

Top That Backache!
There's nothing more discouraging than a constant backache. You are when you awake. Pains pierce you when you bend or lift. It's hard to rest at night. It's the same old story. The back is nature's warning of kidney ills. Neglect may pave the way for dropsy, gravel, or other serious kidney ailments. Don't delay—begin using Doan's Kidney Pills—the remedy that has been curing backache and kidney trouble for over fifty years.

A Pennsylvania Case
Mrs. Isabelle F. ... Philadelphia, Pa., says: Whenever I expect myself to get cold, my kidneys become a bother and I am unable to do a bit of work. ... Doan's Kidney Pills. A Get Doan's at Any Store, 50c a Box. ... DOAN'S KIDNEY PILLS ... FOSTER-MILBURN CO., BUFFALO, N.Y.

Coughs and Colds
quickly relieved by the use of **Hale's Honey**

Hale's Honey
Contains no opium nor anything injurious.

Rheumacide
The Reliable Remedy for lumbago, gout and RHEUMATISM GETS AT THE JOINTS FROM THE INSIDE

PROPER CREDIT TO NOBODY
Simple Logic Easily Proves That He Has Not Hitherto Been Treated With Justice.

The time is now arrived when Nobody should come to his own. Hitherto Nobody has not been treated with justice. As one of the most important persons in America, Nobody should have statues erected in all of our principal cities. Let us, therefore, consider the claims of Nobody. In the first place, Nobody knows. Take, for example, the currency bill, the tariff schedules, the status of philosophy, the art of the futurist. Nobody knows about all of these things, when all the rest are in entire ignorance. Furthermore, if you want to know the actual truth about these important questions, and many more, Nobody is the only one who can tell you. Everybody takes some interest in baseball, tennis, vaudeville, bridge and high balls; but when it comes to all the things which are known as vital, such as government, slums, etc., who cares? Why, Nobody cares. Nobody is, therefore, our best citizen. Hurrah for Nobody!—Life.

Acrobatic Feast.
"Percey gets along all right at these afternoon teas."
"Does, eh?"
"Yes; he can hold a plate of salad on one hand, a cup of coffee in the other, and balance a dish of ice cream on his left shoulder."—Louisville Courier-Journal.

Its Accompaniment.
"I saw somewhere they are going to have ostriches served up at a feast."
"I suppose it will be in the form of omelette pudding."

Even while the poet was singing of the little brown jay probably he was thinking of the red hicker.

Two often ceases to be company after they are made one.

After Winter's Wear and Tear
one requires a food in Springtime that builds up both brain and body.

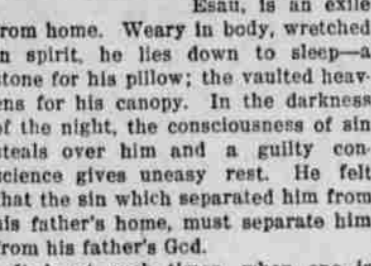
Grape-Nuts
FOOD
made of wheat and malted barley—supplies in splendid balance, the elements necessary for rebuilding and keeping in repair the brain, nerve and muscle tissue.

Grape-Nuts has a rich nut-like flavour always fresh, crisp, sweet and ready to eat direct from package. Thousands have found Grape-Nuts a wonderful invigorator of both brain and body.

Grace at Bethel
By REV. WILLIAM WALLACE KETCHUM
Director of Practical Work Course, Moody Bible Institute of Chicago

TEXT—And he dreamed and beheld a ladder set up on the earth, and the top of it reached to heaven; and behold the angels of God ascending and descending on it.—Genesis 28:12

The story which presents itself is an old one. It is that of a life into which God entered—the life of one who was a true representative of man under the curse of sin. Rebekah instructed Jacob to obtain the blessing of Abraham through deceit and the sin which brought it.



It is at such times, when one is truly awakened to a sense of sin in himself, that God can and will manifest his grace. Jacob had no sense of worthiness; on the contrary, his conscience condemned him as a guilty sinner before God. It was then that God broke open the heavens and out of the depths of love disclosed the ladder of grace which reached the man in need; at its summit God, surrounded by the glory and brightness of heaven; at its base, poor wayward Jacob, shrouded in darkness; and ascending and descending, the angels of God. Is not this a true picture of God's grace as manifested through Christ who is the ladder reaching from God to needy man.

