COUNTRY AWAKE TO DANGER

Increase of Sanatoria and Hospitals for Consumptives is Most Gratifying.

The growth of the crusade against tuberculosis in the United States is shown to good advantage in the two directories that have been issued by the National Association for the Study and Prevention of Tuberculosis and the one in preparation. The first tuberculosis directory published in 1904, by the tuberculosis committee of the New York Charity Organization Society and the National Association listed 133 sanatoria and hospitals for consumptives in the United States, for some of which preliminary provision only has been made. The combined capacity of these institutions was only 8,000 beds. Thirty-two special dispensaries and thirty-nine anti-tuberculosis organizations summed up practically all of the fighting force enumerated in the first directory. The second directory was prepared by the National Association for the study and Prevention of Tuberculosis and published under the auspices of the Russell Sage Foundation in August, 1908. This directory listed 240 sanatoria and hospitals, an increase of 107 from the former directory; 158 dispensaries, an increase of 126; and 195 associations, an increase of 156. The number of hospital beds listed in 1908 was 14,014.

The new directory that will be issued soon, will list over 400 sanatoria and hospitals with a bed capacity of nearly 25,000; more than 300 special tuberculosis dispensaries; and fully 450 anti-tuberculosis associations and committees. Since the first directory was issued in 1904, the increase in the number of agencies fighting consumption aggregates nearly 500 per cent.

The National Association for the Study and Prevention of Tuberculosis would like to get in touch with all agencies engaged in the fight against tuberculosis, in order that they may be listed in the new directory.

PAINLESS.

First Chauffeur—I ran over a man yesterday and it didn't hurt him a bit!

Second Chauffeur—How was that?

First Chauffeur—It killed him instantly!

SICK, SOUR, UPSET STOMACH

Indigestion, Gas, Heartburn or Dyspepsia Relieved Five Minutes After Taking a Little Diapepsin.

Here is a harmless preparation which surely will digest anything you eat and overcome a sour, gassy or out-of-order stomach within five minutes.

If your meals don't fit comfortably, or what you eat lies like a lump of lead in your stomach, or if you have heartburn, that is a sign of indigestion.

Get from your Pharmacist a 50-cent case of Pape's Diapepsin and take a dose just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, Nausea, Debilitating Headaches, Dizziness or Intestinal griping. This will all go, and, besides, there will be no sour food left over in the stomach to poison your breath with nauseous odors.

Pape's Diapepsin is a certain cure for out-of-order stomachs, because it takes hold of your food and digests it just the same as if your stomach wasn't there.

Relief in five minutes from all stomach misery is waiting for you at any drug store here in town.

These large 50-cent cases of Pape's Diapepsin contain more than sufficient to thoroughly cure almost any case of Dyspepsia, Indigestion, Gastritis or any other stomach disorder.

On Authority of Teacher.

A quick-witted boy, asking food at a farmhouse too recently ravaged by other hungry fishing truants, was told that he was big enough to wait until he got home.

"Of course, if you have children with you——" hesitated the kindly woman of the house, and was immediately informed that there were six children in the party.

"No, I don't tell a fib, neither," was the indignant protest later drawn forth by the condemnation of one who had shared the good bread and butter thus secured. "Fib nothin'. We're children six times over. We're children of our father and mother, children of God, children of our country, children of the church an' children of grace. Teacher said so last Thursday, and I guess she ought to know."

Lover's Wedding Cake.

Four pounds of our of love, half a pound of buttered youth, half a pound of good looks, half a pound of sweet temper, half a pound of self-forgetfulness, half a pound of powdered wits, half an ounce of dry humor, two tablespoonfuls of sweet argument, half a pint of rippling laughter, half a wineglassful of common sense.

Then put the flour of love, good looks and sweet temper into a well-furnished house. Beat the butter of youth to a cream. Mix together blindness of faults, self-forgetfulness, powdered wits, dry humor into sweet argument, then add them to the above. Pour in gently rippling laughter and common sense. Work it together until all is well mixed, then bake gently forever.

A conventional man is one whose action you can predict ahead of time.

HIS HEALTH RESTORED.

Terrible Kidney Trouble Cured After Physicians Gave Up Hope.

