N STERLING LIVES A GIRL

Who Suffered As Many Girls Do-Tells How She Found Relief.

Sterling, Conn .- "I am a girl of 22 ars and I used to faint away every



bothered a lot with female weakness. I Wisdom for Women, and I saw how others had been helped by Lydia E. Pinkham's Vegetable Compound, and decided to try it, and it has made me feel

ke a new girl and I am now relieved all these troubles. I hope all young is will get relief as I have. I never at better in my life."—Miss BERTHA A. MOQUIN, Box 116, Sterling, Conn.

Massens, N. Y.-"I have taken Ly-E. Pinkham's Vegetable Compound ad I highly recommend it. If anyone ants to write to me I will gladly tell about my case. I was certainly in had condition as my blood was all turnto water. I had pimples on my face ads bad color, and for five years I had en troubled with suppression. The ectors called it 'Anemia and Exhausen'and said I was all run down, but gda E. Pinkham's Vegetable Com-AYEA MYRES, Box 74, Massena, N.Y.

Young Girls, Heed This Advice. Girls who are troubled with painful or regular periods, backache, headache, ring-down sensations, fainting pels or indigestion, should immediately restoration to health by taking Ly-E Pinkham's Vegetable Compound.

COLD FRAMES FOR WINTER-

By J. H. HAYNES.

Successful gardening depends on early production. Cold-frame plants are more certain to live than hotbed plants, and give a larger per cent of good stuff than do the more tender hotbed plants.

In constructing such, we use two frames instead of one. The larger frame is 41/2 feet by 71/2 feet and 1 foot deep. The inner one is one foot smaller each way and only eight inches

The space all around the inner frame, six inches wide, is filled with read your little book dry sawdust well packed down.

The covering for the inner frame is a glass-covered sash made to fit quite close to the frame to exclude the air. The outer frame is covered with an

oiled canvased frame so as to be wa-A strip of carpet, or other good ma-

terial, is kept over the inner sash in severe weather.

We prefer shallow frames to keep the plants from growing spindling. We choose a location free from cold winds and where a good exposure to

the sun can be had. If it is a little rolling, so much the better.

There are 3,276 square inches in such a frame, and allowing three square inches to the plant, one can have over 1,000 plants per frame.

Good rich soil is used, and the under soil is made quite loose to give a chance for root growth. It is best to grow the plants in the open and transplant on the approach of severe weather.

Frames of a larger size are not easily handled, nor can the same protection be given to them. On mild days we give light to the plants by renewing outer sash, and if safe we raise the inner sash to admit fresh air. These frames are not expensive where one can do his own work, and they add a good per cent to the investment.

DIDN'T SEEM MUCH TO SAY

Final Wallop From His Best Girl That

Left Fervent Lover Without

an Answer.

The west wind howled in the

"I admit there is a certain fasci-

nation about your stickpins," she said.

beautiful to see the way his square

jaw set and his No. 40 chest expanded.

"I'll ruin his business and bring him

"I'll come out for woman suffrage."

"You have a terribly shady past."

"We'll surround the house with

"And besides, I was married to Jack

For a moment he was quite at a

oss for a reply.—Detroit Free Press.

Very Slow.

"And no tango!" we exclaimed.

The Boston tea party had just

Herewith we voted it a tame affair.

Everything has a bright side-even

LIGHT BOOZE.

Do You Drink It?

A minister's wife had quite a tus-

"During the two years of my train-

ing as a nurse, while on night duty,

Between midnight and four in the

morning, when the patients were

asleep, there was little to do except

make the rounds, and it was quite

natural that I should want a hot cup

"After three of four years of cof-

fee drinking. I became a nervous wreck

and thought that I simply could not

live without my coffee. All this time

I was subject to frequent bilious at-

tacks, sometimes so severe as to

"After being married, Husband

begged me to leave off coffee for he

feared that it had already hurt me

almost beyond repair, so I resolved to

make an effort to release myself from

"I began taking Postum, and for a

few days felt the languid, tired feel-

ing from the lack of the coffee drug.

but I liked the taste of Postum, and

that answered for the breakfast bev-

"Finally I began to feel clearer-

headed and had steadler nerves. Aft-

er a year's use of Postum I now feel

like a new woman-have not had any

Name given by Postum Co., Battle

Regular Postum-must be well

Instant Postum-is a soluble pow-

Creek, Mich. Read "The Road to

Postum comes in two forms:

bilious attacks since I left off coffee.

keep me in bed for several days.

sle with coffee and her experience is

"Father hates you."

