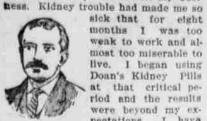
Philip Huber, 251 Cummunipaw St., Jersey City, N. J., says: "Three years ago I was compelled to sell my bustness. Kidney trouble had made me so



pectations. I have lought back my business and occadonally work 18 hours a day without al effect. Doan's Kidney Pills have made this possible and I cannot recommend them too highly.

Remember the name-Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

MERELY A THEORY.



Landlady-Dear me! What a per cultar odor! It smells like a piece of burning rubber.

Sarcastic Boarder-Perhaps. The cook has dropped a piece of the steak

#### 16 YEARS OF SKIN DISEASE

"For sixteen long years I have been suffering with a bad case of skin digease. While a child there broke out a red sore on the legs just in back of my knees. It waxed from bad to worse, and at last I saw I had a bad skin disease. I tried many widely known doctors in different cities but to no satisfactory result. The plague bothered me more in warm weather than in winter and being on my leg joints It made it impossible for me to walk, and I was forced to stay indoors in the warmest weather. My hopes of recovery were by this time spent. Sleepless nights and restless days made life an unbearable burden. At last I was advised to try the Cuticura remedies [Cuticura Soap, Ointment and Pills] and I did not need more than a trial to convince me that I was on the road of success this time. I bought two sets of the Cuticura Remedies and after these were gone I was a different man entirely. I am now the happlest man that there is at least one true care for skin diseases. Leonard A. Hawtof, 11 Nostrand Ave., Brooklyn, N .Y., July 30 and Aug. 8, '09."

An Unmistakable Hint.

"Young Staylate got a delicate hint from the young lady he was calling on the other evening." "What was It?"

other familiar devices useless, so she ordered some refreshments and her mother sent her a plate of breakfast

Discouraging.
"George," said her husband's wife, "I don't believe you have smoked one of those cigars I gave you on your birthday

"That's right, my dear," replied his wife's husband. "I'm going to keep them until our Willie wants to learn to smoke."

A man ought to know a great deal to acquire a knowledge of the immensity of his ignorance.-Lord Palmerston

Mrs. Winslow's Southing Syrup for Children beething, softens the game, reduces inflamma bion, allays pain, cures wind colic, life a bottle

Shrinking from suffering may be fleeing from strength.

### MIX THIS FOR RHEUMATISM

Easily Prepared and Inexpensive and Really Does the Work, Says Noted Authority.

Thousands of men and women who have felt the sting and torture of that dread disease, Rheumatism, which is no respecter of age, persons, sex, color or rank, will be interested to know that it is one of the easiest afflictions of the human body to conquer. Medical science has proven it not a distinct disease in itself, but a symptom caused by inactive kidneys. Rheumatism is uric acid in the blood and other waste products of the system which should be filtered and strained out in the form of urine. The function of the kidneys is to sift these poisons and acids out and keep the blood clean and pure. The kidneys however, are of sponge-like substance, the holes or pores of which will sometimes, either from overwork, cold or exposure become clogged, and failing in their function of eliminating these poisons from the blood, they remain in the veins, decompose and settling about the joints and muscles, cause the untold suffering and pain of rheumatism and backache, often producing complications of bladder and urinary

The following simple prescription is said to relieve the worst cases of rheumatism because of its direct ao tion upon the blood and kidneys, refleving, too, the most severe forms or bladder and urinary troubles: Fluid Extract Dandelion, one-half ouncend Kargon, one ounce; Conound Syrup Sarsaparilla, throw unces. Mix by shaking well in a box. tle and take in teaspoonful doses after each meal and at bedtime. The inmeal and at bearing any preption pharmacy, and are absolutely nless and safe to use at any time.

