The Fulton County News.

VOLUME 16

McCONNELLSBURG, PA., JUNE 10, 1915.

NUMBER 38

GAINING WEIGHT VS. LOSING WEIGHT

Little Talks on Health and Hygiene by

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Commissioner of Health.

THE GRIM REAPER.

short Sketches of the Lives of Persons Who Have Recently Passed Away. MRS. JANE KEEPERS.

Mrs. Jane Keepers, widow of the late Stephen F. Keepers, of Hustontown, died at the home of Mrs. Mary E. Campbell, of Dub- about five days die. The only lin township, Monday night June 7, 1915 in her 85th year. The funeral, conducted by Rev. Reidell, of the M. E. Church, took place vesterday afternoon, and interment was made in the cemetery at Hustontown.

Mrs. 'Keepers' maiden name was Campbell. She has two brothers and one half-sister living: Robert and Mary, in Tennessee, and James in Illinois. Since the death of her husband, about ten years, ago, she resided in the home of Mrs. Mary E. Campbell. Her death was due to complications incident to advanced age.

Recent Weddings.

BILL-TEETER.

Announcement has been made in any field. His pasture is adof the wedding of Miss Estella E. jacent to the barn, and the cattle William F. and Annie Teeter, and grain, salt, &c. of the public schools of Cham- er who works in the Sideling Hill of the groom is Dr, J. B. Bill, condition of the stock. He has a of Harrisburg.

of Harrisburg. They will go to ten head have died.

Boston, Mass., where Dr. Bill is

More Cattle Die. In addition to the accounts given by the NEWS last week and Muddy Roads Responsible for Harry the week before, we learn that George W. Wagoner'of Tod town-

ship, lost two yearlings last week From his account, the symptoms

were same as those of others mentioned. First, the cattle begin to lose flesh, get stupid, and symptom given by Mr. Wagoner not mentioned by others is, that his sick cattle sometime start off at a brisk walk, go in a straight line' and if an obstacle bart the way, they run against it or stumble over it, indicating that they

are either blind for the time being, or are dumb." Mr. Wagoner's cattle are not

in brushy pasture, as was the case with cattle of previous report. Instead, they are on natural grass mondowland which in other years proved to be fine pasture, so that the theory that his cattle were poisoned by oak leaves will not apply. Naturally

as in land never cultivated, there are a few bushes; but not more than may be found along fences

feeter, daughter of the late Dr. came daily for their ration of for several years, teacher in one Last week we asked a subscrib-

bersburg. The wedding occur- Rays Hill, and Broad Top mounred on the 17th of September tains where hundreds of cattle 1910, and took place in Wilming- graze, if any disease had appearton, Del. The ceremony was ed, and he reported that nothing performed by L. C. Wolf, a of the kind was known there, Methodist minister. The name and that he had noted the fine

farm and stock of his own, would Mrs. Bill left Chambersburg have heard of any unusual outlast Friday evening to join her break of the disease. As far as husband, who is on a visit to his we can learn, the new disease is parents, Dr. and Mrs. G. E. Bill confined to the Big Cove, where

Since putting the Wagoner aca resident physician in Carney count of sick cattle in type, we Kerlin thinks that they must be cases diptheria in its early stages the same name-State College. hospital. Dr. Bill was graduated have heard of others; also how in medicine from Harvard uni- one man cured his. Becoming his, since his crows dig for the who do not appreciate the dan- ty years ago under the name of versity in June, 1914, and has alarmed by reports of the spread been at Carney hospital since. of the disease, he went to his

AUTOHOBILE ACCIDENT SOME NEW SCHOOL LAWS.

Price's Touring Car Running Over Embankment.

What might have resulted very seriously, happened last Monday between Robertsdale and Broadtop City, when Harry Price and wife and little son, and Cynton services.

thrown entirely over the wind- may be.

Mrs. Keith suffered only from teen days if the attending phythe shock. Mrs. Price was taken sician so requests and certifies to

home later in the day.

the unfortunate occurrence. Crows.

futed the western man's story health authorities in reducing the that crows dig about young corn number of communicable diseas-

Teachers Must Promptly Report Symp- Bits of News and Gossip Extracted toms of Disease. Quarantine Regulations Will Increase Attendance.