Years ago, an explosion in a coal mine hurried many souls into eternity. A great crowd gathered, appalled by the terrible calamity. It could not be ascertained who had been killed, or wounded, or who were still exposed alive to the fire which was advancing in every direction. Where was the man willing to imperil his life by descending into the pit? A person of influence succeeded in gaining the attention of the throng, and asked if any were ready to face death by entering the mine. Instantly a number stepped forward. "But," said a Christian, who witnessed the thrilling scene, "I noticed that none volunteered, except those who had loved ones at the bottom."

God did not leave Jacob, perplexed by the vision, but spoke to him the word of grace: "I am the Lord God of Abraham, thy father . . . the land wherein thou lovest, to thee will I give it. And behold I am with thee in all places whither thou goest, and will bring thee again into the land, for I will not leave thee until I have done that I have spoken to thee of." But in the energy of a feeling, fallen man an "if" obscured the grace at Bethel. It led Jacob to bargain with God and brought sad failure. God asked nothing of Jacob, simply faith; but Jacob said to God, "If you will do so and so—" then shall the Lord be my God and of all that thou shalt give me, I will surely give a tenth unto thee."

Salvation by Grace Alone. Today, when grace which saves unconditionally, is accepted conditionally, it brings failure. God has not left us in doubt as to what Christ's suffering on the cross means. He has spoken the word. "And by him all that believe are justified from all things from which ye could not be justified by the law of Moses." And God, who exercises perfect grace meets us just where he met Jacob, out upon the hills of sin in the very spot where we find ourselves, like Jacob guilty, helpless and alone.

Have you accepted fully God's gift of grace? Or, like bargain-making Jacob, are you now trusting in God now in self? Now walking by sight, now in faith? If so, the God of all grace meets you and asks you to receive unconditionally his blessed gift.

A Difference.
Cop—"Come along now! I arrest you for being full." Lushman—"Well, arrest th' moon; that's full, too." Cop—"Maybe it is, but it isn't staggerin' along an' bumpin' into every body."—Boston Transcript.

A Necessity in Every Rural Home
Is a bottle of good liniment. Yager's Liniment is the best external remedy for man or beast. John Abernath, Clermont Mills, Md., writes, "For 4 years I suffered with rheumatism, had to walk on crutches and the doctors said my case was chronic and incurable. I tried Yager's Liniment to relieve pain I ever used, its action is so prompt and effective." Large 25-cent bottles at dealers. Gilbert Bros. & Co., Inc., Mrs., Baltimore, Md.—Adv.

At a Standstill.
"Seems to me it's frightfully warm in this room," remarked pa, as he fidgeted in his easy chair. "Johnny, go and look at the thermometer."
Johnny did as he was bid, starting at the thermometer until his father lost all patience and exclaimed: "Well, aren't you going to tell me what it registers?"
"The thermometer isn't running," said Johnny.

NEVER HAD A CHILL.
After taking ELIXIR BAHK. "My little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try ELIXIR BAHK. I gave it to her and she has never had a chill since. It completely cured her." Mrs. Cyrus Helms, 23 E. St., N. E., Washington, D. C. ELIXIR BAHK, 50 cents, all druggists or by Parcel Post prepaid from Klotzowski & Co., Washington, D. C.

Ground for Belief.
"Do you believe that time is money?"
"I do. I'm a clerk in a police magistrate office."
"What differences does that make?"
"Well, I've often heard him say, 'Ten dollars or ten days.'"

ALLEN'S FOOT-EASE FOR THE THROAT.
Over 100,000 packages of Allen's Foot-Ease, the antiseptic powder to which your shoes are being subjected by the German and Allied troops at the front because it shakes the feet, gives instant relief to corns and bunions, and swollen arching tender feet, and makes walking easy. Sold everywhere. 50c. Try it TODAY. Don't accept any substitute. Adv.

The Style.
"Do you think there is ever much sensible conversation in moonlight strolls?"
"No; I guess it is mostly rambling talk."

A St. Louis man has invented a chemical device to blind safeblowers.

Some men die of heart failure and some live with brain failure.

Mrs. S. A. Allen's Hair Color Restorer
Never Fails to give beautiful color to GRAY HAIR. More than a half century of success. If your hair hasn't it, send \$1.00 and a large bottle will be sent you by parcel post. MRS. S. A. ALLEN, 55 Barclay St., New York. **Renews Your Youthful Appearance**

Make the Liver Do its Duty
Nine times in ten when the liver is right the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty. Cures Constipation, Indigestion, Sick Headache, and Distress After Eating. **SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature**

LADIES!! USE GILBERT'S JEWEL TALCUM POWDER
The Talcum of Quality, for refined people. Perfumy, rich, lasting, and exquisite; Powder of velocity fitness. In Glass Jar—15c. and 25c. Sold by all dealers. MADE BY GILBERT BROS. & CO., BALTIMORE, MD.

