Tuyl's glass.

SYNOPSIS.

Garrett Coast, a young man of New Yor. Jity, meets Douglas Blackstock, who invites bim to a card party. He accepts, although he dislikes Blackstock, the reason being that both are in love with Katherine Thaxter. Coast falls to convince her that Blackstock is unworthy of her that Blackstock is unworthy of her convince her that Blackstock is unworthy of her that Blackstock is unworthy of her that Blackstock is unworthy of her than the party Coast meets two endship. At the party Coast meets two med Dundas and Van Tuyl.

CHAPTER II .- (Continued.)

did lead him up to slaughter." He More vaguely he heard him name reached over and took up the deck at Katherine Thaxter-in what connec-Truax's elbow, spreading the cards tion he did not know. On the heels with a dextrous sweep of his strong, of that something barked hideously; blunt fingers. "New game. Cut, you Dundas screamed like a rat; Van

"The invitation tempts; but there are some skins too thick . . . " Van Tuyl pursued.

I think I'll drop, for one."

"Drop," said Van Tuyl sweetly, "and

"What do you mean by that?" Truax on his feet, turned upon his tormentor with an imperceptible tremor in his voice.

Prudence is the better part of bridge." Van Tuyl explained careful-"He's a prudent man who becomes conscious of chilled extremities when ahead of the game."

Crimson with resentment, Truax hesitated, the retort on the tip of his tongue only withheld because of Coast's appealing and sympathetic look. Then with a lift of his plump shoulders he turned away, nodding to

his host, Dundas and Coast. "Good-night," he said brusquely, and so betrayed the effort his self-control cost him. "You-all can send your checks if I am anything ahead."

"We'll try not to forget, thanks." A satiric smile on Van Tuyl's thin lips winged the Parthian dart.

Truax did not reply, but left the room abruptly, Blackstock accompanying him to the door. In his absence Coast cut in as Van Tuyl's partner and took the chair Truax had just va-

"Deal?" he inquired. "Yours," Dundas told him.

"And," Van Tuyl interjected as Coast took up the cards, "let us trust you've more bridge sense than that professional dummy." He nodded to indicate the departing Truax "I carefully told him, early in the evening. that when I doubled I wanted not his highest heart, but the highest card of his weakest suit. Do you think you can remember that?"

"Yes," said Coast shortly, annoyed by the other's offensive manner.

"I sincerely trust so. I didn't come here to be rooked by everybody competent partners included."

Coast quietly put down the cards without completing the deal. "Aren't you spraining something in your attempts to be insolent, Van?" he inguired as Blackstock reappeared. "It happens I've been your partner this evening more frequently than anybody

"Precisely." "And you think yourself justified in suggesting that I've played against

to your liking."

Blackstock struck in with a heavy his shirt. note of insincere suavity. "Oh, come now! It's early yet. Van doesn't of pitiful inquiry. know what he's saying-"

It was Van Tuyl's turn to rise; he accomplished the action with surpris-

ing?" he asked crisply. tle as his temper strained at the his lips nervously.

blped. "We're all good friends. Don't dered and died. et's us slang one another. Come on, make up."

At the suggestion Van Tuyl's weath- grasp and rose. ervane humor veered. "All right," he "You've done for him," he said, assented; "that listens like sense." wondering at the steadiness of his He turned to the buffet, Dundas with own voice

fered his hand. "I'm off now."

"Why . . . good-night." Blackstock's mouth smiled, but his speech of the figure huddled at his feet. was mechanical and his eyes, slightly lenses, met Coast's with an opaque

round with a glass half-full of raw the short hallway that led to the en

"Thank you, no," said Coast dryly. "No," said Blackstock. "And," he added, "if I were you, Van, I'd chop

"Oh?" Van Tuyl smiled acidly. lance "Don't you know I reserve the privllege of acting as my own wet-nurse" til they come. Understand?" "I advised you as a friend, but I'm willing to push the trespass and tell bang and tramped back into the dinyou something you evidently don't ing-room know, Van Tuyl; drink makes you

suddenly the gleam of drink-insanity He went to the buffet, carefully in Van Tuyl's eyer. Alarmed, he avoiding the body, and poured himself men, and in the act received full in gulp

Blackstock-the contents of Van

a moment, preventing his clear understanding of what was taking place. Dimly he heard Van Tayi raving in his curiously clear and incisive ac-Blackstock interposed hastily "That cents, heard him stigmatize Blackfourth-best spade of yours certainly stock card-sharp and blackguard.

