

HOW MRS. BEAN MET THE CRISIS

Carried Safely Through Change of Life by Lydia E. Pinkham's Vegetable Compound.

Nashville, Tenn.—"When I was going through the Change of Life I had a tumor as large as a child's head. The doctor said it was three years coming and gave me medicine for it until I was called away from the city for some time. Of course I could not go to him then, so my sister-in-law told me that she thought Lydia E. Pinkham's Vegetable Compound would cure it. It helped both the Change of Life and the tumor and when I got home I did not need the doctor. I took the Pinkham remedies until the tumor was gone, the doctor said, and I have not felt it since. I tell every one how I was cured. If this letter will help others you are welcome to use it."—Mrs. E. H. BEAN, 525 Joseph Avenue, Nashville, Tenn.

Lydia E. Pinkham's Vegetable Compound, a pure remedy containing the extractive properties of good old-fashioned roots and herbs, meets the needs of woman's system at this critical period of her life. Try it.

If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.



For Spavin

curb, splint,weeney, wounds, swellings, galls, sprains, scratches, collar boils, etc. Yager's Liniment gives the most satisfactory results. It dispels the pain and stiffness and absorbs the swellings very quickly.

YAGER'S LINIMENT

Recommended by Driver and Trainer
Mr. B. L. Tuft, Salem, N. J., writes: "Yager's Liniment is the most wonderful horse liniment I ever used. Have been bandaging and training horses for speed for 20 years and have had hundreds of different brands of so-called horse remedies. I wish your liniment the large sale it deserves and recommend it most highly."
—Driver and Trainer,
W. Penn Record 1217.
Put in large bottles containing eight ounces.
At all dealers.
25c a bottle.
Prepared by GILBERT BROS. & CO., INC. BALTIMORE, MD.

Why not do something for your Corns, Calluses, Bunions, and Aching, Throed, Tender, Swollen

FEET

A hot foot bath with JOHNSON'S FOOT SOAP will relieve them at once and make life worth living. The safe and sure remedy composed of the old and reliable ingredients—Borax, Loline, and Eucalypti. See package for full directions or send prepaid on receipt of the price by the manufacturer, THOMAS GILL SOAP CO., 711-717 East Ave., Brooklyn, N. Y.

Rheumacide

The Reliable Remedy for lumbago, gout and RHEUMATISM GETS AT THE JOINTS FROM THE INSIDE

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SAVE YOUR MONEY.

Tutt's Pills

Astonishing Value in Genuine Palm Hats

Sold to agents, storekeepers, and mail order distributors at the remarkable price of 2 for 12 cents. Postpaid. 10-cent Hat for Farm use. Send 25 cents for sample hat, general catalog, and special prices for quantities.

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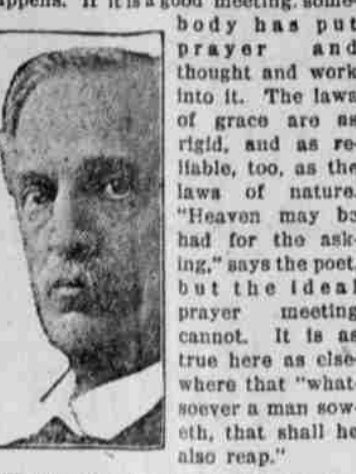
W. N. U., BALTIMORE, MD., 14-1916.

The Master's Reception Evening

By REV. HOWARD W. POPE of the Moody Bible Institute of Chicago

TEXT—Not forsaking the assembling of ourselves together.—Heb. 10:25.

I. The ideal prayer meeting never happens. If it is a good meeting, somebody has put prayer and thought and work into it. The laws of grace are as rigid, and as reliable, too, as the laws of nature.



"Heaven may be had for the asking," says the poet, but the ideal prayer meeting cannot. It is as true here as elsewhere that "whatsoever a man soweth, that shall he also reap."

Hence the leader should prepare carefully. The hymns can be selected; one person can be asked to pray for the sick, another for the absent, and so on. Attention to details helps immensely. But especially should the leader wait upon God in prayer until his heart burns with love, and his soul is sensitive to the faintest whisper of the Holy Spirit.

Not only the leader, but all the members should prepare. Let them read, think and pray over the subject. Let them deny themselves daily, for a godly life is the best preparation for an ideal meeting.

II. The ideal prayer meeting has an object as well as a subject—a definite object, never to be forgotten by the leader or the workers.

