than a constant backache. You are lame when you awake. Pains pierce you when you bend or lift. It's hard to rest and next day it's the same old story.

Pain in the back is nature's warning of kidney ills. Neglect may pave the way to droppy, gravel, or other serious kidney sickness.

Don't delay-begin using Doan's Kidney Pills—the medicine that has been curing bac ache and kidney trouble for over fifty years.

A Pennsylvania Case Mrs. A. heim, 6436 and Ave., hiladelphia, Philadelphia, P a. ... says: "Kidney com-plaint in my case began with terrible pains through my joints. The least cold I caught put er doctoring without relief I used boan's Kidney Pills and they complete

Get Doan's at Any Store, 50c a Box DOAN'S HIPNEY FOSTER-MILBURN CO., BUFFALO. N. Y.



Tutt's Pills

MALARIAL REGIONS,

will find Tutt's Pills the most genial restora-HIGH IN DARKTOWN'S "400"

Surely Little Question as to the Social

Status of Mr. Samuel Brown. Senator Morris Sheppard of Texas

is an ardent advocate of river improvements. Apropos of the river steamers, before the advent of the railroad, he tells the following anecdote: In "befo' de war" times it was cus-

regard the stoker on a steamer as one one night, on the Mississippi river bank, a certain Sam Brown was introduced to a dusky belle. Facing her former partner she turned up her nose and remarked:

"What fur does yer interduce me ter such low-down trash as Sam Brown ?"

"Sam Brown low-down trash!" exclaimed the man, rolling the whites of don't know what yer is talking about! in Mississippi-he fires de middle furnace on de River Queen all by hisself!"

Important to Mothers
Examine carefully every bottle of
CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chart Hillithing.
In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

Rather Old-Fashioned.

"I like to see a house with all mod-

ern improvements." "So do L" "But a woman of that sort doesn't

Frank.

look human."

"The man who tells us of our faults is our best friend," quoth the philosopher. "Yes; but he won't be long," added

the mere man .- Judge. From the Style Book.

"Pop, what are pajamas?" "A happy medium, whose parents were a smoking jacket and a Mother Hubbard."



EVERY HORSE OWNER

YAGER'S

SPAVIN GALLS SWEENY SPRAINS WOUNDS SCRATCHES COLLAR BOILS, & SWELLINGS

SOME TESTIMONY: "I unhesitatingly pronounce Yager's Liniment the most wonderful Horse Liniment the most wonderful Horse
Liniment I have ever used. Have
been handling and training horses for
speed for twenty years and have had
hundreds of different brands of socalled horse remedies. I wish your
Yager's Liniment the large sale it so
well deserves, and recommend it
most highly."

B. L. TUFT, Salem, N.J.

Deserved Trainer of Win Page 1

Driver and Trainer of Wm. Pe.n. Record, 27%

LARGE BOTTLE, 25c., at Dealers Prepared by GILBERT BROS. & CO., INC.

W. N. U., BALTIMORE, NO. 4-1915.

BALTIMORE, MD. ance.

Stop That Backache KEYSTONE STATE IN SHORT ORDER

Latest News Happenings Gathered From Here and There.

TOLD IN SHORT PARAGRAPHS

Girl Admits Being Twice a Bigamist. Coal Co.'s Right To Mine Under School Upheld-False Teeth Strangle Woman.

Arrested at Washington on charges of bigamy and perjury, Mrs. Ida Mae Barker-Wright-Kerns-Amos, aged 22 years, a well-known young woman and member of a well-to-do family, created a sensation by calmly admitting that she has had three husbands and no divorces. She added that the suicide of her third husband, George H. Amos, on Christmas, during their honeymoon, was the direct result of his discovery of her numerous marriages. Seated in a cell, in the county jail, the girl, who is an attractive blonde and looks younger than she is, told in detail of her matrimonial experiences and remarked that ill fortune had always followed her in her marriages

In an opinion handed down by Judge E. C. Newcomb, the Scranton School Board loses its case to enjoin the Clearview Coal Company from mining under Number Forty School, North Scranton. The injunction was asked by two city tax-payers, backed by the school board and the State. The school district requested the court not only to order mining under the school property to cease until such time to proper support was provided, but that mining within a distance of 375 feet of the school premises should be stopped.

Ralph Mensinger, aged 16, one of eight boys arrested by County Detective D. T. McKelvey and James Mc-Dermott, special Lehigh Valley Railroad detective on the charge of breaking into the Oneida store and school house, confessed that he was implicated with George Van Blargen, also of Oneida, in the attempted dynamiting and robbery of the Lehigh Valley Coal Company pay train on October 14.