> Tuyl said: Oh, God!" thickly. Dazed with horror, Coast managed

to clear his vision. Blackstock had moved to the other Truax pushed back his chair, nod- side of the room, where he stood at ding cheerfully to Coast. But for a a small table, the drawer of which he heightened tint of color he showed no had evidently jerked open the instant trace of being aware of Van Tuyl's in. | before he fired. His feet were well | hell can I do but give myself up?" solence. "Cut in, Garrett; it's your apart and he leaned a little forward, Unless," he added, his large head lowered upon its heavy you all want to quit. It's pretty late. | neck. His lips were compressed to the loss of their sensual fullness his eyes blazed beneath knotted, intent the man's sincerity. brows. One hand was clenched by his side; the other held an automatice pislifted in the still hot air.

In a corner little Dundas was hud-

Coast saw the tall, graceful figure | course?" sway like a pendulum gathering mo- "Of course."

to the other end of the room and threw himself, a dead weight, into a chair, facing the wall. In the silence that followed Coast could hear his deep and regular respirations, unhurried, unchecked. After a moment, however, he swung round, dug his elbows into his knees and buried his face in his hands.

"Good God!" he said. "Why did I do that?" Dundas coughed nervously and moved toward the door. Blackstock

looked up with the face of a thundercloud. "Where are you going?" Dundas stammered an incoherent

"Well, you stop where you are. Get back to that window-seat-and try to keep your miserable teeth still, can't D'you think I'm going to let you desert me now, after all I've done for you, you ungrateful rat?"

Without a protest Dundas sidled fearfully between him and what had been Van Tuyl, and returned to the window-seat. Blackstock's glowering gaze fell upon Coast. A sour grimace twisted his mouth.

"You're not a bad fellow, Coast," be said-"to stick by me. . Exerting himself, Coast tried to

master his aversion and contempt for the man as well as his blind horror of the crime. "What are you going to do?" "Do?" Blackstock Jumped up and

'You mean that?' The question was involuntarily on Coast's part, wrung from him by sur-

began to pace to and fro. "What the

"Of course," Blackstock explained, simply; "it's too late now to make a tol from whose muzzle a faint vapor get-away. . . . If it hadn't been for that racket . . . They'd cop me before I could get out of town." He dled with a face of parchment, mouth paused, questioning Coast with his intent stare. "You wouldn't let me off, Both men were watching Van Tuyl. would you? You'd tell the police, of



Blackstock Moved for the First Time.

Van Tuyl's dark eyes met his stead- mentum. An expression of strained | Blackstock nodded as if he found lly in a sardonic stare. "I'm the heav- surprise clouded the man's face. He the reply anything but surprising. "Of lest loser here," he said. "You've lurched a step forward and caught course. He was your friend." played like a raw amateur every time himself with a hand on the card-table, you've played with me. Interpret that and so held steady for an instant "I shall." Coast got up, white to hended the neat black puncture with tell Kate Thaxter. the lips. "It spells good-night to me." Its widening stain upon the bosom of stock resumed his walk.

"God

Then he fell, dragging the table over with him.

On the sound of that, Blackstock ing dignity if with a slight unsteadi- moved for the first time. He drew dued voice, ness "Since when did I appoint a himself up, relaxed, and dropped the bounder like you to read my mean- weapon upon the table beside him. murder me also, you know, before you simply partial Christians, and for this murder me also, you know, before you simply partial Christians, and for this His glance encountered Coast's, wa-Blackstock hesitated, swaying a lit. vered and turned away. He moistened

leash "I'll take that from you in Coast, with a little cry, dropped to NEW KIND OF INFANT SCHOOL your present condition, Van Tuyl," he his knees beside Van Tuyl. Already the man's eyes were glazing, the move-In his nervous anxiety to avert the ments of the hand that tore at his quarrel, little Dundas blundered and breast were becoming feebly convulprecipitated it. "Oh, say now!" he sive. While Coast watched he shud-