Under the provision of an Act which has received the approval of Governor Brumbaugh, every teacher, principal, superinten-Keith and wife-all in Harry's dent, or other person in charge same as in Jacobs, with the diftouring car on their way to the of a public, private, parochial, ference that Jacobs has no oflatter place to attend Memorial Sunday or other school, will be ficers to keep order. A few days

required to report to the Health ago I walked down to see the The roads being very muddy Officer of a city, borough, or men laying rails on the Juniata owing to recent rains, Harry took township, as the case may be, & Southern railroad, that is now the precaution of putting chains any unusual rash, skin eruption, up to Jacobs. In two weeks on the front wheels as well as on sore throat, symptoms of whoop- more, coal will go down over the the rear ones. Just after having ing cough, or any disease of the standard gauge, which runs with passed over a bridge, one of the eye, noticed in any child or per- in ten feet of our store building, chains in front became entangled son attending such school, shall and the railway mail agent callwith the fender, and in a mo- immediately exclude such child ed to see me with reference to ment the car was plunging over or other person from schools sending our mail over the J & S. an embankment. Mrs. Price and pending the action of the Health The head man remarked to Mr. Mrs. Keith who were riding on authorities, and shall report such Bolinger and me, that when they the rear seat, were thrown over fact to the Health Officer of city, got down into Fulton county, the front seat, and the child was borough, or township as the case things would look different. Mr.

shield, but fortunately escaped This Act also provides for a you are heading for?" and he with but little injury. The child's reduction of the quarantine pe- answered, "yes." We have had mother was less fortunate, and riod for measles, German measles some fine rains; but some frosts, received some spinal injury, while mumps and chicken-pox, to six- too. to the home of Dr. McGarrah, the recovery of the person so af-

been twenty-one days.

and is in no way responsible for this new law, Dr. Samuel G. Dix- ing report is from State College: on, Commissioner of Health, said

"The provision requiring the school exclusion and the report-When M. G. Kerlin, near Gra- ing to the Health Officer of skin farms, cleaned houses, did typecey, was in town last Saturday, eruptions, sore throat, symptoms writing and clerical work and athe entered his subscription date of whooping cough, and diseases tended gardens. Catering and in the '16 class and told some of the eye, will unquestionably waiting on table netted about good stories about crows. Here- be of great assistance to the \$1,000." plants for the cut worms, and es to which children are suscep. State College is located in Center leave the corn untouched. Mr. tible. Unfortunately, in many county, Pa., in a village bearing

Report of Mass Meeting.

from the Letters from Our Distant Subscribers.

W. L. Berkstresser, Postmaster and Store Manager, Jacobs, Huntingdon County, Pa.-I see in the NEWS of June 3, that you have drunks, in McConnellsburg, Bolinger said, "Is that where

Boys Earn College Education.

"AULD ACQUAINTANCE."

When we read that young men where she received medical at- flicted. The quarantine period go to college and earn their way tention and was taken to her for these diseases heretofore has by working at anything honorable we feel like keeping tab on Mr. Price is a careful driver In discussing the provisions of them for reference. The follow-"Students earned \$3,500 in the village during the college year. They washed dishes, worked on

For the benefit of young men who may not know, we will say; a different breed of crows from goes unrecognized by parents It was organized a little over fifcorn and leave the cut worms, ger of what appears to be a sim- "Farmers' School." It receives

The Citizens' mass meeting

called for last Friday night was attended by about 150-50 men and 100 women-as nearly as they could be counted. Rev. R.