"Mother despises you."

Billencoo last Wednesday."

to terms."

shade trees."

been held.

the dark lantern.

interesting. She says:

keep awake better.

the hurtful habit.

erage all right.

Save the Babies.

NFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven percent, or more than one-third, before they are five, and one-half before they are five. they are fifteen !

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Deeps, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to conventions gickness death. Castoria operates exactly the reverse but to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria es the blood to circulate properly, opens the

ores of the skin and allays fever. pres of the skin and allays fever.

War Cuts Her Alimony. The business depression caused by European war must be shared by We and husband alike, according to Mge Fry's decision in the court of

stic relations. The wife of John Wagner of 821 at Forty-second place, a painting branches, but they heard it not, for ractor, alleged he was doing a they were in the Swiffleworth parlor hess of \$20,000 or more each year and plate-glass windows were down. that he should be forced to pay and her fifteen-year-old son at with the rent on a \$40 flat. They sep-wied several months ago.

"but I cannot marry you. There are reasons."

"Name them!" he cried, and it was

Madam, your husband offers to reduce his accounts to show that he fact afford to pay you what he did der years," said the court, and or-med her alimony fixed at \$70 a onth-Chicago Tribure.

Affronted.

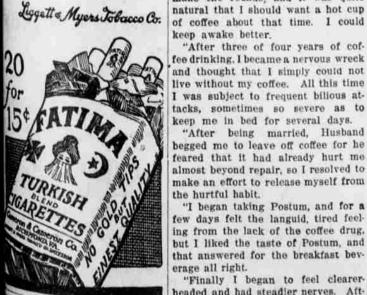
The impetence of that druggist. What's the matter, Grayce?" I went in to buy a stamp and he ked me if I could wait until he ok an order over the telephone."

h. Perce's Pellets, small, sugar-coated, y to take as candy, regulate and invig-se somach, liver and bowels. Do not

lachers of elecution can't do anyby for the voice of conscience in

ATIMA, Turkish-blend cigaettes are the purat form in which blacco can be smoked, ing as a nurse, while of the drinking. nd their flavor is

"Distinctively Individual"



ROF. COWARD GRADLE TO GRAVE

Wellville,' in pkgs. boiled. 15c and 25c packages.

SOMETHING NEW. A chemically thin that instantly cleans and pol-dates, etc., without water, Samp. 25c., se. ta., 391 Tuscarawas, E. Canton, O. der. A teaspoonful dissolves quickly in a cup of hot water, and, with cream And sugar, make and 50c tins.

age instantly. 30c and 50c tins.

The cost per cup of both kir

Davis, Goodview, Va. and sugar, makes a delicious bever-

The cost per cup of both kinds is "There's a Reason" for Postum. -sold by Grocers.

ING PLANTS

TwoViews of God

> By REV. J. H. RALSTON Secretary of Correspondence Moody Bible Institute, Chicago

••••••••••• TEXT-"I have heard of thee by the hearing of the ear; but now mine eye seeth thee. Wherfore I abhor myself, and repent in dust and ashes." Job 42:5, 6.



The first may be called a far off view of God. but strictly speaking it is not a view at all, and the second may be called a near view of God.

God As a Rumor knowledge of God is little more than what is known from rumor, have heard of thee by the hearing of the ear."

There is a suggestion abroad that there is such a being as God, and then men make interpretations of God. The heathen, with his conception, makes a god of wood, or stone, or clay; the nature worshiper sees God in the clouds, or the forest, or streams of water; the godless philosopher, while not denying the existence of God, professes almost absolute ignorance of Him; while the Christian apprehends God as Spirit and as perfectly revealed in Jesus Christ, and worships Him accordingly. With many who claim to be Christians God is little more than a rumor. and there seems to be little desire for more perfected knowledge of Him. Many are groping in the darkness, feeling after God, if haply they may find him, while they might, if they would, get a view of God that is possible to all and realized by millions.