"Well?" Blackstock's voice boomed Van Tuyl-let's have a drink and in his ears as the man's hand gripped his shoulder. Coast shook off the

Blackstock shook his head, blinking "Good-night, Blackstock." Coast of like a man waking from evil dreams. "Why . . .?" he said huskily He turned away as if to lose sight

Dundas in his corner whimpered prominent and magnified by thick Blackstock awang to him with an look singularly suggesting a cast. "Shot up, damn you! D'you "I'm sarry suggesting a cast. want—" He clicked his strong white "I'm sorry our party has to break up teeth, jumping as the bell of the house telephone interrupted. Then "Look here!" Van Tuyl swung he went heavily to the instrument in

> him jerk down the receiver. "Well?" he demanded savagely.

"Yes. An accident." that drink. It won't do you a world You'd better call up police headquar-"One of my guests. Yes, badly. ers and tell them to send an ambu-

"And don't let anybody up here un-He hung up the receiver with a

"That damn' hallboy! They heard the racket in the flat below and called him up. Coast, lingering in anxiety, detected I have made a pretty mess of things!

moved to place himself between the a stiff drink, which he swallowed at a

"Yours, too. Why did you do it?" "This damnable temper of mine. while his blank gaze, falling, compre- He-didn't you hear?-threatened to

> "What?" "Never mind-something to prevent

our marriage." "And you killed him for that?"

Blackstock stopped, staring down at the body. "Yes," he said, in a sub-

"If that's your way, you'd have to could have married Miss Thaxter." (TO BE CONTINUED.)

'Three R's" Are Cut Out and Children Are Taught to Be Happy

The man in the club had been talk-

cuss the subject any more "We'll talk about the youngsters themselves, for a change," he said dured our temptations, tasted our sor-"Do you know that both in France and Belgium reading, writing and arith metic are being omitted from the sub jects taught in infant school? The lowed him, and have not walked in children are simply taught to be hapcial shelf in a clean, airy place Fancy practical. It guides safely in life's their object the betterment of man, such regulations here! Any old newspaper and any cupboard is good enough for our children

Scotch in his hand. "Aren't you going trance to the apartment. Coast heard play time, and all little children are compelled to bring a clean pocket hand kerchief to school, and they must have a bath once a week

"In Finland, the tiniest children are taught to wash dolls, dust, sweep, look Japanese schools a resting room with a bed is provided, so that over tired children may have a nap! "- Answers,

The Craze for the Weird.

The artistic craving today is for novelty-for new expressions of form and combinations of color, the more strange and weird the better; hence the passing fashion for post-impres sionism and other kindred cults, in the face what had been intended for Blackstock strone restlessly back inspiring motive.—Connoisseur. which neither truth nor beauty is the

What Is It to Be a Christian?

By Dr. H. T. MUSSELLMAN,

of Philadelphia TEXT-How often shall my brother sin

against me and I forgive him?-Matt. XVIII, 21. What is it to be a Christian? It is Every Christian must be greater than the things he does. I am a Christian Christ. I do not possess it complete man's tongue." If I did, I would be a second

Christ. I cannot possess the spirit of of Christ. What was the spirit of Christ? I

must seek to have the mind of Jesus. New Orleans Picayune. In the first place, Jesus Christ possessed the spirit of trust. He never is a Christian insofar as he possesses heavens declare the glory of God?" wants us to be without the aid of trouble.

Jesus Christ also possessed the people are worth while. "Let him who as high as the morning star and broke This petty jealousy, this crooking the and at last strangled them that t lack of trust in God.

