

KEEP YOUNG

As well be young at 70 as old at 50. Many elderly people suffer lame, bent, aching backs, and distressing urinary disorders, when a little help for the kidneys would fix it all up. Don't wait for gravel, or Bright's disease. Use Doan's Kidney Pills. They have helped thousands, young and old, and are recommended by thousands.

A Pennsylvania Case

Mrs. F. Rodgers, 514 Talbot Ave., Braddock, Pa., says: "I was afflicted with kidney troubles and my limbs were swollen. After the usual treatment failed to help me, I used Doan's Kidney Pills and they cured me. Occasional use since, has prevented any return of the trouble."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

New Uniform for Cuba's Navy

The general staff of the Cuban navy has appointed a committee to study designs for a new uniform for the officers and enlisted men of the navy. The present uniform, which is almost exactly like that used by the United States, is said to be too expensive for Cuba. New equipment will also be sought by the committee for the Cuban naval cadets.

Naturally poets are born, but cooks are better paid. There's a reason!

The Home Remedy for coughs, colds, hoarseness; pleasant to take and sure to help when needed.

Hale's Honey Of Horehound and Tar. A tonic, expectorant and laxative. Contains no opium nor anything injurious. Sold by all druggists.

Relieves Neuralgia. Nothing gives such quick relief from neuralgia, sciatica or rheumatism as Yager's Liniment. It stops pain and allays the inflammation instantly. YAGER'S LINIMENT. The great external pain reliever.

Constipation Vanishes Forever. Prompt Relief—Permanent Cure. CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner. Indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

Best Ever for Coughs Sore Throat, Hoarseness. Just the minute you start to cough, or your throat tickles or is sore, get a 25 cent bottle of Dr. Bull's COUGH SYRUP.

Dr. Bull's COUGH SYRUP. Its soothing action is felt at once and relief comes promptly. Many mothers recommend it for children's croup and whooping cough. 25¢ and 50¢ bottles each. FREE TEST. Write to A. C. Meyer & Co., Baltimore, Md.

Four Dollars a Month. Buy a paper that contains the best elements of an insurance policy, Bond and Savings Bank. You are guaranteed four per cent on your money, can borrow \$500 on each contract, at five per cent, with ten years to repay. Provides for a home and constitutes insurance, before and after death. Send for our booklet, "Co-operative Home Financing." THE FINE BIRTH & MORTGAGE COMPANY, NASHVILLE, TENNESSEE.

NURSERY STOCK!!! All kinds of fruit, ornamental and shade trees, berry bushes, flowering shrubs and plants. Write us for prices wholesale and retail. Catalogue free. Do not order until you see our prices. FRANKLIN DAVIS NURSERY CO., Wm. F. Stone, Trustee, Baltimore, Md.

PARKER'S HAIR BALM. A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and 1.00 per bottle.

WANTED. Expert reporter death cases throughout the country. Share \$500 to \$1000. Write for details. E. J. BROWN, 1122 Walnut St., Philadelphia, Pa.

AGENTS. Men and women to sell our new and improved... Write for details. E. J. BROWN, 1122 Walnut St., Philadelphia, Pa.

PATENTS. Watson E. Coleman, Washington, D. C. Booklet free. High on inventions. Best results. Your Name in Gold. Write for details. W. N. U., BALTIMORE, NO. 9-1916.

TEMPERANCE NOTES

(Conducted by the National Woman's Christian Temperance Union.)

COMPARE THESE FIGURES.

Why is prohibition sentiment making such rapid strides in Ohio? Here are some facts that may partly answer the question: The 45 dry Ohio counties sent to the State Industrial school, during the year, 76 boys. The 43 wet counties, entitled by population to send 228, sent 250.

The 45 dry counties sent to the penitentiary 106. The 43 wet counties, entitled by population to send 318, sent 609.

The 45 dry counties sent to the reformatory 83. The 43 wet counties, entitled by population to send 243, sent 582.

The 45 dry counties sentenced to workhouses 118. The 43 wet counties, entitled by population to send 354, sent 967.

The 45 dry counties sentenced to jail imprisonment 497. The 43 wet counties, entitled by population to send 1,491, sent 2,645 (with Cleveland not reported to add to the wet side).

The 45 dry counties expended for maintenance of jail prisoners \$21,316.06. The 43 wet counties, entitled by population to \$63,948.18, spent \$129,750 (with Lucas and Clark counties and the cities of Toledo and Springfield not reported to add to the wet side).