Job had an experience and that view of God vanished. The philosophy of his changed view of God is not given us, but the Bible teaches us that he was a man in high social position, wealthy, with a large family and with wide fame, but it was during this period, in all probability, that God was to him little more than a rumor. But all these were swept away and Job sat on the ash-heap, covered with sores, the object of scathing arguments on the part of oriental logiclans, the butt of ridicule, and the victim of an ill-tempered wife. It is well known that men and women through the centuries have had prosperity swept from them in order that they might be brought into right relation to God-financial loss, the breaking down of health, the bitter opposition of enemies and the treason of friends, have driven men to seek satisfaction ultimately in God.

Job's Eyes Opened.

saw God. This was not, of course, with his natural eyes, but with the eye symbol, he becomes a part of us. of the soul. So have men in all ages | There is no question, however, of the seen God, some, no doubt, being grant- actual spiritual presence of Christ in ed what they believed to be the phys- the elements. "Discerning the Lord's ical appearance of God. Moses saw God and endured. Jesus himself said: Christ, John 6:50, 51, 53, 55. To par-"He that hath seen me hath seen the father. " Job does not say what it was in God that he saw, but we may well believe that it was the heliness | Cor. 11:24-26. Jesus commands that of God, which was seen by the prophet Isaiah when he had his vision in the temple. Nor does Job say what view he had of himself while God he come," I Cor. 11:24. The ground of was only a rumor, but the probability this covenant between a holy God and is what he saw of himself, is what the world saw him to be, a man of distinction, wealthy, and glorying in life poured out, so he poured out his his large family. But now a change comes. He evidently sees himself as God sees him. He probably had as comprehensive a view of God as it was possible for a man in his days to have, but he could not see him in the face of Jesus Christ.

The need of this day is a right view of God, the true starting point of all individual and social redemption, and this view of God is not difficult to obtain as the personality of Jesus Christ is the most prominent personality of history, and it is in him that God is seen, for Jesus Christ is the expressed image of his person. This image of God is much better than the image of God in the person of the first Adam. Many, however, quite resolutely de-

cline to look at this image.

Job's View of Himself. While there is no account of Job expressing the change in his views of God, there is a most graphic account of the view that he had of himself-"I abhor myself and repent in dust and ashes." His experience at that point agrees with the experience of Isniah when he saw the Lord in the temple and said: "I am a man of unclean lips and dwell among a people of unclean lips." This was one of the steps in Isaiah's preparation for the mission upon which God was to send him, and while Job was not being prepared for such a special mission, he was being prepared for a testimony which has come down to the present moment to the glory of God. The road to right relationship to God is by the way of right views of self, and that can only be obtained by right views of God. When these right views of self are given there will be honest confession, this confession being in itself humiliating, bet the sure road to

Peace and War. It hath been said that an unjust peace is to be preferred before a just war .- S. Butler.

Average Prayer. Faith in prayer is a wonderful thing, but the average man prays for twice as much as he expects to get.

One Perennial Pleasure. Everything in life grows monotonous except pay day .- Florida Times-Union.

INTERNATIONAL **SUNDAY SCHOOL**

(By E. O. SELLERS, Director Sunday School Course, Moody Bible Institute,

LESSON FOR OCTOBER 11

THE LAST SUPPER.

LESSON TEXT-Mark 14:12-25, see also GOLDEN TEXT-As often as ye eat this bread, and drink the cup, ye proclaim the Lord's death till He come. I Cor.

I. The Preparation, vv. 12-15. The details of the preparation here remind one of the like detailed preparation at the outset of this week when the two disciples were sent for and procured the colt "whereon no man had sat." The "Teacher" had need of the colt. With many the He also had need of this guest chamber and some unnamed one was ready to answer his call, to supply his need What a host of such unheralded and unknown, but loving friends he has. Passover has now come, the time appointed and predicted, Matt. 26:2. Jesus directs the disciples to the room of his own choosing; they were to find it following a man bearing a pitcher. This is suggestive of our following the leading of the Holy Spirit.

Remarkable Occasion. II. The Passover, vv. 17-21. Here at eventide Jesus and the twelve sat about the Passover board. As we look back over the pages of history it is truly a remarkable occasion. The Passover was a perpetual memorial of the Exodus. Now, in the dispensations of Divine economy, this is to be its last observance. Jesus had been looking forward to this occasion, John 6:70, 71, yet in the midst of the feast his soul is filled with anguish, John

The perfidy of Judas was the bitterness of the cup, but Jesus only let him go when he must and then only with great sorrow. Judas was disappointed in his dream of a material kingdom and his desire for the possession of carnal pleasures. Greed had grown because given food. Hate, stifled conscience, spurned love, a thief, a murderer. Judas was guilty that moment as he was the next night.

