

Sprains, Bruises Stiff Muscles

Sloan's Liniment will save hours of suffering. For bruises or sprains it gives instant relief. It arrests inflammation and thus prevents more serious troubles developing. No need to rub it in—it acts at once, instantly relieving the pain, however severe it may be.

Here's Proof
Charles Johnson, P. O. Box 105, Leavenworth, Kan., writes: "I sprained my ankle and dislocated my left hip by falling out of a third story window six months ago. I went on crutches for four months, then I started to use some of Sloan's Liniment, according to your directions. I must say that it is helping me wonderfully. I threw my crutches away. Only used two bottles of your Liniment and now I am walking quite well with ease. I never will be without Sloan's Liniment."

All Dealers, 25c.
Send four cents in stamps for a TRIAL BOTTLE

Dr. Earl S. Sloan, Inc., Philadelphia, Pa.

SLOAN'S LINIMENT

Kills Pain



LITERATEUR HARD AT WORK

Ordinary Mortal Had to Wait While Building Genus Secured Foundation for Story.

A Brooklyn drug clerk tells of a man who came into his shop for the purpose of consulting the directory. He stood first on one foot and then on the other, watching the young man who had got possession of the volume. She was a nice, leisurely young person, and she had a large sheet of paper that she spread upon the counter beside the directory, and on which she now and then scribbled a name from the volume. The man became a little impatient. He coughed significantly, and the young woman turned to look at him. "I beg your pardon," she said, "but you wish to consult the directory?" Now, as the young woman was pretending to be busy with the book, the man shifted from one foot to the other and said uneasily: "No, don't let me disturb you." Thereupon she resumed the directory. Several minutes elapsed. At length she closed the book with a sigh of satisfaction. "Thank you," said the man sweetly. "I am afraid I have been waiting. But, you see, I am going to write a short story in a prize contest, and I really didn't know how to begin until I had picked out the names for my characters."

Footling the Caterpillars.

A small boy seated on the curb by the telephone pole, with a tin can by his side, attracted the attention of an old man who happened to be passing. "What are you doing?" "Footling?" he inquired, good naturedly. "Footling?" the youngster replied. "Take a look in there." An investigation showed the can to be filled with caterpillars of the most repulsive kind. "What in the world are you doing with them?" "They crawl up trees and eat off the leaves." "I understand." "Well, I'm fooling a few of them."

"Thinking them up this telephone number," said the old man. "Judge."

Quick Accurate Thinking

Does much to make the difference between success and failure. And the food a person needs goes a long way toward making the difference.

Grape-Nuts FOOD

With its delicious flavour and rich in the concentrated, nourishing elements of whole wheat and malted barley, is the favorite breakfast cereal of thousands of successful men and women.

"There's a Reason" for Grape-Nuts

CO-OPERATION TO STOP ACCIDENTS

Employer and Employee Must Work Together.

BALDWIN FOR SPEAKERSHIP

Major Taggart Severe Critic Of N. G. P. Infantry—Bluecoat Who Shot Boy Granted Full Pardon. State Capital Notes.

Harrisburg.—John Price Jackson, State Commissioner of Labor and Industry, struck the keynote of the second industrial welfare and efficiency conference, by saying that if the people of the State co-operate they can prevent loss of human life and injury, raise the standard of living and help the women and children. Dr. Jackson strongly urged the necessity for co-operation of employer and employee in the general work of industrial betterment, and was supported by David Van Schaak, a Connecticut insurance expert, and by Miss Florence Hughes, in charge of the philanthropic work of the New Jersey Zinc Company, at Palmerton. Miss Hughes illustrated her talk by photographs.

Dr. Jackson gave a review of the work of his department, pointing out how it was hoped to relieve the unemployed by agencies and to check the large percentage of men who change place of work every year. It was estimated that more than 100,000 men change every year. The Commissioner urged continuation schools and a rigid medical examination.

In sectional meetings the conference discussed the proposed standards for moving-picture theaters now being worked out, cranes and hoisting machinery, foundry and grinding establishments, where blowers and exhaustors are needed to cut down the death rate, and first aid, the latter being illustrated by the first aid crew of the Lackawanna Railroad.

Major Taggart On Infantry.