What is that object? It is not simply to have an interesting meeting. A service may be interesting, and yet be so devoid of spirituality as to suggest only "sounding brass and tinkling cymbals." The real object is to awaken spiritual emotion, to bring the soul face to face with God, to kindle fires of devotion until the altar is all ablaze with the sacrifice of willing hearts, and there comes over the audience that indescribable thrill and holy hush which betokens the presence of God, and which makes every heart ready to say, "O God, thy will be done."

This is the true object of a prayer meeting—to bring every soul to the point where it is willing to do its duty, so that decisions may be made and results may be secured right then and there. At the close of a meeting where the theme was temperance the tide of feeling rose so high that 64 young men and women signed a total abstinence pledge and thereby completely revolutionized the temperance sentiment of that church.

Whatever the subject of the meeting, never lose sight of the object. Feeling which does not lead to action is of questionable value.

III. The ideal meeting is cheerful, social and hearty. Have a bright carpet on the floor, appropriate pictures on the wall, flowers on the table, and the room seated with chairs. Make it look as little like a church, and as much like a home as possible. Lay off hats, wraps and overshoes. Let the whole atmosphere of the service be bright, breezy and cheerful.

Have a "smile-up" committee at the door to welcome strangers and to distribute the literature widely—the small boys apart from each other, the workers near the convected, and the timid ones near the more spiritual.

Into this "rest for the weary" come with your thanksgiving and rejoicing. Make the walking ring with song. Let the most spiritual members lead in prayer until a strong devotional atmosphere has been created, which will make it easy for anyone to confess Christ.

Be simple, and above all, sincere, especially in prayer. Remember the Quaker who was to share the room of another at a convention. After he had knelt and prayed the Quaker took his hat and prepared to depart. "Hold on," said the other. "I thought you were going to spend the night with me." "I was," said the Quaker, "but since I heard you pray I have changed my mind. If you are the kind of a man you said you were in your prayer, I am afraid to sleep with you."

Be cheerful! But had his discouragements, but he kept them to himself. Cultivate the habit of handshaking, and do not wait for an introduction. In short, strive to be

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of Sunday School Course of the Moody Bible Institute, Chicago. (Copyright, 1916, Western Newspaper Union.)

LESSON FOR APRIL 2

CONVERSION OF PAUL.

LESSON TEXT—Acts 9:1, 31 (See also Gal. 1:11, 17; 1 Tim. 1:12, 13).

GOLDEN TEXT—Faithful is the saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners: of whom I am chief.—1 Tim. 1:15 R. V.

No other man, save our Lord, has made such an impress upon history as the "Jew of Tarsus." Read carefully and repeatedly Acts, chapters 9:22, 23 and 26.

I. Saul the Man. (1) Physically, We know but little of Saul (see Ramsey, Conybeare and others), but we know from his labors that he was a man of tremendous vitality. Distant Damascus knew of his work (v. 13) and he himself testifies as to his activities (22:3-26:11). (2) Religiously he belonged to the strictest of the strict, the Pharisees (26:5-9-11). His anger at Jesus and the disciples was a consuming passion; literally, he "breathed threatening and slaughter" (v. 1). In all his violence he was conscientious, but yet he was awfully and terribly wrong, and what is more, his actions were not alone against the disciples but against Jesus (v. 5). (3) Politically Saul was perfectly legal in keeping the law and in his executions in the name of the law. Doubtless a member of the Sanhedrim (26:10), his hatred knew no pity; it included all who believed in Jesus. (4) Mentally this man transcends all who have ever followed Jesus. A man of intense convictions, a slave to a misdirected conscience, a titan of gigantic force and power once in the right channel.

II. Saul Saved. (1) This man was first humbled (v. 4). God put forth his hand to save the elect at Damascus, though he let Saul go a long way in his mad career. When he did act, it was "suddenly" and by means of the glory of Christ's resurrection (v. 7, 1 Cor. 15:8). Though it was "about noon," yet this glory outshone the brightness of the Syrian sun (ch. 26:13). Many who speak bold blasphemous words would also be cast down did they but really see his glory. (2) Saul is not left thus stricken, but it is called from above (v. 9). The question of Jesus (v. 4) was a most startling one and that, with the answer to his honest inquiry, convicted him of what must have been a lurking suspicion in his mind, viz.: that he was wrong and Jesus was truly the Messiah. Then follows the question of a humble man (v. 6) and the clear instructions as to his immediate conduct.