Robert and William Fisher, brothers of Llewellyn, were imprisoned in a flery furnace by an explosion of gas at tomary, among the dusky belles, to the Pine Dale Colliery. Robert died in the Pottsville Hospital, while his of high social status. At a negro ball | brother is in a critical condition. The gas was accidentally ignited, and although the brothers dropped to the floor to escape the flames, fire played over their prostrate bodies until the flesh was blackened.

William Myers, formerly proprietor of the National Hotel at Dover, York county, was arrested on information made by Deputy State Fire Marshal his eyes in surprise, "Why, 'oman, yer | William W. Wunder, of Reading, charged with setting fire to the hotel. Why, Sam Brown is the biggest man He was held under \$1,000 bail for a The fire occurred on August 16 last, a day before the license was transferred to another proprietor.

> John E. Reese, ex-assistant cashier of the First National Bank, of Nanticoke, pleaded guilty in Federal Court at Sunbury to embezzling \$12,500 from the institution by means of using false credit slips in the savings department, and then destroying them. He was sentenced to serve three years in the Eastern Penitentiary, and pay a fine of \$1,000.

The town of Gordon, influenced by Billy Sunday's arguments, will go dry, if a petition presented to the Schuylkill County Court is granted. The petition, signed by prominent residents, declares that Gordon is a railroad town and that it is important that this class of men be sober. It also sets out that the sentiment of the town favors the closing of its four saloons.

A Hanover shoe company announced that the working hours of its male emplayes had been reduced from 57% to 54 hours per week, effective at once, without reducing the wage. About a year ago the hours of the female operatives were reduced from 5714 to 50 hours with the same pay. No persons under sixtheen years of age are employed.

Choking on a set of false teeth which lodged in her windplpe when she bent over to pick up her purse from the floor of a street car, Mrs. Thomas J. Middleton, of Scranton, died before she could be removed to a hospital. The falling plate completely locked her jaws so that ordinary first aid was of no avail.

Fires under four furnaces at the Ivy Rock steel plant of Alan Wood Iron & Steel Company, Norristown, were lighted and work for about two hundred men will be furnished after weeks of suspension.

The rear portion of the new \$20,000 public school building in course of erection at Moknton, collapsed, the damage amounting to several thousand | Sheet one, "Paul, 1:1;" and on Sheet dollars. Interior decorators were at work at the time.

Ex-State Senator Webster Grim, or Doylestown, was re-elected president of the Board of Trustees, of Allentown College for Women, at its annual meeting Wednesday.

The eighty cigar factories in and about Reading, resumed operations with 2,000 employes, after being idle since before the holidays. One plant resumed with 400 workmen and one at Boyertown with 500.

It is feared that Rev. G. D. Di Steffano, pastor of St. Joseph's Italian Church, of Pottsville, has perished in the earthquake in Italy. Two months ago he left Pottsville to spend the winter in his native home, which is in the very center of the seismic disturb-

Book-Method of Bible Study

By REV. WILLIAM EVANS, D. D. Director of Bible Course, Moody Bible Institut

[44444444444444444444 TEXT-John 5:39,

I. Read through at one sitting the entire book you are studying.



This task does not take as much time as one might imagine. Seventeen of the twenty. seven books of the New Testament can be read carefully in less than half an hour each; five (Ro-Corinthimans. ans, Hebrews, Revelation) in one hour each, and the historical books as follows:

Matthew, two hours; Mark, one hour and a quarter; Luke, two hours and a quarter; John, one hour and three-quarters; Acts, two hours and a quarter. Without this continual reading it is impossible to get the general thought of the book you are studying.

In this general reading through of the book your purpose is not to analyze, nor is it even to get an outline. but to get an impression; therefore, pay no attention to chapter marks. One is sometimes hindered in Bible study by stopping at the end of a chapter. For instance, John 7 ends with the words: "And every man unto his own house;" chapter 8:1 reads: "Jesus went unto the mount of Olives." Now, suppose we end with the first clause, have we not stopped in the midst of a beautiful thought? The thought is this: That while every man had his own home to which to go, that while the foxes had holes and the birds of the air had nests, yet Jesus had no place to call his own, so he went to the mount of Olives. To obviate the difficulty of which we are speaking it is well to read the Revised Version.

II. Read the book over and over again. In the second reading of the book you will see things that you did not see clearly, if at all, in the first reading. What at first sight was dim and misty will, in the third or fourth reading, begin to assume clear and definite outline.