Edward Gelston, 82 Wallace St., Bridgeport, Conn., says: "So painful were the passages of the kidney secretions that neighbors heard me scream two blocks away. Every doctor in town treated me. I was in three different hospitals and had two operations but was finally taken home to die. A physician made affidavit that I could not live six months. As a last resort I began taking Doan's Kidney Pills and soon noticed improvement. Under their use I gained in weight from 134 to 177¾ pounds, more than I ever weighed before. Doan's Kidney Pills saved me from the grave and restored me to perfect health."

Remember the name—Doan's.

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

All men are equal before the law, but some are more than equal to the task of getting around it.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules. Easy to take as candy.

Can You Blame Him?

"Pa, what does 'skeptical' mean?"

"That describes a man's feelings when a woman tells her age."

For COLDS and GRIP

Hicks' CAPUDINE is the best remedy—relieves the aching and feverishness—cures the Cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c., and 50c. At drug stores.

Pride.

"Chicago has a lot of local pride, hasn't it?"

"Well," replied Mr. Lakemish; "it depends on whether you are talking about baseball or the grain business."

Reporter in Luck.

City Editor (hurriedly)—Anything new about that suicide in the St. Fashion hotel?

Reporter—Not much. The man was a stranger, about my size. Shot himself with a 32-caliber revolver. Had on a dress suit at the time. The body had been taken to the morgue.

City Editor—'Bout your size. That's lucky. I want you to report a big society wedding in an hour. Rush around to the morgue and ask the keeper to lend you that dress suit.

A Complaint.

"We're for women first, last and all the time. We like her beautiful or plain, clever or just ordinary; witty or not; shapely or pudgy, but confound it, we do wish that each and every one of them would get over the notion that a man has no right to turn the pages of a newspaper just because he's wedged against her in a street car. We've been frozen by a look, stabbed by a sneer and wounded to the quick by a sigh just because we've tried to read the story continued on page seven, column five, and the thing that hurts the most is that we still think that we had a perfect right to do so.—Detroit Free Press.

Expecting Too Much.

It was a cold, raw day, but the Neversweats and the Fearnoughts were playing a game of ball on the prairie, just the same.

The pitcher of the Neversweats, his fingers half frozen, failed dismally in getting the balls over the plate.

"Aw," said the captain, "I t'ought ye wus one o' dese cold weather pitchers!"

"I am," said the slab artist, blowing on his benumbed digits to warm them, "but I ain't a ice pitcher, blame ye!"

Strong Preaching.

The minister's eight-year-old daughter was returning with her parents from church, where the district superintendent had that morning occupied the pulpit.

"Oh, father," asked the little girl, her face alive with enthusiasm, "Don't you think Brother C. is a very strong preacher? I do."

"Gratified by this evidence of unusual intelligence on the part of his offspring, the minister eagerly inquired into her reasons for her statement.

"Oh," replied the little miss, artlessly, "didn't you see how the dust rose when he stamped his feet?"—Judge.

STOPPED SHORT

Taking Tonics, and Built Up on Right Food.

The mistake is frequently made of trying to build up a worn-out nervous system on so-called tonics—drugs.

New material from which to rebuild wasted nerve cells is what should be supplied, and this can be obtained only from proper food.

"Two years ago I found myself on the verge of a complete nervous collapse, due to overwork and study, and to illness in the family," writes a Wisconsin young mother.

"My friends became alarmed because I grew pale and thin and could not sleep nights. I took various tonics prescribed by physicians, but their effects wore off shortly after I stopped taking them. My food did not seem to nourish me and I gained no flesh nor blood.

"Reading of Grape-Nuts, I determined to stop the tonics and see what a change of diet would do. I ate Grape-Nuts four times a day, with cream and drank milk also, went to bed early after eating a dish of Grape-Nuts.

"In about two weeks I was sleeping soundly. In a short time gained 20 pounds in weight and felt like a different woman. My little daughter whom I was obliged to keep out of school last spring on account of chronic catarrh has changed from a thin, pale, nervous child to a rosy, healthy girl and has gone back to school this fall.

"Grape-Nuts and fresh air were the only agents used to accomplish the happy results."

Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Dainty Sweets

Confections That Guests of All Ages and Sizes Will Appreciate for the Party Supper.