In the reports of inspecting officers on the organizations of the National Guard as they appeared in encampments and on practice marches during the last summer, just made public by Adjutant General Stewart, Major M. H. Taggart, who inspected the infantry, makes some sharp criticisms, saying, among other things: "Unwarranted neglect of arms was apparent with consequential result. Many try to justify themselves by saying that they are without proper materials; some, that they have just been on guard or some other duty. I cannot accept such excuses when I stop to consider the ideal weather conditions immediately preceding inspection and know that proper materials can be acquired by requisition for cleaning and preserving the arms.

"All organizations could have improved their appearance by more attention to hair cutting and shaving. Cleanliness and neatness were, however, far above the normal. The greatest weakness was noticeable in the position of the soldier and this not alone in his standing position, but in the manner of grasping the rifle at the order and in executing 'inspection arms.'"

Bluecoat Granted Full Pardon.

Frederick Kilmer, the Germantown policeman who shot William Murphy while attempting to arrest him for malicious mischief last March, was granted a pardon after he had enjoyed the unique experience of hearing his own case argued and being called to the bar of the board. It was the first time any applicant had ever done so. His case was submitted by John H. Fow, who called him to the front and mentioned that his lieutenant, sergeant and two special officers had accompanied him. It was shown that he had stumbled when firing his revolver in the air and that the bullet had hit the boy unintentionally. Kilmer was released on parole by Judge Martin after serving thirteen days and asked pardon so that he could be restored to the force.

Law To Aid Domestic.

William F. Long, of Pittsburgh, president of the State Laundrymen's Association, created a furry in the sectional meeting of the Welfare Conference discussing employment legislation by demanding of Paul N. Furmiz, of the Pennsylvania Child Labor Association, why his program of proposed legislation did not provide hours for domestics. Mr. Furmiz had just presented an outline of child labor legislation, including prohibition of night work by boys under sixteen, regulation of street trades, a forty-eight-hour limit, physical examination and continuation schools when Mr. Long made his demand. The Pittsburgher said that it had been found that domestics had longer hours than girls in factories. Mr. Furmiz answered that he understood that it would be cared for in the women's employment bill, causing the rejoinder by Mr. Long that he understood that there had been an agreement in a conference to include regulation of hours of servants.

Baldwin For Speakership.

Indications point to a movement among legislators-elect in favor of Richard J. Baldwin, of Delaware county, for Speaker. Baldwin is said to have pledged from a number of county members and to have assurances of support from Philadelphia and Allegheny county. R. P. Rabgood, of McKean, and George W. Williams, of Tioga, have divided up northern members and word came that A. C. Steln, of Pittsburgh, and Fred C. Ehrhardt, of Scranton, would be contenders for the honor.

Ideal Cold-Resisting Coats



SINCE it has become the custom for women to get out of doors dry in day and out, either at the call of business or for the sake of good health, they have learned to demand many virtues in their cold-resisting coats. They want cloths as warm as fur and good to look at. They affect mannish styles in the cut of these utility coats, but do not permit them to be cumbersome or too heavy.

Manufacturers have placed on the market as smart and trim lines as the most discriminating woman of fashion could ask for. One can be quite unconscious of the cold when fortified against it with the right kind of clothing. The tonic of the cold will be enjoyed by the most delicate of women if they are protected from discomfort.

No winter season has come to us more full-handed in the matter of desirable top-coats for the coldest weather than has this. Styles have been adapted to cloths, and both to the purposes for which the garment is to be used. The result is coats with splendid qualities—warmth, durability and smartness.

The balmacan of tweed, shown in

Cameo Coiffure Is the Latest



TURNING to intricately carved cameos for inspiration, designers of coiffures have studied them and have produced a few daring and some very beautiful hairdressings. Cameos may be relied upon to provide variety in styles, and the modern artist to take advantage of every idea which is to be found in these wonderful carved pictures.

Much to the surprise of the artists in coiffures some of their most daring efforts, and a few copies which followed the originals almost exactly, were seized upon as soon as launched, and the cameo coiffure is just started on a career which may establish it as a fad.

Tight curls and smooth, even waves, and much elaboration in arrangement, characterize coiffures which follow the suggestions of the cameo. Two of them are shown here, and if the hair of the lovely lady shown at the left were white no one would need to be told that she is wearing it a la cameo. It is waved with the utmost precision. The graduated curls on the neck are smooth and evenly placed, and the chignon as smoothly and as if carved rather than combed. There is no denying the elegance of this arrangement. It is quaint and charming.

