

"CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box. Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Explanation to Her Guests.

A little girl gave a children's party the other day to certain of her young friends. She was very anxious that everything should be done properly, and just before the arrival of the guests was discussing matters with her mother.

"Mamma," she asked, "shall we say grace?"

"No," said mamma; "it will be a very informal dinner, and I think you need not do that."

That meant one ceremony the less to be gone through, and was a relief. But the little lady was anxious to have all her guests understand it. So, as they gathered about the table, she explained:

"Mamma says that this is such an informal dinner that we need not have grace today!"

Liked the Church, But—Sweet Girl—Do you enjoy taking me to church?

Lover—Not so much as riding with you in a street car.

"Goodness! Why?"

"The sexton never yells, 'Sit closer, please.'"—New York Weekly.

Attention, Mothers!

Write Wm. Wrigley Jr. Co., 1304 Kesner Bldg., Chicago, Ill., for 28 page beautifully colored "Mother Goose Jingle Book." Sent free to all readers of this paper.—Adv.

How the Misunderstanding Arose.

Behalazar saw the writing on the wall.

"I can't make head or tail of it," he cried, "it is evidently censored."

One way to become a satisfactory guest is to postpone the visit.

Silence may be golden or it may be an admission of guilt.

Uric Acid in Your Food

Even dogs can eat too much meat. Certainly, many people "dig their graves with their teeth." Few get enough exercise to justify a meat diet, for meat brings uric acid. The kidneys try hard to get rid of that poison, but often a backache, or some other slight symptom will show that the kidneys need help. The time-tried remedy, then, is Doan's Kidney Pills.

A Virginia Case

Erasmus Williams, 1601 Dearing St., Lynchburg, Va., writes: "For years my back and kidneys troubled me. I had spells of pain that counted me to bed for days. It was hard for me to stoop and I was miserable. I tried remedies and doctors, but without benefit until I used Doan's Kidney Pills. They removed the pain and aches and corrected the other kidney ailments."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.



EVERY HORSE OWNER SHOULD KEEP A BOTTLE OF YAGER'S LINIMENT

There is Nothing Just as Good For SPRAIN, SWELLY, WOUNDS, SWELLINGS, CALLS, SPRAINS, SCRATCHES, COLLAR BOILS, Etc.

SOME TESTIMONY: "I unhesitatingly pronounce Yager's Liniment the most wonderful horse Liniment I have ever used. Have been handling and training horses for over twenty years and have had hundreds of different brands of so-called horse remedies. I wish your Yager's Liniment the large sale it so well deserves, and recommend it to all horsemen."

B. L. TUFT, Salem, N. J., Driver and Trainer of W. Penn. Horse, E. M. Large Bottle, 25c, at Dealers.

Prepared by GILBERT BROS. & CO., INC., BALTIMORE, MD.

The Real Winner. The man who really wins in a lawsuit is the lawyer.—Atchison Globe.

Taking Away the Stones

By REV. HOWARD W. POPE, Superintendent of Mrs. Moody Bible Institute, Chicago

TEXT—Take ye away the stone.—John 8:23.

There are many stones of ignorance, perplexity, and belief which one encounters in Christian work, and it often requires great skill to remove them.

Occasionally we meet a person who claims that there are so many conflicting opinions among Christians that he does not know what to believe. Remind him that the differences of opinion, as a rule, relate to minor matters,

such as the mode of baptism or the method of church government, and not to the vital question of salvation. While they may differ some as to forms of worship and methods of government, it is foolish for one to allow his attention to be diverted to these side issues, and lose sight of the main question. Besides, it is an indication of mental laziness when one is not willing to search the Scriptures and form an opinion of his own. God has given us the Bible which reveals his will, and a mind capable of understanding it (John 20:31). God's will concerning the way of salvation is revealed so clearly that even a child can understand it. What excuse have we then for deferring our duty?

We have no right to hold this matter of repentance in suspense simply because there are some things in the Bible which we do not understand. There always will be things in the Bible which we do not understand, and if we wait until all things are understood by us we shall never be saved. We will obey that part of God's word we do understand, and we will soon get light on some of the obscure things.

I once met a man on the train who claimed to be a skeptic. He said there were so many different religions that he did not know what to believe. "One claims that we ought to worship Buddha and another Confucius. Some say that Mormonism is the true religion, and I suppose you would say that Jesus Christ was the only Saviour in the midst of all these conflicting opinions, how is one to know what to believe?"

I said to him, "My friend, did you ever embrace any one of those religions?" "No, sir."