III. Saul Sent. The first evidence of the change wrought in Saul was: (1) Obedience (v. 8). His companions heard but did not understand. There is no contradiction (v. 7, Acts 22:9), as this is the translation used elsewhere. Saul is given three days for meditation (v. 9), and he made good use of the time. (2) Praying (v. 11). The result was (3) a vision (v. 12) (not only one, as there are others recorded) which resulted in changed individuals and nations. But his vision was (4) a thorough commission (v. 15). (a) Greeks—"Gentiles," and (c) Jews—"children of Israel." Along with his vision and commission there was given enabling power, the endowment of the Spirit. The agent God chose for the bestowing was Ananias, not an official, merely "a certain disciple." The gift of the Spirit for power and service is not necessarily by the "laying on of hands." It came to Mr. Moody as he walked the streets of New York without earthly companions. But the other conditions were fulfilled, a repentant, prayerful man and a ready and obedient servant who, though filled with fear and protest (v. 13, 14) yet takes God at his word and goes at once to his task. As we read verses 17 and 18 we discover that this special filling of the Spirit was very evidently given to Saul before he received Christian baptism—read the order of events carefully. God's gift of the Holy Spirit for the testimony and service is not the perquisite of the church, priesthood, nor the result of any order of ceremony followed by men. Jesus' instructions to Ananias were very simple and plain: most of the great events that have changed the courses of history have also been hinged upon like simple actions. Ananias had no instructions about the Holy Spirit, only to restore Saul's sight. Much as he dreaded him, he salutes Saul as "brother" (v. 17) in the name of the "Lord Jesus"—such is the only true brotherhood that stands the acid test of time and usage. Jesus is, outside of the Gospels (11 Cor. 5:16), always referred to as Lord, and we do well to follow the Bible example.

IV. Saul Serving (1) At Damascus. Saul is given refreshment (he always lays emphasis upon the body) and straightway began to testify to the amazement of the people. From Gal. 1:15, 17 it is plain that he did not remain all of the time in the city, nor did he at once return to his friends in Jerusalem. This period is similar to the "hidden years at Nazareth" which our Lord spent ere he began his ministry.

It was a time of rest, reflection, analysis, meditation and formulation of his "gospel" (Rom. 3:19-28).

(2) At Jerusalem. His testimony was distasteful at Damascus (v. 23-25) and so he sought Jerusalem, only there also to find distrust and rejection. Then Barnabas did a great work for the Kingdom by showing his brotherly fellowship and trust and becoming sponsor for him to the early church.

It was not long ere he had to flee Jerusalem and finally return to his childhood home, Tarsus (v. 31).

SOME WESTERN CANADA GRAN REPORTS

In its issue of February 24th, 1916, the Wadena (Minn.) Pioneer Journal has the following

Oats 115 Bushels Per Acre.

letter from Western Canada written by Walter Gloedue, who is renewing his subscription to his home paper: "The times we are having up here are very good in spite of the war. I have had very good crops this fall and we are having very good markets for it all. Wheat went from 39 to 69 bu. to the acre, oats from 50 to 100 bu. to the acre. I had an 18-acre field of oats which yielded me 115 bu. per acre by machine measure, so I think this is a pretty prosperous country. I have purchased another quarter section, which makes me now the owner of three-quarters of a section of land. The weather was very nice this fall up to Christmas, then we had quite severe weather, but at the present time it is very nice again."

"I lived many years in Alberta; filed a homestead in the Edmonton district; own property in several parts of Alberta. I found it one of the best countries I ever saw; its banking system is better than that of the United States; one quarter section I own, with about \$4,000.00 worth of improvements, pays \$15.00 a year taxes. All tax is on the land; implements and personals are not taxed. I was secretary-treasurer of Aspenduff school district for two years. My duties were to assess all the land in the district, collect the tax, expend it (\$1,000.00 a year), hire a teacher, etc. for the sum of \$25.00 a year. Some economy, eh!"

"All school and road taxes are expended in the districts where they are collected. There are no other taxes. Land titles are guaranteed by the government and an abstract costs fifty cents. Half of the population of Alberta are Americans or from Eastern Canada. (Sgd.) WILL. TRUCKENMILLER." Advertisement.

Doubtful Optimist. "Are you an optimist?" "Yes. I think the world is getting better every day, although I must admit it looks like an exceedingly painful convalescence."