E. Peterman was elected chairman. He stated briefly that the as much distressed about the object of the meeting was to give sudden reduction in their weight the people of the town an oppor- as they are over an addition of a tunity to discuss matters of pub- few pounds avoirdupois, the hulic interest. He held before the man race would be far better off. audience that old cry that has been worn thread-bare, namely, lead the average individual to Something ought to be done look upon slenderness of figure as about it." He denied the often objectionable. If it did thousands repeated assertion that McCon- of cases of tuberculosis might be nellsburg people could not "get discovered in their incipiency. together" so as to see eye to eye. A motion to support the authori- tuberculosis is a loss of weight. ties of the town in an endeavor Any decided decrease should be to enforce laws called out animat- watched with suspicion. It often ed discussion. As soon as it was means that the general bodily made clear to the minds of the functions are not all that they

particular, was not to condemn that one's physical resistance is the Town Council and its agents, being lowered and this in itself but rather, to lend moral support opens the way to unusual susceptto the actions, enthusiasm ran ibility to disease. high, and suggestion and motions from the audience came thick panied by failure of the appetite, and fast. A motion by Mrs. Win night sweats, or a persistent

difficulties of enforcing a curfew | build up the body. law in McConnellsburg only re-

that a mild law would result in of girth, is a danger sign. Howgreat good to a class of boys and ever, while people will wear rubgirls for whom parental restraint ber jackets, diet and resort to is lacking.

rapidly becoming popular through decreasing weight should warn out the country. An effort will them as surely as the falling babe made to organize an associa- rometer denotes a coming storm, tion of this kind in town. Un- that their physical well being is der the head of "Points of Mis- in jeopardy. understanding," the following questions were asked: "When is

If the majority of people were

Vanity unfortunately does not

One of the early symptoms of audience that the object of the should be. It is certain under meeting, and the above motion in any circumstances to demonstrate

If this loss in weight is accomnie Kendall that the League rec- cough or cold, a physician should ommended to Council a reason- be consulted and nourishing food, able curfew law was seconded plenty of rest, long hours of sleep and adopted in quick order. How in the fresh air and such other ever, before adoption, some heat- measures as he may advise should ed discussion over the seeming be resorted to in the effort to

An excess of weight, particusulted in convincing the skeptical larly when it means an increase violent exercise to reduce, it is Mrs. Rodgers, of New York, vanity that is responsible in the explained briefly the Parent- majority of cases. They will ne-Teacher movement which is so glect themselves for months when

Fulton County Minerals.

The writer not only loves to

Next year he will take a post mountain pasture to see if any graduate course in Harvard.

MENTZER-GUTSHALL. At the home of the bride's parents, Mr. and Mrs. Elmer Gut- bowels, and it recovered. It shall, near Rockhill, Huntingdon seems that constipation is the county, Mr. Russell E. Mentzer first effect of whatever it is that and Miss Olive B. Gutshall, were is causing the death of cattle married on Saturday, June 5, along the foot of Cove mountain 1915, by the bride's pastor, Rev. W. M. Cline, of Fort Littleton. The happy event took place at high noon in the presence of a large number of invited guests,

and was a real home wedding. The bride was the recipient of a large number of useful and valuable presents. A sumptuous wed ding dinner was served, and the whole affair was most delightful. The bride and groom are worthy young people and have the best wishes of their many friends.

Buggy Upset, Lady Hurt.

As Miss Rose Mort, daughter of Mr. and Mrs. James Mort near buggy last Sunday near Maddensfrom the shock.

Eighth Township Heard From.

miles of road near Akersville. ed them at the end of the day. They will not wait for the Governor's second invitation. This makes eight townships heard

The law offices of the late W. ng rooms,

might be sick-found one very

bad, brought it home, fed bran, gave it something to loosen its in Ayr and Tod townships. Try helping them with mild physic and nourishing feed.

To Preserve Eggs.