disease, and general weakness

#### The Church-Its Danger and Security

By REV. W. G. CURRY

TEXT-Awake, awake, put on thy strength; O Zion.-Isalah L.H. L

Jehovah spoke this when Judaism had fallen into great weakness. Enemies beset on every side. The church has often had its times of moral weakness. Deliverance always came. The slumbering giant not only awoke but exerted himself. A deep slumher prevailed when Christ came. Great ystems of idolatry prevailed. The true God was nigh forgotten. The Saviour gathered a little band around him and sent them forth. With matchless strength they attacked the the powers and Satan's kingdom was shaken. Another crisis came-papal corruption. Pure Christianity slept beneath gaudy trappings of Catholiclam, movements for freedom were watched, and dungeons were filled with those who dared look up. "Awake awake!" was sounded. Martin Luther arose to restore spiritual-Since then the truth has been gaining power. When we consider the facilities we have, the outlook is now hopeful. There is another side.

I. The church is threatened with

danger. Danger from peculiar activity and excitability of the times in which we live-entirely an earnest age. New discoveries, new forces appearing. Law of change is every-Wonderful schemes claim where. public attention. Science, art are ever presenting new questions. Our minds and hands are full; never was there more activity. It is not an unfortunate condition. We would not lock the wheels of progress, and remand the age back to the darkness of the past. In the midst of the excitement we are in danger of infection, unless there be a corresponding earnestness in Christian character. Our danger is inability to control these forces. We are too much controlled by them. We are being permeated by the spirit of the world, instead of permeating it with our spirit. We must show a religion full of life and energy-not a cold, sleepy religion.

2. The tendency to innovation. We believe all essentials are clearly revealed in the Scriptures. Yet we think more light and improved methods may be emlpoyed. But from Germany comes a spirit that would say our foundations. It has found its into our theological schools, and is poisoning the minds of the rising ministry. They tell us that reason and not faith must be the guide. They have discovered the Bible is an antiquated book, and the gospel too cold. They would take away the Bible as a perfect rule of faith and practise. The danger lies in having our minds alienated from the simplicity of the gospel, and a desire to seek the novelties. We need now more than ever before to cry for

the old paths. 3. In danger from the increasing boldness and energy of the enemies of Christianity. We are no longer attacked by a few, but the ranks are strong and the infidelity deciares its truths to be the only truths. It has never displayed so much determination. It is widespread and is with "She found looking at the clock and | men in daily walks; is in politics, taints legislation, and has taken hold upon the public press. The world is flooded with its literature. Vast multitudes listen to infidelity's mod-

ern apostle In the light of all these facts have we not cause for alarm? Are we in a condition to successfully contend with these forces? The church is not putting forth her strength. She has had smooth sailing a long time,

and sleeps. II. What are the elements of strength.

1. Sound doctrine. In these days of laxness and insidiousness we need to contend earnestly for the faith once delivered to the saints. doctrines of depravity, atonement and salvation by grace must be emphasized. Let this be done, and infidelity will not affect the religion of personal experience. 2. Spiritual life. We need a high-

er-toned spirituality, a religion that enters into all our social and business relations, giving color and shape to the dally life. How shall this strength, which God

calls on us to exert, be put on? It is not physical, but spiritual strength that we need. It must be put on upon our knees.

The Life of All Our Joya. If there be one name sweeter than another in a believer's ear, it is the name of Jesus. Jesus! it is the name which moves the harps of heaven to melody. Jesus! the life of all our joys. If there be one name more charming, more precious than another, it is this name. It is woven into the very warp and woof of our psalody. Many of our hymns begin with it, and scarcely any that are good for anything end without. It is the sum total of all delights. It is the music with which the bells of heaven ring; a song in a word; an ocean for comprehension, although a drop for brevity; a matchless oratorio in two syllables; a gathering up of the hallelujahs of eternity in five letters.-C. A. Spur-

His Saving Power. Jesus said: "All power is given unto Me in heaven and in earth; go ye therefore and teach all nations. baptizing them in the name of the Father, and of the Son, and of the Holy Ghost, teaching them to observe all things whatsoever I have commanded you; and lo, I am with you always, even unto the end of the

