When a young Eskimo

has decided to become a

family man he marches up

to the hat of the young

**FULTON COUNTY NEWS** Published Every Thursday.

B. W. PRCK, Editor and Proprietor McCONNELLSBURG, PA.

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#### CLEAR RIDGE.

How many New Year's resolutions did you make, and how are you getting along with them. How many times have you written it 1913?

Your Clear Ridge scribe wishes to request those who may wish items of interest to themselves to appear in the News, to send them in to the correspondent in good time. It is impossible to call to see you all personally. When we have nothing to write, we will not write; and if you fail to see your name, or the names of your guests, or any other news of interest, it will be because you did not go to the trouble to report it.

Seat visitor Wednesday and New Years.

Now that we have a gord start in the New Year, let us try hard to carry out through the year the resolutions we made at the begin ning.

How many of the correspondents got a Christmas letter? Had we received one, it would have changed our mind, and the pencil would be sharpened for another year.

Bert S. Winegardner stopped with his friend C. R. Shore at McCoanellsburg on Wednesday, and on Thursday with his cousin B. Frank Henry.

There will be some changes in residences in the spring-reference to which will be made later. Now the little rabbits can rest

in peace. December had twenty cloudy days, no sleighing, and the month

Births for the past year were: March 8, Muriel Alberta, daughter of Mr. and Mrs. B. S. Winegardner. July 15, daughter of Mr. W. J. Henry and the late Mrs. W. J. Henry, deceased. Jr., son of Mr. and Mrs. Samuel Henry. In January a son was born to Mr. and Mrs. C. B. Stinson. Marriages: Jesse D. Laidig, of Laidig, and Miss Irene Frances Kerlin were married at Carlisle, February 13, 1913, by Rev. Dr. Fasick. Deaths: Clarence Mort, aged 4 years, in February; April 8, Muriel Alberta Winegardner, aged 1 month; Mrs Della Ramsey, in June, aged 35 years; July 15, Mrs. W. J. Henry, aged 34 years, 11 months, and 15 days. July 15, infant daughter October 26, Mrs. Jesse D. Laidig, aged 19 years, 7 months and 8 days; November, infant son of Mr. and Mrs. Samuel Kelso, aged 4 days; December 15, Mrs. W. L Fields, aged 63 years, 1 month recent rain nad snow. and 29 days.

### PLEASANT RIDGE.

John Bard and Reed Mellott made a trip to Bedford county. recently, to visit Mr. Bard's daughter.

is staying with her grandma, Mrs. Tobitha Truax, and is going to school.

Our school is progressing nice. in the home of J. E. Speck, ly under the care of Miss Veda

John Mellott and family, and Howard Mellott, visited W. R. Truax's last Sunday.

Some of our citizens are sleigh-

ing. There will be singing in the Brethern church on Saturday evening. We expect Mr. Peck to be there. Everybody invited.

Preaching in the Brethern church on Saturday evening, Jan uary 17th.

### NEEDMORE.

Laura Hollinshead is not im proving very rapidly. Miss Maggie Kellner is employ

Corder Snyder has made quite

ed in Hancock.

an improvement on his house. We are glad to see Miss Annie Varnes in this county again.

Lots of snow, but poor sled-The School at Maple Grove has

an attendance of seven pupils. Rev. J. C. Garland is very sick. SALUVIA.

Ed and Charlie Deshong, of Bemis, W. Va. lumber mills, are spending the holidays with their families in this section.

Mr. Shriner, of Wallis Run, Pa., has returned to this section to spend the winter with his daughter, Mrs. Ed Deshong.

A young man florist, fresh from Berlin, Germany, tramping it from New York City to Pittsburg, passed through this place last Sunday.

The "booze" boys did'nt show up during the holidays; think they are cutting out the nasty practice. Hope they will join the great temperance army to down booze and help to wipe out the miquitous liquor traffic.

Mr. and Mrs. Henry J. Mellott and son, of Combers, province of Ontario, Canada, are visiting Mrs Mellott's mother, "Auntie" Minnich and sister Mrs. James Hamp ton and family, and Mr. Mellott's folks, the family of the late D. S. Mellott. Henry is among the Licking Creek township boys that have made good. He first went to Deshler, O., where he engaged in farming for several Cleve G. Fields was a County years. In 1912, he like many others, went over to Canada and bought a farm of a hundred acres, which he is having ditched and otherwise improved; and he is not so far north as to be out of the corn belt.