Christ possessed the spirit of in-

pity. He came to save the lost and maelstrom of drink." his great heart went out in yearning gathereth her brood, but you would bar looked up the tramp was gone not," even then overcome with compassion. Without pity Christianity is defective. You may get to heaven. I am not bothering so much about heaven. It is the now I am concerned about. God will take care of heaven. I am a Christian and you are a Christian insofar as we possess the spirit of forgiveness. Every man who is worth anything makes some eneprayer of forgiveness on the cross, bables caused in this way. saying, "Father, forgive them; they know not what they do." His great the attention of the authorities had heart broke with compassion and for- been called to the large death rate giveness. I don't care how much you there for the same cause, parents

If , am a Christian I possess the spirit of love. The very climax of the acts that make up human life is the charge of a child was drunk when he touch of affection. Only as I love men can I have the power over men. If a man finds that my heart beats atune with him he opens his heart to me. As we possess the spirit of love we are Christians. "Though I speak with the tongues of men and of angels, and have not love, I have become as sounding brass or a tinkling cymbai." In my humble judgment, much of the talk that comes from pulpits and platforms fails to inspire the hearers with the determination to live nobler be-

cause there is not that current of love. A Christian is one who renders the humble service of Christ and possesses the spirit of Jesus. Are there perfect Christians? No. If there were there would be so many Christs. There are to perfect Christians. We are all reason we ought to be kindly disposed to the shortcomings of others.

The Way Everlasting. A compass can direct one's course in a forest; but a good trail is a better help and may save from danger as well as diffiuclty. So absolute truth is not so helpful in the conduct of life as the way of righteousness troiling politics with a school inspector. den from generation to generation by until the gentleman declined to dis the feet of the good, that path in which Jesus leads the way. The Light of the world lived our life, enrows. His goodness was human as well as divine, and so through the ages increasing multitudes have foldarkness. The most human of books

Christ the Light and Life.

It is said that the sweetest side of any fruit is the side which grows toward the sun. There is no doubt that the sun has a great deal to do with the beauty and flavor of the after flowers, and so on; and in some | fruits which are the delight of man In this casual observation, as in so tide of man is the side toward Christ | Watkinson, D. D.



BARROOM SERMON BY TRAMP

Pathetic Incident Occurs In New Or leans Saloon When Poor Thirsty Hobo Is Given Drink.

A tramp asked for a drink in a saloon. The request was granted, when, to possess the spirit of Jesus. Jesus in the act of drinking the proffered was greater than the things be did. beverage, one of the young men present exclaimed:

"Stop, make us a speech, it is so far as I possess the spirit of poor liquor that doesn't loosen a

The tramp hastily swallowed down the drink, and as the liquor coursed Christ completely. But I am a Christ through his veins he straightened tian in so far as I possess this spirit himself and stood before them with a grace and dignity that all his rags and dirt could not obscure, says the

"Gentlemen," he said, "I look tonight at you and myself, and it seems was afraid. Then the first thing in to me I look upon the picture of my Christian spirit is trust. There were lost manhood. This bloated face was nights when he went out under the once as young and handsome as eastern stars and gazed up at the yours. This shambling figure once Nabonidus was the nominal and legar cerulean blue and talked to God in walked as proudly as yours, a man prayer. Yet even in the garden of in the world of men. I, too, once the city. Gethsemane as he prayed, "Father, fi had a home and friends and position. it be possible let this cup pass from I had a wife as beautiful as an artist's my lips," he was not afraid. It was dream, and I dropped the priceless his beavenly Father's world. A man pearl of her honor and self-respect in the wine cup, and, Cleopatra-like, saw the spirit of trust. Why should we it dissolve and quaffed it down in the be afraid in this world, when "the brimming draught. I had children as sweet and lovely as the flowers of tt is God's world. When calamities spring, and saw them fade and die come they should not dismay. I am under the blighting curse of a drunknot sure that even God could develop and father. I had a home where love weeks later Cyrus made his triumphal us into the kind of characters he lit the flame upon the altar and ministered before it, and I put out the holy fire, and darkness and desoiation reigned in its stead. I had asspirit of trust in men. He felt that pirations and ambitions that scared has not sinned cast the first stone." and brushed their beautiful wings, finger of scorn, this lack of trust and might be tortured with their cries no faith in men, is almost as bad as the more. Today I am a husband without a wife, a father without a child, a tramp with no home to call his own. finite pity, and I, too, if I am to be a a man in whom every good impulse Christian, must possess the spirit of is dead. And all swallowed up in the

The tramp ceased speaking. The pity for all humanity Even as he glass fell from his nerveless fingers sat and looked at Jerusalem, the city and shivered into a thousand fragwhich was to crucify him, he said, menst on the floor. The swinging "O, Jerusalem, Jerusalem, how oft doors pushed open and shut again, would I have gathered you as a ben and when the little group about the

MANY CHILDREN ARE KILLED

British House of Commons to Hold Punishable Parents Who Cause Death of Young Infants.