DAISY FLY KILLER
placed anywhere, attracts and kills all flies, bees, ants, crickets, cockroaches, etc. Lasts all season. Made of pure, non-toxic material; will not soil or injure any thing. Guaranteed effective. All dealers or direct express paid for \$2.50. HAROLD SOMER, 130 De Kalb Ave., Brooklyn, N. Y.

CLIP HORSES NOW
They will feel better, work better and are less liable to a fall. Increase their value by clipping. Buy a Stewart Clipping Machine from your hardware and harness dealer. Price \$2.00 for the world's best clipping machine. Clips horses, mules and cows safely. Well. Absolutely guaranteed to please or money refunded. Don't delay—do it now. **CHICAGO FLEXIBLE SHAFI CO., Wells and Ohio Sts., Chicago, Ill.**

PARKER'S HAIR BALSAM
A toilet preparation of merit. Helps to maintain abundant hair. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

DROPSY TREATER, usually gives quick relief, soon removes swelling and short breath. When gives entire relief in 12 to 24 days. Trial treatment sent FREE. DR. THOMAS S. GREEN, Successor to Dr. H. H. Green's Son, Box A, Chatsworth, Ga.

LAND WARRANT HOME
A new colony for the South. How to get a land warrant to locate land and make a home. Under management of F. H. Fitzgerald, Father of the Great Georgia Colony. For information, address The Georgia Colony Company, 528 Lee St., Indianapolis, Ind.

INTERNATIONAL SUNDAY SCHOOL LESSON
By E. O. SELLERS, Acting Director of Sunday School Course, The Moody Bible Institute, Chicago, Ill.
LESSON FOR APRIL 25 DAVID AND GOLIATH.

LESSON TEXT—I Samuel 17:51. **GOLDEN TEXT**—If God be for us, who can be against us?—Rom. 8:31 R. V.
For forty days (v. 16) Goliath defied Saul's army, encamped near Bethlehem. Three of the sons of Jesse were in Saul's army and in them David is sent with food (vv. 13, 18, 19). These brothers scornfully reproached David when he expressed a willingness to fight Goliath, accusing him of pride and reminding him that he was but a shepherd (vv. 26-29). David's words are carried to Saul and he is introduced to the king.

1. **Boastful Pride**, vv. 38-44. Fear and dismay were aroused at the very sight of this proud Philistine (vv. 11, 34, 32), yet such fear was foreign to David, for his eyes were not upon man but upon God (v. 37). He related to Saul his exploits not as boasting but as giving him assurance that God was able to deliver him out of the hand of this Philistine. Saul, who had once been a man of like simple faith, is now as much in fear as any of his army. David was perhaps about twenty years of age and verse 56 calls him a "stripling," hence it was that Saul's armor would not fit him (cf. 10:23). Humanly speaking, it was an impossible thing David offered to accomplish single-handed. Even Saul (v. 32) sought to dissuade David, but David was not trusting in man nor depending upon the armor of the king (v. 39; Ps. 27:1-3; Isa. 12:2; Rom. 8:31). David took his familiar staff and sling (see 1 Thes. 5:2) and sallied forth, "strong in the Lord, not in himself; armed not with steel but with faith." Crossing "the valley" (v. 40 marg.) he prepared his sling, with which every Israelite was skilled (see I Sam. 13:19-23). On came the giant, a man about nine feet tall (v. 4), "a stalking mountain, overlaid with brass and iron," preceded by his protector (v. 41). Why such a soldier after his period of triumph should desire this added safety is not quite clear. It suggests, however, the sinner's timidity which reveals his essential weakness in that he trusts himself, takes no chances, and is even suspicious of his own supporters. What a contrast! This armored giant, carrying only the staff, whereas with he went to fight wild beasts, and his sling! When God calls a man he uses that weapon with which the man is most familiar, and when the church or the Christian soldier seeks to fight in the armor of another, or by using the weapons of the world, it is foredoomed to failure (Ex. 4:2; Judges 3:21).

II. **Conquering Humility**, vv. 45-51. David acknowledged Goliath's superior armament, yet armed with the name of the God of the army of Israel which Goliath had insulted, his confidence overtops that of the Philistine and he hurls back his proud boast. Furthermore, the victory was to be an immediate one, "this day" (Zech. 4:6; James 4:7). With calm assurance he informs Goliath of the outcome of their conflict, but takes no credit to himself. David had naught but naked faith and the sense of a just cause to strengthen his arm. He would do to Goliath and the Philistines the things that Goliath had boasted he would do to David (vv. 44 and 46) "that all the earth may know that there is a God in Israel;" see also v. 47. David's seemingly insufficient preparation is now revealed to be abundant, for he had four stones more than he needed (v. 49). It is thus that God chooses the weak things to confound the mighty (I Cor. 1:27).