Banana Cream.—Procure five ripe bananas, take off the skins and pound the fruit in a mortar with five ounces of white sugar to a pulp. Beat up half a pint of good cream to a stiff froth, add the pounded bananas and half a glass of brandy and the juice of one lemon; mix well together, then add half an ounce of isinglass dissolved in a little boiling water, gently whisk and fill the mold, set in a cool place until wanted. When required, dip the mold in warm water for a few seconds, wipe with a cloth and turn out into a glass or silver dish.

Orange Jelly.—Dissolve one ounce of gelatine in one pint of cold water for two hours, then add eight ounces of white sugar, the juice of one lemon, and half a pint of boiling water; place on the fire until the gelatine is all melted, add the juice of five oranges and one drop of cochineal, strain through a piece of muslin, and pour into a mold and put into a cool place to set. When wanted, dip the mold into warm water for a few seconds, wipe dry with a clean cloth, and turn gently into a silver or glass dish.

Charlotte Russe.—Run a little clear jelly into the top of a plain round or oval mold, and lay in some small pieces of fruits of various kinds; such as glace cherries, half-apricots, sliced bananas; allow it to set, then line the sides with Savoy biscuits cut straight at the edges, press well together, then fill with the following: Whisk up half a pint of cream to a stiff froth, add three ounces of powdered white sugar, the juice of half a lemon, three ounces of raspberry jam rubbed through a hair sieve to extract the seeds, a little cochineal and half-ounce of isinglass dissolved in a tablespoonful of boiling water. When the charlotte is required for table, dip the top of the mold into warm water for a few seconds, wipe dry with a cloth and turn the mold on a glass or silver dish.

Vol-au-Vent of Cherries.—Cut out of a sheet of four-fold puff paste one-inch thick oval pieces six inches by four inches, egg the top, and with a smaller size cutter stamp a mark a quarter of an inch deep, bake in a hot oven about thirty minutes, or longer if required; when baked take the soft paste from the center, place the cases back in the oven to dry for a few minutes. Place in an enameled pan the juice from a bottle of cherries, and sufficient loaf sugar to sweeten; let it boil five minutes, then throw in the cherries and boil until soft, stand aside to get cold; fill the cases with the cherries and serve.

Lemon Cream.—Ingredients: Half a pint of cream, two lemons, six ounces of powdered white sugar, the yolk of an egg, and half ounce of isinglass. How to use them: Whisk up half a pint of cream very stiff; add the sugar, the rind of the lemons rubbed on a piece of sugar which must be pounded, and the juice; add the yolk of an egg and stir lightly together. Dissolve the isinglass in a tablespoonful of boiling water, then add it to the cream; pour into a mold and let set; turn out as directed for the jelly.

FANCIES OF FASHION

Velvet bags are in demand.

Veiled effects continue good style.

Opera bags are being shown in moire.

Walking dresses are three inches from the floor.

It is the season of furs, velvets, and plushes galore.

Tailored costumes, velvet, satin, and fur toques are worn.

There is a good deal of embroidery done in soutache.

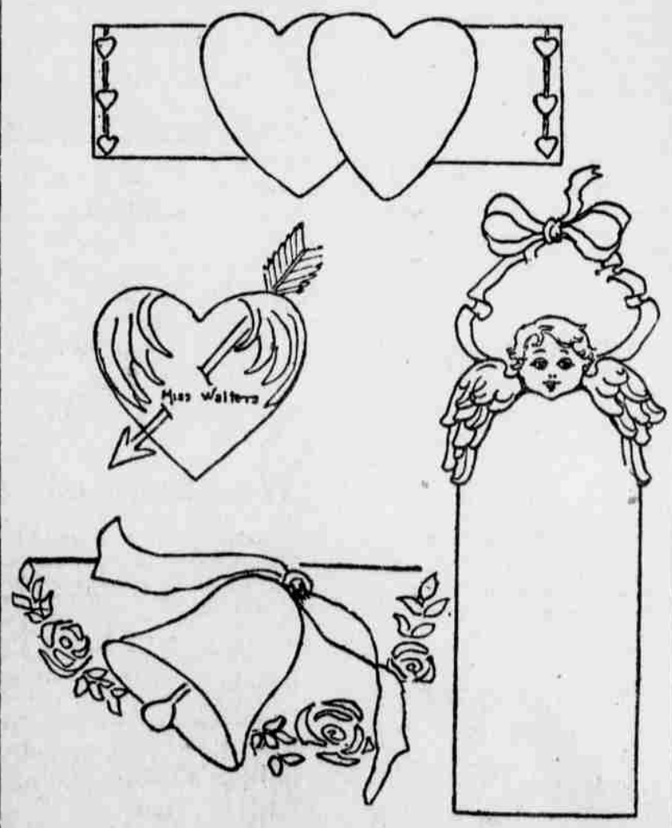
Many of the new gowns show the bib effect in the bodice.