He displayed His wonderful power while here upon earth. His miracles were a definite attestation to His mission. He claims and exercises that son. He claims and electrons that saving, helping power—a power not now limited by physical conditions, as might have been charged in His earthly life, but a power which flows with authority from the mediatorial throne on which He reigns. \*EATING" THE KINGDOM OF UGANDA



THE body of Mwanga, the late king of Uganda, who died in exile, having been taken back to his native land and re-interred recently, his successor, Daudi, was formally recognized and there took place the strange ceremonial of "eating the kingdom." In this Daudi beat the sacred drum on which a python is carved and went through other rites. He was then carried in state to his house on the shoulders of a chief according to custom. Daudi was fourteen years old on August 15. King Daudi has lately taken to golf, and the Europeeans at Kampola (Mengo) have entered him as a member of their club. He shows promise of making a good player and is keen on the game.

"CURE - ALL" REMEDY

New Discovery of Medical Expert Surprises World.

Vienna Physician After Years of Labor and Study of Insidious Blood Diseases Discovers Preparation to Kill Germs.

Vienna.-For the past 25 years Dr. Ehrlich of this capital has devoted himself to the study of insidious blood diseases that are transmitted from father to son, and a year ago the scientific world was surprised by the announcement of the discovery of The announcement gave rise to violent attacks on the doctor, and many newspapers openly declared that he was in all probability a charlatan. Today he is acclaimed by

of our generation.
Of late years in his laboratory at Frankfort, Germany, Dr. Ehrlich has had the assistance of two eminent collaborators, Dr. Abertheim and Dr. Hata, a Japanese, and much of the credit of the discovery is due to their unceasing work along the lines laid

down by Dr. Ehrlich. The remedy "606" is an arsenical preparation-arseno-benzol. It gets its weird name because 605 combinations of arsenic were tried before the right formula was obtained. Dr. Ehrlich says that "606" introduced into the system goes directly for the germ of disease and attacks it. In addition to its power to cure blood disorders great results have been obtained by its use in infectious maladies, notably typhoid fever, malaria, intermittent fever and paludism or sleeping disease, while the latest announcement is by Dr. Audrusson of St. Petersburg that he has used "606" on two lepers who were in an advanced only is a decided improvement shown of a complete recovery. At the Pasteur Institute, and at many other hospitals in Paris, "606" is being used with phenomenal success.

PENNY LUNCH FOR SCHOOLS

Chicago Children May Soon Have

Soup and Bread Every Day-Use

Fireless Cookers.

for Chicago school children is

Chicago.-A luncheon for a penny

posed by Mrs. Isabelle C. O'Keefe,

member of the board of education. She

asserts that many Chicago pupils now

are compelled to attend their classes

all day without having time for lunch-

eon. The plan is to install penny lunch

rooms in six schools as a means of ex-

periment. The ultimate aim is to ex-

tend the system to all Chicago schools.

bread and butter in plenty is to be the

A committee was appointed, with Mrs. O'Keefe as chairman, to investi-gate the feasibility of the plan and

prepare for the experiment lunch-

Hot, nutritious vegetable soup with

combination of drugs that would destroy the germs without injurious effects to the patient, that day after day passed in which they only partook of one meal in the 24 hours.

Koenigsberg, Dr. Ehrlich's remedy was fully explained and demonstrated to the medical profession. The capacity of the hall was exceeded, and more than 500 scientists had to be content to linger in the outside entrance, pressing as near as possible to the door in order to catch even stray bits of the discourse. Snore Is Safety Sign.

Cleveland, O .- Mrs. George Chilcher, 3400 West 65th street, was given a divorce on the grounds of neglect children testified that Chilcher was in scientists as one of the greatest men they feared to return until they heard that propositions have not had,

At the recent medical congress at

# COLONY IS UTOPIAN

Farmers' Protective Association, Is Formed.