Many preparations are given for the preservation of eggs. One nated. of them is the use of a liquid com monly known as "Water Glass," stores with directions for use. Another receipt that we can corn, eat cherries, etc, but durvouch for from having used it ing the balance of the year, they successfully for many years is as follows:

Slack a pint of lime in water, harm, and do some good; but letting it stand for a day or two even our game commissioners are until cold. Use the thick lime of the opinion that they are harm Clear Ridge, was driving in a that settles to the bottom to mix ful enough to be placed outside with three gallons of water in the law of protection and left to ville, the buggy upset, and Miss which a half pint of coarse salt fight for their existence. Mort thrown out and dragged has been dissolved. Gather eggs some distance. One side of her that you are sure are perfectly face was painfully bruised, and fresh; Avoid all that are the ene ear almost torn from her least bit cracked, and all that vens, former residents of this where the attending physician head. Dr. H. C. McClain, of Hus- have very thin shells. Place the county, hut now living at Repub- certifies to personal attendance tontown, was summoned, and he eggs carefully in crocks, being lic, Ohio, write that the good during such disease, may be persucceeded in stitching the ear in very careful not to crack any of people of that place were very mitted to remove to other prem-

covered. Set in a cool cellar-

They removed loose stone, and jar the crocks until eggs are ght stone, cut brush, and work- wanted for use. If these direc- list shows that eight families at homes occupied exclusively by premises takes place as heretoas hard and as long as though a tions are followed, eggs will keep Republic take the NEWS, indi- adults and may, fourteen days fore, with the consent of the two-dollar road tax receipt await- in this manner for a year, and be cating that it is a center of at- after such removal, be readmit- Health authorities and after takas good and wholesome as the traction for former Fulton coun- ted to school. day packed.

day, from Bethel township.

and that an examination of crow stomachs proved his assertion.

living off the public without the of the disease.

expenditure of much hard labor; and at the same time, return to the public just enough good to cloud public opinion as to whether their tribe should be extermi-

It is well known that crows destroy all the bird eggs, and all undoubtedly eat many bugs, so that like all birds, they do some

Neighbors Were Kind.

pouring, and do not disturb, nor help express their thanks.

A glance at our subscription tion may only be removed to ty people. In the preparation of

Mrs. Lizzie Hill, her sons John in mind his friends who have contracting the disease, if im- which permit school attendance and Frank, Miss Carrie Hill, and gone out from the County by Mrs. Walter H. Palmer (Opal publishing something about as bott Alexander are being used by formed an auto party that made knowing that these distant readhe railroad engineers for draft- a trip to McConnellsburg Mon- ers look upon the NEWS as a weekly letter from home.

ple sore throat. The fact that support from the State, and from children are excluded from school the United States government.

We have read much about the will cause them to bring the mat- Its original purposes were to crows during recent years, and ter to the attention of their fam- teach better farming methods, have come to the conclusion that ily physician and in this way make experiments, and demonthey are pretty smart birds, and many cases of diphtheria in the in- strate up-to-date farm work of that they are the politicians of cipient stage will receive treat- every description. It now teachthe Pennsylvania bird kingdom. ment which otherwise would go es not only farming, dairying, Like their human brethren in until the little patients had reach- horticulture, animal and poultry that business, they make a good ed a much more dangerous stage industry, but other industrial vo-

> There are several diseases in which skin eruptions appear. Children with mild cases often ly up-keep of the college is met attend school and infect others by public funds. It is still, in who have the disease in a more the main, a farmers' school. virulent form.

As the association in school is the means by which the majority that may be procured at drug young birds, and little chickens of children contract communicathey find, and that they pull up ble diseases, these additional safe ed, and they have the opportuguards it is hoped will aid in lessening the number of cases and the spot. They see work done further reducing the death rate." In addition to the provisions handle best of stock and poultry above mentioned, the Bill provides that those residing on prem ises guarantined for scarlet fever, measles, German measles, mumps or chicken-pox, who have

had the particular disease for which the quarantine has been established, when official records Mr. and Mrs. David N. Ste- show that they have had it or ace, but the lady suffered much the eggs. Pour the mixture very kind to them during the recent ises occupied by adults and chilgently down along the inside of severe illness of their little boy dren having had the particular the vessel until the eggs are well Eugene Theodore. Help in many affection, and resume school atways, including nice things pre- tendance the day after such re-A party of eight Brush Creek but not where they will freeze. paret ready to cat, and a nice moval. Children removed from itizens turned out on Good Roads It is best first to set the crock lot of flour, are among the things premises quarantined for any of Day and repaired nearly two where it is to remain, before for which they ask the NEWS to these diseases who have not them College farms. It beats any fair selves had the particular affec-