III. **Summary**. We have before us three lessons. First the lesson of individual responsibility. A sinful king paralyzed the effectiveness of the army of Israel. David, "a man after God's own heart," refused Saul's armor, crying out "I cannot go in these." Saul, bound by tradition, must use conventional weapons. Every great advance in the history of the church has been by some man who struck out boldly, insensible alike to the conventionalism of his friends and the gibes of the enemy. God would have every man work according to himself, not copying, not imitating, but with his own equipment. Second, all the giants of sin have not yet been overthrown. We still have the giants of Intemperance, Unchastity, Graft, Selfishness, Ambition and the inequalities of our civic and social life. These can only be overcome in the strength of God. Bunyan mentions three giants, Pride, Grim and Pagan; to these we may add, Anger, Untruthfulness, Selfishness and Sullenness.

Third, Our Helper. See Golden Text. Of all the grapes David possessed, faith was the root of each one—faith in a living God. His active faith caused him with humble feet to attack this blasphemous enemy (v. 48). His faith in God characterized his entire life, resounds in his songs and strengthened his life of service for Jehovah.

It is such faith that strengthens the arm of the true saint of God, that enables him to "overcome" in his own life, to undertake for God and to go to the ends of the earth in his name.

Atonement.
"I hate the smell of mothballs and there's the woman next door hanging up the clothes she has had put away with them." "Why object to that? She's doing you a neighborly kindness in airing your grievances."

But That's Serious.
Some girls seem to slip along through life without any more serious worries than how to keep the shoulder straps of their evening gowns in place. —Columbus (O.) Journal.

CASTORIA
900 DROPS
ALCOHOL—3 PER CENT
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of **INFANTS & CHILDREN**
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**
Recipe of Old Dr. SAMUEL LITCHER
Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac-Simile Signature of **Chas. H. Fitcher**
THE CENTAUR COMPANY, NEW YORK.
At 6 months old 35 Doses, 35 CENTS.
Exact Copy of Wrapper.

WISDOM IN HIS JUDGMENT
Rabbi's Decision Worthy of Any of Those That Have Been Credited to Solon.

Many of the best stories among the Jews are told about rabbis who were called in to render decision in difficult disputes. These decisions are at times as crafty as those of the ancient Solon.
A rich Jew, lying on his deathbed, sent for his brother.
"Brother," he said, "I am dying. I leave \$50,000, and I desire you to dispose of my fortune as I instruct you. Give my wife as much as you want and keep the remainder for yourself."
He died soon after, and after dividing the fortune the brother kept \$40,000 and gave the remaining \$10,000 to the widow and her children. The widow, not satisfied with this amount, complained to the rabbi (who always appears in the role of the widow's protector). The rabbi ordered the brother to appear before him.
"You have disobeyed your brother's dying wish," said the rabbi.
"Not at all," replied the brother.
"He told me to give his widow as much as I want and to keep the rest for myself."
"Precisely," responded the rabbi.
"You took \$40,000 and gave the widow \$10,000. Therefore, you wanted \$40,000. Did not your brother say, 'Give my wife as much as you want'?"
Therefore, I order that you give her \$40,000. Furthermore, did not your brother say, 'Keep the remainder'?"
Therefore I order you to take \$10,000. I have judged. Begone!"

Healthy Baby Smiles.
An interesting mental process with physical manifestation which is found in every healthy baby is smiling. It is a remarkably early one, too, and a child of a month old will often show a distinctly pleased smile when its little face is patted or it is tickled. At first the smile spreads very slowly over the tiny features, then, as time passes, flashes up on the face and dies away again with equal celerity, and by the time the first three months are past is accompanied often enough by little chuckles of glee.
But laughter comes later, often much later, and many children never really laugh until they are a year old, or even more. It is, indeed, very rare to hear laughter before the first six months are accomplished, and when it is heard it should be regarded as a symptom of unusual intelligence, may be gratifying to a mother's pride, but most certainly not to be excited or provoked.

Aviation Stunt in Prospect.
Mistreat (to new girl)—I hope you are not in the habit of kindling the fire with kerosene.
Girl—Oh, no, mum. I always use paper to kindle with; it's only to hurry up the fire after it's kindled that I pour on kerosene.
The Diet.
"Men are what they eat."
"Then I suppose critics live chiefly on roasts."
Our idea of a philosopher is the man in the hole who contrasts himself with the poor devil in the trench.