Coat sleeves are exceedingly small, and tight at the wrist.

One sees a good many Persian blouses made of gauze or chiffon.

Fabrics for combination with furs are velvet, chiffon, silk, satin, and moire.

Pretty Place Cards



WHEN Laura announces her engagement to Petrarch it is well to consider those ever-popular little accessories to the decoration of the luncheon table—the place cards.

The little Cupid with outspread wings at the top of the long card is to be traced by means of carbon paper on unglazed paper. Ink the outlines and touch up the face with pink. Gold paint is good to use on the curls and as tips for the wings. A little verse about love, marriage or Cupid can be written or printed below.

Another place card is the arrow-pierced heart. Trace this and as many others on cardboard as there are guests. The head and tip of the arrow will extend beyond the form; the other lines will be drawn in with a point and each name placed as suggested.

If the idea of flowers be preferred, the five-petaled rose, each portion a heart, is good and very easy. It can be tinted with crayons or water colors any shade to match the table decorations. A huge one of this pattern is very effective on the center of the table under the bowl of flowers.

For the long place card the arrangement of hearts is extremely easy. Two red ones on a white card and the little string of hearts at each side, also red, are very effective. This idea is good for a red luncheon or tea.

A garland arrangement of roses and a bell is shown in an attractive design.

Trace the design on gray paper and paint the bell and ribbon white, the leaves a delicate green and the roses white. You can allow for an extension one-half inch wide at the top, to be bent over and hung on the rim of a glass.

These place cards can be quickly made at home; or if you have a facile brush and pen and you wish to do a last little favor for Miss Laura, who will soon be Mrs. Petrarch, why not make a set for her farewell luncheon?

Uses of Foulard.

Foulard is becoming one of the most popular silks for fall wear. It is used not only for entire dresses and for trimmings, but also for lining loose coats, being especially favored with those of shantung and like materials. It is an excellent material to choose for a frock for week-end visits, as it packs well, and is easily shaken, after unfolding, into smoothness and freshness.

Plain foulard is supplemented for these purposes with the dotted and striped weaves and those printed in tiny flowers or in oriental designs. Altogether it is a wise choice for the woman who must be economical in dress.

Dress Trimming.

A charming Paris model for an afternoon gown was seen recently, which depended for its adornment entirely upon a sort of fagoting of self-material. The gown was a light fawn-colored challis, and on tunic, underskirt and girdle and down the front of the blouse the material was slashed and reconnected by crossed intersections of the challis, rolled tight into tubular pieces and sewed to straight bands so as to give the appearance of fagoting or of catatitch.

The same effect has been seen in silk, and it is very pretty on a rather thick material, though not suited to fabrics very thin or delicate in appearance.

To Keep Young.

Think that you are young.

Don't allow yourself to think on your birthday that you are another year older.

Keep mental cobwebs, dust and brain ashes brushed off by frequent changes.

Don't be too ambitious; the canker of an overvaulting ambition has eaten up the happiness of many a life and shortened its years.

Put some beauty into your life every day by seeing beautiful works of art, beautiful bits of scenery, or by reading some fine poem or selection in prose.

WOULD BE OF MORE VALUE

Father O'Leary's Facetious Rejoinder to John Philpot Curran an Example of Real Wit.

One day the famous John Philpot Curran, who was also very partial to the said corned mutton, did me the honor to meet him. To enjoy the society of such men was an intellectual treat. They were great friends and seemed to have a mutual respect for each other's talent, and, as it may easly be imagined, O'Leary versus Curran was no bad match.

One day after dinner Curran said to him: "Reverend father, I wish you were St. Peter."

"And why, counselor, would you wish that I were St. Peter?" asked O'Leary.

"Because, reverend father, in that case," said Curran, "you would have the keys of heaven, and you could let me in."

"By my honor and conscience, counselor," replied the divine, "it would be better for you that I had the keys of the other place, then I could let you out."