At the right the coiffure with shower of curls at the back is a type less familiar than that already described. It shows a mass of curls covering all of the back of the head, with the front hair parted at one side and waved.

Temperance

(Conducted by the National Woman's Christian Temperance Union.)

WHAT MAKES CHAMPIONS.

Connie Mack, whose Athletics have won five American league pennants and three world's championships, is quoted by a magazine writer as saying that "alcohol inevitably slows a man down." And slowing down, he continues, is the reason for the shelving of by far the majority of baseball players. "Who puts the player out of the game?" he goes on. "You should naturally say the umpire; well, all the umpires together haven't put as many ball players out of the game as Old Man Boozie." He explains further, that it is not only excessive drinking that does harm, but that even the moderate use of alcohol won't do for the professional player. It will take off from three to five years of his baseball life. The Athletics have no rules concerning their personal habits, but out of 25 players in the 1913 world's contest 15 had never taken a drink in their lives. When they were playing the Chicago Cubs, Mack said to them: "It would be had enough to lose the championship without having a bundle of regrets to pester you. It's hard enough to lose to a better club, but to beat yourselves—say, that's the way to throw away a game after you have won it.

"Clean living and quick thinking, that's the stuff champions are made of," says Mack.

MUSTN'T CASH PAY CHECKS.

A deputation from the Ministerial association of Los Angeles recently went before the public safety committee with a request that saloons be forbidden to cash pay checks. A general public discussion followed, certain employers promising to pay in cash, and certain banks and stores offering to keep open to cash checks. As a result the police commission issued an order prohibiting check-cashing by saloons. On the following Monday the chief of police reported as follows:

"We usually have from 80 to 90 arrests for drunkenness on Saturdays and Sundays, but for the last two days we have had but 47 for each day, which I attribute directly to the enforcement of the order forbidding saloons to cash pay checks."

Among other results must be counted the increased efficiency of 40 workers, a happy Sunday for 40 families, money spent with the legitimate trades, and the saving of drunk and jail expense of caring for 40 crunks.

INSURANCE COMPANIES KNOCK.

The general manager of one of the big life insurance companies of this country, in a letter to one of his agents declining to write a policy for a saloonkeeper, had this to say: "We do not want the name of being a saloonkeeper's company, and of taking a grade of risks which are promptly refused by the leading and conservatively managed companies of the country.

"Life insurance companies are engaged—all of them—in encouraging thrift, protecting homes, and in serving the welfare of the individual, the community and the state. Saloonkeepers—all of them—are engaged in discouraging thrift, destroying homes and in injuring the individual, the community and the state. There is nothing in common between us, and we do not even care for business relations with them."

REMARKABLE PROSPERITY.

The United States census bureau recently issued a noteworthy bulletin concerning the state of Maine. It reviews the 20 years preceding 1912, and declares that Maine has passed all the states in steady advancement of financial independence. While in 1880 Maine's per capita debt was \$5.49, as contrasted with an average for all states of \$5.48, the Maine debt in 1912 had been reduced 75 per cent and the average of the other 47 states only 26 per cent. Now Maine owes \$1.67 per capita, and the other states, on the average, \$3.62. Bank deposits and investments have increased wonderfully. Maine has about \$100,000,000 in the way of deposits, with 233,000 savings bank deposits.

CONVICTS PETITION.

A petition will come before the next legislature of Pennsylvania bearing some 15,000 signatures, a majority of the convicts in the Eastern State penitentiary. The petitioners pray for the prevention of the liquor traffic. They "respectfully aver" from personal knowledge of the debasing influence of intoxicating liquors, that fully 70 per cent of crime within the state is directly attributable to their use, and that the abolition of the sale of liquor by the state would reduce crime at least 50 per cent, if not more.

POOR MAN'S CLUB.

It has been said that the saloon is the poor man's club. I want to say right here that there was never anything so appropriately named. The saloon is the poor man's club that beats down his health and his character; the club that knocks the bread from the mouths of his children and the club that breaks the heart of his sorrowing wife.—Ex-Governor Patterson of Tennessee.