III. The Parable, vy. 22-25. From all the company as soon as he was identifled, and before the feast was instituted. Jesus ever taught by symbol. We hear much about objective teaching, Jesus anticipated us all. From the Passover board Jesus took bread, and after offering thanks, he brake it, saying as he did so, "Take ye, this is my body." This does not mean the breaking of his body on the cross, for 19:36: I Cor. 11:24 R. V. It does signify the distribution of his body among all who shall feed upon him. This does not mean the actual physical the physical body, so to eat thus in body" there is a real feeding upon take unworthily is to be "guilty of the body and blood of Christ," and we eat and drink "judgment" to ourselves, I the observance of this rite shall be continued. It is a covenant which his disciples are to perpetuate "till sinful men, is the shed blood, v. 24 see Heb. 9:18-23. As the blood is the life that where sin is, there may be forgiveness and remission, Lev. 17:11.

Only One Recourse.

The first Passover was the prelude of the exodus; this is the prelude of that of which Jesus spoke in conversing with Moses and Elijah on the Mount of Transfiguration. The blood of Christ was shed unto the remission of sin, Matt. 26:28. It is the ground of God's forgiveness, see Matt. 20:28, Rom. 3:25 R. V., I John 2:2, Eph. 7:7, and many other passages. There is none other ground for our forgiveness than the shed blood. It may be old fashloned but it is scriptural and leaves us no other recourse.

The symbolism of this holy ordinance is simple, yet sublime. It is to be a perpetual proclamation of his resurrection. His death is the central fact of redemption, the way of liberty for the captives of sin. The supper is meaningless apart from this element. It is true that in its observance we remember his grace and glory, the beauty of his person and the wonder and wisdom of his teaching, yet the supreme significance of the act is his

In that upper room was the Messiah and a Remnant. There the true purpose of God was fulfilled and the Hebrew nation, as God's instrument, came to an end. Jesus had told the rulers in the temple that "the kingdom of God shall be taken from you and given to a nation bringing forth the fruits thereof." By the old Passover Israel passed from Egypt. By this feast a new transference takes place, a new dispensation is ushered in which shall abide "till he come."

The lesson committee has elected to close this lesson with verse 25, but verse 26 is also illuminative.

Artistic.

"There!" said Mr. Nagg, after a labored explanation of why he had stayed out so late; "I hope this is satisfactory." "It is more than satisfactory." Mrs. Nagg told him, "it is simply beautiful."

Depends on Agriculture. Portugal is an agricultural and not a manufacturing country, and its prosperity depends to a large extent on the success or failure of the crops.



(Conducted by the National Woman's Christian Temperance Union.)

THE TEMPERANCE PROSPECT.

Following are excerpts from the address of Miss Anna A. Gordon, president of the National W. C. T. U., at Chautaugua, New York, August 12:

The phenomenal progress of the temperance reform as hastily outlined is the best proof I can present that the prospect for national constitutional temperance is most encouraging. Many and varied are the influences that have fed the fire of public sentiment, but, speaking today for 300,000 white-ribboners, it is only just, that I should emphasize the 40 years of educational work of our organization, a society unparalleled in its effective machinery, in its devotion and its selfsacrifice, and declare my belief that under God's blessing the Woman's Christian Temperance Union has been the greatest instrumentality in arousing the heads, hearts and consciences that are now demanding nation-wide temperance.

National constitutional temperance is a "safety first" measure that should have the earnest, active, untiring support of every Christian and every patriot. It is "safety first" for thousands of suffering women and children; it is "safety first" for the rising generation of boys and girls, our citizens of tomorrow; it is a "safety first" measure made absolutely necessary by the electric age in which we live, an age which must eliminate alcoholic poison if it would preserve individual and national life.

National constitutional temperance is an efficiency measure which must be secured for our great republic if we would maintain our proud position among the nations of the world.