A careful and repeated reading of the gospel of Matthew, as here suggested reveals the fact that it has a threefold division, each introduced by the words, "From that time Jesus be-Reading up to 4:17 we come to a point which marks the first division from the second: "From that time Jesus began to preach." These words are an indication of the outline sus' period of passion, 16:21-28:20; indicated by the words, "From that time forth began Jesus to show unto his disciples, how that . . . he must suffer." This brief outline is sufficient to illustrate the great advantage of the continuous reading of the book un-

der study. III. Read the book prayerfully. Rereal sense no ordinary book. It is an extraordinary production; it is a supernatural work. The Spirit of God inspired its writers. The same power must illumine its readers if they are to understand its meaning. We ought never to attempt the reading of God's Word without the prayer of David in our hearts: "Open thou mine eyes, that I may behold wondrous things out of thy law." (See I Cor. 2:9-16; Isa,

29: 10-12.) IV. Read the Book without the use of any helps. This does not mean that we are to despise or lightly esteem all that God has said to the race through godly men. But we must allow the Bible to speak for itself.

V. Suggestions for the study of the Epistle to the Ephesians:

1. Begin by reading the epistle through three times at one sitting, making no special effort to do anything more than catch the author's spirit and the drift of his argument. Read now for general impression only.

2. Read the book through the fourth time carefully and thoughtfully for the purpose of finding out and classifying questions of introduction, such as, Who wrote the book? Why was it written? What was the character of the people to whom it was written?

Have by your side as many sheets of paper as there are questions of introduction. Write a headline on each sheet, viz: On sheet one-The author; who wrote the book? Sheet two-The persons addressed; to whom written? Sheet three-When written? Sheet four-Why written?

Now begin to read the text carefully, prayerfully and thoughtfully. Chapter 1, verse 1, gives us two points -the author of the book and the persons addressed. Now write down on two write "the saints which are at Ephesus, and the faithful in Christ

Read through the epistle with these questions in mind, and whenever an answer occurs write it down on its respective sheet, giving the words of the text and the exact reference.

Jesus, 1:1."

Unkind Comment.

Recently while going through a cemetery in a California town the visitor came upon this on a tombstone: "I would not live alway." Beneath the inscription some irreverent person had penciled, "Sour Grapes."

Needed Preparation.

Before a man starts out to reform the world he ought to know how to spell correctly the common words in the English language. People might have more faith in him.-Toledo Blade.

emperance (Conducted by the National Woman' Christian Temperance Union.)

CHRISTIAN CITIZENSHIP (Excerpts from an address delivered before the National W. C. T. U. convention by Mrs. Frances E. Beau champ of Kentucky.)

Why do we have blind babies? We do not have blind calves, blind colts, blind pigs, and blind lambs. While the problem confronts us the statistician steps up behind us and tells us that 68 per cent of all the children that are born blind come into this world thus hampered because the grimy hand of the liquor traffic. through the drink habit of the parents or grandparents lifted itself out of the past and projected itself into the future, and closed the eyes of the children before they were born. The scientists tell us that so far as the blight upon future generations is concerned, a man would better get hilariously drunk now and then and stay sober the rest of the time, than to be a constant, moderate drinker, continually taking into his system small quantities of alcohol.

I ask you to estimate how many blind children we have in the United States, count the cost to the state of maintaining its institutions for the blind, and then put it down as part of the tribute we annually render to King Alcohol that he may go on in his work of putting out the eyes of

generations that are to come. Why should America have deaf children? As you are pondering upon this problem the statistician again steps up behind you and says, as in the case of the blind, that about 68 out of every 100 (taking the average throughout the land) of all these children who are born deaf, are the victims of this same great destroyer, the liquor traffic. If the lower animals were fed on alcohol, as is the higher animal, they would have deaf colts, and deaf calves, and deaf pigs, and deaf lambs. Did you ever think what this means? What it means in economic loss to the nation

From 25 to 50 per cent of all the insane in this nation are victims of alcohol used sometimes on the prescription of the physician; sometimes constantly in patent nostrums; often in moderate quantities, and frequently to excess.

Illinois, Indiana, Ohio, New York, Pennsylvania and Kentucky are the six great whisky producing states of this nation. Illinois, Indiana, Ohio, Pennsylvania, New York and Keptucky have the largest percentage of insanity of any of the states of this nation. Do you call that coincidence? I don't. I call it cause and effect. You can't trample God's laws under foot and go unwhipped of justice.