Cost of jail prisoners in 45 dry counties, one year, \$21,316.06. Cost in one wet county alone (Hamilton), with only one-third as many people, \$21,037.90.

LIQUOR MEN'S ARGUMENT.

Replying to the paid orators of the saloon who declare that it was not intended that men should drink alcoholic liquor God would not have created the rye, the corn, etc., from which it is manufactured, the American issue says: "They might declare that if God had not intended men to drink booze, he would not have created the wood that builds the saloon, the brass in the fixtures, the quartz melted into the goblet or the iron which, molten, makes the stove. They might carry the argument farther and say that if God had not intended men to drink alcohol that he would not have created the mouth with which to imbibe. Until it can be shown that God created a man's tongue so that he could lie and hands that he might steal, there is not very much in the argument that the Creator made corn and rye that men might make alcohol therefor for the purpose of poisoning themselves and their fellowmen for profit."

ACKING TOO MUCH.

"I belonged to the Good Fellows' club until a little while ago, and I left it—not for any moral reason, but for a cold-blooded reason. I thought Mr. Barleycorn was asking just a little too much for liquor. In addition to the price that he and I agreed upon, he asked for my country—my government, local, state and national. He demanded a mountain range of blasted homes; 50,000 boys and girls as driftwood in his River of Death; the eyesight of babies and the peace of old age.

"Barefoot soldiers gave us independence, but barefoot children do not have to give us revenue! In this fight you do not have to die. All you have to do is to make a modest investment in human progress and in the Kingdom of God."—Ex-Congressman Landis of Indiana.

RESPECT FOR MINISTER.

A saloonkeeper offered a young minister \$40 to help pay a church debt. The money was needed very badly, but the minister replied: "Before I accept that contribution I must let you know my attitude toward your business. As long as I am a minister in this town I shall fight your business as hard as I know how. I shall tell the young men and boys what you will do to them, and if I get a chance when election time comes I shall vote to put you out of business." The saloonkeeper thrust the money toward the minister and said: "Take it; I wouldn't have any respect for you if you didn't do those very things."

TEMPTING FUTURE SOLDIERS.

In Britain 4,000,000 men have applied for service. One million have been rejected. If peace standards were being applied 3,000,000 would have been rejected. Commenting upon this, Dr. C. W. Saleeby, the eugenist, says: "We tempted the future soldiers with drink at sixteen. This million of rejected men were once younger." He also says: "No instructed German would deny the fact that his own country's figures are worse."

DEAD SURE TO LOSE.

"There are two things that are hurrying national prohibition," said a brewery agent to a W. C. T. U. woman—"first, the great new efficiency basis in the industrial world (men of capital and men of the laboring class have come to see that John Barleycorn does not pay in dollars and cents); and second, the enfranchisement of the women of the United States. If the big corporations do not put us out of business before long, the woman's ballot will dead sure."

AID COMMON DEFENSE.

Will not national prohibition aid wonderfully "in providing for the common defense" by making us, or at least helping to make us, a virile, strong, and sober nation? Will it not be a potent factor in the establishment of "domestic tranquility"? What is there that disturbs "domestic tranquility" more than the drinking of twenty-five gallons per capita of alcoholic beverages every year, as do the people of this country?—Congressman Caleb Powers of Kentucky.

Successful Combination of Two Fabrics



The combination of two materials in suits and gowns for spring is an item of style that is already established, along with the fact that skirts are longer. We are assured that bodices are to be tight fitting, and that skirts are to be full enough—are to be fuller, but the story of spring styles is not all told, and these things remain to be proved. The combination of two materials has already made a success, and appears to be as welcome as is the spring itself.

In dresses for afternoon and evening wear, crepe and taffeta are used together with perfect success. Taffeta and lace make another combination that has proved its merit, faille and satin is still another. Two kinds of cloth, or two kinds of silk are as well liked, it seems, as the more familiar joining of silk with cloth. Each is to do as she likes in this matter of putting one and one together—to make one gown.

From Tip to Toe.

A twinkle at the feet is almost a necessity in these days, and the hairdresser's art is one to be followed carefully; for without perfectly turned-out feet and an irreproachably dressed head the modern dress looks anything but smart.

The waste occasioned by coins rubbing together is said to cost the world a ton and a quarter of gold and \$5 tons of silver annually.