Curran enjoyed the joke, which he admitted had a good deal of justice in it.—From Kelly's Reminiscences.

AN INTOLERABLE ITCHING

"Just about two years ago, some form of humor appeared on my scalp. The beginning was a slight itching but it grew steadily worse until, when I combed my hair, the scalp became raw and the ends of the comb-teeth would be wet with blood. Most of the time there was an intolerable itching, in a painful, burning way, very much as a bad, raw burn, if deep, will itch and smart when first beginning to heal. Combing my hair was positive torture. My hair was long and tangled terribly because of the blood and scabs. This continued growing worse and over half my hair fell out. I was in despair, really afraid of becoming totally bald.

"Sometimes the pain was so great that, when partially awake, I would scratch the worst places so that my finger-tips would be bloody. I could not sleep well and, after being asleep a short time, that awful stinging pain —would commence and then I would wake up nearly wild with the torture. A neighbor said it must be salt rheum. Having used Cuticura Soap merely as a toilet soap before, I now decided to order a set of the Cuticura Remedies —Cuticura Soap, Ointment and Pills. I used them according to directions for perhaps six weeks, then left off, as the disease seemed to be eradicated, but toward spring, eighteen months ago, there was a slight return of the scalp humor. I commenced the Cuticura treatment at once, so had very little trouble. On my scalp I used about one half a cake of Cuticura Soap and half a box of Cuticura Ointment in all. The first time I took six or seven bottles of Cuticura Pills and the last time three bottles—neither an expensive or tedious treatment. Since then I have had no scalp trouble of any kind. Standing up, with my hair unbound, it comes to my knees and had it not been for Cuticura I should doubtless be wholly bald.

"This is a voluntary, unsolicited testimonial and I take pleasure in writing it, hoping my experience may help someone else. Miss Lillian Brown, R. F. D. 1, Liberty, Me., Oct. 29, 1909."

For almost everybody, the course of life is fixed by inexorable necessities. Not one in a thousand is free to choose the life he would care for.—Dickinson.

What Murine Eye Remedy Does to the Eyes is to Refresh, Cleanse, Strengthen and Stimulate Healthful Circulation, Promoting Normal Conditions. Try Murine in your Eyes.

The Regular Fare.

"What makes you think that young man will be a success in society?"

"The fact that he has such an extraordinary appetite for tea and salads."

TO DRIVE OUT MALARIA AND BUILD UP THE SYSTEM

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form. The Quinine drives out the malaria and the Iron builds up the system. Sold by all dealers for 50 years. Price 50 cents.

When a woman begins to tell a man how nice looking she thinks he is he immediately develops unlimited faith in her judgment.

Sore throat leads to Tonsilitis, Quinsy and Diphtheria. Hamlins Wizard Oil used as a gargle upon the first symptoms of a sore throat will invariably prevent all three of these dread diseases.

Capacity.

Knicker—How many will your motor car hold?

Bocker—Five and a cop.

For HEADACHE—Hicks' CAPUDINE

Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c., 25c., and 50 cents at drug stores.

The average man would not perjure himself if he pleaded guilty to the charge of amounting to but little.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The worst deadbeat is he who refuses to pay a debt of gratitude.

"Two bottles Cured My Rheumatism"

"I have been a sufferer from rheumatism for about two years, and have used many liniments and patent medicines which gave me no relief. A lady friend of mine told me she had used your Liniment and found relief at once. I got two bottles and they cured me. I think it is the best Liniment a person can have in the house. I shall always keep a bottle in my house as long as I can get it."—MRS. E. R. WALLACE, Morrisons, Va.

Another Letter.

MRS. JAMES MCGRAW, of 1216 Mandeville St., New Orleans, La., writes:—"I take pleasure in writing to you that I had a pain in my arm for five years, and I used

SLOAN'S LINIMENT

for one week and was completely cured. I recommend your Liniment very highly."

Sloan's Liniment instantly relieves stiffness of the Joints, Sore Throat, Hoarseness, Sprains, Neuralgia, Sciatica and Lumbago. Better and cheaper than porous plasters.

At All Druggists. Price 25c., 50c. and $1.00

Sloan's Treatise on the Horse sent Free. Address

DR. EARL S. SLOAN, BOSTON, MASS.