Community Open to Any White Man Will Be Conducted on Businesslike Basis, but With an Ideal Theory.

Oakland, Cal.-Out of a desire on the part of Charles Street, a wealthy raucher, formerly of London, now residing on the Dingee estate in Piedmont, to benefit his fellow men, has evolved the Farmers' Protective and Benevolent association, to be incorporated. The purposes of the corporation will be to conduct a co-operative farm, primarily to raise poultry. but also as a home site for shareholders, who will be recruited from all walks of life. The land chosen for the "model

town" is two miles east of Livermore, and there are 200 acres available. Each person entering into the scheme will be expected to purchase five acres for his own use. The organization will be conducted on the lines of a town, with officers and public buildings, including an auditorium where speakers will be invited to lecture. The electricity for the farm will be manufactured on the premises.

There will be a music conservatory established, weekly dances will be held and playgrounds prepared for the children. A moving-picture theater is also contemplated.

Any white man may become affiliated, and 12 prominent people of Oakland vicinity are already interested, including R. N. Scoville, son of the president of the Scoville Iron Works, A well-known Pledmont schoolteacher, Miss Scheere, is another who is active in the enterprise.

All the supplies of the community will be raised on the ground, irrespective of what is intended for general sale, and it is the purpose to provide every inducement for those who share in the proposition to make their home within the confines of the farm,

An enthusiastic advocate of the enerprise cites the present high cost of living as a sufficient reason for any man in moderate circumstances, particularly those who work for their daily bread, adopting this method, of providing a home for himself and famly in old age.

For, as he remarks, the Farmers' Protective association is essentially a poor man's club, with the main object of securing the advantages of the wealthy class by giving those who are interested in the scheme the opportunities through co-operation of developing in their children any latent talents, enabling them to do things that they would otherwise be unable to

The initiative, referendum and recall with women's suffrage, will apply in its entirely.

In the membership of the association there are already a violinist, linguist, electrician, school teacher, printer, machinist, carpenter, general contractor, stenographer and an editor. American citizens are, of course, preferred, but all whites are eligible. Every one will be given full market value for their products, and all will be expected to contribute to the enand habitual drunkenness. Wife and tertainment and social amusement of the community. It is, in short, a the habit of chasing them out of the Utopian scheme with a businesslike house while he was drunk, and that foundation, something that many simwhich may be attributed their failure

## FLOWER IS GIVEN NEW HUE

British Scientists Now Are Applying supplied by the use of phosphate or Electricity to Fish Ponds as Experiment.

London.—The latest experiments in applying the electric current to growing plants and flowers, as reported by Prof. J. H. Priestley, of the botanical laboratory at Bristol university, tend private fish pond in Sussex, with reto show that the current not only accelerates the growth, but also in some ways improves their health, and makes them stronger and better able to resist disease.

The precise action of the current is not yet fully understood. There is a difference in the color of electrified and non-electrified growing wheat, the stage of the disease, and that not former being a darker green in conse quence of the plants obtaining more in their condition, but he is certain nitrogen from the air. The increase in yield of wheat under electrical cul-

most one-third The current, as a rule, is conducted Ehrlich gives the warmest by wire from the generating station, praise to Dr. Hatta, who left for his or power house, to the field and there home in Japan and his chair as as | raised to a very high voltage before sistant to the celebrated Professor distribution over the field on wires Kitasato of the faculty of Tokio, three attached to poles 10 feet high. Escapyears ago, and who for 18 months be- ing from the wire to the ground, the fore "606" was discovered, worked current passes through the plants and with almost incredible energy and so completes the circuit. In cloudy or perseverance. He was at the labora- foggy weather there is a greater cur- than ever known before and it is estitory from dawn until late at night, rent escaping from the wires. The mated that with the boats have come So concentrated were the minds of cost of the electrical stimulation is 10,000 girls who will clean and pack these two men on their search for the not as great as that of stimulation | the fish.

other enrichers

It has been found that the current somewhat modifies the colors of flowers, and this fact is being taken advantage of by greenhouse cultivators who have begun to use the electric current quite extensively.