Use for Bones of Albatross.

Bones of the albatross are being used to a very great extent of late as mouthpieces for pipes instead of amber.

Munster Crop Area.

Munster, Ireland, has a crop area of 1,287,207 acres, and a population of 1,035,495 persons.

Daily Optimistic Thought.

As many suffer from too much as too little.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of



In Use For Over Thirty Years

CASTORIA

ALCOHOL—3 PER CENT
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest Contains neither Opium, Morphine nor Mineral NOT NARCOTIC

Recipe of Dr. D. S. J. GILBERT

Pumpkin Seed -
Aloes -
Aloes -
Cinnamon -
Sassafras -
Menthol -
Clove -
Mint -
Cinnamon -
Sassafras -
Menthol -
Clove -
Mint

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep

Fac-Simile Signature of
J. C. Fitch

THE CENTAUR COMPANY,
NEW YORK.

66 months old
35 Doses—35 CENTS

Guaranteed under the Food and Drug Law

Exact Copy of Wrapper.

Was Getting More Than His Share.

An ex-soldier in Little Rock, Ark., tells of a young American trooper who was one of a company that was ambushed during the Philippine war. The boy was shot in the right shoulder and then in the left leg. As he was falling he received a bullet in his right leg. Raising himself on his good arm he yelled toward the bushes from which the Filipinos were shooting: "Shoot some of the others, you darned fools. I am not the whole American army."

Relics of the Past.

"I'd like to see a one-hoss shay," remarked the city visitor.

"Out of date," said his country host. "The nearest we can come to it now is a one-cylinder car."

His Method.

"How did Dauber come to paint such an extraordinary picture?"

"Used a revolving canvas while painting."

Men Fight On Their Stomachs

Napoleon so said. A man with a weak stomach is pretty sure to be a poor fighter. It is difficult—almost impossible—for anyone, man or woman, if digestion is poor, to succeed in business or socially—or to enjoy life. In tablet or liquid form

Dr. Pierce's Golden Medical Discovery

helps weak stomachs to strong, healthy action—helps them to digest the food that makes the good, rich, red blood which nourishes the entire body.

This vegetable remedy, to a great extent, puts the liver into activity—oils the machinery of the human system so that those who spend their working hours at the desk, behind the counter, or in the home are rejuvenated into vigorous health.

Has brought relief to many thousands every year for over forty years. It can relieve you and doubtless restore to you your former health and strength. At least you owe it to yourself to give it a trial. Sold by Medicine Dealers or send for free trial box of Tablets—Dr. Pierce's Invalids' Hotel & Surgical Institute, Buffalo, N.Y.

You can have Dr. Pierce's Common Sense Medical Adviser of 1008 Pages for 50c.

Greenwich Time.

"God darn that clock!" exclaimed Farmer Binks.

"What's wrong now, Obadiah?" asked his wife.

"It's one of them French clocks. When the minute hand is at four and the other hand is at nine and it strikes eleven I got to stop work and figure out that it's seventeen minutes to a eight."—Philadelphia Ledger.

Their Drawback.

"There is one queer thing about so many labor bills."

"What is that?"

"They won't work."

WINCHESTER

Smokeless Powder Shells
"LEADER" and "REPEATER"

The superiority of Winchester Smokeless Powder Shells is undisputed. Among intelligent shooters they stand first in popularity, records and shooting qualities. Always use them For Field or Trap Shooting.

Ask Your Dealer For Them.

26 inch Switch for \$2.00

Made of naturally wavy, lustrous human hair, mounted on three short stems. Mail us two dollars and a sample of your hair—we will send you, charges prepaid, a beautiful switch to match. Money back if not satisfactory. HAGER & BRO., Lancaster, Pa.

Baby Has Nerves Like Grown Folks

Respect them. Baby can not tell you what is the trouble. Soothe the restless infant with

DR. FAIRNEY'S TEething SYRUP and he will sleep well, eat well and act well. This famous remedy is mother's best friend. It prevents Cholera Infantum, cures bowel complaints and Colic, makes teething easy and safe. Can be given to babies one day old. 25 cents at drugists. Trial bottle free if you mention this paper.

Made only by DR. D. FAIRNEY & SON, HARRISBURG, PA.