

ERS



## A "Corner"

 In Comfort

## ICED

## POSTUM

 and rich -boil it thoroughly
to bring out the distingtive
flavour and food value. Cool with cracked ice, Cool with cracked ice, and
add s叉sar and lemon; also a
little cream if desired. Postum is really a food-drink
with the nutritive elements of the ficld grains. Ice it, and
you have a pleasant, safe, you have a pleasant, safe,
cooling drink for summer
days-an agreeable surprise
for those who have never for those who have never
tried it.

## POSTUM

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| Nitarcit:- | Bjornson's Wit And Wisdom Bjernstjerne Bjornson, in |
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| Weekly Revetwoi irace and Market Keoorts. |  |
|  | friends, and I never wented great Nornemanits wit and wis- |
| re, on the whole, bottor thit | Comithe hat thing he nald to me. in |
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| Welcome Words to Women <br>  |  |
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## No Matter

Pleasing
Sombination

## Post

Toasties
with Cream and Si gar.
Adding strawberries or any kind of fresh or stewed fruit
makes a delicious summer dish1 The crisp, golden-brown flavour-a insination thate
appeals to the appetite. "The Memary Lingers" Sold by Crocers.

Pkgs. IOc and 15c. OBTUM CEREAL CO., LTXD.


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