"You remember the fable about the horse which stood between two stacks of hay. He was about to take a bite from one when there came a smell of clover from the other so inviting that he hesitated; then he caught a whiff from the other which led him to turn again, and finally he starved to death between the two stacks, because he could not decide which to eat from."

"Now, my friend, are you not making the same mistake which the horse made? Here you stand in the midst of all these religions starving your soul because you do not know which one to choose. Had you not better embrace some one of them, and do it quickly? If you think that Buddhism is the most promising become a Buddhist. If you think Mormonism is from God, become a Mormon. If you find salvation from sin in these religions continue in them, but if not, then accept Christ as your Saviour, and I am sure you will find salvation in Him. He is the truth; seek no further. But by all means embrace some religion, and do it quickly for you are starving your soul for the lack of some one to worship and obey."

"I believe there is some truth in what you say," said the man, "but this is my station and I must leave you. I am glad we have had this conversation and I hope we shall meet again."

Apparently the man was convinced of his mistake, and was becoming interested, but he was leaving the car and what could I do? I thought of the little package of leaflets which I usually carry, and selecting a couple I rushed out on the platform and gave them to him. One was the Christian life card, and the other was a leaflet written by Dr. J. W. Chickering of Washington, D. C. Before he died the author had the names of over seven hundred people who had written him or told him personally that they attributed their conversions to this tract.

Daniel Webster states his position very clearly in a letter written to a friend: "I believe that God exists in three persons; this I learn from revelation alone. Nor is it an objection to this belief that I cannot comprehend how one can be three, or three one—I hold it my duty to believe, not what I can comprehend or account for, but what my maker teaches me to believe religion to be a matter not of demonstration, but of faith. God requires us to give credit to the truths which he reveals, not because we can prove them, but because he reveals them."

Attach thyself to the good and thou wilt become one of them.—Proverbs.

Paint of Great Value.

A paint is made from the oil of beans which grow in great quantities in Manchuria which is said to be fire and waterproof.

A Clinch.

"How did you find the roads down East, Mrs. Nurich?" "Oh, it was very simple. We had a guide book."

The Real Winner.

The man who really wins in a lawsuit is the lawyer.—Atchison Globe.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course, Moody Bible Institute, Chicago.)

LESSON FOR MARCH 7

SAUL ANOINTED KING.

LESSON TEXT—1 Samuel 9:17-10:1. GOLDEN TEXT—Fear God, honor the king.—1 Peter 2:17.

Because of the acts of Samuel the people petitioned for a king (ch. 8:5). They are told plainly what to expect if a king is set in authority (ch. 8:19). God, however, granted their petition and spoke "in the ear" of Samuel, saying, "I will send thee a man," telling him of the work which this man is to undertake (ch. 9:15, 16).

I. "Samuel Saw Saul" vv. 17-21. Saul was a man to gaze at and to admire (ch. 9:2). His fruitless search for his father's asses leads him to the city wherein Samuel was residing. There he is advised to consult the "man of God" about his difficulty—a good suggestion for us all. This experience (ch. 9:14) exhibits Samuel in a new light. The word "seer" indicates "one who sees," one who sees the things God makes manifest in dreams (Num. 24:1-6). While the word is similar to the modern term "clairvoyant" yet the latter are not the successors of these Old Testament "seers" or "prophets." They are rather the successors of the false prophets (Jer. 17:14), and of those who dealt with familiar spirits (1 Chron. 10:13-14; Isa. 8:19-20; 2 Kings 21:1, 2, 6). Saul evidently did not know Samuel (vv. 16-18).

Samuel took Saul with him for the night to take his mind off his father's asses and to prepare him to receive the word from God. Christians take far too little time to withdraw themselves and take their restless minds off the things of time and sense to be still and hear the word of God. What were a few asses to Saul, to him "for whom all that is desirable in Israel" (v. 20 R. V.)? Christians who are heirs to the heavenly kingdom ought not to set their affections on the poor possessions of earth (Col. 3:1, 2; Cor. 4:18). In response to Samuel's information, Saul disclaims any greatness; indeed, is he not from one of the least of the families of one of the smallest of the tribes (v. 21). Such humility gave great promise for Saul's future usefulness. Such was the mental and spiritual attitude of the man whom God chose to be king (ch. 15:17). It was later, when pride and power had puffed him up, that the kingdom was taken away from him (ch. 15:23; 16:1; Luke 14:11; Heb. 13:1).