> This community enjoyed the most quiet and peaceful holiday season in many years. The Christmas spirit prevailed to the fullest extent. The health of our people, save in one or two instances, was exceptionally good.

> Rev. E. J. Croft's next announcement for Asbury church is for January 11th at 10:30 a. m. The revival services at Siloam, M. E. Church, we understand, resulted in quite a good meeting and the gathering in of a number of persons who desire to lead a Christian life.

#### PLUM RUN.

Austin Peck, wife and daughter, of Hancock, spent some time ast week with the formers' moth er, Mrs. Denton Peck, who has been quite ill for some time.

Those that visited in the home of Mr. and Mrs. Shade Truax last Friday evening were; Willard Snyder, Roy Gregory, William Auguest 4, John Alfred Henry, Shives, Clarence Bain, David Gordon, Pleasant Snyder, and Anna and Sarah Kellner, of Hancock.

> Mrs. Dorothy Graves, who has her home with her daughter, Mrs. W. C. Peck, has gone to Mc Keesport to visit her daughter Mrs. Tom Hill, who is just home from the hospital, having undergone a surgical operation for tumor of the breast.

> Anna and Sarah Kellner spent the holidays with their aunt, Mrs John Gordon.

Shade Truax and Joe Mellott, are cutting logs preparatory to of Mr and Mrs. W. J. Henry; having a saw mill set on each of their farms.

> The sawyers are done sawing at John Gordon's, but unable to move their mill, on account of the

### BURNT CABINS.

Rev. C. F. Himes has begun a series of revival services in the M. E. Church.

The stork visited the home of L. D. Keebaugh. Xmas day and Miss Zola Truax, of Needmore, left a little dishwasher.

John McClain and wife of Carlisle and Miss Edith Speck, of Altoona, spent the holiday vacation

Miss Mary Peterson, of Orbisonia, spent a few days the past week, in the home of her brother J. C. Peterson.

G. F. Naugle has purchased the property of Mrs. Frances Cesma, near town.

Julian McGehee returned to Chambersburg Monday morning. M. S. Nesbit is housed with a bad case of tonsilitis.

The people of town seem to be making good use of the snow. The gingle of sleigh bells can be heard in every direction.

Frank Skiles, Pleasant Ridge, was transacting business in the Burg last Tuesday and made a short call at this office. He said that Bert Hann, Esq., wanted to scalp something or somebody, and told him to bring some Justices'scalp orders, but we could not accommodate the 'Squire, as the only scalp orders we issue is when some one says something mean about us.

Subscribe for the NEWS.

Eskimo Lover Must Travel Rocky Road By ADDIE FARRAR

woman of his choice and lies in wait for her. When she appears he seizes her by her long, black hair or by her garments and drags her by force off to his

own particular hut of snow and ice, and so they are married. Even if a native Greenlander should propose to his sweetheart his proposal would not be accepted. In the eyes of her Eskimo lover for a girl to accept an offer of marriage would be to shame herself beyond redemption. It is her part to appear unwilling, no matter how she may feel, and every bridegroom is expected to gain his bride by force, either real or pretended.

In Lapland as soon as a girl baby is born and has been duly rolled in the snow, a ceremony which takes the place of baptism, her father sets aside for her a certain number of reindeer, branded with her initials, and as they increase and multiply, so does her chance of making a good match, for the maiden with the biggest herd of reindeer is the one that is the greatest belle in Lapland.

When some young countryman of this reindeer dowered maiden discovers that she is the one girl in the world for him he goes in search of a faithful friend and a big bottle of brandy. The friend enters the home of the girl's father, opens the bottle of brandy, drinks with him to the health of the family and girl and makes the proposal. Meanwhile the lover is outside trying to curry favor by chopping wood or some other labor. If the brandy so warms the heart of the girl's father that he gives a favorable reply to the proposal the friend goes to the door and calls in the lover and the two young people are permitted to rub noses, the Laplanders' way of kissing. Two or three years after this the marriage takes place, the lover meanwhile working in the service of his future father-in-

When the wedding day dawns, if there is a priest handy he reads the service, but if not the young woman's father merely strikes a spark from a flint and steel and names the couple man and wife and when either of them dies the steel and flint used at the ceremony are buried with them to keep them warm on the long journy to the better land.