Pupils residing on premises ting on disinfected clothing. reading matter, the Editor keeps quarantined for diphtheria, not and may re-enter school five (5) days after such removal. In all instances, removal from Pennsylvania.

cations are taught. Students must pay their own board, buy several books, etc.; but the cost Here, the young men from the farms meet on a great estate of hundreds of acres; they receive instruction along the line selectnity of putting it into practice on as it should be. They see and see and help to make good butter learn the values of fertilizers, learn how to fight pests, in fact, they get a look into a big world bigger than the old home place. If they have ambition, they return home with entirely new views of duties of life with a vim and fearlessness that can be gained in no other way. We know whereof we speak when we urge all young farmers to take a trip to State College, if but for a day or a week. But if it is possible,

remain for at least one session. It will prove one of the greatest pleasures that we can suggeststatement, and go and see State you will ever see.

ing a disinfecting bath and put-

The provisions of this Bill

man drunken enough to be ta ken care of by our authorities?" Answered by District Attorney Kirk by replying "When he is answered by the same gentleman of dollars to investors in Fulton bids swearing in public and that few people know that there are any private citizen could make thousands of acres of coal lands complaint that would bring the in the County. Some people The question of swearing on our but few minerals-that about all condemnation at the hands of the simply because but very little men in the audience than perhaps, any question that was brought before the house. The coarse, useless habit of inflicting profane language upon men and women who must use our streets and stores was condemned in no uncertain tones, and we think we can promise our readers a sensation before long.

By this time, two hours had been consumed, and the meeting was adjourned to meet again at the same place Friday, June 11th of activities never dreamed of by at which time a permanent those who never saw anything organization will be effected, and local questions continued. We predict a still larger meeting life in the country, and, like good at that time, because more peostudents, they begin the stern ple now understand the object intended, and instead of our living in a spirit of fault-finding, the no means the least, the material hanced. Fellow townsmen, and, take our interest in you for that are educators, and would be well months with two diamond drills of public affairs. Turn out to tertained and benefited. Action not all talk-is surely in sight.

Won Prize.

muni ed with diphtheria antitox- under certain restrictions, of chil- dent at Mercersburg Academy, is exhausted. Mines will soon in, may be removed to other dren who have already had the class of 1916, won the Dr. Charles be opened, the East Broad Top Sharpe) and little son Harold- many home folks as he can; premises occupied only by adults diseases mentioned, will save thou F. Palmer prize for correct Eng- railroad extended to them, and sands of days of school atten-dance to the children throughout word essay on "Honor in School began. and College Life."

write up short, interesting bits of history about Fulton county, but visibly affected." "What are as well, the latest mineral develthe laws about swearing" was opments that will bring thousand who stated that a State law for- county lands. Possibly, but very offender before a court of justice think that Fulton county has streets was the subject of more mineral measures are barren, and prospecting, and no developments have scarcely been made; but the writer wants to say that this gen eration, and future generations, will see such richness of minerals never dreamed of, and every year, new and valuable minerals will be found until all more fully understand why our Creator made these lofty rugged mountains and beautiful, fertile valleys.

The stigma of no railroad in Fulton county has been so long attached to it that many people have been led to believe it; yet those who have been thoughtful enough to look up railroad maps, know that the East Broad Top railroad penetrated the county. several years ago at, or near, Woodvale, and in that section lies League will be made the medium | the coal lands of the County. through which the moral, and by South and East Broad Top railroad, on Broad Top mountain, in welfare of the town will be en- the northern part of Fulton county, a party of capitalists have town ladies, these mass meetings been prospecting for the last five worth while if nothing more ever in constant operation. The writresulted than the mere discussion er has been reliably informed that one of or among the thicknext one-you will be amply en- est, most superior veins of coal on Broad Top mountain has been found there, besides other 5-foot veins of coal. The prospecting will be continued to find the extent of the coal field in the re-Wilbert D. Peck, a former Ayr gion, or at least, until the fund

township teacher and now a stu- \$25,000 set apart for that purpose