatism—Its Causes and Cure. Most successful book ever written. It absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass.—Adv.

Modesty Line Changes. Mrs. Thomas A. Edison is of the opinion that some of the accepted present-day styles of feminine dress have passed "beyond the bounds of modesty." Perhaps so, but these dress critics seem to ignore the fact that the modesty line changes with the fashions.

Information. "Pa, what is a hypothesis?" "It's one of those things the drug fends us to squirt the dope into their arms with. Why don't you look in the dictionary?"

Take the Ache Out of Foot-Ache. Bathe your feet in hot water, using Johnson's Foot Soap. Composed of Borax, Iodine and Bran. At druggists or sent postpaid for 25c by Theo. Gill Soap Co., 711 Kent Ave., Brooklyn, N.Y. Adv.

Art Objects Sold. A rare Flemish tapestry entitled "The Haymakers," dating from late in the seventeenth century, brought \$1,400 at an art sale at the Anderson galleries, New York. It went to M. Kernochan. Other important sales were a large wine jar of the Sung dynasty in China, about 950 A. D., sold for \$175; a Chinese painting from the Ming dynasty, sold to M. Kernochan for \$150; a landscape painting from the Ming dynasty, to the same buyer for \$150, and another landscape scene from the Ming dynasty to W. Hotchkiss for \$130.

Rather a Stimulus. "Half the office force are in love with my pretty stenographer." "Does it interfere with their work?" "Oh, no. They're all speeding up, trying to win promotion."

Appropriate Illumination. "What kind of lights did the football team have at their dinner—shaded candles?" "No; they had rushlights."

Reproof. "Does your boy Josh have any ideas about running a farm?" "I should say so," replied Farmer Cornstossel. "He says I'm all wrong. I'm spollin' the makin' of a fine set of col' links, jes' for the sake of a little corn an' hay an' such."

Sober second thoughts never come to some men until they find themselves in jail.

BEST REMEDY FOR SORES. A VIRGINIAN WRITES. Mrs. C. A. Butler, Salem, Va., writes: "I can safely say that Hancock Sulphur Compound is the best remedy I have ever used in my family for sores. One of my little boys, 8 years old, had a solid sore all over face. We tried different kinds of medicine, but none seemed to do any good. Our son, 19 years old, had a sore on his leg for 3 months and nothing did him any good. We used Hancock Sulphur Compound on both and it did its work quickly and in not over a week both were well."

Had to Hunt for It. Flatbush—Did you ever lose much time house hunting? Bensonhurst—Oh, yes; we lived out West at one time, and we had a cyclone. I spent six days looking for my house.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletcher. In Use for Over 30 Years. Children Cry for Fletcher's Castoria.

Where He Fell Down. Meeker—Just one year ago today I led the woman I married to the altar. Bleeker—You did, eh? Meeker—Yes; and right there and then my leadership ended.

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as the prescription outline—double strength—is guaranteed to remove these hairy spots. Simply get an ounce of outline—double strength—from your druggist, and apply a little of it night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and give a beautiful clear complexion.

Be sure to see that the double strength outline is sold under guarantee of money back if it fails to remove freckles.—Adv.

Censored. "Our candidate," said the campaign orator, "stands squarely on his record. His life is an open book."

"How do you know he hasn't torn out some of the pages?" queried a voice from the rear of the hall.

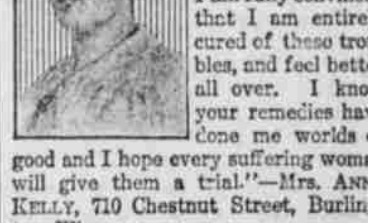
Gay Deceivers. "When I caught that quartette of girls smoking cigarettes, they were so ashamed that they all blushed furiously."

"Pshaw! only a case of four flushing."

A Marvel. "Senator Blinks has a wonderful memory, hasn't he?" "He has indeed. He never forgets a face before election and never remembers a promise afterward."

Willie's Conundrum. "Pa, why is an ice wagon like a fish?" "Don't know, my son, why?" "Because it has scales on it."

Terribly Hard. "We'll have had luck in this place." "Why so?" "Nothing but soft drinks."



Burlington, Wis.—"I was very irregular, and had pains in my side and back, but after taking Lydia E. Pinkham's Vegetable Compound Tablets and using two bottles of the Sensitive Wash I am fully convinced that I am entirely cured of these troubles, and feel better all over. I know your remedies have done me worlds of good and I hope every suffering woman will give them a trial."—Mrs. ANNA KELLY, 710 Chestnut Street, Burlington, Wis.

The many convincing testimonials constantly published in the newspapers ought to be proof enough to women who suffer from those distressing ills peculiar to their sex that Lydia E. Pinkham's Vegetable Compound is the medicine they need.

This good old root and herb remedy has proved unequalled for these dreadful ills; it contains what is needed to restore woman's health and strength.

If there is any peculiarity in your case requiring special advice, write the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for free advice.

IF YOU HAVE Malaria or Piles, Sick Headaches, Constipation, Bowels, Dumb Ague, Sour Stomach, and Bitching; if your food does not assimilate and you have no appetite, Tut's Pills will remedy these troubles. Price, 25 cents.

WHO IS TO BLAME Women as well as men are made responsible by kidney and bladder trouble. The greatest kidney remedy. At druggists in fifty-cent and dollar sizes. You may receive a sample bottle by Parcel Post, also pamphlet telling about it. Address Dr. J. C. Fletcher, 209 Northampton St., N. Y., and enclose ten cents, also mention this paper.

Take AGAR-AGAR For Chronic Constipation No drugs. Send 50c for box to A. M. HAMMAR 750 Reservoir St. Baltimore, Md.

Kill All Flies! They Spread Disease. Daisy Fly Killer attacks and kills all flies, mosquitos, house flies, and other insects. It is safe for all animals and humans. It is the most effective fly killer ever made. It is sold in 5-cent and 25-cent packages. Write for free literature. Daisy Fly Killer Sold by druggists, or sent by parcel post. HAROLD SOMERS, 1500 DeKalb Ave., Brooklyn, N. Y.

W. N. W., BALTIMORE, NO. 26-1916.

Bumper Grain Crops

Good Markets—High Prices. Prizes Awarded to Western Canada for Wheat, Oats, Barley, Alfalfa and Grasses. The winnings of Western Canada at the Soil Products Exposition at Denver were easily made. The list comprised Wheat, Oats, Barley and Grasses, the most important being the prizes for Wheat and Oats and sweep stake on Alfalfa.

No less important than the splendid quality of Western Canada's wheat and other grains, is the excellence of the cattle fed and fattened on the grasses of that country. A recent shipment of cattle to Chicago topped the market in that city for quality and price. Western Canada produced in 1915 one-third as much wheat as all of the United States, or over 300,000,000 bushels. Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the revenue for the producer. In Western Canada you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There is no war tax on land and no conscription. Send for illustrated pamphlet and ask for reduced railway rates, information as to best locations, etc. Address Superintendent Immigration, Ottawa, Canada.

J. P. JAFFRAY, Cor. Walnut and Broad Sts., Philadelphia, Pa. Canadian Government Agent.