## [Eating and Drinking to Promote Health By Addison Hickox, Springfield, Ill.

The writer has for many years past made a study of eating and drinking to promote health. My experimenting has been carried on solely for my own benefit and not with a view to pub-

lication. I am assuming that practically everyone realizes the value of exercise, rest and fresh air, so that the lack of these is not the cause when we have ailments. Therefore there must be some other cause, as the rule of nature is health and any deviation from it is an indication that we have lived unwisely in some way and I believe that in nine cases out of ten it is the diet that is at fault.

For about fifteen years I have not taken medicines of any kind except in the form of food and water and at the same time I have indulged to a limited extent in drinking and smoking for the sociability and pleasure of it.

During all this time I have not had a severe cold and when I have had any at all I have believed it due either to overeating or improper elimination of waste or both. In my opinion the cause has been overeating. I have gone without a meal, drunk considerable water and eaten an orange and the cold has gone away. Yet as all ailments run their course I am not so sure whether the cold would have disappeared without the treatment. If I have thought the cold due to inefficient elimination I have eaten fruits with seeds in them, such a raisins and figs, and green vegetables raw, without any spices of any kind, such as lettuce and cucumbers, and also drunk considerable water.

Recently I was annoyed by a sore nose and reasoned that this was due to impure blood. I am of the belief that onions are of great value as blood purifiers on account of the sulphur they contain. I do not believe that sulphur in its mineral form is of much value, as the human system cannot readily assimilate anything outside of vegetable or animal food. So I ate about six raw onions in two days and my trouble disappeared.

## Many Troubles Man Causes Lowly Tailor By J. B. GEHRING, New York

Men tailors have trouble with shoulders, waistbands and legs, but legs are the worst. There isn't one man in ten who can make an affidavit that he is neither knock-kneed nor bow-legged.

Perfectly straight legs are rare. It's an art to shape fabrics over bow-legs so that they will not show, and no joke to hide the bends of knock-knees.

When a man begins to take on weight it shows first at the belt line, then on the shoulders and upper arms. Later it gets down to the legs. In the meantime the tailor has his troubles in keeping his customer from looking top-heavy. The tailor is supposed to take an imperfect anatomy and shape garments over it with such nicety as to produce a superb figure.

Legs that are over-long are a source of some complaint. The waistcoat has to be dropped an inch or two in cases like this. There are knees which are fifty per cent. larger than they ought to be-great knuckles of bone that are hard to hide. Then there's the thigh, three times larger at the upper end than at the other. Men created on this model ought to be permitted to wear full-seated knickerbockers,

## Young Women Seek Career in Cities By Fannie M. Enright, Philadelphia

who live in the country or in small villages frequently have only the haziest notions of the details of life in large cities. They are too often deluded into seeking a "career" or a living amid surroundings with which they are totally unfa-

Girls and young women

Then they have to suffer unpleasant consequences. For this reason the commission on social service of the Interchurch federation of Philadelphia has performed a real service by issuing a warning to girls through-

out the country not to go to big cities unless they have been assured of honest employment at more than \$8 a week. Country girls working on a farm are frequently lured to the city because they think \$6 or \$7 good wages. Many come to regret their folly. The Interchurch federation found that the average weekly cost of

living for a working girl includes rent, with two meals, \$5; lunches, \$1.20;

clothing and incidentals, \$1.80. The commission in its statement says that "so many dangers beset the self-supporting woman who has an inadequate wage or is out of employment for any length of time that we feel justified in issuing this caution and warning."

Evidently Not. The fellow who said, "One-half of the world does not know how the other half lives," evidently did not exist in a period of Ladies' Aid societies, Thursday Afternoon Whist clubs, Ladies of the Round Table, Sewing Cir-

cles and like organizations.-Judge. Genera. View of It. Nothing so needs reforming as other people's habits.-Pudd'nhead Wil-

Stevenson on Life. We are not meant to be good in this world, but to try to be, and fail, and keep on trying; and when we get a cake, to say, "Thank God!" and when we get a buffet, to say, "Just so: well hit!"-Stevenson.

Kept It Dark, Gerald-"A gentleman knows how to keep a secret." Geraldine-"If you are a gentleman you have kept it a secret, all right."

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8.41 a. m. (daily except Sunday) Express for Cumberland and intermediate points.

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