Sometimes I get a good deal mixed up on the question of who the criminals are. Often I am quite convinced that the poor fellow behind the bars is not half so bad as the man who walks down the street, prides himself of the book: (1) Jesus' period of prep. on his strength, and juts into the box aration, 1:4-16; (2) Jesus' period of a ballot to enthrone in office men evangelistic effort, 4:17-16:21; (3) Je- who he knows will not enforce the law.

I want you to go with me to the prison for a little while at the time the men fall in line to march to their cells at night. If you have such a splendid Christian warden as we have in our Kentucky state reformatory and in our state penitentiary, you can say to him, "Won't you call that line member that the Bible is in a very to a halt and order every man who came here for offenses committed when he was under the influence of alcoholic liquor, as shown by the evidence adduced in the trial, to step out of that line over here." If you are not up on statistics you will be amazed at the results. If you were in Kentucky 86 out of every 100 of these men, according to the decisions of the courts, would step out and form a new line. If you were in New York, according to the decisions of the courts, 92 out of every 100 would step forward. I ask you, which is more of a criminal, the man who votes to establish an institution to make criminals, or the poor fellow, who with muddled brain commits some offense for which he is sentenced to the penitentiary?

"WOMEN MUST BE WON OVER!" In a three-page illustrated article, the Brewers' Journal recently urged the "trade" to push the home consumption of beer. "Newspaper advertising for beer," it said, "should be designed to attract and appeal to women as well as to men, for if beer is to be used in the home women must be won over to it." The temperance forces, particularly the W. C. T. U., will meet this move on the part of the brewery interests by bringing to the women of the country the truth concerning the results of beer drinking upon themselves and upon their children. They will with more energy than ever continue to enlighten the homemakers and the homekeepers of America as to the nature and effects of the home destroyer which is in beer as well as in the stronger drinks.

HEAVENLY CONDITIONS.

A country clergyman in Russia, writing of the improved conditions in that country under prohibition, says: "The old women in the villages can hardly believe their own eyes and ears, so changed are their men folk. Not a hard word, not a row, but everywhere peace, kindness and industry, War is said to be hell, but this is like a foretaste of heaven."

VERSATILE PRESS AGENT.

The press to a great extent is preacher, teacher and guide, and we are glad that so much of what is good and will abide filters through this great avenue of public influence.-Lillian M. N. Stevens.

rious other kinds.

SALOONS SUPPLANTED. On one street in Wheeling, W. Va. for seven squares where formerly were located 23 saloons there are now found shoe stores, drug stores, meat shops and business enterprises of va-

INTERNATIONAL **SUNDAY SCHOOL ESSON**

(By E. O. SELLERS, Acting Director Sunday School Course Moody Bible Institute, Chicago.)

LESSON FOR JANUARY 24

GIDEON AND THE THREE HUN-DRED.

LESSON TEXT-Judges 7:1-8, 16-23. GOLDEN TEXT-Not by might, nor by ower, but by my Spirit, saith Jehovah of losts.-Zech. 4:6, R. V.

This was the period of israel's transition from a nomadic to an agricultural life. The record we have is an alternate succession of idolatry and subjugation with a return to Jehovah and to liberty.

I. "Gideon and All the People," vv. 1-8. Rallying about him his clansmen Gideon chose a position at the spring of Harod near Jezreel, his back to Mt. Gilboa and the Midianites to the north next to Mt. Moreh. He thus controlled the fords of the Jordan and could prevent the enemy from returning to their homes in the desert country. Outwardly the great discrepancy of numbers made the situation look

dubious for Israel, but in reality the danger was that the army was too large, since when the victory was gained they might "vaunt themselves." Individuals and churches usually count their strength according to num-(See II Cor. 12:9.) If we desire God's strength it must be as we ourselves are weak (Isa, 40:29). God is sometimes limited by having too many and not enough of the right sort. When God delivers he leaves no room for boasting (Eph. 2:8, 9; Rom. 3:27). God can save as well by the few as by the many (I Samuel 14:6), and frequently uses the weak and despised things to confound the mighty (I Cor. 1:27, 28), that "no flesh should glory in his presence" (I Cor. 1:29). These were two tests whereby Gideon was to select his warriors: (1) "Go to, . whoseever is fearful proclaim let him return" (v. 3), it is

not well to criticize too severely the 22,000 who returned; even in the Garden not only Peter, but all the disciples forsook the Master and fled. God does not choose men because they are heroes, but to make heroes of them by the power of his might. (2) There is yet another sifting. God gives Gideon the cive (v. 4), viz., to decide by their method of drinking. Those who drank "as a dog lappeth," were those not to be taken off guard even while drinking.