The Perpetual Round.
"What is a man of leisure?"
"A man of leisure," replied Miss Cayenne, "is one who puts in the summer worrying about what he will do in the winter and who devotes the winter to worrying about what he will do in the summer."
Up in the Air.
"Have you ever been up in an aeroplane?"
"No, but I once acted as judge at a baby show."
Unnecessary Advice.
"Don't question my veracity, sir."
"I won't. It wouldn't answer."—Baltimore American.

CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria
Always Bears the Signature of **Chas. H. Fitcher**
In Use For Over **Thirty Years**
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

Sick Women Attention

Is it possible there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, which proves beyond contradiction that this grand old medicine has relieved more suffering among women than any other one medicine in the world?
We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine for women—and every year we publish many new testimonials, all genuine and true. Here are three never before published:

From Mrs. S. T. Richmond, Providence, R. I.
PROVIDENCE, R. I.—"For the benefit of women who suffer as I have done I wish to state what Lydia E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous prostration, from which I did not recover until I had taken Lydia E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."—MRS. S. T. RICHMOND, 84 Progress Avenue, Providence, R. I.

From Mrs. Maria Irwin, Peru, N. Y.
PERU, N. Y.—"Before I took Lydia E. Pinkham's Vegetable Compound I was very irregular and had much pain. I had lost three children, and felt worn out all the time. This splendid medicine helped me as nothing else had done, and I am thankful every day that I took it."—MRS. MARIA IRWIN, R.F.D. 1, Peru, N. Y.

From Mrs. Jane D. Duncan, Quincy, Mass.
SOUTH QUINCY, MASS.—"The doctor said that I had organic trouble and he doctored me for a long time and I did not get any relief. I saw Lydia E. Pinkham's Vegetable Compound advertised and I tried it and found relief before I had finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."—MRS. JANE D. DUNCAN, Forest Avenue, West Quincy, Mass.

W. L. DOUGLAS
MEN'S \$2.50 '3 \$3.50 '4.00 '4.50 '5 \$5.50 SHOES
WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 \$4.00 SHOES
BOYS' \$1.75 '2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50
YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES
W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal prices, can compare favorably with W. L. Douglas shoes for workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.
The \$3.00, \$3.50 and \$4.00 shoes will give you good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$6.00 to \$8.00.
There are many men and women wear W. L. Douglas shoes. Consult them and they will tell you that W. L. Douglas shoes cannot be excelled for
CAUTION! When buying W. L. Douglas shoes look for his NAME AND PRICE stamped on the bottom. Shoes that display the name of W. L. Douglas but do not have his name and price stamped on the bottom before they leave the factory, do not represent W. L. Douglas shoes. Beware of cheap imitations. If you are paying your money and are entitled to the best. If your dealer cannot supply you, write for our Illustrated Catalog showing how to order by mail. W. L. Douglas, 210 Spink St., Brockton, Mass.

FACTS ABOUT THE MORTGAGE
For One Thing, as a Tireless Worker It May Be Said to Hold the Record.
A mortgage makes a man rustle and it keeps him poor. It is a strong incentive to action, and a wholesome reminder of the fleeting months and years. It is fully as symbolical in its meaning as the four-glass and scythe, that mean death.
A mortgage represents industry, because it is never idle, night or day. It is like a bosom friend, because the greater the adversity the closer it sticks to a fellow. It is like a brave soldier, for it never hesitates at charges, nor fears to close in on the enemy. It is like the sandbag of the thug-silent in application, but deadly in effect. It is like the hand of providence—it spreads all over creation, and its influence is everywhere visible. It is like the grasp of the devil-fish—the longer it holds the greater its strength. It will exercise feeble energies and lend activity to a sluggish brain, but no matter how debtors work the mortgage works harder still. A mortgage is a good thing to have in a family—provided, always, it is in somebody else's family.—New York World.
Considerations of Precedence. "Why did that girl marry Mr. Ad-dlewell?"
"Some idea of precedence, I suppose. She wanted to be among those who lead the list in the city directory."
In these mercenary days a man can break up his home by dropping his wad.
Only a selfish man will allow his life insurance to lapse just before passing in his checks.

W. L. DOUGLAS
If you could visit the W. L. Douglas factory at Brockton, Mass., and see how carefully the shoes are made, and the high grade leathers used, you would then understand why they look and fit better, hold their shape and wear longer than other makes for the price.
W. L. Douglas shoes are sold through 800 stores in the large cities and shoe dealers everywhere.
BEWARE OF SUBSTITUTES