FOR ITCHING SCALP And Falling Hair Use Cuticura Soap and Ointment. Trial Free.

When the scalp is itching because of dandruff and eczema a shampoo with Cuticura Soap and hot water will be found thoroughly cleansing and soothing, especially if shampoo is preceded by a gentle application of Cuticura Ointment to the scalp skin.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

City Without Private Houses. In one respect—a point not so flattering to metropolitan complacency—New York is unique among great cities: Manhattan is a city without private houses. In the last fifteen years few private dwellings have been built, except those of millionaires. In that same period thousands of the old brown stone fronts of a previous generation have been dismantled to make way for tenements and apartments. Forty years the city has been undergoing a process of "tenementization." New York is a city almost exclusively of tenements and apartments—that is its most striking architectural and social characteristic.

TAKE SALTS TO FLUSH KIDNEYS IF BACK HURTS Says Too Much Meat Forms Uric Acid Which Clogs the Kidneys and Irritates the Bladder.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clear, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia water drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

All He Wanted and More. "Did you ever have all yer wanted of anything?" "Yes; two things—advice and water."

ELIJAH BABER WORTH ITS WEIGHT IN GOLD IN THE PHILIPPINES. I contracted malaria in 1908, and after a year's fruitless treatment by a prominent Washington physician, your ELIXIR BABER entirely cured me. On arriving here I came down with tropical malaria—the worst form—and sent home for ELIXIR BABER. A single dose of it was worth its weight in gold here. Broads O'Hagan, Troop E 8th U. S. Cavalry, Balabran, Philippines.

There's many a slip 'twixt the cup and lip, but only one between a man and the sidewalk.

OLD COURT PROCEDURE

SOMEWHAT DIFFERENT FROM THAT OF THE MODERN DAY.

Elaborate Ceremonial and Dignified Proceedings Were Frequently Dispensed With in the Early Days of the Country.

"Oyez! Oyez! Oyez! Know ye all that the honorable circuit court of Peoria county now stands convened pursuant to adjournment." This is the impressive ceremony used and the words spoken aloud when circuit court judges step to the bench. In federal courts all spectators and attaches are required to arise and remain standing until the court has been seated. In the days of 1818 to 1830 things were different, as early historical records show, observes the Peoria Tribune. Records of those days show one incident in which Judge John Reynolds was seated on the circuit bench in Washington county when the following procedure was followed: "Boys, come in. Our John is going to hold court," the sheriff said to the spectators, jurors and attorneys who had gathered on the grass in the court-house yard.

The courts in those days were held mostly in log houses or in barrooms of village taverns fitted up for the purpose, with a temporary bench for the court and benches and chairs arranged for the jurors, lawyers and spectators. In general, the judges were adverse to rendering decisions on points of law and preferred to submit all questions to the jurors for a decision.

One instance is cited when attorneys requested the court to instruct the jurors on questions of law. The judge after rubbing his head and face with his hands and reflecting a few moments, said to the lawyers: "Why, gentlemen, the jury understands it; they need no instructions; no doubt they will do justice in this case."

The same justice presided in a case of a man named Green who was convicted of murder. It became the unpleasant duty of the judge to pass sentence upon the man. He called the prisoner before him and said: "Mr. Green, the jury says you are guilty of murder and the law says you are to be hung. I want you and all of your friends down on Indian creek to know that it is not I who condemn you. It is the jury and the law. Mr. Green, what time would you like to be hung? The law allows you time for preparedness."

"I am ready at any time, your honor. Those who kill the body have no power to kill the soul. My preparation is made and I am ready," was the reply of the prisoner at the bar.

"Mr. Green, it is a very serious matter to be hung; it can't happen to a man but once in his life. You had better take all the time allowed. I will give you until this day four weeks," was the sentence of the court.

James Turney, attorney general, who was prosecuting the case, reminded the court that it was the duty of the judge to warn the prisoner of the consequences he was facing, to reprove him for his guilt, and to warn him against the judgment in the world to come. The court replied: "Oh, Mr. Turney, Mr. Green understands the whole matter; he knows he has got to be hung; you understand it, don't you, Mr. Green?"