II. Gideon's Second Assurance, vv 9-15. It was absurd, humanly speaking, for 300 men to expect to defeat 135,000. God "strengthened" Gideon (v. 11). Gideon and Phurah, at God's command, entered the valley and drew near the Midianite host. Avoiding the guard, if any, they drew near enough to hear a man telling his dream to "his fellow." The latter interprets this as nothing else than the "sword of Gideon" (v. 14). Gideon worshiped God and at once returned to arouse camp of Israel III. The Sword of the Lord and of

Gideon, vv. 16-23. In all probability these men wore their usual weapons as soldlers and carried food for their use in pursuing the enemy. However, for this midnight attack they needed only three weapons, lamps, pitchers and trumpets. Each of these have a spiritual suggestion for the Christian. (See Matt. 25:4; Ps. 119:105; also II Cor. 4:6, 7, and Ezek. 33:3, 6; I. Cor. 14:8.) Gideon's stratagem of dividing his men into three companies and then as the pitchers are broken to blow the trumpet caused a lively panic among the Midianites. That Gideon had faith and courage in himself, and in the word of Jehovah, is suggested in his words, "Look on me and do likewise." We are to look to the "captain of our salvation" (Heb. 13:2) and by our lives of obedience prove the devotion of our life (John 15:14, 14:21). As already suggested, there were probably no defenses surrounding the enemy and in the darkness Gideon and his men easily approached the camp. It is easy to imagine the scene-the midnight hour, the army suddenly awakened by a deafening shout, the blasts of trumpets, the 300 torches flashing forth amid the crash of earthenware, and all of this in dense darkness. The Midianites in the confusion turned their weapons against each other and fled toward the Jordan and into the regions beyond toward the desert. Others followed by the ten thousand, a ng toward Succoth and Penuel. Ve of this day have our wars and battles against the wrongs, the principalities and powers of evil, which are around us and within us. Such battles require the same courage, and skill, and consecration of ourselves, as did-the wars of those ancients against the enemies that threatened the very ex-

istence of the people of God God's work in this world is often cone by a few persons who have had a vision of him, who have grown in character and devotion, and who use the simple weapons of lamps, pitchers and trumpets, even as that small company of one hundred and twenty on the day of Pentecost, filled with the Spirit of God, led the forces which ultimately overthrew invincible Rome. The reformation under Luther, the work of the Puritans, Carey in India, the Wesleys in England, and countless other instances are illustrations of this truth, that "one with God is a majority."

One Trouble at a Time. Never bear more than one kind of trouble at a time, advised Edward Everett Hale. Some people will bear three kinds-all that they have had, all they have now, and all they expect to have.

Took the Hint. A wearied young lady hastened the departure of a tedious caller by remarking, as she looked out of the window, "I think we are going to have a beautiful sunrise."

Conditions Must Be Right, Especially to Man Who Must Quiet Activity of Brain.

Many men and women, especially those past their first youth, find difficulty in procuring the sound, restful sleep so necessary to keep mind and body fit. Although, physically, the body is tired out, the brain is as alert as ever, and perfect oblivion is impos sible.

A well-known physician gives some interesting advice on the matter. "Insomnia," he states, "Is one of the penalties of the increasing strain modern life throws upon our brains. The man who works with his muscles and lives in the open air is rarely a victim of sleeplessness.

"The essentials for a good night's rest are mental repose, a requisite amount of muscular fatigue, comfortabel body heat and plenty of ventila

"The most difficult to secure is les sened brain activity. An excellent plan is to take a brisk half-hour's walk just before bedtime, followed by a hot bath and a rub-down, and then a cupful of warm milk and a biscuit or two as one gets into bed.

"If, in addition, the mind be fo cused on some pleasant but not exciting topic, a night's rest is assured to all but the most chronic sufferer.

"The type in which the sleeper suddenly awakes an hour or so after having fallen asleep usually means that more out-door muscular exercise is required."

The Value of Enemies. One of the best assets of a newspaper, or a public man, or a man in business, is the sum total of the fellows who advertise him by exposing a grouch or a grudge through their criticisms. The boosters help-and the knockers also help without knowing it! When you hear a man trying to tear down a newspaper you immediately get that newspaper onto and into your mind, don't you? Never try to silence the knockers-they are your belpers whom you do not have to burden your payroll with. Better put the knockers on your payroll than let them quit!-Jewell Mayes in the Richmond (Mo.) Missourlan.