So many cases have been reported in Great Britain of children being mies. We have ample opportunity to smothered to death by drunken pardisplay the spirit of forgiveness. Look ents rolling over on them during the writing strange words, "letters of fate how injustice came to Jesus. They night that it was decided lately in said he performed his works because the House of Commons to class these in the full blaze of the candlestick, he was a devil, and see how he met fatalities among punishable offenses it. With the great spirit of forgive- and to hold the drunken parents reness, and when he had "lost out," as sponsible. The member who reported the world said, but had succeeded in the bill said that in Great Britain ev- billity of but a part of the hand and a greater manner, he offered up the ery year there were 1,600 deaths of its busy writing. No wander if the

In Germany a few years ago when and the wine lost flavor. have been sinned against, you cannot were made responsible and the perafford to have any other but the spirit | centage of fatal cases began at once to decrease.

Under the new laws, when it can be proven that the person baying or she went to bed and death or injury came to the child, the drunken person can be brought up for trial upon the charge of criminal neglect. Hitherto these cases have been regarded as highly regrettable incldents; now, however, they compel the drunkard to know that the helpless child must not be put in peril.

When the kalser condemned beer guzzling he did not enter the debatdrinking by boys and university stu- in the balances and found wanting " dents was a menace to the German nation, and that danger for its deentific study of the effect of small machine.

others proscribe it or any drink conpoisonous to the system in proportion to the quantity of alcohol it contains, | that the idels had given them the vic-The kalser kept his hands out of that dispute. His lecture went to the sin little realized the power of the God dent corps which admires a great beer capacity as a manly virtue. There why he had permitted the Jews to be can be no debate over his admonition.

Proper Living. Religion does not consist of jumping out of hell to get into heaven. Some py instead! And when they bring is the Bible, becaue it is a record and folks say that being good to the famitheir dinners to school, the food has not a philisophy—the most human ly, square in business, courteous in sounder the official regulations, to be and the most divine. The way that cial intercourse, is the proper life. I put into a basket, which must be la has been followed by the noble five agree with them. I agree with all beled at the school, and put on a spe ing and the noble dead is plain and socialistic movements that have for perils and perplexities, and it leads but they generally make the great mistake of not taking the right step first. Ye must be born again. Sign your name Put yourself on record. Salvation. That is first and then the code of good and proper living comes. -Rev. J. W. Chapman, Evangelist, Buffalo, N. Y.

Co-Workers With God.

many facts from nature, rests a beau- for humanity-rich, poor, young, old. tiful spiritual lesson for us all. What When God made this world he did it the sun is to the natural world, that, without any of us. You did not dig and much more, is Christ to the world a trench in the Atlantic or put any of spiritual things. As the sun influ- stones into the Alps. The rainbow ences the fruits of the earth giving owes nothing to your paint pot. God them beauty and fusciousness, so did it all. But this time he is build-Christ sheds an influence over the ing a new humanity, grander than any lives of many and gives them beauty sun or star, and he permits you to be of character and purity of heart co-workers with himself. "And thou And as the sweetest side of a fruit is mayest add thereto." Put in your the side toward the sun so the hest contribution; put it in.-Rev. W. L.

FEAST AND FATE

Sunday School Lesson for Nov. 12, 1911 Specially Arranged for This Paper

LESSON TEXT-Daniel 5.
MEMORY VERSES-25, 28.
GOLDEN TEXT- God shall bring every work into judgment, with every se-

eret thing, whether it be good or whether it be evil."-Eccl. 12:14. TIME-The event described belongs to the last years of the exile, B. C. 139, when Habylon was taken by Cyrus and his generals.