Enter the Spring Blouses



A semiannual rehearsal of the mode takes place each season and weeks before the public demands the new styles they are passed in review before those who must provide for their demand. For some reason those who create blouses and whose word is law in the matter of styles, have been a little late in presenting them. But now enter the expected new blouses for spring, a fine-grained and beautiful company.

We know that we are to be blessed with things of sheer beauty and that they are to be made of fine cottons, crepes, silks and lines; that designs are simple and workmanship fine; that seams are to be set together with hemstitching or other ornamental needlework, or with fine lace; that pin tucks are favored; that color is introduced in many ways on white blouses; and two materials are combined in these as in other garments. Nearly all the new blouses fasten at the front and have long sleeves. The dignified high collar appears on many of them but still greater numbers are open at the throat, with collars that turn back and are generally wide. Good examples of high-collared waists are shown in the picture given here.

At the left a blouse of fine, white voile has inserted bands of cross-barred voile, showing hair lines of blue, light brown and pink. The cross-barred bands are set into the plain voile with hemstitching. The plain voile is laid in pin tucks at each side of the opening at the front. Pearl buttons, set in groups of three, and well made buttonholes provide the fastening with a smaller size in the same kind of button used on the collar and cuffs.

The collar is finished with a band of the cross-barred which turns over and a band of equal width is let in the cuffs. This is a practical, tasteful waist for daily wear. Blouses of plain voile like that at the right are made in tan, rose, blue and maize and in white having ruffles edged with a color. This narrow edged of a color and hemstitching make up the decorative features. The long sleeves are narrowed toward the cuff, which is a straight band of the voile edged with a ruffle. Wherever sewing appears in this waist the hemstitch is used so that it is a feature of great importance. The high collar is a crushed band supported by wires and edged with a narrow ruffle. Ruffles of graduated width are cascaded down the front and a finishing touch of distinction appears at the throat in a small panel of black taffeta which is sewed to one side of the collar and fastens to the other side with three pearl buttons. The blouse fastens with small pearl buttons and loops of silk thread.

Julia Bottomley

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SULLIVAN, Acting Director of Sunday School Course, Moody Bible Institute, Chicago, 1916, Western Newspaper Union.) LESSON FOR FEBRUARY 27 THE SEVEN HELPERS.

LESSON TEXT—Acts 6. GOLDEN TEXT—Bless ye one another in name, and so fulfill the law of Christ.—Gal. 6:2.

It would be a source of great blessing if every teacher and scholar would read through the book of Acts several times during the year. Such reading will give vision, inspiration and a more comprehensive idea of the continuation of what Jesus "began" and which record is not yet fully written. The time of this lesson is about A. D. 36, though Ramsey places it at 32, 34; and the place, the city of Jerusalem.

I. The Occasion, vv. 1-2. For a time the preaching of the Gospel of Jesus continued in Jerusalem, but soon the pressures of circumstances thrust it forth as prophesied (1:8). There were two groups of men in the early church; those who had been born in Judea who spoke Hebrew (Aramaic), and these born in foreign cities and who spoke the Greek language. Trouble arose over the distribution of funds among certain of the dependent widows—the text suggests "secret displeasure." There was imperfection, selfishness, suspicion and jealousy in that early church. We do not know what grounds there may have been for complaint, but no sooner did the occasion arise than the apostles set about a remedy the difficulty.

II. The Method, vv. 3, 4. It does not appear that God gave the church a cut and dried program according to which it must act. Certainly the church had no precedent to follow, and step by step God was developing it. This lesson gives us a suggestion of those steps: (1) As the occasion demanded. (2) The apostles refused to diminish their praying and preaching, literally it was "not pleasing" to God for the apostles to "serve tables." Such work must be done, certainly, but it was not to be done by these God-appointed and selected leaders, their duty was clearly stated. The minister's business is praying and ministering the word. These things should fully engage his attention, and in them he is to continue steadfastly. The minister cannot manifestly "know more about books than the schoolteacher; more about politics than the politician; more about medicine than the doctor; more about psychology than the college professor." No, that is out of the question, though he should be intelligent in these lines. But he should be prominent in prayer and in the ministry of the word, and furthermore he should preach that word pre-eminently. (3) The church, not the apostles, must needs select these new officials. (4) The qualifications of these men, who were thus to care for these temporal affairs, were (a) "men of good report," not those bearing doubtful reputations, nor chosen because they were rich or shrewd in business. (b) "full of the spirit," it demands the Spirit-filled man to look after financial affairs as certainly as it does to teach or preach the word. (c) "full of wisdom." Men of common sense, a quality often sadly lacking among spiritually-minded men. Men meeting such qualifications will be men of "the spirit of power, of love, and of a sound mind" (literally sound sense). (II Tim. 1:7).