The current has been applied to a ported quickening results on the growth of the finny residents, but these experiments have not progressed far enough for definite scientific results to be announced.

Cigarette Causes Fire. Philadelphia.-A cigarette started a fire in the cloakroom of the Allison school that threatened to destroy the building. A panic was averted by the action of Miss L. E. Allen, a teacher, who sent the children into the yard tivation amounted in one case to al- for what she said was an early recess. The boy was indulging in a smoke when the janitor appeared, and to escape detection the miscreant dropped the lighted cigarette into the pocket of a coat.

10,000 Fisher Girls.

London.—This is proving a record year for fishing at Yarmouth. More Scottish fishing boats are at that port

### FINDS FINE SHARK FISHING

Boston Captain of Fishing Schooner enough to be swallowed whole, and Tells of Taking Fifty and Still Leaving Plenty.

Boston.-Capt. Fred Chetwynd of the fishing schooner Matiana told of the trawls after they had been set.

previous time within the memory of menu of the penny luncheon. The pu-pils of the manual training schools are to make the fireless cookers to be ishermen, and after suffering loss of gear and fish through them he deter-mined to get rid of some of them. used. The cooking school teachers will make the soup and brend. The pupils of the cooking schools are to serve the luncheons.

The lines that are used for hoisting were balted with fish and lowered over the side. They would hardly to the water before a dozen of the sha that were constantly hovering about the ressel would rush for them.

arks gulp down anything

the one lucky enough to get to the fish first took it in, hook and all. Then came a stirring time, as the watchers tried to haul the squirming fish out of the water with block and tackle. an effectual way he took on his last rail to give good chance to the man trip of getting even with the sharks who waited with a long knife the When it was got high enough over the that hung about his vessel and robbed head of the shark was hacked off and the body allowed to drop into the wa Like the other captains who have been fishing in the channel grounds lately, Captain Chetwynd found the big sharks there bolder than at any fifty of them, but that did not appear either to diminish the number about the vessel or to fatimidate the others, who fought for a share of the last one with as much avidity as they had fo

> Polite Youngst "What do you say to the kind sen an for giving you that candy?"

THE CRUCIFIXION

Sunday School Lesson for Dec. 11, 1910 Specially Arranged for This Paper

LESSON TEXT-Matthew 27:15-50. Mem-

LESSON TEXT—Matthew 27:15-50. Memory verses, 4, 41-42.
GOLDEN TEXT—"He was wounded for our transgressions. He was bruised for our iniquities."—Isa. 53:5.
TIME—Friday morning. April 7, A. D.—, from six o'clock A. M. till three e'clock P. M.
PLACE—(I) Pllate's judgment hall either in Herod's Palace in the western part of the city; or in Castle Antonia adjoining the Temple area on the north.

The Roman trial, before Pilate, was in the palace of Pilate, opening into a large court. See place. In the Jewish court the charge brought against Jesus was blasphemy, that is treason against God and the Jewish commonwealth. The penalty was When the leaders brought Jesus before Pilate they hoped that the governor would accept their verdict, and

simply countersign their sentence without inquiring further, taking for granted that they would not have condemned a man to death unless he deserved it. But Pilate asked: "What accusation bring ye against this man?" The verdict of Pilate was, "I find no

fault in this man." From the mockerles in Pilate's

court Jesus was led away to be cruci-

Jesus was so weak from his long and intense sufferings that an African from Cyrene was compelled to help him bear the cross.

The distance was from half a mile to a mile, according to the place of starting (the tower of Antonia, or Herod's palace) and the location of Calvary. In advance was a soldier carrying a white wooden board on which was written the nature of the crime. Next came four soldiers, under a centurion, with the hammer and the nails, guarding Jesus, who bore, as always in such cases, the cross on which he was to suffer (John 19:17, r. v.). Then came two robbers, each bearing his cross and guarded by four soldiers. As they went forth into the street they were followed by a great multitude-many with eager curiosity; priests exulting over their enemy; Mary, with other women, weeping (Luke 23:27).