II. "Samuel Took Saul" vv. 22-24. Saul was then led into the guest chamber and placed in the chief seat. Read our Lord's parable found in Luke 14:7-11. Samuel then bade the cook bring the thigh, which was a choice piece of meat especially reserved for those thus honored (Ezek. 24:4). Such a portion belonged to the priest (Lev. 7:32). That which did not belong upon the altar Saul was to eat (v. 24). Samuel and Saul may have had the preference and eaten before the other guests (v. 13), and Saul is made acquainted with the special honor conferred upon him. Following the feast, they return to Samuel's home, where Saul is conducted to a couch upon the flat housetop (Acts 10:9). Here Samuel had private converse with Saul (v. 25 R. V.). What that converse may have been we know not, but we are reminded of one such nocturnal conversation which gave to the world God's most precious summary of his love (John 3:1-16).

Samuel poured oil upon Saul's head. Prophets, priests, kings and cleansed lepers were so anointed, a type of the anointing by the holy spirit (1 Kings 19:15, 16; Lev. 8:12, 14, 2; Isa. 61:1; 1 John 2:20 R. V.). This act was also a symbol of entire consecration to God, and pointed forward to the coming king (Messiah, Anointed One) whom God himself would anoint (Ps. 45:7).

Saul was anointed to be "a prince" and to save God's people (ch. 9:16; Acts 5:31). His ear is always open to the cry of his people. Even though they had sinned, and their sorrow was because of their own disobedience, yet God regarded their affliction (Ps. 106:43, 44). Only God's anointed ones can save (Isa. 61:1-3).

Saul's selected task was to save Israel out of the hands of the Philistines (See Luke 1:69-71). God's eye sees the oppression of mankind and his ear is always open to the cry of the poor and needy; of innocent children suffering because of the sins of parents; of men defrauded of justice. But the delivering remedy will not be brought by any earthly king. Man-kind is today crying for a king (sometimes it is termed "democracy") and will not have God to rule over them.

Headless of his warnings, blessed by his bounty, they struggle and scheme to beat their own head.

Saul's humility rapidly gave place to pride and ambition, ambition to oppression, and finally to an untimely end, due to disobedience. When our king comes the skillfully constructed scheme of man's government, wherein graft and pride, ambition and lust, find such a prominent place, will be set aside for a kingdom wherein justice and love, equity and service, will be meted out to every man; one wherein ideals will become realities.

"California Diamonds."

"California diamonds" are made from crystals of quartz, the most abundant of all minerals. Sometimes they are cut and sold as "white topaz," but more often as California diamonds.

Sometimes a Difficulty.

"Love makes the world go round," quoted the Wise Guy. "Yes, but it doesn't always seem able to make both ends meet," added the Simple Mug.

Children Love It— Don't Deny Them

Dentists affirm its helpfulness to teeth and gums. Doctors attest its aid to appetite and digestion.

Give the kiddies all they want. Use it yourself—regularly. Keep it always on hand.

Cultivate the saving instinct with the United Profit-Sharing Coupons around each package, good toward high-grade merchandise.

Have you seen "Wrigley's Mother Goose"—newest jingle book—28 pages in colors?

(Here is a sample verse and illustration)

There was an old Spear-woman lived in a shoe— For her many young hopefuls she knew what to do! She made them most happy with WRIGLEY'S for all— It kept them in trim at a cost very small!

The "Wrigley Spearmen" want you to see all their quaint antics in this book, free! Write for it today to

WM. WRIGLEY JR. CO., 1304 Kesner Bldg., Chicago 507



"Chew it after every meal"

On the Road. "Has he reformed?" "Not exactly. He's just flirting with conscience."—Judge.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Chas. H. Fletcher* in Use For Over 30 Years. Children Cry for Fletcher's Castoria

Not Tactfully Put. Houseman—If I'd known you were going to drop in on us so unexpectedly we would have had a better dinner. Horton—Don't mention it, old man; but next time I'll be sure and let you know.

NEVER HAD A CHILL. After taking ELIXIR BARKEN, my little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try ELIXIR BARKEN. I gave it to her and she has never had a chill since. It completely cured her. Mrs. Cyrus Helms, 202 E. St., N. E., Washington, D. C. ELIXIR BARKEN 50 cents, all druggists or by Parcel Post prepaid from Kloczewski & Co., Washington, D. C.

What Interested Her. "The overture is about to begin. We might as well go in." "Did you get your wife a book of the opera?" "No, she doesn't care for the opera. I would pay well, however, for a catalogue or price list of the jewels being worn in the boxes."—Kansas City Journal.

IF BACK HURTS CLEAN KIDNEYS WITH SALTS

Drink Lots of Water and Stop Eating Meat for a While if the Bladder Bothers You.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush out the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

His Evening Stunt.

Rankin—I saw a wonderful thing today. Phyle—What was it? Rankin—A Japanese vaudeville performer wrote a sentence with each hand and talked at the same time.