III. The Method of Choosing, vv. 5, 6. (1) The people did the choosing. The early church seems to have been remarkably democratic. (2) The choice was made after, and not before, prayer had been offered. This is a suggestion and a warning for present-day practice of choosing church officials. (3) It was a legal selection, not the selection of a minority, and it was confirmed by the laying on of the hands of the apostles. This last was to signify the anointing of the Holy Spirit and the separation unto their particular task of these men. It is significant that every man chosen bore a Greek name, and suggests that Jewish church desired to avoid any charge of favoritism. The spirit of fairness, of love and of concession, and the character of the men chosen, caused the "word of God to increase exceedingly." (II Tim. 1:7).

IV. The Result, vv. 7, 8. First of all upon the people. (1) The word "increased." (2) The number of disciples "multiplied greatly." (3) Some of the priests of the Jews were "obedient to the faith." Secondly, the result in the lives of the thus chosen and Spirit-anointed men gave evidence of the "good hand of God. They were "full of grace" (Eph. 4:9; Acts 15:15); they were "full of power" (I:8). The first two of them soon became great and mighty preachers as well. Indeed as far as we can read they even outstripped the apostles themselves in real achievement for God. Stephen, of course, stands out pre-eminently. His character is suggested in verse eight. He was (a) "full of faith," (b) "full of the Holy Spirit," (c) "full of grace" (R. V.), (d) "full of power." How sad it is that so frequently our churches fail to make a wise and spirit-led choice of its leaders, and are content with few, or perhaps none, being added to its membership. One great denomination reports a thousand churches having no additions by either confession or letter for the period of a whole year. All the way through the book of the Acts we read this same history of an ever growing church, a church that surmounted all sorts of obstacles, conquered every foe, and went forward from Jerusalem even to Rome.

No man is fit to be an officer in the church of Christ unless he is filled with the Holy Spirit. (Acts 1:8; Luke 24:49).

Such a man will always stir up opposition of the powers of evil, even as did Stephen.

A Woman's Problem

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET CRASMAN, 769 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dizziness, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DURHAM, 17 Roundy St., Beverly, Mass.

Eric, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KESLING, 651 East 21st St., Eric, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

Affected by "War Business." The population of Bridgeport, Conn., is estimated to have increased during the present year by about 35,000—growing from 115,000 to 150,000. Twenty thousand persons are said to be employed in Bridgeport by one concern. In three shifts of eight hours each. This phenomenal activity is the result of "war business."

Claims Greatest Oil Land Central. E. J. Bohney, president of the Mexican Petroleum company, has announced that the new \$150,000,000 Pan-American Petroleum and Transport company will control the largest oil territory in the world under a single ownership.

MOTHER! LOOK AT CHILD'S TONGUE. If cross, feverish, constipated, give "California Syrup of Figs." A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, poison, sour bile and fermenting waste, will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness. Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Don't Lose Another Hair. Treat Your Scalp With Cuticura and Prevent Hair Falling. Trial Free. For dandruff, itching, burning scalp, the cause of dry, thin and falling hair, Cuticura Soap and Ointment are most effective. Touch spots of dandruff and itching with Cuticura Ointment. Then shampoo with Cuticura Soap and hot water. No treatment more successful. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Use Murine after Exposure in Cold, Cutting Winds and Dust. It Restores Refreshes and Promotes Eye Health. Good for all Eyes that Need Care. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

Concrete post bases to give longer life to worn-out fence posts have been patented by a New York inventor. Ingratitude is as blind as it is base.

AILING WOMEN NEED THIS FAMOUS DOCTOR'S PRESCRIPTION. Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

This prescription of Dr. Pierce's extracted from roots and herbs is a temperance remedy. To get rid of irregularities, or catarrhal condition, to avoid pain at certain times, to overcome irritability and weakness, waste no time, but get Dr. Pierce's Favorite Prescription in solid or tablet form this very day.

This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear. Send Dr. Pierce 10c for large trial package. Full treatment 50c. All druggists.

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