This scene is vividly described in "Ben Hur:" "He was nearly dead. Every few steps he staggered as if he would fall. A stained gown, badly torn, hung from his shoulders over a seamless under-tunic. An inscription on a board was tied to his neck. A crown of thorns had been crushed hard down upon his head. The mob sometimes broke through the guard and struck him with sticks, and spit upon him. Yet no sound escaped him."

The seven words from the cross: 1. Father, forgive them; for they know not what they do, was probably spoken in the height of the agony, when the cross with the victim upon it was dropped with a sudden wrench into its place in the ground.

2. Today shalt thou be with me in paradise. To the penitent robber, toward noon.

3. Woman, behold thy son. Behold thy mother! Toward noon, when committing his mother to the loving care of John.

4. Elo i, Elo i, la ma sabach thani. Aramaic for My God, my God, why hast thou forsaken me? Spoken in the darkness and depres near his death, about three o'clock in the afternoon. The sole expression of spiritual suffering.

5. I thirst, in the intense thirst of his dying hour. The sole expression of bodily suffering.

6. It is finished. "The Workers's Cry of Achievement, the Sufferer's Cry of Relief."

7. Father, into thy hands I commend my spirit. His dying cry, "the

triumphant note of a conquerer.

"Redemption through his blood," so frequently referred to in the New Testament, gives the highest possible expression of love. Blood is life, the life he gave to save us. But this includes the whole life of Christ, his coming, his life work, his death on the cross, and his resurrection-it was this Christ who expressed his supreme love and his Father's love by giving his life that we might live. The sacrifice on the cross was the highest proof and the strongest expression of the love of God to man. Christ proved the greatness of his love by what he was willing to suffer for those he loved. Ruskin says that "the fountain in which sins are indeed washed away is that of love, not of agony." But the agony was the measure and the proof of love. It declares God's love to man "in letters that can be read from the stars." The fact is that there is no other way to express in language that all can understand the highest degrees of heroism, courage, self-sac-

fused, but we see the light. Every power and every motive that can touch the heart of man to lift him out of sin into the kingdom of beaven radiates from the cross, as the completion of the sacrifice of Christ It shows to us the evil of sin, since redemption from sin demanded such a cost. It reveals to us the loving heart of God. It shows that we cannot en ter heaven unless we are cleansed from sin. It teaches us the value of salvation, great beyond our concep-tion. It shows the value of our souls. of character, of a right life. It sets us an example of doing right at any cost, even of our lives.

rifice, and love. It is these qualities

we see rather than the agony, as we

do not see the particles of matter in

the air by which the sunlight is dif-

Love's Ending.

Says an advertisement in the London Express: "Mary—Waited three hours at appointed spot—until questioned by suspicious policeman. If this is the price of love, it is too leavy a one for me to pay. Farewell, Potta.

"It is the last love that makes a fool of the woman, and the first love that makes a man look as foolish as he is."

—"Tower of Ivory," by Gertrude Ath-

"They say he has a swelled head."
"I must admit that he seems to appreciate himself very much."

To Put It Mildly.

Constination causes many serious dis-eases. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. One a laxative, three for cathartic.

The man who thinks more of his pigs than he does of his wife and babies is the devil's idea of what a husband and father should be.

Hicks' CAPUDING is the best remedy—re-lieves the aching and feverishness—cures the Cold and restores normal conditions. It's Rould—effects immediatly. Icc., 25c., and 50c. At drug stores.