Phyle—That's nothing; every evening I have to read the paper while I am carrying on a four-cornered conversation with my wife and three children.

MADE A LIGHTNING CHANGE

Occasion When Lord Salisbury Wasted Little Time in Getting Into Dinner Costume.

The late Lord Salisbury, says Count Paul Vassili in his book, "Behind the Veil at the Russian Court," shared with the rest of his family the defect of being rather careless in his dress and general appearance. Lord Odo Russell, who long represented England at Berlin, told Count Vassili this amusing little anecdote in illustration of that characteristic:

"One evening," says the count, "Lord Odo and I were chatting about Lord Salisbury's attitude toward his personal appearance—not ill-naturedly, for it is doubtful which of us had the greater admiration for the remarkable statesman in question—and Lord Odo laughingly mentioned to me his surprise when one day, after the dinner bell of the embassy had been rung, he found Lord Salisbury, who was living there, still busy at work in his study."

"He rushed out," said the ambassador, "and before I had time to put aside the papers on the table, literally in three minutes, was back again ready for dinner. Now in that time he could not even have washed his hands, yet there he was in evening clothes! I could not help asking him how he managed to dress so quickly. 'Oh, my dear Russell,' he said, 'anyone can change his coat at once, and I had black trousers on already.'"

Presence of Mind.

"What did you learn at the school?" The lass asked the fair young applicant for the stenographer's job. "I learned," she replied, "that spelling is essential to a stenographer." The boss chuckled. "Good. Now let me hear you spell essential." The fair girl hesitated for the fraction of a second. "There are three ways," she replied. "Which do you prefer?" And she got the job.

The Collision.

Two friends had acquired automobiles, honestly, and were swapping experiences as able navigators. "I ran into a party on the street Sunday and had to get off and help him," said one. "I ran into one yesterday," said the other. "Did you get off?" "You but I didn't. The judge fined me \$10 for reckless driving."

Taking Chances.

"I'm afraid that filibustering speech I've been making will subject me to a great deal of criticism," exclaimed Senator Sorghum. "It's a good speech." "Yes. But it's clearly in violation of the eight-hour law."

Have Healthy, Strong, Beautiful Eyes. Oculists and Physicians used Murine Eye Remedy many years before it was offered as a Domestic Eye Medicine. Murine is Still Composed by Our Physicians and guaranteed by them as a Reliable Relief for Eyes that Need Care. Try it in your eyes and in Baby's eyes—No Smarting—Just Eye Comfort. Buy Murine of your Druggist—accept no Substitute, and if interested write for Book of the Eye Free. LUBINE EYE REMEDY CO., CHICAGO

Every old woman knows a lot of sensible things that are not to be found in books.

A simple remedy against coughs and all throat irritations are Dean's Mentholated Cough Drops—best of all good Druggists.

When a policeman uses his club he generally raps for order.

To Herd Sheep With Aero. Stanley Smith arrived here today, bound for New York, where he expects to buy an airship to round up the sheep on his 75,000-acre ranch at the foot of Crazy mountains in Montana.

Smith lives at Martinsdale, which has 40 inhabitants, each of whom has an automobile. He said he had used autos to round up his stock, but expects the airship to reduce the cost and expedite the speed about 25 per cent. He has decided on a dirigible—Chicago Dispatch to New York Herald.

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair. A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant. Adv.

That's So.

"Golf is a good game, but it has its limitations." "How so?" "You never see a golfing story where the hero saves the game in the last three minutes of play."—Kansas City Journal.

There is something wrong with the man who looks upon any charitable act with suspicion.

Do not expect to live forever on the fruits of one victory.

Salesmen Wanted

We can use several budding agents to sell our line of Standard Nursery Stock. Liberal proposition. Cash weekly payment. Complete outfit free. Write immediately for our Office. W. T. HOOD & CO. OLD DOMINION NURSERIES, DEPT. B, RICHMOND, VA.

PATENTS

W. N. U., BALTIMORE, NO. 10-1915.

Roofing that must last! You can't tell by looking at a roll of roofing how long it will last on the roof, but when you get the guarantee of a responsible company, you know that your roofing must give satisfactory service. The only real test of roofing quality is on the roof. Buy materials that last. Certain-teed Roofing. 1-ply guaranteed 5 years, 2-ply guaranteed 10 years, 3-ply guaranteed 15 years. General Roofing Manufacturing Company. World's largest manufacturers of Roofing and Building Papers. New York City, Boston, Chicago, Pittsburgh, Philadelphia, Albany, Cleveland, Detroit, St. Louis, Cincinnati, Kansas City, Minneapolis, San Francisco, Seattle, London, Barbours, Sydney.