ll's a Picnic Getting Ready for a Picnic Pickles Sweet Relish Ham Loof Veal
Sproinh Olives
Chicken Loaf Fruit Preserves Jellies Apple Butter


| The Forgiveness |
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SINDAYSCIIDOL
LESSON


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Corn on the Cob -the Roasting Ear Is not more delicious than the New
Post Toasties
In the growth of corn there is a period when the kernels are plumped out with a vegetable milk, most
nutritious (roasting ears). As it slowly ripens this nutritious (roasting ears). As it slowly
hardens and finally becomes almost flinty.

This nutritious part of the corn is cooked, seasoned, rolled thin, and toasted by a new process whic enhances the true com liavour.
Different from ordinary corn flakes, the New Post Toasties have a distinctive form and flavour; and they keep their appetizing crispness, even after cream or ilk is added.
These Superior Corn Flakes come oven-fresh in tight wax-sealed packages; and they cost no
ordinary "corn flakes." Insist upon having

New Post Toasties

Your grocer has them now.