In these resourceful days the united temperance forces of the country have something brewing for the brewers and something distilling for the special delectation of the distillers, namely, a righteous public indignation; an indignation that can only vent itself in aggressively working for and winthe records we believe that Judas left ning national constitutional temper-

Clouds, portentous in their blackness, rapidly rolling up in the nation's horizon, betoken the coming thunderstorm. Several times in recent years John Barleycorn has been struck by national temperance lightning. The abolishment of the sale of liquor in our national capitol building, in the soldiers' homes and in the army cannot a bone was then broken, John teen; the so-called "white-ribbon regime" at the White House; the passage of the Webb-Kenyou bill for the protection of temperance territory; the fearless action of Secretary Dantransformation of the bread into his | iels in banishing strong drink from the Only a cavaller will charge Job body. The bread represents his body, navy-all these electric bolts have with falsehood when he says that he and like as bread becomes a part of somewhat prepared John Barleycorn for the storm soon to break, when temperance lightning will strike down every distillery, every brewery, and every dramshop in our nation, and will write a temperance amendment in our national constitution. God speed

SUNDAY SCHOOLS ACTIVE.

At its great meeting in Chicago the International Sunday School association, representing the Sunday schools of the United States and Canada, adopted with enthusiasm the following resolution:

"In hearty co-operation with other temperance agencies the Sunday school pledges itself to unceasing warfare upon the legalized liquor traffic; and we look with unfaltering confidence for the coming of that day when, through the united efforts of religious, moral and civic forces, Goddirected temperance, continent-wide, world-wide, shall be enacted into the laws of every land,"

Speaking from the platform of that convention to a multitude which filled pit and galleries of the capacious auditorium, Miss Anna A. Gordon, national W. C. T. U. president, said:

"The Woman's Christian Temperance union, aptly described as 'organized mother-love,' rejoices with us today that the staggering ranks of liquor drinkers and liquor sellers will not be largely recruited from the Sunday schools of this enlightened twentieth century. The dastardly efforts of the trade to create appetite in the young and thus build up its future business will meet with overwhelming defeat if Sunday-school teachers are true to their opportunity and obligation for drilling and disciplining our young people in a 'Thus saith the Lord,' and 'Thus saith science' and a 'Thus salth a sound business policy' and a 'Thus saith efficiency' for total absti-

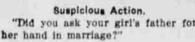
FUTURE OF ALCOHOL.

The cheapest kind of alcohol, we are told, gives out three times as many heat units as gasoline. One gallon of such alcohol, it is pointed out by Doctor Crothers, can be sold at a good profit at twenty cents or less, and will do the work of three gallons of gasoline. Farmers will have small stills turning refuse into fuel, light and power. Decaying vegetable garbage in cities will be utilized in the same way. Distilleries and breweries will manufacture cheap alcohols for industrial work, without restrictive laws.

ADVICE TO A LIQUOR SELLER.

A correspondent to Collier's Weekly tells about a Texan saloon which has a sign hanging over the bar upon which is printed in large black letters on a white background, "If your children need shoes, don't blow yourself for booze. We don't need money that

Collier's Weekly pertinently remarks that "It is a poor kind of a shop that has to warn its customers against the folly of spending money



"I did." "And he refused you. I can tell by the way you look.'

"No, he didn't. He gave his con-

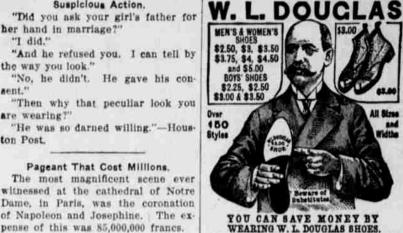
sent." "Then why that peculiar look you are wearing?"

ton Post.

Pageant That Cost Millions. The most magnificent scene ever witnessed at the cathedral of Notre Dame, in Paris, was the coronation of Napoleon and Josephine. The ex-

Buffalo in October entertains New York state Christian Endeavor convention of 2,000 delegates.

Atlanta's garbage crematory is denounced as a nuisance by citizens residing near it. Cost \$276,000.



YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAB SHOES, For 31 years W. L. Douglas has guaranteed the alue by having his name and the retail price tamped on the sole before the shows leave the fac-



buds?

PITY POOR OLD GOBSA GOLDE

George Ade's Story Explains Why Octogenarian Millionaire Should Be Object of Sympathy.