No Wonder She Chuckled. In a name there was embarrassment for one woman. Her name was Mrs. Fish. In the lobby of a Broadway hotel she met Mrs. Roach, and while she was conversing with her along came Mrs. Crabb. "Why, this is a pleasure, Mrs. Fish," breezily said Mrs. Crabb. Mrs. Fish saw the embarrassment of the situation and hesitated before introducing Mrs. Crabb to Mrs. Roach. And when she did Mrs. Crabb, who was a youthful matron, saw the humor of the situation and gave vent to a loud chuckle. Mrs. Roach was a dignified woman who had crossed the Rubicon of life. She froze up immediately. "Who is this boisterous person, Mrs. Fish?" she asked, at the same time giving Mrs. Crabb the icy stare. "I must be going, anyway; so glad to have met you." And as Mrs. Roach departed Mrs. Fish and Mrs. Crabb, who were both young enough to be in the swim, laughed uproariously.

Seventeen Warrior Presidents. It is interesting at this time, when the whole world is talking about the greatest of all wars, and our president goes out to talk about preparedness, to mention the fact that 17 of the 26 presidents were soldiers—Washington, Jefferson, Madison, Monroe, Jackson, Harrison, Taylor, Pierce, Lincoln, Johnson, Grant, Hayes, Garfield, Arthur, Harrison, McKinley and Roosevelt.

Flustered Savant. "Is Professor Diggs still interested in Egyptology?" "Oh, yes, but he had a rather trying experience recently." "What happened to him?" "He was asked by some of the local stage censors just how far, in his opinion, an oriental dancer should be permitted to go."

Too Good. "I hear you're thinking of buying a new car." "Yes. My chauffeur complains that the old one doesn't get out of repair often enough."

Doctoring Mania. Some women are so thoroughly infected with the doctoring mania that when baby is entirely well and the old man's gripe has disappeared, she will imagine the old cow is sick and nearly dose her to death.

Willing to Be Heroic. "Some men are so self-forgetful," said Uncle Eben, "dat dey's almost willin' to take deir share of a grip epidemic for de sake of seein' other people suffer."

Hot Water Each Morning Puts Roses in Your Cheeks



To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken each day leave in the alimentary organs a certain amount of indigestible material, which if not eliminated, form toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you are told to drink every morning upon arising, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweetening and purifying the entire alimentary tract.

Prying Cow Storms Trench. Thor Skoggaard may work with a periscope when he is digging hereafter.

He was plying pick and shovel in an excavation at Thirty-fifth and Lyndale avenues N., when a large object lurched to the edge of the hole and dropped in.

It was a cow. She stuck so tight that it took two fire companies to hoist her out and release the workman. Skoggaard resumed his labor.—Minneapolis Journal.

The Remedy. "Would you like some tonic on your hair?" asked the barber. "I've got something here that will positively stop it from coming out." "I don't believe it," said the man in the chair. "The only thing that will stop my hair from coming out is a divorce."

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *W. D. Hoagland* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Polite Man. Landlady—I hate to remind you of your board bill. Mr. Stowpaw—Don't mention it.

Adam's apple was given to him to remind him of the time when he got it in the neck.

If you are in a hurry avoid the train of thought.

BACKACHE AND KIDNEYS IN THE SPRING

Dear Mr. Editor: For the benefit of others, I gladly give this statement regarding the merits of "Anuric." Am nearly 76 years of age. I suffered from backache, weak back, rheumatism, and could not control the excretion of the kidneys. I can safely say that "Anuric," the new discovery of Dr. Pierce, of Invalids' Hotel, Buffalo, N. Y., has done me more real good than anything I have ever taken for these ailments. Signed—Mrs. N. M. Flint.

NOTE:—A new remedy, called "Anuric," has been discovered by Dr. Pierce. It cures backache, headache and the darting pains and aches of rheumatism, kidney and bladder troubles. This "Anuric" is 37 times more potent than lithia, and dissolves uric acid, as hot water does sugar.

Dr. Pierce's Golden Medical Discovery is absolutely free from alcohol and injurious drugs. Its ingredients printed on wrapper. You can be certain it is a true blood-maker, tissue-builder, and a restorative nerve tonic and that it will produce no evil after-effect. Thousands—probably many of your neighbors—are willing to recommend "Golden Medical Discovery" because it has made them stronger in body, brain and nerve.

Wanted 50,000 Farm Hands

of experience at once on the farms of Western Canada

To replace the young farmers who have enlisted for the war. Good wages and full season's work assured.

There is no danger or possibility of Con-scription in Canada.

References required from all applicants. For special railway rates and other information apply to J. P. JAFFRAY, Cor. Walnut and Broad Sts., Philadelphia, Pa.

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