The decree of return, and the first return, occurred a year or two later. PLACE-Babylon the capital, enlarged, beautified and forumed by Nebuchadnez-

Under the great Nebuchadnezzur Babylon rose in grandeur, power and extent, till it became the most mage nificent and beautiful city of antiquity. In those days Babylon was the metropolis of the world, the center of commerce, art and wisdom. The wealth of the world poured into its coffers. Babylon was the strongest fortress in all the world. Belshazzar was the acting king of Babylon at the time of this lesson, while his father king who lived and warred outside of

Cyrus had been advancing toward Babylon. He gained a decisive victory over Nabonidus, on his way to the capital, and his army entered the city without fighting, and peace was proclaimed. A portion of the city, probably the citadel including the royal palace, held out for some time, being occupied by the army of Belshazzar as a rallying place. Two or three ntry into the city. Seven days later, the general of Cyrus stormed that part of Babylon which had held out against his army, and on that night Belshazzar was slain. It was during this week that Belshazzer made 2 magnificent banquet to encourage his generals and princes in their struggle with the Medo-Persian foe.

At his feast, therefore, Belshazzar sought to remind his warriors of the old campaigns their forefathers had fought. He had in his possession the treasures which these forefathers had carried from Jerusalem when they conquered Israel and, as it seemed to them, Israel's Jehovah. His conduct thus was not merely that of a drunk en debauchee, but partly of a cool politician, when amid the applause of a thousand courtiers and army commanders he ordered the sacred vessels of the Temple of Jerusalem to be prought into the hall of feasting. Such a scene would fill the hearts of the wine-inflamed warriors and nobles to overflowing with daring, and also bring a worthy occasion for the divine interference to encourage his people on the eve of their deliverance.

In the midst of the carousal, the king saw the fingers of a man's hand and characters of fear," on the wall perhaps the great golden candlestick taken from the temple. There is something blood-curdling in the visiriotous mirth was frozen into awe.

Belshazzar, in his terror and horror, summoned his wise men to declare what the strange apparition and the blazing letters meant, and promised great rewards to the one who should interpret them; but all failed. Either they could not make sense of the letters, or could not perceive what mean ing they had. Even if they had understood, it is not likely that one of them would dare to speak it out before the

Then the queen mother, mother of ther Nebuchadaezzar. It took place story. Daniel was sent for, and came able field where scientists and physic brave and true words which might cians disagree, but remained out easily cost him his life. He told the where there can be no argument, story of Nebuchadnezzar's fall from Whether or not a temperate use can the height of pride, and accused him be made of beer by adults without of dishonoring the true God. Then he physical injury is another matter, interpreted the message written on What the emperor said was that beer the palace walls: "Thou art weighed The want of religious restraints and

motives, exposes one undefended to termination does not require any sci- the powers of temptation. Belshazzar would enrich the splendor of his feast quantities of alcohol on the human by the sacred goblets and dishes of gold that Nebuchadnezzar had taken Some physicians prescribe beer and from the temple at Jerusalem. They were brought, and made to be instrutaining alcohol, terming it a drug, ments for drunken revelry and lust, and worship of idols, thus declaring tory over the God of the Jews. He whom he was defying, nor the reason disciplined by exile, and the victory of Cyrus over Rabylon was one of the means by which the exites should be able to return home, and carry those very golden vessels back to Jerusalem. The church in the wilderness was like the burning bush that Moses saw; and like the three beroic men in Nebuchadnezzar's flery furnace, un consumed because God was with them. The true religion, the princi ples of the kingdom or heaven, and the laws of God, are certain to triumph at last over intemperance and all its evils.

The social power of the wine cup. its connection with feasting, comrade ship, hospitality, good cheer, is one of its most dangerous attractions. And one of the chief defences against its power lies in showing that good cheer fellowship, sociability, eating together may be enjoyed in the highest degree where men "eat and drink and in communion sweet quaff immortality and joy," without the fascination of

the wine cup. Belshazzar lost his city and his king dom. So still by intemperance are men continually throwing away the kingdom God has prepared for them the kingdom of manhood, the kingdom of self-control, the kingdom of the world in which we live and of its law which we can compel to aid us in al that is good.