George Ade, apropos of a May-De cember marriage, said:

"When your octogenarian millionaire weds your beautiful stenographer or bareback rider of seventeen summers, it is not to the radiant bride, but to the husband, that my sympathies go out.

"Why? Well, I'll tell you why in a little fable.

"Old Gobsa Golde had wedded Tottie Footlites, and one evening he called to her from his dressing room: "'My dear, for this after-theater supper at the hotel I don't know

whether to wear my dancing shoes or my patent leather boots. Which is the better form for a man of my age?" "In her green and gold brocade kimono the young and beautiful Mrs.

Gobsa Golde, stretched on a chaiselounge undergoing the attention of her manicure and her coiffeur, called back to her poor old husband in a clear,

"The best form for a man of your age, my dear, is chloroform.'

ALMOST BALD WITH ECZEMA

R. F. D. No. 2, Johnson City, Tenn .-"Some time ago my head became covered with small sores which they said was eczema. They were red and inflamed and when I would comb my head they would break and run a yellowish matter. My hair was coming out by handfuls until I was getting almost bald. My hair was so dead and dry it seemed as if it would break off.

"I put on --- and --- and several other remedies without getting any help. I got a cake of Cuticura Soap and some Cuticura Ointment and used them. In a short time the pimples dried up and my hair stopped falling out and is thick and glossy. I am cured." (Signed) J. W. Fisher, Jan. 1, 1914.

Cuticura Soap and Ointment sold throughout the world. Sample of each free with 32-p. Skin Book. Address postcard "Cuticura, Dept. L., Boston."-Adv.

Why He Collapsed.

"And what," sail the great specialist, "do you consider to have been the cause of your husband's sudden and complete collapse?"

"He insisted on trying to follow a story in the moving pictures?"-Puck.

Different.

"I'd ask you to dance only you told me you were tired." "But I'm not too tired to dance."

But the water wagon isn't as popular at this season of the year as the gasoline joy chariot.

Deficient in Oxygen. The diseases to which caisson workers are subject, according to a French authority, are due to the fact that, when air is compressed hydraulically it loses nearly one-fifth of its oxygen.

Made in Cambridge.

player like one who picketh rose

"Because he goeth from bush to

"I know it not, dear Sapphe."

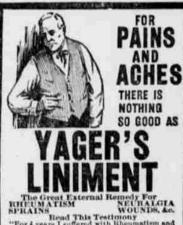
bush."-Harvard Lampoon.

'Messalina, why is a poor baseball

YOUR OWN DRUGGIST WILL TELL YOU fry Murine Ere Remedy for Red. Weak. Water Bres and Granulated Breilds; No Smarting-lust Tre Comfort. Write for Book of the Hy oy mail Free. Murine Ere Remedy Co. Chicago.

One year ago Germany's national wealth was estimated to be \$60,500,

Salem, Ore., man paid off his mortgage this season with a single crop of strawberries.







W. N. U., BALTIMORE, NO. 41-1914.

This R is for You!

If You Suffer From Hot flashes or dizziness, fainting spells, hysteria, headache, bearing down pains, nervousness-all are symptoms of irregularity and female disturbances and are

not beyond relief. Pierce's Favorite Prescription

is directed to the real cause and promptly removes the disease, suppresses the pains and nervous symptoms and thereby brings comfort in the place of prolonged misery. It has been sold by druggists for over 40 years, in fluid form, at \$1.00 per bottle, giving general satisfaction. It can now be had in sugar coated tablet form, as modified by R. V. Pierce, M. D. Sold by all medicine dealers or trial box by mail on receipt of 50c in stamps. Every sick woman may consult us by letter, absolutely without charge, Write without fear as without fee, to Faculty of the Invalids Hotel,
Dr. R. V. PIERCE, President, 663 Main Street, Buffalo, New York
DR. PIERCE'S PLEASANT PELLETS REGULATE THE LIVER



LETS BABY SLEEP ALL NIGHT.

Expels from the atomach and bowels the things that make baby cry in the night. Lets mother and baby sleep all night and get a good rest. Cures Colle in ten minutes; is a anlendid medicine for Diarrhoes, Cholera Morbus and Sour Stomach. You can't get anything better for previal, alling, pale, skinny, under-sized babies. 2s cents at durg stores. Trial Bottle FREE by mail of Drs. D. Fahrney & Son, Hagerstown, Md., if you mention this paper.