You Can Work Near a Window

in winter when you have a Perfection Oil Heater. It is a portable radiator which can be moved to any part of a room, or to any room in a house. When you have a

PERFECTION SMOKELESS OIL HEATER

Absolutely smokeless and odorless

you do not have to work close to the stove, which is usually far from the window. You can work where you wish, and be warm. You can work on dull winter days in the full light near the window, without being chilled to the bone.

The Perfection Oil Heater quickly gives heat, and with one filling of the font burns steadily for nine hours, without smoke or smell. An indicator always shows the amount of oil in the font. The filler-cap, put in like a cork in a bottle, is attached by a chain. This heater has a cool handle and a damper top.

The Perfection Oil Heater has an **automatic-locking flame spreader,** which prevents the wick from being turned high enough to smoke, and is easy to remove and drop back, so the wick can be quickly cleaned. The burner body or gallery cannot become wedged and can be unscrewed in an instant for rewicking. The Perfection Oil Heater is finished in japan or nickel, is strong, durable, well-made, built for service, and yet light and ornamental.

Dealers Everywhere. If not at yours, write for descriptive circular to the nearest agency of the

Atlantic Refining Company

(Incorporated)

W. L. DOUGLAS

$3 $3.50 & $4 SHOES FOR MEN & WOMEN

BOYS' SHOES, $2.00, $2.50 & $3.00. BEST IN THE WORLD.

W. L. Douglas $3.00, $3.50 and $4.00 shoes are positively the best made and most popular shoes for the price in America, and are the most economical shoes for you to buy.

Do you realize that my shoes have been the standard for over 30 years, that I make and sell more $3.00, $3.50 and $4.00 shoes than any other manufacturer in the U.S., and that DOLLAR FOR DOLLAR, I GUARANTEE MY SHOES to hold their shape, look and fit better, and wear longer than any other $3.00, $3.50 or $4.00 shoes you can buy? Quality counts. It has made my shoes THE LEADERS OF THE WORLD.

You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last ones wore so well, and gave you so much comfort.

CAUTION! Some genuine without W. L. Douglas name and price stamped on the bottom. **TAKE NO SUBSTITUTE**

If your dealer cannot supply you with W. L. Douglas Shoes, write for Mail Order Catalog.

W. L. DOUGLAS, 145 Spark Street, Brockton, Mass.

EUREKA HARNESS OIL

Will Keep Your Harness soft as a glove tough as a wire black as a coal

Sold by Dealers Everywhere

MANUFACTURED BY Standard Oil Company (Incorporated)

FOR SALE BY ATLANTIC REFINING COMPANY (Incorporated)

PATENTS Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results.

WOMAN'S ILLS

Many women suffer needlessly from girlhood to womanhood and from motherhood to old age—with backache, dizziness or headache. She becomes broken-down, sleepless, nervous, irritable and feels tired from morning to night. When pains and aches rack the womanly system at frequent intervals, *ask your neighbor about*

Dr. Pierce's Favorite Prescription

This Prescription has, for over 40 years, been curing delicate, weak, pain-wracked women, by the hundreds of thousands and this too in the privacy of their homes without their having to submit to indelicate questionings and offensively repugnant examinations.

Sick women are invited to consult in confidence by letter *free.* Address World's Dispensary Medical Ass'n, R. V. Pierce, M. D., Pres't, Buffalo, N. Y.

DR. PIERCE'S GREAT FAMILY DOCTOR BOOK, The People's Common Sense Medical Adviser, newly revised up-to-date edition—1000 pages, answers *in Plain English* hosts of delicate questions which every woman, single or married, ought to know about. Sent *free* to any address on receipt of 31 one-cent stamps to cover cost of wrapping and mailing *only,* in French cloth binding.

ROOSEVELT'S GREAT BOOK **"AFRICAN GAME TRAILS"** an ideal Christmas gift, must be brought by some one in every locality to his neighbors. The man who applies promptly will have monopoly of field and a high commission. Write for prospectus to CHARLES SCRIBNER'S SONS 153 (S.S.) Fifth Ave., New York City

Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

DEFIANCE STARCH—16 ounces to the package—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

CASH for your property, any kind, anywhere. If you want to buy, sell or exchange, address SOUTHWESTERN MERCANTILE AGENCY, Minneapolis, Minnesota.