Stops Lameness

Sloan's Liniment is a relia ble remedy for any kind of horse lameness. Will kill the growth of spavin, curb or splint, absorb enlargements, and is excellent for sweeny, fistula and thrush.

Here's Proof.

Here's Proof.

"I used Sloan's Liniment on a mule for high lameness," and cured her. I am never without a bottle of your liniment; have bought more of it than any other remedy for pains."

Bathy Kinny, Cassady, Ky.
"Sloan's Liniment is the beat made. I have removed very large since boils off a large with it. I have killed a quarter crack on a mare that was awfully laid. I have also braied raw, sore necks on three horses. I have heated gream heel on a mare that could harvely walk."

Astrony G. Hryens, Oakland, Pa., Route No z.

My hogs had hog cholera three days



Shipwreck Up to Date. "Captain, is there much danger?" "Not a particle. A moving-picture outfit will soon be along and rescue us after they have taken a few films."

Examine carefully every bottle of CASTORIA, a safe and sure remedy infants and children, and see that it

Bears the Chart Hitchirs In Use For Over 30 Years. Children Cry for Fletcher's Castoria

If They All Knew. A woman speaker told a New York suffrage meeting that "we women haven't concentration. Our minds just go flirting around and don't get anywhere." Considering which, is it not superfluous for mere man to muss about in women's affairs when they know themselves so well?-St. Louis Post-Dispatch.

Scared Out. The guildes had a pretty story to tell as often as they were asked why the cliffs gave back no sound.

A beautiful Echo (so the story ran) formerly dwelt in the valley, and had great fun mocking people who, chancing that way, in any manner broke the sylvan silence.

smart women, prompted by the guides knew not what caprice, sat down in the immediate neighborhood to enjoy a game of progressive whist.

"Gee, I give it up!" cried the Echo thereupon, and in consternation fled the place, nevermore to return.-Puck.

Appetite Not a Necessity.

Dr. John R. Murlin of New York, assistant professor of physiology at the Cornell university medical college, in an article in the October number of Belshazzar, came in and spoke of the Journal of the Outdoor Life, com-Daniel as one who had shown great | pares the food we eat to the fuel used gifts at interpretation to his grandfa- in furnishing steam and power for an engine. In selecting our food he says before this boy king was born, and he. that we should eat enough to furnish naturally, knew nothing about the energy for the day's work, but that much more than this is not needed. into the festival hall. He heard the He holds that the appetite is not a neking's offer, and spurning it, spoke cessity for good digestion. "There is no fallacy of nutrition," he says, "greater than that which supposes that a food cannot be digested and utilized without appetite." Most of the food we eat, fully four-fifths, goes to supply energy for our every day tasks, while less than one fifth goes to supply building material.

it's the Red Blood Corpuscies That Proper Food Makes.

An Ohio woman says Grape-Nuts ood gave her good red blood and restored the roses of youth to a complexion that had been muddy and blotchy. She says: "For 10 years I had stomach trouble

which produced a breaking out on my race. The doctors gave it a long Latin 1-me, but their medicines failed to cure it. Along with this I had frequent headaches, nervousness and usually pain in my stomach after meals. "I got disgusted with the drugs, stopped them and coffee off short, and quit eating everything but truit and

Grape-Nuts, with Postum for my table "The headaches, stomach trouble, ard nervous weakness disappeared alm -t like magic, which showed that when the cause was removed and good food and drink used nature was ready to help.

"My blood was purified and my com plexion became like a young girl'a, while my weight was increased from 90 to 120 pounds in a few monthsgood, solid firm flesh, where it used to be soft and flabby

"I recommended Grape-Nuts and Postum to one of my friends, who was afflicted as I had been. She followed my advice and in a short time was re stored to complete health and in about 8 months her weight increased from 100 to 148 pounds. "Our doctor, observing the effect of

Grape-Nuts and Postum in our cases,

declared, the other day, that he would

hereafter prescribe these food products for gastritis." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to

Wellville," in pkgs. "There's a reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human laterest.