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

No odds how bad your liver, stemach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels -you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take ascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; the grocery man. cleanse your inside organs of all the blle, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress six." if you will take a Cascaret now and then. All stores sell Cascarets, Don't forget the children-their little insides need a cleansing, too. Adv.

The Soldiers Have Toothache. From accounts which have come from the front, toothache would seem to be one of the bardships of campaigning in the trenches. The sectary of the British Dental association says that a start has been made to provide an efficient staff of dental surgeons for service at the front. Six dentists, who have been given the temporary rank of heutenant in the Royal Army Medical corps, have left for France, and further drafts of qual ified men are being chosen, if they are not actually on the way, for service near the firing line. They will also have the temporary rank of lieuten ant,-London Telegraph.

CARE FOR CHILDREN'S

Hair and Skin With Cuticura. Nothing Easier. Trial Free.

The Soap to cleanse and purify the skin and scalp, the Ointment to soothe and heal rashes, itchings, redness, roughness, dandruff, etc. Nothing better than these fragrant super creamy emollients for preserving and purifying the skin, scalp and hair.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.-Adv.

Provocation. "I am sure you have had provoca-

tion," said the relative, "or you would not be so determined to leave your husband."

"Provocation!" echoed the Indiapant woman. "I bought Fido a package of dog cake. This morning I made biscuits for breakfast. Can you be lieve me when I tell you I found that brute of a man trying to feed Fido my biscuits and coax the dear little pet's perfectly good dog cakes away from him?"-Washington Star.

YOUR OWN DRUGGIST WILL TELL YOU fir Murine Eye Remedy for Red, Weak, Watery Brea and Granulated Eyelids; No Smarting-just Eye comfort. Write for Book of the Eye by mail Free, Murine Eye Remedy Co., Chicago.

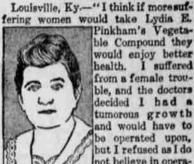
A wise man says what he has to say and then shuts up.

Some people give the impression that

they believe every word they say,

TO SECURE SOUND SLUMBER WOMAN REFUSES **OPERATION**

Tells How She Was Saved by Taking Lydia E. Pinkham's Vegetable Compound.

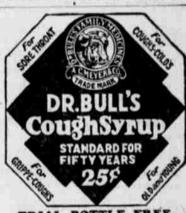


not believe in operations. I had fainting spells, bloated, and could hardly stand the pain in my left side. My husband insisted that I try Lydia E. Pinkham's Vegetable Compound, and I am so thankful I did, for I am now a well woman. I sleep better, do all my housework and take long walks. I never fail to praise Lydia E. Pinkham's Vegetable Compound for my good health."-Mrs. J. M. RESCH, 1900 West Broadway, Louisville, Ky.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these women it will help any other woman who is suffering in a like manner?

If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable Compound.

Write to Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass. Your letter wil be opened, read and answered by a woman and held in strict confidence.



TRIAL BOTTLE FREE Write for it and mention this paper. Address A. C. MEYER & CO. BALTIMORE, MD.

Passing the Word Along Pa, why does corn pop?

Well, you see, the starch polygons are of such a nature as to facilitate expansion and render it explosive in character; there is a fraction of a particle along its two radii, the endosperm swelling very considerably, the peripheral portions cohering with the hull, but the fractured quarters turning back to meet below the embryo-

why, son, where are you going?" "I was going to tell little sister."

Educating Him. "Mamma wants half a dozen 'emons," said Nellie the other day to

"What is it you want?" he inquired somewhat puzzled. "I want a half dozen 'emons," replied the little one wrathfully. "Don't you know what a half-dozen is?-it's

The Fresh Thing. "He had the auducity to kiss me." "Of course you were indignant."

New York has one skyscraper to exery 100 buildings.

"Oh, yes, every time."



For Young and Old The acute agonizing pain of rheumatism is soothed at once

by Sloan's Liniment. Do not rub-it penetrates to the sore spot, bringing a comfort not dreamed of until tried. Get a bottle today.

RHEUMATISM Here What Others Say :

used. Before using it I spent large sums of money trying to get relief of the misery and pains in limbs and body, so I tried your Liniment both internal and external and I found quick relief, and now am well and strong again."—Ges. Curtis, 225 N. 15th St., Springfield, Ill.

Here's Proof

four cents in stamps for TRIAL BOTTLE Dr. Earl S. Sloan, Inc.