Some Consolation. Mrs. Gramercy—My husband is Mrs. Park-Don't cry, dear. In that

case he won't haggle over the allmony.—Smart Set. TO DRIVE OUT MALARIA

Take the Old Standard GROVES TANTHIESE
CHILL TONIC. You know what you are taking.
The formula is plainly printed on every bottle, showing it is simply outnine and from it a testeless form. The Quinine drives out the malaria and the from builds up the system. Sold by all dealers for 30 years. Price 50 cents.

"How does Dobber rank as a painter, anyhow?" asked Wilbraham.

"Pretty well, I guess," said Lollerby. "At the last exhibition they hung his picture higher than any other in the place."-Harper's Weekly.

SPOHN'S DISTEMPER CURE will cure any possible case of DISTEMPER, PINK EYE, and the like among hurses of all ages, and prevents all others in the same stable from having the disease. Also cures chicken cholera, and dog distemper. Any good druggist can supply you, or send to mirs. 50 cents and \$1.00 a bottle. Agents wanted. Free book. Spohn Medical Co., Spec. Contagious Diseases, Goshen, Ind.

Wanted a Change.

Milkman-I see by the papers that a Frenchman has invented a new way of transforming water into milk. Customer-Well, I hope you'll adopt

I'm getting awfully tired of the old way.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of Cart Fletcher.
In Use For Over 30 Years.

The Kind You Have Always Bought, The Big Show. The personally conducted tourists were viewing the Egyptian pyramids.

"Goodness gracious!" ejaculated Mrs. Newrocks, "it must have cost a pile of money to build them." "Surest thing you know," said Mr. Newrocks; "but don't imagine for a moment that any one tourist agency

stood for all the expense-it was probably a jackpot affair!" "How are you feeling today, uncle?"

asked the robust nephew of his aged and feeble kinsman. "Pretty well, pretty well!" quavered that incurable optimist, "my rheumatiz is bothering me a good deal and my erisipilis is worse than it was yesterday, I've got a slight headache and I went down to the dentist today and had all but two of my teeth pulled, but thank heaven those two are op-

posite each other!" Benny on Benevolence.

Benevolence is a great thing. When you have benevolence you cannot rest until you do something to make other people feel grateful to you. The other went up into the attle to find a lot of old clothes to give to poor people who could not afford to buy any clothes for themselves. While she was hunting around she found a gold-headed cane worth \$25 that grandpa had put up there 18 years ago, and forgot all about. Thus we see, dear friends, benevolence brings its own reward.-Benny.

Admitted. "Women already do a lot of governing," said Mrs. O. H. P. Belmont, the brilliant suffrage leader, in an interview in New York. "Men, if they are observant and frank, admit that.

"An editor, about to marry, was asked by a friend: "'What prompted you, old man, to propose to Miss Dash?'

The editor, who was, like all editors, extremely observant and extremely frank, answered: 'Well, to tell you the truth, I think

Miss Dash prompted me more than anybody else." THEY GROW Good Humor and Cheerfulness From

Right Food and Drink. Anything that interferes with good health is apt to keep cheerfulness and good humor in the background. A Washington lady found that letting

coffee alone made things bright for her. She writes: "Four years ago I was practically given up by my doctor and was not expected to live long. My nervous sys-

tem was in a bad condition. "But I was young and did not want to die so I began to look about for the cause of my chronic trouble. I used to have nervous spells which would exbaust me and after each spell it would take me days before I could sit up in a

chair. "I became convinced my trouble was caused by coffee. I decided to stop it and bought some Postum.

"The first cup, which I made according to directions, had a soothing effect on my nerves and I liked the taste For a time I nearly lived on Postum and ate little food besides. I am today

a healthy woman. "My family and relatives wonder if "My family and relatives wonder if I am the same person I was four years ago, when I could do no work on account of nervousness. Now I am doing my own housework, take care of two bables—one twenty the other two months old. I am so busy that I hardly get time to write a letter, yet I do it all with the cheerfulness and good humor that comes from enjoying good health.

"I tell my friends it is to Postum Read "The Road to Wellville," kes. "There's a Reason."